

Lower Nicola Indian Band

May 2024



N?e?iyk Spíłəm



LNIB Community
Services honored
our Elders over the
age of 80





LOWER NICOLA INDIAN BAND



In This Issue	
Chief Stuart Jackson	Page 3
Message from Executive Director	Page 4
Chief & Council Motion	Page 5
Chief & Council Attendance	Page 7
LNIB Job Postings	Page 9
LNIB Office Closure	Page 13
Band School & Education	Page 14
LNIB Education	Page 32
Infrastructure and Public Works	Page 33
LNIB Lands & Housing	Page 45
LNIB Ec Dev - Show and Tell	Page 60
Ec Dev - LNIB Shop	Page 61
MoTI - Engagment Session	Page 64
LNIB Men's Group	Page 65
Recreation Calendar	Page 66
LNIB Culture - Carole Basil	Page 67
MMIW March - May 7th	Page 68
LNIB Culture - Joe Shuter	Page 69
LNIB Community Services	Page 70
LNIB Shulus Garden	Page 74
Late Francis Shuter - Celebration of Life	Page 78
LNIB Elders Calendar	Page 80



Message from the kwúkwpi? Stu Jackson

heñle? Band members and community members. It is hard to believe that the month of April is coming to a close. We had a fair bit of activity this month with regards to work within the community. Council continued with their regular Council meetings, but Council also hosted an elders meeting and an Annual General Assembly (AGA) with the membership. I felt that both engagements with our community was very positive and effective. The meeting Council had with the Elders was on April 3rd of 2024 at 5pm. A dinner was provided and it was a very informal setting with no itemized agenda. This meeting was organized to give our Elders an opportunity to bring concerns forward and ask questions about some of the services LNIB provides to the community. Although there were issues brought forward that could have been deemed negative, Council was able to navigate through some of the challenges brought forward and come to some compromise as to what to do to address some of the concerns. Many topics came to the forefront from our Elders that evening.

Questions about Tunkwa Lake were asked. "What are we doing with the resort we purchased?". Some valid discussion about what LNIB's plans are with the resort. Comments were made about our health services for our Elders. We can always do better with our services and we strive to maximize our health services. There have been many occasions where we have fallen short and we need to do better.

Open discussion to address these shortfalls is not only beneficial, but it tells LNIB what we need to do to provide better efficient services to all our members and our community members. I feel a lot was learned at this Elders meeting and I appreciate that much of the discussion was conducted in a safe space for everyone. LNIB will follow up with the Elders that brought forward questions and comments. We are hoping to retrieve all the context that was brought to Council's attention that evening. The Elders are hoping to meet with Council again May 29th so stay tuned for that date. We will confirm this date in the very near future. LNIB also held its AGA April 17th at the Shulus Hall. The AGA began at 2pm and went on until approximately 4pm. This was another great opportunity for membership to access information about how LNIB is doing with services and programs as well as our financial positioning.

As of now LNIB is doing excellent financially! There is more work that needs to be done internally and Council is fully aware of this. We will continue to progress for our community. We are striving to meet our housing needs. We purchased 75 acres of land so that we can provide more adequate housing for our people. Chief and Council is currently negotiating with Trans Mountain Pipeline, Enbridge, Highland Valley Copper Mine, and other interested corporations regarding agreements and partnerships. There are a lot of good things happening for LNIB and there are exciting times on the horizon. I am looking forward to a busy summer of negotiating, determining business agreements and pushing for more employability for LNIB members and community members.

LNIB had our band meeting last evening and once again, we had some good discussion about matters that concerned certain band members. One thing I want to point out to all of you is LNIB is seeking interested band members to consider participating in a few committees. We are asking for interested members to put your name forward of you would like to sit on either the Animal By-Law Committee, the Housing Policy Review Committee, and the City of Merritt Stuwix Committee. Please notify either Executive Assistant, Sondra Tom or Executive Director, Kari Reilander if you are interested. Just call the band office at (250) 378-5157.

Enjoy the month of May!! Remember that wood ticks are still around. Check your children, check your pets and check yourself daily if you are out and about on the tmix. Much love and respect to all of you. Take care of your friends and your family, but most importantly, please take care of yourselves. kwúk*scémx*

kwúkwpi? Stu Jackson



Dear LNIB Members,

I am pleased to present our monthly report for April 2024. LNIB continued to be busy on several initiatives.

Here are some of the things we have been working on:

Rocky Pines Bridge Replacement: The Rocky Pines Bridge Replacement Groundbreaking Ceremony was held on Monday, February 26, 2024. There was also a presentation on the Rocky Pines Bridge Replacement construction schedule and safety protocols at the February 2024 band general on Monday, February 26, 2024.

Riverside Residential Solar Feasibility: Urban Systems presented at the band general on Monday, February 26, 2024 on the installation of solar panels on some residential homes. There is an opportunity under certain criteria for the installation and the focus will be Elder’s houses. There is an energy audit that is required before installation can be considered and this is done inside and outside the home. More details to follow as this project progresses.

Human Resources: While visiting or receiving services at other buildings, please feel free to ask the staff member you are visiting to use a mask and to adhere to safety protocols if you are concerned. We are committed to keeping the community and employees safe during this pandemic.

The Lower Nicola Indian Band also like to welcome the new members to the team at LNIB: Sara Frazier-Shuter, Housing Administration Assistant.

Current job postings with Lower Nicola Indian Band are Council Clear, Cultural Heritage and Environmental Field Workers, Environmental Monitor, Habitat Stewardship Coordinator, Teacher K-7, Carpenter, Homemaker, Youth Program Coordinator, and Lands Manager visit <https://www.lnib.net/jobs/> or <https://secure.collage.co/jobs/lnib> for further details.

Committees and Liaisons: Chief and Council: The Lands Management Advisory Committee meet on April 24, 2024. Applications are now accepted to fill one vacancy for the Lands Management Advisory Committee. The Finance and Audit Committee met April 23rd, 2024.

Community Meetings and Workshops: The next Band General meeting is scheduled for May 27, 2024. Support to Chief and Council: Chief and Council met April 2nd and 30th. There was also an special Chief and Council session April 23rd . Should you require anything on the Chief and Council agenda scheduled for May please contact Sondra Tom and I. Finally, members remember that the Chief and Council meetings are open to membership to join via online or telephone. Please contact Sondra Tom so you can be added to the email invitation for the scheduled Chief and Council meetings.

Kari Reilander,
LNIB Executive Director

Resolutions from Chief and Council April 2 2024 meeting

- Resolution #04-02-2024-01 Reads:
The Lower Nicola Indian Band Chief and Council move to adopt the April 2, 2024 Chief and Council meeting agenda.
Motion Carried:
- Resolution #04-02-2024-02 Reads:
The Lower Nicola Indian Band Chief and Council move to adopt the March 19, 2024 Chief and Council meeting minutes with noted changes/ as presented.
Motion Carried
- Resolution #04-02-2024-03 Reads:
That the Lower Nicola Indian Band Chief and Council move to approve the amendment of the Letter of Agreement between The Bank of Montreal (BMO) and the Lower Nicola Indian Band regarding on-reserve lending for Lower Nicola Indian Band members for Housing construction, renovation, refinance, or purchase and authorizes LNIB Chief, and Executive Director to sign the necessary documentation.
Motion Carried

Action Item #1: Executive Director will add First Nations Market Housing Fund to an orientation session.

- Resolution #04-02-2024-04 Reads:
That the Lower Nicola Indian Band Chief and Council move to renew the Canada Mortgage and Housing Corporation (CMHC) Loan Agreement Reference Number 19-360-197/009 for Phase 21, Lots 196-6, 196-8, 196-10, 196-12, 196-14, & 196-16 Nicola Mameet IR #1 in the amount of \$286,592.06 and approve the signing of the Loan Renewal Amending Agreement.
Motion Carried:

Action Item #2: Executive Director will bring housing information to community.

- Resolution #04-02-2024-05 Reads:
That the Chief and Council:
 - ratifies the Trespass Law at this duly convened meeting on April 2, 2024; and*
 - authorizes the Director of Lands and Housing to sign the title page prior to submitting the law for registration in the First Nation Land Registry.***Motion Carried:**
- Resolution #04-02-2024-06 Reads:
The Lower Nicola Indian Band Chief and Council herby approves to award the LNIB School Staining project Request for Proposal 2024-004, to SunValley Painting & Decorating Corp., and further authorizes the Chief, Executive Director, and the Director of Finance, to sign all necessary documents including, but not limited to, approving all invoices and progress payments up to the contract limit of one hundred and eight thousand, five hundred and ten dollars and zero cents (\$108,510.00).
Motion Carried:

- Resolution #04-02-2024-07 Reads:
Chief and Council move to accept the Terms of Reference for the Lower Nicola Indian Band Rental Housing Policy Review Committee ("Committee") as required under the Financial Governance Policy and Procedures, Section 5– Committee Establishment and Dissolution, and further appoints _____ as the Chair of the Committee, as well as appoints Jordana McIvor Grismer, Stephen Jimmie, Wenona Bearshirt, Olivia Mills and Barry Torgerson to the Committee, and further approves a budget of up to \$2,500 for a legal review.
Motion Tabled:

Resolution #04-02-2024-08 Reads:
The Lower Nicola Indian Band Chief & Council move to approve the Fleet Insurance annual coverage and payment of premiums effective April 1, 2024 in the amount of \$70,592.
Motion Carried:

Resolution #04-02-2024-09 Reads:
The Lower Nicola Indian Band Chief and Council herby approves issuing a Request for Proposal (RFP) for the design of the Mamit Lake Dam spillway and associated works in accordance with the 10 Year Dam Safety Review.
Motion Carried:

Resolution #04-02-2024-10 Reads:
The Lower Nicola Indian Band Chief and Council move to go IN Camera at 7:24 pm. and the meeting be closed to the public to consider matters of that are at their preliminary stages and that, in the view of the council, could reasonably be expected to harm the interests if they were held in public.
Motion Carried

Resolution #04-02-2024-11 Reads:
The Lower Nicola Indian Band Chief and Council move to reconvene the regular meeting at 10:15 pm.
Motion Carried:

Resolution #04-02-2024-12 Reads:
Lower Nicola Indian Band Chief and Council hereby awards the HVC Mine Life Expansion Project legal negotiations file to Dentons Canada LLP, to provide support to the Lower Nicola Indian Band and its negotiations committee in an amount not to exceed one hundred and thirty five thousand, and zero cents (\$135,00.00) and further authorizes the Executive Director to approve the service agreement and invoices for payment..
Motion Carried:

Resolution #04-02-2024-13 Reads:
The Lower Nicola Indian Band Chief and Council move to adjourn the April 2, 2024 meeting at 10:17 pm.
Motion Carried:

Resolutions from Chief and Council April 23 2024 meeting

Resolution #04-23-2024-03 Reads:
The Lower Nicola Indian Band Chief and Council herby approves the LNIB Nle?kepmx Tmix[™] Effects Assessment: Highland Valley Copper Mine Life Extension Project Draft Report date March 25, 2024.

