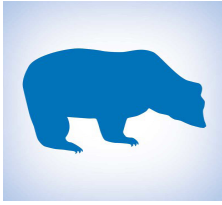


# Lower Nicola Indian Band

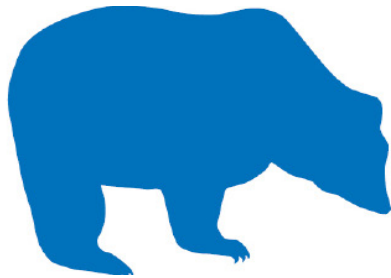
## June 2023



N?e?iyk Spíləm







# **LOWER NICOLA** **INDIAN BAND**



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### Message from the kwúkʷpi? Stu Jackson

heñle? band members and community members. I hope each of you are doing well and staying healthy. It is hard to believe that we are on our way into the summer season. It doesn't seem that long ago that we were dealing with cool temperatures and winter tires. I am so happy that our weather has been relatively cooperative so far. Our freshet season was manageable, however, there were some concerning times with Guichon Creek regarding water levels and flows. I have driven out on LNIB lands to observe our waters and I think it is fair to say that our freshet is now complete. I have been checking the upcoming temperatures and we will be dealing with extensive heat in the coming days. I strongly urge each of you to be mindful of the temperature increase and to do the appropriate things like staying hydrated, use sun screen if you head outdoors and take care of your pets. It is so important to keep an eye on your pets in the weeks to come. Be sure they have appropriate shade and water as the summer heat makes its presence in our valley. If you plan to bring your pets with you in your vehicle, please be sure to have suitable airways and ventilation for your pets. Keep your windows opened don't leave your pets in your vehicle for long periods of time. Summer is a fun season so let us all enjoy it with friends and family.

I wanted to share with all of you a very special ceremony that I witnessed and participated in last weekend. On Sunday, May 28th, I was very honored and privileged to attend the Nicola Valley First Nations Veterans unveiling ceremony. I was very pleased to see what seemed like hundreds of people in attendance. Veterans and local leadership were led into the site by Grand Chief Percy Joe as well as hand drummers and local horsemen. It was truly something I will never forget. For those of you that may not know where the veterans monument is situated, it is located by the Shulus pow wow arbor on the west side of the Shulus reserve. We were also honored to begin the ceremony with two very powerful prayers from highly respected elders, Art Sam and our very own Gloria Moses. There was a lot of hard work that that needed to be done to make this ceremony happen. Carol Holmes along with members of the Veterans committee did a lot of heavy lifting to organize and bring the veterans monument to life. Please feel free to stop by the new monument and cenotaph and look at all the hard work that had to take place to make the site an area that we can all be very proud of. A big shout out to the Chief and Council for their full support in this endeavor. This site could not have happened without the tireless efforts of our Lands Department team as well as our Public Works and Infrastructure team. Thank you to everyone that contributed.

Fire season is here, and we need to be cognizant of this. With extreme heat temperatures on the rise, we need to be diligent and mindful. Cigarettes and carelessness of fires can cause severe damage as I am sure we are all aware. Let us be sure and aware of fire bans if we decide to go camping and want to light a fire. Let's be sure we have a plan before we light a fire if lighting a fire is necessary. We need to protect our lands and not hurt our lands. If you have any questions regarding fire and safety concerns, please do not hesitate in calling the band office or the LNIB Firehall. Fire Captain, Hayley Parsons would be happy to speak with anyone regarding any concerns they may have.

I hope you all enjoy the beginning of summer. School will be out soon and that means we will have children out and about more regular during the day so please be mindful of our neighborhoods and our driving habits. Obey all signs in and around our community's. We want our children to feel safe as they enjoy their summer holidays. Take care everyone. Stay safe and be well.

kwúkʷscémxw kwúkʷpi? Stu Jackson





Dear LNIB Members,

I am pleased to present our monthly report for May 2023. LNIB continued to be busy on several initiatives.

**Here are some of the things we have been working on:**

**Covid-19 Financial Aid:** Chief and Council passed a motion on January 17, 2023 to do a final Covid-19 financial aid to all registered band members in the amount of \$300.00. Forms are available to fill out at the Band Office you can also phone and request the form be filled out over the phone. As of May 25, 2023 there were 984 payments processed out of 1,426. Leaving 442 members who have yet to apply and receive their payment. Encourage your family members to phone the band office for assistance in submitting their application. This is a benefit to on and off reserve members phone the band office if you require assistance filling out your form.

**Upcoming Training and Workshops:** LNIB Sponsored Driving Lessons an application can be submitted to Steve Wilks and you wait for your approval then your lessons can be booked. Indigenous Agriculture Training Program

opportunities coming up in July and August will be Farm Equipment Training/Safety, WHIMIS, First Aid, Food Safe, Introduction to Bee Keeping, Food Preserving, Growing Food Crops and Green House Course. Watch for details for these opportunities. Hospitality Work Skills and Training Program will be in Hope July 3-9, 2023. There are many more opportunities arising keep checking the website for updates.

**First Nations Drinking Water Settlement:** The Chief and Council passed a motion at the September 20, 2022 Council Meeting, to accept the Settlement Agreement of the individual class members who were residents on a Lower Nicola Indian Band reserve while a long-term drinking water advisory was in force on that reserve during the period applicable in the Settlement Agreement.

In the meantime, please take a look at the following link, there is some excellent information on this website: <https://firstnationsdrinkingwater.ca/> The deadline to apply is extended to March 7, 2024.

**Human Resources:** While visiting or receiving services at other buildings, please feel free to ask the staff member you are visiting to use a mask and to adhere to safety protocols if you are concerned. We are committed to keeping the community and employees safe during this pandemic.

We'd also like to welcome the new members to our team at LNIB: Taylor Toman, Janitor; Sonya Hall, Membership; Sarah Wilson, Firefighter; Rodney Mike, Culture and Heritage Field worker; Kaiden Harris, Culture and Heritage Field worker. Kimberly Mike transitioned to firefighter and Richard Todoruk transitioned to parttime. The staff who moved on to new endeavors is Robert Crucil, Firefighter and Tamer Gras, Accounting. LNIB thanks him for his contribution to the LNIB Team.

Current job postings with Lower Nicola Indian Band are Summer Students are Shulus Garden Center, Education Administrative Assistant, and Landscaper. The full time positions available are Accounting Manager, Lands Administrative Assistant, Housing Administrative Assistant, Recreation Assistant, and Teacher/Physical Education/ Athletic Coordinator visit <https://www.lnib.net/jobs/> or <https://secure.collage.co/jobs/lnib> for further details.



**Committees and Liaisons:** Chief and Council: The Lands Management Advisory Committee met May 18th. The Finance and Audit Committee did not meet in May.

**Community Meetings and Workshops:** The next Band General meeting is scheduled for June 26, 2023.

**Support to Chief and Council:** Chief and Council met May 9th and 16th. Chief and Council orientation meeting were cancelled. Should you require anything on the Chief and Council agenda scheduled for June please contact Sondra Tom and I. Also, the Chief and Council meetings are open to membership to join via online or telephone. Please contact Sondra Tom to be added to the email invitation for the scheduled Chief and Council meetings.

Kari Reilander,  
LNIB Executive Director



# LNIB BAND GENERAL MEETING

**June 26,  
2023 at  
5:00 p.m.**



Chief and Council Attendance  
Term October 2022-September 2025





Chief and Council Attendance  
Term October 2022-September 2025



**Motions from Chief and Council May 9, 2023 meeting**

Motion #05-16-2023-01 Reads: The Lower Nicola Indian Band Chief and Council move to adopt the May 16, 2023 Chief and Council meeting agenda as presented.

Motion Carried

Motion #05-16-2023-02 Reads: The Lower Nicola Indian Band Chief and Council move to adopt the May 9, 2023 Chief and Council meeting minutes as presented.

Motion Carried

Motion #05-16-2023-03 Reads: The Lower Nicola Indian Band Chief and Council WHEREAS, the Chief and Council of the Lower Nicola Indian Band actively participated in the development of a 5-year strategic plan, along with their senior staff, recognizing the need for a clear roadmap to guide the organization's growth and achievement of long-term goals; and

WHEREAS, the collaborative efforts of the Chief and Council, staff, and membership were instrumental in formulating the strategic plan, ensuring diverse perspectives and input were considered; and

WHEREAS, the strategic plan provides a straightforward framework to address current challenges, seize opportunities, and maximize positive impact on behalf of the community; and

WHEREAS, the strategic plan outlines clear strategic priorities and goals, serving as a guide for decision-making, resource allocation, and performance evaluation; and

THEREFORE, BE IT RESOLVED that the Chief and Council of Lower Nicola Indian Band accepts and approves the presented Lower Nicola Indian Band Strategic Plan 2023-2028, endorsing its implementation within the organization;

FURTHER RESOLVED that the Chief and Council authorizes the management team to execute the strategic plan, allocating necessary resources and establishing performance metrics for monitoring progress and evaluating outcomes;

FURTHER RESOLVED that the Chief and Council commits to actively supporting and promoting the successful implementation of the strategic plan, providing guidance, oversight, and necessary resources as required;

FURTHER RESOLVED that the Chief and Council requests regular progress reports on the implementation of the strategic plan, ensuring transparency, accountability, and ongoing engagement with the Chief and Council, staff, and membership;

Motion Carried

Motion #05-16-2023-04 Reads: The Lower Nicola Indian Band Chief and Council move to accept the report from Lower Nicola Indian Band Development Corporation General Manager.

Motion Carried

Motion #05-16-2023-05 Reads: The Lower Nicola Indian Band Chief and Council hereby approves issuing a Canadian Construction Documents Committee, (CCDC 2- 2020) Stipulated Price Contract, with a breakout of the following buildings: LNIB School, Administration Building, Lands and Economic Development and Shulus Hall, for exterior staining and window replacement and further authorizes the



Executive Director or the Director of Finance to issue the tender once it has been reviewed by legal counsel.

Motion Carried

Motion #05-16-2023-06 Reads: The Lower Nicola Indian Band Chief and Council move to go IN Camera at 6:45 pm.

Motion Carried

Motion #05-16-2023-07 Reads: The Lower Nicola Indian Band Chief and Council move to reconvene at 8:05 pm.

Motion Carried

Motion #05-16-2023-08 Reads: The Lower Nicola Indian Band Chief and Council approves the Province of British Columbia's global settlement offer of \$460,000.00 in Lower Nicola Indian Band v. Her Majesty to the Queen in Right of the Province of British Columbia (Vancouver Registry VLC-S-S-132658) ("Action") provided legal counsel (at the instruction of the Litigation Steering Committee) can negotiate a reasonable settlement agreement, release of claims and indemnity. The settlement agreement should address the ongoing monitoring of contamination on Joeyaska Reserve until Provincial contaminated sites standards are achieved. The LNIB further instructs legal counsel to file at the appropriate time a Consent Dismissal Order in the Action with no cost's payable to any party.

Motion Carried

Motion #05-16-2023-09 Reads: The Lower Nicola Indian Band Chief and Council move to adjourn the May 16, 2023 meeting at 7:49 pm.

Motion Carried

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Motion Carried



**Lower Nicola Indian Band Job Opportunities**

To see ALL Openings, and full job descriptions and to apply go to <https://secure.collage.co/jobs/l nib>  
LNIB Band members will be given priority for all job opening.

**Accounting Manager**

Hours: 8:30 to 4:30 Mon to Fri

Start Date: ASAP

Wage: \$70,000+ Based on Education and Experience

**Summary**

This is a great long-term career opportunity for a new or experienced accountant, or a student currently enrolled in the CPA certification program. The candidate will oversee and manager A/P, A/R, payroll, report preparation, and data entry. This position will be trained as part of succession planning in the LNIB Finance Department

**Lands/Housing Administrative Assistant**

Hours: 8:30 to 4:30 Mon to Fri

Start Date: ASAP

Wage: \$20 to \$24 per hour depending on education and experience

The Administrative Assistant is responsible for providing direct support to the Manager and the daily needs of the Department. To provide direction and administrative support as required

**Youth Worker**

Hours: 35 hours a week plus on call shifts

Start Date: ASAP

Wage: \$25 to \$35 pr hour based on Education and Experience

**Summary of responsibilities**

As part of the LNIB Community Outreach Team, the Youth Worker provide professional and compassionate support to youth and their families within the wider community. The responsibilities of this position are wide ranging and include provision of social engagement and mentorship, transportation for meetings and appointments, assessment of physical and mental wellbeing so as to facilitate appropriate action and offering limited but regular on-call support. In this dynamic setting, strong communication, independent decision making, and adaptability are the skills required to successfully meet the needs of the individuals we serve.

**Recreation Assistant**

Department: Human Services

Hours: 20-35 hours per week

Start Date: Negotiable

Wage: \$20 hour

**Summary of responsibilities**

Under the direction of the Recreation Coordinator, the successful candidate will be responsible for developing and participating in recreational programs and events for Lower Nicola Indian Band members.

