



May 2022 N?e?iyk Spíləxm

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MOTHER'S DAY



CUSTOM ELECTION RULE AMENDMENTS



NOTICE OF CUSTOM ELECTION RULES AMENDMENTS

LNIB Chief and Council wish to provide notice that a

SPECIAL INFORMATION MEETING

will be held on

April 12, 2022 at 6PM at the Shulus Band Hall

PURPOSE of SPECIAL INFORMATION MEETING

1. Review of Amendments to LNIB's Custom Election Rules

During this Special Information Meeting, proposed amendments to LNIB's Custom Election Rules will be presented and discussed. Summaries of the proposed amendments and the amended Custom Election Rules will be provided.

These amendments would allow LNIB to offer members the option of using online voting in LNIB elections.

Chief and Council will provide opportunities at this Special Information Meeting for LNIB members to ask questions and make comments on the proposed amendments.

Full copies of the Custom Election Rules are available at the LNIB Administration Office for review by all LNIB members during regular business hours, or by email from Sondra.Tom@Inib.net

After the Special Information Meeting, a Special Band Meeting will be scheduled for a time and date to be announced, at which LNIB members can vote on the proposed amendments.

QUESTIONS?

Please contact Sondra Tom at Sondra.Tom@Inib.net or 250-378-5157 if you have any questions regarding this notice.

2

TECHNICAL INFORMATION

WHEREAS:

Chief and Council of LNIB have determined that it is in the best interests of LNIB to introduce the option of online voting for LNIB elections and by-elections to ensure greater accessibility, engagement, and safety for LNIB members.

Chief and Council have been presented with proposed amendments to the Custom Election Rules that would introduce the option of online voting for LNIB elections and by-elections.

Section 32 to 34 of the Custom Election Rules require that any amendment to the Custom Election Rules be approved by a two thirds majority of LNIB Electors at a Special Band Meeting, and that an Information Meeting to discuss the proposed amendments be held prior to that Special Band Meeting.

1. Special Information Meeting

A Special Information Meeting will be held on:

April 12, 2022, at 6pm

The purpose of this Special Information Meeting is to allow LNIB Electors to review the proposed amendments to the Custom Election Rules and provide LNIB Electors with an opportunity to ask questions or provide comments. During this meeting. Chief and Council will review and explain the purpose of the proposed amendments with LNIB Electors.

2. Special Band Meeting

A Special Band Meeting will be held on at time and location to be announced.

The purpose of this Special Band Meeting is for LNIB Electors to vote on the proposed amendments to the Custom Election Rules.

3. Proposed Amendments

The language of the proposed amendments is set out below. Note that only the sections that are proposed to be amended are listed below. For a full copy of the proposed amended Custom Election Rules, please contact the band office directly.

Definitions

"Band" means the Lower Nicola Indian Band.

"Election" means a general election of the Band held under the provisions of these Rules.

"Electoral Officer" means a person, appointed by a Band Council Resolution before each Election, who has the responsibility of conducting the nomination period, the Election, and the post-election procedures.

"Electronic Voting Platform" means computer software that directs a computer to perform and monitor the required tasks for a person to either register to vote or vote in an Election or By-Election using an electronic device, such as a computer or mobile phone.

"Online Voting" means voting in an Election or By-Election using an Electronic Voting Platform in accordance with Sections 25 to 31 of these Rules.

"Polling Station" means a building, hall, or room, which is selected as the site at which voting takes place.

"VIN" means a unique voter identification number that is issued to each Elector for use during Online Voting.

Election Day and Voting

- 13. At least 32 days before the Election Day, the Electoral Officer shall:
 - a) post notices including the time and date of the Election Day, the location of the Polling Station and a list of candidates for the offices of Chief and Councillor at the Band Office and in at least two conspicuous places on all Band Reserves where Electors reside:
 - b) mail to each Elector not residing on a Band Reserve for whom he has a mailing address: a Mail-in Ballot package consisting of the election notice described in subsection 13(a), Mail-in Ballots, a Voter Declaration Form, voting instructions and such further materials as may be required to ensure that all Electors have a fair opportunity to vote in the Election; and
 - c) at the option of Chief and Council as evidenced in a Band Council Resolution authorizing Online Voting, provide to each Elector, by mail, electronic communication, or other method that the Electoral Officer deems appropriate, Online Voting instructions and such further materials as may be required to ensure that all Electors have a fair opportunity to vote in the Election.
- 14. The Electoral Officer shall provide an appropriate Polling Station for Elections and an appropriate number of private booths so that voting can be accomplished in person by secret ballot and the place of Elections shall be kept open from 9AM to 8PM for the purposes of voting on Election Day.

Advance Poll

22. Immediately after the close of the poll as described in Section 14 above, the Electoral Officer shall open each Mail-in Ballot package and, for each Mail-in Ballot for which there is a completed Voter Declaration Form from an Elector who has not otherwise voted in the Election, mark a line through that Elector's name on the Electors List, initial the ballot without looking at the candidates selected and deposit the ballot in the sealed ballot box. The Electoral Officer shall then open the sealed ballot box in the presence of such candidates or their scrutineers as may be present and, with the assistance of any agents he may have appointed pursuant to Section 4 above;

[...]

b) shall count the votes each candidate has received from the unspoiled ballots, including any unspoiled ballots cast through the Online Voting process, if applicable, and sign a written statement of those results and the number of spoiled ballots.

Electronic Voting Platform Requirements

- 25. If the Band uses Online Voting, the Electronic Voting Platform permitting that Online Voting must:
 - a) be provided by an independent third-party service provider;
 - b) at a minimum, require the same verification declaration as is used for Mail-in Ballots and the use of a unique VIN for each Elector;
 - c) keep Online Voting results secret at all times and encrypt them in a manner in which they can never be revealed except to the Electoral Officer or their agents;
 - d) generate and provide automated notifications in real-time to the Electoral Officer or their agents upon voting completion by Electors and of any incomplete or failed vote or incomplete or failed registration of an Elector with the Electronic Voting Platform;
 - e) receive notifications in real time from the Electoral Officer or their agents on the day of Election indicating that an Elector has voted in person; and
 - f) generate and provide activity reports to the Electoral Officer and their agents on a daily basis and upon request.

Online Voting Process

- 26. Prior to the opening of online polls, the Electronic Voting Platform must be populated with the Electors List and must assign one VIN to each Elector.
- 27. Online Voting must begin and close at the hour and date specified in an election notice described in section 13(a).
- 28. Immediately after an Elector's vote is recorded in the Electronic Voting Platform, the provider of the Electronic Voting Platform must:
 - a) record and provide the Electoral Officer and their agents with the person's name, personal contact information, and the date and time their online ballot has been received:
 - b) place that Elector's online ballot in an electronic ballot box; and
 - c) provide notice to that Elector that their vote has been received.
- 29. Upon receipt of notification under section 28(a), the Electoral Officer will:
 - a) confirm that the Elector is an eligible voter and will record the vote;

- b) confirm that the Elector has not already voted either by the Electronic Voting Platform, in-person, or by Mail-in Ballot; and
- c) record the date and time when the vote was received.
- 30. Once an Elector has voted either electronically or in person at a Polling Station:
 - a. The Electronic Voting Platform must not allow any person to vote again once notice of their online ballot has been sent to the Electoral Officer; and
 - b. the Electoral Officer and their agents must not allow that Elector to vote in any other manner.
- 31. If the Electoral Officer or their agents are notified of an incomplete or failed vote or Elector registration as contemplated in Section 25(d), the Electoral Officer or their agents will immediately contact that Elector with alternative voting solutions, including Mail-In Ballots or voting in person.
- 32. After the close of polls, an Electronic Voting Platform must:
 - a) seal the electronic ballot box;
 - b) remove the option to vote electronically; and
 - c) provide the electronic voting results to the Electoral Officer and their agents.

