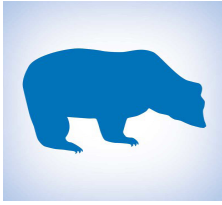


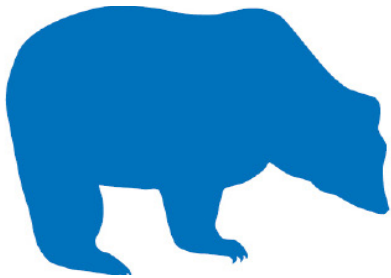
Lower Nicola Indian Band

April 2023

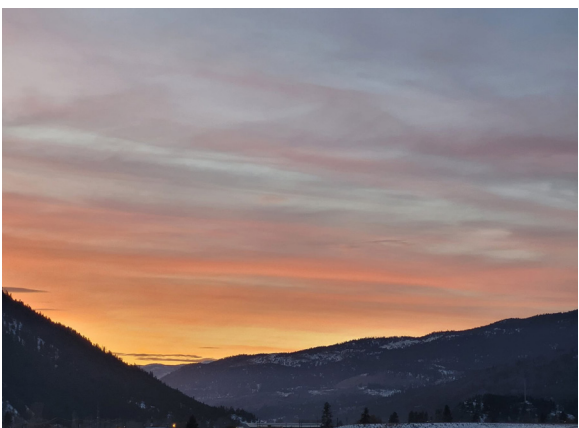


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LOWER NICOLA INDIAN BAND



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Dear LNIB Members,

I am pleased to present our monthly report for March 2023. LNIB continued to be busy on several initiatives. Here are some of the things we have been working on:

Covid-19 Financial Aid: Chief and Council passed a motion on January 17, 2023 to do a final Covid-19 financial aid to all registered band members in the amount of \$300.00. Forms are available to fill out at the Band Office you can also phone and request the form be filled out over the phone. As of March 16, 2023 there were 949 payments processed out of 1,426. Leaving 477 members who have yet to apply and receive their payment. Encourage your family members to phone the band office for assistance in submitting their application.

Upcoming Training and Workshops: April 6, 2023 the Mobile Mamogram bus will be booking appointments at the LNIB Health Center call 250-378-5157 to book your appointment. In April there is Wildland Firefighting Training coming up for S-100, S-185, S-213, S-230, S-232, ICS-100, S-211, S2-12, S-235, Basic Chainsaw Operator, Danger Tree Assessment and Wildfire Module.

All dates are to be determined phone Education to get your name on the list for all these opportunities. There are many more opportunities arising keep checking the website for updates.

First Nations Drinking Water Settlement: The Chief and Council passed a motion at the September 20, 2022 Council Meeting, to accept the Settlement Agreement of the individual class members who were residents on a Lower Nicola Indian Band reserve while a long-term drinking water advisory was in force on that reserve during the period applicable in the Settlement Agreement. In the meantime, please take a look at the following link, there is some excellent information on this website: <https://firstnationsdrinkingwater.ca/> **The deadline to apply is extended to March 7, 2024.**

Human Resources: While visiting or receiving services at other buildings, please feel free to ask the staff member you are visiting to use a mask and to adhere to safety protocols if you are concerned. We are committed to keeping the community and employees safe during this pandemic.

We'd also like to welcome the new members to our team at LNIB: Summer Robinson, Community Support and Patient Travel; Jaguar Isaac, Home Support; Clarence Basil, Cultural Heritage and Environmental Field Worker and Hunter Sanders, Cultural Heritage and Environmental Field Worker.

Current job postings with Lower Nicola Indian Band are Fire Fighters, Receptionist, Recruitment and Training Coordinator, Cultural Heritage and Environmental Field Workers, Title and Rights Coordinator, Aquatic and Terrestrial Monitors, Biologist, Aquatics and Terrestrial, Teacher: Physical Education/ Math Supporting Teacher, Lands Administrative Assistant, Janitor/Cleaner visit <https://www.inib.net/jobs/> or <https://secure.collage.co/jobs/inib> for further details.

Chief and Council: Councilor Bill Bose was reappointed chair to the Lands Management Advisory Committee. The Lands Management Advisory Committee met March 9th and 30th. Councilor Connie Joe was reappointed to the Finance and Audit Committee. The Finance and Audit Committee met March 20, 2023.

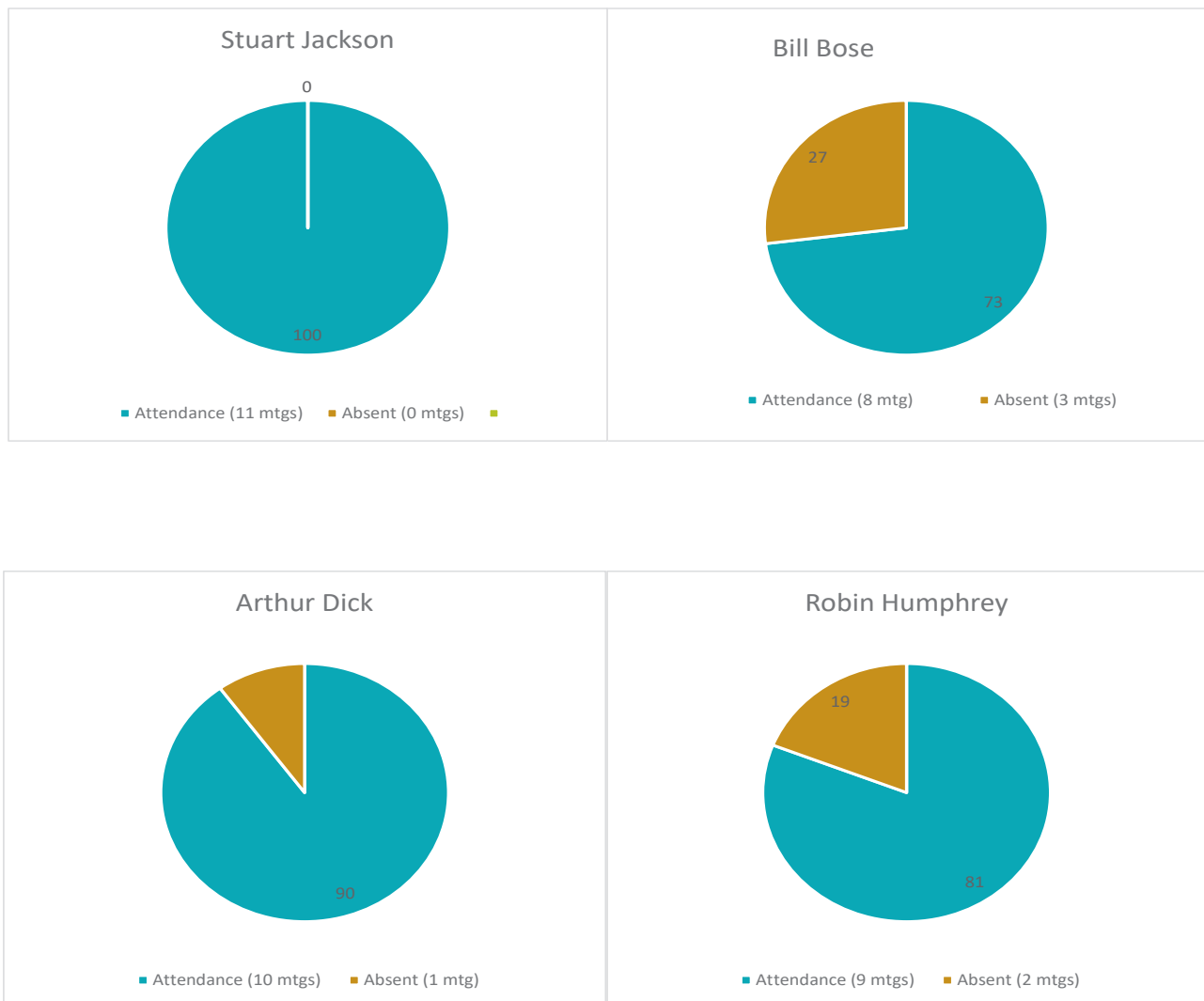
Community Meetings and Workshops: The next Band General meeting is scheduled for April 24, 2023.

Support to Chief and Council: Chief and Council met March 7th and 21st. Chief and Council orientation meeting on March 14th. Should you require anything on the Chief and Council agenda scheduled for

April please contact Sondra Tom and I. Also, the Chief and Council meetings are open to membership to join via online or telephone. Please contact Sondra Tom to be added to the email invitation for the scheduled Chief and Council meetings.

**Kari Reilander,
LNIB Executive Director**

Chief and Council Attendance
Term October 2022-September 2025



Chief and Council Attendance
Term October 2022-September 2025



Motions from Chief and Council March 7, 2023 meeting

Motion #02-21-2023-01 Reads: The Lower Nicola Indian Band Chief and Council move appoint Councilor Lucinda Seward.
Motion Carried

Motion #02-21-2023-02 Reads: The Lower Nicola Indian Band Chief and Council move to adopt the February 21, 2023 Chief and Council meeting agenda as presented.
Motion Carried

Motion #02-21-2023-03 Reads: The Lower Nicola Indian Band Chief and Council move to adopt the February 7, 2023 Chief and Council meeting minutes with noted changes.
Motion Carried

Motion #02-21-2023-04 Reads: The Lower Nicola Indian Band Chief and Council hereby approves utilizing Lot 278-2 Nicola Mameet IR No.1 in addition to Lot 278-1 Nicola Mameet IR No.1 for the septic disposal field in connection with the 14-Unit Rapid Housing Initiative Apartment Building.
Motion Carried

Motion #02-21-2023-05 Reads: The Lower Nicola Indian Band Chief and Council
NOW THEREFORE BE IT RESOLVED THAT:

1. The Right of Way Agreement be approved and authorized in substantially the form presented with any modifications, amendments or changes thereto that may be approved by the Lands Manager in his/her discretion, such approval to be conclusively evidenced by his/her execution thereof;
 2. By Resolution, Council grants the Interests and Licences, as applicable, set out in the Right of Way Agreement in respect of the applicable LNIB Lands for which the Right of Way Area is located, as defined and set out in the Right of Way Agreement, subject to:
 - i) the Land Code;
 - ii) the terms and conditions of the Right of Way Agreement; and
 - iii) the Lands Manager executing the Right of Way Agreement in his/her discretion, in such form as he may approve, such approval to be conclusively evidence by his execution thereof; and
 3. The Lands Manager, for and on behalf of Council, is hereby authorized to do all such acts and things as may be necessary or desirable to give effect to these resolutions, or in connection with the performance by LNIB of its obligations pursuant to these resolutions or the Right of Way Agreement.
- Motion Carried

Motion #02-21-2023-06 Reads: The Lower Nicola Indian Band Chief and Council endorse:

1. the extension of the Nicola Bands and BC Housing Memorandum of Understanding for Developing Asset Management Capacity for three additional years from January 1, 2023 to December 31, 2025;
 2. an application to Indigenous Services Canada's Housing Support Program for \$361,575 in funding to continue employment of a Project Manager through Scw'exmx Tribal Council, complete a housing policy, a housing plan and training during the term of the Memorandum of Understanding; and
 3. confirm the following additional funding contributions of:
 - a. \$313,650 by BC Housing,
 - b. \$36,000 allocation by each of the five Nicola Bands for staff time, and
 - c. \$31,800 by the Scw'exmx Tribal Council.
- Motion Carried

Motion #02-21-2023-07 Reads: The Lower Nicola Indian Band Chief and Council move to go IN
Camera at 6:22 pm.
Motion Carried

Motion #02-21-2023-08 Reads: The Lower Nicola Indian Band Chief and Council move to reconvene at
8:12 pm.
Motion Carried

Motion #02-21-2023-09 Reads: The Lower Nicola Indian Band Chief and Council move to adjourn the
February 21, 2023 meeting at 8:13 pm.
Motion Carried

Summary of Action Items:

Action Item #1: Executive Director will invite Scw'exmx Tribal Council back for updates specifically
financial statements on the BC Housing Memorandum of Understanding for Developing Asset
Management Capacity.

Motions from Chief and Council March 21, 2023 meeting

Motion #03-21-2023-01 Reads: The Lower Nicola Indian Band Chief and Council move to adopt the
March 21, 2023 Chief and Council meeting agenda as presented.
Motion Carried

Motion #03-21-2023-02 Reads: The Lower Nicola Indian Band Chief and Council move to adopt the
March 7, 2023 Chief and Council meeting minutes as presented.
Motion Carried

Motion #03-21-2023-03 Reads: The Lower Nicola Indian Band Chief and Council move to appoing
Councilor William Sandy as Board of Director for the NHSS.
Motion Carried

Motion #03-21-2023-04 Reads: The Lower Nicola Indian Band Chief and Council move to NOW
THEREFORE BE IT RESOLVED THAT if kwúk'wpi? Stuart Jackson is not available to attend the
National Land Registry Project Meeting in-person or virtually that the Chief and Council authorize the
kwúk'wpi? to sign the Proxy Form authorizing Stephen Jimmie to represent the Lower Nicola Indian Band
and vote on Lands Advisory Board resolutions at the Special Meeting and authorizes Stephen Jimmie
to deliver the signed Proxy Form on behalf of the kwúk'wpi? to the Lands Advisory Board Chair, Robert
Louie, by email at robert@labkelowna.com one week prior to the Special Meeting scheduled for April
18, 2023.
Motion Carried

Motion #03-21-2023-05 Reads: The Lower Nicola Indian Band Chief and Council move hereby:
1. Authorize the Lands Manager to engage a legal survey company to complete a subdivision survey of
lot 265 Nicola Mameet IR No.1 including all necessary infrastructure and access roads within the
property.
Motion Not Carried
Opposed: Robin Humphrey, Arthur Dick, Lucinda Seward, William Sandy, Stuart Jackson

Motion #03-21-2023-06 Reads: The Lower Nicola Indian Band Chief and Council hereby:
1. Approves the Encroachment Easement Agreement on Lot 278-1 and Lot 279; and

2. Authorizes the Executive Director to sign the Encroachment Easement Agreement.

Motion Carried

Motion #03-21-2023-07 Reads: The Lower Nicola Indian Band Chief and Council supports and authorizes the Executive Director to sign the Amending Agreement to the SA 10077 with Teck Highland Valley Copper Partnership, with a Commencement Date of January 1, 2023, and Completion Date of December 31, 2025.

Motion Carried

Motion #03-21-2023-08 Reads: The Lower Nicola Indian Band Chief and Council supports and authorizes the Executive Director to sign the Cultural Monitoring Agreement with the British Columbia Hydro and Power Authority, with a Commencement Date of March 1, 2023, and Completion Date of February 28, 2025.

Motion Carried

Motion #03-21-2023-09 Reads: The Lower Nicola Indian Band Chief and Council hereby:

1. Approves the penning of a Letter-of-Support dated March 21, 2023 on behalf of Cariboo Carbon Solutions' 'Nicola Watershed Restoration' project proposal to the 2 Billion Trees Program through Natural Climate Solutions Division of Natural Resources Canada.

2. Authorizes kwúk'wpi? Stuart Jackson and/or the Executive Director to sign and provide a copy of the letter of support to be submitted to Natural Climate Solutions under Natural Resources Canada.

