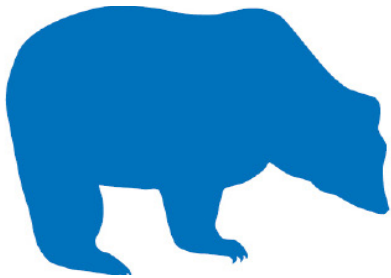


Lower Nicola Indian Band

N̓eʔiyk Spíləm

December 2022





LOWER NICOLA INDIAN BAND



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Message from the
kwúkʷpi? Stu Jackson

heñle? band members and community members. First and foremost, I want to acknowledge and congratulate the new Chief and Council! I am very honored and privileged to serve as your kwúkʷpi? for another three-year term and I am equally excited to collaborate with the new Council. The month of October and November have been extremely busy for the Council. Council made the commitment to meet weekly for the month of November to conduct the necessary business for the band. We have also scheduled our strategic planning session in December. During the strategic planning session, we hope to appoint portfolios and get members of Council appointed to respective committees and boards. Council has also attempted to begin orientation to address and become apprised to the governing responsibilities of Council for Lower Nicola Indian Band. It is our commitment to the membership to better understand our Chief and Council policy and procedures, our Oath of Office, and our Code of Conduct. It is especially important to all of Council to represent the band in a good and healthy way. I am looking forward to our Strategic Planning session next month. There is much work that needs to be done and I am confident that this Council is ready for the challenges that lie ahead.

I was very proud to be a part of and be witness to the swearing in ceremony that took place earlier this past month. It was a very powerful and meaningful ceremony. I was incredibly pleased to see all the band members that were able to attend the event. I was equally happy to see some of the newly elected members of the Merritt city council also in attendance. Thank you to City council members, Wendy Charney, Adam Etchart, Claire Newman, and Manuel Olguin for attending our ceremony. I was very delighted to see my brother from Coldwater Indian Band, kwúkʷpi? Lee Spahan in attendance as well. kwúkʷpi? Lee Spahan and myself have been building a very strong and respectful relationship over the past three years and I look forward to continuing building our relationship. Lower Nicola Indian Band is well positioned economically in the Nicola Valley and there is a lot that we can do on our own, but I believe it is equally important and valuable that we build a strong network with the City of Merritt, the Thompson Nicola Regional District (TNRD) and our neighboring Nations. I am hoping that we can build and strengthen these relationships during this term. Thanks again to all the dignitaries that were able to attend our ceremony.

Enclosing, I want to acknowledge the new Chief and Council once again. There are exciting times on the horizon for our community. With the recent purchase of Tunkwa Lake Resort, there are great ideas and suggestions coming forward about how to enhance the resort and indigenize it. It is my plan to provide a full-blown report and debrief on Tunkwa Lake as well as other opportunities that LNIB has been presented with at our community meeting. Unfortunately, we have to reschedule our community meeting to a later date due to deaths in our community but stay tuned as to when our community meeting will be scheduled to. Enjoy the winter season as we move into the month of December, but please remember to drive to conditions and be aware that sudden temperatures changes can occur at moment's notice. Take care of your friends and take care of your families, but most importantly, be sure to take care of yourselves.

kwukʷscémxʷ



Message from the Executive Director

Dear LNIB Members,

I am pleased to present our monthly report for December 2022. LNIB continued to be busy on several initiatives.

Here are some of the things we have been working on:

First Nations Drinking Water Settlement: The Chief and Council passed a motion at the September 20, 2022 Council Meeting, to accept the Settlement Agreement of the individual class members who were residents on a Lower Nicola Indian Band reserve while a long-term drinking water advisory was in force on that reserve during the period applicable in the Settlement Agreement.

We will provide more detailed information on how to make a claim as well as answer questions at the next Band Meeting. In the meantime, please take a look at the following link, there is some excellent information on this website: <https://firstnationsdrinkingwater.ca/>

Tunkwa Lake: Lower Nicola Indian Band acquired Tunkwa Lake Resort Ltd. effective October 14, 2022. The opportunity to purchase Tunkwa Lake Resort first came to Chief and Council on August 16, 2022. The decision was to submit a Letter of Intent to purchase through Counsel and a Project Team. Tunkwa Lake Resort has eighteen lakefront acres with a main lodge, 19 rustic cabins, 2 luxury log cabins, 79 RV sites, caretaker's residence and room to expand. This team is in place to ensure operations of Tunkwa Lake Resort continue during the transition of ownership. Tunkwa Lake Resort employs 5 fulltime staff and there are 48 annual pad rentals. There will be continuous updates regarding the operations of Tunkwa Lake Resort.

Ground Breaking Ceremony: LNIB had a Ground Breaking Ceremony on November 2, 2022 for the 14 unit Rapid Housing Project that will be built in Rocky Pines. This initiative is through Canada Mortgage and Housing Corporation (CMHC) and their Rapid Housing Initiative. The 14 Units will consist of eight one-bedroom, four two-bedroom, and two three-bedroom units in the two storey building. This will help reduce the housing waiting list. The housing is set to be completed September of 2023.

RCMP Incidents: On Tuesday, November 15, 2022, Lower Nicola Indian Band, the City of Merritt and Coldwater Indian Band faced an urgent police incident. Administration acted fast to ensure the safety of membership and instructed membership to stay in their homes and to close all LNIB public buildings. RCMP acted quickly and determined the three separate incidents were targeted and the public were not at risk. Within the hour, administration was able to retract the instructions to membership to stay in their homes and LNIB offices were able to open with minimal interruptions to the day.

Remembrance Day Ceremony: Nicola Valley First Nations Veterans Association had a Remembrance Ceremony on November 11, 2022 at the Shulus Cenotaph. The ceremony was well attended by families of veterans within the Nicola Valley. LNIB School also had a ceremony on November 9, 2018 that will help teach the children the importance of honoring our Veterans.

Human Resources: While visiting or receiving services at other buildings, please feel free to ask the staff member you are visiting to use a mask and to adhere to safety protocols if you are concerned. We are committed to keeping the community and employees safe during this pandemic.

We'd also like to welcome a new member to our team at LNIB: Wenona Bearshirt, Communications Coordinator. The staff who moved on to new endeavors is Paul Robillard, Mindy Garcia, Mackenzie Berry and Tanya Bent. LNIB thanks them for their contribution to the LNIB Team.

Current job postings with Lower Nicola Indian Band are Title and Rights Administrator, Receptionist, Homemaker, Housing Administrative Assistant, Janitor and Firefighter visit <https://www.lnib.net/jobs/> or <https://secure.collage.co/jobs/lnib> for further details.

Committees and Liaisons: Chief and Council need to appoint chairs to the committees so there are no committee meetings in November. All committee meetings are open to the membership to join. Please contact the band office for details on how to join the meetings.

Community Meetings and Workshops: The Band General meeting was scheduled for November 28, 2022 will be rescheduled out of respect for the Pierre and Isaac families.

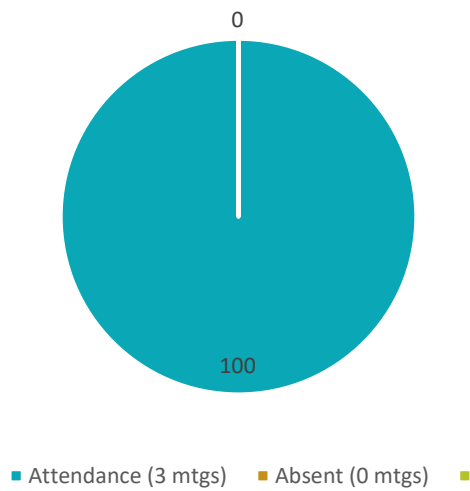
Support to Chief and Council: Chief and Council met November 1st and 15th. Chief and Council orientation meetings were postponed out of respect for the families of membership who passed on. Chief and Council had a Public Swearing in Ceremony on November 17 2022 that was attended by dignitaries from the four First Nation's Chief and Council and City of Merritt. Strategic Planning is scheduled December 20-21, 2022. Should you require anything on the Chief and Council agenda scheduled for December please contact Sondra Tom and me. Also, the Chief and Council meetings are open to membership to join via online or telephone. Please contact Sondra Tom to be added to the email invitation for the scheduled Chief and Council meetings.