****Note:** Does not include Resolutions from Chief and Council April 30, 2024 meeting as it occurred after the newsletter submission deadline.

Chief and Council Attendance
Term October 2022-September 2025



Chief and Council Attendance
Term October 2022-September 2025



Current and Future Job Openings at LNIB

(For all jobs and full job descriptions go to <https://secure.collage.co/jobs/l nib>)

Council Clerk

Wage: 25 per hour

Reporting to the Executive Director, the Council Clerk is the primary contact regarding LNIB Council business and governance. It manages Council and Committee meetings, quasi-judicial boards, manages corporate information governance, including information management and oversight of information access and privacy services.

Performing duties as the Council Meeting Coordinator, this position is instrumental in ensuring the smooth functioning, legislative compliance and sound governance of Council and Council Committees. This position exercises a high degree of judgement and discretion by working with confidential, urgent, and sensitive items related to governance and decision-making processes.

Carpenter

Wage: \$30 to \$45 per hour based on education and experience: Red Seal certification preferred

The successful candidate will coordinate and complete repairs and maintained on over 200 Band housing units. The candidate will perform skilled carpentry work at the journeyman level in construction, repair and maintenance of structural elements, fittings, roofs, stairs, fences, etc.

Teacher Grades K-7 (starting next September)

Hours: 35 hours per week
Start Date: Sep 2024
Term: Permanent full time position based on approved Budgets and funding.
Wage: Equivalent to SD 58

Summary:
We are seeking a passionate Grade school Teacher for the Lower Nicola Band School beginning August 28th, 2023. We are an independent school where Nle?kepmx culture and language are a big part of our school community as our way of life truly embraces social-emotional learning and diversity, equity and inclusion. The successful candidate will demonstrate empathy, creativity, strong communication skills and the ability to build a caring rapport with students and colleagues. Our goal is to honour our culture while educating kind inquiring global citizens who can become leaders in helping to create a balanced and harmonious and sustainable world. We do this with integrity and in the spirit of deep respect, curiosity and joy in a safe and enriching setting that supports students in their pursuit of academic success, personal growth, and social responsibility.

Fire Fighter, Paid on call (additional full time position open to LNIB member only)

Fire Department
Hours: 35 hours a week plus on-call schedule
Start Date: ASAP
Wage:
\$28/hour for weekly 2-hour practice participation
\$2.50/hour while on scheduled After-Hours on call - full rate is called in
\$30/hour to start for regular full-time fire fighters, \$32 after probation
\$ x1.5 regular pay for all hours worked over 80 hours/two week pay period

Summary of responsibilities
Responds to fires and other emergency alarms and assists in those operations necessary to insure the confinement and extinguishment of fires or the elimination of other hazardous conditions. Also will be involved with interface fires and monitors any controlled burning. Approximately 80% of call outs are for medically related issues.

Also looking for
SUMMER STUDENTS
Please send in a resume to HR@LNIB.net

HABITAT STEWARDSHIP COORDINATOR
(NOC 22110 – Biological technologists and technicians)

FULL-TIME EMPLOYMENT
Pay range: \$28-\$32/hour, Commensurate with experience
Start date: September 1st or ASAP
Reports to: Director of Economic Development

Summary of Position:
The Habitat Stewardship Coordinator will focus on organizing community participation, development of a work plan and lead engagement with The Department of Fisheries and Oceans Canada in the development of an Aquatic Habitat Restoration Program that meets the local and regional goals of LNIB.

Participation opportunity overview

Cultural Guardian

Department/Group:	Environment and Archaeology Fieldwork	Subcontractor:	Indigenous group or affiliated company
Location:	Various worksites in British Columbia	Travel required:	Remote travel within region
Level/Salary range:	Varies with experience	Approximate start:	March - November 2024
Will train applicant(s):	Yes		



Roles and responsibilities

Cultural Guardians provide the observation of a field study or alteration within a natural environment. This would occur in traditional land use areas including waterways and forests. The Cultural Guardian's role is to ensure that any fieldwork and discoveries are managed in a culturally appropriate way and that any alterations to the natural world are carried out in a way that respects Indigenous traditions and beliefs. Working alongside a crew of professional Archaeologists and qualified biophysical professionals, the Cultural Guardian is valued member of a field crew who can help enhance the protection of cultural and ecological values.

The Cultural Guardian could be an Indigenous Elder or other Traditional Knowledge holder who has been identified by the Indigenous group.

Work schedule

- 10 – 12 hours per day, 7 days a week
- Studies could vary from 1 – 21 days
- Work rotation is decided by Indigenous group or affiliated company and may vary by scope of work
- Travel and accommodation will be provided. Special assistance may be arranged if advanced notice is provided

Duties

- Sharing with Archaeology/Environmental Team members any significant field discoveries and help to guide and educate surrounding Indigenous cultural beliefs and values
- Contribute to the daily pre-task safety plans. Report safety opportunities, near misses and incidents to the crew lead
- Assist in the observation of natural elements found during fieldwork
- This position does not include driving or specialized equipment use

Qualifications

- Individuals with a deep knowledge of the local Indigenous cultural values is encouraged
- Be physically fit, able to hike in steep and rough terrain all day
- Meet provincial health orders issued for COVID-19
- Pipeline Construction Safety Training
- Wildlife Safety and Bear Avoidance
- Enbridge Orientation
- Jacobs Health, Safety and Environment (HSE) Chartering/ orientation
- Bear spray awareness training
- Ground disturbance video
- Ground Disturbance 201 (Archaeology only)
- 12 panel drug and alcohol pre-access test within 30 calendar days prior to access

Special requirements/equipment

- Personal Protective Equipment (PPE) requirements:
- CSA-approved hard hat with side impact protection
 - Safety glasses with side shields
 - Safety-toed boots
 - High visibility vest
 - Standard CUT 5 gloves, long-sleeved shirt and pants
 - UTV helmets

Cultural Guardians are required to bring their own PPE. Please let us know if you require assistance on obtaining the appropriate PPE.

Training

- Enbridge, with their contractors, will hold training sessions as required ahead of the field season.

For more information, or to submit your resume, please contact hr@lnib.net.

Enbridge is pleased to attend LNIB's General Meeting on May 27 to discuss the Sunrise Expansion Program.

Participation opportunity overview

Environmental Team Member

Department/Group:	Environment and Archaeology Fieldwork	Subcontractor:	Indigenous group or affiliated company
Location:	Various worksites in British Columbia	Travel required:	Remote travel within region
Level/Salary range:	Varies with experience	Approximate start:	March - November 2024
Will train applicant(s):	Yes		

Roles and responsibilities

An Environmental Team Member, as identified by Indigenous group or affiliated company, to join Jacobs or subcontractor field crews to observe, monitor, and as able, support field crews with study data collection. Environmental Team Members will have the ability to work in several disciplines including **Aquatics, Wetlands, Vegetation and Wildlife**.

Individuals with a strong understand of their traditional territory or a desire to learn more about the natural world they live in will find this role incredibly rewarding.

Work schedule

- 10 – 12 hours per day, 7 days a week
- Studies could vary from 1 – 21 days
- Work rotation is decided by Indigenous group or affiliated company and may vary by scope of work
- Travel and accommodation will be provided. Special assistance may be arranged if advanced notice is provided.

Duties

- Contribute to the daily pre-task safety plans. Report safety opportunities, near misses and incidents to the crew lead
- Assist in the observation of natural elements found during fieldwork, and take part in the data collection required

Qualifications

- Individuals with a deep knowledge of the local Indigenous cultural values are encouraged to apply
- Be physically fit, able to hike in steep and rough terrain all day
- 12 panel drug and alcohol pre-access test within 30 calendar days prior to access
- Meet provincial health orders issued for COVID-19
- Pipeline Construction Safety Training
- Wildlife Safety and Bear Avoidance
- Enbridge orientation
- Jacobs Health, Safety and Environment (HSE) Chartering/ orientation
- Bear spray awareness training
- Ground disturbance video
- Ground Disturbance 201 (Archaeology only)



Special requirements/equipment

Personal Protective Equipment (PPE) requirements:

- CSA-approved hard hat with side impact protection
- Safety glasses with side shields
- Safety-toed boots
- High visibility vest
- Standard CUT 5 gloves, long-sleeved shirt and pants
- UTV helmets

Environmental Team Members are required to bring their own PPE. Please let us know if you require assistance on obtaining the appropriate PPE.

Training

- Enbridge, with their contractors, will hold training sessions as required ahead of the field season.

For more information, or to submit your resume, please contact hr@lnib.net.

Enbridge is pleased to attend LNIB's General Meeting on May 27 to discuss the Sunrise Expansion Program.

04/24



All LNIB Offices will be CLOSED

Monday, May 20, 2024
for Victoria Day Long Weekend

Offices will reopen to regular hours
Tuesday, May 21, 2024
8:30 am - 4:30 pm

If you have an emergency, please call
911 for Medical or Fire
Administration: (250) 315-9153
Health & Social: (250) 378-1573
Public Works (On Call): (250) 315-8184
Housing: (236) 575-2072

LNIB EDUCATION SECTOR

LNIB School/K-12/PSE/Head-Start/Career-Development

Shane's Submission

Happy Spring Season LNIB Memberships!

We hope the seasonal transition from winter to spring has been a great experience for everyone..it is always great to see the land of our territory come alive with bright colours and active sounds to remind us how pristine our natural environment is.

All areas of LNIB Education has been busy this past month and the team will provide more details of this in their submissions below. We also have many new initiatives to share with you and we hope everyone will take advantage of them...especially the opportunities we have created for our youth of all ages.