Motion Carried

Motion #03-21-2023-10 Reads: The Lower Nicola Indian Band Chief and Council supports and authorizes the Executive Director to sign the Relationship Agreement between the Lower Nicola Indian Band and Nooaitch Indian Band. The Chief and Council of LNIB supports and approves the use of the agreement.

Motion Carried

Motion #03-21-2023-11 Reads: The Lower Nicola Indian Band Chief and Council hereby:

1. Supports signing the Rural Economic Diversification and Infrastructure Program – Forest Impact Transitions (REDIP-FIT) contribution agreement of \$218,000 which has been approved.

2. Authorizes kwúk'wpi? Stuart Jackson and/or the Executive Director to sign and submit the "Contribution Agreement" application agreement number 2022110174 project Bio Mineral Fertilizer Limited Partnership.

Motion Carried

Motion #03-21-2023-12 Reads: The Lower Nicola Indian Band Chief and Council hereby authorizes Lower Nicola Indian Band Executive Director to enter into Agreement Number C23IST024 SCA with the Province of British Columbia in the amount of one hundred and seventy-three thousand four hundred nine dollars and zero cents (\$173,409.00) to support advanced skills & training programs, and further authorizes the Executive Director to approve any invoices for payment.

Motion Carried

Motion #03-21-2023-13 Reads: The Lower Nicola Indian Band Chief and Council

Whereas: Chief and Council carry ultimate responsibility for emergency preparation, risk mitigation, response, and recovery efforts within our community;

Whereas: The Union of British Columbia Municipalities (UBCM), is accepting submissions to the Emergency Operations Centres & Training, Community Emergency preparedness Fund;

We Do Hereby Resolve That:

The Chief and Council approve an application to the Community Emergency Preparedness Fund (CEPF) Emergency Operations Centres & Training 2023 program administered by UBCM in support of Lower Nicola Indian Band's Emergency Operations Centre (EOC) in the amount of thirty thousand dollars and zero cents (\$30,000.00); and,

Further Resolve That: That the application will align with the Emergency Operations Centre Operational Guidelines.

Motion Carried

Motion #03-21-2023-14 Reads: The Lower Nicola Indian Band Chief and Council move to go IN Camera at 8:32 pm.

Motion Carried

Motion #03-21-2023-15 Reads: The Lower Nicola Indian Band Chief and Council move to reconvene at 9:58 pm.

Motion Carried

Motion #03-21-2023-16 Reads: The Lower Nicola Indian Band Chief and Council authorizes kwúkʷpi? Stuart Jackson to sign the Agreement #: CA23MAN0033 with the Province of British Columbia, Capacity Funding to Support Participation in a Mine Review Committee and a Geotechnical Survey and further authorizes LNIB to cash manage the cost of the geotechnical investigation proposal by Telford Geotechnical up to the amount of \$30,000 until such time that the capacity funding has been received.

Motion Carried

Motion #03-21-2023-17 Reads: The Lower Nicola Indian Band Chief and Council move to adjourn the March 21, 2023 meeting at 10:00 pm.

Motion Carried



*Nicola Valley
Junior Native Hockey
Association*

**Thank you
Lower Nicola Indian Band
for your Support and the use of the
Shulus Community Arena
for the 33rd Annual NVJNH Tournament
Councillor Punch**
See you next year!



Héńtekʷ.



Spokane Language Conference Group



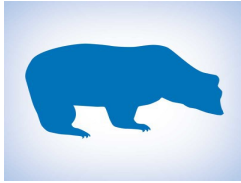
Thursday evening Nłeʔképmxcin Group

March 18 Saturday a group went to Funeral Protocol workshop at Coldwater Band School.

LOWER NICOLA INDIAN BAND – CULTURE REVITALIZATION DEPARTMENT

Joe Shuter: (250) 315-7487

Carole Basil: (250) 315-9158



LNIB Group



Gene Moses, Stephen Shuter, Louise Moses, Penny Toodlican, Lorna Shuter, Dee Basil, Joe Shuter

BC Diabetes
Conference 2023

PENTICTON, B.C.

ýè tə síʔq it - good day
Culture Programs with
Carole Basil



Drop in Beading with Carole:
Come work on your beading or start a
New project.
Monday April 3rd, 17th and 24th
9:00am to 3:00pm



Ribbon Shirts
April 14-16
9:00am to 3:00pm
Must be dedicated to all three days.
Limited Space.

Ribbon Shirts
April 14-16
9:00am to 3:00pm
Must be dedicated to all three days.
Limited Space.

**To Register for any of these
programs Text or Call
Carole Basil
(250) 315-9158**



*****LIMITED SEATING*****

Buckskin Gloves
Monday April 24th - 5:00pm to 7:30pm
Wednesday April 26th - 5:00pm to 7:30pm
Limited space
Must pre-register with Carole Basil

Annual Elders Gathering - Sign Up Form

August 14 - 17, 2023 at Vancouver, B.C.

47th Annual Elders Gathering (less 3 Covid-19 years)

August 14th, 2023 (early check-in) With the EVENT August 15-16th, 2023 and returning home the morning of the 17th.

Theme: "STRONGER TOGETHER"

Location: Vancouver Convention Centre

PLEASE NOTE: This event is funded for all LNIB Elders (age 60+). Sign up and completed sign up sheet is required.

Sign up before APRIL 17TH – LATE SIGN UP WILL NOT BE ACCEPTED.

All accommodations and registration fees are being paid in advance, PLEASE only sign up if you are certain to attend. There will be more Elder trips in the future if you are not able to attend this gathering

To sign up and fill out the form please contact Shyla McColl Elders Coordinator at

Cell Phone: 250-936-8779 or LNIB Office (250) 378-5157.

Please answer the following questions.

Name: _____

Birthday: _____

Status Number: _____

Address: _____

Will we need to provide you with accommodations? _____

Will you travel on the bus provided by LNIB or travel by personal vehicle? _____

Do you require a support worker to attend this event with you? _____

If yes please provide their full name and contact details: *Proof of a Doctors note is required*

Attention LNIB Elders

Are you interested in attending

47th Annual Elders Gathering

August 14 - 17, 2023

Theme "Stronger Together"

Vancouver, B.C.

To register you must be (60+)

Deadline is April 17th

Late registration will not be
accepted

Contact Elders Coordinator

Shyla McColl at

(250) 936-8779 or (250) 378-5157

*There is a form to be filled out with
basic information. All Registration
fees are being paid in advance.*





April 2023 - Elders Program Calendar

Please sign-up for any programs you would like to attend
 Rides are available for those with limited transportation
 Please contact Elders Coordinator Shyla McColl @250-936-8779



<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
						1.
2.	3.	4.	5. Grandmothers group – Easter Egg Hunter Rocky pines 2pm – 4pm	6. DIY Easter Crafts Rocky Pines 1pm – 3pm	7. Good Friday STAT	8.
9.	10. Easter Monday STAT	11.	12. River rock collecting. 1pm meet at Central Elementary	13. Teacher guided clay Sculpting Rocky Pines 1pm – 3pm	14. Aquafit / Pool Day 9:45am – 11am	15.
16.	17.	18.	19. Rock Painting Rocky Pines 1pm – 3pm	20. Elders Luncheon Shulus Soup Kitchen 11:30 start	21. Gift Card Bingo Rocky Pines 1pm – 3pm	22.
23.	24.	25.	26. Grandmothers group Rocky pines 2pm – 4pm	27. Movie Night! Health Center 4:30pm start	28. Bowling Details to come please contact Shyla McColl for sign up!	29.

Elder's St. Patrick's Day Party





St'át'imc Bears from Lillooet



Young People Wellness Gathering 2023



Elder Amelia Washington



Elder Sheree Moses



Ted Tom doing a presentation on gun safety.

Seasons mark the significant points of change and the cycles of life. They are powerful symbols for all of us but like all things, the changing of seasons only gives opportunity for change. Opportunities mean little if we do not take action. Spring represents a time of rebirth, where warmth returns, flowers bloom and animals come out of hibernation to greet a new year. It represents a shifting of resources and of daily life patterns that are naturally more outward and outdoors than the colder season we are leaving behind.

Spring is also a powerful symbol of renewal and we look forward to the good tidings ahead. Hope and positivity seem to have an inner boost as life blossoms around us in nature. Creation seems to be celebrating life after a harsher and more isolated time.

What patterns of life have we been operating in? How are we relating to family, to community, to nature? Do our patterns need more fresh air and life in them? Just like Spring, we have many resources available to us, many opportunities to create life by changing how we go about things, by adding new resources. Fresh water is flowing – are we going to it for a drink? Warm breezes are blowing – are we letting the wind lift our spirits? The earth is uncovered – are our feet planted and walking on the land? How are we tending the fire of our lives – is it warm and friendly or creating discomfort? Is it safely contained and managed or out of control? We are not alone. Ancestors are watching, supporting and family, friends are all around even when we feel they may not be. What opportunity is this season offering us that we can take positive, empowered action on?

**Submitted by
Tony Broman**



Let's Talk Tuesday

with Tony Broman

At L.N.I.B Health Center Board Room
April 11, 2023 7:00 - 8:30 p.m.

Gather for coffee, snacks & meaningful
conversation about matters of the heart

- * Community that cares
- * Caring for family
- * Life beyond addiction
- * Managing stress without losing my mind
- * An empowered life
- * Living with purpose
- * Healing & transforming our grief

Any questions
contact Tony
Broman at
(250) 378-5157





April 24th - May 26th

LNIB Spring Cleanup Contest

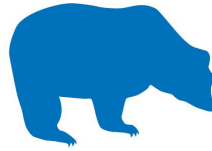
Garbage Bins • Spring Clean • Prizes

**Send Before & After Pictures to
Christie Hill**

**Email at Christie.Hill@lnib.net or
Text (250) 315-3661**

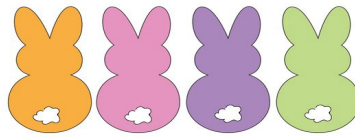
**Garbage Bins will be located in
Rocky Pines • Shulus • Zoht •
Joeyaska**





 **LOWER NICOLA**
 **INDIAN BAND**

Infrastructure and Public Works



shutterstock.com · 1049932754

How many people are happy we have finally reached Spring!!!!

The longer days are sure appreciated!

We are very happy to announce that the Garbage Truck will be on its way soon!

The regular bins will remain for approximately 3-4 months to provide time to ease into our new transition of curbside garbage pick-up days.

Eventually our old bins will be a thing of that past!

We are trying very hard to encourage our Band Members and Community Members to participate in the **Recycling Program**, it reduces garbage waste and helps the environment!

Every little bit of recycling helps!

If you have any questions regarding what can and cannot be recycled, please contact the Public Works Dept 250-378-5157 or go online www.recyclebc.ca

As a friendly reminder, please contact Naomi Jackson for our recycling magnets 😊

Animal Control: Only one procedure per year per status number ▪ LNIB will assist with 80% to a maximum of \$150.00 ▪ please remember to submit your receipt to the Public Works Dept after the procedure is done.
To keep the animal population down, please have your pet spayed or neutered

Also take note that **Spring Cleanup** will occur April 24-May 26, 2023. We are excited to see who will take part!

Please make sure to take before and after pictures



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**HAPPY
EASTER**



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181 Nawishaskin Lane, Merritt, BC V1K 0A7
Phone: 250-378-5157 | Fax: 250-378-6188 | Toll Free: 1-888-447-1744
Email: reception@lnib.net

April

LNIB Nursing events:

Emily Weston, LPN: Home Care Nurse

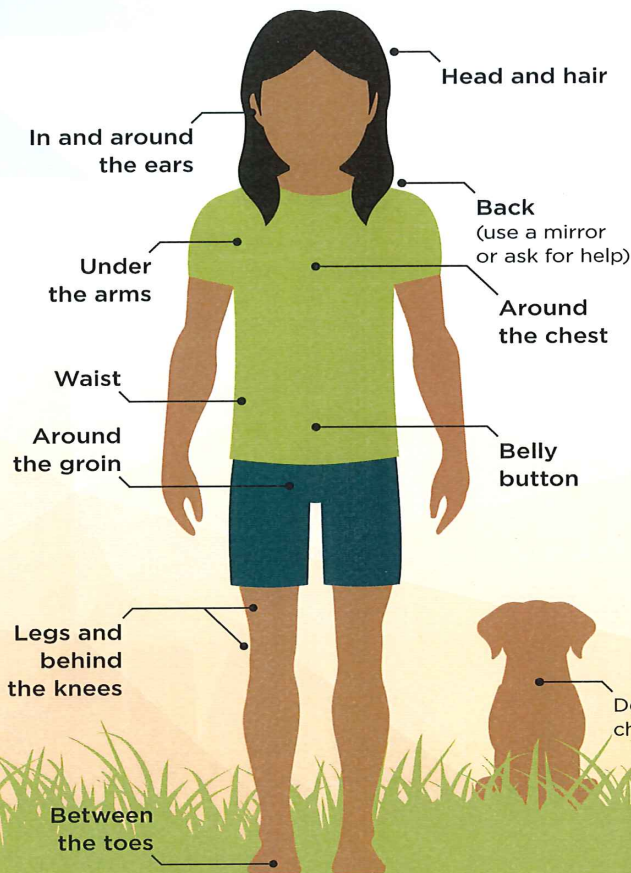
Asia Elliott, LPN: Community Health Nurse

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6 Mammography Bus – LNIB Health Centre, Call: 250-378-5157 to make an appointment	7 LNIB Health Centre CLOSED Good Friday	8
9	10 LNIB Health Centre CLOSED Easter Monday	11	12	13	14	15
16	17	18	19	20 Elder's Luncheon- wellness checks (Vital Signs, Blood Sugars etc.) At the Soup Kitchen	21	22
23	24	25	26	27	28 Health talk and tea with the LNIB nurses 130-300 At the Soup Kitchen	29
30						

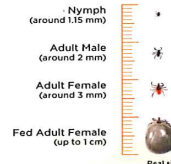
TOP 10 TICK HIDING SPOTS ON YOUR BODY

Tick checks are one of the ways you can prevent Lyme disease and other infections spread by ticks.
Check your entire body, especially:



WHAT TO LOOK FOR?

Feel for **bumps** and look for tiny **dark spots**. Look carefully, most ticks are very small!



Don't forget to also check your pets

Found a tick?
Remove it immediately to reduce the risk of infection.