Kari Reilander,
LNIB Executive Director

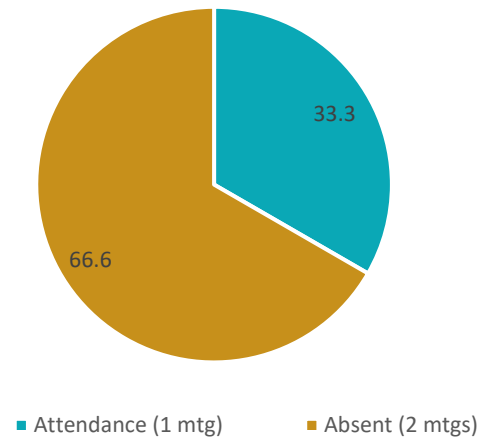


Chief and Council Attendance
Term October 2022-September 2025

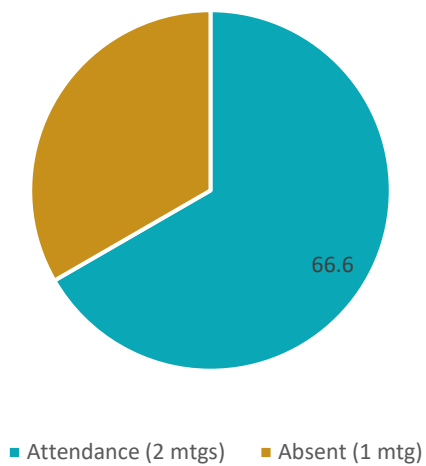
Stuart Jackson



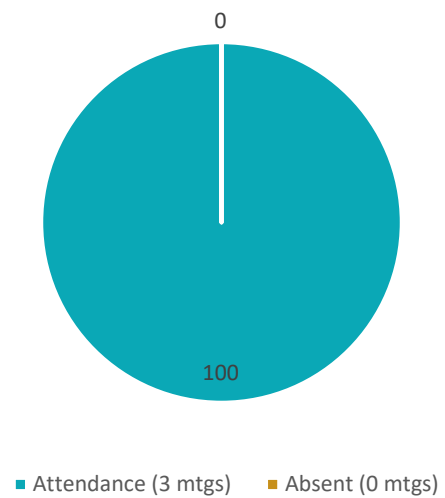
Bill Bose



Arthur Dick

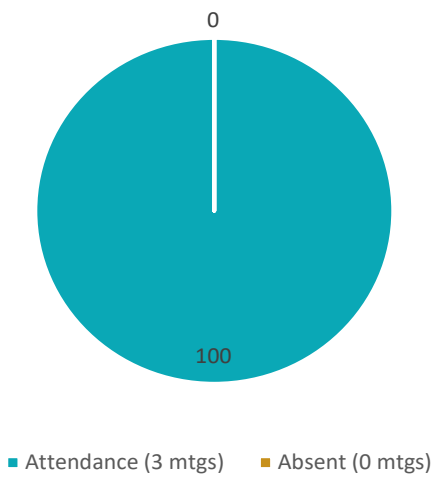


Robin Humphrey

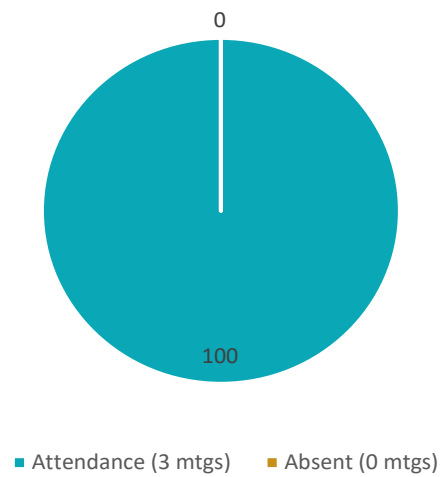


Chief and Council Attendance
Term October 2022-September 2025

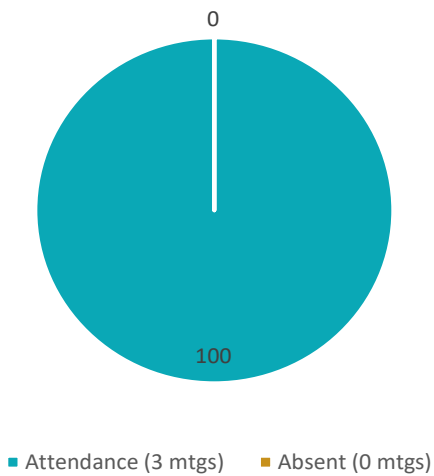
Connie Joe



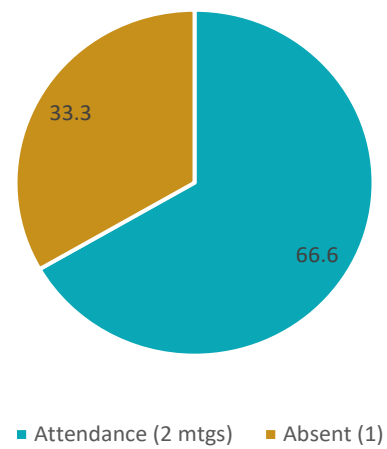
Lesley Manuel



William Sandy



Lucinda Seward



Motions from the Chief and Council November 1, 2022

Motion #11-01-2022-01 Reads: The Lower Nicola Indian Band Chief and Council move to adopt the November 1, 2022 Chief and Council meeting agenda as presented.

Motion Carried

Motion #11-01-2022-02 Reads: The Lower Nicola Indian Band Chief and Council move to adopt the October 25, 2022 Chief and Council meeting minutes as presented.

Motion Carried

Motion #11-01-2022-03 Reads: The Lower Nicola Indian Band Chief and Council move to adopt the September 28, 2022 Chief and Council meeting minutes with noted changes.

Motion Carried

Motion #11-01-2022-04 Reads: The Lower Nicola Indian Band Chief and Council hereby approves the purchase of a 2022 Ford F550 Regular Cab from Work Truck West, in the amount of one hundred and thirty-five thousand six hundred dollars and zero cents (\$135,600.00) and further authorizes the Executive Director to approve any necessary documents as well as authorize the invoice for payment.

Motion Carried

Motion #11-01-2022-05 Reads: The Lower Nicola Indian Band Chief and Council hereby approves to award the Community Water Aquifer Assessments Project - Reference Number P22140-100 dated October 21, 2022, to Kala Geosciences Ltd. and further authorizes the Chief, Executive Director, and the Director of Finance, to sign all necessary documents including, but not limited to, approving all invoices and progress payments up to the contract limit of seventy thousand and zero cents (\$70,000.00).

Motion Carried

Motion #11-01-2022-06 Reads: The Lower Nicola Indian Band Chief and Council hereby approves to award the Pipecul Culvert Replacement Project -Design-Build CCDC 14 Contract Proposal dated October 26, 2022 to Ruskin Construction Ltd and further authorizes the Chief, Executive Director, and the Director of Finance, to sign all necessary documents including, but not limited to, approving all invoices and progress payments up to the contract limit of three hundred and eighty-two thousand and zero cents (\$382,000.00) and further authorizes a total budget amount four hundred and thirty nine thousand, three hundred dollars and zero cents (439,300.00) which includes a fifteen percent contingency for the Pipecul Culvert Replacement Project

Motion Carried

Motion #11-01-2022-07 Reads: The Lower Nicola Indian Band Chief and Council hereby approves the purchase of a GMC Sierra 1500 from Gardner Chevrolet Buick GMC Ltd. at Hope, in an amount not to exceed seventy thousand dollars and zero cents (\$70,000.00) and further authorizes the Executive Director to approve purchase agreement and invoice for payment.

Motion Carried

Motion #11-01-2022-08 Reads: The Lower Nicola Indian Band Chief and Council move to adjourn the November 1, 2022 meeting at 7:23 pm.

Motion Carried

Motions from the Chief and Council November 15, 2022

Motion #11-15-2022-01 Reads: The Lower Nicola Indian Band Chief and Council move to adopt the November 15, 2022 Chief and Council meeting agenda as presented.

Motion Carried

Motion #11-15-2022-02 Reads: The Lower Nicola Indian Band Chief and Council move to adopt the October 25, 2022 Chief and Council meeting minutes as presented.

Motion Carried

Motion #11-15-2022-03 Reads: The Lower Nicola Indian Band Chief and Council move to approve the Solid Waste Reduction, Recycling and Disposal Agreement Contract Number 2022-75, commencing January 31, 2023 and terminating December 31, 2027, and further authorize the Executive Director and the Director of Finance to execute the agreement.

Motion Carried

Motion #11-15-2022-04 Reads: The Lower Nicola Indian Band Chief and Council endorse:

1. the extension of the Nicola Bands and BC Housing Memorandum of Understanding for Developing Asset Management Capacity for three additional years from January 1, 2023 to December 31, 2025;
2. an application to Indigenous Services Canada's Housing Support Program for \$361,575 in funding to continue employment of a Project Manager through Scw'exmx Tribal Council, complete a housing policy, a housing plan and training during the term of the Memorandum of Understanding; and
3. confirm the following additional funding contributions of:
 - a. \$313,650 by BC Housing,
 - b. \$36,000 allocation by each of the five Nicola Bands for staff time, and
 - c. \$31,800 by the Scw'exmx Tribal Council.

Motion Tabled

Motion #11-15-2022-05 Reads: The Lower Nicola Indian Band Chief and Council move to table motion number 11-15-2022-04

Motion Carried

Motion #11-15-2022-06 Reads: The Lower Nicola Indian Band Chief and Council

WHEREAS the Lower Nicola Indian Band operates under the authority of Chief and Council;

WHEREAS:

- A. Since 2019, LNIB has participated in negotiations and early engagement activities with Teck Highland Valley Copper Partnership ("HVC") and the BC Environmental Assessment Office ("EAO") concerning the environmental assessment of the Highland Valley Copper 2040 Project (the "Project") under the Environmental Assessment Act (the "Environmental Assessment");
- B. LNIB has received notice from the EAO that the Project will proceed to the "Process Planning" phase in the Environmental Assessment, and that LNIB is to confirm its involvement as a participating Indigenous nation going forward by issuing the EAO a letter indicating the same;
- C. LNIB has previously entered capacity funding arrangements with HVC through a Collaboration Agreement to support LNIB's participation in the Environmental Assessment, and has agreed to a project workplan with the EAO to coordinate LNIB's engagement and participation; and
- D. LNIB Council has determined that it is in the best interest of LNIB and its membership that LNIB

participate in the Environmental Assessment as a participating Indigenous Nation in order to engage with HVC and the EAO and to advocate for and protect LNIB's rights and interests in respect of the Project.

NOW THEREFORE BE IT RESOLVED THAT:

1. The continued participation of LNIB in the Environmental Assessment is hereby authorized; and
2. Chief Stuart Jackson be and hereby is authorized and empowered to execute and deliver in the name and on behalf of LNIB a letter to the EAO indicating that LNIB will participate in the Environmental Assessment, and to do all such further and other acts and things as may be necessary in order to carry out the intent of these resolutions.