**Required knowledge, skills and abilities**

- Excellent communication and high energy while working with youth
- Must be willing to take courses related to recreation ie. Skipper training, first aid and AED courses
- Must be willing to participate in overnight trips with recreation programs
- Organize fundraising events for the recreation department special events

**SUMMER STUDENT Positions**

We are Now accepting resumes for several summer student positions. these include:

**Shulus Garden Center:**

Report to the Garden Supervisor, the Gardens Assistant's main responsibilities are: assist with cultivating garden soil and composts, plant and transplant seeds and crops, weed management, garden maintenance and scheduling irrigation and harvesting, build garden structures, and maintenance of garden tools and equipment.

**Education Department Administrative Assistant :**

Reporting to the Education Manager, the Administrative Assistant's main responsibilities are providing administrative and clerical support. As well The position maintains contact with students and their parents by providing summer study support, polling on how well the department has supported students, updating procedures and addressing concerns.

**Landscaper**

Reporting to the Human Resources, the Landscapers responsibilities are to provide regular grounds maintenance for all LNIB offices and buildings including lawn care and mowing, weed management, pruning of trees and shrubs and maintaining schedules for irrigation, weeding and general clean up. Will also be assigned to help with the Shulus Community garden, frequent standing, walking, twisting, bending, reaching and kneeling, physically fit and able to lift up 50 lbs, able to work in all outdoor conditions and use of various small power equipment.

**Teacher: Physical Education / Athletic Coordinator**

Wage: Per BC School District 58 wage scale

Reports to: LNIB Band School Principal

Required Qualifications and Experience:

- Bachelor of Education degree.
- BC teacher certification, or ability to attain one.
- Minor or Degree in Physical Education

**Summary**

We are seeking a passionate Physical Education Teacher / Athletic Coordinator starting August 28th, 2023. The successful candidate will demonstrate empathy, creativity, strong communication skills and the ability to build a caring rapport with students and colleagues.

Our goal is to honour our culture while educating kind inquiring global citizens who can become leaders in helping to create a balanced and harmonious and sustainable world. We do this with integrity and in the spirit of deep respect, curiosity and joy in a safe and enriching setting that supports students in their pursuit of academic success, personal growth, and social responsibility

All new hires are required to sign and certify that they are free of all COVID 19 symptom's and have been so for 14 days prior to start date of work and have received Covid-19 Vaccinations.

**Please apply to [HR@LNIB.net](mailto:HR@LNIB.net)**



Brandi O'Flynn | Lands Manager

250 378 5157 | [brandi.oflynn@lnib.net](mailto:brandi.oflynn@lnib.net)

## THE LANDS TEAM

Talk with the Lands team about lands activities and share your stories. Members can contact the Lands Department with questions about the LMAC, community meetings, and general land inquiries.

### Stephen Jimmie

LANDS AND HOUSING  
DIRECTOR

[stephen.jimmie@lnib.net](mailto:stephen.jimmie@lnib.net)

Contact Stephen with inquiries about Land Code, lands policies and law development.

### Brandi O'Flynn

LANDS MANAGER

[brandi.oflynn@lnib.net](mailto:brandi.oflynn@lnib.net)

Contact Brandi with inquiries about land administration, programs, and services.

## LANDS PORTAL

Find information about LNIB lands online at [lnib.net/lands](https://lnib.net/lands). Updates are posted regularly, and printed materials are made available for pick up at the Lands office upon request.

### Kristopher Por

LANDS RESEARCHER

[kristopher.por@lnib.net](mailto:kristopher.por@lnib.net)

Contact Kristopher with questions about research, historic records, as well as wills and estates planning.

### Monica Pettinger

LANDS AGENT

[monica.p@lnib.net](mailto:monica.p@lnib.net)

Contact Monica about land transfers, Lands Management Advisory Committee (LMAC), and community meetings.

### Vacant

LANDS ADMINISTRATIVE  
ASSISTANT

### Sayge Fisher

ENVIRONMENTAL

PROTECTION COORDINATOR

[sayge.fisher@lnib.net](mailto:sayge.fisher@lnib.net)

Contact Sayge for details about environmental management and protection.

### Alex Bukkos

SURVEY COORDINATOR

[alex.bukkos@lnib.net](mailto:alex.bukkos@lnib.net)

Contact Alex for details about current and past Lands projects including surveys and mapping.

## LANDS MANAGEMENT ADVISORY COMMITTEE

### UPCOMING MEETING

**THURSDAY  
JUNE 22, 2023  
4:30 PM**

Lands Management Advisory Committee (LMAC) meetings are open to all LNIB Members to attend virtually starting at 4:30 PM. Listen in to learn about Lands activities and developments. Check the Members Only portal for LMAC meeting links or contact Monica, Lands Agent, for more details.



## PROJECT UPDATE: SECURITY CAMERAS AND GATES

The Lands Department is responsible for the management and protection of all LNIB reserve lands. To prevent unlawful activity including dumping of hazardous materials and waste, as well as improper use of LNIB land, four gates were installed across Nicola Mameet IR1 in September of 2021.

### SOLID WASTE MANAGEMENT

After hours of hard work was done to cleanup various environmentally

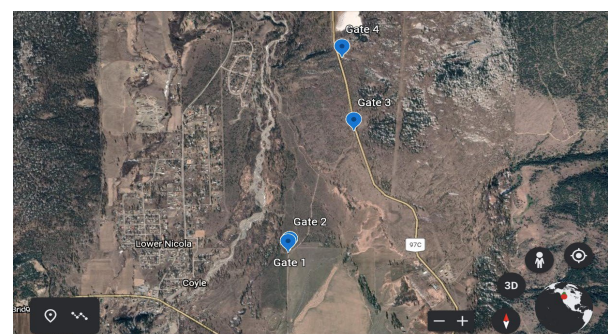
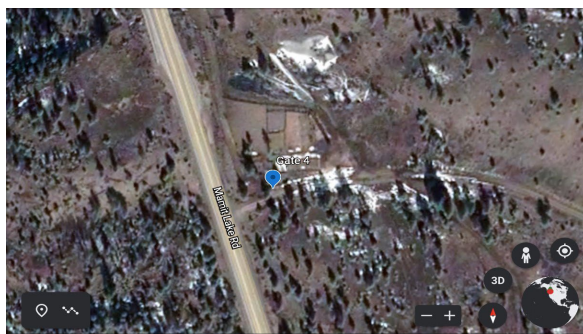
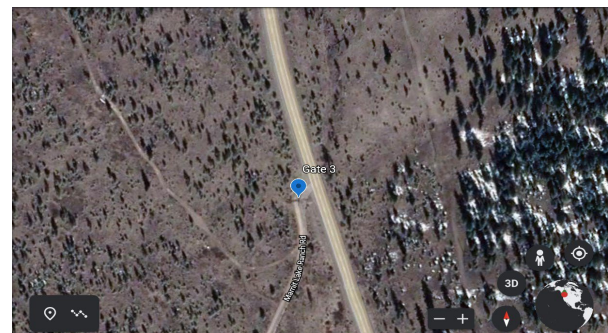
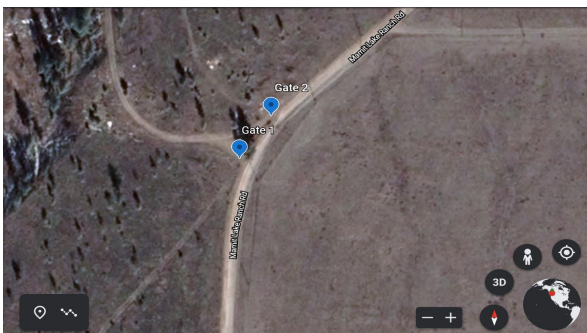
contaminated areas on LNIB land, multiple gates were put in place to protect reserve lands.

### CAMERAS

Security cameras were recently installed near important areas on reserve. Cameras are intended for security purposes only and will not interfere with the privacy of neighboring homes, businesses, and communities. The use of trail cameras is the best strategy for sites where it would not be appropriate to restrict access by installing a gate.

Members' access to reserve lands will not be restricted by gates though some areas may require gate codes. Contact the Lands Department during regular office hours to obtain a code.

Please contact [250-280-7270](tel:250-280-7270) for access outside of regular office hours.



\* LNIB has installed locked gates to physically restrict access at the following sites shown above

## NOTICE ABOUT RECREATIONAL VEHICLES

The Lower Nicola Indian Band prohibits RV's to be utilized as long-term primary dwellings, residences, or cabins on LNIB Lands including CP Lands and Custom Family Lands (also known as Family Lands) unless they receive prior written authorization from the Lands Manager.



## LANDS PORTAL

### [lniblands.net](https://lniblands.net)

If you have any questions about land or would like to know more about current Lands projects, visit the Lands Portal online or contact the Lands Department at **250-378-5157**.



***LNIB Securiguard  
Security***  
**PHONE #**  
**(250) 215-5048**

## IMPORTANT NOTICE

To all LNIB Members,

The **LNIB Security** contact phone number has temporarily changed. Securiguard IT Department is working to restore the old number. For now, please use the phone number listed here in blue:



## NOTE

**AN LNIB SECURITY GUARD IS ON DUTY 40 HOURS EACH WEEK AND RESPONDS TO PHONE CALLS AND MESSAGES WHILE ON SHIFT. IF YOU ARE IN DANGER OR REQUIRE POLICE ASSISTANCE, DIAL 911.**

## BUYER'S NOTICE BOARD



If you are interested in purchasing land or property from a landowner, Contact the Lands Department to have your contact information listed here in the monthly LNIB newsletter.

Hello, my name is Mindy Garcia, I am interested in purchasing land to build a home, summer home and a sweat lodge on or land with a home even if it's a fixer upper, I am interested. If you or someone you know may be interested in selling, please let me know. Thank you.

### **CONTACT**

250-280-5684

Hello, my name is Lorne Dunn. I am interested in purchasing around an acre parcel of land at Nicola Mameet IR1 to place a home.

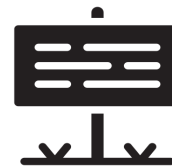
### **CONTACT**

250-315-7501

lorne.dunn@yahoo.com

## SELLER'S NOTICE BOARD

If you are interested in selling land or property as a landowner, contact the Lands Department to have your information listed here in the monthly LNIB newsletter.



**\*There are no posted SELLER notices this month.**

**Contact the Lands Department if you would like more information.**

## NOTICE TO COMMUNITY MEMBERS ON WILDLIFE SAFETY

**Please refrain from leaving hunting remains, animals' entrails or trimmings up Mamit Lake Branch Road or anywhere near the community / residential areas.**

Animal remains attract predators, leaving remains from a hunting trip too close to the community habituates the predators to keep returning for more food. Predators such as coyotes, bears and wolves will keep returning where there is food available to them.

Attracting additional predators into the community will create an unsafe environment for children, pets, and all members of the community.

Please relocate hunting remains or animal innards outside of the community by leaving them far away from residences or known industry.

An alternative to Mamit Lake Branch Road could be up highway 97C, past the industrial park.



**THE CHURCH HAS TESTED POSITIVE FOR ASBESTOS AND SHOULD NOT BE ENTERED, DISTURBED, OR ALTERED IN ANY WAY UNTIL FURTHER ASSESSMENT AND REMEDIATION CAN BE COMPLETED!**

**CHURCH OF IMMACULATE  
CONCEPTION - LOT 29/30  
SHULUS COMMUNITY**

Please be aware that that the Church located on lot 29/30 at the junction of Crab Apple Lane & Central Shulus Lane (2140 Central Shulus Ln.) within the Shulus Community has been designated as a Contaminated Site.

This site has been deemed a risk to public health & safety, please contact the Lands Department for more information.

Thank you for your understanding and cooperation.

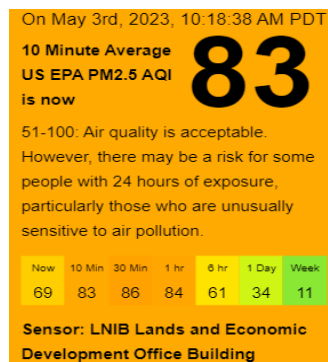


## **CATHOLIC CHURCH: RESTORATION OR DECOMMISSION?**

Tell the LNIB Lands Department what you think should be done about the contaminated structure. Take the survey by following the link below or request a printed copy from the office.

