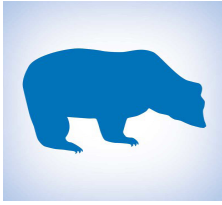


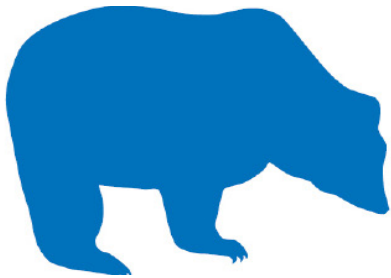
Lower Nicola Indian Band

September 2023



N?e?iyk Spíləm





LOWER NICOLA INDIAN BAND



47th Elders Gathering, Vancouver BC

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Message from the kwúkʷpi? Stu Jackson

heñle? Band members and community members. It is hard to believe, but our summer season has come to an end. It is quite surprising to see the leaves in the trees slowly change color as we move into the month of September. Although the summer season is closing, the temperature has not changed that much. We have been experiencing extreme heat these past few weeks and with heat comes the continued risk of forest fires. There have been many forest fires surrounding our Nicola Valley and fortunately, we have not had to deal with much fire hazard. Unlike our Shuswap and Okanagan neighbors, we have been very fortunate that fires have not impacted or affected our area. It is very important to understand that we must not become complacent, even during this time of year. I believe that we are still at high risk of fire danger so we must be diligent and do whatever is necessary to be fire safe, fire smart and fire ready. We cannot take anything for granted during these hot temperatures so let's be fire aware and prevent any fire risk. Fires can occur very quickly and suddenly so it would be very wise to be prepared at a moment's notice in case we become subjected to any fire danger. Council was in recess for the month of August, however, Council called a special meeting on August 19th Saturday at 10am. Many fires were in full activity during this time and we felt it was important to meet as a Council

to discuss and address any issues that LNIB may need to prepare for if any fire started in our area/territory. This meeting was convened so that we could speak proactively to any potential risks if a fire broke out. Thankfully nothing occurred in our territory, however, it was brought to our attention that some of our off-reserve band members were not so lucky. From what I understand, one of our band members lost their home to fire. We also had some off-reserve band members evacuated from their homes in the Shuswap area. Chief and Council made a decision to assist any band members affected by fire/evacuation. If any of you know of any band members that have been evacuated from their homes due to fire, please contact the band office and provide any information you may have to help support these band members. Or contact the evacuated band members and have them contact the LNIB office. Although Council was in recess for the month of August, we did have a band meeting scheduled for August 28th. I was not able to attend the meeting in-person for personal matters and I tried continuous times to log into the meeting, unfortunately, I was unable to log into the meeting. I was able to get some feedback on how the meeting went afterwards and apparently there was a lot of challenging moments throughout the duration of the meeting. It was brought to my attention that the audio and video capabilities were quite marginal. People were having a difficult time hearing commentary in the meeting room as well as online. Council will look into these deficiencies and hopefully we will have these challenges addressed before our next band meeting in September. I want to apologize to the membership for this mishap and I want to assure each of you that it is Council's full intention to provide a good healthy and meaningful experience at all band meetings. I ask for your patience and understanding as we navigate through these growing pains of virtual engagement and upper scale technology. Let us hope that our September band meeting will be better and more effective whether you come in-person or chime in online.

Enclosing, I just want to wish all of you a happy end to the Summer season. I am sure many of you are sad to see summer leave, but there are many of you that are probably equally excited for the fall season. Hmm, let me guess. Hunting!!! Whatever the case may be, please let's all be safe in whatever it is we do as we delve into another month. Be cognizant of the hot weather and that fire risk is still amongst all of us. Take care of your friends, take care of your families, but most importantly take care of yourself. Much respect, kwúkʷscémxʷ

kwúkʷpi? Stu Jackson



Dear LNIB Members,

I am pleased to present our monthly report for August 2023. LNIB continued to be busy on several initiatives.

Here are some of the things we have been working on:

Wildfire Assistance: Chief and Council passed a motion on August 19, 2023 to approve assistance to membership who are evacuated from their primary residence due to the Wildfires. Thirty-eight members were called who were identified as located in Wildfire zones. Seven members and their dependents were provided with financial assistance. This assistance will continue for those who remain evacuated from their primary residence. Please reach out to LNIB if you are still under evacuation order on Monday, August 28, 2023.

Covid-19 Financial Aid: Chief and Council passed a motion on January 17, 2023 to do a final Covid-19 financial aid to all registered

band members in the amount of \$300.00. Forms are available to fill out at the Band Office you can also phone and request the form be filled out over the phone. As of May 25, 2023 there were 984 payments processed

out of 1,426. Leaving 442 members who have yet to apply and receive their payment. Encourage your family members to phone the band office for assistance in submitting their application. This is a benefit to on and off reserve members phone the band office if you require assistance filling out your form.

Upcoming Training and Workshops: LNIB will sponsor 8 sessions for members to attend driving lessons. Please contact Steve Wilks at Steve.Wilks@lnib.net if you have any questions. Commercial Training and Air Brake Endorsement for Class 1,2, 3, &4 are available. Please contact Sharon Parsons in Education at Sharon.Parsons@lnib.net to register. There are many more opportunities arising keep checking the website for updates.

First Nations Drinking Water Settlement: The Chief and Council passed a motion at the September 20, 2022 Council Meeting, to accept the Settlement Agreement of the individual class members who were residents on a Lower Nicola Indian Band reserve while a long-term drinking water advisory was in force on that reserve during the period applicable in the Settlement Agreement.

In the meantime, please look at the following link, as there is some excellent information on this website: <https://firstnationsdrinkingwater.ca/> The deadline to apply is extended to March 7, 2024.

Human Resources: While visiting or receiving services at other buildings, please feel free to ask the staff member you are visiting to use a mask and to adhere to safety protocols if you are concerned. We are committed to keeping the community and employees safe during this pandemic.

We'd also like to welcome the new members to our team at LNIB: Calvin Johnson, Maintenance Assistant; Marnee Shipclark, Teacher; Alexandra Girardi, PE Teacher; April Morel, Special Education Assistant; Debra Martin, Special Education Assistant; Sophia Jungheim, Education Assistant; and Richard Jackson, Human Resource Support.

Employees who have left Lower Nicola Indian Band are Jill Fitzer.

Current job postings with Lower Nicola Indian Band are Summer Students are Shulus Garden Center, Education Administrative Assistant, and Landscaper. The full time positions available are Aquatics Biologist, Managing Aquatics Biologist, Education Assistant, Teacher K-7, School Bus Driver/ Maintenance, Accounting Manager, Lands Administrative Assistant, Arts and Recreation Leader, Home Care Nurse, Lands Agent, Lands Survey Coordinator, Receptionist, and Janitor visit <https://www.lnib.net/jobs/> or <https://secure.collage.co/jobs/lnib> for further details.

Committees and Liaisons: Chief and Council: The Lands Management Advisory Committee met August 24, 2023. The Finance and Audit Committee did not meet in August.

Community Meetings and Workshops: The next Band General meeting is scheduled for September 25, 2023.

Support to Chief and Council: Chief and Council met August 1st and 19th. Should you require anything on the Chief and Council agenda scheduled for September please contact Sondra Tom and me. Finally, we'd like to remind members that the Chief and Council meetings are open to membership to join via online or telephone. Please contact Sondra Tom to be added to the email invitation for the scheduled Chief and Council meetings.

Kari Reilander,
LNIB Executive Director

The next Band General is September 25, 2023

5:00 pm

Rocky Pines Center

Chief and Council Attendance
Term October 2022-September 2025



Chief and Council Attendance
Term October 2022-September 2025



Motions from Chief and Council August 1, 2023 meeting

Motion #08-01-2023-01 Reads: The Lower Nicola Indian Band Chief and Council move to adopt the August 1, 2023 Chief and Council meeting agenda.

Motion Carried

Motion #08-01-2023-02 Reads: The Lower Nicola Indian Band Chief and Council move to go IN Camera at 5:11 pm.

Motion Carried

Motion #08-01-2023-03 Reads: The Lower Nicola Indian Band Chief and Council move reconvene at 6:05 pm.

Motion Carried

Motion #08-01-2023-04 Reads: The Lower Nicola Indian Band Chief and Council confirms that all employees are subject to LNIB Financial Laws, Policies and Procedures and directs the Executive Director to confirm the same to all employees as needed.

Motion Carried

Motion #08-01-2023-05 Reads: The Lower Nicola Indian Band Chief and Council moves that any requests by LNIB employees to appear before council on operational matters must have the approval of the Executive Director in order to appear before Council.

Motion Carried

Motion #08-01-2023-06 Reads: The Lower Nicola Indian Band Chief and Council move to adopt the July 18, 2023 Chief and Council meeting minutes with noted changes.

Motion Carried

Motion #08-01-2023-07 Reads: The Lower Nicola Indian Band Chief and Council move to adopt the July 26, 2023 Chief and Council meeting minutes with noted changes.

Motion Carried

Motion #08-01-2023-08 Reads: The Lower Nicola Indian Band Chief and Council hereby:

1. Approves the Lease Agreement with Shawn Kilroy, CP holder of Lot 104 CLSR 58927 Nicola Mameet IR No.1, in substantially the form presented with any modifications, amendments or changes thereto that may be approved by the Lands Manager in his/her discretion, such approval to be conclusively evidenced by his/her execution thereof; and
2. Authorizes the Lands Manager, for and on behalf of Council, to do all such acts and things as may be necessary or desirable to give effect to these resolutions, or in connection with the performance by LNIB of its obligations pursuant to these resolutions or the Lease Agreement.

Motion Carried

Motion #08-01-2023-09 Reads: The Lower Nicola Indian Band Chief and Council NOW THEREFORE BE IT RESOLVED THAT the Council authorizes the Director of Lands and Housing to sign Work Order # INT-01-14 dated July 24, 2023 with Securiguard for security services with a term of April 1, 2023 to March 31, 2024.