Canada.ca/LymeDisease

Seabird Mobile Diabetes Team

Where: LNIB Health Centre

When: May 16-17, 23



Contact: Asia or Emily

Number: 250-378-5157

Living • Well • Together

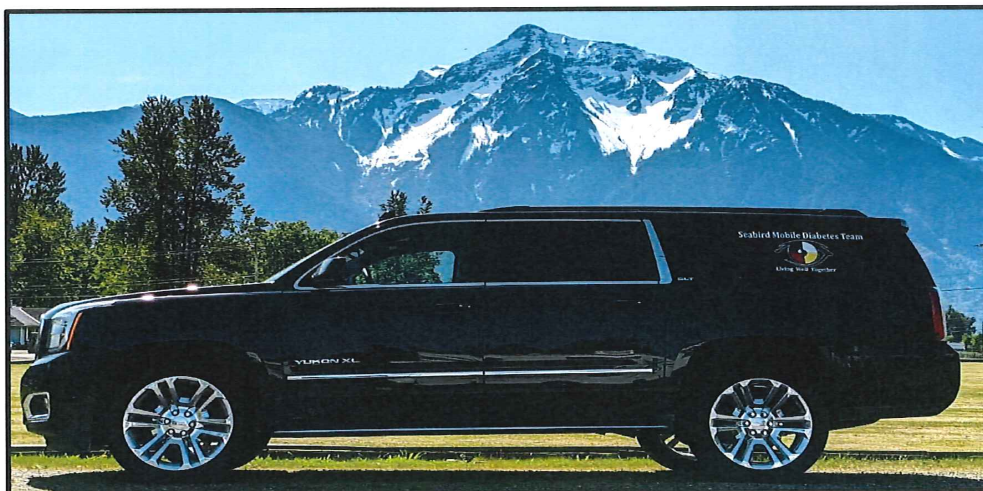
Clinic Notice

Who Is It For:

People Living with Diabetes
People Who Are Curious About It

What The Appointment Includes:

Testing Blood Sugar and Cholesterol Levels
Checking Kidney Function
Diabetes Education

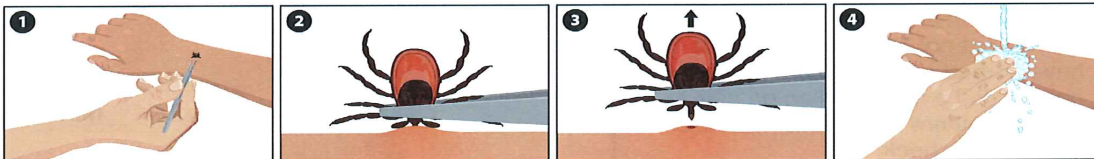


Tick Bite: What to Do

Ticks bites can make people sick. Below are some steps that you can take after a tick bite to reduce your chances of getting sick and how to get treatment promptly if you do get sick.

Remove the tick as soon as possible

1. Use fine-tipped tweezers to grasp the tick as close to the skin as you can.
2. Pull upward with steady, even pressure. Don't twist or jerk the tick.
3. After removing the tick, clean the bite area and your hands with rubbing alcohol or soap and water.
4. Dispose of the tick by flushing it down the toilet. If you would like to bring the tick to your healthcare provider for identification, put it in rubbing alcohol or place it in a sealed bag/container.



Consider calling your healthcare provider

In general, CDC does not recommend taking antibiotics after tick bites to prevent tickborne diseases. However, in certain circumstances, a single dose of doxycycline after a tick bite may lower your risk of Lyme disease. Consider talking to your healthcare provider if you live in an area where Lyme disease is common.

Watch for symptoms for 30 days

Call your healthcare provider if you get any of the following:

- Rash
- Headache
- Fever
- Muscle pain
- Fatigue
- Joint swelling and pain

Treatment for tickborne diseases should be based on symptoms, history of exposure to ticks, and in some cases, blood test results. Most tickborne diseases can be treated with a short course of antibiotics.



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

CS310465-A November 03, 2021

Common questions after a tick bite

Should I get my tick tested for germs?

Some companies offer to test ticks for specific germs. CDC strongly discourages using results from these tests when deciding whether to use antibiotics after a tick bite.

- Results may not be reliable. Laboratories that test ticks are not required to meet the same quality standards as laboratories used by clinics or hospitals for patient care.
- Positive results can be misleading. Even if a tick contains a germ, it does not mean that you have been infected by that germ.
- Negative results can also be misleading. You might have been bitten unknowingly by a different infected tick.

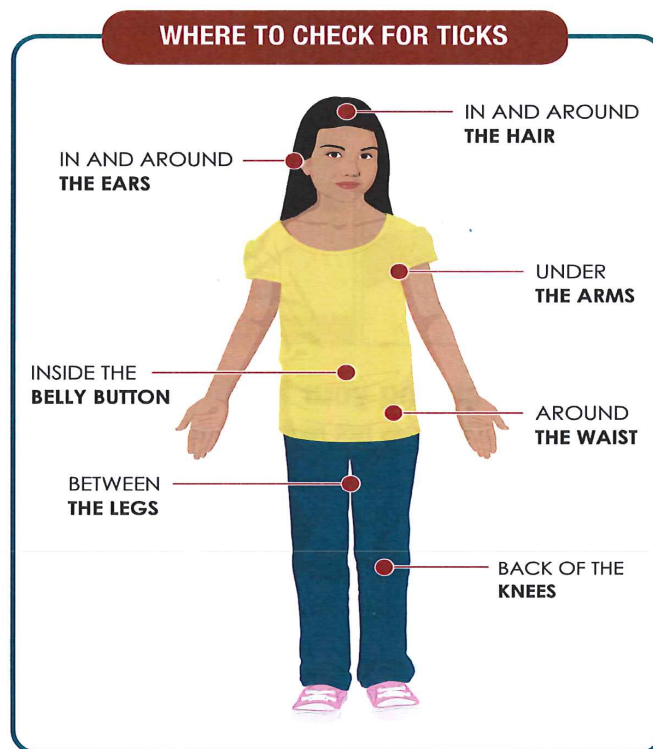
Can I get sick from a tick that is crawling on me but has not yet attached?

Ticks must bite you to spread their germs. Once they attach to you, they will feed on your blood and can spread germs. A tick that is crawling on you but not attached could not have spread germs. However, if you have found a tick crawling on you, it's a sign there may be others: do a careful tick check.

How long does a tick need to be attached before it can spread infection?

Depending on the type of tick and germ, a tick needs to be attached to you for different amounts of time (minutes to days) to infect you with that germ.

Your risk for Lyme disease is very low if a tick has been attached for fewer than 24 hours. Check for ticks daily and remove them as soon as possible.



..... www.cdc.gov/ticks/



Rocky Pines Youth Centre Drop In

4:00 pm - 9:00 pm

2777 COUGAR CRESCENT

AGES 12-18

**STARTING
MARCH 25, 2023**

**WHAT DO YOU
WANT TO DO?
WE NEED TO
HEAR SOME
IDEA'S**

Any questions contact Dustin Eberle (250) 378-5157.



L.N.I.B MEMBERSHIP

Are you interested
in

BEING A PART OF THE REPATRIATION COMMITTEE?

Topics Include:

- * Museum Studies
- * Language
- * Culture
- * Traditional knowledge
- * Cultural protocols at all levels.

**April 19th
5:30 pm**

Shulus Hall

Our ongoing repatriation project has been active in the study of research methods, identification, analysis of museum objects with the intent to learn, and revitalize various aspects of our culture.

If you are interested call Robert Sterling
(250) 378-5157.

LNIB Elder's Pancake Breakfast

April 6, 2023 - 9:00 a.m.

LNIB Band School

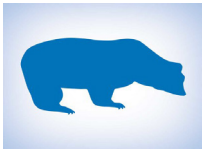
A close-up photograph of a stack of golden-brown pancakes. Syrup is being poured over the top, cascading down the sides. Fresh strawberries and a sprig of green mint are placed next to the pancakes.

Contact Angie Sterling if you need a
ride at (250) 378-5527 or email
Angie.Sterling@lnib.net

****No later than April 5th by 3:00 pm****

A photograph of a white ceramic bowl filled with fresh blueberries.

APRIL
6



LNIB Fire Department



- Recruiting POC (Paid on-call and Volunteers) to join our team!
- Practice every Tuesday night from 6pm-8pm. We welcome all band members to join us!
- Upcoming Wildland training April 11, 12, 13, 14.
- Congratulations to Hayley for completing her EMR (Emergency medical responder) course!
- Congratulations to Amanda for completing her HAZMAT!
- Congratulations to Hayley, Amanda, Rick, Sarah, Zach, and Moose for completing their first responder's course and becoming fully certified!

Spring Cleaning Safety-

- Properly use and store gasoline- Never store gasoline containers in a basement or in the occupied space of a building. Keep them in a detached garage or an outdoor shed.
- Check your Smoke and Carbon Monoxide Alarms- Change batteries if needed and test them out!
- Carefully dispose of rags with paint and stain- The oils commonly used in oil-based paints and stains release heat as they dry. If the heat is not released in the air as the rags dry, the heat is trapped, builds up and can cause a fire.
- Check for overloaded and/or damaged extension cords- Replace when needed.
- Use/store flammable and combustible liquids with care- Keep liquids in their original containers. Keep them tightly capped or sealed. Never store the liquids in glass containers.
- Inspect grills to ensure they're in good working order- For propane grills, check the gas tank hose for leaks before using it for the first time each year.
- Keep debris well away from your home- Dispose of branches, weeds, leaves, pine needles, and grass clippings that you have cut to reduce fuel for fire, as well removing the debris from the roof, gutters, and on and under the deck to help prevent embers from igniting your home.
- Clean out your clothes dryer- Move things that can burn, such as boxes, cleaning supplies and clothing, away from the dryer. Make sure the air exhaust vent pipe for your dryer is not restricted and that the outdoor vent flap will open when the dryer is operating. This includes making sure the outdoor vent flap is not covered by snow.

LNIB is looking for interested member to participate in the newly approved Community FireSmart and Resiliency Committee (CFRC).

The purpose of the CFRC is to strengthen collaboration between key partners including local firefighting agencies, and provincial staff (EMCR, FLNRORD) with stakeholders to coordinate, plan and implement the seven FireSmart disciplines as outlined in the Community Wildfire Resiliency Plan.

Key Duties and Responsibilities

- a) Develop or maintain a Community Wildfire Resiliency Plan.
- b) Collaborate on a communication and public education strategy with multiple local governments.
- c) Develop a fuel management planning table in collaboration with FLNRORD and other agency staff.
- d) Work with FireSmart BC to ensure the CFRC's goals align with FireSmart BC's provincial goals.
- e) Develop/update, implement and monitor the success of your community wildfire resiliency plan.
- f) Streamline FireSmart Home Assessment and FireSmart grant programs by sharing capacity between multiple local governments.
- g) Develop a network of Local FireSmart Representatives in the area and coordinate their activities within the region.
- h) Create an advocacy program for participation in the FireSmart Canada Neighbourhood Recognition Program and work towards increasing the number of recognized neighbourhoods and communities in the region each year.
- i) Coordinate applications to the Community Resiliency Investment program and other funding opportunities.
- j) Identify FireSmart activities that should be undertaken by communities to best build wildfire resiliency in higher risk areas.
- k) Collaborate with the FireSmart BC social media team to help raise FireSmart awareness.



For a copy of the committee's terms of reference and application, please contact Wenona Bearshirt by email Wenona.Bearshirt@lnib.net or Phone (250) 378-5157



Brandi O'Flynn | Lands Manager

250 378 5157 | brandi.oflynn@lnib.net

THE LANDS TEAM

Talk with the Lands team about lands activities and to share your stories. Members can contact the Lands Department with questions about LMAC, community meetings, and general land inquiries.

Stephen Jimmie

LANDS AND HOUSING
DIRECTOR

stephen.jimmie@lnib.net

Contact Stephen with inquiries about Land Code, lands policies and law development.

Brandi O'Flynn

LANDS MANAGER

brandi.oflynn@lnib.net

Contact Brandi with inquiries about land administration, programs, and services.

LANDS PORTAL

Find information about LNIB lands online at lnib.net/lands. Updates are posted regularly, and printed materials are made available for pick up at the Lands office upon request.

Kristopher Por

LANDS RESEARCHER

kristopher.por@lnib.net

Contact Kristopher with questions about research, historic records, as well as wills and estates planning.

Monica Pettinger

LANDS AGENT

monica.p@lnib.net

Contact Monica about land transfers, Lands Management Advisory Committee (LMAC), and community meetings.

Vacant

LANDS ADMINISTRATIVE
ASSISTANT

Sayge Fisher

ENVIRONMENTAL

PROTECTION COORDINATOR

sayge.fisher@lnib.net

Contact Sayge for details about environmental management and protection.

Alex Bukkos

SURVEY COORDINATOR

alex.bukkos@lnib.net

Contact Alex for details about current and past Lands projects including surveys and mapping.

LANDS MANAGEMENT ADVISORY COMMITTEE

UPCOMING MEETINGS

Thursday, March 30, 2023

Lands Management Advisory Committee (LMAC) meetings are being held virtually and are open to all LNIB Members to attend starting at 4:30 PM. Join in to discuss Lands activities and developments! Check the LNIB Events Calendar for LMAC meeting links or contact the Lands Department for more information.

GATES & SECURITY CAMERAS

The Lands Department is responsible for the management and protection of all LNIB reserve lands. To prevent unlawful activity including dumping of hazardous materials and waste, as well as improper use of LNIB land, four gates were installed on Nicola Mameet IR1 in September of 2021.

SOLID WASTE MANAGEMENT PLAN

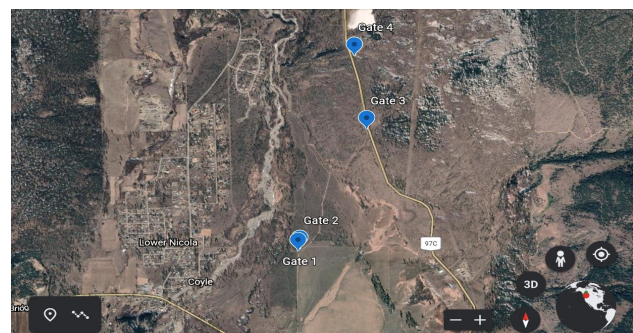
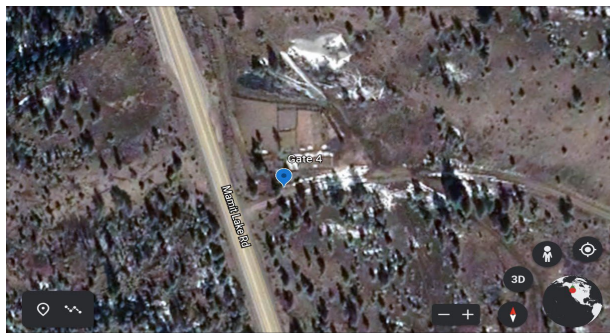
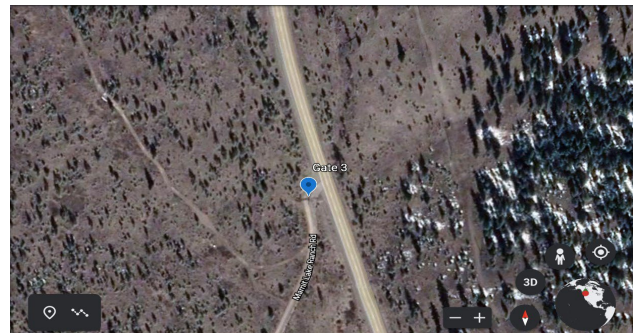
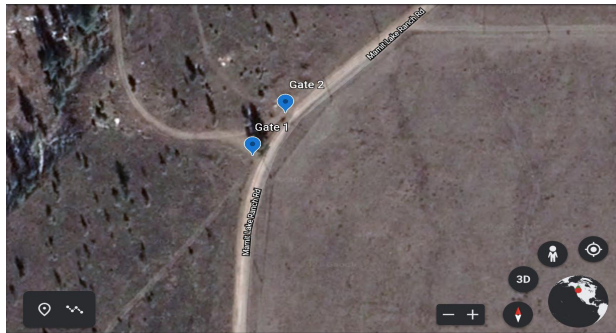
After hours of hard work was done to cleanup various environmentally contaminated areas on LNIB land, multiple gates were put in place to protect reserve lands.