**SURVEY:** <https://forms.office.com/r/z49N4eMNZx>

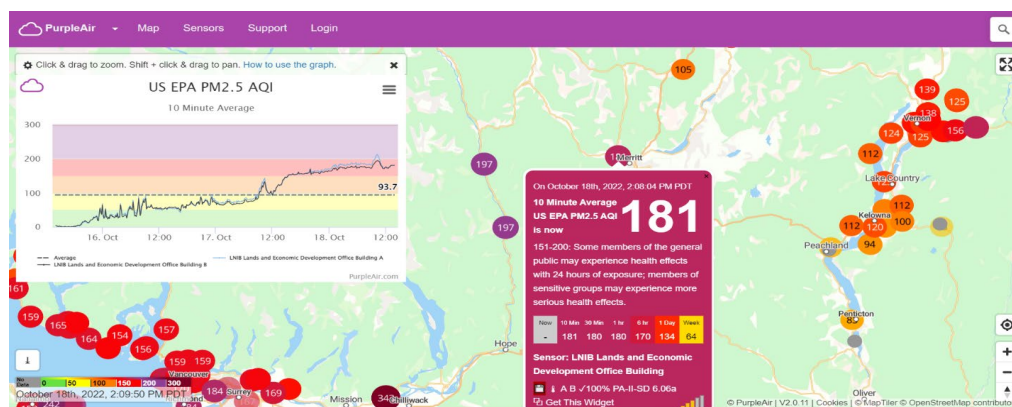
## PURPLE AIR MONITOR – AIR QUALITY INDICATOR



Please be advised that a public Purple Air Monitor is available online for anyone to check the quality of the local air in real-time. This monitor provides local health advice based on the current quality of the air.

Please view the real-time interactive map here:

<https://map.purpleair.com/1/maqi/a10/p604800/cc0#10.26/50.1049/-120.7439> or by simply googling Purple Air and using the interactive map.



*Example from 2022 wildfire season*

### Using the Monitor

A purple air monitor was installed at the Lands and Economic Development office on October 4<sup>th</sup>, 2022. It is an air quality monitor that measures PM2.5 (particulate matter) in the local airshed.

When you open up the map, scroll to Nicola Mameet and select the sensor labeled: LNIB Lands and Economic Development Office Building. A graph should come up to show air quality trends over time. If you hover your mouse over the bottom left legend, it also has information on health indicators, showing real time data how air pollution conditions and how that may affect public health. The graph itself is interactive and units of measure can be changed, please see the “ How to use the Graph” highlights in blue on the top right portion of the graph.

### Air Quality Index

The Air Quality Index (AQI) on the Purple Air Monitor is defaulted to use the U.S. AQI but this setting can be changed in the graph to any AQI preferred.

“Think of the AQI as a yardstick that runs from 0 to 500. The higher the AQI value, the greater the level of air pollution and the greater the health concern. For example, an AQI value of 50 or below represents good air quality, while an AQI value over 300 represents hazardous air quality.” Source: [AQI Basics](#)

Air Quality Index (AQI) Values	Levels of Health Concern	Colors
0 to 50	Good	Green
51 to 100	Moderate	Yellow
101 to 150	Unhealthy for Sensitive Groups	Orange
151 to 200	Unhealthy	Red
201 to 300	Very Unhealthy	Purple
301 to 500	Hazardous	Maroon

### Particulate Matter

“Particulate matter (PM) refers to small solid or liquid particles floating in the air. These particles can be made up of different substances like carbon, sulphur, nitrogen, and metal compounds.

Generally, smaller particles are thought to be more harmful to health than larger particles. Small particles can move deeper into the respiratory tract, including the lungs. For this reason, fine particles that have diameters less than 2.5 micrometers (PM<sub>2.5</sub>) are linked to more serious health effects than larger particles. PM<sub>2.5</sub> is about one-eighth the diameter of a human hair.”

Source: [Particulate Matter and Outdoor Air Pollution](#)

### **Particle Pollution**

“How can particle pollution affect my health?

Particle pollution can affect anyone, but it bothers some people more than others. People most likely to experience health effects caused by particle pollution include:

People with heart or lung diseases (for example, asthma)

Older adults

Babies and children

Read more about the [health impacts of PM](#).

If you have asthma, particle pollution can make your symptoms worse. Carefully follow your [asthma management plan](#) on days when pollution levels are high.”

Source: [National Center for Environmental Health](#)

**For more information on particulate matter and your health, visit the following:**

**B.C. Ministry of Environment –**

**BC Air Quality** [www2.gov.bc.ca/gov/content/environment/air-land-water/air](http://www2.gov.bc.ca/gov/content/environment/air-land-water/air)

**The Lung Association** <https://www.lung.ca/lung-health/air-quality-0>

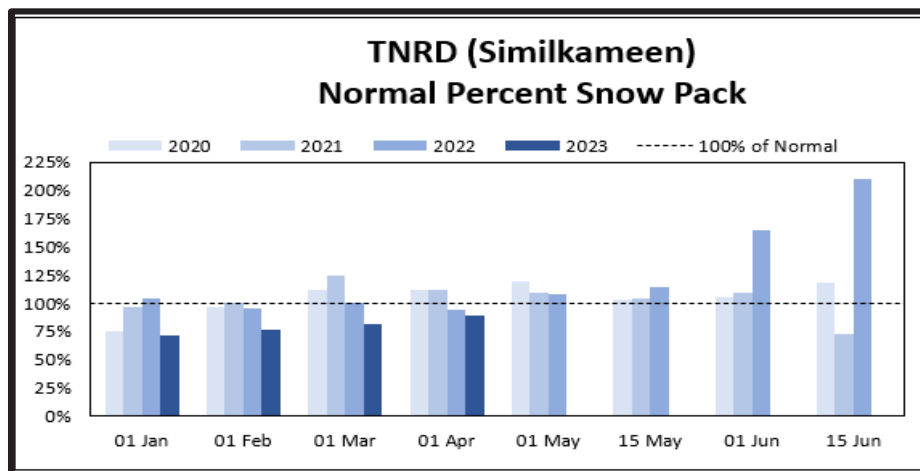


### Thompson Nicola Regional District Electoral Area M+N Mosquito Surveillance and Control Program

#### 01 – 30 April 2023 Progress Report

Overall weather for the month of April at Merritt was “cooler and drier” than previous years. The monthly mean temperature of 5.6°C was 0.8°C colder than the 5-year (2018-2022) average and recorded precipitation totals were less than the 5-year average for April.

Winter snowpack for the southern TNRD area, as measured in the Similkameen watershed is averaging just 80% of normal. Nicola Lake, Douglas Lake, Nicola River (Upper and Lower) and Coldwater River levels are all well below flood thresholds.



Initial surveying and monitoring of larval development sites began on 17 April 2023. Permanent and standing water habitats (tire-ruts, depressions) were active throughout the program areas. Several sites in the Douglas Lake Cattle Ranch Home Ranch (DLR) and Quilchena areas were active with larval development. Several large, permanent ponds and snowmelt enlarged marshes surrounding the DLR home ranch were treated by air on 21 April with 181 kg of VectoBac 200G.

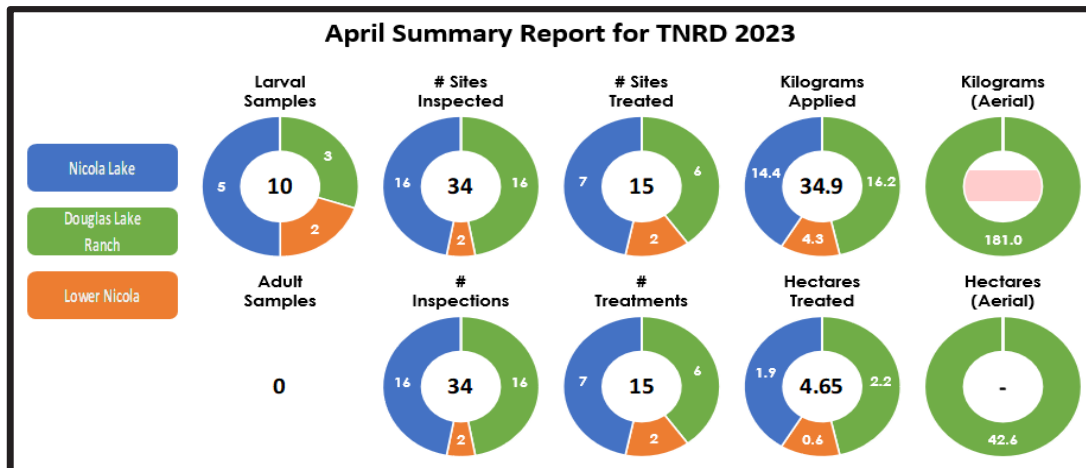
A total of 34 inspections were completed and a total of 34.90 kg of VectoBac 200G were applied from the ground to 15 sites to control developing larval populations. The majority (13/15) of the larval development habitats observed as active during the second half of the month were located in the Douglas Cattle Ranch and Quilchena areas. Two sites located off Tolman in the Lower Nicola Valley were active when sampled on 20 April. The great majority of snowmelt sites typically observed in farm fields were dry this April.

.../2



Duka Environmental Services Ltd.

The figure below presents the April 2023 Operational Summary for the three program areas.



Larval sampling and collection by *Duka Ltd.* personnel at open water development habitats will continue throughout the season. Larvicide (VectoBac 200G) treatments will be completed as required, and where necessary to control developing larval mosquito populations.

If you have any questions on this update, or require additional information please contact me at your convenience.

Yours truly

Curtis

Curtis Fediuk BSc., RPBio.  
President



Duka Environmental Services Ltd.

## MONTHLY INVASIVE WEED SPOTLIGHT



### DESCRIPTION:

This large yellow flower grows from a single stem emerging from a taproot. The plant has a milky white sap when broken and the leaves have a grass-like appearance, long thin and green. The weed has a single flower head per plant, growing up to 7cm tall with bright yellow flowers. They bloom during mid spring; the seed head resembles a very large dandelion puff also known as 'pappus'. This invasive weed spreads via seed distribution, each flower can produce up to 1000 seeds, the plant dies off after seed production, so prevention of seed formation is key!

### ORIGIN:

This invasive weed originates from Europe and South Africa, brought to the US and Canada during the 1900's as an ornamental flower.

### CONTROL OPTIONS:

#### Mechanical Control

- Hand Pull the rosettes; if the taproot is left the plant will regrow.
- Till in Spring to remove plants & taproots, Mowing will only encourage more growth.

#### Chemical Control

- Herbicide Application of Dicamba, metsulfuron methyl + aminopyralid, chlorsulfuron + metsulfuron methyl, 2,4-D + dicamba or metsulfuron methyl alone are all viable options for chemical treatment.

**\*Disclaimer\*** - ALL herbicide application should be applied as spot spraying; broadcast spraying may negatively impact other vegetation in the area & harm sensitive ecosystems.

Herbicide application within 5m of a body of water (seasonal or not) is prohibited.

LNIB requesting that the application of herbicide to treat half an acre or more, is carried out by a person holding a valid BC Pesticide Applicator Certificate. Before selecting and applying herbicides, you must review and follow herbicide labels and application rates; municipal, regional, provincial, and federal laws and regulations; species-specific treatment recommendations, and site-specific goals and objectives.

### SOURCES:

[SSISC – Sea to Sky Invasive Species Council](#)

[E-FLORA BC: ELECTRONIC ATLAS OF THE FLORA OF BRITISH COLUMBIA](#)





Jordana McIvor | Housing Administrator

250 378 5157 | [jordana.mcg@lnib.net](mailto:jordana.mcg@lnib.net)

## LNIB HOUSING

Find information about the LNIB Housing online at [lnib.net/housing](https://lnib.net/housing)

The Housing Department is responsible for managing the housing program, including property management functions, planning and construction of new houses, maintenance and upkeep of the housing stock, the relationship with Canada Mortgage Housing Corporation, First Nations Market Housing Fund, and Indigenous Services Canada (ISC).

## THE HOUSING TEAM

### Jordana McIvor-Grismer

Housing Administrator  
[jordana.mcg@lnib.net](mailto:jordana.mcg@lnib.net)

Email Jordana about the First Nation Market Housing program, as well as external renovation and building funding options, needs and requirements.

### Ashley DeGray

Tenant Relations Coordinator  
[ashley.degray@lnib.net](mailto:ashley.degray@lnib.net)

Email Ashley for details regarding rent collection, housing maintenance, LNIB Rental Housing Policy, and general housing questions.

## HOUSING MAINTENANCE

### Mel Blankinship

Housing Maintenance

### Brendan Colter

Housing Maintenance Assistant

### Jon Moore

Housing Maintenance Assistant



Contact Housing by phone or email or visit us at the Main LNIB Administration Building.

## ATTENTION HOUSING TENANTS

Please be advised that according to the Lower Nicola Indian Band Animal Control By-Law there is a limit on the number of animals per dwelling. Every home is only allowed to keep **A MAXIMUM OF 4 ANIMALS** consisting of dogs and cats or similar sized domestic animals with **A MAXIMUM OF 2 DOGS** per house. The multi-plex buildings including the 8-plex and 4-plex buildings are not permitted to have any animal living in the units. Also, all pets are to be vaccinated and should be spayed or neutered. We want to provide a safe environment for our members as well as their animals.

Thank you for your cooperation and understanding.