Motion Carried

Motion #11-15-2022-07 Reads: The Lower Nicola Indian Band Chief and Council hereby:

1. Supports the application request to Environment Climate Change Canada under their Expression of Interest for Indigenous Led Area Based Conservation program;
2. Recognizes that this funding application fits under the Strategic Plan – Lands #2. Remain stewards of the land and protect our Rights and Title; this program will allow LNIB to explore asserting our presence in areas across our traditional territory where we currently do not have jurisdictional authority; further this community engagement process for potential sites will allow LNIB to record traditional knowledge and stories on the land across our territory;
3. Supports the budget request to Environment Climate Change Canada in the amount of \$173,900, and;
4. Supports the LNIB cash contribution amount of \$47,000.00 to this project;
5. Supports the LNIB in-kind contribution amount of \$23,000.00 to this project;
6. Chief and Council authorize Kukpi Stuart Jackson and Kari Reilander to sign any documents for this application process.

Motion Carried

Motion #11-15-2022-08 Reads: The Lower Nicola Indian Band Chief and Council move to go IN Camera at 7:02 pm.

Motion Carried

Motion #11-15-2022-09 Reads: The Lower Nicola Indian Band Chief and Council move to reconvene at 7:46 pm.

Motion Carried

Motion #11-15-2022-10 Reads: The Lower Nicola Indian Band Chief and Council move to adjourn the November 15, 2022 meeting at 7:23 pm.

Motion Carried



Qualdaskt

More commonly known as Arthur Dick, recently declared Council member of the 2022, October 22 Election. Kwukscemex inkashtkn for your vote and support during the election. Congratulations to Kwukpi Stuart Jackson, Councillors: Lesley Manual, Connie Joe, Lucinda Seward, Bill Bose, Robin Humphrey, William Sandy for your successful election to your tenure for the next 3 years, less a month already.

I look forward to serving the membership, leadership, administration to the best of my ability and share my experience during my three year tenure.

For the interim I may be contacted or left a message at the LNIB Administration Office phone number 250-378-5157. Membership is more than welcome to drop on by my home address 267 Fyall Road.

I wish everyone a safe and healthy winter season and look forward to seeing you all and a happy new year coming just around the corner.

Huxmél Knee

Kwukscemex.







Chief & Council Swearing in Ceremony
November 17, 2022





Merritt City Council & kwúkwpi? Lee Spahan







SANTA PICTURES

Sunday December 11, 2022

L.N.I.B Rocky Pines Community Centre

Elder's Portraits & their family

10:00 am - 2:00 pm

Call Shyla McColl at (250) 936-8779

**L.N.I.B Membership & Community
Members**

2:00 pm - 5:00 pm

Call Christie Hill (250) 315-3661



VERY NICE



NAUGHTY

December



What We're Learning!

In December we will be focusing on winter and of course CHRISTMAS!! Winter helps us understand how nature changes throughout the year. By learning about our outside environment and animals that live in it, children can see how nature adapts to the seasonal changes.

December 16th will be the last day of classes for both the K3 and K4 for the year. First day back after Christmas Break will be January 3rd, 2023

We will be sending out invites on our last day of class for our Head Start Christmas party. The littles will be singing Jingle Bells and receiving their Christmas gifts. We hope you and your family can come join us for a fun filled time before the year ends and a new one begins.

Upcoming Events



Dec 9th – Ugly Sweater Day

Dec 16th – PJ day

Dec 16th – Last Day of Class

Dec 21st – Christmas Party

CHRISTMAS BREAK

DEC 16TH - JAN 3RD

Like Us On Facebook
"Little Stars Head Start"



Monthly Teacher Tip

We are finally feeling the change to winter weather, and it is important to ensure that your child is dressed warmly for outside play. We go outside everyday, so please send your child with a pair of mitts (preferably waterproof), toque, snow pants, and warm winter boots.



LOWER NICOLA BAND SCHOOL DECEMBER NEWSLETTER

Hello LNBS Families,

Another month has passed and there has been a lot going on at our beautiful little school. Over the past month our students have participated in a Remembrance Day Assembly where every class presented on Remembrance Day. They showed a lot of bravery getting up in front of the whole school to do so. We were very lucky to have Donelda's class drum us in and out of the assembly as well. It was an immensely powerful moment.



Like they would be at a Remembrance Day Assembly. We will continue to use Play Is The Way games and the lessons around the Key concepts to help our students grow in to people of good character. Below is one of the key concepts that we are focusing on in our assemblies and in our classrooms.



This past month we have introduced a new Play Is the Way game called Piccadilly Circus. Teachers are often surprised by how much children, irrespective of age, enjoy themselves playing this game. It is a frantic, noisy game requiring good communication skills to be done well.

Playing this game is always fun but to be successful students must take a more focused and sensible approach to the game. If there is too much silliness students will end up costing their team. Our goal with this game is to teach

kids to "Code Switch" which requires them to use the right behaviour in the right setting. Knowing where and when they can be silly kids and when they must be more serious.

"We do the right thing because it's the best thing to do. It takes great strength to be sensible."

The Christmas season is also upon us, and we have some very important dates for you. The first one is December 14th. We will be hosting a Christmas Concert for all of our parents and families. The Christmas Concert will be from 1:00-3:00PM (doors will open at 12:30pm). On December 15th, we will be doing a craft fair for all of our kids and they will have the opportunity to build some Christmas Crafts. On December 16th, the last day of school, we are going to have a Pajama and movie day for the students. So please be sure to send them in their pajama's 😊

Leroy Slanzi
LNBS Principal



Principal

Leroy Slanzi

Leroy.slanzi@lnib.net

Executive Assistant

Sioux.Swakum@lnib.net

Teachers:

Derek Hanna-Gr.K

Shayla Balson-Gr.1/2

Rhonda Sheena-Gr.3/4

Donelda Haller-Gr.4/5

Jennifer Desgagnes-Gr.6

Randi Gardypie-Gr.7

Office & Support

Tammy Armstrong,

Chantel Ashdown

Barb Basil

Joe Collins

Jill Fitzer

Nikki Flottorp

Lee Fulton

Bill Heard

Cody Jones

Shelley LeBlanc

Arnold Meyer

Devan Nagata

Reese Paterson

Brandy Pinyon

Annie Rabbitt

Penny Toodlican

Phone: 250.378.5527



LOWER NICOLA BAND SCHOOL

Culture and Language Program

Dear Community Members:

Wow, I can't believe December is here already! I have shifted roles now from being the Principal for many years at the LNB School to now being the Culture and Language Administrator for the LNB School.

I now have the privilege of working closer with Annie Major and James Shuter who are fluent speakers of our Language and Culture Program. I am participating in the Head Start Class and Languages classes when I can to shadow our fluent Speakers and pick up some of the language and I am looking to enhance our language and culture programs.

Our School will be hosting more Elders Day Luncheons when we can. We want the Elders to be able to interact with our children more now that COVID restrictions have lifted. We will be having a culture day in the Spring and a Pow-wow at the end of the School year. If you have any ideas about our Culture and Language Program, I would love to hear them.

I hope to get out, observe and visit a Language Immersion School in the New Year to gain more education and ideas for our School.

Angie Sterling, Culture and Language Administrator

Check out this New Book Written on Residential Schools by Author: Mary Jane Joe is called:

"Xwist Memin Kin I want to go Home: Memories of Kamloops Residential School and Joeyaska Ranch



Culture and Language Administrator:

Angie Sterling

Culture and Language Teachers:

James Shuter

Annie Major

**Phone: 250.378.5527
or email:**

asterling@lnib.net

PROUD TO BE

LNIB

Lower Nicola Indian Band



DECEMBER 2022

Absolutely NO NUTS
And NO PEANUT BUTTER
IN LNB School!!!

Mon	Tue	Wed	Thu	Fri
			1 Cabbage roll soup	2 Chili dog
5 <i>Chicken noodle soup</i>	6 Spaghetti Sauce & garlic buns	7 Beef barley soup <i>Wear anything that has to do with Xmas</i>	8 Veggie stir-fry	9 Taco salad
12 Breakfast casserole	13 Turkey casserole	14 Tomato & mac soup CHRISTMAS CONCERT 1-3	15 Pizza melts CRAFT FAIR	16 Turkey sandwiches 1-3 Santa to visit the classrooms Last day of school for Winter break MOVIE & PJ DAY-AM & PM
19 	20 	21 	22 	23 
26	27 <i>MERRY CHRISTMAS FROM ALL</i>	28 <i>EVERYONE & HAVE A STAFF AT LNBS!!</i>	29 <i>HAPPY NEW YEAR!!</i>	30



Brandi O'Flynn | Lands Manager

250-378-5157 | brandi.oflynn@lnib.net

THE LANDS TEAM

Talk with the Lands team about lands activities and to share your stories. Members can contact the Lands Department with questions about LMAC, community meetings, and general land inquiries.

Stephen Jimmie
LANDS AND HOUSING
DIRECTOR
stephen.jimmie@lnib.net

Contact Stephen with inquiries about Land Code, lands policies and law development.

Brandi O'Flynn
LANDS MANAGER
brandi.oflynn@lnib.net

Contact Brandi with inquiries about land administration, programs, and services.

LANDS PORTAL

Find information about LNIB lands online at lnib.net/lands. Updates are posted regularly, and printed materials are made available for pick up at the Lands office upon request.

Kristopher Por
LANDS RESEARCHER
kristopher.por@lnib.net

Contact Kristopher with questions about research, historic records, as well as wills and estates planning.

Vacant
LANDS AGENT

Vacant
LANDS ADMINISTRATIVE
ASSISTANT

*Contact Human Resources for information about employment.

Contact the Lands Department by phone at 250-378-5157

Sayge Fisher
ENVIRONMENTAL
PROTECTION COORDINATOR
sayge.fisher@lnib.net

Contact Sayge for details about environmental management and protection.