INSTALLATION OF CAMERAS

Security cameras will be installed early 2023 near important areas and locations of interest. These cameras are for security purposes only and will not interfere with the privacy of neighboring homes, businesses, and communities. If you know of any areas of concern, please contact us and we can see about getting a camera setup. The use of trail cameras is the best strategy for sites where it would not be appropriate to restrict access by installing a gate. See more details about this project by visiting the **Lands Portal** online.

Members' use of the land will not be restricted by gates but may need to obtain access codes from the Lands Department. Contact the Lands team if you require access to use land that is behind a locked gate.

If you have any questions about the project or would like to see larger maps, contact the Lands Department at 250-378-5157.



*** LNIB has installed locked gates to physically restrict access at the following sites shown above***

NOTICE: RECREATIONAL VEHICLES

The Lower Nicola Indian Band prohibits RV's to be utilized as dwellings, residences, or cabins on LNIB Lands including CP Lands and Custom Family Lands unless they receive prior written authorization by the Lands Manager.



LANDS DEPARTMENT

PROJECTS
LAND CODE
LAW DEVELOPMENT
COMMUNITY ENGAGEMENT
LANDS COMMITTEE
WILLS & ESTATES
RESEARCH
CONTACT

LANDS PORTAL lnib.net/lands

If you have any questions about land or would like to know more about current Lands projects, please contact the Lands Department directly at **250-378-5157**.



IMPORTANT NOTICE

To all LNIB Members,

The **LNIB Security** contact phone number has temporarily changed. Securiguard IT Department is working to restore the old number. For now, please use the phone number listed here in blue:

***LNIB Securiguard
Security***
PHONE #
(250) 215-5048



NOTE

**AN LNIB SECURITY
GUARD IS ON DUTY 40
HOURS EACH WEEK
AND RESPONDS TO
PHONE CALLS AND
MESSAGES WHILE ON
SHIFT. IF YOU ARE IN
DANGER OR REQUIRE
POLICE ASSISTANCE,
DIAL 911.**

BUYER'S NOTICE BOARD



If you are interested in purchasing land or property from a landowner, Contact the Lands Department to have your contact information listed here in the monthly LNIB newsletter.

Hello, my name is Mindy Garcia, I am interested in purchasing land to build a home, summer home and a sweat lodge on or land with a home, even if it's a fixer upper, I am interested. If you or someone you know may be interested in selling, please let me know. Thank you.

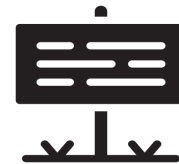
CONTACT
250-280-5684

Hello, my name is Lorne Dunn. I am interested in purchasing around an acre parcel of land at Nicola Mameet IR1 to place a home.

CONTACT
250-315-7501
lorne.dunn@yahoo.com

SELLER'S NOTICE BOARD

If you are interested in selling land or property as a landowner, contact the Lands Department to have your information listed here in the monthly LNIB newsletter.



***There are no posted SELLER notices this month.**
Contact the Lands Department if you would like more information.

NOTICE TO COMMUNITY MEMBERS ON WILDLIFE SAFETY

Please refrain from leaving hunting remains, animals' entrails or trimmings up Mamit Lake Branch Road or anywhere near the community / residential areas.

Animal remains attract predators, leaving remains from a hunting trip too close to the community habituates the predators to keep returning for more food. Predators such as coyotes, bears and wolves will keep returning where there is food available to them.

Attracting additional predators into the community will create an unsafe environment for children, pets, and all members of the community.

Please relocate hunting remains or animal innards outside of the community by leaving them far away from residences or known industry.

An alternative to Mamit Lake Branch Road could be up highway 97C, past the industrial park.

CONTAMINATED SITE

Church of Immaculate Conception - Lot 29/30 Shulus Community

Please be aware that that the Church located on lot 29/30 at the junction of Crab Apple Lane & Central Shulus Lane (2140 Central Shulus Ln.) within the Shulus Community has been designated as a Contaminated Site.

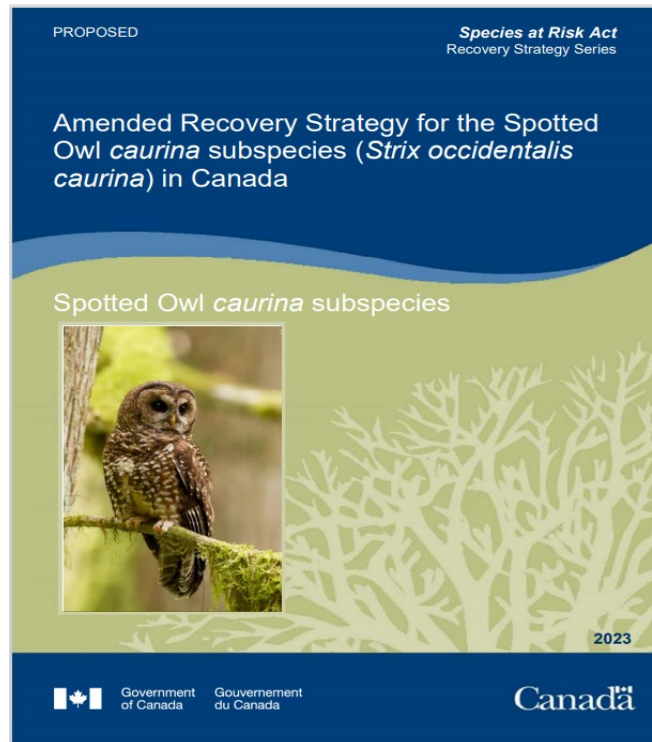
The church has tested positive for Asbestos and should not be entered, disturbed, or altered in anyway until further assessment and remediation can be completed!

This site has been deemed a risk to public health & safety, Please, contact the Lands Department for more information.

Thank you for your understanding and cooperation.



ENDANGERED NORTHERN SPOTTED OWL



The recovery Strategy for The Northern Spotted Owl (*Strix Occidentalis Caurina*) is being amended this year!

The new amendments are now under public consultation!

COSEWIC reason for designation

- Last assessed in April of 2008, first listed as endangered in April of 1986

This owl requires old-growth forests for its survival and has suffered a catastrophic population decline over the past 50 years as habitat is lost and fragmented. With the severely depressed population, an additional threat is the recent arrival of the closely related Barred Owl as a breeding bird in B.C.; this species competes with and hybridizes with the present species. Its historical population of about 500 adult owls in Canada has been reduced to 19, and only 10 of these are in breeding pairs. All adults are old and near the end of their breeding age and there is no recruitment of young owls into the population. If current trends are not reversed, extirpation will likely occur within the next decade.

FILES

Amended Recovery Strategy for the Spotted Owl *caurina* subspecies (*Strix occidentalis caurina*) in Canada [Proposed] (2023-01-26)

PDF format: [amended_rs_spotted_owl_caurina_e_proposed.pdf](#)

HTML format: [spotted-owl-amended-proposed-2023.html](#)

Recovery Strategy for the Northern Spotted Owl (*Strix occidentalis caurina*) in British Columbia (Final Version) (2006-10-25)

PDF format: [rs_spotted_owl_caurina_1006_e.pdf](#)

HTML format: [northern-spotted-owl.html](#)

CONTACT PERSON

Recovery Planning
Environment and Climate Change Canada
15th Floor, Place Vincent Massey
351 St. Joseph Boulevard
Gatineau, QC
K1A 0H3

ec.planificationduretablissement-recoveryplanning.ec@canada.ca



LNIB SPRING CLEAN-UP EVENT 2023 RECYCLING EDITION

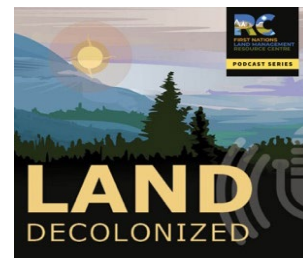
LNIB is exploring options and community interest for the inclusion of the BC First Nations Recycling Initiative in this year's **Spring Clean-Up event**. The inclusion of the partner programs that are available through this initiative would help promote local responsible waste management and put environmental stewardship into practice. In preparation for the event, please take a moment to answer this survey if you plan to participate!

<https://forms.microsoft.com/r/KTQydL5WKM>



RECOMMENDED LISTENING

Land Decolonized is an Indigenous podcast that explores the practical side of the Framework Agreement on First Nation Land Management. This podcast was created for First Nations communities, and anyone interested in learning more about land governance outside of the Indian Act.



Download both seasons of the podcast for free on your computer, device, or tablet. Available on [Apple Podcasts](#) and [Spotify](#).

Visit the First Nation Lands Management Resource Centre online at www.labrc.com



Jordana McIvor | Housing Administrator

250 378 5157 | jordana.mcg@lnib.net

LNIB HOUSING

Find information about the LNIB Housing online at lnib.net/housing

The Housing Department is responsible for managing the housing program, including property management functions, planning and construction of new houses, maintenance and upkeep of the housing stock, the relationship with Canada Mortgage Housing Corporation, First Nations Market Housing Fund, and Indigenous Services Canada (ISC).

THE HOUSING TEAM

Jordana McIvor-Grismer

Housing Administrator
jordana.mcg@lnib.net

Email Jordana about the First Nation Market Housing program, as well as external renovation and building funding options, needs and requirements.

Ashley DeGray

Tenant Relations Coordinator
ashley.degray@lnib.net

Email Ashley for details regarding rent collection, housing maintenance, LNIB Rental Housing Policy, and general housing questions.

HOUSING MAINTENANCE

Mel Blankinship

Housing Maintenance

Brendan Colter

Housing Maintenance Assistant

Jon Moore

Housing Maintenance Assistant

Deanuh Osmanl

Housing Administrative Assistant



Contact Housing by phone or email or visit us at the Main LNIB Administration Building.

ATTENTION HOUSING TENANTS

Please be advised that according to the Lower Nicola Indian Band Animal Control By-Law there is a limit on the number of animals per dwelling. Every home is only allowed to keep **A MAXIMUM OF 4 ANIMALS** consisting of dogs and cats or similar sized domestic animals with **A MAXIMUM OF 2 DOGS** per house. The multi-plex buildings including the 8-plex and 4-plex buildings are not permitted to have any animal living in the units. Also, all pets are to be vaccinated and should be spayed or neutered. We want to provide a safe environment for our members as well as their animals.

Thank you for your cooperation and understanding.

HOUSING DEPARTMENT: VACANT UNIT UPDATES

We currently have one vacant unit. While we are still working to get some much-needed repairs, updates, and renovations completed; this unit will be available to rent when this work is complete, and we will be in contact with the next eligible family on the housing rental waitlist when we have a concrete move in timeline. We appreciate your patience and understanding as we get this unit ready for the next family that will call it home.



VEHICLE REMOVAL

We are excited to be partnered with Kamloops Auto Recycling and Mario's Towing for scrap vehicle removal in all our LNIB communities. Keeping our communities clean of old vehicles assists with potential environmental concerns that could arise from batteries, tires, old paint decaying and releasing hazardous substances into the environment. Things like coolant, old oil and other liquids can leak over time, seep into the ground, and contaminate the ground water. We would love to get these old vehicles cleaned up to keep our community healthy for generations to come!

If you have multiple vehicles, you would like to be picked up you can call Kamloops Auto Recycling at 250-574-4679.

If you have single vehicles, you would like to be picked up you can call Mario's Towing at 250-378-9241.

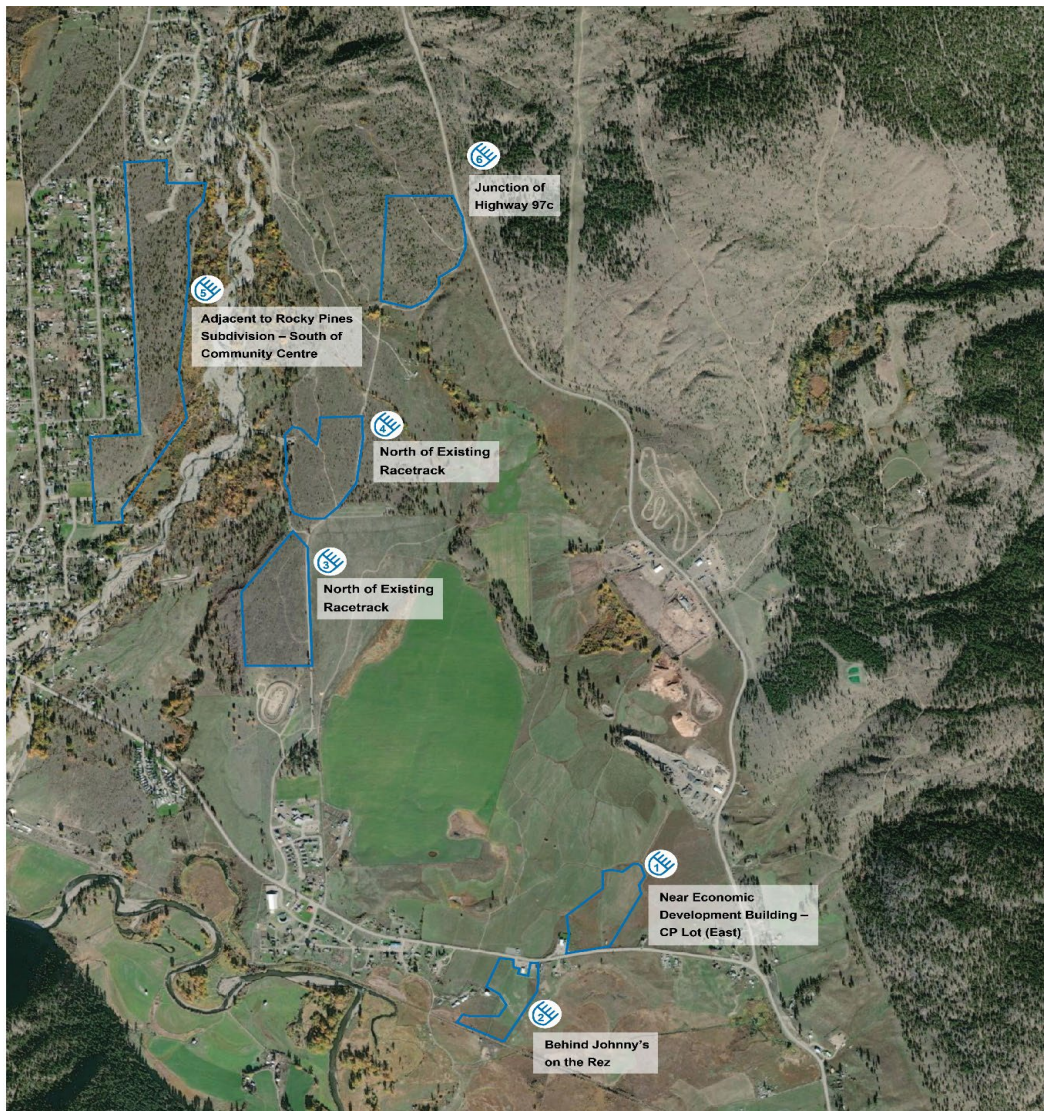
REMINDER TO ALL TENANTS

If you need to change the locks on your unit for any reason, please ensure that the Housing Department has been notified and provided prior written consent. You are also required to provide the Housing Departments with a key ensure the maintenance team will still have access to the unit in case of an emergency. Otherwise, this can be considered a breach of the rental agreement and a Notice of Breach may be issued.