---

## HOUSING DEPARTMENT: VACANT UNIT UPDATES

We currently have one vacant unit. While we are still working to get some much-needed repairs, updates, and renovations completed; this unit will be available to rent when this work is complete, and we will be in contact with the next eligible family on the housing rental waitlist when we have a concrete move in timeline. We appreciate your patience and understanding as we get this unit ready for the next family that will call it home.



---

### VEHICLE REMOVAL

We are excited to be partnered with Kamloops Auto Recycling and Mario's Towing for scrap vehicle removal in all our LNIB communities. Keeping our communities clean of old vehicles assists with potential environmental concerns that could arise from batteries, tires, old paint decaying and releasing hazardous substances into the environment. Things like coolant, old oil and other liquids can leak over time, seep into the ground, and contaminate the ground water. We would love to get these old vehicles cleaned up to keep our community healthy for generations to come!

If you have multiple vehicles, you would like to be picked up you can call **Kamloops Auto Recycling 250-574-4679**.

If you have single vehicles, you would like to be picked up you can call **Mario's Towing 250-378-9241**.

---

### REMINDER TO ALL TENANTS

If you need to change the locks on your unit for any reason, please ensure that the Housing Department has been notified and provided prior written consent. You are also required to provide the Housing Departments with a key ensure the maintenance team will still have access to the unit in case of an emergency. Otherwise, this can be considered a breach of the rental agreement and a Notice of Breach may be issued.

We appreciate your cooperation on this matter and should you have any questions or concerns please feel free to contact us at 250-378-5157.



## HOUSING ANNOUNCEMENT

The Housing Department maintains a list of **ALL** houses on reserve (which includes Band Rentals, Rent-to-Owns, CP's, and Traditional Land homes), as well as how many occupants reside in each unit. We do our best to keep the list current with updated information and appreciate your assistance with providing LNIB with accurate information for **Safety and Emergency purposes**. We do not need to know the names of each occupant in the unit but would appreciate an update when the number of individuals living in your home changes. This includes babies, children, teenagers, adults, and elders.

If at any time your family size changes, for any reason, please e-mail the information to **Ashley DeGray** at [ashley.degray@lnib.net](mailto:ashley.degray@lnib.net) or call **250-378-5157**.

We appreciate your cooperation and look forward to hearing from you!

---

## HOUSING: PROJECT UPDATE

### RE: Module Craning at 2794 Cougar Crescent, Lower Nicola

Dear Neighbour,

We are writing to provide an update on the upcoming construction activities taking place at 2794 Cougar Crescent. We are well underway on the foundation construction and will be facilitating a couple of key activities between June 12-23<sup>rd</sup>, which may have impacts to the community.

Part of the modular construction build process involves “transportation and craning”, where we will transport ‘modules’ or pieces of the building, and position them to be hoisted into place with a crane. Transportation and craning of the modules may cause a slight disruption to street access while we bring the modules to site.

Transport access will continue from Aberdeen Road, turning right onto Saskatoon Lane, and then right onto Cougar Crescent. The trucks will drive past the site a short distance prior to backing into the site. This work is anticipated to begin the week of June 12<sup>th</sup>.

What you should be aware of:

- No parking on the streets in front of the address above or along the site
- Heavy equipment and wide trailers will need more space when moving through the area. Please be mindful of potential delays.
- Work will be performed between 7:00am and 6:00pm
- Local residents will be notified in advance of any parking restrictions.
- The work is subject to weather however we will work to keep local residents updated on any schedule changes.

The safety of neighbours and staff is our priority:

- WorkSafe BC construction guidelines will be followed on-site.
- Workers will be wearing personal protective equipment.

Thank you for your patience and cooperation during this project.

---



## HOUSING: PROJECT UPDATE: PHOTOS

RE: Module Craning at 2794 Cougar Crescent, Lower Nicola



Thank you for your patience and cooperation during this project.

---

## HOUSING: WORK ORDER PROCESS

The Housing Department would like to clarify the levels of urgency on home maintenance and repairs and what type of timeframe you will be looking at for our Maintenance Team to attend your residence. The Housing Department being notified will only be considered when you have called, texted, or e-mailed the **Housing Department Administrative Staff**.

Emergency Repairs will be assessed and rectified within 24-48 hours of the Housing Department being notified. Examples of Emergency Repairs are listed below:

- major leaks in pipes or the roof;
- damaged or blocked water or sewer pipes or plumbing fixtures;
- the primary heating system;
- the electrical system;
- deficiencies to the integrity of the structure; and
- any other damage that poses an immediate and urgent jeopardy to the Rental Unit or to the health and safety of persons

Mid-Level Repairs will be assessed within 1-2 weeks of the Housing Department being notified. Examples of Mid-Level Repairs are listed below:

- Running Water (faucet dripping, leaking hose bibs etc)
- Appliance Repairs or Replacements
- Plug-ins not working
- Bathroom Fan not working

Low Level Repairs will be assessed 30 days or more of the Housing Department being notified. Examples of Low-Level Repairs are listed below:

- Non-Essential Light Fixtures not working
- Furnace Filter Replacement
- Replacement of interior doors/doorknobs
- Functional toilet repairs (toilet is functional to use but requires repairs)
- Flooring Repair
- Non-Essential Major Renovations
- Drywall Repairs

Please understand that these time frames are “best case scenario” and we may have issues with supply chain and/or contractor availability that may cause delays. The Housing Department works hard to ensure all of our homes are healthy and safe but as more work orders are called into the office sometimes our priorities have to be modified.

As always, we appreciate your patience when these situations do arise and if you see our maintenance team out in the community be sure to give them your best smile and wave!

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**RAPID  
HOUSING  
INITIATIVE  
UPDATE**

**On-site Activity**

As some of may have noticed site work has started. We are excited to see this building come together. Please be advised that

with this on-site work starting there will be increased people, equipment and vehicles, both large and small in the community and on the roads, especially along Cougar Crescent. This will be an active construction site for the next several months, with some open excavation. There will be fencing put up to protect the community but please mind your children, pets and yourselves around this site.

Thank you for your understanding. We hope to minimize disturbance to the community. Hours of on-site work are listed below:

**Monday to Friday  
7:00 am - 6:00 pm**

**Weekends \*only if needed  
9:00 am -5:00 pm**

Questions about the project?  
Contact the Housing Dept. at  
**250-378-5157.**

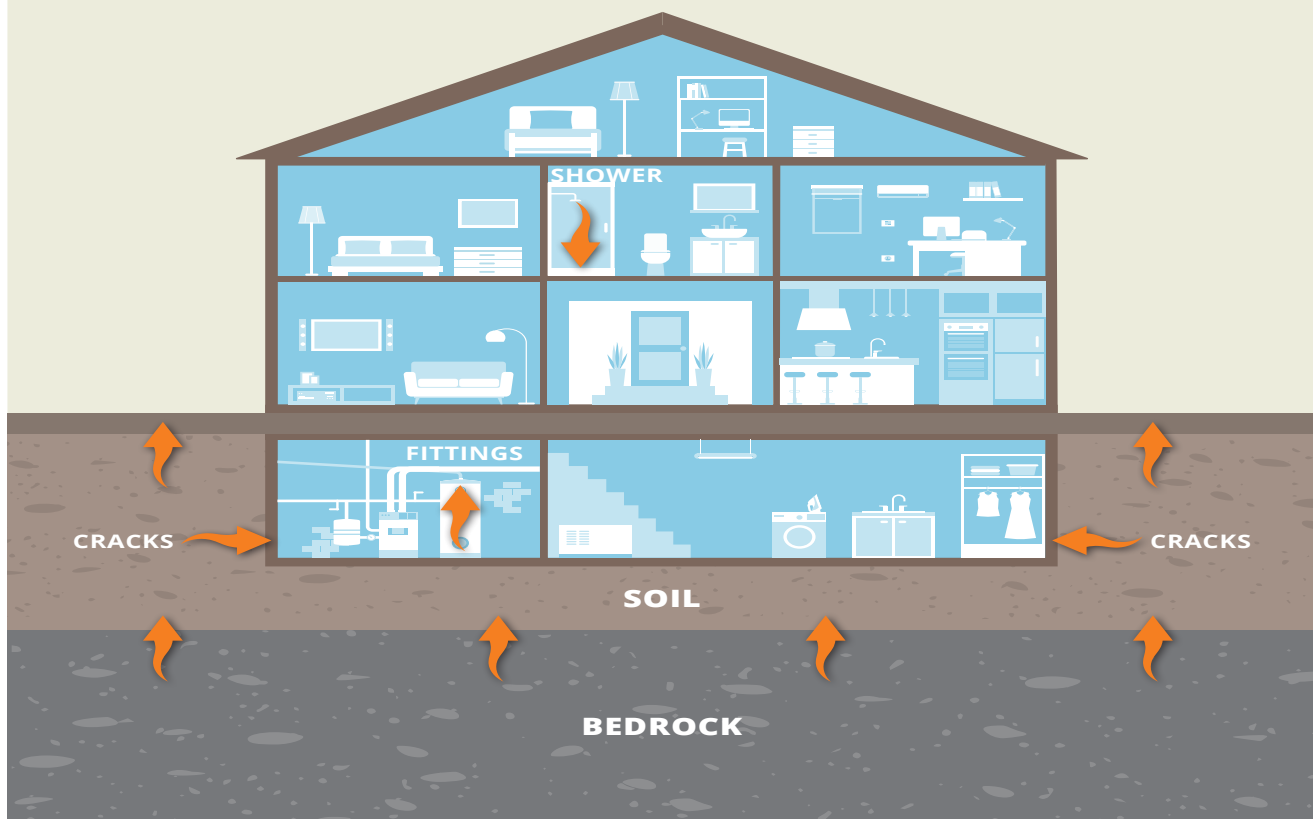


**SITE LOCATION**



# Radon Testing

What you can do to ensure your home  
is a healthy environment for yourself and your family



## Radon testing for First Nations Homes in BC

For information on radon testing for your home and tips on what you can do  
to protect yourself and your family contact your local Community Health Centre or  
visit us online: [www.fnha.ca/environmentalhealth](http://www.fnha.ca/environmentalhealth)



First Nations Health Authority  
Health through wellness



## It's Time to Test for Radon

**Now is the perfect time of year to test your home for radon!**

### What is radon?

Radon is a colourless, naturally-occurring gas that comes from the soil in all parts of the world. You never know what the levels of radon are in your house unless you test – your house could have very different results from your neighbour's. Most homes will have some level of radon.

### Why is radon a concern?

As radon levels increase, so too does the risk of lung cancer. Radon is the second leading cause of lung cancer in Canada after smoking, and when combined with tobacco smoke exposure, the risk goes up even higher.

### How do I know if I have radon?

The only way to know the radon level in your house is to test. The test involves placing a small plastic “puck” in the lowest-occupied level of your home, and then just waiting! Over time, radon will make a mark on the inside of the detector. A lab will count these marks and translate them into a radon concentration. It's best to leave the detector in place for a longer period of time (up to one year) to get a good average reading. If a shorter testing period is used (at least three months), it's best to test during the colder, winter months when people spend more time indoors with the windows and doors closed.

FNHA will work with your community to provide everything needed to test your home for radon: we will supply the detectors, and in many cases can even come to place them in your home and collect them after the testing period. We will also provide shipping to get the detectors to the lab, and will interpret the results for you and provide advice on next steps.

### What happens if I have high levels of radon?

Health Canada has different recommendations for action depending on how high the levels are. If levels are above 200, we recommend that you take action within two years. If they're over 600, we recommend action within one year.

Reducing radon levels is generally a fairly straightforward process that involves allowing the gas from under the building to vent through a pipe, so it doesn't stay in your home. Indigenous Services Canada can often provide funding for this work in communities, in coordination with your Housing Department.

### What if I have more questions?

FNHA is here to help and can answer any questions you might have! You can contact your Environmental Health Officer directly, or visit [www.radonaware.ca](http://www.radonaware.ca)



# Free Energy-Saving Upgrades



## Help your community members save money and increase the comfort of their homes.

The Energy Conservation Assistance Program (ECAP) provides qualified\* community members of First Nations Bands with FREE home energy assessments and no-cost installation of energy-saving products.

Products installed may include:

- > Energy-saving light bulbs
- > Water-saving showerheads & faucet aerators
- > Door weatherstripping

Community members living in houses and townhouses may even qualify for an ENERGY STAR® fridge and insulation installed in their crawl space, walls and/or attic.

Get started today! **Contact Jordana McIvor–Grismer in the LNIB Housing Department.**

All on reserve houses are eligible for the initial energy assessment. This will provide you with some of the above listed products and will determine your eligibility for other upgrades.

*"The contractors did a great job and were more than accommodating."  
Colin – Haisla Nation Council*

Hello Everyone,

Over the past few months, LNIB Economic Development has been developing an online marketplace designed to empower LNIB members to create and have an online presence to engage in business activity. In late June 2023, #ShopLNIB will be launching at [www.lnib.shop](http://www.lnib.shop).