Alex Bukkos
SURVEY COORDINATOR
alex.bukkos@lnib.net

Contact Alex for details about current and past Lands projects including surveys and mapping.

LANDS MANAGEMENT ADVISORY COMMITTEE

UPCOMING MEETINGS

All upcoming LMAC meetings
have been cancelled until a new
chair is appointed.

Lands Management Advisory Committee (LMAC) meetings are being held virtually and are open to all LNIB Members to attend starting at 4:30 PM. Join in to discuss Lands activities and developments! Check the LNIB Events Calendar for LMAC meeting links or contact the Lands Department for more information.

GATES & SECURITY CAMERAS

The Lands Department is responsible for the management and protection of all LNIB reserve lands. To prevent unlawful activity including dumping of hazardous materials and waste, as well as improper use of LNIB land, four gates were installed on Nicola Mameet IR1 in September of 2021.

SOLID WASTE MANAGEMENT PLAN

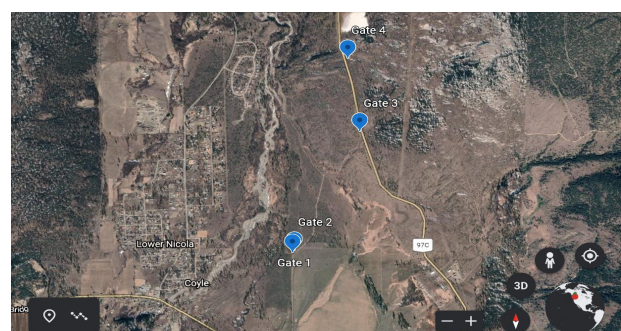
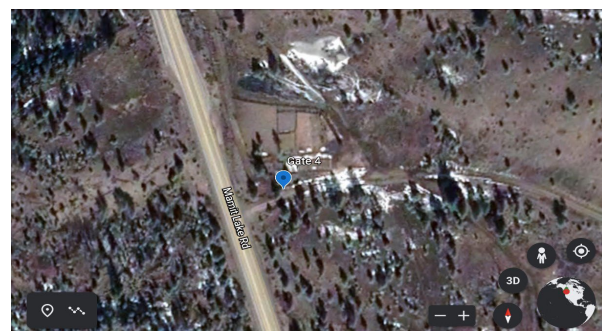
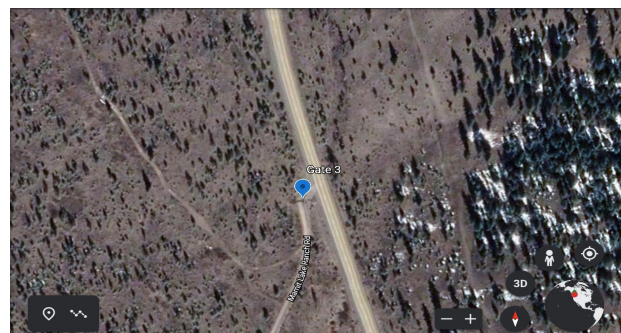
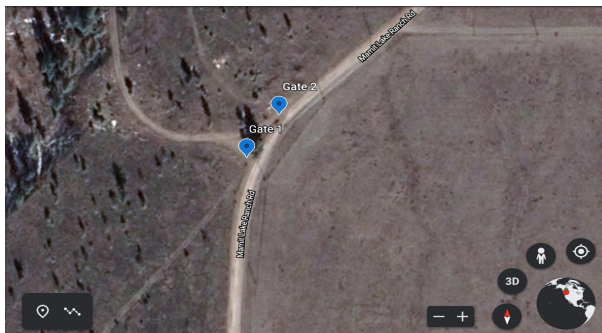
After hours of hard work was done to cleanup various environmentally contaminated areas on LNIB land, multiple gates were put in place to protect reserve lands.

INSTALLATION OF CAMERAS

Security cameras are planned to be installed during 2022 near important areas and locations of interest. These cameras are for security purposes only and will not interfere with the privacy of neighboring homes, businesses, and communities. If you know of any areas of concern, please contact us and we can see about getting a camera setup. The use of trail cameras is the best strategy for sites where it would not be appropriate to restrict access by installing a gate. See more details about this project by visiting the **Lands Portal** online.

Members' use of the land will not be restricted by gates but may need to obtain access codes from the Lands Department. Contact the Lands team if you require access to use land that is behind a locked gate.

If you have any questions about the project or would like to see larger maps, contact the Lands Department at 250-378-5157.



*** LNIB has installed locked gates to physically restrict access at the following sites shown above***

REMINDER: LANDS PORTAL ONLINE

Many important documents and resources are available for LNIB and community members to review and download from the LNIB Lands Portal online.



LANDS PORTAL lnib.net/lands

If you have any questions about land or would like to know more, please contact Kristopher in the Lands Department.

Kristopher Por
LANDS RESEARCHER
kristopher.por@lnib.net



IMPORTANT NOTICE

To all LNIB Members,

The **LNIB Security** contact phone number has temporarily changed. Securiguard IT Department is working to restore the old number. For now, please use the phone number listed here in blue:

***LNIB Securiguard
Security
PHONE #
(250) 215-5048***



NOTE

**AN LNIB SECURITY
GUARD IS ON DUTY
40 HOURS EACH
WEEK AND
RESPONDS TO
PHONE CALLS AND
MESSAGES WHILE
ON SHIFT. IF YOU
ARE IN DANGER OR
REQUIRE POLICE
ASSISTANCE, DIAL
911.**

Inactive (250) 258-4240

BUYER'S NOTICE BOARD



If you are interested in purchasing land or property from a landowner, Contact the Lands Department to have your contact information listed here in the monthly LNIB newsletter.

Hello, my name is Mindy Garcia, I am interested in purchasing land to build a home, summer home and a sweat lodge on or land with a home, even if it's a fixer upper, I am interested. If you or someone you know may be interested in selling, please let me know. Thank you.

CONTACT

250-280-5684

Hello, my name is Lorne Dunn. I am interested in purchasing around an acre parcel of land at Nicola Mameet IR1 to place a home.

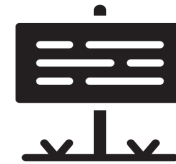
CONTACT

250-315-7501

lorne.dunn@yahoo.com

SELLER'S NOTICE BOARD

If you are interested in selling land or property as a landowner, contact the Lands Department to have your information listed here in the monthly LNIB newsletter.



***There are no posted SELLER notices this month.**

Contact the Lands Department if you would like more information.

A MESSAGE FROM MINDY GARCIA OF LNIB.

Hello LNIB Members,

I am sad to inform you that I will be moving on from the Lands Department to another opportunity. I will miss working for Lower Nicola Indian Band and the community. This was an amazing opportunity and I hope to be back working in the Lands Department in the future. I wish everyone the best and I hope to continue to build relationships within my community. If we have crossed paths and you would like to keep in touch, please do. If any elders need help with anything, get in contact with me. I am more than willing to help our community members, especially our elders. If you need a ride, warm meal, wild meat, coffee partner or someone to pick up your groceries, call me. Take care and thank you all for your time and appreciation.

All My Relations,
Mindy Garcia

LANDS DEPARTMENT OFFICE HOLIDAY HOURS

Please be advised that the LNIB Lands Office will be closed for the holidays during the week between Christmas and New Year's. Holiday office hours are as follows:

Friday, December 23rd, 2022 – Closed at 12:00 PM

Monday, December 26th, 2022 – Closed (Boxing Day)

Tuesday, December 27th, 2022 – Closed

Wednesday, December 28th, 2022 – Closed

Thursday, December 29th, 2022 – Closed

Friday, December 30th, 2022 – Closed

Monday, January 2nd, 2023 – Closed



We wish you a happy, safe, and warm holiday season! From the LNIB Lands Department.



LNIB Holiday Office hours:

December 22, 2022 OPEN for regular office hours

December 23, 2022 CLOSED at 12:00 pm

December 26-30, 2022 CLOSED all day

January 2, 2022 CLOSED all Day

January 3, 2022 OPEN for regular office hours

Emergency Numbers:

Education	250-378-1504	LNIB Arena	250-936-8805
Administration	250-631-7056	Health & Social	250-378-1573
Infrastructure & Public Works	250-315-8184	Housing	236-575-2072
LNIB School	250-315-5744	LNIB Fire Hall	403-875-1457
Economic Dev.	250-315-9378	Lands	236-575-2014

Public Works On- Call Number: 250-315-8184

Holiday Recycling days

December 21, 2022- Regular Recycling Pickup

December 28, 2022- Regular Recycling Pickup

January 4, 2023- Regular Recycling Pickup

Please use the recycle depot
located at TNRD Landfill when
required

Outside Emergency Numbers:

Fire and Health	911
RCMP	250-378-4262
Health Line	811
BC Crisis Line	310-6789
BC Suicide Line	1-800-784-2433
Senior Distress Line	604-872-1234
Scw'exmx Child and Family	250-378-2771
After hours Child Protection	310-1234



Héńłek^w

**Lower Nicola Indian Band
Culture Revitalization
Department**

Joe Shuter (250) 315-7487

Carole Basil (250) 315-9157



Group meeting with
Hedley Men's Group



Men's planning meeting
Mover's & Shakers



Thursday night language group

Men's group had planned a gun cleaning workshop which was postponed



December 2022 - Elders Program Calendar

Please sign-up for any programs you would like to attend
 Rides are available for those with limited transportation
 Please contact Elders Coordinator Shyla McColl @250-936-8779



<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
				1. Knowledge Keepers Luncheon (Hosted by scw'exmx child & family)	2. Grandmothers group Knitting/ Crochet Rocky Pines 10am – 1pm	3.
4.	5.	6.	7. Elders Float for the Parade (ideas and making decorations) Rocky Pines 11am-2pm	8. Crafting for elder's float in Xmas parade. Rocky Pines 10am – 4pm	9.	10.
11.	12.	13. Christmas Parade! 	14. DIY Christmas Decorations Rocky pines 1pm – 3pm	15. Elders Christmas Luncheon Soup Kitchen 12pm – 2pm	16. Christmas Baking for homeless shelter donation!! Soup Kitchen 10am – 2pm	17.
18. Community Christmas Party! 1pm-5pm	19.	20.	21.	22.	23.	24.
25.	26.	27.	28.	29.	30.	31.