A few areas I would like to highlight for you this month:

- Due to a very high need for Speech and Language support I am pleased to share NVIT will be offering a SLPA Program starting as early as this summer. I approached NVIT about a year ago and together we applied to BC Government for funding which was recently approved. LNIB Members will have exclusive opportunity to take part in this program. There is a high demand for people with this qualification at both SD58 and LNIB Education...the need is equally evident throughout the province.
- As you may or may not be aware SD58 Superintendent Steve McNiven will retire this year, and as per our Local Education Agreement, LNIB Education will be included in the recruitment process. The posting has now been out for a few weeks now and next steps in the process will take place in a few weeks...the goal for SD58 School Board is to announce their new Superintendent before the end of this current school year.
- LNIB Education is pleased to announce we have created a new summer initiative this year for both on and off reserve members to access funds for summer youth camp registration costs...more detailed information below on how to access

Sector Leadership

Director of Education
Shane Coutlee

LNIB School Principal
Leroy Slanzi

Culture/Language
Admin Angie Sterling

Education Manager
Sharon Parsons

Head-Start Manager
Tamika Bob



SEEKING ELDERS FOR LNIB SCHOOL AND HEAD-START

As was shared earlier this year year I will be creating a new program at the school that will involve Elders who are LNIB Members; however, before any formal planning takes place I first need to meet with Elders to share my ideas and answer any questions. The reason for this submission is to let membership know I will be making arrangements to meet with LNIB Elders sometime before the summer....a poster will be created in the coming weeks identifying a few items for discussion and the date/time/location. Anyone seeking prior information please contact me directly via phone/text 236-575-2135 or Shane.Coutlee@lnib.net

SEEKING EQUINE PROGRAMS FOR LNIB YOUTH AFTER SCHOOL HOURS

I would like to increase afterschool program options for LNIB Youth and as there has been a long history of member experience with horses throughout the Nicola Valley this is a program I would like to have offered for youth who are interested today. There are a variety of ways we can introduce an equine program to youth and in some cases we could look at implementing therapy options during the school day as well for both SD58 students and LNIB School. The first step is to connect with those who have the resource capacity to offer structured programs and the second step would be meeting with me to share what type of programs could be provided for our students. If you would like to set up a meeting with me please call/text 236-575-2135 or email at Shane.Coutlee@lnib.net



Angie Sterling is currently building a network of contacts from our territory who have both skills and interests in cultural land-based activities to compliment our School's curriculum. If you are interested, or if you know someone who would be a great resource for our program, please have them call/text me at 236-575-2135 or email Shane.Coutlee@lnib.net



SUMMER CAMPS 2024

The LNIB Education Department is providing a onetime Summer Camp reimbursement for LNIB Band Members attending school from K-12!

Your child can attend one of many camps in BC such as Eagle Bay, Gardom Lake, Sunnybrae, Tulahead, OAC, and many more!

Deadline for Reimbursements is **May 31st, 2024.**

Please Note that only the **first 100 members** that provide proof of registration will be reimbursed.
(Proof of payment must be provided before receiving reimbursement)

Each member is eligible to receive up to a maximum reimbursement of **\$500 for one camp** that is scheduled between **July & August only!**

For More Information, Please Contact the LNIB Education Department

Phone: 236-575-2100
Email: reception.education@lnib.net

LNIB EDUCATION DEPARTMENT

SHARON PARSONS
EDUCATION PROGRAMS MANAGER



sharon.parsons@lnib.net



(250) 378 – 5157

OR

(236) 575 - 2105

2160 SETTLERS ROAD
HWY 8



Hello LNIB,

If you are an LNIB member interested in entering or continuing a Post-Secondary Education, a Trades Program, or a Training Opportunity, contact the LNIB Education Department for more information on funding supports.

LNIB Education accepts funding applications all year, however, full funding support is based on the availability of funds. You can find a fillable PSE Funding Application on the website, lnib.net, under the Education tab, pick one up at the Education office, or call and arrange for a package to be emailed to you.

Applying to more than one school is encouraged. Submit your application fee receipts from the institution to get reimbursed.

NVIT will be coming into the community in September to deliver the Adult Graduation Diploma Program/College Readiness Program. If you would like to take courses that will result in the equivalency of a High School Graduation Diploma, contact the Education staff to sign up or to get more information.

Just a friendly reminder to LNIB membership that you are free to contact Education staff if you or your child could use help navigating a challenge. Education department staff may be able to find resources to suit your needs. Wishing you good health, and good fortune!

Until next time, Humelth



LNIB Education Department – Gail La Rochelle – PSE/Trades/Training Coordinator



Hello everyone!
Wow, May is here already.
May 5th is Red Dress Day. The National Day of Awareness for Missing and Murdered Indigenous Women and Girls and two-spirit People.
May 12th is Mother’s Day. Gather your family together and treat your mom and do something special for her. Have a barbeque and cook her favorite meal along with all the fixings. Help with the laundry or dishes and then spend the day outside enjoying the warm weather.
May 20th is Victoria Day. A day to do something fun!
The K-7 and High School students have another 2 months then summer holidays. Yay...

PSE students have completed their 2023-2024 academic year of studies. Don’t forget to send your final transcripts when all the grades are posted.

To all graduating grade 12 students near and far. If you have enrolled in a Post Secondary program, I hope you were able to take advantage of the entrance bursaries that are available at all Universities and Colleges. The Education Department is here to answer any questions or concerns you may have regarding continuing with your education.

The deadline to submit your completed LNIB PSE Funding Application is May 31, 2024. For new, grade 12 graduates and continuing students, you can stop by the office, give me a call or an email and I will send you an application along with the Education Policy. It can be an overwhelming process, but don’t get discouraged, we are here to assist you with completing the application.

Scholarships and Bursaries: Check the Deadlines

<https://indspire.ca/programs/students/bursaries-scholarships/> Applications open in May 2024

<https://www.newrelationshiptrust.ca/funding/for-students/> Opens May 15, 2024

To all Membership in the Nicola Valley and away from the area, you can sign up for courses or programs throughout the year. If you find a program or course you are interested in taking, such as first aid, a post-secondary course, skills training for employment, or an online course, we are here to assist you with the process. We can also help create or update your resume. Contact our office to find out how we can support you.

Please call or email our office to ensure we have your current and up-to-date contact information.

Until next month, stay safe, and be good to one another.



Gail La Rochelle
Phone: 250-378-5157
Email: gail.larochelle@lnib.net



LNIB EDUCATION
DEPARTMENT

ANGIE NIKKEL, EDUCATION ASSISTANT
HELLO, AND HAPPY MAY TO EVERYONE!




angie.nikkel@lnib.net

(250) 315 – 7927

2160 SETTLERS ROAD
HWY 8



Upcoming Events:
-Sunday, May 12: Mother’s Day
-Monday, May 20: Victoria Day

May is Mental Health Awareness Month. It is an important initiative that hopes to educate, support, and reduce the stigma surrounding mental health issues in Canada. The promotion of mental health and well-being has gained significant recognition in recent years, as people are recognizing the critical role it plays in overall health and quality of life. By understanding and having empathy, people are encouraged to seek help without fear or being judged and/or discriminated against. By recognizing warning signs and symptoms, people can seek appropriate support and treatment before their condition gets worse.

Mental Health Awareness Month encourages people to openly discuss mental health, and lets them share their experiences, challenges, and ways to cope. This will help create a supportive environment where people feel comfortable seeking help and reaching out to others for support.

If you have noticed that your child (or children) is struggling in one or more areas academically, a tutor is available for those of you with a student or students in need of one-on-one tutoring or would benefit with extra help with their schoolwork. Please reach out to myself at angie.nikkel@lnib.net (250-315-7927) or Sharon Parsons at sharon.parsons@lnib.net (250-378-5157) to fill out an application and get onto the schedule. We have computers available if needed.



Lenessa Seward

LOWER NICOLA INDIAN BAND EDUCATION DEPARTMENT
ADMINISTRATIVE ASSISTANT

MAY 2024

ADDRESS

216 Settlers Road

PHONE

LNIB:
250-378-5157
Direct:
236-575-2100

EMAIL

Reception.education@lnib.net

WEBSITE

www.lnib.net

HELLO EVERYONE

Summer is inching closer by the day!

Hope the students are getting excited for their big summer break coming up.

Don't forget to wish you mother, grandmothers, & aunties a Happy Mothers Day!

UP COMING TRAINING

There are a few on-going training courses that the Education Department is funding for LNIB members.

- o Pro Driver Training
- o Computer Training
- o Adult Grad upgrading courses.

TECHNOLOGY SUPPORT

Students in need of a technological equipment for school can apply at Indigenous Disability Canada for a laptop, mouse, or headphones.

Note that those without a disability are still eligible to apply

SCHOOL SUPPORTS

If you have children that are LNIB members and haven't applied for school start up and/or extracurricular activities, there are copies here at the education department or you can reach out to me via email, and I can send you a digital copy to fill out.

For more information, please contact the Education Department

LNIB MEMBERS INTERESTED IN
COMPLETING GRADE 12
SEPTEMBER 2024 START!

ADULT GRADUATION
DIPLOMA PROGRAM

NVIT WILL DELIVER CLASSES IN THE
LOWER NICOLA COMMUNITY

For more information please contact:

LNIB Education Department

Email: reception.education@lnib.net

or

sharon.parsons@lnib.net

Phone: 236-575-2100

LNIB members who contacted [Dustin Eberle](#) about this program, please contact the LNIB Education Department to confirm your interest.

LNIB POST-SECONDARY
FUNDING APPLICATION

LNIB MEMBERS FOR A
SEPTEMBER 2024 START



PLEASE HAVE
YOUR POST-
SECONDARY
FUNDING
APPLICATION
IN BY THE LAST
FRIDAY OF
MAY 2024

FOR MORE INFORMATION CALL
MAIN LNIB ADMIN (250) 378-5157

EMAIL: Sharon.Parsons@lnib.net or Gail.Larochelle@lnib.net



ADDITIONAL
INFORMATION

If you are an LNIB member interested in entering or continuing a Post-Secondary Education, a Trades Program or a Training Opportunity contact the LNIB Education Department for more information on funding supports.

LNIB Education accepts funding applications all year, however, full funding support is based on the availability of funds.


You can find a fillable PSE Funding Application on the website lnib.net, under the Education tab, pick one up at the Education office, or call and we can email you a package.


Applying to more than one school is encouraged.

Submit your application fee receipts from the Institutions to get reimbursed.

May



 May always brings beautiful sunny days and is one of our favourite months! Flowers are starting to bloom, green grass is growing, and we see new baby animals everywhere; change is all around us. We will be working on the letters A, B, C, and D. Planting flowers and some veggies. We plan to get the kiddos out more and enjoy the beautiful weather.

 As the weather is warming up, we will be spending most of our days outside. Head Start provides sunscreen to help protect our littles from the harmful effects of the sun. Please send your child with a hat and appropriate clothing for our hotter days. Hats will be available if forgotten from home.

Upcoming
Events



- May 7th – MMIW walk
- May 12th - Mother’s Day
- May 17th – Fire Drills
- May 20th – Victoria Day (NO SCHOOL)
- May 24th – Cultural Day
- May 31st – Orange Shirt Day

LOWER NICOLA BAND SCHOOL
APRIL NEWSLETTER

April Newsletter

Hello all,

I hope this newsletter finds you all in good health and high spirits as we step into the vibrant month of April. I first want to take a moment to acknowledge and celebrate the incredible achievements of our very own Mrs. Gardypie and the kids who participated in the native hockey tournament, organized by Bill Bose, over spring break!