**How it works?**

#ShopLNIB is a campaign and marketplace designed to encourage LNIB members to be able to sell their goods or services and have a free online presence. Anyone who is interested in listing their goods or services will be able to have their own bio and will be able to list their products for sale.

**Does it accept payments?**

At this point, the store does not accept payments. Any order that is placed in the store will be immediately sent to the creator to be fulfilled with the customer, including terms and shipping.

**What can I sell in the store?**

You can basically sell any good or service you would like to list. If you're an artist, you can sell your works, you can sell individual pieces or your services for custom work, you can sell lawn cutting services, baking. Anything that you do sell is at your own discretion and you assume all risk when conducting business.

**What if I need photos to list my items?**

You can use your smartphone and send them in. If you have an item that needs to be professionally photographed, you can book an appointment with the Economic Development Project Manager to get professional photographs for free.

**Does the marketplace get promoted online?**

Yes, for the first year, we have a student who will be promoting creators online through social media on Facebook, TikTok and Instagram.

**What if I want to get into a business but don't know how?**

All you need to do is reach out to the EDPM (Economic Development Project Manager) for an advisory session.

**What if I need financing to purchase supplies?**

Book an advisory session, see if the business is feasible and the EDPM will create a business plan, cash flow forecast and assist you in the loan application process.

**What do I need to get listed in the marketplace?**

All you need to do is reach out to Adam Ova, Economic Development Project Manager "EDPM" by email at:

[Adam.ova@lnib.net](mailto:Adam.ova@lnib.net)

You can also fill out the following form to get started:

<https://forms.office.com/r/550nFN88kF>

Step by step diagram on how to become a #SHOPLNIB Creator

### How to become a #SHOPLNIB Creator



# Westridge Marine Terminal Tour

**LNIB Economic Development  
Invites you for a tour  
June 29, 2023**



**9:00 a.m. Leave for Burnaby  
Upon arrival the tour will be on a water taxi  
This is an all day event and lots of walking  
will be involved.**

**\*\*\*Limited Seating\*\*\*  
To register call Breanne Pinyon  
(250) 378-5157**



## **L.N.I.B MEMBERSHIP**



Are you interested  
in

## **BEING A PART OF THE REPATRIATION COMMITTEE?**

Topics Include:

- \* Museum Studies
- \* Language
- \* Culture
- \* Traditional knowledge
- \* Cultural protocols at all levels.

**June 14  
5:30 pm**

## **Shulus Hall**

Our ongoing repatriation project has been active in the study of research methods, identification, analysis of museum objects with the intent to learn, and revitalize various aspects of our culture.

If you are interested call Robert Sterling  
(250) 315-3206





LOWER NICOLA INDIAN BAND

# **ECONOMIC DEVELOPMENT SHOW & TELL**



**Sunday, July 9, 2023  
12:00 - 4:00 pm  
Shulus Arbour  
(weather permitting)**



**Bring your buckskin items or come to view the  
beauty and artistic craft of our cultural past**

**For more information contact Robert Sterling  
(250) 315-3206**



## Nicola Valley First Nations Veterans and Volunteers

Extends their appreciation and hold up their hands in honour to the many supporters, contributors, and volunteers! It is with the support, creativity, energy, and commitment of those listed below and many others that the Memorial Monument was possible.

**kʷukʷscəmxʷ**

**limləmt**

Anonymous	LNIB Dev Corp	Rocky Mountain Rangers
Anglican Church	LNIB Dev Corporation	Royal Canadian Legion - Poppy Fund
ANTCO All Nations Trust	Lorna Marshall	Ruth Williams
Canruss Paramedic Oil Services Ltd.	Lower Nicola Band	Sewexmx Child and Family Services
Clint George, Syilx Steel Artist	Lower Nicola Site Services	Sew'exmx Tribal Council
Coldwater Indian Band	Madeline Lanaro	Shackan Indian Band
Conayt Friendship Society (Jack Gin)	Mary Angus	Surerus Murphy Joint Venture
Darlene Vallee	McElhanney Consultants	Teck Highland Valley
Dempsey Charters family	Miller Titerle	The Late Dempsey Charters Family
Donna and Jerry Voght	Nicola Valley and District Metis Society	The Late Henry Swakum family
Donna Robbins (Swakum)	Nlaka'pamux Health Services	Trans Mountain Pipeline
Farris LLP	Nooaitch Indian Band	Upper Nicola Band
Glen Stirling and Stirling family	Norgaard Ready-Mix	Verna and Robert Moses
Jack Gin	Peter Brothers Construction	Veterans Affairs Canada - Monument
Johnny's on the Rez	Rainbow Diamond Drilling Ltd.	Wawanesa Insurance
K & K Finch	Robert Charters Family	Westcoast Monuments

419 Tactical Fighter Training Squadron "Moose Squadron" and Captain Daegan Banga for their Fly Past

The Media: Merritt Herald, Q101; CFJC (Kamloops); Global News (Vancouver)



**naʔʔip ʔəstəkʷminstm (nl)**

**nɪʃ ay'p kʷu cn'əkʷmist (ns)**

**We will always remember.**

**Nous nous souviendrons toujours.**





Photo Credit, Karen Trosky





## LOWER NICOLA BAND SCHOOL

### JUNE NEWSLETTER

May 2023 – Newsletter

The last part of April and the first few weeks of May were tough for the kids as we had to get through some major assessments, and we finished off 6 months of numeracy and literacy blitzes. I am immensely proud of our kids as one of the assessments they did took almost 5 hours to do. Some finished it in one day and other did it over a few days. Not one time did a student complain about having to do them as they knew it is something that must happen in school. The nice part though, is that they soon were back to doing things they love, like art!



That being said, the assessments and blitzes are behind us, and we are now in a place where we get to enjoy the sun and head out on more field trips, where our kids are picking, going on hikes, visiting NVIT and not to mention going to the Broadway musical Grease.

We managed to load up the majority of our students and take them to Kamloops where they experienced live theatre. Seeing a Broadway musical was pretty cool for our kids, especially as they were able to watch the actors dismantle sets and put up new ones in minutes so they could move to the next scene. They also were able to see how often actors on Broadway have to change their costumes for each scene. I have a feeling that we have a bunch of students who may end up being very interested in the performing arts one day.

Our Grade 6 & 7's went to Lytton to participate in a Lahal tournament recently as well. The teachers thought it was a really great experience being able to play a traditional game while supporting our school and community. Our kids did very well in the tournament too.

Over the next five weeks we will be jumping on busses everyday and heading out on to the land as much as possible. The students (and maybe some teachers) are counting down the days until summer break where they will have a lot of fun in the sun.



Please note that our year end Recognition Assembly will be on June 23<sup>rd</sup> from 10:00am-12:00pm with a bar-b-q to follow. I am really looking forward to recognizing our students who went above and beyond this school year.

Sincerely,

Leroy Slanzi

Principal – Lower Nicola Band School



#### Principal

Leroy Slanzi

[Leroy.slanzi@lnib.net](mailto:Leroy.slanzi@lnib.net)

Executive Assistant

[Sioux.Swakum@lnib.net](mailto:Sioux.Swakum@lnib.net)

#### Teachers:

Derek Hanna-Gr.K

Terry Bose/ Brenda Ens - Gr.1/2

Rhonda Sheena-Gr.3/4

Donelda Haller-Gr.4/5

Jennifer Desgagnés-Gr.6

Randi Gardypie-Gr.7

#### Office & Support

Tammy Armstrong,

Chantel Ashdown

Barb Basil

Joe Collins

Jill Fitzer

Nikki Flottorp

Lee Fulton

Bill Heard

Cody Jones

Shelley LeBlanc

Arnold Meyer

April Morel

Devan Nagata

Reese Paterson

Brandy Pinyon

Annie Rabbitt

Penny Toodlican

Phone: 250.378.5527



## LOWER NICOLA BAND SCHOOL

### Culture and Language Program

Dear Community Members:

Hentle! We are already into the month of June and the School year is almost over! The students will be on summer break in July and August. I will be working through part of July and August and taking some days off in the summer to go berry picking and enjoy the sun!

Kwukwscemxw to all those who attended our Culture Day we had in May at the School. Nkwala School, Coldwater School attended, as well as presenters Paul Joe, Lorna Shuter (Shulus gardens), the Metis group, Abbigail Sheena with dancers, Buck Sheena with drumming, Randi Gardypie (the grade 7 teacher) teaching hoop dancing, craft vendors, Donna Voght, Ole Bent, Janice Sheena, etc.. There was also face painting. It was a great success. We look forward to hosting more gatherings next School year!

The Little Stars Head Start Pow-wow will be held on June 1st with the other Band Schools being invited at the Shulus Arbor from 10 am—2pm. We will be having our year end sports day on June 27th and our year end Awards day on June 23rd. If you have any ideas about our Culture and Language Program, I would love to hear them. Please email me at this address:

angie.sterling@lnib.net or call the School at 378-5527.

Kwukwscewmx.

Angie Sterling, Culture and Language Administrator

“The most important thing is to teach the children, so that our Culture never dies.” “You’ve got to know your language to understand your culture.”



**Culture and Language Administrator:**

Angie Sterling

**Culture and Language Teachers:**

James Shuter

Annie Major

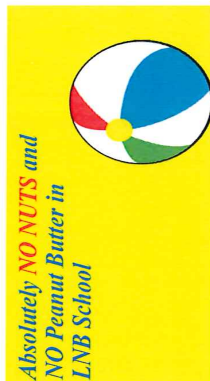
Phone: 250.378.5527







# JUNE 2023



Mon	Tue	Wed	Thu	Fri
 5 Chicken noodle soup	 6 Chef salad		1 HEADSTART / SCHOOL POWWOW SHULUS ARBOR 10-2PM	2 Tuna melts <i>School Spirit Day</i> <i>(wear one of your school shirts)</i>
12 Potato + ham soup	13 Loaded Caesar MSS GRADS WALK THROUGH	7 Spaghetti	8 Teriyaki meatballs + rice	9 Chicken burgers
19 Tomato mac soup	20 Cheeseburger salad KINDERGARTEN & GRADE 7 GRAD	14 Mac & cheese	15 Chicken fried rice	16 Hamburger gravy + potatoes
26 Broccoli soup	27 Corn Dogs FUN DAY 9-12PM	21 NO SCHOOL ABORIGINAL DAY	22 Chili + rice	23 AWARDS DAY 10-12pm
		28 Garlic parm pasta	29 <a href="#">LAST DAY OF SCHOOL</a> <a href="#">REPORT CARDS GO HOME</a>	30 LAST DAY FOR STAFF



**CONTACT ME AT LNIB  
EDUCATION DEPARTMENT:**



236-575-2013



[education.student@lnib.net](mailto:education.student@lnib.net)

## LENESSA SEWARD

### POSITION

I am a temporary summer student for the LNIB Education Department for the summer of 2023.

### RESPONSIBILITIES

- I am located at the front desk at the Education Office. My job includes clerical work around the office.
- I also help with computer training courses, getting people registered and attending these courses.
- Currently, I am planning this year's Summer Learning Program for 2023 as I am going to be supervising the program again this year.
- I will also be helping with this year's grad recognition day at LNIB Education Department.

### BACKGROUND

This will be my third summer working with LNIB Education. I am 19 years old, born in Kamloops raised in Lower Nicola. My parents are Lucinda Seward and Rory Seward. My grandparents are from Lower Nicola Indian Band, Cold Water Indian band, Lytton First Nation, and Chawathil First Nation.

I am very excited and grateful to be working with LNIB Education again this summer. I hope everything goes well this year for the grad recognition day, and with the summer learning program!

## LNIB Summer Student



## Hannah Manuel

My name is Hannah Manuel I am the youngest daughter of Lesley and Steve Manuel.

**POSITION**

This summer I am working for the Education Department. This is a Summer Student position ending in August.

I am currently visiting LNIB students in the local school district schools. LNIB Education Outreach Worker, Angie Nikkel, and I are tutoring students who could use extra support with literacy and numeracy.

**EDUCATION**

I graduated high school with honours, and I just finished my first year of college this spring.

While in high school, I was in LINKS Leaders, which required me to work with the new grade 8 students to show them around the school and help them in any way I could.

I have worked with kids and teens most of my summers. Working with the youth in our community is very important to me.

Moving forward, I am currently enrolled at NVIT and I am going to get my Associate of Arts with a minor in indigenous studies.

I plan to further my education to achieve my bachelor's in Arts at the University of Victoria and I would also like to get another minor in business.

**PERSONAL BACKGROUND**

Some more about my personal life, I am a dog-mom so I spend a lot of my time on walks or hikes with my dog Duke.

I like to spend my time painting or with my friends and family. I also love to travel my family and I love going on trips together.

LNIB EDUCATION  
DEPARTMENT

SHARON PARSONS

EDUCATION PROGRAMS MANAGER



[sharon.parsons@lnib.net](mailto:sharon.parsons@lnib.net)



(250) 378 – 5157

OR

(236) 575 - 2105

2160 SETTLERS ROAD  
HWY 8



Hello everyone,

After May 26<sup>th</sup>, the 2023/2024 post-secondary funding applications will move into the review process. During the month of June, many of the 50 new & continuing applicants will be contacted to discuss their educational plan. It's important that students have all the information needed to navigate the post-secondary system to ensure a smooth fall start.