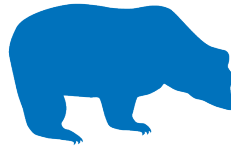
November Elder's
Luncheon





Elder's baking, Sheree Moses & Mary Shuter





**LOWER NICOLA
INDIAN BAND**

Is your Recycling on the Naughty or Nice List?

A friendly reminder that recycling is an essential service and will be picked up December 28, 2022, please make sure you have your blue bin out by 9:00 am.

Please note that all cardboard boxes need to be broken down, the following items will not be accepted;

Glitter Wrapping Paper – Glitter Holiday Cards – Glitter Gift Bags, as well as Ribbons and Bows
Please make sure your food containers are clean and free of all food particles.

Below is a list of accepted items as well as unaccepted items. If you have any questions about recycling, please contact the Public Works Department at 250-378-5157 or visit the Recycle BC Website @recyclebc.ca

Happy Holidays from the Public Works Department

RECYCLE your holiday PACKAGING and PAPER

YES	RETURN TO DEPOT	NO
PAPER <ul style="list-style-type: none"> Paper Gift Wrap Paper Greeting Cards Cardboard and Shipping Boxes Paper Gift Bags 	<ul style="list-style-type: none"> Flexible Packaging with Plastic Seal Candy Wrappers Plastic Bags and Overwrap 	<ul style="list-style-type: none"> Foil Gift Wrap Ribbons and Bows String Lights
CONTAINERS <ul style="list-style-type: none"> Cartons Coffee Cups Aluminum Trays Metal Tins Plastic Trays 	<ul style="list-style-type: none"> Plastic Envelopes, Bubble Wrap and Air Packets Foam Packaging Plastic Woven and Net Bags Stand-up and Zipper Lock Pouches <p>Learn more: RecycleBC.ca/Seasonal-Packaging</p>	<ul style="list-style-type: none"> Batteries Electronics Toys Food/Compost <p>To recycle items that are not packaging or paper, contact: Recycling Council of BC (RCBC) 604-732-9253 RCBC.ca</p>



CHRISTMAS HOLIDAYS

PUBLIC WORKS HOURS OF OPERATION

Friday, December 23, 2022:	Closed 12:00PM – 4:30PM
Monday, December 26, 2022:	Closed for Stat Holiday
Tuesday, December 27, 2022:	Closed, Stat Holiday in lieu of Christmas on Sunday
Wednesday, December 28, 2022:	Open for Business – Recycle Day
Thursday, December 29, 2022:	Open for Business
Friday, December 30, 2022:	Open for Business
Monday January 1, 2023:	Closed, STAT in lieu of New Year's Day on Sunday

**LNIB purchased a Snowplow/Sander/
Dump Truck and it has arrived!!!**



Jason Stewart has been out sanding already and is training our team to operate and maintain the snowplow to ensure our members and Elders are safe!

October was a busy month for Public Works, we would like to announce that 3 of our staff have successfully passed their training.

Skyler Peterson – Water Distribution Level I

Josh Moore - Water Distribution Level I – II

Both attended the SWWS Installation for FN Operators Maintenance of Sewage Systems through TRU Both also attended the 13th Annual BC First Nation Water and Wastewater Conference

Cody Kovacs – Small Wastewater Systems

** Cody is now fully certified in SWS and SWWS

GROUNDBREAKING CEREMONY



On November 2nd, we had our groundbreaking ceremony for the new 14-unit apartment building which is funded through the rapid housing initiative that CMHC has distributed. While it may have been a chilly morning it was a beautifully sunny day. Elder Sharon Antoine blessed the ceremony, Chief Stuart and Councilor Robin gave speeches recognizing the work of the administration staff and the need for these new developments for our community.

Thank you for everyone that came out to celebrate this new development and what it will mean to our future.



REMINDER

With temperatures starting to drop and colder days, and nights, ahead we would like to take this opportunity to remind you that it is time to detach your garden hose from your outside tap.

If you haven't already done so, please, think about doing it in the next few weeks. As overnight temperatures have started to dip close to freezing.



If you leave the hose on and it freezes it can cause the internal workings of the faucet to crack. This is what causes those leaking outside faucets come spring time.

Also if there is an independent shut off for your outside faucets we strongly recommend turning them off over the winter. This will further ensure no damage to the outside faucet and reduce any risk of it leaking inside your home.

K^wuk^wscemx^w



Lower Nicola Indian Band Housing Department



HOUSING ANNOUNCEMENT

The housing department has a list on file of all of our houses on reserve (which include Band Rentals, Rent-to-owns, CP's and Traditional Land homes) and how many occupants reside in each unit. We do our best to keep the list updated at all times and would appreciate your assistance in keeping this list as accurate as possible for safety and emergency purposes only. We do not need to know names of each occupant in the unit but would appreciate updates on how many individuals are living in each home which includes babies, children, teenagers, adults and elders.

If at any time your family size changes, for any reason, please e-mail the information to Ashley DeGray at Ashley.degray@lnib.net or call 250-378-5157.

We appreciate your cooperation and look forward to hearing from you!

Free Energy-Saving Upgrades



Help your community members save money and increase the comfort of their homes.

The Energy Conservation Assistance Program (ECAP) provides qualified* community members of First Nations Bands with FREE home energy assessments and no-cost installation of energy-saving products.

Products installed may include:

- > Energy-saving light bulbs
- > Water-saving showerheads & faucet aerators
- > Door weatherstripping

"The contractors did a great job and were more than accommodating."
Colin – Haisla Nation Council

Community members living in houses and townhouses may even qualify for an ENERGY STAR® fridge and insulation installed in their crawl space, walls and/or attic.

Get started today! **Contact Jordana McIvor–Grismer in the LNIB Housing Department.**

All on reserve houses are eligible for the initial energy assessment. This will provide you with some of the above listed products and will determine your eligibility for other upgrades.

B16-285

We're working together to help B.C. save energy.



CHOOSING TO LIVE A HEALTHY LIFESTYLE



[This Photo](#) by Unknown Author is licensed under [CC BY-SA-NC](#)

EVERY TUESDAY @ROCKY PINES CENTER

5PM-7:30PM

SUPPER INCLUDED: SOUP & SANDWICH

SPECIAL EVENT: DRUM MAKING

DEC 13TH (5-8PM)

PLEASE SIGN-UP (ONLY 16 SEATS AVAILABLE), CONTACT IRENE HOWE @ 378-5157

Sponsored by: MMIWG, LBGTQ2+ and The Indian Residential School Survivor Society

Support Group for Grief or Loss Drop in for December 2022

Come join for conversation with others who are going through similar experiences.

December 1 - Memory boxes

December 8 - Creating feeling stones

December 15 - Remembering a loved one during the holidays

December 22 - Journalling for the New Year

Every Thursday: 9:00 a.m. - 10:20

9:00 a.m. - 9:15 a.m. Smudge & Prayer Contact Irene Howe: (250) 378-7340

9:15 a.m. - 10:15 a.m. Group time

A Beautiful Exchange

I am coming up to my 4 year anniversary with LNIB. It has been a journey that I could never have expected. My life has been blessed in so many ways through this community, through my workplace and through my coworkers. So many to list but for right now, I am struck with new appreciation and understanding of how giving gifts is encased in such richness. I grew up with a father who was very generous – it seemed to just flow out of him without hesitation or effort. I have seen this lived out among the LNIB people at every turn, no matter who I encounter. What is it about generosity that makes it stand out?

Joy and excitement stand right out in front about giving and gifts. There is a special atmosphere created when gifts and giving are “coming” – whether in planned events, or in the moment something is revealed. There is a joy awakened – about being of value, about offering a strong and positive message, about being able to make a difference. There is an excitement about realizing we are on someone’s mind, about what is “inside the bag” to enjoy!

Generosity is ignited in every gesture, no matter the size or timing. It is a deep part of the heart of relationships and community and breathes life into each place it is found. Whether generosity is about basic life needs and challenging situations or in moments and seasons of light-hearted friendship and celebration, it is always offered from the overflow of our hearts.

Honour is extended in powerful, life-altering ways. In giving gifts, we acknowledge value of personhood, cherishing someone for their presence, for their contribution to life around them. In receiving gifts, we are elevated up and into a place of recognition and dignity. Such a gesture is not about being above others but about celebrating unique value among us. Where each is worthy but this is your time to shine.

Whether you offer a hello, hold a door, shovel a walkway, share a meal; Whether you take a moment to write a friendly note through Facebook, say “thank you” to a teacher, a friend; whether you help with paperwork or transfer phones; maybe you are checking up on someone who hasn’t been around recently; whether you craft and bake your way through Christmas gifts or do the proverbial, “shop til you drop”, know that we give so much more to peoples’ hearts and lives than the exchange of items. Love is exchanged in giving of all forms and love never fails. This is what we exchange and celebrate in our giving and receiving. Tis the reason for the season, and LNIB does this so well all year long! Thank you for every gift.

Merry Christmas everyone!