Motion Carried

Opposed:

Motion #08-01-2023-10 Reads: The Lower Nicola Indian Band Chief and Council NOW THEREFORE BE IT RESOLVED THAT if kwúkʷpi? Stuart Jackson is not available to attend the Lands Advisory Board Annual General Meeting on September 26-27, 2023 that the Chief and Council authorize the kwúkʷpi? to sign the Proxy Form authorizing Stephen Jimmie to represent the Lower Nicola Indian Band and vote on Lands Advisory Board resolutions at the Annual General Meeting and authorizes Stephen Jimmie to deliver the signed Proxy Form on behalf of the kwúkʷpi? to the Lands Advisory Board Chair, Robert Louie, by email at robert@labkelowna.com one week prior to the Annual General Meeting.
Motion Carried

Motion #08-01-2023-11 Reads: The Lower Nicola Indian Band Chief and Council NOW THEREFORE IT BE RESOLVED THAT the Council tables the Lower Nicola Indian Band Ticketing and Enforcement Law for ratification and it will be voted on at a duly convened meeting of Council on September 19, 2023, or a subsequent meeting if necessary.

In compliance with the Land Code, the *LNIB Ticketing and Enforcement Law*:

- a. will be officially deposited with the LMAC Chair on August 17, 2023, which is greater than 21 days before the Law will be voted on by the Council;
- b. will be posted in public places on LNIB Land on August 1, 2023, which is greater than 21 days before the Law will be voted on by the Council; and
- c. is officially tabled at a Council meeting today on August 1, 2023, which is greater than 21 days before the Law will be voted on by the Council.

Motion Carried

Motion #08-01-2023-12 Reads: The Lower Nicola Indian Band Chief and Council have reviewed and supports the correspondence to BC Hydro dated August 1, 2023.

Authorizes kwúkʷpi? Stuart Jackson and/or the Executive Director to sign the correspondence on behalf of LNIB and instructs that this be sent out to BC Hydro immediately.

Motion Carried

Motion #08-01-2023-13 Reads: The Lower Nicola Indian Band Chief and Council hereby supports and authorizes the Executive Director to sign the Lower Nicola Indian Band Cheque Requisition ED10022 for Ausenco's invoice #2316111 in the amount of \$61,680.64.

Motion Carried

Motion #08-01-2023-14 Reads: The Lower Nicola Indian Band Chief and Council move

A. LNIB has entered collaborative discussions with Enbridge Inc towards identifying potential commercial opportunities relating to the Kingsvale Electricity Transmission Line and ongoing or future projects of Enbridge within LNIB territory;

B. Enbridge requires that LNIB enter a Mutual Confidentiality Agreement (the "Confidentiality Agreement") prior to proceeding with discussions regarding any potential future opportunities; and

C. LNIB Chief and Council have reviewed the Agreement and have determined that it is in the best interest of LNIB and its membership to approve the Confidentiality Agreement substantially in the form presented.

NOW THEREFORE BE IT RESOLVED by Chief and Council of the LNIB

1. The Confidentiality Agreement be approved substantially in the form presented; and
2. Authorizes kwúkʷpi? Stuart Jackson and/or the Executive Director to sign the Confidentiality on behalf of LNIB, and to do all such further and other acts and things as may be necessary in order to carry out the intent of these resolutions.

Motion Carried

Motion #08-01-2023-15 Reads: The Lower Nicola Indian Band Chief and Council hereby:

1. Supports the attached three-month Consulting Services Agreement;
2. Supports the payment amount of \$18,000.00 over the three-month work term;
3. Supports the investigative work to form a First Nations Utility company under the Shulus Electric;
4. Authorizes Director of Finance to provide financial funding information requested by the BC Lobbyists Registry Client Questions for background information;
5. Authorizes kwúkʷpi? Stuart Jackson and/or the Executive Director to sign the Consulting Service Agreement.

Motion Withdrawn

Motion #08-01-2023-16 Reads: The Lower Nicola Indian Band Chief and Council move to accept the Terms of Reference for the Finance Policy and Procedures Review Committee ("Committee") as required under the Financial Governance Policy and Procedures, Section 5 – Committee Establishment and Dissolution, and further appoint Connie Joe as the Chair of the Committee, and appoint Barry Torgerson, Kari Reilander, and Stuart Jackson further move to approve a budget of up to \$2,500 for a legal review.

Motion Carried

Motion #08-01-2023-17 Reads: The Lower Nicola Indian Band Chief and Council move to accept the Terms of Reference for the Financial Governance Policy and Procedures Review Committee ("Committee") as required under the Financial Governance Policy and Procedures, Section 5 – Committee Establishment and Dissolution, and further appoint Connie Joe as the Chair of the Committee, and appoint Kari Reilander, Barry Torgerson, and Stuart Jackson further move to approve a budget of up to \$2,500 for a legal review.

Motion Carried

Motion #08-01-2023-18 Reads: The Lower Nicola Indian Band Chief and Council move to accept the Information Management and Retention Policy Review Committee's recommendation to repeal and replace the "Lower Nicola Indian Band Information Management and Retention Policy, Effective date of March 24, 2020 (Council Resolution 03-24-2020-09) with the amended version presented to Council on August 1, 2023.

Motion Carried

Motion #08-01-2023-19 Reads: The Lower Nicola Indian Band Chief and Council move to go IN Camera at 10:20 pm.

Motion Carried

Motion #08-01-2023-20 Reads: The Lower Nicola Indian Band Chief and Council move to reconvene at 11:40 pm.

Motion Carried

Motion #08-01-2023-21 Reads: The Lower Nicola Indian Band Chief and Council m direct the Executive Director, to prepare a Terms of Reference for a review committee that complies with the Lower Nicola Indian Band Governance Policy for committee establishment and dissolution, that will examine the LNIB Development Corporation group of companies.

Motion Carried

Motion #07-26-2023-22 Reads: The Lower Nicola Indian Band Chief and Council move to adjourn the August 1, 2023 meeting at 11:41 pm.

Motion Carried

Motions from Chief and Council August 19, 2023 meeting

Motion #08-19-2023-01 Reads: The Lower Nicola Indian Band Chief and Council move to adopt the August 19, 2023 Chief and Council meeting agenda.

Motion Carried

Opposed:

Motion #08-01-2023-02 Reads: The Lower Nicola Indian Band Chief and Council move adopt the agenda as presented.

Motion Carried

Motion #08-19-2023-00 Reads: The Lower Nicola Indian Band Chief and Council approve an expenditure of up to twenty-five thousand dollars (\$25,000) to support members and their dependents affected by Evacuation Orders in other jurisdictions during the 2023 Wildfire season.

Motion Carried

Motion #08-19-2023-00 Reads: The Lower Nicola Indian Band Chief and Council move to adjourn the August 19, 2023 meeting at 11:02 am.

Motion Carried

Lower Nicola Indian Band Job Opportunities

For full job description and to apply go to <https://secure.collage.co/jobs/lnib>

Career Opportunity:

LNIB is looking for an interested Band member that would like to train to become a **Power Engineer/mechanical Technician**. All Costs will be paid by LNIB, and the trainee will work closely with current Infrastructure staff as part of our employee succession planning process. You would learn about all LNIB mechanical infrastructure, and once education and training is complete be eligible to take over as the LNIB Power Engineer with a \$100,000+ wage. Please contact HR@LNIB.net or call 236-575-2129 to learn more about this great opportunity

Accountant (CPA), urgently needed

Hours: 8:30 to 4:30 Mon to Fri

Start date: ASAP

Wage: \$40-\$50/hour

The Finance department is in need of an Accountant with their CPA or close to completion of CPA. Wage is flexible and will depend on current level of certification and experience. Please call or email for more details

Receptionist

Hours: 8:30 am - 4:30 pm, Mon to Fri

Start date: Flexible

Wage: \$20 per hour (\$18.50 during 90-day probation)

To provide clerical support and file maintenance for the Lower Nicola Indian Band. Answer phones and handle inquiries.

- Grade 12 diploma required.
- Excellent communication skills

Surveyor Assistant

Hours: 8:30 am - 4:30 pm, Mon to Fri

Start date: Flexible

Wage: Up to \$35/hour dependant on current certification and experience

This is another excellent career opportunity.

The candidate with work with current LNIB surveyor staff to gain experience and knowledge of the LNIB Band. This is a succession planning position with great advancement opportunity. An LNIB Band or community member will be given preference hiring for this position and all training/education cost provided.

New Human Resource Employee

Human Resources would like to extend a warm welcome to LNIB Elder Richard Jackson who has join the Human Resources department to provide employee's with: cultural support, personal counselling, member recruitment/retention, education/training support, conflict mediation and an Employee Assistance Program to enhance and improve our work place.

Housing Maintenance Assistant

Hours: 8:30 to 4:30 Mon to Fri

Wage: \$21.00 to \$24.00 per hours based on experience and training

Start Date: ASAP

Responsible for assisting with the maintenance and safe operation of LNIB public housing buildings. The Maintenance Assistant is responsible for the completion of major and minor assigned tasks within the buildings. The Maintenance Assistant also assists Tenant Relations Coordinator and Housing Administrator as needed. The successful candidates will bring their energy, enthusiasm and interest in environmental and cultural resources to a variety of resource planning and research projects. Specifically, the successful candidate will provide support to the LNIB staff on Cultural Heritage and Environmental resource development projects.

School Bus Driver

Hours: min 15 hours per week

Wage: 21.00 to 24.00 per hour

Start Date: Sept 2022

Summary of responsibilities

- Bus Driver in the morning and afternoon
- General maintenance of Bus
- Light janitorial cleaning of bus
- Liaison and coordinate with parents, teachers and other staff

September 2023 Newsletter – LNIB Economic Development

Entrepreneurial Considerations – Key Personality Traits – Local Opportunities

Recently, the number of businesses that LNIB members are considering has increased, more people are thinking about how they can develop their own ideas into a business. I want to use this month of the newsletter to communicate some key elements of how one can go about this journey, the personality traits one should seek to maximize and finally some ideas one could consider.

Things to consider when starting a business

These are the top three things to consider when thinking about starting a business and an entrepreneurial journey.

1. Why am I doing this? If you can't answer this, you're not ready

There are many reasons why one would consider starting a business including money, freedom and the opportunity to bet on yourself. Each person willing to walk this path will have their own why, but from what I have seen, the main "Why" should have the following element that is unshakeable. This element is the unbreakable will to solve a problem and make people happy. If you incorporate this angle into your why, the money, freedom and overall benefits of the journey will become evident. As much as you are the main character in your own adventure, the real plot is being a hero for a customer with a problem.