We appreciate your cooperation on this matter and should you have any questions or concerns please feel free to contact us at 250-378-5157.

SUBDIVISION FEASIBILITY STUDY

OPPORTUNITIES AND CONSTRAINTS SUMMARY RESULTS



Preliminary Sites Recommendations

Based on the review of policies, data, current infrastructure and servicing, and conversations and feedback with the LNIB community, three sites are recommended for more detailed review.



HOUSING ANNOUNCEMENT

The housing department has a list on file of all of our houses on reserve (which include Band Rentals, Rent-to-owns, CP's and Traditional Land homes) and how many occupants reside in each unit. We do our best to keep the list updated at all times and would appreciate your assistance in keeping this list as accurate as possible for safety and emergency purposes only. We do not need to know names of each occupant in the unit but would appreciate updates on how many individuals are living in each home which includes babies, children, teenagers, adults and elders.

If at any time your family size changes, for any reason, please e-mail the information to Ashley DeGray at Ashley.degray@lnib.net or call 250-378-5157.

We appreciate your cooperation and look forward to hearing from you!

HOUSING: WORK ORDER PROCESS

The Housing Department would like to clarify the levels of urgency on home maintenance and repairs and what type of time frame you will be looking at for our Maintenance Team to attend your residence. The Housing Department being notified will only be considered when you have called, texted or e-mailed the Housing Department Administrative Staff.

Emergency Repairs will be assessed and rectified within 24-48 hours of the Housing Department being notified. Examples of Emergency Repairs are listed below:

- major leaks in pipes or the roof;
- damaged or blocked water or sewer pipes or plumbing fixtures;
- the primary heating system;
- the electrical system;
- deficiencies to the integrity of the structure; and
- any other damage that poses an immediate and urgent jeopardy to the Rental Unit or to the health and safety of persons

Mid-Level Repairs will be assessed within 1-2 weeks of the Housing Department being notified. Examples of Mid-Level Repairs are listed below:

- Running Water (faucet dripping, leaking hose bibs etc)
- Appliance Repairs or Replacements
- Plug-ins not working
- Bathroom Fan not working

Low Level Repairs will be assessed 30 days or more of the Housing Department being notified. Examples of Low-Level Repairs are listed below:

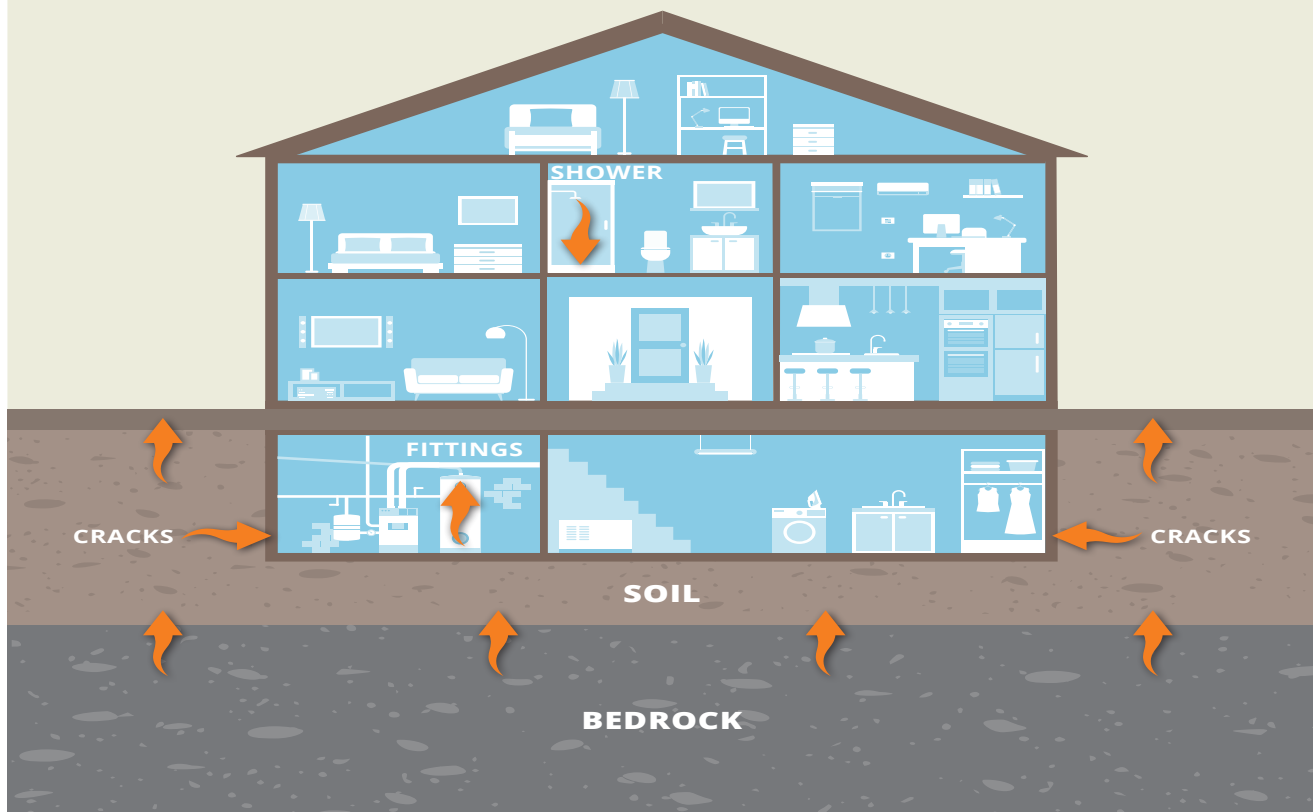
- Non-Essential Light Fixtures not working
- Furnace Filter Replacement
- Replacement of interior doors/doorknobs
- Functional toilet repairs (toilet is functional to use but requires repairs)
- Flooring Repair
- Non-Essential Major Renovations
- Drywall Repairs

Please understand that these time frames are “best case scenario” and we may have issues with supply chain and/or contractor availability that may cause delays. The Housing Department works hard to ensure all of our homes are healthy and safe but as more work orders are called into the office sometimes our priorities have to be modified.

As always, we appreciate your patience when these situations do arise and if you see our maintenance team out in the community be sure to give them your best smile and wave!

Radon Testing

What you can do to ensure your home
is a healthy environment for yourself and your family



Radon testing for First Nations Homes in BC

For information on radon testing for your home and tips on what you can do
to protect yourself and your family contact your local Community Health Centre or
visit us online: www.fnha.ca/environmentalhealth



First Nations Health Authority
Health through wellness



First Nations Health Authority
Health through wellness

It's Time to Test for Radon

Now is the perfect time of year to test your home for radon!

What is radon?

Radon is a colourless, naturally-occurring gas that comes from the soil in all parts of the world. You never know what the levels of radon are in your house unless you test – your house could have very different results from your neighbour's. Most homes will have some level of radon.

Why is radon a concern?

As radon levels increase, so too does the risk of lung cancer. Radon is the second leading cause of lung cancer in Canada after smoking, and when combined with tobacco smoke exposure, the risk goes up even higher.

How do I know if I have radon?

The only way to know the radon level in your house is to test. The test involves placing a small plastic "puck" in the lowest-occupied level of your home, and then just waiting! Over time, radon will make a mark on the inside of the detector. A lab will count these marks and translate them into a radon concentration. It's best to leave the detector in place for a longer period of time (up to one year) to get a good average reading. If a shorter testing period is used (at least three months), it's best to test during the colder, winter months when people spend more time indoors with the windows and doors closed.

FNHA will work with your community to provide everything needed to test your home for radon: we will supply the detectors, and in many cases can even come to place them in your home and collect them after the testing period. We will also provide shipping to get the detectors to the lab, and will interpret the results for you and provide advice on next steps.

What happens if I have high levels of radon?

Health Canada has different recommendations for action depending on how high the levels are. If levels are above 200, we recommend that you take action within two years. If they're over 600, we recommend action within one year.

Reducing radon levels is generally a fairly straightforward process that involves allowing the gas from under the building to vent through a pipe, so it doesn't stay in your home. Indigenous Services Canada can often provide funding for this work in communities, in coordination with your Housing Department.

What if I have more questions?

FNHA is here to help and can answer any questions you might have! You can contact your Environmental Health Officer directly, or visit www.radonaware.ca

Free Energy-Saving Upgrades



Help your community members save money and increase the comfort of their homes.

The Energy Conservation Assistance Program (ECAP) provides qualified* community members of First Nations Bands with FREE home energy assessments and no-cost installation of energy-saving products.

Products installed may include:

- > Energy-saving light bulbs
- > Water-saving showerheads & faucet aerators
- > Door weatherstripping

"The contractors did a great job and were more than accommodating."
Colin – Haisla Nation Council

Community members living in houses and townhouses may even qualify for an ENERGY STAR® fridge and insulation installed in their crawl space, walls and/or attic.

Get started today! **Contact Jordana McIvor–Grismer in the LNIB Housing Department.**

All on reserve houses are eligible for the initial energy assessment. This will provide you with some of the above listed products and will determine your eligibility for other upgrades.

We're working together to help B.C. save energy.



LNIB Survey Results – Part III – Household and General Questions

This report examines the survey results from eight questions from the Economic Development Survey from December 2022. This report provides insight into the seven questions that had to do with “Education/Training”. The number of respondents for this survey was 157.

1. How many working age people live in your household
2. How many people in your household are employed full-time?
3. Are the people in your household part-time by choice?
4. How many people in your household are looking for work?
5. How many people in your household aren't looking for work?
6. Where are the full-time members working?
7. Is transportation an issue?
8. How many people in your household have unrestricted driver's licenses?
9. How many people in your household don't have a driver's license that are eligible?
10. Were you impacted by the flood, fires or both?
11. Did the flood or clean-up work inhibit your ability to travel or maintain work?

Summary of Results

This report provided a glimpse into some general economic development questions. It also looked at uncovering some information about transportation and the effects of the floods and fires. The following points summarize the findings of this section:

- There is several households with multi-generation families in the same dwelling.
- The majority of respondents indicated that people in their household are employed full time.
- There are some people who are employed part-time by choice, most people are satisfied with their employment situation. Some people on a case-by-case basis required child care to maintain part-time employment.
- 1 in 5 people appear to be looking for steady work of some sort.
- The results indicated that HVC, LNIB and Infracon employ the most LNIB members.
- Transportation doesn't appear to be an issue for most respondents. There are transportation gaps that exist in approximately 1 in 5 people.
- There are some questions to be asked about the number of people who are eligible to drive, but don't have their driver's license. Almost half of the respondents are eligible to get a driver's license but don't have one.
- 3 in 4 people were affected by the floods in some capacity, 1 in 3 people had the flood affect their work or travel abilities.

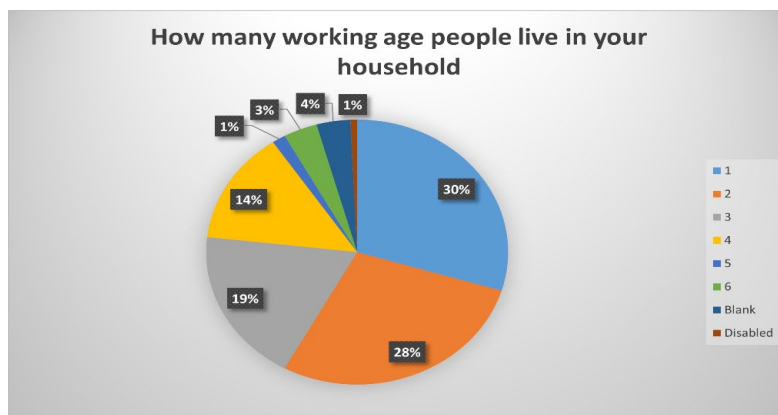
1. How many working age people live in your household?

Rationale: This question was used to gauge the amount of people who are able to work in a household.

Insight: The majority of households have 1-2 working age people in the household. As the number of occupants increase, the number of working age people declines.

Suggested Improvement Actions

- This question was used to determine a baseline and does not warrant any suggested improvement actions.



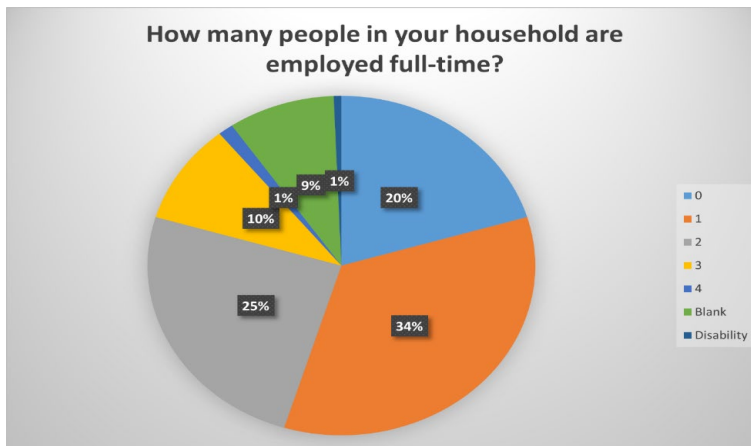
2. How many people in your household are employed full-time?

Rationale: This question was used to see the difference of people who are working age and employed full time.

Insight: This question revealed that 20% of respondents are not employed full time, while at least 59% have at least two people working full time. 10% of respondents indicated that 3 people are working full time. There appears to be a sizeable amount of multi-generational families occupying households, this may be because of the housing shortages or due to the fact that individuals are interested in saving money for their own place.

Suggested Improvement Actions

- None, there appears to be a healthy population of respondents who are working.
- Provide resources for people who are seeking to move out on their own, if applicable.



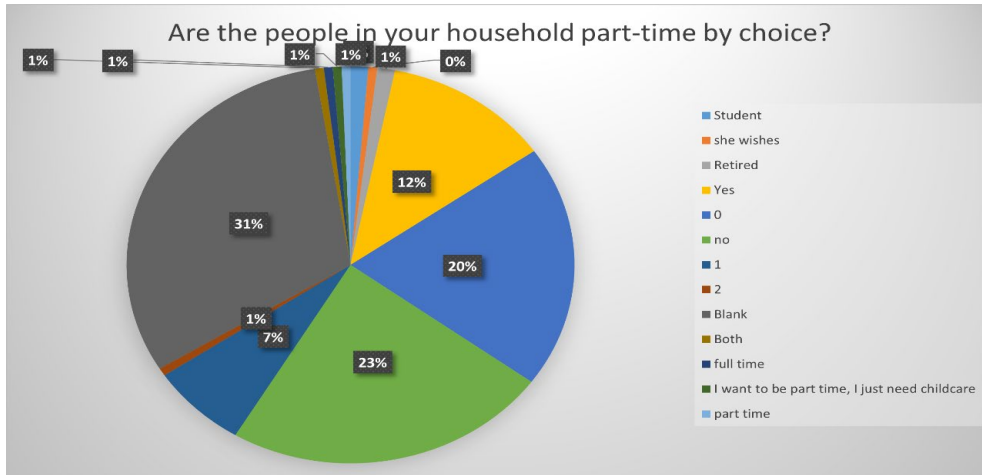
3. Are the people in your household part-time by choice?