Tony Broman





Lower Nicola Indian Band



CALL FOR CATERING BIDS for the L.N.I.B Community Christmas Dinner at the Band School on December 18, 2022



CHRISTMAS DINNER IS FOR 350 PEOPLE TO BE
READY AND SERVED BY 3:00 P.M.

BID TO INCLUDE:

- TURKEY/HAM
- VEGETABLES
- MASHED POTATOES/RICE
- GREEN OR SPINACH SALAD
- STUFFING
- CRANBERRIES
- GRAVY
- REFRESHMENTS (COFFEE, TEA,
BOTTLED WATER, JUICES
- VARIETY OF DESSERTS



MUST PROVIDE ALL UTENSILS, NAPKINS, CONDIMENTS

RESPONSIBLE FOR PREPARING AND CLEANING UP

LOWEST BID MAY/MAY NOT BE CONSIDERED

YOUR BID SHOULD INCLUDE YOUR MAIN CONTACT PERSON WITH PHONE NUMBER
& FOOD SAFE CERTIFICATE

PLEASE FORWARD BIDS BY DECEMBER 2, 2022



AT 12:00 P.M.



Hand Deliver to L.N.I.B Community Services or
Email: Bridget.LaBelle@lnib.net
Phone: (250) 378-1573



December

2022

LNIB Recreation Calendar

Title

Recreation forms available at LNIB Health Center, LNIB Main Office, LNIB School

Nicola Canford School. For more information contact Jacint at :

jacint.majlath@lnib.net or 250 575 0569



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 Youth Center 3pm – 5pm	3 Snowboarding 6am – 6pm
4 Snowboarding 6am – 6pm	5 Swimming 3pm – 5pm	6	7 Skating 3pm – 5pm	8	9 Youth Center 3pm – 5pm	10 Snowboarding 6am – 6pm
11 Snowboarding 6am – 6pm	12 Swimming 3pm – 5pm	13	14 Skating 3pm – 5pm	15	16 Youth Center 3pm – 5pm	17 Snowboarding 6am – 6pm
18 Snowboarding 6am – 6pm	19 Snowboarding 6am – 6pm	20	21 Snowboarding 6am – 6pm	22	23 Snowboarding 6am – 6pm	24
25	26 Snowboarding 6am – 6pm	27	28 Snowboarding 6am – 6pm	29	30 Snowboarding 6am – 6pm	31

Interested in some epic snowboarding!?!

Starting January 2024

Every weekend



To Register call Jacint
(250) 575-0569

Registration forms are available at
L.N.I.B Community Services & Band School
Nicola Canford Elementary School
Sponsored by: Lower Nicola Indian Band


**LOWER NICOLA
INDIAN BAND**

LNIB Recreation Snowboarding Permission / Liability / Waiver Form

Child Full Name (printed): _____ Date of Birth _____		
Band name and number: _____	Photo	
Child Age _____ Height _____ Weight _____ shoe Size _____		
Allergies: _____		
Family Dr Name: _____		
Personal Health Number: _____		
Special need: Yes No		

I'm (dad) _____ (print parent / guardian name) I'm
(mom) _____ (print parent / guardian name) acknowledge that I wish to
send my child as a participant in for Recreation snowboarding, skiing
By signing this form, I understand that certain risks are inherent in travel and the other activities
within participation in this program and I fully accept the risks which comes with it. These risks
include, but not limited to, injury, disease, or other threat of physical harm to my child or others and
damage to or theft of personal property. I understand there might be great variety of other risks not
known or reasonably foreseeable. I understand Lower Nicola Indian Band is not responsible for any
harm may occur. I fully release and discharge Lower Nicola Indian Band and the employees and
volunteers from liability with connection to participation in this program.

Note: children of wrongdoing parents will be contacted, and children may be released from the
program.

Date from 2022. 12. – to 2023. 04

Parent / Guardian Signature: (mom) _____ (dad) _____

Address (print): _____

Parent's phone number: (mom) _____ (dad) _____

Emergency contact name/ number: _____

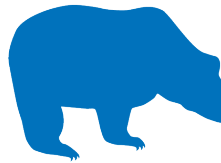
Covid rules: sanitizing hands / children 12 and over vaccinated. If the participant isn't feeling well,
please stay home.

Please review calendar for departure and return time. Age 7 and up.

Questions concerns contact: Jacint Majlath Phone number: 250 575 0569

Email: jacint.majlath@lnib.net

Date. _____



Community Services

January 2023 Social Assistance Cheque's will be **DELIVERED** on

Thursday December 29, 2022, starting at 9:00am.

Due to the office's being closed please make sure you are home the morning of December 29th, we want to ensure that you receive your Social Assistance cheque, otherwise you will have to wait for the LNIB health Center to reopen on January 3rd, 2023.

If you receive Direct Deposit, you will receive your Social Assistance via EFT on December 29th, 2022.

All LNIB Offices are closed for Christmas

December 23rd, 2022 at Noon and reopen on January 3rd, 2023.

we would like to wish you all a Merry Christmas and a Happy New Year!

Thank you,

Jenna Hill

LNIB Social Development Coordinator

jenna.hill@lnib.net

250-378-5157

250-936-9252

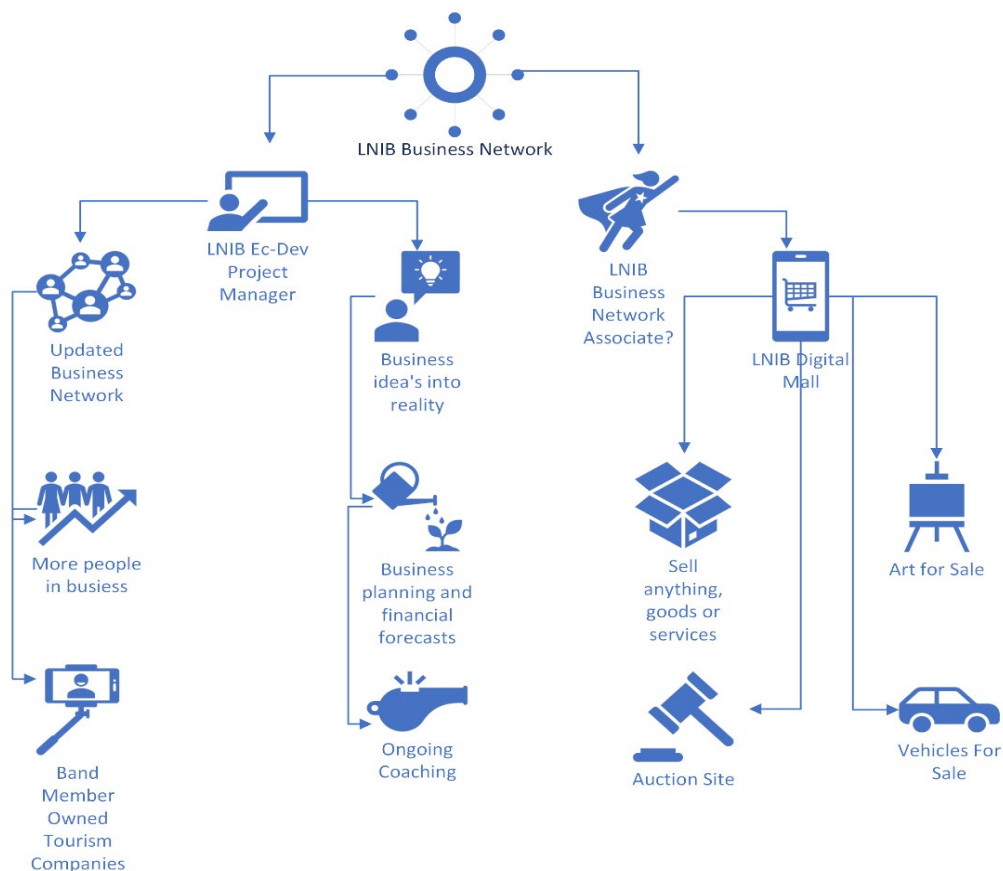


Economic Development Newsletter Article – December 2022

LNIB Business Network

With the LNIB Business Center Kickoff in the rearview mirror, LNIB Economic Development would like to recap some of the discussion points from the November 30th event.

The LNIB Business Network is a multi-pronged strategy that will seek to update the business directory, get more people in business, whether it's full time or a side hustle, turn business ideas into reality and start a digital marketplace that connects LNIB merchants to the world.



Directory Update

Over the last month, we have been working on contacting business owners, listed in the business directory to check up and see if they were still in business and to ask if there was anything that could be done to improve the directory. During this exercise, a number of issues were raised, including expired listings, the directory not serving its purpose and some

LOWER NICOLA INDIAN BAND ...

BUSINESS KICK OFF

Come out for dinner, stay for the knowledge

DECEMBER 14, 2022 AT SHULUS HALL

This event will provide valuable information about starting your business, accessing capital and the tools you have at your disposal to turn your business idea into reality!

This event will include a presentation on various options you have, how to use your Economic Development Project Manager to navigate the business landscape and some insight from the L.N.I.B Business Owners and professionals into what to expect on your prospective journey!

4:30 - 5:30 COFFEE & NETWORKING

5:30 - 6:30 PRESENTATION AND Q&A

6:30 - 7:30 DINNER

☎ (236) 575-2230 ext 173
Adam Ova
Economic Development
Project Manager



Rocky Pines Community
Centre

HEALTHY LIVING & NEW BABIES

COMMUNITY DINNER

Wednesday
December 14, 2022

5:30 - 7:30 p.m.

📞 **CALL :** (250) 378-5157

Call the above phone number and ask for
Irene Howe or Christie Hill

Sponsored by L.N.I.B Community Services!