2. If you have a why, you need a plan!

Not only is your business plan a tool for planning and applying for financing, but it is also an initial test to see if your idea can make the jump from idea to reality. When you go through the motions of creating a business plan, writing it, revising it, the gravity of the situation becomes clear. You will have a clear understanding of what is required of you to get to Day 1 and the launch your venture. By putting significant time into your plan, you will have a clear picture of the operational, regulatory, marketing, sales and financial implications of your idea and it will be the last step before you take the jump.

3. The power failing forwards.

Winning is great but it's temporary, to grow you need to learn and to learn you need to fail. To fail-forward is how you generate momentum to keep going, while you're learning and putting your idea's out there to be validated by the only test that matters at the end of the day, which is: did the customer buy the product or service, and will they come back?

This mindset will allow you to grow and learn by example and the no's and failures become something that loses its negative connotation as they become tools to guide you back onto the path of success. If you commit to failing forwards, you may lose a battle, but you gain a footing in the war.

Personality Traits

Grit

This trait is one of the most important because it determines your ability to get hit and keep going. Not everything is going to go according to plan and there will be setbacks. If you have grit, you will be able to power through anything that comes your way.

Creativity

Creativity can take many shapes and forms and it will be called upon to deal with many of the facets of being in business. Not only will you need to employ with in marketing and product creation, but you will have to use it for basically any situation you deal with. If you can tap into your creativity in any way, your journey gets more interesting.

Stick-to-itiveness

In other terms, this trait is your ability to be sticky, to have follow through and see something through to completion. It's an important trait to develop and hone because you will quickly learn you will have things pile up; you can't deal with everything at once if you have a schedule. By being sticky to your tasks and goals you make sure things don't slip through the cracks.

Business Idea's for Full Time or Part Time Ventures:

Full Time

Cleaning Service: A cleaning service can be used for residential, commercial or industrial clients. It is a great way to secure contracts and generate recurring revenue.

Coffee Stand: Everyone drinks coffee, and it has a high profit margin. If you are able to secure a space, a trailer or way to set up a coffee stand that sold small baked goods, you can give yourself a full-time opportunity.

Delivery/Hauling Business: If you have a truck or large van and don't mind driving, there are many ways to get into business delivering and hauling goods. You could start with small things like groceries and pharmacy items as well as doing junk removal and dump runs.

Bookkeeping: For a small investment that is often covered by grants, you could get educated and get into business as a bookkeeper for small businesses and contract to accounting firms. The cost of a bookkeeping certificate is around \$1,500.

Appliance Repair: Every house has multiple appliances, and the number of appliance repair professionals has been declining. No formal education is required to obtain the red seal certification; however, you can take a foundational program that will credit you 825 hours of the 7200 required by the training authority. Currently, there are only 2 appliance repair companies in Merritt and this number could decrease as the owners may be considering retirement in the near future. This would leave over 10,000 people to be serviced by 1 appliance repair person.

Locksmith: Every building, home, business has locks. There is only one locksmith business in town, and this would provide a great opportunity to look for a career change that has potential future prospects. To become a certified locksmith, you need 3600 hours of work-based training. No formal education is required, and you can become fully certified in about 2 years.

Part Time

Tour Guide: Start your own tour guiding business and conduct your tours when you have the time available. You could look at doing hikes, paddleboard tours and more.

Custom Maker: You can make anything you really want to and slap a price tag on it. It could be clothing, furniture, art or anything your imagination can create. This is more suited as a part time venture due to the fact that people find these to be passion-based businesses and when the need to produce outweighs the passion, it loses its spark.

Pet Business: You can start a dog walking, pet day care or pet grooming business and any of them could grow to become full time ventures. No formal training or certification is required but you should be good with animals and love to be around them if you want to pursue this option.

Freelancer: You basically freelance anything, many people choose to be freelance photographers, videographers, writers, artists and actors. If you have a passion and feel like you can monetize it, why not try?

Thank you for reading this article! As always if any of this inspired you and you are interested in starting your own business or if you want to see something covered, please contact Adam Ova, Economic Development Project Manager, to set up a meeting to talk about your idea!

Email: adam.ova@lnib.net

Phone: 236-575-2230 Ext 173



Brandi O'Flynn | Lands Manager

250 378 5157 | brandi.oflynn@lnib.net

THE LANDS TEAM

Talk with the Lands team about lands activities and share your stories. Members can contact the Lands Department with questions about the LMAC, community meetings, and general land inquiries.

Stephen Jimmie

LANDS AND HOUSING DIRECTOR
stephen.jimmie@lnib.net

Contact Stephen with inquiries about Land Code, lands policies and law development.

Brandi O'Flynn

LANDS MANAGER
brandi.oflynn@lnib.net

Contact Brandi with inquiries about land administration, programs, and services.

LANDS PORTAL

Find information about LNIB lands online at lnib.net/lands. Updates are posted regularly, and printed materials are can be made available for pick up at the Lands office upon request.

Kristopher Por

LANDS RESEARCHER
kristopher.por@lnib.net

Contact Kristopher with questions about research, historic records, as well as wills and estates planning.

Monica Pettinger

LANDS AGENT
monica.p@lnib.net

Contact Monica about land transfers, Lands Committee (LMAC), and community meetings. Limited availability.

Vacant

LANDS AGENT

Vacant

LANDS ADMINISTRATIVE ASSISTANT

Sayge Fisher

ENVIRONMENTAL PROTECTION COORDINATOR
sayge.fisher@lnib.net

Contact Sayge for details about environmental management and protection.

Alex Bukkos

SURVEY COORDINATOR
alex.bukkos@lnib.net

Contact Alex for details about current and past Lands projects including surveys and mapping.

Vacant

SURVEY COORDINATOR

**Contact LNIB Human Resources to apply.*

LANDS MANAGEMENT ADVISORY COMMITTEE

UPCOMING MEETING

**THURSDAY
SEPTEMBER 21, 2023
4:30 PM**

Lands Management Advisory Committee (LMAC) meetings are open to all LNIB Members to attend virtually starting at 4:30 PM. Listen in to learn about Lands activities and developments. Check the Members Only portal for LMAC meeting links or contact Brandi, Lands Manager, for more details.

PROJECT UPDATE: SECURITY CAMERAS AND GATES

The Lands Department is responsible for the management and protection of all LNIB reserve lands. To prevent unlawful activity including dumping of hazardous materials and waste, as well as improper use of LNIB land, four gates were installed across Nicola Mameet IR1 in September of 2021.

SOLID WASTE MANAGEMENT

After hours of hard work was done to cleanup various environmentally

contaminated areas on LNIB land, multiple gates were put in place to protect reserve lands.

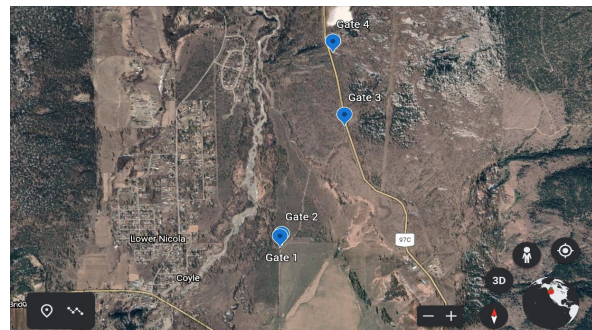
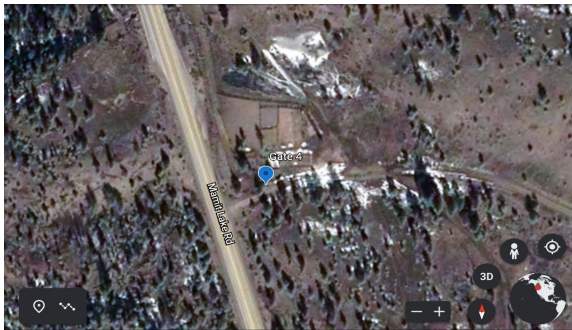
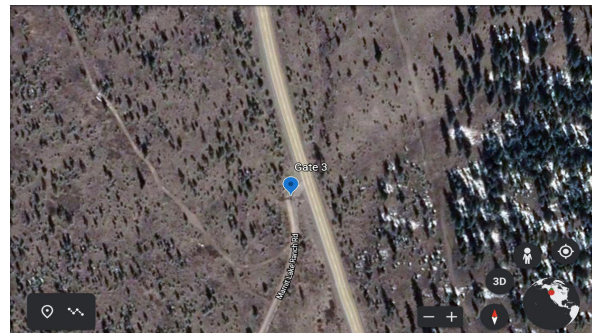
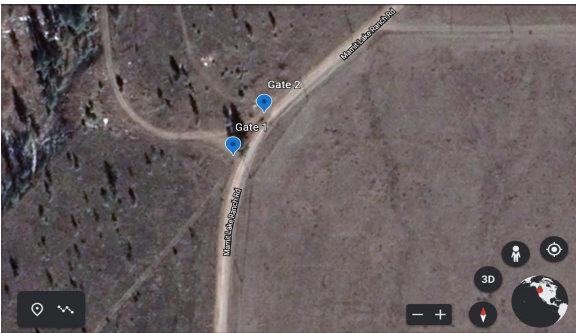
CAMERAS

Security cameras were recently installed near important areas on reserve. Cameras are intended for security purposes only and will not interfere with the privacy of neighboring homes, businesses, and communities. The use of trail cameras is the best strategy for sites where it would not be appropriate to restrict access by installing a gate.

Members' access to reserve lands will not be restricted by gates though some areas may require gate codes. Contact the Lands Department during regular office hours to obtain a code.

GATES HAVE BEEN CLOSED AND LOCKED AS OF SEPTEMBER 1, 2023

Please contact
250-280-7270 for access
outside of regular office
hours.



* LNIB has installed locked gates to physically restrict access at the following sites shown above

NOTICE ABOUT RECREATIONAL VEHICLES

The Lower Nicola Indian Band prohibits RV's to be utilized as long-term primary dwellings, residences, or cabins on LNIB Lands including CP Lands and Custom Family Lands (also known as Family Lands) unless they receive prior written authorization from the Lands Manager.



LANDS PORTAL

lniblands.net

If you have any questions about land or would like to know more about current Lands projects, visit the Lands Portal online or contact the Lands Department at **250-378-5157**.