Amendments

41. An amendment proposed pursuant to Section 39 above must be approved by a two thirds majority of those Electors voting by Mail-in Ballot, by Online Voting, or in person at the special Band meeting convened for that purpose.

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CHIEF AND COUNCIL ATTENDANCE

Chief and Council AttendanceTerm October 2019-September 2022

Month	Meetings Called	Stuart Jackson	Bill Bose	Spence Coutlee	Robin Humphrey	Connie Joe	William Sandy	Lucinda Seward	Aaron Sumexheltza
Oct- 19	4	4	3	4	3	4	4	3	4
Nov- 19	5	4	5	4	5	5	5	3	2
Dec- 19	3	2	2	2	3	2	3	3	3
Jan- 20	2	2	1	2	2	2	2	0	1
Feb- 20	4	4	4	2	4	4	4	3	4
Mar- 20	3	3	3	3	3	3	3	3	3
Apr- 20	3	1	3	2	3	3	3	3	2
May-20	4	4	4	4	4	4	4	4	4
Jun-20	3	3	3	3	3	2	3	3	3
Jul-20	1	1	1	1	1	1	1	1	1
Aug-20	1	1	1	0	1	1	1	1	1
Sep-20	2	2	2	0	2	2	2	1	2
Oct-20	1	1	1	1	1	0	1	1	1
Nov-20	3	3	3	3	3	3	3	1	3
Dec-20	3	3	3	3	3	3	3	2	3
Jan-21	2	2	2	2	2	2	2	2	2
Feb-21	2	2	2	2	2	2	2	1	2
Mar-21	3	3	3	2	3	3	3	3	3
Apr-21	2	1	2	2	2	1	2	2	1
May-21	2	2	1	1	2	2	2	1	2
Jun-21	3	1	3	0	3	3	3	1	3
Jul-21	2	2	2	1	2	2	2	1	2
Aug-21	5	3	5	4	5	5	5	5	1
Sep-21	1	0	1	1	1	1	1	1	0
Oct-21	2	2	1	1	2	2	2	2	2
Nov-21	3	3	3	2	3	2	3	2	1
Dec-21	1	0	1	1	1	1	1	1	1
Jan-22	2	2	1	1	2	1	2	2	1
Feb-22	1	0	1	0	1	1	1	1	1
Mar-22	2	2	2	1	2	2	2	1	2
Apr-22	1	1	1	1	1	1	1	1	1
TOTAL	76	64	70	56	75	70	76	59	62

As of April 22, 2022

DECISIONS AT CHIEF AND COUNCIL MEETINGS

Chief and Council April 5, 2022 meeting cancelled out of respect

Motions from the Chief and Council April 2022

Motion #04-19-2022-02 Reads: Chief and Council move to adopt the April 19, 2022 Chief and Council meeting agenda as presented.

Motion Carried

Motion #03-29-2022-03 Reads: Chief and Council move to adopt the March 29, 2022 Chief and Council meeting minutes with noted changes.

Motion Carried

Motion #04-19-2022-00 Reads: Chief and Council

WHEREAS the Lower Nicola Indian Band hereby supports it's 100% owned entity, Shulus Forest Enterprises LP to enter into a contract with the Province of British Columbia for Fire Guard Rehabilitation works on the Tremont Fire located in the Tunkwa Lake, Logan Lake and Chartrand Creek areas; and,

WHEREAS the work will be executed directly by Shulus Forest Enterprises LP. THEREFORE, BE IT RESOLVED THAT: we, the Lower Nicola Indian Band Council recognize that the benefits of rehabilitating fire guards include returning displaced productive soils and seedbeds, creating a suitable environment for revegetation, restricting increased access to the public, and increasing the rate at which the fire guard will return to a productive land base, and that Shulus Forest Enterprises LP will conduct the work as laid out in the contract between Shulus Forest Enterprises LP and the Province of British Columbia.

Motion Carried

Motion #04-19-2022-00 Reads: Chief and Council hereby authorize kwúkwpi? Stuart Jackson, Councilor William Bose and Lands Manager Brandi O'Flynn to sign:

1. the Certificate of Possession for Lot 380 Nicola Mameet IR No.1 in the name of Sherry Alice Garcia.

Motion Carried

Motion #04-19-2022-00 Reads: Chief and Council hereby authorize kwúkwpi? Stuart Jackson, Councilor William Bose and Lands Manager Brandi O'Flynn to sign:

1. the Certificate of Possession for Lot 380 Nicola Mameet IR No.1 in the name of Sherry Alice Garcia.

Motion Carried

Motion #04-19-2022-00 Reads: The Lower Nicola Indian Band Chief and Council authorizes the Director of Lands to sign Work Order # INT-01-14 dated April 8, 2022 with Securiguard for security services that will expire on March 31, 2023 up to a maximum of \$90,000.

Motion #04-19-2022-00 Reads: The Lower Nicola Indian Band Chief and Council move to approve the Fleet Insurance annual coverage and payment of premiums effective April 1, 2022 in the amount of \$51,552.

Motion Carried

Motion Carried

Motion #04-19-2022-00 Reads: The Lower Nicola Indian Band Chief and Council move to approve the Commercial Insurance annual coverage and payment of premiums effective April 1, 2022 in the amount of \$368,506. Motion Carried

Motion #04-19-2022-00 Reads: Chief and Council hereby:

- 1. Supports the 2022 Community Opportunity Readiness Program (CORP) application of \$250,000;
- 2. Authorizes kwúkwpi? Stuart Jackson and the Executive Director to sign a Band Council Resolution Motion Letter confirming LNIB's cash contribution of \$50,000 for the project: and
- 3. Authorizes the Executive Director to sign the application and submit the 2022 Community Opportunity Readiness Program (CORP) application to Indigenous Services Canada.

Motion Carried

Motion #04-19-2022-00 Reads: The Chief and Council of the Lower Nicola Indian Band hereby:

- 1. Supports the proposed letter to Nathan Cullen, Minister of State for Natural Resources Operations/Minister of Municipal Affairs et al; and
- 2. Authorizes kwúkwpi? Stuart Jackson to sign the proposed letter and authorized

LNIB's representatives to submit the letter to Minister Cullen et al. Motion Carried

Motion #04-19-2022-00 Reads: The Lower Nicola Indian Band (LNIB) Chief and Council hereby support a working

relationship with the Nlaka'pamux Nation Tribal Council (NNTC) on the Highland Valley Copper (HVC) Teck 2040 file and the Environmental Assessment process and further authorize the LNIB Executive Director to take any necessary steps to proceed with the relationship.