First and foremost, a big round of applause to Mrs. Gardypie and the kids for their outstanding performance in the native hockey tournament. Their dedication, teamwork, and sportsmanship were truly commendable. We are proud to have such dedicated kids representing our community on the ice.

In addition to their hockey achievements, many of our classes have been actively engaged in various other activities. The kids recently embarked on an enriching bitter root picking excursion, immersing themselves in the natural beauty of our surroundings. Their enthusiasm and respect for our land and traditions are truly inspiring.

We also hosted a great elder's luncheon, where our community came together to honor and appreciate the wisdom and guidance of our elders. The event was filled with laughter, heartfelt conversations, and delicious food. It was a beautiful testament to the strong bonds that exist within our community.

Looking ahead, we eagerly anticipate the arrival of sunny weather in April and May. The promise of warmer days brings with it growth and a lot of outside activities. We encourage everyone to make the most of it on the weekends and enjoy everything the outdoors have to offer. My boat should be on my truck this weekend because I think the ice is off the lakes and the fish are ready to bite!

As always, any news, announcements, or upcoming events will be posted on Facebook so please do not hesitate to check out our page and stay connected with our school community.

Enjoy the spring weather everyone!

Principal,

Leroy Stanzi



Principal

Leroy Stanzi

Leroy.stanzi@lnib.net

Executive Assistant

Sioux.Swakam@lnib.net

Teachers:

Derek Hanna-Gr.K/1

Marnie Shipclark -Gr.1/2

Rhonda Sheena-Gr.2/3

Donelda Haller-Gr.4/5

Brenda Ess- Gr. 5/6

Randi Gardypie-Gr.7

Office & Support

Tammy Armstrong

Barb Basil

Joe Collins

Nikki Hottorp

Alexandria Girardi

Bill Heard

Cody Jones

Sophia Jungheim

Shelley LeBlanc

Arnold Meyer

April Morel

Devan Nagata

Reese Paterson

Brandy Pinyon

Annie Rabbitt

Garry Stefiuk

Penny Toodiscan

Phone: 250-378-5527

School cell: 250-315-8546

Lower Nicola Band School
Culture and Language Program



Administrator: Angie Sterling

Culture and Language Teachers:

James Shuter

Annie Major

(250) 378-5527

Dear Community Members:

Henle! I can't believe April has already gone by so quickly! I'm sure everyone is looking forward to May flowers and the beautiful spring weather coming. We only have a few more months until the end of the school year. We just had an Elders Day Luncheon and a Bitterroot picking trip to Spences Bridge in April. It was so wonderful and good to see the elders out. They are our knowledge keepers and our history.

On May 14th we will be having a school dinner and on May 24th we will be having a culture day at the school. Watch for notices going home.

The N'kwala Band School will be posting the band school pow-wow this year and is scheduled to take Place at Glimpse Lake June 5th.

Please call the school if you have any questions at 378-5527.

If you have any ideas about our Culture and Language Program, I would love to hear them.

Please email me at this address: angie.sterling@lnib.net or call the school.

Kwukwscemxw

Angie Sterling, Culture and Language Administrator

"The most important thing is to teach the children, so that our Culture never dies." "You've got to know your language to understand your culture."

Ms. Shipclark's Grade One and Two students welcomed in Spring with many fun learning!

Picking Wild Onions



Paying Lahal (Sticks)



Fun at the Park!



Goodbye Sawyer!



Drumming- 4 Directions Song



Science World



Earth Day Clean Up!



Picking Bitter Root



Peeling Bitter Root



The Strawberry Project

Mrs. Haller's grade 4/5 class has joined the BC Agriculture in the Classroom Foundation's Common Ground Strawberry Project.

The Strawberry Project was created to nurture relationships among students across the province and develop a greater understanding of native species. The project sets goals for students to engage in relations of peace and understanding through a common activity of planting and maintaining strawberries and subsequent pen-pal letters/electronic exchanges between participating schools.

Our classroom received wild and everbearing strawberry seedlings and pots from BC Agriculture and have now planted the strawberries seedlings. The students have recorded the amount of water the plants were given and measured the height so far. They will engage in a variety of interdisciplinary, curriculum-linked activities, including the opportunity to connect with other schools in the province participating in the program.

In June, as their plants grow, students will be able to enjoy their berry crop as part of their school experience.



Not only will this project be "tasty"; I hope it will increase their motivation for agricultural learning and help them to see how it connects with our ecosystems.

It will also be fun connecting with another school, it will encourage themes of friendship, respect, and diversity.





Sports

Hello Everyone,

I have a few sports announcements for this month regarding school soccer, track and field, and FitNation programming provided for students and their family members.

Soccer

Although there is no district soccer program, I have created a school-wide soccer program for all LNIB students in Grades 3 to 7 to participate in. Students have been working extremely hard in gym classes and at recess time to improve their skills. Over the past two weeks, we have been learning how to pass, hold positions, and properly strike the ball with our laces. Our first week of games were a success, and we still have three weeks left. There will be a soccer tournament happening at the end of the season, so keep your eyes open on the LNIB Facebook page for information about that in the future.

FitNation

I have organized a FitNation physical activity programming where family members and students can participate in fun activities together, like Jigging and other various dances, exercise circuits, and games. I sent a form home a while ago for any family members that were interested in participating. This free programming happens every Thursday at 12:45 p.m., followed by snacks/lunch with your student. If this interests you, please reach out to the school to inquire about participating.

Track and Field

Track and Field will be commencing at the end of May. We will be having a school track and field meet at Voght Park at the end of May, and then our students will be competing in the district Track and Field meet in June. Track practice will take place in the middle of May, so please watch the LNIB School Facebook page for more specific information and dates regarding that.

To my students, keep up the good work! 😊

Alexandria Girardi

INFRASTRUCTURE UPDATE

Hooray Hooray!! It's the Month of May!!

A **REMINDER** that the speed limit in Rocky Pines is **30 km**. Please be mindful of community members enjoying the beautiful weather while outside.

We are happy to announce that the Spring Clean-up is coming along smoothly.

Again, thank you to our members for taking part in this. Please remember to take before and after pictures.

We have heard great news from TNRD that everyone is doing a great job with our Recycle Program.

Keep up the great work!

Reduce – Reuse – Recycle!

FACILITY BOOKING PROCESS

Please ensure that you fill out a Facility Booking Request form.
Email completed form to: naomi.jackson@lnib.net

- A Damage Deposit will be required by members and non-members.
- The Damage Deposit will be reimbursed once the keys are returned to the office.
- Also note, please use the blue recycle can for recyclables only.
ABSOLUTELY NO GARBAGE!
(Garbage left in the Recycle Can after an event could possibly cost your damage deposit)
- Deposit can be **Cash or Cheque Only!!**
LNIB does not have a debit machine and we cannot take credit cards

MAY 2024



Absolutely **NO NUTS** and **NO Peanut Butter** In LNB School

Mon	Tue	Wed	Thu	Fri
	1 HAPPY Mother's Day	1 Poached eggs bacon & toast	2 Spaghetti & meatballs + garlic toast	3 Hero sandwich & veggie sticks WEAR 2 DIFFERENT COLOURED SHOES DAY
6 Chicken soup + dumplings	7 Pancake & fruit + sausages	8 Meatball sub BANDANA DAY	9 Chicken Caesar salad	10 Hot dogs & fries
13 Mac & cheese + veggie sticks	14 Chicken parmesan cheese sliders SCHOOL DINNER 5-6:30	15 Porcupine meatballs + rice pilaf	16 Baked potato/ broccoli & cheese+ bacon bits	17 Pizza bun + veggie sticks
20 NO SCHOOL VICTORIA DAY	21 Black pepper beef cabbage stir-fry + rice PJ DAY	22 Chicken fajitas & rice wraps	23 Pizza rolls + veggie sticks	24 Chicken Philly sub + green salad CULTURE DAY
27 Chicken ramen UNMATCHED SOCK DAY	28 Ham & cheese croissant rolls + green salad	29 Cracked chicken Pinwheels + Caesar salad	30 Sausage tortellini soup	31 Chicken bacon ranch Pull apart rolls

WATER RESTRICTIONS

As summer approaches and temperatures begin to rise, we are asking you to conserve water as follow:

WATER RESTRICTIONS WILL BEGIN MAY 1, 2024, AND REMAIN IN EFFECT UNTIL SEPTEMBER 30, 2024

There is a huge concern over the amount of water that is used to irrigate, fill pools and kids play on those hot, hot days. It puts an enormous amount of pressure on the Shulus Springs Domestic Water System. The system will not keep up and IF one of the pumps does go, there will be no water.

It is very important that ALL members of Nicola Mameet IR1 follow the following water restrictions:

Even numbered addresses are permitted to water on Mondays, Wednesdays, and Fridays

Odd numbered addresses are permitted to water on Tuesdays, Thursdays, and Saturdays

~ There will be no watering on Sundays ~

Watering is permitted on each of these days between

6:00 am – 8:00 am and 7:00 pm —10:00 pm

Please note: Any homes with automatic sprinklers, we encourage you to water between midnight and 4:00 am on your respective days

Hand watering, using a controlled flow nozzle, is permitted at any time, regardless of the applicable watering days.

We thank you for taking steps to reduce your water use this year!

If you have any questions, please call Public Works at 250.378.5157



Wishing our Band Members, Community Members and Staff a Wonderful Mother’s Day



Photo 1 – Bridge spans and prep work area, Apr 19.



Photo 2 – splice bolts installed and snug tight, Apr 19.



Photo 3 – web splice bolts installed, Apr 19.



Photo 4 – Hoisting span into location on east abutment, Apr 20.



Photo 5 – Bridge span in location east abutment to pier, Apr 20.



Photo 6 – Bridge span in location east abutment to pier, Apr 20.



Photo 7- bearings to east cap welded and installed side-guides on bearings, Apr 20.



Photo 8 - watering west side where SGSB was placed, Apr 22.



Photo 9 – compacting west side, Apr 22.



Photo 10 - hauling 75mm SGSB for placement on west abutment, Apr 23.



Photo 11 – Site photo, Apr 24.



Photo 12 - Preheat for welding bearings to east girders, Apr 25.



Photo 13 – Nelson stud installation prep, Apr 25.



Photo 14 – First nelson stud installed, Apr 25.



Photo 15 & Photo 16 – Girder B2 before and after bending of nelson stud, Apr 25.