IMPORTANT NOTICE

To all LNIB Members,

The **LNIB Security** contact phone number has temporarily changed. Securiguard IT Department is working to restore the old number. For now, please use the phone number listed here in blue:

***LNIB Securiguard
Security***
PHONE #

(250) 215-5048



NOTE

**AN LNIB SECURITY
GUARD IS ON DUTY 40
HOURS EACH WEEK
AND RESPONDS TO
PHONE CALLS AND
MESSAGES WHILE ON
SHIFT. IF YOU ARE IN
DANGER OR REQUIRE
POLICE ASSISTANCE,
DIAL 911.**

BUYER'S NOTICE BOARD



If you are interested in purchasing land or property from a landowner, Contact the Lands Department to have your contact information listed here in the monthly LNIB newsletter.

Hello, my name is Jennie Blankinship. I am looking to purchase enough property for two homes and a hobby farm at: Zoht, or Sunshine Valley, or Nicola Mameet (Hwy 97C). If you have property for sale, contact me: Jennie, Jaime, Robbyn Blankinship

CONTACT

604-928-2985

scwexmx@gmail.com

Hello, my name is Mindy Garcia, I am interested in purchasing land to build a home, summer home and a sweat lodge on or land with a home even if it's a fixer upper, I am interested. If you or someone you know may be interested in selling, please let me know. Thank you.

CONTACT

250-280-5684

Hello, my name is Lorne Dunn. I am interested in purchasing around an acre parcel of land at Nicola Mameet IR1 to place a home.

CONTACT

250-315-7501

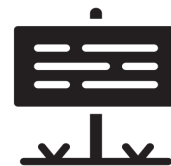
lorne.dunn@yahoo.com

SELLER'S NOTICE BOARD

If you are interested in selling land or property as a landowner, contact the Lands Department to have your information listed here in the monthly LNIB newsletter.

***There are no posted SELLER notices this month.**

Contact the Lands Department if you would like more information.



NOTICE TO COMMUNITY MEMBERS ON WILDLIFE SAFETY

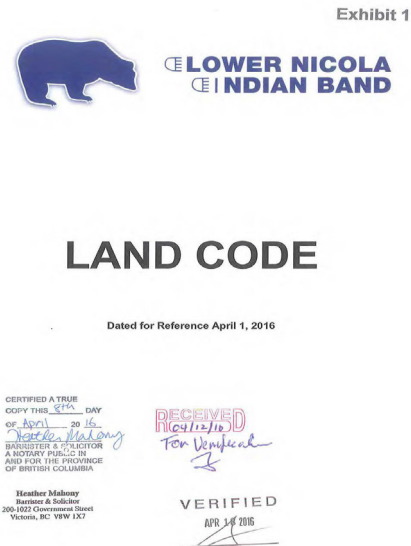
Please refrain from leaving hunting remains, animals' entrails or trimmings up Mamit Lake Branch Road or anywhere near the community / residential areas.

Animal remains attract predators, leaving remains from a hunting trip too close to the community habituates the predators to keep returning for more food. Predators such as coyotes, bears and wolves will keep returning where there is food available to them. Attracting additional predators into the community will create an unsafe environment for children, pets, and all members of the community. Please relocate hunting remains or animal innards outside of the community by leaving them far away from residences or known industry. An alternative to Mamit Lake Branch Road could be up highway 97C, past the industrial park.

LAND CODE UPDATED

The LNIB Land Code was recently amended to correct some typographical errors. These changes do not affect the main content of the Land Code, rather the amendment is simply intended to correct clerical errors that were written in the document. See Page 25 and 26 of the Land Code. Available in hard copy at the Lands Office, or in digital format online at:

Iniblands.net/Land-Code



PUBLIC HEARING NOTICE

LNIB TICKETING & ENFORCEMENT LAW

The LNIB Ticketing & Enforcement Law will be tabled for ratification by the Chief & Council in September 2023 or a following meeting. A Public Hearing for final review of the law by the members has been rescheduled to **September 14th, 2023, at the Shulus Hall at 5:00 pm.**

For digital copies please contact Stephen Jimmie at stephen.jimmie@Inib.net or call 250-378-5157. Paper copies are available at the Lands Office upon request or in the bin outside the office beside the front entrance after hours.

LNIB Ticketing and Enforcement Law

Why We Need Laws

Laws are rules made by the government that forbid certain actions and are enforced by the courts. Laws apply to everyone equally. If you break a law, you may have to pay a fine, pay for the damage you have done, or go to jail.

Imagine the chaos – and the danger – if there were no laws. The strongest people would be in control and people would live in fear. Drivers could choose which side of the street to drive on and no one could stop them. Imagine trying to buy and sell goods if no one had to keep promises. Or trying to hold onto your personal property or even to keep yourself safe if there were no laws against robbery or assault.

Even in a well-ordered society, people disagree, and conflicts arise. The law provides a way to resolve disputes peacefully. If two people claim the same piece of property, rather than fight they turn to the law. The courts can decide who the real owner is and how to protect the owner's rights.

Laws help to ensure a safe and peaceful society. The Canadian legal system respects individual rights and ensures that our society is orderly. It applies the same law to everybody. This includes the police, governments and public officials. All of them must carry out their duties according to the law.

LNIB Ticketing and Enforcement Law

Given the inherent right of LNIB to self-government and stewardship of our lands, and as enabled by the *Land Code*, the Lands Department will recommend that the Chief and Council ratify *LNIB Ticketing and Enforcement Law*. The Law was tabled at a duly convened meeting of Chief and Council on **August 1st, 2023** and will be considered for ratification at a duly convened meeting of Chief and Council on **September 19th, 2023** or a later meeting if required. A Public Hearing for final review of the law by the members is rescheduled for **September 14th, 2023**.

The purpose of the *Ticketing and Enforcement Law* is to enable the fair, effective, and efficient enforcement of all LNIB laws. Enacting an overarching *Ticketing and Enforcement Law* rather than enforcement provisions in each individual law makes sense at this time because of the robust suite of laws that LNIB is developing. This approach allows LNIB to avoid repetition, and possibly confusion, by repeating the same enforcement provisions in different laws. LNIB staff, members, residents and others interested in or affected by our laws must look only to one location for enforcement provisions.

The *Ticketing and Enforcement Law* enables Council to appoint a Justices of the Peace or an Adjudicator, sets out their authorities, and the circumstances under which they must refer matters to a Judge. The law designates Enforcement Officers and sets out their authorities also.

The *Ticketing and Enforcement Law* establishes the requirements for tickets including their form and content, the serving of tickets, payment of fines or disputing tickets, and the process for hearings of disputes. The law lays out a process for instances when a person fails to appear at a hearing or fails to respond to a ticket, including time extensions in certain circumstances and collections.

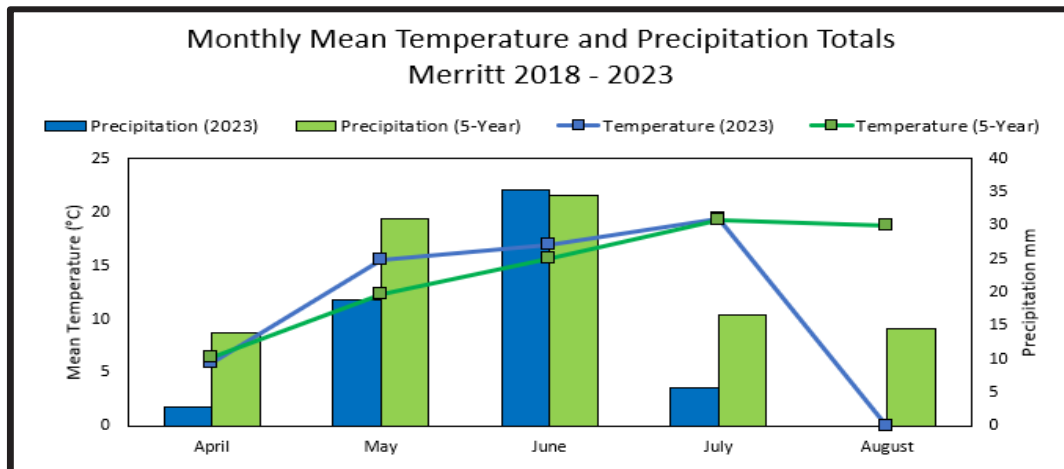
Schedules to the law list all LNIB laws to which the *Ticketing and Enforcement Law* applies, and establishes the applicable fines and penalties for offences.

For more information, please refer to the *Ticketing and Enforcement Law*. Any questions can be directed to the Director of Lands and Housing, Stephen Jimmie (stephen.jimmie@lnib.net). Copies of the Law have been made available on the LNIB website (<https://lniblands.net/Ticketing-and-Enforcement-Law>) or in hard copy at the Lands office.

Thompson Nicola Regional District Mosquito Surveillance and Control Program

01 – 31 July 2023 Progress Report

Overall weather conditions for the Merritt, Nicola and Douglas Lake areas during July 2023 were “drier” than normal and it was the seventh month in a row when precipitation totals were at, or below the 5 year (2018-2022) normal. Total precipitation for July 2023 (5.8mm) was just 35% of normal for the month.



Because of drier winter and spring conditions, and the below average snowmelt, Douglas Lake and Coldwater River levels were moderate and there was no flooding into June or July 2023. Nicola Lake levels were managed/maintained at just below the flood/larval development threshold of 3.2m for the entirety of the summer. As a result, Nicola River levels were also well below the flood/larval development threshold during June and July. Larval development, where it was observed during July 2023 was in permanent ponds and slow draining river oxbows, seepage areas or spring-fed habitats.

Regular sampling throughout the month of July found recurring larval development in a total of 29 different sites. Recurrent larval development was observed at several sites in the Douglas Lake, Quilchena (Nicola Lake) and Lower Nicola areas. Several permanent ponds (Sites DL05b, DL13, DL14, DL16, DL18, DL20, DL21) located in farm fields around Douglas Cattle Ranch were active on 1-3 occasions during July. Several slow-draining and permanent sites (Qu01, Qu02a,c, Qu04, Qu07, Qu08, Qu09, Qu10A, Qu10B) located in the old golf course and adjacent farm fields in Quilchena/Nicola Lake area were also repeatedly active with larval development during July.