Motion Carried

Motion #04-19-2022-00 Reads: That the Lower Nicola Indian Band Chief and Council appoint Bill Bose, Lucinda Seward, and Connie Joe of the Chief and Council to sit in the proposal review committee for the Pipsuel Culvert, Rocky Pines bridge, three vehicle purchases, Firehall building, Britco building for office space and other various Capital Projects.

Motion Carried

Motion #04-19-2022-00 Reads: Chief and Council WHEREAS:

- A. Chief and Council of LNIB adopted Custom Election Rules in 1994 which were subsequently amended in 1998 and 2013 and are known as the Custom Election Rules of the Lower Nicola Indian Band (the "Custom Election Rules");
- B. Chief and Council have determined that it is in the best interests of LNIB to introduce the option of online voting for LNIB elections and by-elections to ensure greater accessibility, engagement, and safety for LNIB members;
- C. Chief and Council have been presented with proposed amendments to the Custom Election Rules that would introduce the option of online voting for LNIB elections and by-elections (the "Proposed Amendments");
- D. Section 32 to 34 of the Custom Election Rules require that any amendment to the Custom Election Rules be approved by a two thirds majority of LNIB Electors at a Special Band Meeting;
- E. Chief and Council duly passed a Band Council Resolution dated February 15, 2022, to convene a Special Band Meeting to approve amendments to the Custom Election Rules that were substantially similar to the Proposed Amendments (the "Original Proposed Amendments");
- F. Chief and Council scheduled a Special Information Meeting on April 12, 2022

to review the Original Proposed Amendments with LNIB members, as required by section 33 of the Custom Election Rules;

- G. Due to the passing of an LNIB member, the Special Information Meeting scheduled for April 12, 2022 was postponed and, as a result of this postponement, the timeline requirements set out in Sections 32 to 34 of the Custom Election Rules were not able to be met; and
- H. Chief and Council wish to continue the process of amending the Custom Election Rules to introduce the option of online voting for LNIB elections and by-election by bringing the Proposed Amendments before LNIB members for approval.

NOW THEREFORE BE IT RESOLVED by the Chief and Council of the LNIB that:

- 1. The Proposed Amendments proceed to a vote of the membership at a **Special Band Meeting:**
- 2. That a Special Band Meeting be convened withing 60 days of the date of this resolution to vote on the Proposed Amendments; and
- 3. That OneFeather Mobile Technologies Ltd be engaged to oversee the vote on the Proposed Amendments. **Motion Carried**

Motion #04-19-2022-00 Reads: The Lower Nicola Indian Band Chief and Council do hereby acknowledge and

agree to enter into the agreement proposed by Indigenous Services Canada regarding the protection of the Indian Registry Information held within the band dated April 19, 2022.

Motion Carried

Motion #04-19-2022-00 Reads: Chief and Council move to adjourn the April 19, 2022 meeting at 8:53pm.

Motion Carried

FAMILY FUN DAY LNSS



Invites

LNIB Community Members to attend our Family Fun Day

Saturday May 28th 2022

10am-4pm

Location: Shulus Band Hall #85 Hwy 8

LNSS will continue to encourage optional Masks, Social Distancing and Sanitization Practices for everyone's Health and Safety

Come Meet the LNSS Team!



EXECUTIVE DIRECTOR

Dear LNIB Members,

I am pleased to present our monthly report for April 2022. I wanted to touch on the province wide COVID restrictions; at present masks are not required in public indoor settings, however some LNIB staff are continuing to wear masks. We also want membership to know that our staff will wear masks should a member want to meet in person and feel more comfortable with masks. Masks are still required in health care settings. We are still requesting that visitors sign in for contact tracing purposes and COVID-19 screening.

Here are some of the things we are working on:

Custom Election Rules: On April 19, 2022, Chief and Council adopted a resolution to amend the Custom Election Rules. The proposed changes are to allow for online voting. The Special Band Meeting scheduled for April 12, 2022, at 6:00pm was postponed due to cultural protocols. A new meeting date has been scheduled for May 16, 2022. Please keep an eye out for more information as we get closer to the 16th. As always, we continue to offer hybrid meetings so if you wish to attend in person, please do so and a virtual option will also be posted for those that are not able to join us in person.

Human Resources: Band buildings are open to the public and Covid-19 safety protocols for staff and membership to follow if you wish. Feel free to ask the staff member you are visiting to use a mask and to adhere to safety protocols if you are concerned. We are committed to keeping the community and employees safe during this pandemic.

This month LNIB welcomed some new staff, including Marcelo Bose, at Reception, Alexander LaForce, as the Cumulative Effects Coordinator and Nicole Flottorp, as a new teacher.

We are also saying farewell to Justice Cisco, Monica Pettinger and Barbara Huston and would like to thank them for their contributions to LNIB and wish them all the best and success at their new endeavors.

Current job postings with Lower Nicola Indian Band are Home Care Nurse,

Community Health Nurse, Communications Coordinator, Communications Assistant, Social Development Manager, Janitor, Lands Agent, Receptionist, Cultural Heritage and Environmental Field Workers and Summer Students Visit https://www.lnib.net/jobs/ or https://secure.collage.co/jobs/Inib for further details.

Committees and Liaisons: Lands Management Advisory Committee did not meet in April. School Board did not meet in April 2022. Finance and Audit Committee did not meet in April 2022. Joeyaska Contaminated Site Litigation Advisory Committee did not meet in April 2022. Human Resource Policy and Procedures Review Committee meet in April 20th. All committee meetings are open to the membership to join. Please contact the band office for details on how to join the meetings.

Community Meetings and Workshops: The next Band General meeting is tentatively scheduled for June 27, 2022 at 6:00pm virtually.

Support to Chief and Council: Chief and Council met April 19th. Chief and Council will meet May 3rd and 17th. Should you require anything on the Chief and Council agenda scheduled for May please contact Sondra Tom and myself. Also, the Chief and Council meetings are open to membership to join via online or telephone. Please contact Sondra Tom or me to be added to the email invitation for the scheduled Chief and Council meetings

SPRING CLEANUP



APRIL 15 - MAY 15

Lower Nicola Indian Band is hosting the Annual Spring Cleanup Event to promote healthy lifestyles and to better LNIB lands for many generations to come.



PRIZES FOR EACH CATEGORY

IR1 & IR8 Residents
IR2 Joeyaska Residents
IR4 Zoht Residents

SUBMIT <u>BEFORE</u> AND <u>AFTER</u> PHOTOS OF YOUR CLEANUP FOR YOUR CHANCE TO WIN!!!

SCRAP CAR REMOVAL More details about scrap car removal will be posted soon. **GARBAGE BINS** Provided for use by Members from **April 15 until May 15**.

SUPPORT FOR MEMBERS LNIB is looking for volunteers to assist with cleanup efforts for Members who are elderly or disabled. Fuel cost will be covered. Contact Lily Shuter if you want to volunteer.