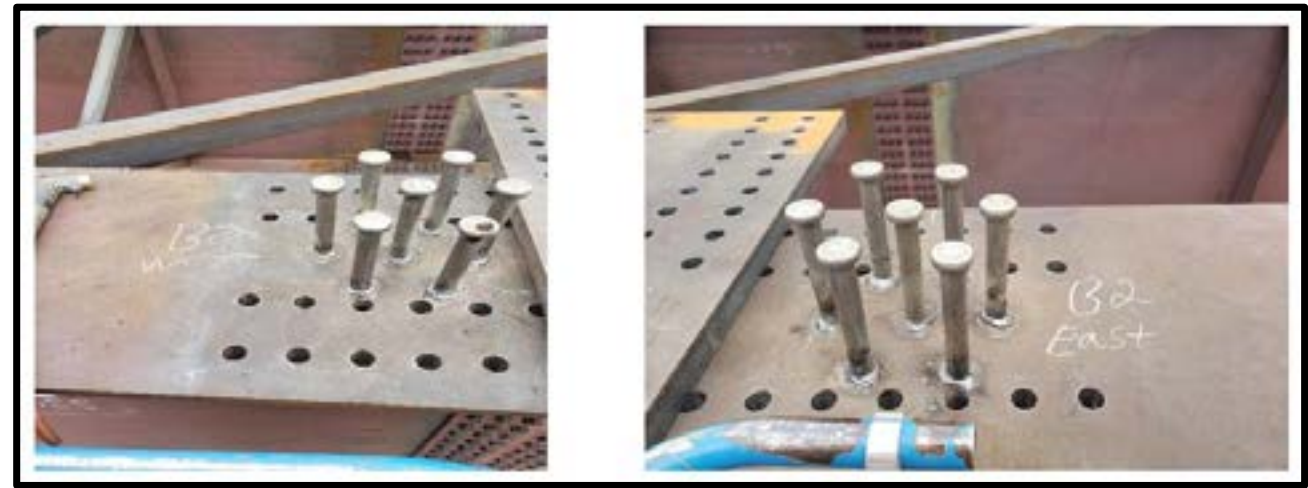


Photo 17 & Photo 18 - Nelson stud groups B2 east and west, Apr 25.



Photo 19 & Photo 20 – Nelson stud groups A2 east and west, Apr 25.



Stephen Jimmie | Lands and Housing Director 250 378 5157 | stephen.jimmie@lnib.net

THE LANDS TEAM

Talk with the Lands team about lands activities and share your stories. Members can contact the Lands Department with questions about the LMAC, community meetings, and general land inquiries.

Stephen Jimmie
LANDS AND HOUSING DIRECTOR
stephen.jimmie@lnib.net

Contact Stephen with inquiries about Land Code, lands policies, law development, housing policies and housing development.

Vacant
LANDS MANAGER

Contact the Lands Director with inquiries about land administration, programs, and services.

LANDS PORTAL

Find information about LNIB lands online at lnib.net/lands. Updates are posted regularly, and printed materials can be made available for pick up at the Lands office upon request.

Kristopher Por
LANDS RESEARCHER
kristopher.por@lnib.net

Contact Kristopher with questions about research, historic records, as well as wills and estates planning.

Monica Pettinger
LANDS AGENT
monica.p@lnib.net

Contact Monica about land transfers, Lands Committee (LMAC), and community meetings.

Justice Cisco
LANDS ADMINISTRATIVE ASSISTANT
justice.cisco@lnib.net

Justice accepts land enquiries and requests from membership and external companies and visitors.

Sayge Fisher
ENVIRONMENTAL PROTECTION COORDINATOR
sayge.fisher@lnib.net

Contact Sayge for details about environmental management and protection.

Alex Bukkos
SURVEY COORDINATOR
alex.bukkos@lnib.net

Contact Alex for details about current and past Lands projects including surveys and mapping.

Vacant
SURVEY ASSISTANT

**Contact LNIB Human Resources to apply.*

LANDS MANAGEMENT ADVISORY COMMITTEE

UPCOMING MEETING

THURSDAY
MAY 16, 2024
4:30 PM

Lands Management Advisory Committee (LMAC) meetings are open to all LNIB Members to attend virtually starting at 4:30 PM. Listen in to learn about Lands activities and developments. Check the Members Only portal for LMAC meeting links or contact Stephen, Lands Director, for more details.

Lower Nicola Indian Band

Lands Management Advisory Committee (LMAC)

Term: Ends September 6th, 2025

Department: Lands

Hours: Evening hours required

Summary of responsibilities

We are looking for one dedicated and engaged LMAC Committee member who can bring different skill sets to the new land management regime at Lower Nicola Indian Band, such as interpreting and understanding survey work; dispute resolution; land use planning; environmental protection; policy and law development; financial literacy; research and writing; and/or community engagement.

Qualifications:

- Any LNIB Member, whether resident on or off LNIB Land, 18 years or older;
- Cannot be convicted of an offence that was prosecuted by way of indictment except for a conviction for an offense where the person was involved in the support or defense of an aboriginal right or title;
- Cannot have any undischarged bankrupt or owe money to LNIB;
- Cannot be convicted of a corrupt practice in connection with an election, including but not limited to, accepting a bribe, dishonesty, or wrongful conduct; and
- Must be able to pass a Criminal Record Check;

Apply To:

Deadline to apply: Open until filled

Lower Nicola Indian Band
181 Nawishaskin Lane
Merritt, BC V1K 0A7
E-mail: hr@lnib.net

Interested members, please submit a criminal record check, resume and cover letter that highlight your relevant lands knowledge and experience including three references.

To obtain a criminal record check:

- Go to the RCMP Station, Tuesday-Thursday between 9:30am-3:30pm.
- You will need 2 pieces of government issued ID.
- Costs \$50 (must pay in cash).
- Takes minimum 2 weeks to come in.

As per section 33.4 of the LNIB Land Code, members of the Lands Management Advisory Committee shall be appointed by Council to ensure a broad representation of the LNIB membership.

Thanks to all who apply.

PROJECT UPDATE:
SECURITY CAMERAS
AND GATES

The Lands Department is responsible for the management and protection of all LNIB reserve lands. To prevent unlawful activity including dumping of hazardous materials and waste, as well as improper use of LNIB land, four gates were installed across Nicola Mameet IR1 in September of 2021.

SOLID WASTE MANAGEMENT

After hours of hard work was done to cleanup various environmentally

contaminated areas on LNIB land, multiple gates were put in place to protect reserve lands.

CAMERAS

Security cameras were recently installed near important areas on reserve. Cameras are intended for security purposes only and will not interfere with the privacy of neighboring homes, businesses, and communities. The use of trail cameras is the best strategy for sites where it would not be appropriate to restrict access by installing a gate.

Members' access to reserve lands will not be restricted by gates though some areas may require gate codes. Contact the Lands Department during regular office hours to obtain a code.

ALL GATES ARE NOW CLOSED AND LOCKED AS OF OCTOBER 26, 2023

Call **250-280-7270** for access outside of regular office hours or contact LNIB Security at (250) 215-5048



* LNIB has installed locked gates to physically restrict access at the following sites shown above

Monthly Invasive Weed Spotlight

Hoary Cress



Description:

Also known as Heart-podded hoary cress white top, this perennial weed prefers open, sunny locations to spread including pastures, hayfields, roadsides, open meadows, backyards, and other disturbed areas. Hoary Cress grows 10-60cm in height and boasts numerous white, 4 leafed flowers that have a flat-topped appearance early in the growing season. This weed will out compete native vegetation as a single plant produces around 4,800 seeds, resulting in an average spread of roughly 3.5 square meters annually if left unmanaged. The seed pods of hoary cress are heart shaped and form from each flower. This invasive can spread through both its root systems and by seed dispersal. This invasive has been designated as a Regional Containment/Control species by the BC Provincial Priority Invasive Species List.

Origin:

This invasive originated in Eastern Europe and Western Asia.

Control Options:

Prevention

- Reseed all areas where ground disturbance has occurred and minimize ground disturbance near invasive weeds.
- Remove seeds from gear, equipment, or vehicles before leaving a site. Clear Livestock of seed or plant fragments before changing pastures.
- Do not compost this plant, as root fragments can continue to grow and resprout after being removed.
- Avoid tilling or digging near this weed as fragmented pieces can sprout into a new plant.

Mechanical Control

- Hand-pulling is not considered effective, as it is difficult to ensure the entire root system is removed. The roots can remain viable in the soil for up to a year before regrowing. Bag the removed plants before disposal to prevent root systems detaching and spreading.
- Mowing may prevent weeds from setting seed, repeated mowing 2-3 times per year will be required to effectively reduce seed production. Mowing will not prevent regrowth from the root systems.
- Goats are able to eat this invasive and repeated grazing can help hinder seed production and deplete root reserves by eating down to the base of the plants. But this is not considered an effective management option as most livestock will not find Hoary Cress palatable. Ingestion of large quantities by cattle can be toxic.

Chemical Control

- “The following active ingredients can control Hoary cress: 2, 4-D, Aminopyralid, Dicamba, Glyphosate, Imazapyr, and Metsulfuron. For available products, contact your local agri-supply store. Prior to any herbicide application, read and follow the label instructions.” – [TNRD](#)
- Chemically treated plants can be left onsite to compost.

Disclaimer - ALL herbicide applications must be applied as spot spraying; broadcast spraying may negatively impact other vegetation in the area & harm sensitive ecosystems.

Herbicide application within 5m of a body of water (seasonal or not) is prohibited.

LNIB requesting that the application of herbicide to treat half an acre or more, is carried out by a person holding a valid BC Pesticide Applicator Certificate. Before selecting and applying herbicides, you must review and follow herbicide labels and application rates; municipal, regional, provincial, and federal laws and regulations; species-specific treatment recommendations, and site-specific goals and objectives.

Sources:

Hoary Cress, Lepidium draba. TNRD. Retrieved from URL:
https://www.tnrd.ca/invasive_plant/hoary-cress/
INVASIVE PLANT, Hoary Cress, Lepidium draba. ISCBC. Retrieved from URL:
<https://bcinvasives.ca/invasives/hoary-cress/>

Additional Resources:

ISCBC

If you are interested in additional resources or information on invasive weeds, including herbicide application and biological management options, please visit the Invasive Species Council of BC webpage to explore their Resources and Learning links.