- 1 -

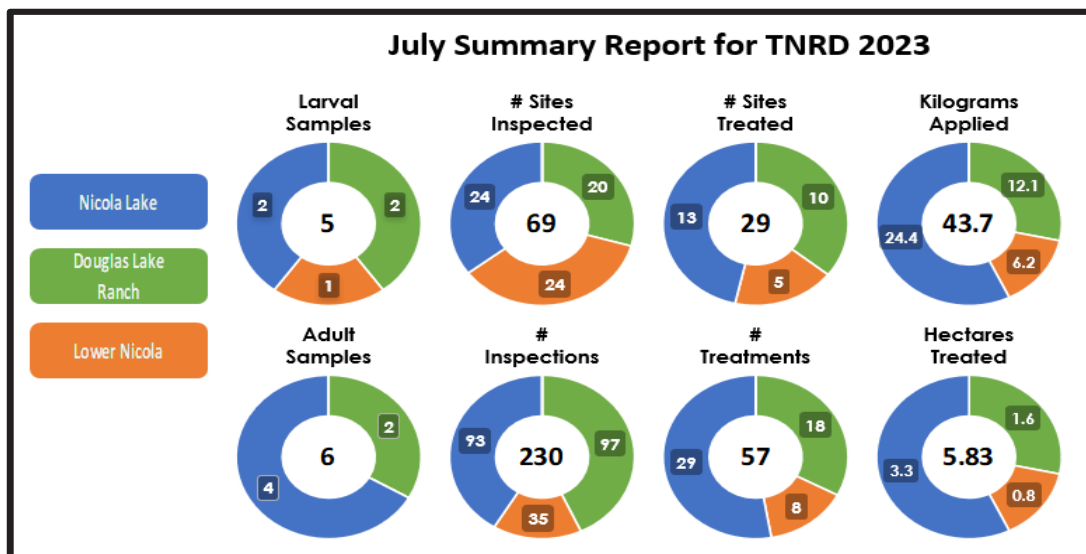


Duka Environmental Services Ltd.

Several sites in the Lower Nicola floodplain, mostly permanent ponds and *Typha sp.* (cattail) swamps were also active with developing larvae on 1-2 occasions during July. Larval populations were highly variable and ranged from 1-30 larvae/dip sample with most sites averaging 3-10 larvae/dip sample.

A total of 230 inspections were completed at 69 individual sites. A total of 57 treatments were completed from the ground to control developing larval populations at 29 different, and active, sites. A total of 43.70 kg of VectoBac 200G were applied from the ground to 5.83 ha of habitat.

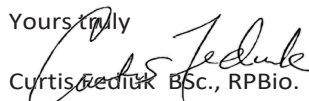
The figure below presents the July 2023 Operational Summary for the area.



Larval and adult sampling and collection by *Duka Ltd.* personnel will continue through till mid-August when field operations will start winding down. Larvicide (VectoBac 200G) treatments will be completed as required, and where necessary to control developing larval mosquito populations.

This progress report has been shared with Lower Nicola Indian Band, the Upper Nicola Indian Band and the Douglas Lake Cattle Ranch. If you have any questions on this update, or require additional information please contact me at your convenience.

Yours truly

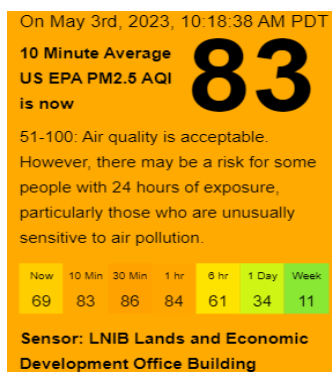

Curtis Feduk BSc., RPBio.
President

- 2 -



Duka Environmental Services Ltd.

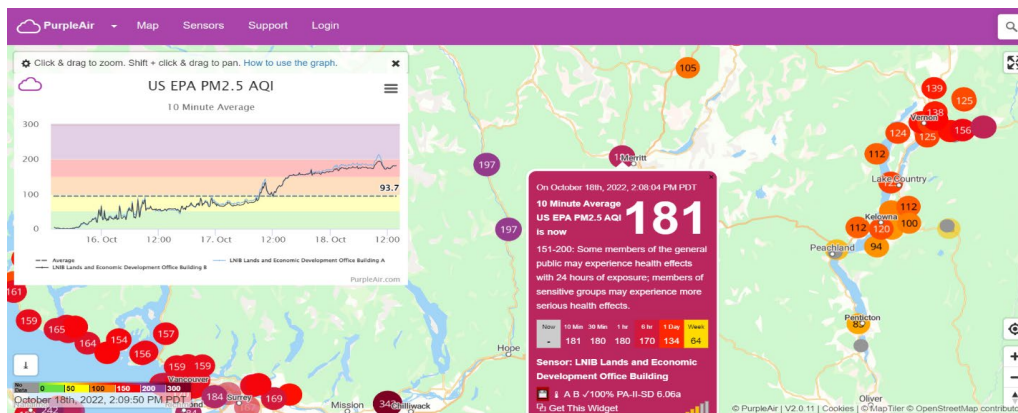
PURPLE AIR MONITOR – AIR QUALITY INDICATOR



Please be advised that a public Purple Air Monitor is available online for anyone to check the quality of the local air in real-time. This monitor provides local health advice based on the current quality of the air.

Please view the real-time interactive map here:

<https://map.purpleair.com/1/mAQI/a10/p604800/cc0#10.26/50.1049/-120.7439> or by simply googling Purple Air and using the interactive map.



Example from 2022 wildfire season

Using the Monitor

A purple air monitor was installed at the Lands and Economic Development office on October 4th, 2022. It is an air quality monitor that measures PM2.5 (particulate matter) in the local airshed.

When you open up the map, scroll to Nicola Mameet and select the sensor labeled: LNIB Lands and Economic Development Office Building. A graph should come up to show air quality trends over time. If you hover your mouse over the bottom left legend, it also has information on health indicators, showing real time data how air pollution conditions and how that may affect public health. The graph itself is interactive and units of measure can be changed, please see the “ How to use the Graph” highlights in blue on the top right portion of the graph.

Air Quality Index

The Air Quality Index (AQI) on the Purple Air Monitor is defaulted to use the U.S. AQI but this setting can be changed in the graph to any AQI preferred.

“Think of the AQI as a yardstick that runs from 0 to 500. The higher the AQI value, the greater the level of air pollution and the greater the health concern. For example, an AQI value of 50 or below represents good air quality, while an AQI value over 300 represents hazardous air quality.” Source: [AQI Basics](#)

Air Quality Index (AQI) Values	Levels of Health Concern	Colors
0 to 50	Good	Green
51 to 100	Moderate	Yellow
101 to 150	Unhealthy for Sensitive Groups	Orange
151 to 200	Unhealthy	Red
201 to 300	Very Unhealthy	Purple
301 to 500	Hazardous	Maroon

Particulate Matter

“Particulate matter (PM) refers to small solid or liquid particles floating in the air. These particles can be made up of different substances like carbon, sulphur, nitrogen, and metal compounds.

Generally, smaller particles are thought to be more harmful to health than larger particles. Small particles can move deeper into the respiratory tract, including the lungs. For this reason, fine particles that have diameters less than 2.5 micrometers (PM2.5) are linked to more serious health effects than larger particles. PM2.5 is about one-eighth the diameter of a human hair.”

Source: [Particulate Matter and Outdoor Air Pollution](#)

Particle Pollution

“How can particle pollution affect my health?

Particle pollution can affect anyone, but it bothers some people more than others. People most likely to experience health effects caused by particle pollution include:

People with heart or lung diseases (for example, asthma)

Older adults

Babies and children

Read more about the [health impacts of PM](#).

If you have asthma, particle pollution can make your symptoms worse. Carefully follow your [asthma management plan](#) on days when pollution levels are high.”

Source: [National Center for Environmental Health](#)

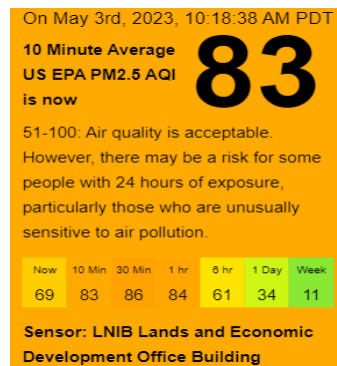
For more information on particulate matter and your health, visit the following:

B.C. Ministry of Environment –

BC Air Quality www2.gov.bc.ca/gov/content/environment/air-land-water/air

The Lung Association <https://www.lung.ca/lung-health/air-quality-0>

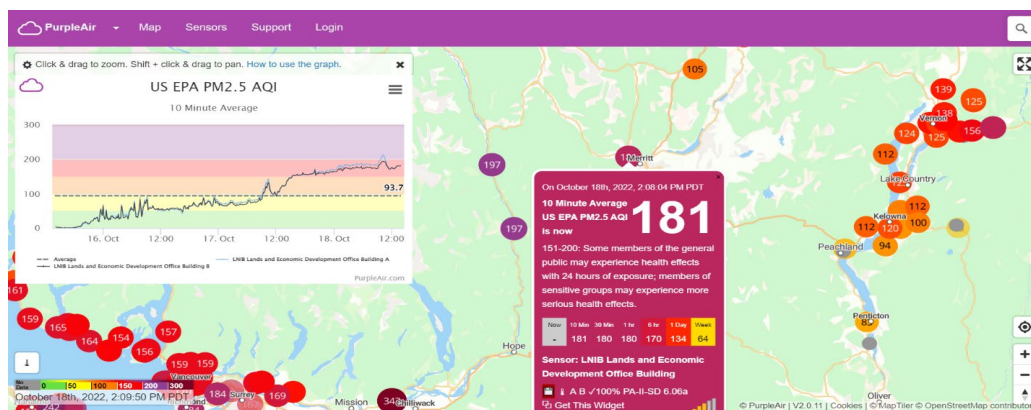
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The Lung Association <https://www.lung.ca/lung-health/air-quality-0>



Jordana McIvor | Housing Administrator

250 378 5157 | Jordana.mcg@lnib.net

LNIB HOUSING

Find information about the LNIB Housing online at lnib.net/housing

The Housing Department is responsible for managing the housing program, including property management functions, planning and construction of new houses, maintenance and upkeep of the housing stock, the relationship with Canada Mortgage Housing Corporation, First Nations Market Housing Fund, and Indigenous Services Canada (ISC).