Rationale: This question was asked to determine if the respondents had people in their household who work part-time by choice or if they cannot find hours/work to justify full time employment.

Insight: Although the majority of the answers were blank, it appears that there is decent amount of people who are not employed full-time by choice. In hindsight, this answer should have been proposed as a number only and not a text field, but it did yield some interesting answers with the text field responses. It would appear there are some who are seeking more full-time employment.

Suggested Improvement Actions

- Promote more full-time opportunities.
- Phrase questions in a more efficient manner.



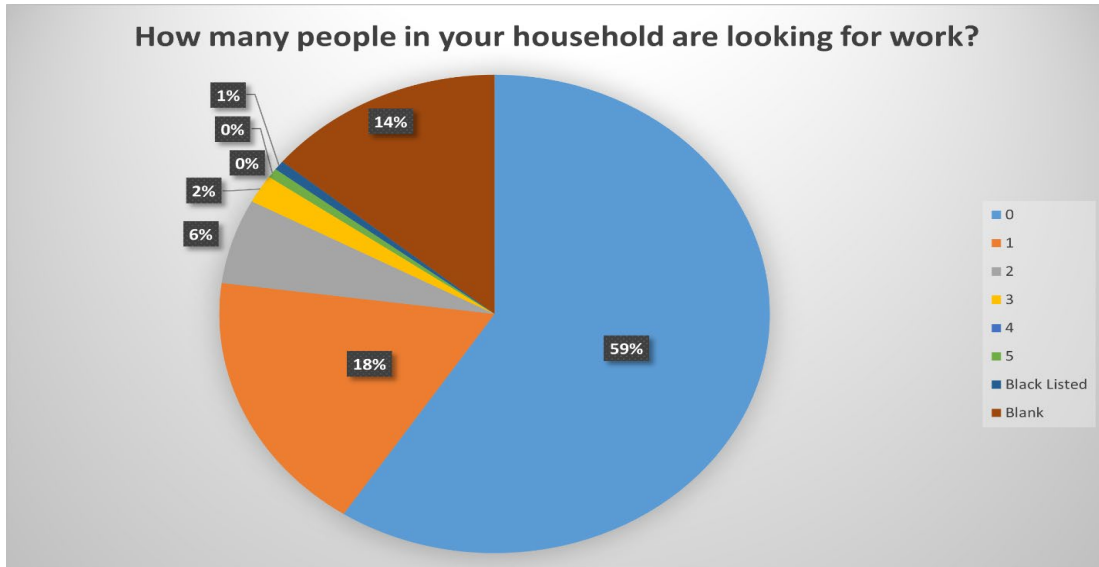
4. How many people in your household are looking for work?

Rationale: This question was posed to determine an amount of people who are actively searching for work.

Insight: The vast majority of survey respondents aren't looking for full-time work. Some chose not to respond to this question, however it revealed that survey respondents aren't seeking out full time opportunities. There is still a healthy percentage of respondents who are seeking work, some households also indicated that there are more than 1 person seeking full time work.

Suggested Improvement Actions

- Promote opportunities when they arise in a more effective manner.
- Consider seeking out members who are seeking work and provide more individual employment coaching.



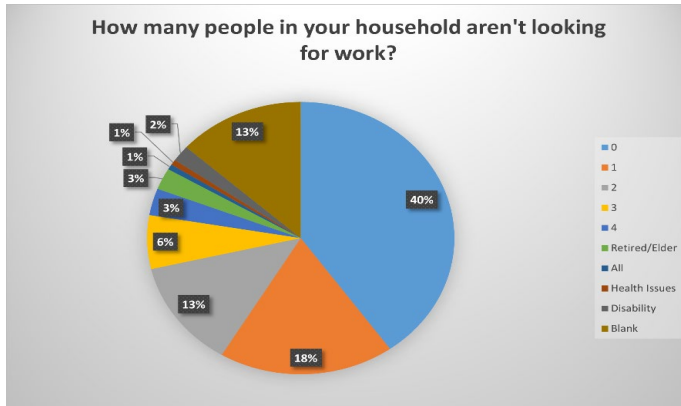
5. How many people in your household aren't looking for work?

Rationale: This question was asked to determine the amount of people who are actively not seeking work.

Insight: The responses of this question indicated that most people aren't looking for work. Some households also indicated that there are some who have multiple individuals who aren't seeking work. This could be for several reasons from being students, retired, health issues and more. It also reveals that there is a significant number of respondents who are employed and not seeking work opportunities.

Suggested Improvement Actions:

- Promote the benefits and pay for those who may not be seeking work who are able and willing.
- Provide more training opportunities to make people feel like they can contribute more if they are actively not looking for employment.



6. Where are the full-time members working?

Rationale: This word cloud was used to visualize the locations of where LNIB members are working.

Insight: HVC and LNIB appear to be the most popular employers for LNIB members. There is a significant amount of respondents who work in Merritt but did not indicate the employer. Some people did indicate that they were unemployed or were waiting for a call back, but those responses appear to be less frequent than most major responses and individual responses.

Suggested Improvement Actions

- Leverage the already notable success and continue to help members get hired at HVC and with the band.
- Continue coaching individuals who are seeking employment and build off existing track records.



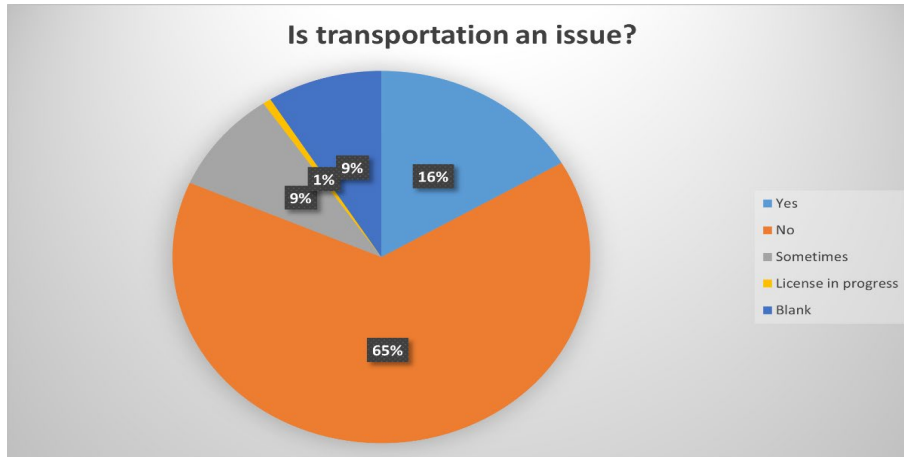
7. Is transportation an issue?

Rationale: This question was asked to determine if transportation was an issue for work or just in general.

Insight: Most people did not see transportation as an issue for work or in their lives in general. One thing to note was that 1 in 4 people did indicate that transportation was or is sometimes an issue.

Suggested Improvement Actions

- Consider the implementation of a ride sharing group.
- Consider having a shuttle once or twice per week to ensure people are able to have transportation into town, especially in the winter.
- Consider a way to train more people to get their driver's licenses.



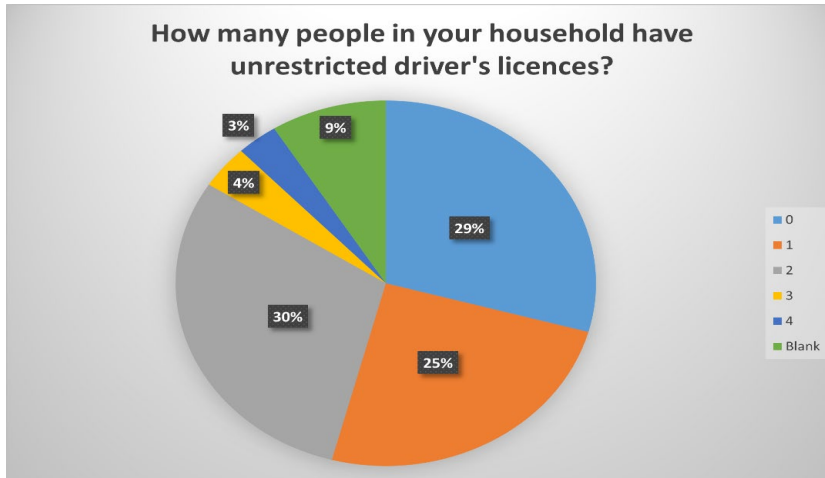
8. How many people in your household have unrestricted driver's licenses?

Rationale: This question was asked to determine the percentage of respondents who hold an unrestricted driver's license.

Insight: Most households had at least one person with an unrestricted driver's license, some had 2 or 3. There was however a large % of households that did not have one person with an unrestricted license. Although the question did not drill down into the type of restricted license, the fact that some people don't have an unrestricted license provides more questions than answers.

Suggested Improvement Actions

- Consider a program that helps people on reserve get their driver's licenses.
- Consider helping individuals with the driver's test booking.



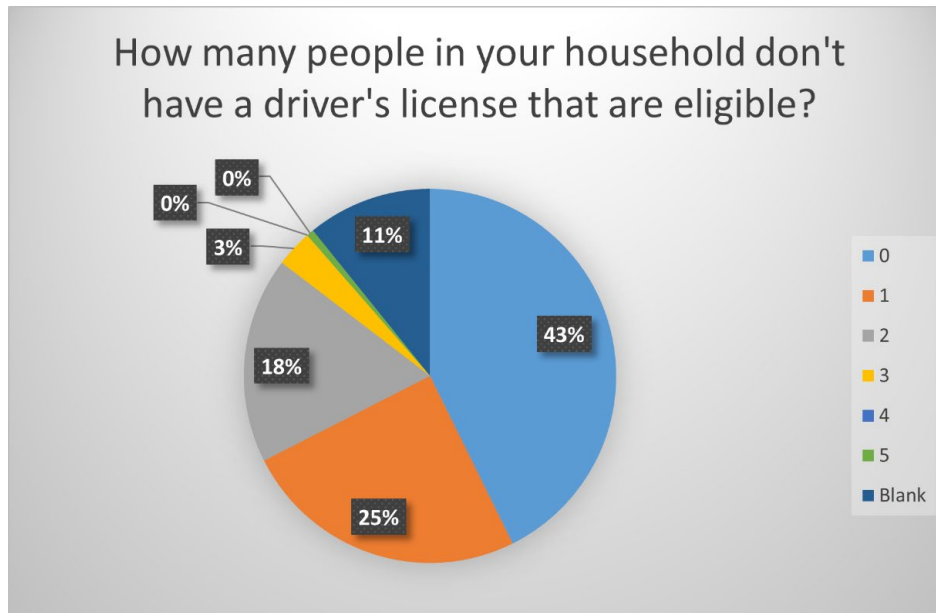
9. How many people in your household don't have a driver's license that are eligible?

Rationale: This question was asked to determine the approximate number of people who are eligible for a driver's license, but don't possess one for whatever reason.

Insight: This question revealed an alarming amount of people who are eligible for a driver's license but do not possess one. 46% of households had 1-3 people who could obtain a license. This is almost half of the respondents of the survey. This would indicate there is a significant gap of eligible driver's who do not possess a driver's license.

Suggested Improvement Actions

- Consider some sort of service or coaching to get more people through the licensing process.
- Consider a way to promote the benefits of being able to drive and the doors it opens up for jobs, entrepreneurship etc..



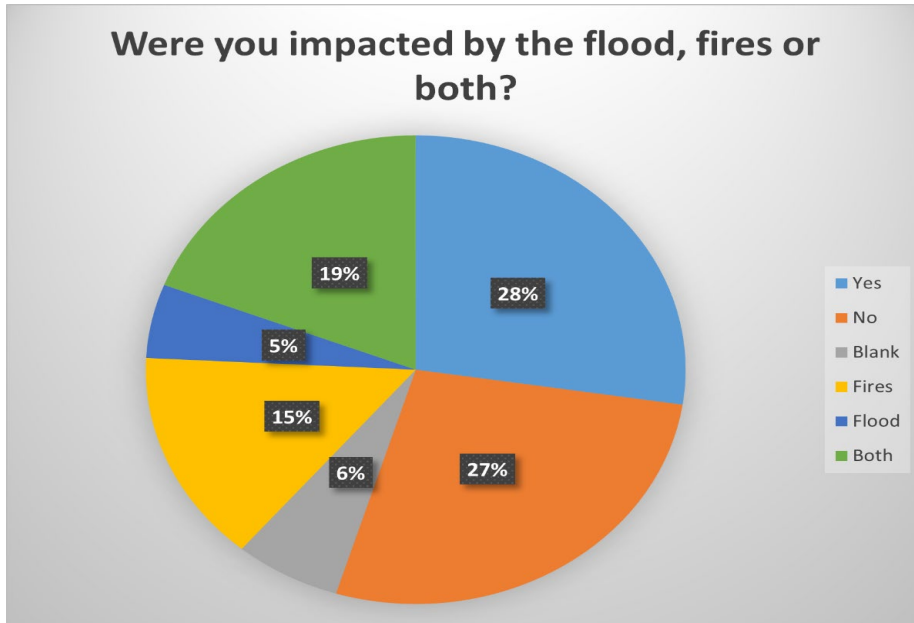
10. Were you impacted by the flood, fires or both?

Rationale: This question was used to determine the general impact from the flood, the fires or both.

Insight: The responses indicated that approximately 3 in 4 people were in some way affected by the flood, fires or both. Only 28% of people responded that they were not affected by any of the events. The impact of this question was not defined; however it did denote that these events caused a significant disruption to the LNIB community.

Suggested Improvement Actions

- There are no suggested improvement actions with respect to the responses.



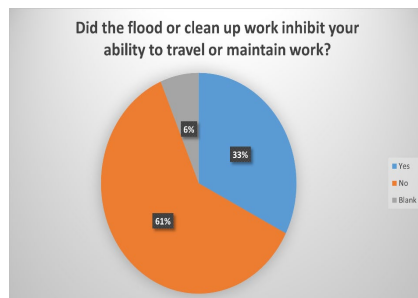
11. Did the flood or clean-up work inhibit your ability to travel or maintain work?

Rationale: This question is built off the previous to determine the impact on respondents' activities that were impacted.

Insight: Although the impact was noted in the previous question being almost 3 in 4 respondents, the actual impact for work or travel only affected 1 in 3 respondents. 6% of respondents left this question blank. Given that 3 in 4 people indicated some effect from the events, the actual impact to work or travel was 1 in 3 respondents

Suggested Improvement Actions

- There is no suggested improvement action from this question.



Lower Nicola Indian Band

April 2023

EDUCATION DEPARTMENT

LNIB School/K-12/PSE/Head-Start/Career-Development

Shane's Submission

April is always an exciting time of year for LNIB as it is the beginning of a new fiscal for all sectors to execute new initiatives, achieve new goals, and increase capacity in programs and services...all in the best of LNIB Members. I personally am very excited for the next 12 months as each area within our sector will be both introducing new programs/services and enhancing current ones that continue to make positive growth each year. As the year progresses please reach out to any of team listed to the right...each of them would be more than happy to hear from you (don't forget to share your ideas too as this is how we continue to grow and it is ideas from our members that help us provide better supports each year).