Lower Nicola Indian Band

Call for Catering Bids for the Lower Nicola Indian Band (LNIB) Community

Call for Bids to cook for 100 people

Date of Event: December 14th/2022

Location of Event: Rocky Pines Community Center

Bid to include:

Baron of beef

Green salad

Potato salad

Variety of desserts

Variety of beverages, including bottled or canned pop and juices



**LOWER NICOLA
INDIAN BAND**

Other considerations:

Must provide all utensils, plates, napkins any condiment required for this meal

Must be ready to be served for 5:30p.m.

Responsible for set up/clean-up of meal

Require at least 1 food safe certificate

Lowest Bid may/ may not be considered

Please forward bids by **December 7th**, 2022, by noon, attention to **Irene Howe**

Hand Deliver to LNIB Community Services.

Irene.Howe@lnib.net

(250) 378-7347

Lower Nicola Indian Band Job Opportunities

For full job description and to apply go to <https://secure.collage.co/jobs/l nib>

LNIB Band members will be given priority for all job opening.

Title and Rights Administrator

Hours: 35 hours per week

Start Date: ASAP

Reports to: Director of Economic Development

Summary of Responsibilities:

Work in a team environment to receive and respond to land referral requests and maintain records of land referral and benefit agreements. Researching LNIB's interests and use within the Traditional Territory and area of interest. Work will also involve developing, assessing and making recommendations regarding natural resource management strategies, policies and procedures to ensure adequate and meaningful consultation and accommodation of LNIB's Title and Rights.

Receptionist

Hours: 8:30 am - 4:30 pm, Mon to Fri

Start date: Flexible

Wage: \$20 per hour (\$18.50 during 90-day probation)

Summary of responsibilities

To provide clerical support and file maintenance for the Lower Nicola Indian Band. Answer phones and handle inquiries.

- Grade 12 diploma required.
- Excellent communication skills

Homemaker

Hours: 8:30 to 4:30. Mon to Fri

Start Date: ASAP

Wage: \$20 + per hour, depending on education and experience

Summary of responsibilities

Reporting to Homecare lead, primary role as a homemaker will be to provide general house-keeping to the applicants that have been assessed already. Homemakers Clients are initially assessed by the Registered Nurse and The Lead Care Aide to determine the care requirements of the applicants.

Lands Administrative Assistant

Hours: 8:30 to 4:30 Mon to Fri

Start Date: ASAP

Wage: \$20 to \$24 per hour depending on education and experience

Summary of responsibilities

The Administrative Assistant is responsible for providing direct support to the Manager and the daily needs of the Department. To provide direction and administrative support as required

Housing Administrative Assistant

Hours: 8:30 to 4:30 Mon to Fri

Start Date: ASAP

Wage: \$20 to \$24 per hour depending on education and experience

Summary of responsibilities

The Administrative Assistant is responsible for providing direct support to the Manager and the daily needs of the Department. To provide direction and administrative support as required

Janitorial Staff

Hours: Mon – Fri 4 pm To 11 pm

Wage: \$20 per hour

Start: ASAP

Summary of Responsibilities

The Custodian/Janitor position will clean and disinfect assigned areas in accordance with safe working practices, protocols and procedures to ensure the environment is clean and safe.

Fire Department

Fire Fighter and paid on call fire fighter

Hours: 35 hours a week plus on call shifts

Start Date: ASAP

Wage: \$27 to \$30/hour

Summary of responsibilities

Responds to fires and other emergency alarms and assists in those operations necessary to insure the confinement and extinguishment of fires or the elimination of other hazardous conditions.



Gateway Program

Essential skills training for survivors of abuse, violence, or trauma

Learn nine essential skills from the employer's point of view and receive up to five additional short term occupational certifications.

This program is funded by the Ministry of Advanced Education, Skills and Training to assist people who are survivors of abuse, violence, or trauma.

The Gateway Program is a 25-hour per week for 12-week program and is offered in Langley, Prince George, Kelowna and Kamloops. If you are interested, let us know.

For qualified applicants, travel and living expenses may be available. Not sure, just ask.

Program Content

Workplace Productivity
Digital Technology
Workplace Interaction
Business Math

Employment Development Strategies
Strategies for Success

...and 2 weeks of on the job Work Experience

Canadian Vocational Training Centre

1-888-348-2207

Langley | Prince George | Kelowna | Kamloops



Funding provided by the Government of Canada through the Canada-British Columbia Workforce Development Agreement.





DeNovo Program

For individuals impacted by the economic downturn in BC's forestry industry

Program Content

Microsoft Computer Training
Workplace Productivity
Targeted Skills Training
Employment Development
Career Planning and Labour Market Information
Strategies for Success
... and 2 weeks of on the job Work Experience

The term DeNovo is loosely based on the Latin term for "anew". We are pleased to offer our DeNovo program for individuals looking to start "anew" and get back to work quickly.

This program is fully funded by the Ministry of Advanced Education, Skills and Training.

It is a 25-hour per week for 12-week program and is offered in Langley, Prince George, Kelowna and Kamloops. If you are interested, let us know.

For qualified applicants, travel and living expenses may be available. Not sure, just ask.

Canadian Vocational Training Centre

1-888-348-2207

Langley | Prince George | Kelowna | Kamloops



Funding provided by the Government of Canada through the Canada-British Columbia Workforce Development Agreement.





YOU'RE INVITED TO

Free Skate

L.N.I.B SHULUS ARENA

2164 NEALE ROAD

AT 7PM

MONDAY, DECEMBER 19

WEDNESDAY, DECEMBER 21

FRIDAY, DECEMBER 23

MONDAY, DECEMBER 26

WEDNESDAY, DECEMBER 28

SATURDAY, DECEMBER 31

ANY QUESTIONS CALL GYLAN BOSE

(250) 936-8805



Lower Nicola Site Services

Wishes the LNIB Community a safe and wonderful holiday season!

LNSS has had quite a busy year with our project work.
Here are our 2022 highlights!

- ◆ YRB; Gravel hauling for the Hwy#8 rebuild
- ◆ Civeo; Camp servicing, maintenance and snow removal
- ◆ Clearstream; Road maintenance and utilities
- ◆ Cord; Assisting with Hydro Testing Excavations at three different Pump Stations along the TMEP
- ◆ Barkman Concrete; Aggregate Hauling
- ◆ Surerus Murphy Joint Venture; Right of Way Clearing, Dust Control, Gravel Hauling, Winter Road Maintenance
- ◆ Trans Mountain; Vegetation Management (Spray Crew)
- ◆ Nicola Mines; Turn 5 Rock Quarry, 5 year contract for extraction in exchange for reclamation of the old tailings ponds for dust control
- ◆ Nicola Clean Energy Power Plant; Ash Haul
- ◆ Highland Valley Copper Mine; two crews now working 4 days on, 4 off rotations

We would also like to acknowledge LNIB and Community Members who are part of the LNSS Team;

Billie Joe, Byron Tom, Cody Hamm, Cornell Albert, Marco Camastro, Rodney Mike; HVC Crushing

Kristen Coutlee & Mindy Garcia; Nicola Mines

Dwayne & Garrett Mike, John Adolph; Civeo Snow Removal

Gerald Thomas & Vern Frazier; Class 1 Drivers

We appreciate your outstanding efforts and dedication!



L to R: Billie Joe, Cornell Albert, Henry Chilliitizia, Yental Coutlee
Byron Tom, and Cody Hamm.

**LOWER
NICOLA
SITE SERVICES**

rawpixel

LNSS is currently looking to fill the following positions

- ◆ Crusher Foreman
- ◆ HVC Crusher/Heavy Equipment Operator

If you're interested, or know someone who might be please send your cover letter and resume to the following email

careers@infracon.com

Shulus Garden newsletter for December 2022

Greetings from Kat Peterson & Lorna Shuter 378-7561 or (250) 936-8365.

November has slowed down at Shulus Garden (there is not much to grow in the snow).

Cleaned up shops and workspaces, winterized equipment & tools.

Distributed the last of the cabbage and onions & cleaned the walk-in cooler and washing all the produce bins for next growing season.

Seed Stock for next spring:

Broccoli	Carrots	Cabbage
Brussel sprouts	Corn	Cucumber
Beans	Celery	Kale
Beets	Cauliflower	Lettuce

Just finished going through our seed inventory for next growing season.

Please let us know what kind of food crops you would like us to grow for you next year. You are welcome to pick up a seed catalogue and to help at Shulus Garden Centre.

Dried Herbs for sale:

Basil	Chives	Onion Powder
Parsley	Rosemary	Sage

ThymeHerbs were dehydrated and once dried they were then blended up in a food processor. All the dried herbs are now available for sale in spice jars, that have been washed and labeled as listed below:

Beekeeping:

Fed honeybees a Sugar syrup, will feed bees Pollen Patties & white sugar. What the bees don't eat now, they will store for winter feed. Will continue to feed patties during winter. Wrapped hives in early November, Careful not to make the hives too warm during cold weather, as this could make Queen want to lay more eggs, then the worker bees would have to feed more brood & probably run out of winter food stores.