Resources -

Link to Webinar Gallery: <https://bcinvasives.ca/resources/webinar-gallery/>
Link to Resource Library: <https://bcinvasives.ca/resources/webinar-gallery/>
Link to Research Collection: <https://bcinvasives.ca/resources/research-collection/>

Learning -

Link to Learning Centre : <https://bcinvasives.ca/resources/learning-centre/>
Link for Educators: <https://bcinvasives.ca/for-youth/for-educators/>
Link to Games & Activities: <https://bcinvasives.ca/for-youth/games-activities/>

TNRD

The Thompson-Nicola Regional District webpage also has valuable information and materials for identifying, reporting and disposal methods for regional invasive weeds. Please see the link below to explore.
Link to Management Resources: <https://www.tnrd.ca/services/invasive-plant-management/resources/>



SURVEY CAPACITY DEVELOPMENT PROGRAM

Are you an LNIB member interested in learning more about Land Surveying. If you're interested, please Email or Call Justice Cisco at Justice.cisco@lnib.net or 250-378-5157. One individual that completes the survey training sessions may be considered for the Survey Assistant employment opportunity with the Lands Department.

Background and Goals:

Indigenous communities are reasserting their inherent right to govern their lands and resources under the Framework Agreement on First Nation Land Management. As communities strive for effective land management, they often seek to enhance their knowledge and skills in various land management activities. A robust land survey system is crucial for this purpose, prompting communities to deepen their understanding of survey-related tools, records, and activities as they implement their land governance systems.

In alignment with the Surveyor General Branch's commitment to reconciliation, the Survey Capacity Development Program has been established with three primary goals:

1.Foster Collaboration and Relationship Building:

- Facilitate knowledge-sharing sessions, including discussions on traditional land use and occupation, and the potential impacts of surveys on these practices.
- Raise awareness of the role of Canada Lands Surveyors, educational requirements, and career opportunities.
- Explore land surveying fundamentals, techniques, and methodologies, emphasizing health and safety considerations.
- Identify collaborative opportunities within community departments impacted by land survey activities.
- Examine the survey process, roles, responsibilities, and involved parties.

2. Provide Tailored Training Opportunities:

- Offer flexibility to communities in selecting training topics from a catalogue of courses.
- Provide in-community training options with customizable timelines.
- Allow communities to select program participants based on their specific needs.

3. Increase Understanding of the Canada Lands Surveys System:

- Enhance skills in researching and interpreting land records and survey plans.
- Explore the interrelation between the survey system and registry systems.
- Identify survey plans and land descriptions suitable for registration in the land registry to support transactions.

Through these goals the Survey Development Program aims to support the Lower Nicola Indian Band in its journey towards effective land management, while fostering collaboration, enhancing skills, and increasing knowledge of survey-related processes and systems.



NOTICE ABOUT RECREATIONAL VEHICLES

The Lower Nicola Indian Band prohibits RV's to be utilized as long-term primary dwellings, residences, or cabins on LNIB Lands including CP Lands and Custom Family Lands (also known as Family Lands) unless they receive prior written authorization from the Lands Manager.



LANDS PORTAL

lniblands.net

If you have any questions about land or would like to know more about current Lands projects, visit the Lands Portal online or contact the Lands Department at 250-378-5157.



LNIB Securiguard Security



LNIB Members,

The LNIB Security contact phone number has changed, please use the phone number listed here in blue: **(250) 215-5048**

NOTE

AN LNIB SECURITY GUARD IS ON DUTY 40 HOURS EACH WEEK AND RESPONDS TO PHONE CALLS AND MESSAGES WHILE ON SHIFT. IF YOU ARE IN DANGER OR REQUIRE POLICE ASSISTANCE, DIAL 911.

BUYER'S
NOTICE
BOARD



If you are interested in purchasing land or property from a landowner, Contact the Lands Department to have your contact information listed here in the monthly LNIB newsletter.

Hello, my name is Jennie Blankinship. I am looking to purchase enough property for two homes and a hobby farm at: Zoht, or Sunshine Valley, or Nicola Mameet (Hwy 97C). If you have property for sale, contact me: Jennie, Jaime, Robbyn Blankinship.
CONTACT / 604-928-2985 / scwexmx@gmail.com

Hello, my name is Mindy Garcia, I am interested in purchasing land to build a home, summer home and a sweat lodge on or land with a home even if it's a fixer upper, I am interested. If you or someone you know may be interested in selling, please let me know. Thank you.
CONTACT / 250-280-5684

Hello, my name is Lorne Dunn. I am interested in purchasing around an acre parcel of land at Nicola Mameet IR1 to place a home.
CONTACT / 250-315-7501 / lorne.dunn@yahoo.com

SELLER'S NOTICE BOARD

If you are interested in selling land or property as a landowner, contact the Lands Department to have your information listed here in the monthly LNIB newsletter.

LNIB Members and Non-Band Members –
Potential Business Hwy Frontage Available Located on Hwy 8.

Please call Donelda Haller at 250-315-5315
for more information.

Potential CP Residential Lots FOR SALE
Please call Donelda Haller at 250-315-5315



NOTICE TO COMMUNITY MEMBERS ON WILDLIFE SAFETY

Please refrain from leaving hunting remains, animals' entrails or trimmings up Mamit Lake Branch Road or anywhere near the community / residential areas.

Animal remains attract predators, leaving remains from a hunting trip too close to the community habituates the predators to keep returning for more food. Predators such as coyotes, bears and wolves will keep returning where there is food available to them. Attracting additional predators into the community will create an unsafe environment for children, pets, and all members of the community. Please relocate hunting remains or animal innards outside of the community by leaving them far away from residences or known industry. An alternative to Mamit Lake Branch Road could be up highway 97C, past the industrial park.

Notice to LNIB
Community Members

In Case of immediate danger or emergency
situations please CALL 911 FIRST.

Our Securigard will assist as needed, and to
monitor issues reported by residents, such as
noise and nuisances, illegal dumping, and general
safety concerns.



Jordana McIvor | Housing Administrator 250 378 5157 | jordana.mcg@lnib.net

LNIB HOUSING

Find information about the LNIB Housing online at lnib.net/housing

The Housing Department is responsible for managing the housing program, including property management functions, planning and construction of new houses, maintenance and upkeep of the housing stock, the relationship with Canada Mortgage Housing Corporation, First Nations Market Housing Fund, and Indigenous Services Canada (ISC).

THE HOUSING TEAM

Jordana McIvor-Grismer
Housing Administrator
jordana.mcg@lnib.net

Email Jordana about the First Nation Market Housing program, as well as external renovation and building funding options, needs and requirements.

Ashley DeGray
Tenant Relations Coordinator
ashley.degray@lnib.net

Email Ashley for details regarding rent collection, housing maintenance, LNIB Rental Housing Policy, and general housing questions.

Vacant
Housing Maintenance Assistant

Vacant (Red Seal)
Housing Maintenance

Mel Blankinshp
Housing Maintenance

Jon Moore
Housing Maintenance Assistant

Sara Frazier Shuter
Housing Administrative Assistant



Contact Housing by phone or email or visit us at the Main LNIB Administration Building.

ATTENTION HOUSING TENANTS

As a reminder your pets should be up to date with their vaccinations, should be spayed or neutered (LNIB Infrastructure can assist with the cost), and kept with-in the confinements of your rental property, with the exception of the multi-plex buildings including the 8-plex, 4-plex and new apartment buildings which are not permitted to have any animal living in the units. Please understand that you are responsible for your animals, any offspring they may have, and any damage to person, other animals or property that they may cause. We want to provide a safe environment for our members as well as their animals.

Thank you for your cooperation and understanding.



HOUSING ANNOUNCEMENT

SEPTIC SYSTEM MAINTENANCE

Your septic system is a living ecosystem, and you need to do your part to ensure it is healthy and working as it should.

Never put anything down the drain or toilet that will not biodegrade, including but not limited to, wipes (Lysol, baby, etc.), clothes, bottles, feminism products, paper towel, plastic, etc.

Don't use chemicals like bleach as it kills the good bacteria that breakdown the solid waste.

Space out your water consumption so the tank and drain field are not overwhelmed. By this we mean don't do excessive loads of laundry in a day, have extended showers, leave your tap running unnecessarily, etc.

The drain field (or leach field) is the area on your property where wastewater from your septic system is dispersed into the soil. To avoid damaging the drain field and overall functioning of the septic system; - Never park a vehicle, build a structure, have large livestock animals, have fires, or plant trees or a garden over your septic system's drain field - You should also prevent excess water from flowing over your drain field by making sure your downspouts are pointing away from it because a saturated field cannot drain and process wastewater.

These are some of the simple steps that can save time and money and extend the life of your septic system.

HOUSING DEPARTMENT: VACANT UNIT UPDATES

We currently have three vacant units. We are just wrapping up some much-needed renovations, decisions are being made about the next steps for one of these units for when this work is complete. We have been working on some much-needed updates and some structural changes to the other two permanent rentals. We appreciate your patience and understanding as we get this unit ready for the next family that will call it home.



VEHICLE REMOVAL

We are excited to be partnered with Kamloops Auto Recycling and Mario’s Towing for scrap vehicle removal in all our LNIB communities. Keeping our communities clean of old vehicles assists with potential environmental concerns that could arise from batteries, tires, old paint decaying and releasing hazardous substances into the environment. Things like coolant, old oil and other liquids can leak over time, seep into the ground, and contaminate the ground water. We would love to get these old vehicles cleaned up to keep our community healthy for generations to come!

If you have multiple vehicles, you would like to be picked up you can call **Kamloops Auto Recycling 250-574-4679**.

If you have single vehicles, you would like to be picked up you can call **Mario’s Towing 250-378-9241**.

REMINDER TO ALL TENANTS

Please understand that you are responsible for the actions of all guests you bring into your unit and the community. This includes but is not limited to, noise disturbances, reckless driving through the community and contributing to or allowing illegal activity in and around the community and rental unit. This can be considered a breach of the rental agreement, and a Notice of Breach or Eviction may be issued.

If you wish to report any disturbances or illegal activity, please contact our Security Service at (250) 215-5048, or the RCMP.

We appreciate your cooperation on this matter and should you have any questions or concerns please feel free to contact us at 250-378-5157.

SUBDIVISION FEASIBILITY STUDY



Site Recommended for Further Exploration

SITE 6 – Convenient access to Highway 97C and Mamit Lake Branch Road; main irrigation ditch along parcel boundary to discharge stormwater; no water, sewer, or power immediately available in proximity; could connect to Industrial Subdivision’s waterline but would need a treatment and storage facilities (currently non-potable); a lot of opportunities for servicing capacity, but with high costs; site supported by the community.

For more information go to the LNIB Website (link below) or contact Stephen Jimmie, Director of Lands and Housing at 250-378-5157 or stephen.jimmie@lnib.net. The Opportunities and Constraints Summary, Housing Needs Assessment and Phase 1 Engagement Summary will be available for viewing or downloading on the website.