If you have any questions about this event, please call Lily Shuter at 250-378-5157 or email lily.shuter@lnib.net

NEMP UPDATE

LNIB Economic **Development Department**

Terrestrial Cumulative Effects Initiative



Nlaka'pamux Environmental Management Program (NEMP): Updates



The Nlaka'pamux Environmental Management Program (NEMP) Team was thrilled to see so many community members stop by our drive-thru Lunchand-Learn event at the Lands and Economic Development Building! We are pleased to have:

- Distributed hard copies of our program's first Annual Report to all attendees.
 - > Also available on our webpage for your convenience: https://www.lnib.net/nlakapamux-environmental-management/
- Started to gather feedback on the Annual Report, activities conducted to date, as well as the Program's direction for summer community outreach and engagement activities.
 - If you have not been able to provide your input: Here is your chance to have your voice heard through our current survey: https://forms.office.com/r/eNcNbjUfTv

LNIB Economic **Development Department**

Terrestrial Cumulative Effects Initiative



 Printed copies of the NEMP's Annual Report as well as the Community Survey are also available for pickup at the Lands and Economic Development Building for your convenience.

Additionally:

- We are moving forward with specific targeted on-reserve monitoring for high priority animal species identified by the community. To start with trail cameras are being purchased for this purpose and the study design is being organized for efficiency. This monitoring will be focused on assessing the status of the American Badger populations on LNIB reserves.
- Other high priority values that were identified through our community engagement process include the Environmental themed values of: wetlands, biodiversity across the landscape, Species at Risk, and the macro (or larger) environmental processes of Fires and Droughts.

Please check out the program webpage for further updates:

https://www.lnib.net/nlakapamux-environmental-management/_

If you have any questions or comments about the program, we would love to hear from you! Please contact our new Cumulative Effects Coordinator, Alex LaForce at 250-378-5157, or by emailing alex.laforce@lnib.net.

MAMMOGRAM CLINIC



The Mobile Mammogram Clinic will be at the LNIB Health Services building on June 8 2022 with time slots between 10 am and 4:30 pm.

To book your time slot, please call Shyla McColl at the 250-378-4089

PUBLIC WORKS

Public Works Newsletter Submission

Mamit Lake Dam From: Cody Kovacs, PW Municipal Clerk	Tracy Rockwell, Director of Infrastructure and I have been busy over the last two weeks managing the Mamit Lake water levels, as well as Guichon Creek. Over this time, we have been dumping water out of the lake to compensate for the runoff from the spring thaw as well as rain runoff. Our end result, we are hoping that the lake level and Guichon level are somewhat synced together to prevent any further damage or flooding the majority of my time has been spent collaborating with Tracy on the Dam.
ENIB Roads From Jason Stewart PW Road Technician	Good Day! It has been a busy spring thus far. I have been catching up on grading roads as well filling in some nasty potholes. I have been doing fill work with the grader (levelling out the rough terrain within the community) As of late, I've been focusing on the main irrigation ditch to get better water flow to the hayfields.
Facilities	No update
T dominoo	The apacie
Public Works Administrative Assistant From Naomi Jackson	As stated in the last newsletter, we have been approved to purchase a brand new garbage truck, however, it will not be ready until 2023. With certain parts of building our truck we have to be patient just a little longer. This is amazing news still and we are eager to put this new vehicle to use!

SHULUS COMMUNITY GARDEN

Shulus Community Garden News May 2022

Greetings from Shulus Garden crew: Kat, Chris, Lorna.

2022 crops include:

Asparagus	Beets	Carrot	Spinach
Swiss Chard	Kale	Cabbages	Cauliflowers
Broccoli	Peas	Green Beans	lettuce
leeks	onions	sunflowers	butternut
pumpkins	acorn	zucchini	radish
sweet marjoram	basil	rosemary	oregano
thyme	parsley	sage	tarragon
mint	medicinal plants	strawberries	raspberries
corn	apples	plums	Honey

❖ N/A including: (night shade plants)

Potato Tomato	Peppers	Egg plants	Tobacco
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- o Due to potato beetles (Colorado Beetle) infestation, they eat nightshade crops & the larvae over winter in the soil, they will reappear in May to July.
- We will rest these crops for one year, to deter the beetles.

Garden activities include:

- Garden Club
- planting seeds & seedlings,
- laying irrigation pipes,
- fixing fences,
- o building composts & worm farm structures,
- o planting bee flowers,
- preparing rows to plant crops ,
- Watering & maintaining crops in the Hoop House, NVIT Greenhouse & Garden
- Harvest & prepare produce for customers, dehydrating & composting,
- Weed removal and mulching.
- Please phone or drop by anytime to participate at any of the garden activities.

Garden plot rows available:

- o with drip irrigation set up,
- May 13 to confirm a plot,

Additional Projects for 2022 to 2023:

- ✓ Upgrading the current harvest area at Shulus Garden,
- ✓ Funded by FCC (Farm Credit Canada).

SOLAR PROJECT UPDATE

April 2022 update on the Shulus Community Garden project, we are in full gear and installing solar panels! The work completed and to be completed is listed below.

- Rocky Pines 8 Plex Complete and ready for Solar!
- Health Centre Roof Complete, waiting to connect the system in the next 2 weeks.
- Arena The panels are on, hoping to energize next week
- Community Centre Next Week
- Lands and Titles Office First week of April
- Administration Office- Mid April
- Joeyaska Pumphouse Early May
- RP Chlorination Pumphouse- Late May
- Community Celebration Targeting June 2022

We have hired 3 community members to participate in the installation and so far, things are going great. They are Band members Shane Isaac, Mario Camastro, and community member Barry Toulejour. I checked in with Shane Isaac and he enjoyed the Solar training that was provided for this project, and he is really enjoying his time with Riverside Energy,

WELCOME ALEX LAFORCE

New Cumulative Effects Coordinator with LNIB's Development Department



Alex LaForce is incredibly excited to join the team and take over management of the Nlaka'pamux Environmental Management Program (formally the Terrestrial Cumulative Effects Initiative), helping to guide Lower Nicola Indian Band's ongoing stewardship of the communities' lands and traditional territories.

Alex is Metis but was born in the territory of the Pomo and Coast Miwok Peoples of Northern California and raised in a Waldorf community until heading north to study Natural Resource Conservation through the University of British Columbia's Forestry

Department. He also picked up a degree in Spatial Data Analysis from Simon Fraser University hoping to aid in his quest to create sustainable community-based resource development initiatives with an intentional focus on land stewardship and conservation.

While Alex's career path has been a meandering one through his time in academia, gathering the diverse experience of; environmental research with various lab groups Economic, managing spring planting in a small production greenhouse, building environmental education programing for youth, and most recently starting recycling programs in on-reserve schools throughout the 46 Nations on Alberta; seems to have coalesced in finding this valuable work with LNIB. Particularly as it has been Alex's goal to move back to the west coast and work for single community in a territory as magnificent as this!

CULTURE

Hénłekw.





1) group of Elders visiting by Thompson River at Martel 2) gathering cedar for ceremony





3)Spring bee care workshop

4) Traditional torch fishing on Thompson river presentation.