THE HOUSING TEAM

Jordana McIvor-Grismer

Housing Administrator
jordana.mcg@lnib.net

Email Jordana about the First Nation Market Housing program, as well as external renovation and building funding options, needs and requirements.

Ashley DeGray

Tenant Relations Coordinator
ashley.degray@lnib.net

Email Ashley for details regarding rent collection, housing maintenance, LNIB Rental Housing Policy, and general housing questions.

Maxwell Bose

Housing Administrative Assistant

Mel Blankinship

Housing Maintenance

Brendan Colter

Housing Maintenance Assistant

Jon Moore

Housing Maintenance Assistant



Contact Housing by phone or email or visit us at the Main LNIB Administration Building.

ATTENTION HOUSING TENANTS

Please be advised that according to the Lower Nicola Indian Band Animal Control By-Law there is a limit on the number of animals per dwelling. Every home is only allowed to keep **A MAXIMUM OF 4 ANIMALS** consisting of dogs and cats or similar sized domestic animals with **A MAXIMUM OF 2 DOGS** per house. The multi-plex buildings including the 8-plex and 4-plex buildings are not permitted to have any animal living in the units. Also, all pets are to be vaccinated and should be spayed or neutered. We want to provide a safe environment for our members as well as their animals.

Thank you for your cooperation and understanding.

RAPID HOUSING INITIATIVE UPDATE

On-site Activity

The new 14-unit apartment building is coming along nicely. The structure is basically complete, and it will be having the siding, roof, electrical, plumbing and septic installation being completed over the next while. We appreciate your ongoing cooperation and diligence regarding community safety around the site and on the roads with the increased activity in the area.

Questions about the project?

Contact the **Housing
Department**

250-378-5157





HOUSING ANNOUNCEMENT

SEPTIC SYSTEM MAINTENANCE

Your septic system is a living ecosystem, and you need to do your part to ensure it is healthy and working as it should.

Never put anything down the drain or toilet that will not biodegrade, including but not limited to, wipes (Lysol, baby, etc.), clothes, bottles, feminism products, paper towel, plastic, etc.

Don't use chemicals like bleach as it kills the good bacteria that breakdown the solid waste.

Space out your water consumption so the tank and drain field are not overwhelmed. By this we mean don't do excessive loads of laundry in a day, have extended showers, leave your tap running unnecessarily, etc.

The drain field (or leach field) is the area on your property where wastewater from your septic system is dispersed into the soil. To avoid damaging the drain field and overall functioning of the septic system; - Never park a vehicle, build a structure, have large livestock animals, have fires, or plant trees or a garden over your septic system's drain field - You should also prevent excess water from flowing over your drain field by making sure your downspouts are pointing away from it because a saturated field cannot drain and process wastewater.

These are some of the simple steps that can save time and money and extend the life of your septic system.

HOUSING DEPARTMENT: VACANT UNIT UPDATES

We currently have two vacant units available. One has some minor updates and repairs that are needed and the other is getting very close to being ready for move-in! These units will be available for rent once repair work is complete. The LNIB Housing team will be in contact with the next eligible family on the housing rental waitlist soon. We appreciate your patience and understanding as we prepare these units for move-in.



VEHICLE REMOVAL

We are excited to be partnered with Kamloops Auto Recycling and Mario's Towing for scrap vehicle removal in all our LNIB communities. Keeping our communities clean of old vehicles assists with potential environmental concerns that could arise from batteries, tires, old paint decaying and releasing hazardous substances into the environment. Things like coolant, old oil and other liquids can leak over time, seep into the ground, and contaminate the ground water. We would love to get these old vehicles cleaned up to keep our community healthy for generations to come!

If you have multiple vehicles, you would like to be picked up you can call **Kamloops Auto Recycling 250-574-4679**.

If you have single vehicles, you would like to be picked up you can call **Mario's Towing 250-378-9241**.

REMINDER TO ALL TENANTS

If you need to change the locks on your unit for any reason, please ensure that the Housing Department has been notified and provided prior written consent. You are also required to provide the Housing Departments with a key ensure the maintenance team will still have access to the unit in case of an emergency. Otherwise, this can be considered a breach of the rental agreement and a Notice of Breach may be issued.

We appreciate your cooperation on this matter and should you have any questions or concerns please feel free to contact us at 250-378-5157.

Free Energy-Saving Upgrades



Help your community members save money and increase the comfort of their homes.

The Energy Conservation Assistance Program (ECAP) provides qualified* community members of First Nations Bands with FREE home energy assessments and no-cost installation of energy-saving products.

Products installed may include:

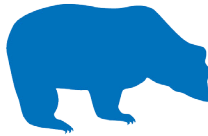
- > Energy-saving light bulbs
- > Water-saving showerheads & faucet aerators
- > Door weatherstripping

*"The contractors did a great job and were more than accommodating."
Colin – Haisla Nation Council*

Community members living in houses and townhouses may even qualify for an ENERGY STAR® fridge and insulation installed in their crawl space, walls and/or attic.

Get started today! **Contact Jordana McIvor–Grismer in the LNIB Housing Department.**




All on reserve houses are eligible for the initial energy assessment. This will provide you with some of the above listed products and will determine your eligibility for other upgrades.



ATTENTION LNIB MEMBERS AND COMMUNITY MEMBERS!

Mark this on your Calander!

Garbage Days are as Follows:

Monday	 Shulus Village and Springs
Tuesday	 ALL 97C  Band School  Soup Kitchen
Wednesday	 RECYCLE DAY <i>For more information on what can be recycled, please visit Recycle BC at www.recyclebc.ca</i>
Thursday	 Joeyaska  Zoht  Soup Kitchen
Friday	 Rocky Pines  Shulus Village and Springs

Please contact the Public Works Department for any questions at 250-378-5157



Lower Nicola Indian Band

September 2023

EDUCATION DEPARTMENT

LNIB School/K-12/PSE/Head-Start/Career-Development

Shane's Submission

Welcome Back From Summer LNIB Membership!!

We hope everyone was able to find time to connect with family and friends over the past couple of months...we also hope all students who are either returning or starting their academic journey this year have transitioned into their programs successfully...September is always an exciting month for those of us within LNIB Education and we look forward to supporting our members for the 2023-2024 year!

If you enjoy watching volleyball, basketball, track, and other school team sports I am proud to share LNIB School will be involved in this year's competition with other schools — most with SD58 but other opportunities could take place as well — a very exciting addition to our school programs/services that we plan to grow on each year! If you wish to learn more about other opportunities that will take place at our school this year please call School Principal Leroy Slanzi and he will gladly share this information with you.

Another area within our sector we plan to build on this school year is our Head-Start Program that is currently running 4 days per week at our school. Over the past few years we have made a few positive changes to the program that has ensured ALL LNIB YOUTH have been able to take part including our program running all summer which has not been offered for a long time; however, we know there is much more we can be providing for our members and collaborative measures will be taking place to ensure we create/reach these new goals together. Anyone interested in learning more and/or being part of our collaboration please contact me directly at 236-575-2135 or email Shane.Coutlee@lnib.net

As always if you have any thoughts or ideas to share with me I can be reached directly at 236-575-2135 talk/text or via email Shane.Coutlee@lnib.net

Sector Leadership

Director of Education
Shane Coutlee

LNIB School Principal
Leroy Slanzi

Culture/Language
Admin Angie Sterling

Education Manager
Sharon Parsons

Head-Start Manager
Tamika Bob

LNIB Education



MESSAGE FROM LNIB SCHOOL PRINCIPAL

Dear LNIBS Families,

Welcome back to another exciting school year filled with endless opportunities for growth, learning, and fun! We hope you had a fantastic summer break, filled with beautiful memories and adventures.

First and foremost, we want you to know that our dedicated team is here to support and guide your children through this educational journey every step of the way and will support your family in any way we can.

This year, we have planned a variety of exciting activities and programs that will ignite curiosity, foster creativity, and nurture your kids many talents. Our athletics program is expanding, and our culture and language program is going to be even stronger as teachers are participating in the learning even more so this year.

At LNIBS we strongly believe that education encompasses not only academic excellence but also the development of character, empathy, and resilience. We are going to do our best to create a safe and inclusive environment where everyone feels valued, respected, and heard. We strongly encourage you to approach this school year with an open mind and a positive outlook at all the possibilities this school year will bring.

Parents and guardians, we encourage you to stay connected with us throughout the year and to not hesitate to reach out if you need any support from us or have questions about your child's education.

See you soon 😊

Leroy Slanzi
Principal
Lower Nicola Indian Band School (LNIBS)

LNIB EDUCATION
DEPARTMENT

SHARON PARSONS
EDUCATION PROGRAMS MANAGER



sharon.parsons@lnib.net



(250) 378 – 5157

OR

(236) 575 - 2105

2160 SETTLERS ROAD
HWY 8



Hello everyone,

Congratulations to the successful LNIB scholarship recipients. Please check out the list of students in this newsletter.



We said 'see you next year' to our summer student workers, Lenessa Seward & Hannah Manuel. They did a fantastic job helping with the behind-the-scenes type of work in the office. And their help planning, scheduling, and supervising for another successful Summer Program was very much appreciated. We could not have done it without them.

Good news! Lenessa Seward has accepted a position with the LNIB Education Department. She is the new Education Reception/Admin Assistant. She will be the pleasant face you see when you walk in the door.

Yes, September and the first day of a new school year is coming up fast. LNIB Education continues to provide financial support for school supplies & school related fees. Come in to fill out the forms or call the office to get the forms sent to your email. You may also be eligible for support with extracurricular registration fees. Call the office if you need more information.

Feel free to contact the Education office for more information on post-secondary, trades, employment training & certification.

Until next time, Humelth



THE UNIVERSITY OF BRITISH COLUMBIA
Faculty of Medicine

UBC's

2023 MINI MED SCHOOLS

PRINCE GEORGE

September 16, 2023
at the University of Northern British Columbia

KELOWNA

September 23, 2023
at the University of British Columbia Okanagan



Our inaugural Mini Med School Pre-Admissions Workshops for **Indigenous and Black** pre-med students aren't just for those who are attending university — it's also for students in grades 11 and 12 who want to explore what it means to attend university and embark on a journey to becoming a healthcare professional.