For those members who have children attending any of the public schools (SD58) here in the Nicola Valley please make note of April 11th on your calendar as the School District will be here in the community as the hall. There are a few reasons the district wants to engage with our members but in my view this is a prime opportunity for you to ask the district direct questions as to how they are meeting the needs of your students. Sharon and I both take every chance we get to hold them accountable to our Local Education Agreement and your voice will greatly increase the demand we have on the education system to be sure all measures are being leveraged each year to ensure our students earn the highest quality education throughout their 13 years. On this note please take a look at the notice below from SD58 and if you can find the time please consider taking part in the questionnaire...every voice counts and yours is equally valued in the process.

March is typically a quiet month in the Education Sector as students from Head-Start and K-12 are on Spring Break...most administrative tasks are focused on both closing off the current fiscal and preparing for the start of the new one...thus the information from my team will be lighter than usual. This being said though our priority continues to find ways we can serve better...as always if you have any thoughts or ideas to share with me I can be reached directly at 236-575-2135 talk/text or via email Shane.Coutlee@lnib.net

Sector Leadership

Director of Education
Shane Coutlee

LNIB School Principal
Leroy Slanzi

Immersion Administrator
Angie Sterling

Education Manager
Sharon Parsons

Head-Start Manager
Tamika Bob

LNIB Education



**LNIB EDUCATION
DEPARTMENT**



sharon.parsons@lnib.net



(250) 378 – 5157

OR

(236) 575 - 2105

2160 SETTLERS ROAD
HWY 8



**SHARON PARSONS
EDUCATION PROGRAMS MANAGER**

Hello everyone,

With most post-secondary students entering the final days of their academic year, many will be looking for summer jobs. LNIB has several summer student opportunities to consider. Give us a call at the Education department for help with your resume or to get more information on the Education Department summer job postings.



When this newsletter is in print, K to 12 students will be returning to school after Spring Break. Just a friendly reminder to LNIB membership that you are free to contact Education staff if you or your child could use help navigating a challenge. Education staff may be able to find resources to suit your needs.

Come visit with the SD 58 staff on the evening of April 11th. Get more information on how the Local Education Agreement is supporting our First Nations students. Also, offer your feedback on a district wide Equity Scan. The flyer introducing the Equity Scan has been included in this newsletter.

This is the time of the school year when the grade 12 students will be working hard to ensure they have all the credits needed to walk the stage. Graduation is one of the major milestones in your child's life. Please contact this office if your grad student could use help organizing, starting, or completing assignments. Come talk to us about post-secondary band funding.

The 2023/2024 post-secondary funding applications are starting to come into this office daily. May 26th is the deadline to get that application in to the Education Department by email, fax or in person.

Our team has delivered a fun filled Summer Education Program for the past 2 years and are in the early stages of planning the program for this summer. Watch for more information in future newsletters.

Also, watch for flyers with information about computer training in May. You can get professional driver training for class 1, 2, 3, or 4 Driver's License, give us a call or drop in.

Until next time, Humelth

INVITATION!

LOCAL EDUCATION AGREEMENT (LEA) TRUTH AND RECONCILIATION & EQUITY SCAN SURVEY

SCHOOL DISTRICT NO. 58
INFORMATION SESSION

DATE: TUES, APRIL 11, 2023
AT LNIB SHULUS HALL
FROM 5:00-7:00PM
DINNER TO BE SERVED!
RSVP BY APRIL 6TH

For more information
phone LNIB Education Department
at: 250-378-5157
or email: sharon.parsons@lnib.net
or rhonda.dunn@lnib.net



WANT TO PLAY VOLLEYBALL?

WHEN??? Every Thursday from 3:30pm to 4:45pm
starting April 13th

WHERE??? At the old CMS building, 2975 Clapperton Ave.

WHO??? All students in grades 5, 6, and 7!



HOW MUCH??? FREE!!!

WHAT DO I NEED?

Please bring your own volleyball if possible, however there will be a limited number of extras available. Plan to have fun and learn volleyball skills!

There will be a bus arriving at CMS at 4:50pm that is ONLY FOR STUDENTS THAT NORMALLY RIDE THE BUS TO SCHOOL. This bus will drop you off back to your respective communities. (The usual bus pick up/drop off spots)



EQUITY SCAN



Online Surveys
March-April
2023

Community
Meetings and
Interviews
April-
May 2023

Analysis of
Feedback
May 2023

Determine
Potential Actions
for Change
May-June
2023

Draft Action
Plan
Consultation
June 2023

Implementation
of Plan
September 2023

What is an Equity Scan?

Equity is ensuring every learner gets what he/she needs to be successful. An Equity Scan is a process that works to identify and address barriers that may impact Indigenous student success and achievement.

Why is SD58 conducting an Equity Scan?

An Equity Scan will help us to better understand the experiences of Indigenous learners in SD 58 in order to improve educational outcomes.

Who participates in an Equity Scan?

In SD 58, we are asking for participation in an online survey from all stakeholder groups, including:

- Indigenous Parents/Guardians
- Indigenous Students
- Indigenous Community Partners
- SD 58 Staff

How is an Equity Scan Conducted?

Representatives from stakeholder groups were invited to develop the Equity Scan questions which make up our online surveys. These stakeholder representatives will use the findings of the Equity Scan surveys, community meetings, and interviews to create an Action Plan designed to improve the experiences of Indigenous learners in SD 58.

SD 58's EQUITY SCAN SURVEY:

Your input is valuable and will guide our work to improve educational outcomes for Indigenous learners. Survey responses are anonymous and will be considered along with input from others.

Please consider completing either the short or long survey:

Short Survey: <https://forms.office.com/r/pJ05r4M6Rs>

Long Survey: <https://forms.office.com/r/kaSJRqj2FB>

LNIB EDUCATION
DEPARTMENT



angie.nikkel@lnib.net

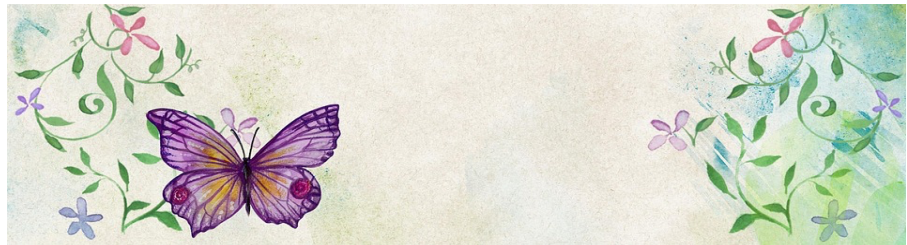


(250) 315 – 7927

2160 SETTLERS ROAD
HWY 8



ANGIE NIKKEL, EDUCATION ASSISTANT
HELLO, AND HAPPY APRIL TO EVERYONE!



Upcoming Events:

-Monday, April 3: School reopens after the break

-Friday, April 7: Good Friday

-Monday, April 10: Easter Monday

**Welcome back everyone, I hope you
enjoyed your spring break!**

Its April and Spring is here!

During the month of April, some of us celebrate Easter. With pastel colours, tulips, and bunnies all around, it sure feels like spring. Special church services will be the main event for some of us, and for the rest of us, we will gather our baskets and decorate our eggs for our Easter egg hunt and look forward to a visit from the Easter Bunny.

Earth Day is also on the 22nd of April. It is very important to think about and appreciate the Earth we live on. Take time with your family and friends to be grateful for this planet that we live on. Do a special something to celebrate this day.

If you have noticed that your child (or children) is struggling academically, a tutor is available for those of you with a student or students in need of one-on-one tutoring or would benefit with extra help with their schoolwork. Please reach out to myself at angie.nikkel@lnib.net (250-315-7927) or Sharon Parsons at sharon.parsons@lnib.net (250-378-5157) to fill out an application and get onto the schedule. We have computers available if needed.

LNIB Education Department – Gail La Rochelle – PSE/Trades/Training Coordinator



Hello Everyone,

I hope everyone had a great Spring Break and that you were able to do some fun activities with all the young ones in your life.

This month is Easter. Time to gather your family together and have a great meal, of Turkey and Ham. Hopefully the warm spring weather will show up so the Easter Bunny can have a wonderful easter egg hunt for everyone.

Now that Spring is in the air, it's time to start getting the gardens ready for planting, pruning the trees, aerate and dethatch your lawns. Get outside and enjoy the weather.

To all graduating grade 12 students near and far. If you are planning to enroll in Post Secondary Studies, don't forget about the entrance bursaries that are available at all Universities and Colleges. Contact the student aid office at your university. The Education Department is here to answer any questions or concerns you may have regarding continuing with your education. The deadline to submit your LNIB PSE Funding Application is the last Friday of May. Do not get discouraged or overwhelmed by the process, we are here to assist you. Stop by the office, give me a call or an email and I will send you an application along with the Education Policy.

Returning and New Students: the deadline to submit your LNIB PSE Funding Application is the last Friday of May. Send an email or give me a call and I will send you a fillable application.

Students check out the following Scholarships and Bursaries:

<https://www.scholarshipscanada.com/>

<https://bcaafc.com/education/first-citizen-funds/> Application deadline is May 15, 2023, for the Winter semester.

<https://www.bcscholarshipsociety.ca/indigenous-awards/how-to-apply/> Application deadline is April 20, 2023

To all Membership in the Nicola Valley and away from the area, if you find any programs or courses you are interested in taking, such as first aid, post-secondary courses, skills training for employment, or online courses, we are here to help you with the process. We can also help create or update your resume. Contact our office to find out how we can support you.

Give our office a call or email to ensure we have your current up-to-date contact information.

Until next month, stay safe, and be good to one another.

Gail La Rochelle

Phone: 250-378-5157

Email: gail.larochelle@lnib.net

LNIB EDUCATION DEPARTMENT



rhonda.dunn@lnib.net



(250)378-5157 LNIB
(236)-575-2100 DIRECT

2160 SETTLERS ROAD
HWY 8



RHONDA DUNN ADMINISTRATIVE SUPPORT

Hello All,

Welcome April, spring is officially here! With spring there is new life and plants and animals are waking up. The month of April brings Easter Sunday, April 9th, Easter Monday, April 10th, and Earth Day on April 22nd. Earth Day is particularly important to take the time to cleanup your yard and make changes to assist in the health of our planet.

We have now mailed out LNIB Education services and applications packages in March. If you have not received a LNIB Education Services package. Please contact the LNIB Education department to update your contact information.

We have some Wildland Firefighter Training in April. This is what is being offered: S100, S185, S211, S212, S213, S230, S232, S235, ICS100, Basic Chainsaw Operator. And Danger Tree Assessment (DTA)- Wildfire Module in May.

We are also bringing back computer training in May so watch for a posting on LNIB Facebook page.

If you are interested in any of the above training, please contact myself or Sharon Parsons.

Scholarships and Bursary's

- Did you know that if you are experiencing financial barriers that most post-secondary's have an ***Indigenous Emergency Fund*** to help Indigenous students once per annual year. Look under Emergency Aid or inquire at your Post-Secondary Indigenous department.

If you require an application or additional information the LNIB education department will do our best to help assist you. Please do not hesitate to call (250) 378-5157 (236) 575-2100 or email: rhonda.dunn@lnib.net Education Matters!

LOWER NICOLA BAND SCHOOL

APRIL NEWSLETTER

March 2023 – Newsletter

Good afternoon LNIB families!



We had another eventful month here at the Lower Nicola Band School. It was such a wonderful day recognizing Pink Shirt Day. We played game called alphabet where kids had to use their collective bodies to make a huge heart shape and a peace sign (you can see them on Facebook) to commemorate the day. The kids and adults take this

day very seriously and it meant a lot to everyone involved. Not to mention the message of unity that is sent when you see the entire school in pink.

We also had another excellent parent gathering that packed our gym. The kids set-up a loonie auction, took care of the giveaway items and we also had a two riveting performances by Ms. Haller and Ms. Sheena's classes. It was so nice to see how proud everyone was watching many of our kids drum and speak nle?kepmxcin.



We culminated our month off with our recognition of students who showed excellent character by being able to persevere through tough situations, showing empathy, kindness and having great manners. In combination with that these kids also did very well academically and were recognized for their all -round performance this past term.



We are really looking forward to see what the last three months of the school year brings once we return from Spring Break. In the meantime though, enjoy your break and we will see you all very soon.



Principal

Leroy Slanzi

Leroy.slanzi@lnib.net

Executive Assistant

Sioux.Swakum@lnib.net

Teachers:

Derek Hanna-Gr.K

Terry Bose/ Brenda Ens -Gr.1/2

Rhonda Sheena-Gr.3/4

Donelda Haller-Gr.4/5

Jennifer Desgagnes-Gr.6

Randi Gardypie-Gr.7

Office & Support

Tammy Armstrong,

Chantel Ashdown

Barb Basil

Joe Collins

Jill Fitzer

Nikki Flottorp

Lee Fulton

Bill Heard

Cody Jones

Shelley LeBlanc

Arnold Meyer

April Morel

Devan Nagata

Reese Paterson

Brandy Pinyon

Annie Rabbitt

Penny Toodlican

Phone: 250.378.5527



LOWER NICOLA BAND SCHOOL

Culture and Language Program

Dear Community Members:

Happy Spring, I cannot believe it's already April. I cannot believe how quickly the School year is going. I hope everyone had a good Spring Break in March.

All classes have moved back into their classrooms, therefore, James and I will be back teaching the Language with the Head Start children again this month.

Paul Joe was visiting our School to teach/sing drum songs with our students in February and March. How wonderful this was, the students absolutely loved it! We will be having an Elders Day Breakfast on April 6th at 9:00 am at our School. This is for Elders. The students will be visiting the Elders during the breakfast. We will be having more fieldtrips coming up with the warmer weather. We will be having a Culture day in May and a Pow-wow in June with the other Band Schools. The Culture program has been developing culture kits for our teachers to use to teach the students about different topics in the classrooms that have to do with our culture and on the land learning. If you have any ideas about our Culture and Language Program, I would love to hear them. Please email me at this address:

angie.sterling@lnib.net or call the School at 378-5527.

Kwukwscewmx.

Angie Sterling, Culture and Language Administrator

"The most important thing is to teach the children, so that our Culture never dies." "You've got to know your language to understand your culture."



Culture and Language Administrator:

Angie Sterling

Culture and Language Teachers:

James Shuter

Annie Major

Phone: 250.378.5527

PROUD TO BE



LNIB

Lower Nicola Indian Band



APRIL 2023

Absolutely **NO**
NUTS and NO
Peanut Butter In
LNB School

Mon	Tue	Wed	Thu	Fri
 3 Chicken casserole	4 Cheesy potato soup	5 Taco salad	6 Wear anything that has to do with Easter Pancakes, bacon & scrambled eggs LNBS ELDERS BREAKFAST	 NO SCHOOL GOOD FRIDAY
10 NO SCHOOL EASTER MONDAY	11 Lasagna + garlic toast	12 Bacon wrapped chicken	13 Hot dog chili	14 Hamburger potato & gravy BACKWARDS DAY
17 Perogy casserole EARTH DAY	18 Beef barley soup	19 Potato bake	20 Chicken stir fry	21 Mexican pasta salad STORY TELLING
24 Carne asada fries	25 Cheesy sausage Potato casserole Family Gathering 5-7	26 leftovers	27 Chicken noodle soup	28 Chicken alfredo Casserole

FACES OF LOWER NICOLA SITE SERVICES



SHAUN HANNA; SUPERINTENDENT - HVC & NICOLA MINE CRUSHING

I am proud to say I work for LNSS and feel respected and valued for what I bring to the company. I've been employed with LNSS for about six years. My job requires a lot of multitasking and never gets boring. I get great satisfaction to meet production targets and challenging myself everyday. I love putting a plan together and watching it be executed. My coworkers are awesome!! They truly are like family and we are a great team.