- 1. Elders having a visit and lunch with other elder friends and relatives from Siska, Cooks Ferry and Ashcroft.
- 2. Gathering cedar for ceremony at Coquihalla on 5 ft of snow.
- 3. Spring beehive feeding and maintenance workshop, by Bruce Grimshire.
- 4. Presentation: of Traditional torch fishing, at night, in winter, drifting down the Thompson River. By Elder: David Anderson.
 - May: Introduction to firearm safety and hunting protocol.
 - Dip net making (stekwcn) workshop May 2nd to 13th.
 - o May: PAL (possession Acquisition License) for youth/new hunters, prep for hunting camp in the Fall.

LOWER NICOLA INDIAN BAND – CULTURE REVITALIZATION DEPARTMENT

Joe Shuter: 250-315-7487 Carole Basil: 250-315-9158

LANDS DEPARTMENT



Brandi O'Flynn | Lands Manager

(250) 378-5157 | brandi.oflynn@lnib.net



LANDS PORTAL

Find information about LNIB lands online at Inib.net/lands

Lands updates are posted online and printed materials are made available for members to pick up at the Lands office upon request.

GET TO KNOW THE LANDS TEAM

Stephen Jimmie

LANDS AND HOUSING DIRECTOR stephen.jimmie@lnib.net

Brandi O'Flynn

LANDS MANAGER brandi.oflynn@lnib.net

Email Stephen with inquiries about Land Code, lands policies and law development. Email Brandi with inquiries about land administration, programs, and services.

Talk to the Lands team about lands activities and to share your stories.

Lily Shuter

ADMINISTRATIVE ASSISTANT lily.shuter@Inib.net

Email Lily with general inquires and questions about LMAC and community meetings.

Alex Bukkos

SURVEY COORDINATOR alex.bukkos@Inib.net

Email Alex for details about current and past Lands projects including surveys and mapping records.

Sayge Fisher

ENVIRONMENTAL PROTECTION COORDINATOR

sayge.fisher@Inib.net

Email Sayge for information on environmental protection.

Kristopher Por

LANDS RESEARCHER kristopher.por@Inib.net

Email Kristopher with questions about land transfers, research, historic records, as well as wills and estates planning for Members.

Contact the Lands Department by phone at 250-378-5157



LANDS MANAGEMENT **ADVISORY COMMITTEE**

UPCOMING MEETINGS

MAY 12, 2022 **JUNE 9, 2022 JULY 14, 2022**

Three Lands Management Advisory Committee term positions recently ended and new appointments have been made.

Lands Management Advisory Committee (LMAC) meetings are being held virtually and are open to all LNIB Members to attend starting at 4:30 PM. Join in to discuss Lands activities and developments!

Check the LNIB Events Calendar for LMAC meeting links or contact Lily Shuter for more information about the Lands Management Advisory Committee (LMAC) and for details about joining upcoming meetings.



LAND CODE 30. Voluntary Land Exchanges and Protections

Conditions for a land exchange

30.1 LNIB may agree with another party to exchange a parcel of LNIB Land for a parcel of land from the other party in accordance with this Land Code and the Framework Agreement.

No effect

30.2 An exchange of LNIB Land is of no effect unless it receives Community Approval.

Land to be received

30.3 No land exchange may be agreed to unless the land to be received by LNIB in the exchange:

- (a) is of a value at least comparable, having regard to any compensation received under section 30.5 [Additional land], to the appraised value of the LNIB Land to be exchanged; and
- (b) is eligible to become a reserve and LNIB Land subject to this Land Code.

Negotiators

30.4 Any Person who negotiates a land exchange agreement on behalf of LNIB must be designated by way of Resolution for that purpose.

Additional land

30.5 LNIB may receive compensation, such as Money or one or more other parcels of land, in addition to or substitution for the land referred to in section 30.3 [Land to be received], and such other land may be held by LNIB or in trust for LNIB by a nominee on behalf of LNIB in fee simple or any other manner, and any such additional land does not need to meet the requirements set out in section 30.3

[Land to be received].

Federal consent

30.6 Before LNIB concludes a land exchange agreement in respect of LNIB Land, it must receive a written statement from Canada stating that Her Majesty in right of Canada:

- (a) consents to set apart as a reserve or as an addition to reserve, the land to be received in exchange under section 30.3 [Land to be received], as of the date of the land exchange or such later date as Council may specify
 - by Resolution; and
- (b) consents to the manner and form of the exchange as set out in the

exchange agreement.

Community notice

30.7 At such time as negotiation of a land exchange agreement is concluded, and at least 21 days before the Ratification Vote provided in section 30.2 [No effect], Council or the LMAC shall provide the following information to the Eligible Voters in a manner consistent with the

confidential nature of the information:

- (a) a description of the LNIB Land to be exchanged;
- (b) a description of the land to be received by LNIB;
- (c) a description of any other compensation to be received;
- (d) a report of a professional land appraiser accredited by the Appraisal Institute of Canada with an AACI designation or equivalent stating that the conditions in section 30.3 [Land to be received] have been met, if applicable;
- (e) subject to any confidentiality obligations, a copy or summary of the exchange agreement; and
- (f) a copy of the statement referred to in section 30.6 [Federal consent].

Process of land exchange

30.8 A land exchange agreement shall provide that:

- (a) the other party to the exchange must transfer to Canada the title to the land which is to be set apart as a reserve;
- (b) Council must pass a Resolution authorizing Canada to transfer title to the LNIB Land being exchanged, in accordance with the land exchange agreement; and
- (c) a copy of the instruments transferring title to the relevant parcels of land must be registered in the Register.

Lower Nicola Indian Band

Lands Management Advisory Committee (LMAC)

Term: 4 years

Department: Lands

Hours: Evening hours required

Summary of responsibilities

We are looking for dedicated and engaged LMAC Committee members who can bring different skill sets to the new land management regime at Lower Nicola Indian Band, such as interpreting and understanding survey work; dispute resolution; land use planning; environmental protection; policy and law development; financial literacy; research and writing; and/or community engagement.

Qualifications:

- Any LNIB Member, whether resident on or off LNIB Land, 18 years or older;
- Cannot be convicted of an offence that was prosecuted by way of indictment except for a conviction for an offense where the person was involved in the support or defense of an aboriginal right or title;
- <u>Cannot</u> have any undischarged bankrupt or owe money to LNIB;
- Cannot be convicted of a corrupt practice in connection with an election, including but not limited to, accepting a bribe, dishonesty, or wrongful conduct; and
- Must be able to pass a Criminal Record Check;

Apply To:

Deadline to apply: TBA

Lower Nicola Indian Band 181 Nawishaskin Lane Merritt, BC V1K 0A7 E-mail: hr@lnib.net

Interested members, please submit a criminal record check, resume and cover letter that highlight your relevant lands knowledge and experience including three references.

To obtain a criminal record check:

- Go to the RCMP Station, Tuesday-Thursday between 9:30am-3:30pm.
- You will need 2 pieces of government issued ID.
- Costs \$50 (must pay in cash).
- Takes minimum 2 weeks to come in.

As per section 33.4 of the LNIB Land Code, members of the Lands Management Advisory Committee shall be appointed by Council to ensure a broad representation of the LNIB membership.