Website Link: <https://lniblands.net/Subdivision-Feasibility-Study>



LOWER NICOLA INDIAN BAND

ECONOMIC DEVELOPMENT SHOW & TELL

Wednesday , May 15, 2024
5:00 - 8:00 pm
Ec Dev Boardroom

Bring your items of stone, bone and wood to
show and tell with the Repatriation Committee.



May 2024 Newsletter

April has been a very busy month for LNIB Economic Development! This article will shed some light on what has transpired during the month and what to look forward to:

Public Sector Purchasing

LNIB.Shop

Business Development

Public Sector Purchasing Workshop

On April 19, 2024, the Economic Development Project Manager and Director of Economic Development attended the “Public Sector Purchasing Workshop” co-hosted by the City of Kamloops, Thompson Rivers University, the BC Lottery Corporation and Tk’Emlups Te Secwepemc.

This presentation focused on how these four entities are striving to make a better effort to connect with potential suppliers to fulfil procurement opportunities. The panel noted that the current process is quite cumbersome and that there are opportunities of all shapes and sizes for businesspeople in the region.

There are several opportunities that exist for services in construction, maintenance, consulting catering and goods such as artwork, gifts, office supplies and more. There is also preferential budding opportunities for Indigenous businesses that have at least 51% ownership and control by an indigenous person.

The opportunities that exist range in complexity to bid based on several factors, mainly the value of the contract. Some entities can directly purchase goods for contracts between 0-\$25,000. For opportunities between \$25,000 to \$50,000 depending on who is issuing the bid, there may be a solicitation process and for opportunities greater than \$50,000, a formal bidding process exists where suppliers must go through the request for proposal process.

The presenters also noted that for the opportunities that are between 0-\$25,000, some of the suppliers can be directly awarded and are often searched out by the procurement team members.

The panel agreed that the current procurement process is currently complex and convoluted but work is being done to simplify these processes for the benefit of the entrepreneurial community.

For opportunities that require a formal bid, proponents can register on the following platforms:

BC Bid: <https://www.bcbid.gov.bc.ca/>

To bid on all types of opportunities, you must register for BC Bid. The opportunities posted here are for all types of contracts.

Bonfire Vendor Portal: <https://vendor.bonfirehub.com/>

Bonfire Vendor portal is another place to register and access bidding opportunities as a proponent. These opportunities are not exclusive to British Columbia but can still be bid on.

Action:

If you’re an LNIB Entrepreneur and you wish to learn more about procurement opportunities and how to bid, please contact Adam Ova, Economic Development Project Manager by email at adam.ova@lnib.net.

LNIB.Shop

LNIB Economic Development is pleased to launch a new and updated business Directory called #Shop LNIB at the website www.lnib.shop.

This website serves the following purposes:

- Provide an opportunity to showcase LNIB Businesses that don’t have an existing website.
- Provide an opportunity for procurement officers to search for goods and services for listed businesses.
- Provide resources for LNIB members seeking to pursue entrepreneurship.
- Showcase LNIB creations to the world wide web.

If you have a business that you would like to list on LNIB.Shop, please reach out to the Economic Development Project Manager.

This website was created with help by LNIB member Alice Joe, who resides in Naniamo, BC and has her own creative services business specializing in all types of creative services for publications, logos and more.

Alice can also help with your own creative service needs. You can find her website at www.alicejoe.com

Business Development

This year has started off with a bang in terms of LNIB business development and access to financing. This fiscal year we have had one successful application approved by Community Futures of the Central Interior First Nations. This application was through the Indigenous Women’s Entrepreneur Program and leveraged this program as well as the “Equity Matching Grant” through New Relationship Trust.

The Equity Matching Grant is a grant that matches the contribution of the entrepreneur up to \$5,000. This means if you have \$5,000 for your new business venture, this grant can be leveraged for an additional \$5,000 so you can start your business with \$10,000.

Another two business plans/cash flows have been developed, and two loan applications were developed and are currently being processed by Community Futures. Community Futures and their Business Analyst Stephanie Fletcher have been a joy to work with and have given LNIB Entrepreneurs confidence and funding to take their business ideas and plans to the next level.

To all the prospective LNIB entrepreneurs, just know you have resources and support to guide you along the way and your journey is not one of solitude, but one of collaboration, discovery and education.



(MoTI) Engagement Session - Hwy 8

Ministry of Transportation and Infrastructure

Wednesday, May 29th
4:30 - 6:30 pm
Shulus Hall

This session will explore:

1. Highway 8 Construction – Phase 1 Emergency Repairs (complete), Phase 2 & 3 Permanent Repairs (in-design/planning)
2. Highway 8 Offsetting – Phase 1 Offsetting (in-design/planning) which is fish enhancement work to offset impacts from Phase 1 Emergency Repairs, a permit requirement from the Department of Fisheries and Ocean (DFO)."

Any questions you can contact Alex LaForce at (250) 378-5157

This is an opportunity to ask questions, provide comments, and/or ensure community priorities are highlighted to MoTI.

LNIB Men's Gathering



Sharing Wisdom

Every week we will discuss different aspects of being a man with ourselves, in our homes, at work, in relationships. No classroom teaching, just basic info shared for us to think about and share our learning, wisdom, stories and ideas.

10:30am Tuesdays @ RP's Community Centre
We will meet starting May 14th until end of June.
Light Brunch Provided.

Contact Tony Broman or Dustin Eberle
250-378-5157



May 2024 LNIB Recreation Calendar

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
			1	2	3	4
5	6 Swimming 2:30pm-4:45pm	7 Bowling 2:30pm-4:45pm	8 Hiking 2:30pm-4:45pm	9 Park Visit 2:30pm-4:45pm	10 Youth Center 2:30pm-4:45pm	11
12	13 Swimming 2:30pm-4:45pm	14 River Visit 2:30pm-4:45pm	15 Hiking 2:30pm-4:45pm	16 Skate Park 2:30pm-4:45pm	17 Youth Center 2:30pm-4:45pm	18
19	20 Swimming 2:30pm-4:45pm	21 Bowling 2:30pm-4:45pm	22 Hiking 2:30pm-4:45pm	23 Park Visit 2:30pm-4:45pm	24 Youth Center 2:30pm-4:45pm	25
26	27 Swimming 2:30pm-4:45pm	28 River Visit 2:30pm-4:45pm	29 Hiking 2:30pm-4:45pm	30 Skate Park 2:30pm-4:45pm	31 Youth Center 2:30pm-4:45pm	

Notes Recreation After School Program Application forms Are Available At LNIB Main Office, And The LNIB Health Center, LNIB School, And Nicola Canford School. For More Information Contact Jacint At : jacintmailath@lnib.net Or : 2502804487 The Program Can Change Do To Weather.

LNIB Culture with Carole May 2024

S	M	T	W	T	F	S
			1	2	3	4
5	6 Drop in Beading 9:30am-2pm Drop in Crafting 4:30pm-6:30pm	7 MMIW Awareness Walk 10:30am	8	9	10	11
12	13 Fan Cases 9am-2pm Drop in Crafting 4:30pm-6:30pm	14 Hand Drumming 5pm-7pm	15 Adult Moccasins 10am-2pm *MUST BE PRE REGISTERED LIMITED SEATING	16 Adult Moccasins 10am-2pm *MUST BE PRE REGISTERED LIMITED SEATING	17	18 Concho Belts Must Pre register limited seating
19	20 Drop in Beading 9:30am-2pm Drop in Crafting 4:30pm-6:30pm	21	22 Fan and Feathers 2 days and must pre register limited seating	23 Fan and Feathers 2 days and must pre register limited seating	24	25
26	27 Drop in Beading 9:30am-2pm Drop in Crafting 4:30pm-6:30pm	28 Hand Drumming 5pm-7pm	If you have any questions, please call or text Carole Basil 250-315-9158			

Grief & Loss

Get- together & Coffee time

Every last Thursday of the month

9:30 - 10:30 am

Meet at Kekuli Cafe at

2051 Voght Street, Merritt, BC

If you have any questions or need transportation.
Contact Irene Howe (250) 378-7340

MMIW AWARENESS WALK

Tuesday, May 7th, 2024

10:30am - Shulus Hall

11:30am - Shulus Arbour

Light lunch will be provided



CALLING ALL
HAND
DRUMMERS

We welcome you to join us

For More Information
Contact.

Carole Basil at (250) 315-9158

May 2024 Cultural Activities

Subtitle




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Bitter Root Asparagus	2 Men's group meeting. Land guardian. Nle?képmxcin Group 5:00	3	4
5 Stien Valley Prayer Rock	6 Men's group meeting JOHSC meeting 1:30	7	8 Bitter root picking	9 Men's group meeting Nle?képmxcin Group 5:00	10	11
12 Pick Steweta Wild potatoes Stinging nettle	13 Men's group meeting	14 Elders group Harvesting Botany valley	15 Preparation for 4 day Fasting	16 Fasting	17 Fasting	18 Fasting
19 Fasting	20 Stat	21	22 Picking wild onions	23 Men's group meeting Nle?képmxcin Group 5:00	24	25
26	27 Men's group meeting	28	29 Pick Hukw	30 Men's group meeting School cultural teach. Nle?képmxcin Group 5:00	31	

To sign up contact Joe Shuter at (250) 315-7487

Eye Exams




Floater
Mobile Optometry Services
Brianna Krajnyak, O.D., Optometric Corporation


Eye Glasses

We will be visiting **Lower Nicola June 10th-14th** to provide complete eye examinations and offering a selection of eyeglass frames.

MSP EXAM COVERAGE YEARLY:
Children 0-18,
65 and older, &
Those with medical
conditions (like diabetes)

FNHA COVERAGE: EXAMS
19-64 – every 2 years
GLASSES
18 and under – every year
19 and over – every 2 years

Your Optometrists:
Dr. Brianna Krajnyak, O.D.
Brianna was born and raised in Chilliwack, BC and attended the University of Waterloo followed by The New England College of Optometry in Boston, Massachusetts. After graduating optometry school, she completed a residency in Community Health Optometry.
Dr. Brandon Harris, O.D.
Brandon is a new Canadian Permanent Resident from Seattle, Washington. He received his undergraduate degree at Western Washington University and also attended The New England College of Optometry.


Let's TALK SAFE SLEEP
For your Baby or Toddler

Tuesday, May 7, 2024
10:30 - 11:00 am
Rocky Pines Community Centre

Light snacks and refreshments will be available

Any questions contact: Asia Elliott, CHN/LPN
(250) 378-5157

**BC
CANCER** BREAST
SCREENING
Provincial Health Services Authority



Mammograms
Can Save Lives

The mobile mammogram coach is coming to a community near you.