If all goes well, it's anticipated that up to 54 LNIB members will be graduating from a high school or a post-secondary program in 2023. LNIB Education will hold a Grad Recognition Day at this office in late June. Details will be sent out to all LNIB grads prior to the event.

**Graduation ceremony dates:**

SD 58 Aboriginal Education graduation	June 8
Merritt Secondary graduation	June 22
Princeton SS	June 17
Kengard Learning Centre	June 22
Merritt NVIT graduation	June 8
Burnaby NVIT graduation	June 2

LINB staff and band members are halfway through the 4 weeks of computer training with Power Concepts. They will complete the final 4 days on May 30, 31 & June 8 & 9. If you missed this 4-week session, watch for more information about another planned for August.

Congratulations to a band member who obtained his Class 2 driver's license. Contact the Education office for more information on professional driver training.

Until next time, Humelth



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LNIB Education Department – Gail La Rochelle – PSE/Trades/Training Coordinator

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Hello Everyone,

I hope everyone had a great Victoria Day long weekend and enjoyed the sunshine. Did you clean your yard and get the gardens ready for planting vegetables and flowers?

This month is Father's Day. What will you be doing to make your dad's day special? Going fishing, hiking, exploring, or taking a day trip somewhere. But most important, spend some quality time

together. At the end of the day have a barbeque with dad's favorite dish. Make sure everyone wears sunscreen, so no one gets a sun burn!

The Education Office has been quite busy the last couple of months. We received a lot of PSE Funding applications and will have a final tally next month. I was also busy doing a report for Indigenous Services Canada that was due the end of May. This month we have the High School and Post-Secondary Graduations.

To all Graduating PSE students, please have a copy of your final transcripts sent to our office.

We will be contacting the PSE applicants within the first week in June to set a time to have a phone or in person interview regarding your application. This is to be sure you have everything you need, to answer any questions you may have and that you understand the funding process and your responsibilities.

If you are a graduating 12 student from the valley or from outside the valley and you are planning to enroll in Post Secondary Studies, don't forget about the entrance bursaries that are available at all Universities and Colleges. Contact the student aid office at your chosen university for more information and assistance completing the applications.

All students check out the following Scholarships and Bursaries:

<https://www.scholarshipscanada.com/>

<https://newrelationshiptrust.ca/apply-for-funding/student-funding/student-scholarship-and-bursaries/> Opens: May 15, 2023 Closes: August 1, 2023

To all Membership in the Nicola Valley and away from the area, if you find any program or courses you are interested in taking, such as first aid, a post-secondary course, skills training for employment, or an online course, we are here to help you with the process. We can also help create or update your resume. Contact our office to find out how we can support you.

Give our office a call or email to ensure we have your current up-to-date contact information.

Until next month, stay safe, and be good to one another.

*Gail La Rochelle*

Phone: 250-378-5157 Email: [gail.larochelle@lnib.net](mailto:gail.larochelle@lnib.net)



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LNIB EDUCATION  
DEPARTMENT

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[angie.nikkel@lnib.net](mailto:angie.nikkel@lnib.net)

(250) 315 – 7927

2160 SETTLERS ROAD  
HWY 8

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ANGIE NIKKEL, EDUCATION ASSISTANT

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**HELLO, AND HAPPY JUNE TO EVERYONE!**

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**Upcoming Events:****-Thursday, June 22: MSS Graduation****Thursday, June 29: Last day of classes**

By the time June arrives, teachers, students, and administrators are all looking forward to the end of the school year. But keep in mind the importance of keeping up with your child's summer learning during the summer break. Students can lose two to three months in reading achievement every summer, as well as two months of grade-level equivalency in math skills. This concept of learning loss is referred to as "the summer slide". If your child does not have summer learning opportunities, this learning loss will accumulate each year. There are affordable and free options for summer learning that parents should explore through schools, libraries, and non-profit organizations. Summer learning is not just important for young children, but for teenagers as well. There are many things you can do as a parent to help your child stay on track to academic success during summer vacation starting with researching learning opportunities in your community and planning daily learning activities.

If you have noticed that your child (or children) is struggling in one or more areas, a tutor is available for those of you with a student or students in need of one-on-one tutoring or would benefit with extra help with their schoolwork. Please reach out to myself at [angie.nikkel@lnib.net](mailto:angie.nikkel@lnib.net) (250-315-7927) or Sharon Parsons at [sharon.parsons@lnib.net](mailto:sharon.parsons@lnib.net) (250-378-5157) to fill out an application and get onto the schedule. We have computers available if needed.

# Post Secondary Scholarship & Bursary Opportunities

- <https://chiefjoemathias.ca/>
- <https://indspire.ca/programs/students/bursaries-scholarships/>
- <https://newrelationshiptrust.ca/apply-for-funding/student-funding/student-scholarship-and-bursaries/>
- <https://bcaafc.com/education/first-citizen-funds/>
- <https://www.workbc.ca/find-loans-and-grants/students-and-adult-learners/scholarships-bursaries-and-loans>
- [ATCO.com/https://www.atco.com/en-ca/our-commitment/partnerships-indigenous-peoples/indigenous-education-programs.html](https://www.atco.com/en-ca/our-commitment/partnerships-indigenous-peoples/indigenous-education-programs.html)
- Indigenous Bursaries Search Tool - <https://www.sac-isc.gc.ca/eng/1351185180120/1351685455328>

**Please contact LNIB Education Department  
for assistance with the application:**

**phone: 250 378 5157**

**or email**

**[sharon.parsons@lnib.net](mailto:sharon.parsons@lnib.net)**

**[gail.larochelle@lnib.net](mailto:gail.larochelle@lnib.net)**

**[reception.education@lnib.net](mailto:reception.education@lnib.net)**



THE UNIVERSITY OF BRITISH COLUMBIA  
Faculty of Medicine



## **INDIGENOUS MD ADMISSIONS WORKSHOP**

**JULY 26-28, 2023**

The 20<sup>th</sup> annual Indigenous MD Admissions Workshop will take place at the Island Medical Program, located on the University of Victoria campus in Victoria, BC.

### **EXPLORE A FUTURE IN MEDICINE**

If you are thinking about pursuing a future in medicine, this is a unique opportunity to learn how UBC can support you in your studies and connect with an inclusive, caring community of medical practitioners, students, and faculty.

Our annual pre-admissions workshop for Indigenous pre-med students isn't just for those already in university. Prospective students, including post-secondary and high school students can explore what it means to attend university and embark on a journey to becoming a healthcare professional.

### **JOIN A CARING COMMUNITY**

Being part of a community is important—it helps people feel connected to traditions and knowledge unique to them. At the UBC Faculty of Medicine, we are a community that celebrates our students' diverse perspectives on healthcare and Indigenous ways of knowing.

For twenty years we've been providing the Indigenous MD Admissions Workshop dedicated to welcoming Indigenous people into our faculty and supporting them as they make a commitment to study medicine. We know that our annual workshop will give you an introduction to our community and help you feel more confident about your decision to study medicine.

**WHY ATTEND?****To learn**

- Find out about prerequisites, course planning, and get a preview of the medical curriculum and residency programs.
- Get an overview of the Medical College Admissions Test (MCAT), and learn about the UBC interview process by participating in mock interviews.
- Gain familiarity with the application process and admission requirements.

**Meet faculty & staff**

- Hear stories from doctors and faculty who chose UBC.
- Learn about student supports from a member of the Student Affairs team.
- Get the facts about your financial options from the Faculty of Medicine's Student Financial Assistance Officer.

**Feel supported**

- Learn about preparing your application from our Indigenous Student Initiatives Manager.
- Better understand specific Indigenous resources and support for students with Indigenous ancestry, including First Nations, Métis & Inuit peoples.
- Hear from a local Elder during the opening and closing remarks.
- Ask questions of Indigenous medical students and residents to learn about their experiences.
- Find out more about what pursuing a career in medicine entails.



If you're feeling apprehensive about pursuing a medical degree, our workshop is one of the best ways to reduce your doubts, fears, or anxieties about pursuing your goal of becoming a medical doctor. You'll gain personal insights and guidance about your choice to study medicine with us.

We are excited about the remarkable students, alumni, and faculty who will be presenting and advising over all three days of the workshop and we hope you'll join us in July 2023.

**WE'VE GOT YOU COVERED**

There is *no* cost to attend the workshop.

The workshop will take place in person in Victoria. The university will cover your accommodations and meals, however travel to/from the workshop will be your responsibility.

If public health guidelines change, the workshop may need to shift to a virtual gathering. This will be communicated as soon as a decision is made. Successful applicants will be notified by email.

**NEXT STEPS: YOUR WORKSHOP APPLICATION**

Apply online at:  
[https://ubc.ca/1.qualtrics.com/jfe/form/SV\\_OD4S4HRDke8seKV](https://ubc.ca/1.qualtrics.com/jfe/form/SV_OD4S4HRDke8seKV)

Along with your application, you'll need to prepare and submit:

- A 500-word autobiographical essay, including who you are and why you want to become a doctor.
- A copy of your most recent transcripts or report card.
- A copy of your proof of ancestry such as status, treaty and Métis membership cards. We also accept written letters of support from your Band, Inuit and Métis organizations.

We encourage you to get your application in as soon as possible. If you have any questions about the workshop, please reach out to us.

**CONTACT US**

Meghan MacGillivray  
 Indigenous Student Initiatives Manager  
 indigenous.md@ubc.ca  
 604-822-8291

✉ indigenous.md@ubc.ca

📘 facebook.com/UBCmed

🌐 [mdprogram.med.ubc.ca/admissions](https://mdprogram.med.ubc.ca/admissions)

🐦 @UBCmedicine





## Jordan's Principle News

Nlaka'pamux Services Society



### Contact Info:

Michelle Isaac

PO Box 430, Lytton BC

V0K1Z0

604-206-8556 or

250-256-1988

Jordan's@nntc.ca

### In Community Dates:

May 23-26, 2023

NNTC Building:

1632 St. Georges rd, Lytton

June 13-16, 2023

NNTC Building:

1632 st Georges Rd Lytton

June 14 I will be at the Lytton First Nations Health Fair set up with applications and information

July 9-14, 2023 Pasulko Lake for Culture Camp I will have an info booth setup with applications

Any other communities that would like me to join events please send me an email

### Current Group Requests:

-Laptops

-School Supplies and clothing

**I would like to have the group requests in by the end of June 2023.**

#### Information needed:

Childs full name, date of birth, status card #(if they have one), on off reserve, full contact info

#### Forms Required:

Consent forms

Confirmation of eligibility of status or that you live on reserve

You do not have to live on reserve to receive supports

Individual Requests can include but not limited too:

Educational Needs or fees, Medical Needs including assessments and Dental Surgery, Eye glasses, cultural activities, sports fees, transportation, clothing, groceries, diapers, formula, One to one workers in school, respite to parents

Please if your child has any unmet needs please contact me.



#### Enhanced Service Coordination contact

- The Jordan's Principle Enhanced Service Coordination model ensures that there are dedicated community-based service coordinators to assist Indigenous families and guardians with the navigation of the whole range of federal and provincial services and supports (education, health, and social), including submitting Jordan's Principle requests on their behalf.
- The model also includes a BC [Jordan's Principle Service Coordination Hub](#) to act as a province-wide resource for service coordinators by providing on-going training, tools, and a community of practice.
- Service Coordination can be offered virtually, over the phone, and when possible, in-person.

You can find a Service Coordinator in your BC region by:

1. Emailing the Jordan's Principle BC Hub at [jordansprinciplehub@acc-society.bc.ca](mailto:jordansprinciplehub@acc-society.bc.ca)
2. Visiting the Hub website at [jordansprinciplehubbc.ca](http://jordansprinciplehubbc.ca) and selecting the Service Coordinator Directory tab

#### Capital CHRT 41

- By virtue of 2021 CHRT 41, First Nations and First Nations-authorized Jordan's Principle service providers can access funding for the purchase and construction of capital assets needed to:
  - provide safe, accessible, confidential and culturally- and age-appropriate spaces needed to support the delivery of Jordan's Principle services on-reserve.