A list of the things we do with **Harvested Honey Frames**:

- ✓ Uncap honeycomb cells
- ✓ Spin honey frames in extractor
- ✓ Filter extracted honey into 5-gallon buckets
- ✓ Pour filtered honey into jars
- ✓ Weigh and label honey jars - 340g jars and 1kg tubs
- ✓ Remove wax from wood frames
- ✓ Store honey frame in bins with lids
- ✓ Wash & store all extracting equipment & tools
- ✓ Poured Nicola Valley Honey for the LNIB Administration Dept



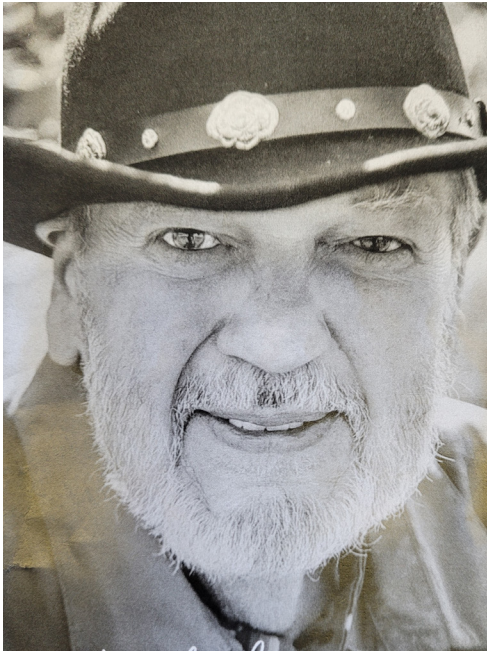
Workshops

- November - Extracting Honey
- November - Herb dehydrating
- November - How to plant herb seeds
- December - How to transplant herb seedlings
- January to March - TBA

December to do list:

- Honey & Herb Sales
- Power Point Presentation about how to start beekeeping
- Power Point Presentation of Shulus Garden Production
- Future Garden and Budget Planning
- Start a Garden Club with LNIB Membership
- Beekeeping Meeting - Second Monday of each Month

Merry Christmas & Happy New Year from Garden Staff!!



Victor Alfred (Monzie) York Eulogy

Good morning, Family, Friends and Community members. My name is Linden Pinay, I have been asked to deliver a Eulogy for Victor. Thank you, Johnny Jackson, for the opening prayer smudge.

Before I begin, I want to share some words of appreciation, on behalf of Victor, Jean and his family, for the many individuals who assisted Victor over the past several years as he battled Cancer. I can tell you today that he beat the odds and fought bravely. He was diagnosed in February 2016 with the disease.

Thank-you to Scarleth Zwez-Ruiz, community health nurse, and the staff who assisted with transportation to and from the clinic and hospital. Even during Covid the health services staff were there to assist and support Victor. Also, a thank you to LNIB Health staff for their support and checking in on Victor

Dr. Proctor at the Cancer centre in Kamloops and Dr. McLeod, his family physician in Merritt, were his primary care doctors and assisted Victor through the many challenges created by this disease and 6 years of chemotherapy. Victor received some of the best health care available and his journey was supported by many friends and family members who were there when needed. Thank-you to Alex Kinasewich of Spences Bridge, a friend to both Victor and Jean, who helped with home modifications and transportation. His wife Jean, Alanna Cowan, Chad York, Moose (Randy Coutlee) who stood by him and were always ready to rush him into Merritt Hospital, sometimes in the middle of the night.

Victor was blessed to have so much support. He received many visitors and well wishes during his hospital stays and for all those friends and supporters, the family says THANKS.

I want to also talk about the summer and fall of 2021 when Mother Nature decided to shake things up. Fires and Floods. The first evacuation, during the summer of 2021 was caused by local forest fires, that began in Lytton and Nicomen and evacuation orders were issued at Cooks Ferry. Victor and Jean relocated to Gail and Hyrum Petersons for most of the summer and when power was restored, they returned to 7 mile. On November 15th the flash flooding destroyed portions of highway #8, and Victor, Jean, Chad, Alanna, grandson Lonny, Albert and partner Guy stayed home that first night while power went out and watched the river rise in front of their homes. The following day, while a helicopter was called in to lift them out; short of the clothes on their back and their pets, they were not able to bring any belongings. Chief Christine Minnabariet was quick to respond to the flooding, declare an emergency and arrange a helicopter lift from 7 mile to Cooks Ferry Band on Highway #1. The first stop was Kamloops Travelodge funded by provincial emergency services, the Red Cross, Scw'exmx Child, and Family Services Society assisted and relocated them to the Delta Marriot. They went back to Lower Nicola to family homes and eventually stayed with Gail & Hyrum Peterson for most of 2022. New housing at Cooks Ferry ANTKO LANDS on the Coldwater rd. Is where they spend this Christmas.

I asked Victor how he was managing, and he said just roll with it. He got involved with the Friendship Center, Scw'exmx Child and Family Services and local elders' group in Merritt. He kept busy. Victor was born to Josephine Coutlee and Eddie Murdoch in 1942. He was adopted by Edna and Albert Yorkand had 5 siblings. Joespehine later married John Shuter. He had a large extended family and relations. Victor was 80 years old.

I think he self described his early years, when he created a brochure for his coffee business. He said "He grew up in Merritt, his father worked for the Canadian Pacific Railway and his mother took jobs cleaning homes. Victor started helping to support his family at the age of nine delivering papers. He talked about growing up on the other side of the tracks" but I never knew where those tracks were. He played hockey, chess, and many sports as a young guy.

His first career was as a barber and bartender in Merritt. He talked about those years as good times. He would point out his job sites. I cut hair at this building. I worked at the Coldwater Hotel. Victor married Jean Albert in 1973, they raised 3 children together. Chad, Alanna and Albert. He also had a daughter, Shelia Monkman who is living in Northern Alberta today. Victor and Jean lived in Merritt, Kamloops, and Vancouver.

Vancouver is where I first met Victor in 1980. I relocated to Vancouver and started to look for a summer job. I found the Native Employment Centre in Blood Alley, Gastown of Vancouver. Victor was an employment Counsellor and we both got hired by the federal government as summer workers. We travelled across BC that summer to promote the hiring of aboriginal people into Canada Employment Centers. Our summer supervisor was Chief Bernard Charles of the semiahmoo First Nation in Whiterock.

He introduced me to crab eating in Whiterock and we eventually travelled to Prince Rupert with stops throughout the province. I quickly learned that Victor knew a lot of people. He was involved with the BC Metis association, the non status Indian group and a founding member of the Conayt Friendship Center in Merritt. That summer job with Victor turned into a year long work and Victor would spend the next 10 years working for the federal government. His work as an employment counsellor led to other opportunities. He was manager of Student services at NVIT for 7 years and active in promoting NVIT. He also worked as a drug and alcohol counselor.

His wife Jean attended UBC Nitep and eventually received her Masters Degree in Education. Victor received an Honorary Bachelor of Education from Nitep at UBC.

Eventually, he regained his status in Lower Nicola under Bill C 31 and in 1993 he was elected as Chief of Lower Nicola. I was in Prince George at the time he invited me to come work with him once again. We had some fun. It began in the basement of Shulus Hall with a small staff. He really wanted to shake things up and so we started building. New housing in Rocky Pines, a record 28 units in one year. Fire department, Health Center, Arbour and eventually this new school. We settled the Mamit lake road dispute and created six new reserves additions.

Introduced a tax bylaw and put the province on Notice that taxes they had been collecting belonged to Lower Nicola. By 1995 my journey took me to Ottawa, but we managed to continue to work together at the Assembly of First Nations. I was always amazed at how easily he made friends and friendships where ever he travelled. We stayed friends over the years and travelled together to Vegas in 1994. He was enamored with the idea of the Band owning a casino remember receiving a personalized CD from Bobby Curtola saying let's do this.

We travelled to the Yukon, to Ottawa, and Phoenix Arizona and I am glad I got to share some of his journeys, from employment counsellor to Chief to Coffee master. He loved coffee and said, Linden one day I want to own my own coffee roaster and retire and roast coffee. We travelled to Seattle to attend a coffee show and he studied all aspects of coffee industry. Well, he did it. He started Coquihalla Coffee and set up a small enterprise at 7 mile, built a coffee house, bought a roaster and trained in the United States. Amazing coffee but I am sure he gave away as much as he sold. He was a generous guy. He taught me a lot about coffee and I enjoy a cup a day.

He also loved ART. Especially western art and cowboy art. We attended a western art show in Seattle in the early 80's and I got hoooked on Western art. His son Chad is an artist and musician. We had many conversations about western art. I am grateful to the many pictures I was gifted by Victor.

He was a pipe carrier and a traditional person who knew his culture and language. He loved his culture; he loved his family. He loved his community. I am thankful we were friends. Today we are here to celebrate Victor's life and I know you are going to hear from several more speakers, who had a connection with Victor. He had an incredible journey; He was a fighter. Really, I was amazed at how he managed so many lifestyle changes to deal with his recent battle with Cancer. He faced adversity bravely, did not complain and remained a friend to so many. I want to thank Jean and family for allowing me to share with you today. I lift my hand to Vlctor, to his family. Thank you.



Easy Citrus Shortbread Cookies



Ingredients

2 cups all-purpose flour
¼ teaspoon baking powder
⅛ teaspoon salt
1 cup butter, softened
¾ cup confectioners' sugar

2 teaspoons vanilla extract
½ teaspoon almond extract
1 tablespoon grated orange zest, or more to taste
2 cups sweetened dried cranberries, chopped

Directions

- Combine flour, baking powder, and salt in a bowl; set aside. Beat the butter and confectioners' sugar with an electric mixer in a large bowl until smooth. Stir in the vanilla and almond extracts and orange zest. Mix in the flour mixture until just incorporated. Fold in the cranberries; mixing just enough to evenly combine.
- Divide the dough into 2 equal portions, then roll into logs about 7 inches long. Wrap each log in wax paper or plastic wrap, and chill in the refrigerator for at least 4 hours.
- Preheat an oven to 350 degrees F (175 degrees C).
- Remove wax paper, and cut the cookie dough into 1/2-inch slices. Arrange the slices on a baking sheet about 1 inch apart.
- Bake in the preheated oven until firm but not browned, about 10 minutes.

Thank you Jason Stewart & Skyler Peterson

For working so hard on all the snow removal for the L.N.I.B & Elders



YOU ARE VERY MUCH APPRECIATED!