Thanks to all who apply.

WILLS & ESTATES

The Wills Project continues as participating members draft and review their wills with the lawyer. A new Wills Depository was recently setup so that members can safely and securely store their original will in a fireproof filing cabinet at the Lands office. To find out more about the Wills Project and the LNIB Wills Depository, please

contact Kristopher Por in the Lands Department. Members are also encouraged to visit the Lands Portal online to view current information about wills and estate planning under the Wills & Estates link.

As an **Executor** or **Administrator**, it is important to communicate with the Lands Department and provide copies of appointment documents so that the Lands team can verify and share relevant information with you.

Indigenous Service Canada does not share appointment documents with the Lands Department. Research is conducted by the Lands team as files are digitized and archives accessed so that complete reports can be produced to help settle estates and disputes.

Members can contact the Lands team at any time to review documents, maps, and historic records, as well as receive support with wills and estates.

UNDERSTANDING WILLS & ESTATES

On and Off Reserve

The Indian Act estates sections apply to an estate if you are status (registered) First Nations person or entitled to be registered under the Indian Act and live on reserve; or live on reserve, but leave temporarily for educational reasons or seasonal employment; or leave the reserve for medical reasons or to go into a care facility. The estates sections do not apply if you are status (registered) or entitled to be registered First Nations person and live off reserve; are non status and live on reserve.

Ordinarily Resident

Under the Indian Act, Indigenous Services Canada (ISC) or Crown-Indigenous Relations and Northern Affairs Canada (CIRNAC) is only involved with estates for people "ordinarily resident" on a reserve. "Ordinarily resident" on a reserve means that an eligible First Nations person usually lives on a reserve and does not maintain a primary residence off a reserve. They may, however, temporarily live off a reserve for education purposes or to obtain care or services not available on a reserve.

When there is a will but no person is able to process the estate then Indigenous Services Canada will appoint someone from the BC Estates Unit to manage the account.

For information about wills and estates of LNIB members who ordinarily reside off reserve, visit the Provincial BC Wills and Estates information section online or contact the Lands Department for a list of links and printed materials.



MATRIMONIAL REAL PROPERTY

Indigenous Services Canada

Matrimonial Real Property
On Reserve

For more information about estate services for members, including Matrimonial Real Property, contact the Land team at (250) 378-5157 or email Kristopher Por.

GATES AND SECUROTY CAMERAS

Reminder*

GATES & SECURITY CAMERAS

The Lands Department is responsible for the management and protection of all LNIB reserve lands. To prevent unlawful activity including dumping of hazardous materials and waste, as well as improper use of LNIB land, four gates were installed on Nicola Mameet IR1 in September of 2021.

SOLID WASTE MANAGEMENT PLAN

After hours of hard work was done to cleanup various environmentally contaminated areas on LNIB land, multiple cameras and gates are now in place to protect reserve lands.

INSTALLATION OF CAMERAS

Security cameras are planned to be installed in Spring 2022 near significant areas and locations of interest. These cameras are for security purposes only and will not interfere with the privacy of neighboring homes, businesses, and communities.

The use of trail cameras is the best strategy for sites where it would not be appropriate to restrict access by installing a gate. See more details about Lands Projects and learn more by visiting the Lands Portal online:

Inib.net/lands

Members' use of the land will not be restricted by gates but may need to obtain access codes from the LNIB Lands Department. Contact the Lands team if you require access to use land that is behind a locked gate.

If you have any questions about the project or would like to see larger maps, contact Lily Shuter in the Lands Department at 250-378-5157 or by email at lily.shuter@lnib.net



* LNIB has installed locked gates to physically restrict access at the following sites shown above.



PARKING MANAGEMENT AGREEMENT

The Lands Department, with the support of Chief and Council, recently came to an agreement with Mario's towing to remove unwanted and abandoned vehicles from LNIB Reserve Lands. Many safety and

environmental issues arise when vehicles are left in driveways, on the sides of roadways, and on culturally and traditionally significant areas of land. The Lands Department consulted Merritt RCMP prior to the floods in November 2021 to identify options available to LNIB to have these vehicles removed. The new Parking Management Agreement is intended to benefit all LNIB Reserve Lands and is part of the Solid Waste Management Plan that the Lands Department has been actively developing over the last two years.

More details about this agreement will be posted on the Lands Portal online:

Inib.net/lands

If you have any questions or would like to know more, please contact Brandi O'Flynn in the Lands Department.

Brandi O'Flynn

LANDS MANAGER brandi.oflynn@Inib.net



IMPORTANT NOTICE

To all LNIB Members,

The LNIB Security contact phone number has temporarily changed. Securiguard IT Department is working to restore the old number. For now, please use the phone number listed here in blue:

LNIB Securiguard Security (250) 215-5048



NOTE:

AN LNIB SECURITY **GUARD IS ON DUTY 40 HOURS EACH WEEK AND RESPONDS TO PHONE CALLS AND** MESSAGES WHILE ON SHIFT. IF YOU ARE IN DANGER OR REQUIRE POLICE ASSISTANCE, DIAL 911.

Inactive (250) 258-4240 (Please use # listed in blue)

SHULUS SURVEY PROJECT

SHULUS SURVEY PROJECT

Together, the Lower Nicola Indian Band Lands Department and its Members are responsible for managing and caring for a vast amount of reserve land. Many old surveys of LNIB land have now become outdated and inaccurate. Currently, Lands Department staff are working with residents and

owners in the Shulus area to prepare a new survey that will provide each lot with its own survey record. The Shulus Survey Project, that started in Spring 2020, is intended to address all outstanding survey issues in the Shulus Village area. The newly proposed 2021 survey, as well as the old survey can be viewed below. The Lands Department is interested to hear Member feedback about the project. If you would like more information or to view maps in printed format, contact the Lands Department to

request a **Shulus Survey Project Package** that can be collected at the Lands office during regular office hours. Several high-resolution maps are included and can also be downloaded from the Lands Portal online:

Inib.net/lands

If you have any questions about the project, contact **Alex Bukkos**, **Survey Coordinator**, by phone at 250-378-5157 or by email: alex.bukkos@lnib.net



HOUSING



Jordana McIvor | Housing Administrator

(250) 378-5157 | jordana.mcg@lnib.net

LNIB HOUSING

Find information about the LNIB Housing online at lnib.net/housing

The Housing Department is responsible for managing the housing program, including property management functions, planning and construction of new houses, maintenance and upkeep of the housing stock, the relationship with Canada Mortgage Housing Corporation, First Nations Market Housing Fund, and Indigenous Services Canada (ISC).

GET TO KNOW THE HOUSING TEAM

Jordana McIvor-Grismer.

Housing Administrator jordana.mcg@lnib.net

Email Jordana about the First Nation Market Housing program, as well as external renovation and building funding options, needs and requirements.

Ashley DeGray,

Tenant Relations Coordinator ashley.degray@Inib.net

Email Ashley for details regarding rent collection, housing maintenance, LNIB Rental Housing Policy, and general housing questions.

HOUSING MAINTENANCE

Mel Blankinship **Brendan Colter**



Contact LNIB Housing by phone at (250) 378-5157 or at the Main LNIB Administration Building.