**FOR MORE INFORMATION & TO REGISTER ONLINE CLICK
THE FOLLOWING LINK:**

https://ubc.ca/qualtrics.com/jfe/form/SV_24r8HHk5VVy9Ily

DEADLINE FOR REGISTRATION IS SEPTEMBER 8, 2023

The Lower Nicola Indian Band – Education Department would like to congratulate the following award recipients:

LNIB STUDENT EXCELLENCE AWARD 2023!

Credential Category:

Graduate (Masters/Doctorate)

Ayana Brown
Alice Grismer (Jaime)
Shannon McIsaac (Jackie)

Undergrad Degree

Brodie Sterling
Kirstyn Isaac
Ngaia Brown
Leo Charlie
Emma Rettenbacher
Andrea Shintah
Angel Sterling
Sondra Tom
Juliet Webster

High School Student

Kelsey Starrs
Maya Starrs
Ethan Stirling
Adeline Seward

SPECTRA ENERGY SCHOLARSHIP 2023!

Credential Category:

Graduate (Masters/Doctorate)

Ayana Brown
Alice Grismer (Jaime)
Shannon McIsaac (Jackie)

Undergrad Degree

Kirstyn Isaac
Ngaia Brown
Leo Charlie
Leona McIsaac
Emma Rettenbacher
Andrea Shintah
Angel Sterling
Brodie Sterling
Sondra Tom
Juliet Webster

Diploma

Tylar Clark
Miya Coutlee
Ryan Silvey

Certificate

Moses Moore

High School Student

Maya Starrs
Ethan Stirling

KWOIEK CREEK HYDRO SCHOLARSHIP 2023!

Credential Category:

Graduate (Masters/Doctorate)

Ayana Brown
Alice Grismer (Jaime)
Shannon McIsaac (Jackie)

Undergrad Degree

Kirstyn Isaac
Ngaia Brown
Leo Charlie
Leona McIsaac
Emma Rettenbacher
Andrea Shintah
Angel Sterling
Brodie Sterling
Sondra Tom
Juliet Webster

Diploma

Tylar Clark
Miya Coutlee
Ryan Silvey

Certificate

Moses Moore

High School Student

Maya Starrs
Ethan Stirling

"BACK to SCHOOL 2023-2024"

SEPTEMBER IS AROUND THE CORNER!

LNIB EDUCATION DEPARTMENT SUPPORTS
LNIB MEMBERS WITH SCHOOL START UP
FUNDS.

Applications can be picked up & dropped off at
LNIB EDUCATION OFFICE
2160 SETTLERS ROAD
Or have it sent by email.

For more information
phone 250-378-5157
or EMAIL

sharon.parsons@lnib.net or gail.larochelle@lnib.net

LNIB Education Department – Gail La Rochelle – PSE/Trades/Training Coordinator



Hi Y'all

I hope everyone was able to get out, do some fun activities and enjoy a wonderful summer holiday. Even with all the forest fires and a major drought, summer went by just way too fast.

Welcome back to another year of school. Elementary, Secondary and Post-secondary student, I hope the start of the new academic year went smoothly. A successful future starts with an Education. Have a wonderful school year.

To all PSE students, new and returning, contact your post-secondary institution's financial aid office for information on their entrance bursary and all the internal and external scholarships that are available through your school. You would be surprised at how many scholarships are out there that no one applies for. If you need any assistance with completing any forms, please contact our office. I will send out links to scholarships and bursaries throughout the year.

We are still very busy at the Education Office. Ensuring all the elementary and secondary start-up forms are processed in a timely manner. Going over the funding for post-secondary students, getting up-to-date banking information and updating the student's information in the files. Also completed the Annual Register Report on all PSE students to Indigenous Services of Canada.

Congratulations to all the PSE and High School students who were recipients of and were awarded one or all the LNIB Scholarships.

LNIB School start-up forms for on or off reserve members are still available. Stop by the office or send us an email and a copy can be emailed to you.

To all High School and PSE graduates in the area that haven't picked up your grad gift at the Education office, it is still here. Stop by the office and pick it up or plan to have a family member pick it up. Out of town grads will have their gift mailed or sent by Purolator.

To all Membership in the Nicola Valley and away from the area, if you find a program or course you are interested in taking, such as first aid, a post-secondary course, skills training for employment, or an online course, we are here to help you with the process. We can also help create or update your resume. Contact our office to find out how we can support you.

Give our office a call or email to ensure we have your current up-to-date contact information.

Until next month, stay safe, and be good to one another.

Gail La Rochelle

Phone: 250-378-5157

Email: gail.larochelle@lnib.net

LNIB Education

ýè tə síłqít - good day
Culture Programs with
Carole Basil



Fall Equinox Pipe Ceremony
 With Johnny Jackson
 Sept 20th, 2023
 9:00am – 11:00am

Orange Shirt Walk Friday Sept
 29, 2023 Start at Band Hall
 10:30am Finish at Shulus Arbor
 Light lunch provided.



Drop in Beading with Carole:
 Come work on your beading or start a
 New project.
 Tuesday Sept 12th, 19th and 26th
 9:30am to 12 (noon)

Hand Drumming
 with "Skiellst" Paul Joe
 Tuesday Sept 19th and 26th
 5:00pm to 7:00pm
 At the Rocky Pines Community Centre

Drop in Craft Night
 Wednesday Sept 13th and 27th.
 At the Culture Centre
 4:00pm to 7:00pm



Please call or text Carole 250-315-9158 to register for any of these
 events or if you require more information.

September 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
4 All offices closed. Labour Day	5 Monk Park Picnic 10:00 – 2:00 pm	6 Dinner & Movie RP Comm Center 5:00 – 7:30 pm	7	8	9	10
11	12 Clothing Exchange 4:30 – 7:00 pm RP Comm Center	13 Grandmother Group 1:00 – 4:00 pm RP RP Comm Center	14 Gift Card Bingo 9:00 – 12:00 pm RP Comm Center	15	16	17
18 Crafts 10:00 – 3:00 pm RP Comm Center	19 Pizza & Bowling 12:00 – Merritt Please sign-up	20 Elders Luncheon 12:00 pm Activities Trailer	21	22	23	24
25	26 Crafts 10:00 – 3:00 pm RP Comm Center	27 Baking 1:00 – 4:00 pm Activities Trailer	28 Bake Sale 11:00 – 1:00 pm Health Center	29	30	

ELDERS CALENDAR

Lani MacKenzie
Elders Coordinator
(250) 378-5157

Buildings with Activities
Rocky Pines Community Center
Health Center
Activities Trailer



Presented by FNHA Harm
Reduction Team

NOT JUST NALOXONE TRAINING

October 11 & October 12, 2023

Rocky Pines Community Centre
9:00 am – 3:00 pm

Free Event

Not Just Naloxone (NJN) is a two-day train-the-trainer program aimed at teaching people how to have safe conversations about substance use in First Nations Communities

Topics of discussion include:

- Learn about key clinical and non-clinical definitions
- Examine the statistics and trends of the toxic drug crisis, particularly as they relate to First Nations and other Indigenous peoples and demographics.
- Examine the origins of prohibition laws in the context of colonial Canada. Why are some substances legal and some illegal? Who creates these policies? Can they be unmade?
- Decolonizing Substance Use
- Indigenous Harm Reduction
- Naloxone Training Provided, practice on how to confidently administer both intramuscular (IM) and nasal naloxone.

CALL TO REGISTER:

Irene Howe (250) 378-7340
Asia Elliott (250) 936-8527

LUNCH WILL BE PROVIDED



L.N.I.B MEMBERSHIP



REPATRIATION COMMITTEE

**Wednesday, September 13
5:00 - 7:00 pm**

Topics Include:

- * Museum Studies
- * Language
- * Culture
- * Traditional knowledge
- * Cultural protocols at all levels.

Shulus Hall

Our ongoing repatriation project has been active in the study of research methods, identification, analysis of museum objects with the intent to learn, and revitalize various aspects of our culture.

If you are interested call Robert Sterling
(250) 315-3206



Henle,

My name is Richard Jackson Jr and I have been hired with the Lower Nicola Indian Band as the Employee Recruitment, Training and Employee Assistance Program Coordinator.

My parents are Late Richard Jackson Sr from Shulus and my mother is Myrtle Soyat from Alaska. And my grandfather is Isaac Jackson from Shulus and my grandmother is from Lizette Saddleman from Quilchena. I'm very honored to start my new journey with LNIB and looking forward to meeting everybody in our community. I moved back to Shulus 1984 with my two daughters who are both LNIB members and 7 grandchildren.

To name a few of my responsibilities;

- Is recruiting and help maintain and update recruiting procedures.
- Supervise the recruiting process.
- Interview selection committee's.
- Ensure Cultural awareness practices are followed at LNIB.
- Attend Chief & Council Meetings as requested.



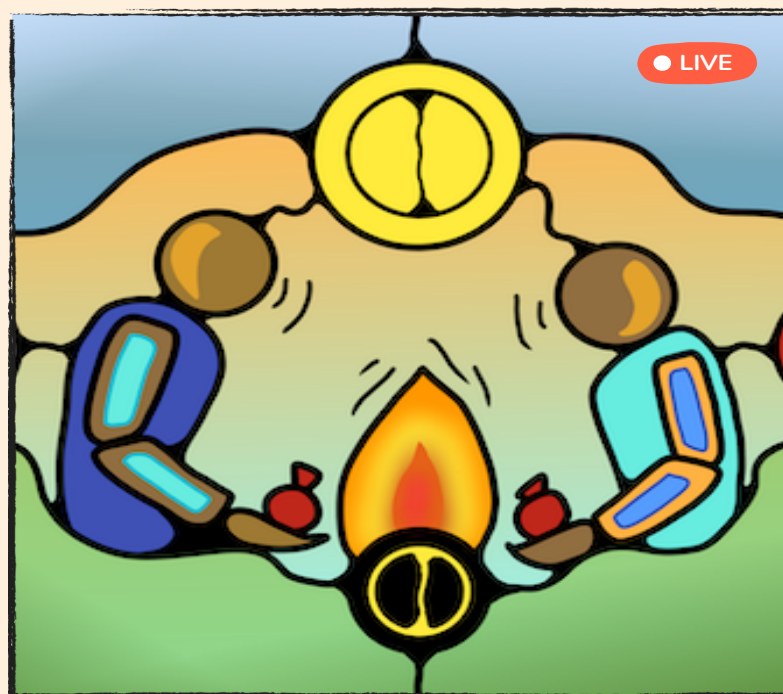
My office is located at the main office if you would like to drop by and meet me. My email is richard.jackson@lnib.net or phone (250) 378-5157.