LNSS was delighted to attend a meet and greet with LNIB Chief & Council and Board Members that LNIBDC hosted on March 10, 2023. Great Dialogue was shared between everyone who attended.

We are wrapping up the Winter Road Maintenance Program with SMJV on the TMEP Project. The Summer Water Trucking Program is set to start this week. Our snow removal contract for Civeo has come to an end for the year as well.

The Nicola Mines Turn 5 Rock Quarry, Barkman Concrete; Sand Haul, Nicola Clean Energy Power Plant; Ash Haul, Flint Energy; Road Maintenance projects are ongoing.



LNSS is looking to fill the 2023 Seasonal Vegetation Management Positions. We will provide transferable training to successful applicants. You'll be working on Trans Mountain, HVC, MOTI, and TNRD Sites. Tentative start date May 1st 2023, Training will be provided prior to Start Date.

Got a Class 1 or 3 License? We're gearing up for our 2023 Season for more Gravel Hauling and Water Trucking!

If you are interested please send your resume to ycoutlee@infracon.com

Shulus Garden Newsletter for April by: LS

Administration tasks are always on the go. Garden 2023/24 budget has been submitted. Planning to get the harvest station renovated this spring. Shopping for a garden tractor. Planning to plant potatoes, onions, carrots, beets, and much more, organizing aged manure deliveries, bee feeding & worm farming all on going.

Please tell us what vegetables you would like us to grow for you this year, phone (250) 378-7561.

Garden Club meeting

Location: Shulus Garden Portable at 2124 Nawishaskin Lane, Shulus IR

Date: Tuesday, April 11th

Time: 11 to 12,

Agenda: Garden Planning, Seed Orders, family plots, meeting dates & workshops TBA, garden contest, food preserving and field trips.

Lunch: At the Soup Kitchen.

Thank you, LNIB Economic Development, for purchasing Shulus Garden Honey a new honey extractor, & for purchasing new Queen & Nuc's for this year. They arrive in June from Grimshire Apiary.

Thank you, Lloyd Loveday, for lending Shulus Honey his honey extractor equipment, beehives & sharing his beekeeping knowledge over the years.

March workshops:

- ✓ - Invasive Plant Species Forum and we will continue our method of weed control at the garden.
- ✓ - Indigenous Food Sovereignty - met Funders & F.N. Communities gearing up to grow food crops.
- ✓ - Indigenous Agricultural Training by First Nations Agricultural Asst. Dates & Locations TBA soon.
- ✓ - On-line workshops – pruning, cover crops, soil sciences, pest management, disease control,
- ✓ greenhouse operation & crop production, composting.
- ✓ - Nicola Valley Beekeepers Club - March 13, Monday (3rd Monday/Month, Feb to June & Sept to Jan)
- ✓ - Lateral communication workshop with LNIB Staff.

March/April Garden activities:

- 1) Beekeeping - clean hives, feed bees, remove mite strips, clean bee yard, monthly to September.
- 2) Indoor seed planting - broccoli, brussel sprouts, cabbage, lettuces, melons, corn, cucumbers, kohlrabi, onion scallions, pac choi, parsnips, peppers, spinach.
- 3) Prune fruit trees – Review pruning books, get focused, clean & sharpen pruning tools & equipment.
- 4) Yard & garden cleanup, pull & rake all weeds & old growth, turn soil, prune, repair tools, order seed.
- 5) Next Beekeeper Club meeting – April 17, 7 – 8:30 at Shulus Hall.

April /May activities:

- 6) Start to prepare garden soils – Weed rows, rototill & turn soil in rows, place water line, sting each row, mix compost, aged manure, peat moss, bone meal & pour into each vegetable row.
- 7) Lay water lines – drip lines or get water hoses patched up & ready to water the seed beds & transplants.
- 8) Outdoor seed planting - arugula, beets, carrots, Kale, lettuces, mustard, onion, Scallions & peas, radishes, turnips.
- 9) Water & weed the medicinal garden & trees, the garlic fields, the asparagus & strawberry patches.

Shulus Community Garden March to April Newsletter by: KP

SCG is getting ready for the growing season by gathering garden supplies such as soil and seeds. As we wait for our seeds to grow, it is time we clean up the yard of leaves and debris, adding it to composting bins, pulling invasive weeds or cutting them down before the seeds have any time to drop into the ground and germinate, creating more invasive weeds.

We also have been communicating with the ENRT class at NVIT, sharing information on when and how to start seeds. Since we are sharing the NVIT green house, we planned on cleaning it thoroughly to get rid of insects and diseases like fungus spores etc. Our goal is to grow fresh local food. With mother nature always changing, it is time to think about what our community would need to grow in-order to survive in time of a crisis.

Shulus Community Garden is asking LNIB for a website or profile page that would include pictures of stages the plants are growing, from little sprouts to full growth, to pruning and watering correctly and harvesting, along with other helpful tips for gardening. We could also show the plants that we have in our medicine garden, this would be a fun and easy way to get a good look on what is going on at Shulus Community Garden.

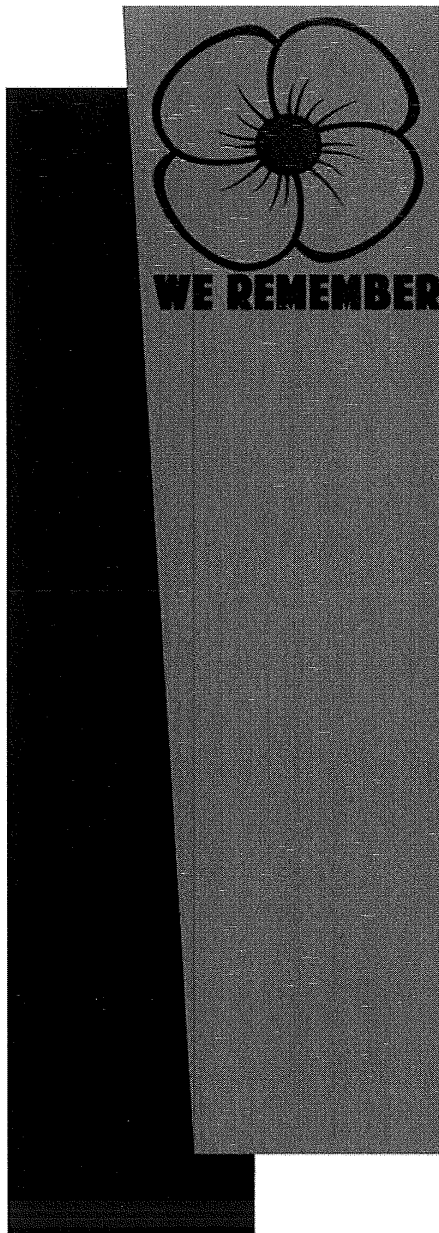
- **Shulus Community Garden is currently growing:**

Herbs	Flowers	Vegetables	Traditional Plants
Chives	Painted Lady's	Early Butternut Squash	White Sage
Cilantro	Borage	Tomatoes	Tobacco
Licorice Mint	Lavender	Gold Rush Zucchini	
Oregano	Sunflowers	Dark Green Zucchini	
Parsley	Hollyhocks		
Rosemary	Lupins		
Sage			
Sweet Marjoram			

Did you know?

- The more critters in your garden such as a frog, indicates a healthy ecosystem living in your garden.
- A single frog can eat over 100 insects in one night!

Shulus Honey & Herbs for Sale



MARK THIS DATE ON YOUR CALENDAR

Nicola Valley First Nations Veterans

UNVEILING CELEBRATION

For the Veterans Memorial Monument

Date: Sunday, May 28, 2023

Agenda: 10:15 a.m. Procession in Line—
Veterans and Dignitaries

Location: LNIB Shulus Arbour, Neale Rd,
Merritt, BC V1K 1M9

**WE ARE HONORED TO WELCOME YOU
.... COME ON OUT AND JOIN US!**

For more information or to confirm your attendance:
Carol Holmes 250-378-7809 or email
spaxomin_carol@yahoo.ca

FaceBook: Nicola Valley First Nations Veterans Project
<https://www.facebook.com/>

Lower Nicola Indian Band Job Opportunities

To see ALL Openings, and full job descriptions and to apply go to <https://secure.collage.co/jobs/lnib>

LNIB Band members will be given priority for all job opening.

Cultural Heritage & Environmental Field Workers

We need to **hire 9 more** field staff, work starts the first week of April.

Also **4** for Aquatics monitors

Department: Economic Development Department

Position Title: Field Worker (NOC 2221 Bio Technologists & Technicians)

Hours: dependant on weather, Seasonal, up to 1600+ hours over the season (April-Nov)

Summary of Organizational Responsibilities:

The successful candidate will bring their energy, enthusiasm and interest in environmental and cultural resources to a variety of resource planning and research projects. Specifically, the successful candidate will provide support to the LNIB staff on Cultural Heritage and Environmental resource development projects.

Training will be provided CALL NOW !!

Receptionist

Hours: 8:30 am - 4:30 pm, Mon to Fri

Start date: Flexible

Wage: \$20 per hour (\$18.50 during 90-day probation)

To provide clerical support and file maintenance for the Lower Nicola Indian Band. Answer phones and handle inquiries.

- Grade 12 diploma required.
- Excellent communication skills

Lands/Housing Administrative Assistant

Hours: 8:30 to 4:30 Mon to Fri

Start Date: ASAP

Wage: \$20 to \$24 per hour depending on education and experience

The Administrative Assistant is responsible for providing direct support to the Manager and the daily needs of the Department. To provide direction and administrative support as required

Youth Worker

Hours: 35 hours a week plus on call shifts

Start Date: ASAP

Wage: \$25 to \$35 pr hour based on Education and Experience

Summary of responsibilities

As part of the LNIB Community Outreach Team, the Youth Worker provide professional and compassionate support to youth and their families within the wider community. The responsibilities of this position are wide ranging and include provision of social engagement and mentorship, transportation for meetings and appointments, assessment of physical and mental wellbeing so as to facilitate appropriate action and offering limited but regular on-call support. In this dynamic setting, strong communication, independent decision making, and adaptability are the skills required to successfully meet the needs of the individuals we serve.

Fire Department

Fire Fighter and paid on call fire fighter

Hours: 35 hours a week plus on call shifts

Start Date: ASAP

Wage: \$27 to \$30/hour

Summary of responsibilities

Responds to fires and other emergency alarms and assists in those operations necessary to insure the confinement and extinguishment of fires or the elimination of other hazardous conditions. Also will be involved with interface fires and monitoring any controlled burning.

Recreation Assistant**Department:** Human Services**Hours:** 20-35 hours per week**Start Date:** Negotiable**Wage:** \$20 hour**Summary of responsibilities**

Under the direction of the Recreation Coordinator, the successful candidate will be responsible for developing and participating in recreational programs and events for Lower Nicola Indian Band members.

Required knowledge, skills and abilities

Excellent communication and high energy while working with youth

Must be willing to take courses related to recreation ie.

Skipper training, first aid and AED courses

Must be willing to participate in overnight trips with recreation programs

Organize fundraising events for the recreation department special events

Overtime and weekend work may be required

A strong team worker with a great work ethic, self-starter and able to work independently

Computer competency in Microsoft products including Word, Excel, Outlook and Publisher software

Physical Education / Math Supporting Teacher**Hours:** 35 hours per week**Start Date:** September 2023**Term:** Permanent full time position based on approved Budgets and funding.**Wage:** equivalent to SD 58**Summary of responsibilities**

We are seeking a passionate Physical Education / Math Supporting Teacher for the Lower Nicola Band School beginning August 28th, 2023.

We are an independent school where nŕe?kepmxc culture and language are a big part of our school community as our way of life truly embraces social-emotional learning and diversity, equity and inclusion. The successful candidate will demonstrate empathy, creativity, strong communication skills and the ability to build a caring rapport with students and colleagues. Our goal is to honour our culture while educating kind inquiring global citizens who can become leaders in helping to create a balanced and harmonious and sustainable world. We do this with integrity and in the spirit of deep respect, curiosity and joy in a safe and enriching setting that supports students in their pursuit of academic success, personal growth, and social responsibility.

Required Qualifications and Experience:

Bachelor of Education degree.

BC teacher certification.

Minor in Math or relevant Math teaching experience.

Has a passion for athletics and the development our Physical Education Program as well as our Athletics program.

Human Resources Update

Staff have been completing various training this year. Below is the *March Ladders to Kindness* staff training session. The session was facilitated by Shelley Joseph, and allowed staff to discuss the impact of past injustices and personal traumas and how it affects the way we treat each other, and how to move forward by speaking to and treating each other in kinder more positive ways. This will make LNIB a better more productive place to work.



As the current fiscal year comes to an end, the staff of LNIB would like to express their gratitude and pleasure in serving the LNIB Community.



All LNIB Offices will be CLOSED

April 7 - 10, 2023

**The offices will
reopen to regular
hours Tuesday April
11, 2023**

8:30 am - 4:30 pm

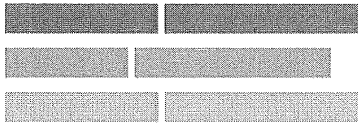
If an emergency call:

Administration (250) 631-7056

Health & Social (250) 378-1573

Public Works (250) 315-8184

Housing: (236) 575-2014



Infrastructure and Public Works

March 30, 2023

TO ALL ROCKY PINES MEMBERS/COMMUNITY MEMBERS

INTERMITTENT WATER OUTAGE & CLOUDY WATER

The Public Works Department will be conducting
watermain flushing and hydrant maintenance
next week in Rocky Pines

April 3 – 6, 2023, 9:00AM – 4:00PM each day

Watermain Flushing will occur on **Monday, April 3, 2023**

The team will try to keep this to a minimum, but some members may
experience intermittent outages and brown water during the flushing.
If you do experience brown/cloudy water, please **DO NOT** use your hot water

On **Tuesday, April 4, 2023**, please run your water for
approximately 5 minutes before use

Hydrant Maintenance will occur **April 4 – 6, 2023**

You should **NOT** experience any issues during this time

We ask for your patience and cooperation during this period and
apologize for any inconvenience this may cause.

If you have any questions, please feel free to call the
Public Works Department at 250.378.5157

181 Nawishaskin Lane, Merritt, BC V1K 0A7
Phone: 250-378-5157 | Fax: 250-378-6188 | Toll Free: 1-888-447-1744
Email: reception@lnib.net



Thank you

My name is Gilbert Mike from Upper Nicola Band. I had two LNIB members who assisted me out at Quilchena. January 21, 2023 it was late afternoon they waited with me until the ambulance arrived. They stayed until I was transported to the hospital and left. It means a lot to me and once again Thank you.
Gilbert Mike