IMPORTANT NOTICE

Please be advised that the Housing Department has been working on updating the current Rental Housing Policy. These changes will be made public for community review and input.

In February 2022, we posted a link to the LNIB website on the LNIB Facebook account where the amendments are outlined. We will be providing a summary table of the changes; however, the full policy will be available in printed format upon request.

We hope that our community will take this opportunity to help us develop a policy that will be able to stand the test of time and allow our Housing Department to be run in and transparent and equitable manner. Thank you

RAPID HOUSING INITIATIVE (RHI)



In October 2020 the Government of Canada, through CMHC, launched its Rapid Housing Initiative (RHI).

The initial funding was one billion to help address the urgent housing needs of vulnerable Canadians, especially in the context of COVID-19, through the rapid construction of affordable housing.

The first round of RHI exceeded its initial target if creating up to 3,000 new affordable units and will support the construction of more than 4,700 units across Canada. RHI Round 2 budget 2021 provides an additional investment of \$1.5 billion in new funding for the Rapid Housing Initiative in 2021-22 to address the urgent housing needs of vulnerable Canadians. The new funding will add a minimum of 4,500 new affordable units to Canada's housing supply. At least 25% of this funding will go towards women-focused housing projects.

THE PROJECT

A 14 unit, two story, modular apartment building. This building will have 2 three-bedroom units, 4 two bedroom units and 8 one bedroom units. Our target demographic will be women, women and their children, as well as LNIB Elders.

All units will be rent-geared-to-income (RGI), so eligibility and income review will be done prior to moving in as well as annually and rent affordability will based on each individual household's income.

PROPOSED LOCATION

Lot 278-1 next to the Rocky Pines Community Center



APPROVAL

The Lower Nicola Indian Band is pleased to announce that we have been approved for this funding opportunity and will be developing these units over the next several months.

LNIB Housing will be hosting a community engagement event where Members will have the opportunity to engage in discussion about the project.

For more information contact Jordana McIvor-Grismer, Housing **Administrator** at jordana.mcg@Inib.net or call (250) 378-5157.

COMMUNITY ENGAGEMENT - LANDS

UPCOMING
COMMUNITY
ENGAGEMENT
& EVENTS

The Housing Department is hosting two events during the month of May that LNIB Members are welcome to join. Call 250-378-5157 or contact Jordana McIvor-Grismer, Housing Administrator, by email at jordana.mcg@lnib.net for more information.

Wednesday
May 4th, 2022
10am – 2pm
Open House
2756 Cougar Cres.

Wednesday
May 18th, 2022
5pm - 7pm

Housing Policy
Changes



LAND VALUE

The LNIB Housing Department would like to address any concerns about on-reserve/off-reserve housing prices. If we continue to under value our land and sell it for well below market value, we will always have land and housing that is seen as less valuable than off-reserve. What a homeowner, on or off reserve, has in their home is their equity. If we keep selling properties at this perceived reduced rate, there will be no chance for the value and equity of our homes and land to ever been seen as equal to those off-reserve. There are many benefits of owning a home on reserve and the only real detriment is the reduced options on buyers.

EDUCATION

LNIB EDUCATION DEPARTMENT

SHARON PARSONS, EDUCATION MANAGER



sharon.parsons@Inib.net



(250) 378 -5157(236) 575 - 2105

2160 SETTLERS ROAD **HWY8**

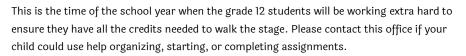


Hello everyone,

I would like to start with a friendly reminder to LNIB membership that you are free to contact an education staff person if you or your child could use help navigating a challenge. Education staff may be able to find resources to suit your needs.

Education staff are here to assist all

students however, graduation year is a one of the major milestones in your child's life.



Post-secondary programs are coming to an end for this school year, and many will graduate. Watch for more information about the LNIB Education Graduation Recognition Day to be held in late June at our office. The grade 12 grads and the post-secondary grads will receive a gift from LNIB.

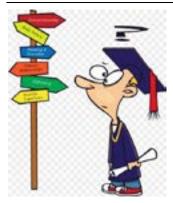
Post-secondary funding applications are coming into our office daily. May 27th is the deadline to get that application in to us by email, fax or in person to our office.

By the time you get this newsletter, the Project Management and Bookkeeping Programs will be in full swing, however, there is a chance you can jump in on this valuable training. This program takes place 2 or 3 days per week for 7 weeks starting on April 26th with a completion date of June 9th. Contact this office to register or if you need more information.

We can help you get the short-term training, certifications, or a post-secondary credential, needed to land the job of your dreams. Please call us to discuss the training or education plan that will move you into the future.

Until next time, Humelth

LNIB Education Department – Gail La Rochelle – PSE/Trades/Training Coordinator



Hello Everyone,

It's time to get outside and start cleaning up around the yard. Time to prepare your gardens and flower beds for planting.

We have received 14 PSE Funding Applications to date but expect to see them start to fly in within the next couple of weeks.

All current students continuing with their education and graduating high school students who have decided to attend post-secondary, the deadline to submit your completed PSE Funding Application for a fall 2022 start is May 27th. The 2022-2023 Funding Application can be found on the LNIB website www.lnib.net under the

Education tab, pick one up at the Education office or give us a call and we can email you a copy.

Keep checking the LNIB website for updates on summer student employment positions.

Scholarship and Bursaries:

- The Irving K Barber British Columbia Scholarship Society www.ikbbc.ca Application deadline is May 16, 2022
- https://www.atco.com/en-ca/our-commitment/partnerships-indigenouspeoples/indigenous-education-programs Applications are open, and the deadline is August 15, 2022 *Grade 10-12 students can apply for Merit Awards*
- First Citizens Fund https://bcaafc.com/education/first-citizen-funds/ Deadline to apply for the Winter 2022 semester (Jan-April) is May 15, 2022.
- http://aboriginallearning.ca/scholarshipsbursaries/
- > Be sure to check out all the bursaries and scholarships that are offered at each Institution.
- Don't forget about the LNIB scholarships: Kwoiek Creek Scholarship, Spectra Energy Scholarship and LNIB Excellence Award.

The Education Team is here to assist with any skills training for employment, online courses, or short-term programs and we can help create or update a resume. Please send an email, stop by our office, or give us a call to make an appointment.

If you live away from the valley the LNIB Education team is here to help support you as well, give us a call for more information.

Please call or email our office to ensure we have your current contact information.

Until next month, stay safe, healthy and be good to one another.

Gail La Rochelle

Phone: 250-378-5157

Email: gail.larochelle@Inib.net

LNIB EDUCATION DEPARTMENT



rhonda.dunn@Inib.net



(250)378-5157 LNIB (236)-575-2100 DIRECT

2160 SETTLERS ROAD 8 YWH





RHONDA DUNN ADMINISTRATIVE SUPPORT

Hello All,

Welcome May! A couple of days to mention is Mother's Day on May 8th and Victoria Day on May 23rd. The LNIB offices will be closed Monday, May 23rd for Victoria Day!