All my relations,
Richard Jackson Jr



FALL EQUINOX PIPE CEREMONY

WITH JOHNNY JACKSON



9AM TO 10:30 AM, WEDNESDAY

SEPTEMBER 20TH

For more information
Please Contact Carole Basil
LNIB Culture Coordinator
250-378-9158

PROUD TO BE
LNIB
Lower Nicola Indian Band



**LOWER NICOLA
INDIAN BAND**

Friday September 29th – Orange Shirt Walk

10:00am Band Hall

Walk to the Shulus Arbor

Light lunch at 11:30am

For more information call

Carole Basil – LNIB Culture Coordinator

250-315-9158





**LOWER NICOLA
INDIAN BAND**

HAND DRUMMING

Tuesday September 19th

**5:00PM
TO
7:00PM
ROCKY PINES COMMUNITY
CENTER**



CONTACT:

**Carole Basil LNIB Culture Coordinator
250-378-9158**

N95 masks are available at the Health Centre for anyone who wishes to wear one during this time of poor air quality.

During smoky conditions:

- Stay indoors: Reduce time spent outside to protect your health
- Reduce outdoor physical activity: Refer to the [Air Quality Health Index](#) and decrease physical exertion when air quality is poor
- Consider wearing a well fitted respirator if you cannot access cleaner air: [Use a well fitted respirator](#) (e.g., N95, KN95) to reduce exposure to particulate matter in smoke





BCSPCA

SPEAKING FOR ANIMALS

Jamie Wiltse
 Special Provincial Constable
 Animal Protection Services
 2816 Tranquille Road
 Kamloops, BC
 V2B 0H9

Phone: 250-376-7722
 Cell: 250-460-2449
 Animal Helpline: 1-855-622-7722
 Email: jwiltse@spca.bc.ca
spca.bc.ca/kamloops

 [bcspca.kamloops](https://www.facebook.com/bcspca.kamloops)
 [bcspca_](https://twitter.com/bcspca_)
 [bcspca](https://www.instagram.com/bcspca)





**47th Elder's Gathering,
Vancouver, B.C.**



LNIB Elders attended the 47th Elder's Gathering, Vancouver, B.C.

LNIB ELDERS LUNCHEON

**SPONSORED BY: INFRACON,
LNSS, LNIBDC & OMH**





All LNIB Offices will be

CLOSED

***September 4, 2023
for Labour Day***

***Offices will reopen to regular hours
Tuesday, September 5, 2023
8:30 am - 4:30 pm***

If you have an emergency, please call

Administration: (250) 631-7056

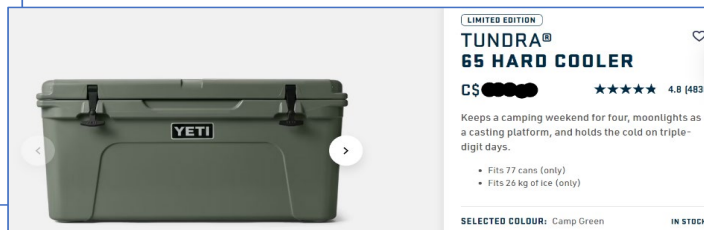
Health & Social: (250) 378-1573

Public Works: (250) 315-8184

Housing: (250) 575-2014

We are looking to engage LNIB membership and residents in a brief survey to give direction on how the Shulus Community Garden might be best suited to serve our community. Prizes will be drawn on September 15th and will be a 15' Trampoline and 65-liter Yeti Cooler 😊 so get your survey in early! We appreciate your feedback and guidance LNIB, thank you!

A digital version of the Shulus Community Garden Survey is also available here for your convenience:
<https://forms.office.com/r/3CjT1it9Rk>



Please pickup + return hardcopies to Lorna Shuter through the Administration Office, Lands and Economic Development Office, Shulus Garden or the Rocky Pines Community Centre, or by taking a picture of the front and back and emailing Lorna.Shuter@LNIB.net or texting 250-936-8365.



Shulus Community Garden – Survey for Membership Input

August/ Sept 2023

1. Are you aware of the Shulus Community Garden on LNIB IR#1?
Any comments (thoughts and ideas welcome): **Yes - No**
2. Have you visited the garden this growing season? **Yes - No**
☐ visited
☐ volunteered
☐ worked
☐ for training
☐ other _____
3. Have you received produce (fresh vegetables etc) from Shulus Community Garden before? **Yes - No**
4. Have you received food or goods (honey, dried herbs, etc) from the garden before? **Yes - No**
☐ purchased food / goods
☐ used food voucher
☐ both (voucher and purchased)
5. Have you received food or goods from the garden in 2022/2023? **Yes - No**
6. If a farmstand existed on Highway 8 near the Arena, would you purchase seasonal veggies? **Yes - No**
 b) Would you purchase seasonal fruits (peach, cherry, apple, berries)? **Yes - No**
 c) Would you also be interested in purchasing (please circle below):
☐ honey
☐ preserved fruit (canned, dried)
☐ veggies
☐ chicken eggs
☐ pickled veggies
7. What would you like the garden to grow? Please list: _____
8. Would you be interested in signing up for a seasonal food box (food delivery to your doorstep)? **Yes - No**
9. If yes; What would you like to receive in a 'Food Box' (food delivery to your doorstep)?
☐ Local seasonal veggies + produce
☐ veggies + local fruit from interior BC
☐ veggies, fruit, local meat from the Nicola Valley
10. Have you taken any training or workshops at the Shulus Community Garden? **Yes - No**

Thank you for your feedback and helping to plan the future of Shulus Community Garden,
 your feedback is what matters to us at LNIB!

Shulus Community Garden – Survey for Membership Input August/ Sept 2023

What year(s) did you take training/workshop/class? _____, _____

- a) Would you take basic (or advanced) gardening training if offered free? **Yes - No**
- b) Would you take cooking classes w/ seasonal veggies from Shulus? **Yes - No**
- c) Would you be interested in learning to preserve or dehydrating fruit / veggies? **Yes - No**
- d) Would you interested in learning meat or fish drying and curing? **Yes - No**
- e) Would you be interested in Bee Keeping (apiculture) courses? **Yes - No**
- f) Would you be interested in traditional medicinal plant workshops hosted at the garden? **Yes - No**
11. Did you know a mental health 'green space' with our traditional (medicine) plants existed at the Shulus Community Garden? **Yes - No**
12. Did you know that you can harvest the traditional medicine plants at the garden? **Yes - No**
13. If family garden plots were offered at the garden, would you use them? **Yes - No**
14. If garden boxes were offered at houses would you like one at your home? **Yes - No**
15. Do you see value in our youth learning to produce their own food locally? **Yes - No**
16. Would you be interested in volunteering with youth in the garden? **Yes - No**
17. If Yes; What skills, knowledge or experience would you like to share to LNIB youth? (gardening, preserving, fish drying, traditional plant use and knowledge, raising animals)? Please explain: _____
18. Would you be interested in learning animal husbandry at the garden? (cows, sheep, goat, chicken, turkey, llama, alpaca)? Comments/ideas:
19. Do you want the Shulus garden to continue to exist? **Yes - No**
20. Do you see value in the Shulus Community Garden continuing in the future? **Yes - No**

Further Comments:

Name (for prize draw):

Phone Number:

Email (if desired):

Please pickup + return to Lorna Shuter through the Administration Office, Lands and Economic Development Office, Shulus Garden or the Rocky Pines Community Centre, or by taking a picture of the front and back and emailing Lorna.Shuter@LNIB.net or texting 250-936-8365. A digital version of the Shulus Community Garden Survey is also available here for your convenience: <https://forms.office.com/r/3CjT1it9Rk>

Thank you for your feedback and helping to plan the future of Shulus Community Garden, your feedback is what matters to us at LNIB!



Recreation Calendar

September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	
3	4 Stat	5 Gold panning 2:30 – 5:00 pm	6 Hiking 2:30 – 5:00 pm	7 School Gym 2:30 – 5:00 pm	8	
10	11 Youth Center 2:30 – 5:00 pm	12 Bowling 2:30 – 5:00 pm	13 Skate Park 2:30 – 5:00 pm	14 Movie Night 2:30 – 5:00 pm	15	
17	18 River Visit 2:30 – 5:00 pm	19 Gold Panning 2:30 – 5:00 pm	20 Hiking 2:30 – 5:00 pm	21 School Gym 2:30 – 5:00 pm	22	
24	25 Youth Center 2:30 – 5:00 pm	26 Bowling 2:30 – 5:00 pm	27 Skate Park 2:30 – 5:00 pm	28 Movie Night 2:30 – 5:00 pm	29	

Recreation After School Program Application Forms Are Available At LNIB Main Office, And LNI Health Center. For more information Contact Jacint at: jacint.majlath@lnib.net
 Programs Can Change Due To Weather! Or: (250) 575-0569



Jumbo Raisin Cookies

Ingredients

2 cups raisins
1 cup water
3 ½ cups all-purpose flour
1 teaspoon baking powder
1 teaspoon baking soda
1 teaspoon salt
½ teaspoon ground cinnamon
½ teaspoon ground nutmeg
1 cup shortening
1 ¾ cups white sugar
2 eggs
1 teaspoon vanilla extract
½ cup chopped walnuts



Place water and raisins in a small saucepan, and bring to boil. Boil 3 to 4 minutes. Set aside to cool.

Preheat oven to 375 degrees F (190 degrees C). Grease cookie sheets.

Combine flour, baking powder, baking soda, salt, cinnamon, and nutmeg; set aside.

In a large bowl, cream together shortening and sugar. Beat in eggs and vanilla. Stir in raisins along with the liquid in which they were boiled. Blend in flour mixture, then mix in the walnuts. Drop by tablespoonfuls onto the prepared cookie sheets.

Bake for 12 to 15 minutes in preheated oven, or until firm. Remove from cookie sheets to cool on wire racks.