Mammograms are available for women ages 40+. Take a positive step for your health and book a free screening mammogram.

Visit www.screeningbc.ca to learn more.

Upcoming visits:

**LOWER NICOLA HEALTH
CENTRE'**

May 8, 2024




Seabird Mobile Diabetes Team

Where: LNIB healthcentre

When: June 18/19

Contact: Asia/Sonia

Number: 250-378-5157




Living • Well • Together


Clinic Notice

Who Is It For:
People Living with Diabetes
People Who Are Curious About It

What The Appointment Includes:
Testing Blood Sugar and Cholesterol Levels
Checking Kidney Function
Diabetes Education



YRC



RE;SILIENCY

YOUTH RESILIENCY CONFERENCE

MAY 15TH, 2024 | 9AM-2PM | SHULUS ARBOUR


GRADES 8-12
BUS TRANSPORT
FROM MSS


FREE
EVENT

SWAG
FOOD
BOOTH
SPEAKERS

Highland Valley
Copper

Teck

 LOWER NICOLA
INDIAN BAND

 Citxw
Nlaka'pamux
Assembly

Shulus Garden: Harvest dates for 2024:

- 1) Lettuce: May 15,
 - Masculine - Little Gem Romain - Ice Burg
- 2) Leeks: June 12 to July 04,
 - Giant Muscle Burg
- 3) Bell Peppers: May 27 to June 25,
 - Golden Cal wonder - Red Candy - Red Pepper
 - Keystone Resistant - Jalapeno - Hungarian Cheese Blend
- 4) Broccoli: July 29,
 - Gypsy
- 5) Melon: May 27 to June 03,
 - Halona Cantaloupe - Sugar baby Watermelon
- 6) Celery: July 29,
 - Tango
- 7) Cabbage: June 19 to June 24,
 - Integra, - Early Jersey Wakefield
- 8) Cauliflower: July 22,
- 9) Asparagus: May 20 June,
- 10) Squash: June 06 to August 02,
 - Butternut on July 15 - Green Zucchini on June 06 - Patti Pans
 - Yellow zucchini on June 11 - Buttercup on July 29 to August 02
- 11) Cucumber: June 24 to June 30,
 - Excelsior a pickling cucumber,
- 12) Tomatoes: June 21 to July 04,
 - Early Girls - Sakura Cherry

- 13) Potatoes: July 01 to August 31
 - Kennebec - Yukon Gold - Russets
- 14) Onions: July to August
 - Yellow - White - Red - Multipliers - Chives
- 15) Garlic: June 30 to July 10
 - Soft Neck
- 16) Carrott: July 15 to Aug 24
 - Multi colour - Scarlet Nantes - Ya Ya long
- 17) Beets: July 08 to August 10
 - Boro - Red Ace - Subito - Touchstone Gold
- 18) Culinary and Medicinal Herbs: June to September

Planting Schedule:

- ✓ Started indoors: Lettuce, leek, peppers, broccoli, melons, celery, cabbage, cauliflower, squash, cucumber, tomato, marigolds.
- Plant outside starting May 13: beets, carrots, radish, lettuce, corn, sunflowers, potatoes, Onion sets, etc.

Attention: As of May 31st the Shulus Gardens will be Closed.

The Garden will now be a volunteer community garden and open to family plots.

Any questions contact Lorna Shuter (250) 936-8365



SHULUS COMMUNITY GARDEN CLUB

Every Wednesday 10:00 am - 12:00 pm



Soil Testing
Bee Club Meetings
Insect Control
Composting
Garden Tours
Garden Projects
Food Preserving

Location: Shulus Community Gardens
2124 Neale Road
Lorna Shuter (250) 936-8365
Katolina Peterson (250) 378-7561



Community Mother's Day Luncheon

**Thursday, May 9th
12:00 - 2:00 pm
Shulus Hall**

Loonie Auction & 50/50

Any questions contact Christie Hill
(250) 378-5157

Sponsored by: LNIB Community Services

***Bamboo Panda you need
to register at the LNIB
Community Services
(250) 378-5157***



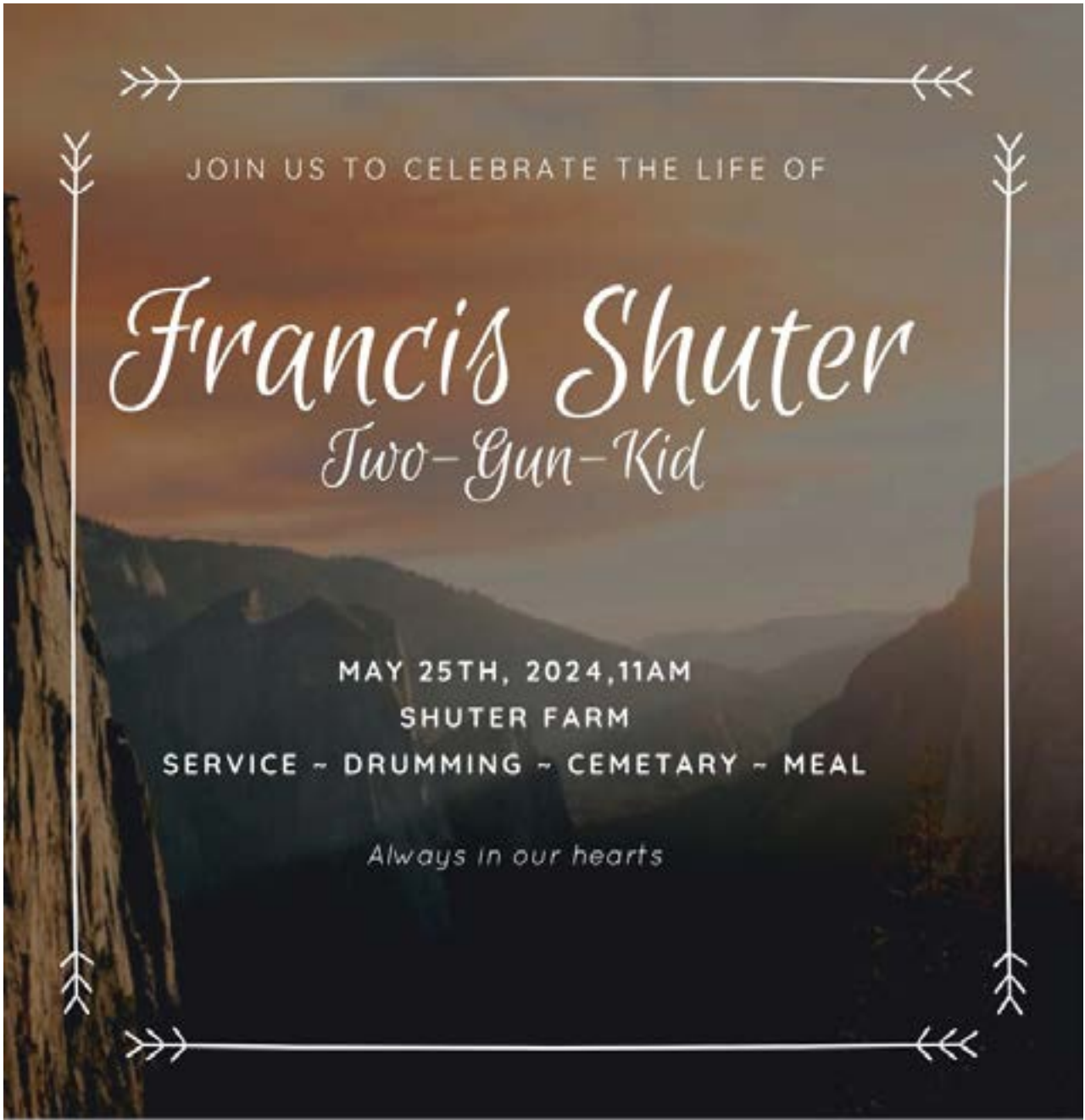
Mother's Day Luncheon

LNIB Women's Group

**Friday, May 10, 2024
11:30 am - 2:00 pm
Bamboo Panda**

*****Limited Seating***
Register Deadline: May 3rd
LNIB Community & Membership**

To register contact the LNIB Community Services
(250) 378-5157



Elders Events May 2024

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3 RP Centre Snack & Chat 2pm – 4pm	4
5	6	7 Shulus Hall MMIWG Walk 10:30am – 12pm	8	9	10 Mother's Day Luncheon (Call for details) Registration required	11
12	13	14 Cultural Harvesting All Day (Call for details)	15	16 Soup Kitchen Elders Luncheon 12pm – 2pm	17 RP Centre BINGO 2pm – 4pm	18
19	20 STAT Holiday Office Closure	21 RP Centre Flowerpot Painting 2pm – 4pm	22	23 RP Centre Flowerpot Planting 2pm – 4pm	24	25
26	27	28 Trip to Merritt Museum (Call for details) Registration required	29	30	31 Sign Making Class (Call for details) Registration required	

If you have any questions, please call or text Courtney Hogue-Charters at 236-575-2083 or email courtney.hogue-charters@lnib.net or come see me at the Health Centre!



**HAPPY BIRTHDAY
LIAM BEARSHIRT**

Iskitoopii
May 8th



**HAPPY BIRTHDAY
MAVERICK MIKE**

May 19th



**HAPPY BIRTHDAY
JOSHUA MOUNTAINCHIEF**

May 20th

HAPPY BIRTHDAY

Tommy Ritchie
May 24th

HAPPY BIRTHDAY

Arnie Narcisse
May 28th



**LOWER NICOLA
INDIAN BAND**

CALL FOR BIDS

Bids are now being accepted for Bannock Making – LNB School Culture Day

- 1) To cook 500 Bannock and deliver to LNB School
- 2) Estimate cost will include all cooking supplies and labour.
- 3) Projected to be ready for serving on May 24th at 12:00 noon at LNB School.
- 4) 25% of bid cost will be advanced upon commencement of job to assist in supply costs. Balance 75% will be paid upon completion.
- 5) Qualifications:
 - Must have their Food Safe.
 - Must have good time management.
 - Must have their own facility to cook.
 - Must have your own transportation for delivery.

Lowest bid may/may not be considered.

Deadline for bids is May 17, 2024 at NOON.

Submit bids to:

Angie Sterling, Culture and Language Administrator

Lower Nicola Band School

201 Horn Road, Merritt, BC V1K1M9

angie.sterling@lnib.net

Phone: 250-378-5527

Or Fax: 250-378-6389

181 Nawishaskin Lane, Merritt, BC V1K0A7
Phone: 250-378-5157 | Fax: 250-378-6188 | Toll Free: 1-888-447-1744
Email: reception@lnib.net