What is eligible?	How can I get more information?
<ul style="list-style-type: none"> <li>• The purchase, construction or renovation of a capital asset must be underway and/or ready to proceed, and support spaces that are safe, accessible, confidential, and culturally and age appropriate, and used for the delivery of Jordan's Principle services to eligible First Nations child(ren) on reserve.</li> <li>• Where Jordan's Principle services are delivered off reserve, pre-capital planning funding for off-reserve capital assets to support such delivery are also eligible. In other words, if the asset will be located off reserve, it may be eligible for pre-capital planning funding (e.g. needs assessment or feasibility study) only.</li> </ul>	<ul style="list-style-type: none"> <li>• Capital CHRT 41 Information has been posted on <a href="#">Indigenous Services Canada's website</a></li> <li>• Contact email is <a href="mailto:bcjpchrt41-cbptcdp41@sac-isc.gc.ca">bcjpchrt41-cbptcdp41@sac-isc.gc.ca</a></li> <li>• A copy of the Capital Program Delivery Guidance is available by email.</li> </ul>

#### Regional Contact Information

##### Key Contacts, BC Region

- BC Region Duty Phone: (778) 951-0716 *Monitored during business hours: 8:00am-4:00pm*
- General Inbox: [principedejordancb-bcjordansprinciple@sac-isc.gc.ca](mailto:principedejordancb-bcjordansprinciple@sac-isc.gc.ca)
- Payments Inbox: [paiementsprincipedejordancb-bcjordansprinciplepayments@sac-isc.gc.ca](mailto:paiementsprincipedejordancb-bcjordansprinciplepayments@sac-isc.gc.ca)
- Capital Requests Inbox: [bcjpchrt41-cbptcdp41@sac-isc.gc.ca](mailto:bcjpchrt41-cbptcdp41@sac-isc.gc.ca)

##### National Jordan's Principle Call Centre:

- 1-855-JP-CHILD (1-855-572-4453) teletypewriter: 1-866-553-0554, Available 24 hours, 7 days a week

##### Indigenous Services Canada's [Jordan's Principle Website](#)

##### How to I access a Jordan's Principle Application form?

- [ISC Website](#)
- Email: [principedejordancb-bcjordansprinciple@sac-isc.gc.ca](mailto:principedejordancb-bcjordansprinciple@sac-isc.gc.ca)
- BC Region Duty Phone: (778) 951-0716 *Monitored during business hours: 8:00am-4:00pm*



Date last updated: October 2022



## Jordan's Principle – BC Region

Named in memory of Jordan River Anderson, a young boy from Norway House Cree Nation in Manitoba (KinosaoSipi, ᑭᑎᓄᓐᓂᓴᓴᓴᓴ). On February 2, 2005, Jordan River Anderson passed away in hospital at the age of 5 before the provincial and federal governments could agree on who should pay for his home care in a medical foster home. As a result of the funding dispute, Jordan was never able to return to his home community. Jordan's Principle is a legal obligation, which means it has no end date. Jordan's Principle will support First Nations children for generations to come. This is the legacy of Jordan River Anderson.

### What is Jordan's Principle?

- Jordan's Principle is a needs-based initiative that provides funding to First Nations children and youth to access the products, services and supports they need, when they need them, regardless of whether they live on or off reserve.
- Jordan's Principle ensures the best interests of the child, including their physical, emotional and psychological safety, security, culture and well-being are important considerations in taking action and making decisions.
- Jordan's Principle recognizes that First Nations children may require government services that are not typically available to all other children in BC in order to ensure substantive equality, culturally appropriate care, and/or to safeguard the best interests of the child.

### Who is eligible?

- A child from birth up until their 19<sup>th</sup> birthday (age of majority) in BC, is eligible for Jordan's Principle, if the child permanently resides in Canada and meets one of the following criteria:
  - is registered or eligible to be registered under the *Indian Act*;
  - has one parent or guardian who is registered or eligible to be registered under the *Indian Act*;
  - is recognized by their nation for the purposes of Jordan's Principle; OR
  - is ordinarily resident on reserve.

### How to apply?

- Jordan's Principle Request Form [can be downloaded](#) from the Jordan's Principle website, or requested from the BC Region team. This form will be used to indicate consent and eligibility:

There are only <b>three</b> pieces of required information needed to submit a request:	1. <b>Consent:</b> (written or oral) from the child's parent/guardian or from the youth if they are legally able to make decisions regarding their care (16 or older in BC)
	2. <b>Eligibility:</b> Information concerning eligibility for Jordan's Principle
	3. <b>Letter of recommendation from:</b> <ul style="list-style-type: none"> <li>a licensed/registered professional who is involved in the child's care; OR</li> <li>a community authorized Elder or Knowledge Keeper (for requests related to culture, language or mental/spiritual/emotional wellness supports)</li> </ul>

### Group Requests

- Group Requests are appropriate when the needs of children/youth seeking services are more effectively met in the context of the collective needs of a defined group.

Who can a Group Request be submitted for?	What are common Group Requests?
<ul style="list-style-type: none"> <li>a group of children (more than one child) within one family, or from multiple families/guardians with specific needs;</li> <li>a group of children with specific needs within the same community, or under the care of the same organization/educational institution.</li> </ul>	<ul style="list-style-type: none"> <li>Requests to contract professionals to provide services for groups of children (e.g. Occupational therapy, Physical Therapy, Speech and Language, Cultural Services, Behavioural Therapy etc.)</li> <li>Requests for specialised individuals to assist a group of children in education or social contexts (Shared Education Assistants, Youth Mental Health Workers)</li> </ul>



Canada



**JULY 16–20<sup>TH</sup>, 2023**

**Students going into Grades 10–12**

**📍 UBC Okanagan Campus**



**APPLY NOW FOR THE 6<sup>TH</sup> ANNUAL  
INDIGENOUS SUMMER LEADERSHIP CAMP!**

Application deadline: May 19, 2023 at 4:00pm



Scan for more information & to apply, or visit:  
[students.ok.ubc.ca/indigenous-students/summer-camps/](https://students.ok.ubc.ca/indigenous-students/summer-camps/)



[INDG.SUMMERCAMP@UBC.CA](mailto:INDG.SUMMERCAMP@UBC.CA)



(250) 807-8699



THE UNIVERSITY OF BRITISH COLUMBIA

Indigenous Programs & Services  
Okanagan Campus



**CAMP 1 JULY 9–13<sup>TH</sup>, 2023**

**CAMP 2 JULY 30–AUGUST 3<sup>RD</sup>, 2023**

Students going into Grades 7–9

📍 UBC Okanagan Campus



**APPLY NOW FOR THE 8<sup>TH</sup> ANNUAL  
INDIGENOUS SUMMER SCHOLARS CAMP!**

Application deadline: May 19, 2023 at 4:00pm

↪ Scan for more information & to apply, or visit:  
[students.ok.ubc.ca/indigenous-students/summer-camps/](https://students.ok.ubc.ca/indigenous-students/summer-camps/)

✉ [INDG.SUMMERCAMP@UBC.CA](mailto:INDG.SUMMERCAMP@UBC.CA)

📞 (250) 807-8699



THE UNIVERSITY OF BRITISH COLUMBIA

Indigenous Programs & Services  
Okanagan Campus



#### Announcements

- ☞ LNIB has hired Nicola Valley Landscaping to do property maintenance for all buildings.
- ☞ New Garbage Truck has arrived, however garbage bins won't be here until August. Garbage Bins will still be in effect until then.
- ☞ The Veterans Memorial Site is now complete, thank you to Bill Huston, Jimmy Isaac, Alex Bukkos, Ericka Boggs, Jason Stewart, Josh Moore, Skyler Peterson and Cody Kovacs

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### We ask you to please be Bear Aware

- ☞ Practice safe storage and removal of your household trash
- ☞ Keeping areas around your residence clear of anything that might attract Bears to your yard
- ☞ Please maintain close supervision of children and pets
- ☞ Hike during the daylight hours and go in a group if possible

### IF YOU DO COME INTO CONTACT WITH A BEAR

- ☞ Please Report all sightings and encounters as soon as possible
- ☞ Be aware of the animal's location and slowly back away, **DO NOT RUN!**
- ☞ Remain calm; give the animal a chance to leave on its own
- ☞ Leave Bears an escape route
- ☞ Remember all Bears are Dangerous
- ☞ Please report all Bear sightings to the Conservation Officer 250-378-8489

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Lower Nicola Indian Band continues to monitor the rivers. Be careful near fast flowing water and stay away from riverbanks when they are running high. In the meantime, an emergency can occur at any time without warning, we suggest that you prepare and be ready. Being prepared is both an individual and an organizational responsibility, so let's work together.

**The Public Works Department would like to wish all the dads out there a Happy Father's Day!!!**







LNIB  
New garbage truck arrived





## LNIB Culture Department Carole Basil's June 2023 Programs

**Ribbon Skits/Shirts, Sewing Projects**  
10:00am to 2:00pm - Monday June 5<sup>th</sup> , 12<sup>th</sup> , 26<sup>th</sup>

**Leather Crafting**  
4:30 to 7:00pm – Monday June 5<sup>th</sup>, 12<sup>th</sup>, 26<sup>th</sup>

**Hand drumming @ the Rocky Pines Centre**  
5:00pm to 7:00pm – Tuesday June 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup>

**Adult Moccasins**  
10:00am to 2:00pm – Tuesday June 20<sup>th</sup> & 27<sup>th</sup>

**Drop in Beading**  
10:00am to 2:00pm – Wednesday June 7<sup>th</sup>, 14<sup>th</sup> & 28<sup>th</sup>

**Ladies Mukluks**  
4:30 to 7:00pm Wednesday June 7<sup>th</sup>, 14<sup>th</sup>, 28<sup>th</sup>

**If you have any questions or concerns please call or  
text Carole Basil @ 250-315-9158**



## Hénłekw.



Asparagus harvested by Elder Karen.



Wild potatoes harvesting by Elder Robin.



Dip net handle and hoop gathering.



Men's group PAL (firearms license) workshop

- Tuesday Hand drum group is on at 5PM at Rocky Pine center with Paul Joe
- The Thursday beginner Language group is 5pm at Culture Center.

**Men's group** plans to: continue with and a gun cleaning workshop in near future.

**LOWER NICOLA INDIAN BAND – CULTURE REVITALIZATION DEPARTMENT**  
**Joe Shuter: 250-315-7487**  
**Carole Basil: 250-315-9158**



## Shulus Garden Activities

**Garden Club Meeting: “Always a lot to talk about, share seeds & plants”.**

**Location:** Shulus Garden Portable - 2124 Neale Road, Shulus I.R.

**Date:** Every Tuesday, from 10 to noon,

**Agenda:** Open mic, funny stories, tricks of the trade, hands on garden activities & more!

\* Your suggestions are always welcome\*.

### Planting season:

Full speed ahead: Onions, garlic, potatoes, corn, carrots, herbs, flowers, lettuce, radishes, tomatoes, peppers, cucumbers, sunflowers, Swiss chard, broccoli, cauliflower, asparagus, medicinal plants, fruit trees, raspberry bushes and so much more.

### Volunteer program:

We give you produce to Volunteers, just fill in a Volunteer sheet, include a list of produce you want, and we will contact you when it is ready for you.

### Thank you notes to:

- LNIB Development Corporation, for allocating land so Shulus Garden can grow food for “LNIB Food Security Initiative”.
- LNIB Development Corporation, for hiring Shane Muir to build a barbed wire fence around the garden.
- LNIB School students, grades 3 & 4, for helping Kat to plant vegetable and melon seeds. Right on time!
- LNIB School for inviting us to host a Worm Farm demonstration booth on Cultural Day. Kids favorite!
- Harold Aljam and Victor Lacerte for the aged manure & delivery.
- NVIT Culinary Class, for helping plant hundreds of onion bulbs & then cooked us a delicious BBQ.
- LNIB Chef & Council, for accepting the motion, to host the Indigenous Agricultural Training Program.
- LNIB Economic Development staff, for helping to organize the “Indigenous Agricultural Training Program”, for July to August. Call Steven Wilks to Registration.
- LNIB Economic Development, for donations to the Shulus Apiary. We will now have 7 active hives this year and for the new honey extractor. The hand extractor was a lot more work!

### Garden staff:

- Kat is always out planting & maintaining something. Setting up irrigation pipes and water timers. Mending fences and chasing cows. Feeding worm juice to plants, setting up shade screens. Doing office work & creating posters & power points, researching & viewing garden webinars, and so much more.
- Chris has been mixing & tilling in aged manure, peat moss & compost for produce rows, setting up irrigation & mending fences. He manages the compost systems & weeds, repairs or builds most garden structures.
- Lorna tends to administration, worm farming, bee keeping, planning garden activities & sales, etc.

### Check out Shulus Garden Posters on LNIB web site and Facebook page:

- Planning a garden fact sheet,	- Pre-order your “Honey”
- Agriculture Training Program,	- Pre-order your “Shulus Garden Food Box”
- Volunteer Program - for Food	- Garden Club

# INDIGENOUS AGRICULTURE TRAINING PROGRAM

July & August

Farm Equipment Training/Safety  
WHMIS  
First-Aid  
Food Safe  
Introduction to Bee Keeping  
Food Preserving  
Growing Food Crops  
Green House Course

To register contact Steve Wilks at  
(250) 378-5157 or email [steve.wilks@lnib.net](mailto:steve.wilks@lnib.net)

Sponsored by: First Nations Agriculture Association of BC





## LNIB Shulus Gardens

# We Need Volunteers

- \* Preparing Vegetable Rows
- \* Weed Medicine Garden
- \* Plant Seeds & Seedlings
- \* Asparagus/Raspberries/Strawberries  
(need to be weeded)



Plant & seed  
exchanges



You can contact  
Lorna Shuter (250) 936-8365  
Katolina Peterson (250) 378-7561





## June 2023 LNIB Recreation Calendar

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
				1 Swimming 3pm-5pm	2	3
4	5 River Visit 3pm-5pm	6 Skate Park 3pm-5pm	7 School Gym 3pm-5pm	8 Swimming 3pm-5pm	9	10
11	12 Windy Canyon 3pm-5pm	13 Bowling 3pm-5pm	14 Hiking 3pm-5pm	15 Swimming 3pm-5pm	16	17
18	19 River Visit 3pm-5pm	20 Skate Park 3pm-5pm	21 STAT	22 Swimming 3pm-5pm	23	24
25	26 Youth Center 3pm-5pm	27 Bowling 3pm-5pm	28 Hiking 3pm-5pm	29 Swimming 3pm-5pm	30	

### Notes

Recreation forms available at LNIB Main Office, LNIB Health Center, LNIB School, and Nicola Canford School.  
For more information Contact Jacint at : [jacint.majlath@lnib.net](mailto:jacint.majlath@lnib.net) or 250 575 0569.



# Calling for Bids

**Community Music Video  
Showcase & BBQ Dinner June 13th  
for 100 people**

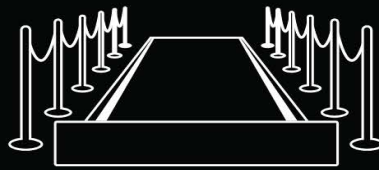
**Bid to include:  
BBQ Chicken  
Baked Potatoe  
Green Salad  
Dessert  
Beverage**

**Must provide all utensils, napkins  
and any condiments required.  
Responsible for preparing and  
cleaning up.  
Lowest bid may not be considered.**

**Your bid should include main contact person and food  
safe certificate.**

**You can email your bid to the  
Any questions call Dustin Eberle at (250) 378-5157 or  
email [dustin.eberle@lnib.net](mailto:dustin.eberle@lnib.net). You can drop off the  
bid at the LNIB Community Services**

# COMMUNITY MUSIC VIDEO SHOWCASE & BBQ DINNER



June 13th 5-7pm

Rocky Pines Community Center

Come see the song and music video our local youth  
created with N'we Jinan and honour their work



LOWER NICOLA  
INDIAN BAND

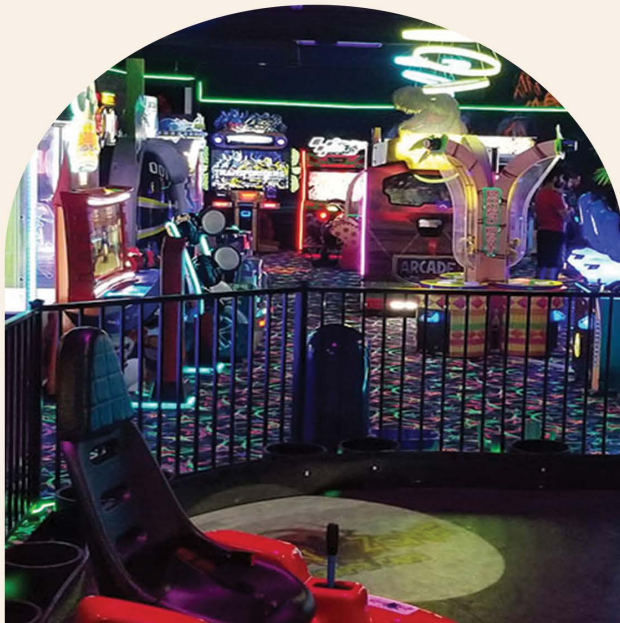




# ROCKY PINES YOUTH CENTRE YOUTH DROP-IN



Monthly Youth Drop-In  
First Saturday of every month



This month's drop-in  
includes a visit to:



4-9 PM

2777 COUGAR CRESCENT

AGES 12-18

Only 15 seats available. Contact Dustin  
Eberle at 250-3785157 With questions or to  
register



LOWER NICOLA  
INDIAN BAND



# Working together to bring Government of Canada services to **you.**

Representatives from  
**Service Canada** will be  
in your community:

DATE: June 13, 2023

TIME: 9:00 am to 4:00 pm

Location: LNIB Health  
Centre

If you are unable to meet with us during this visit, you can  
request information and assistance through the Outreach  
Support Centre from 8:30-4:00, Mon-Fri: 1-877-631-2657



## JOIN US to find out more about...

Please join us in the band office hall for  
assistance with:

### PENSIONS:

- Canada Pensions Plan (CPP) and CPP  
Disability; death and Survivor Benefits
- Old Age Security Pension (OAS) and the  
Guaranteed Income Supplement (GIS)

### SOCIAL INSURANCE NUMBERS

### EMPLOYMENT INSURANCE

- EI
- Sickness Benefits
- Family Caregiver Benefits

### PASSPORTS

If you will be working with CRA, please use  
the poster found here:  
<https://esdc.prv/en/service-canada/service-delivery/cols/working-together.shtml>

\*If you need a SIN, please bring: your birth certificate,  
certificate of Indian Status and any other forms of federal  
or provincial identification you may have.



Government  
of Canada

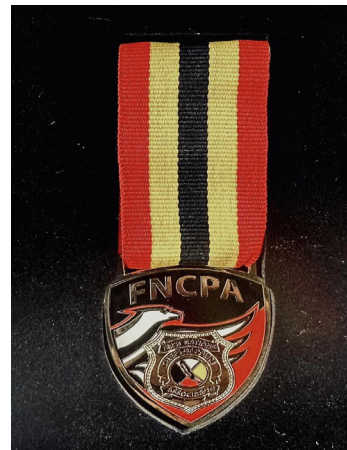
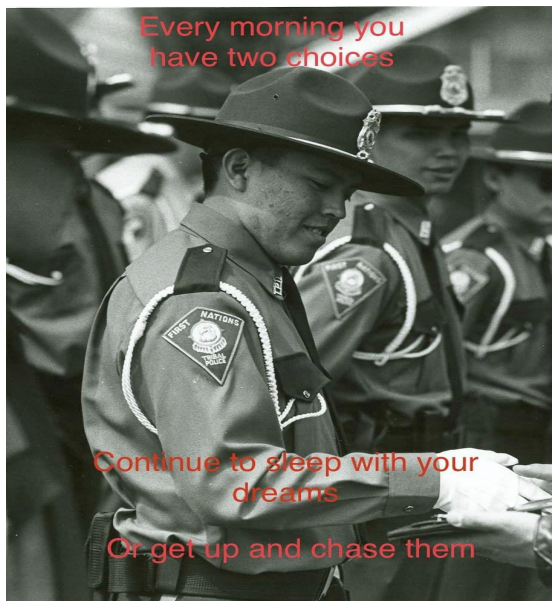
Gouvernement  
du Canada

Canada



**At the Stl'atl'imx Gathering - Marble Canyon, BC.  
Leonard Isaac was recognized for 20+ years  
service with Stl'atl'imx Tribal Police Service.**

**May 2023**



# Aspen Solar and Energy Storage Project

## *Invitation to Comment*

### May 30 to June 30, 2023

Aspen BC Solar Limited Partnership proposes to build the Aspen Solar project, including solar panels, battery storage facility, access roads and transmission lines, about 50 km southeast of Merritt, B.C.

The EAO is holding a public comment period on the Initial Project Description, which outlines major components of the project and anticipated effects on the environment and human activities.

Learn more about the project and tell us what is important to you:



**[gov.bc.ca/EAOPublicComments](https://gov.bc.ca/EAOPublicComments)**



You may also submit comments by mail: Aspen Solar Project, PO box 9426, Stn Prov Govt, Victoria, B.C. V8W 9V1

#### **In-Person Open House**

**June 6, 2023**

3:00 pm to 6:00pm

**Comfort Inn and Suites**

3713 De Wolf Way, Merritt, B.C.

#### **Info Sessions (Zoom)**

**June 20, 2023**

1:30 pm to 3:00pm PDT

**June 26, 2023**

2:30 pm to 4:00pm PDT

**Register at:**

[gov.bc.ca/EAOPublicComments](https://gov.bc.ca/EAOPublicComments)



# EAO

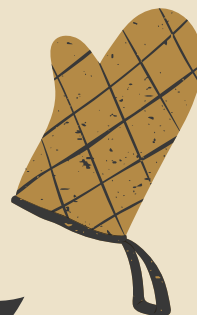
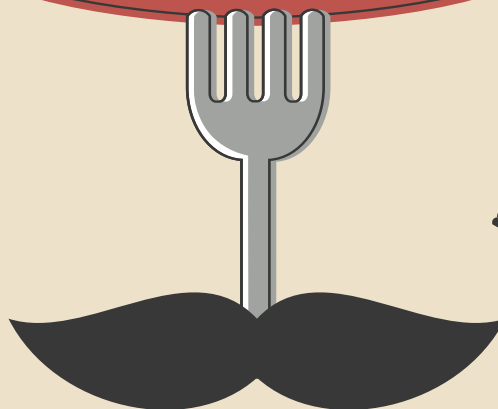
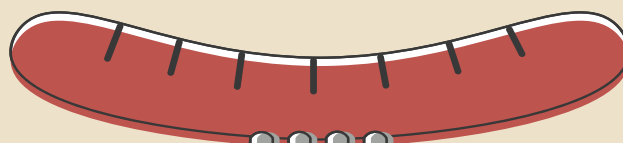
Environmental  
Assessment Office





**LOWER NICOLA  
INDIAN BAND**

# FATHER'S DAY



## DINNER

**JUNE**

**15**

**5PM -  
7PM**

**SHULUS BAND HALL | 250-378-5157  
CHRISTIE.HILL@LNIB.NET**

# **JUNE 2023**

## *Holidays & Observances*



*Thursday June 1<sup>st</sup>*  
**Dinosaur Day**



*Saturday June 3<sup>rd</sup>*  
**Bicycle Day**



*Tuesday June 6<sup>th</sup>*  
**Eyewear Day**



*Sunday June 11<sup>th</sup>*  
**Corn on the Cob Day**



*Wednesday June 14<sup>th</sup>*  
**Blood Donor Day**



*Saturday June 17<sup>th</sup>*  
**World Day to Combat  
Desertification and Drought**



*Monday June 19<sup>th</sup>*  
**Take Your Cat to Work Day**



*Wednesday June 21<sup>st</sup>*  
**Seashell Day**



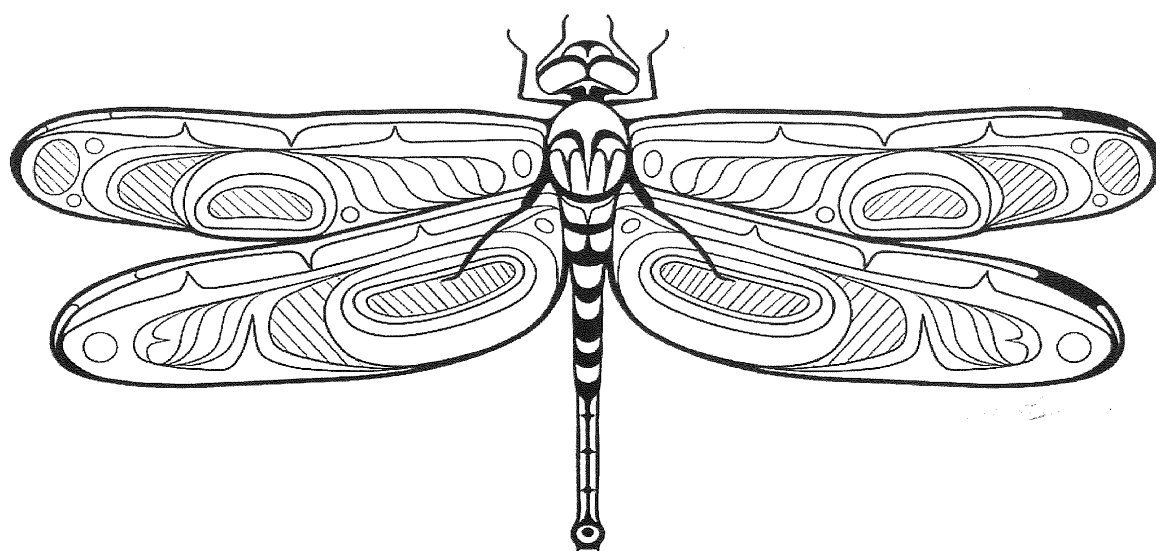
*Tuesday June 27<sup>th</sup>*  
**Bingo Day**



*Thursday June 29<sup>th</sup>*  
**Handshake Day**



Hawlii Pichette  
Mushkego Cree



Michelle Stoney  
Gitxsan