The LNIB Education training opportunities available:

- Intro to Project Management and Basic Bookkeeping
- Equipment Training (Forklift, Scissor lift etc.)
- Commercial Driving class I, 2, 3, 4 & Air Brake Endorsement. First, practice and challenge learners.

If you are interested in any training, please contact the LNIB Education department as soon as possible to register and check seat availability.

Graduation Recognition:

We are hosting an outdoor graduation day:

Date: June 30, 2022

Start Time: Will call grads to set-up a time to present gift.

Place: LNIB Education Building 2160 Settlers Road

Scholarships and Bursary's

I have attached a link/or email address and contact information for your convenience:

- https://bcaafc.com/education/first-citizen-funds/ Deadline May 15th, 2022 (This bursary fund is only available to students currently enrolled in school and completed a semester).
- www.oyep.ca

The Outland Youth Employment Program (BC) OYEP six weeks of on the land training for youth ages 16-19 years of age. Deadline for Applications, May 10th https://www.oyep.ca/registration-landing.html

If you require an application or additional information the LNIB education department will do our best to help assist you. Please do not hesitate to call (250) 378-5157 (236) 575-2100 or email: rhonda.dunn@lnib.net **Education Matters!**

JENN JOHNSON, EDUCATION ASSISTANT

Happy May!

As noted on the last newsletter, April was my last month of schooling for my first year at post-secondary schooling. Going back to school has been a very exciting journey so far, and I am ecstatic to continue my education for the next 3-4 years to become a teacher. Although I enjoy doing schooling myself, I am also grateful to be able to take the summer off from my education to help LNIB band members with their education goals!

Beginning in May, I will be available full time to assist students with tutoring and homework help. There will be days that I will be available in person for the LNIB band member students who are attending school in School District 58, as well as students who are currently in the SCIDES program.

I am also excited to share that we are in the beginning stages to planning the Summer Activity Program for this coming summer. With more places opening, I anticipate it being even more fun than last year!

If you have a student in need of one on one tutoring or who would benefit with extra help with their school work, please feel free to message myself at jenn.johnnson@lnib.net (250-936-8369) or Sharon Parsons at sharon.parsons@lnib.net (250-378-5157) to fill out an application and get onto the schedule. We have computers available if needed. Cheers!

WELCOME ANASTASIA BASIL-DAN

Good Day everyone,

Hi my name is Anastasia Basil-Dan (Ana), as of April 4th 2022 I have started as the Human Services Office Administrator position at the Community Services Center. I have completed schooling at NVIT for my Office Administration Certificate and I have completed schooling at OC (Okanagan College) for my Accounting/Bookkeeping Certificate. I look forward to this new beginning with LNIB and working with in my home community. I'm a LNIB member and was born, raised in the Nicola Valley, as are my two children.

This first month has been a lot of learning and training but I'm enjoying it. May you all have a blessed year and hope to see you around the community.

POST SECONDARY FUNDING

LNIB POST—SECONDARY FUNDING APPLICATION

LNIB MEMBERS FOR A SEPTEMBER 2022 START



PLEASE HAVE
YOUR POSTSECONDARY
FUNDING
APPLICATION
IN BY THE LAST
FRIDAY OF
MAY 2022

FOR MORE INFORMATION CALL

DIRECT EDUCATION LINE (236) 575-2100 OR MAIN LNIB ADMIN (250) 378-5157

EMAIL: Sharon.Parsons@Inib.net or Gail.Larochelle@Inib.net



ADDITIONAL INFORMATION

May 2022

If you are an LNIB member interested in entering or continuing a Post–Secondary Education, a Trades Program or a Training Opportunity contact the LNIB Education Department for more information on funding supports.

LNIB Education accepts
funding applications all year,
however, full funding
support is based on the
availability of funds.
You can find a fillable PSE
Funding Application on the
website lnib.net, under the
Education tab, pick one up
at the Education office, or
call and we can email you a
package.

Applying to more than one school is encouraged.

Submit your application fee receipts from the Institutions to get reimbursed.

BAND SCHOOL



LOWER NICOLA BAND SCHOOL

MAY NEWSLETTER

Dear Parents/Guardians of LNB School:

Happy Spring Everyone! We are looking forward to warmer weather in May, it has been a cold spring! Time is going by quickly, we only have 2 months of School left this year!

That's why attendance is important right now. This is an opportunity for students to stay caught up on their school work for their final grade on their report card in June.

A Friendly reminder to do your daily health check with your child for COVID symptoms and use your COVID testing kits that the School sent home.

May Dates to Remember:

May 8-Mother's Day

May 11-Class Photos

May 23-No School-Victoria Day

Please remember to have your child dress for the weather in case they go on a fieldtrip. Watch for notices going home. Remember it is wood tick season, please check your child for wood ticks when they are playing in grassy/wooded areas. Please remember to send indoor shoes for your child for P.E.

Thank you, Happy Spring!

Angie Sterling, Principal

School Attendance:

An attendance rate of 95% is generally considered good; this allows for children to miss 9.5 days across the school year. Persistent absence (PA) is defined as an attendance rate of 90% or below. There is 2 months of School left to achieve your best!



Principal

Angle Sterling Angle sterling@Inib.net

Head Secretary

Sioux Swakum #Inib.net

Teachers:

Rob Kozinski Brenda Ens Lee Polton Randi Gardypie Doneida Haller Derek Hanna Annie Major Rhonda Sheena James Shuter Nikki Flottorp

Office & Support

Chantel Ashdown; Barb Basil Joe Collins Clif Garcia Cody Jones Shelley LeBlanc Arnold Meyer Devan Nagata Reese Paterson Brandy Pinyon Annie Rabbitt Penny Toodlican Tammy Armstrong

Phone: 250.378.5527



NOTICE TO ALL BAND MEMBERS:

The Lower Nicola Band School has beautiful playground equpment and at night there have been children vandalizing our equipment. This has happened more than once.

Please supervise your children at the LNB school playground after school hours. If this continues, we will have to close down our playground to the public after school hours. Thank you.

HOUSE FOR SALE



Lower Nicola BC, V1K 1Y0

This three bedroom one bath rancher is located in Rocky Pines. It is an approximately 1100 sq/ft house on a 0.3 acre lot. Built in 1997, detached shed in back, accessibility ramp and covered storage area off kitchen. New shingled roof in 2021. Washer, dryer, furnace and hot water tank included. Could use some updates but that just gives the buyer opportunity to do what they want. Updates could include, flooring, paint, kitchen cabinets.

This house is available for purchase by any Lower Nicola Indian Band Member, whom can qualify for a BMO mortgage under the First Nations Market Housing Fund. Please contact Jordana McIvor-Grismer, Housing Administrator for the Lower Nicola Indian Band for more details on the home or the FNMHF or to schedule a viewing, (250) 378-5157 or by email at jordana.mcg@lnib.net









GOOD FOOD BAG PROGRAM

Good Food Bag 2022

What is the Good Food Bag?

- Is a non-profit fresh fruits and vegetables bulk buying program.
 - You can be sure your family eats healthier.
 - Enjoys the benefits of cooperative bulk buying.
 - Supports your community.

What might be in a typical bag(s)?

- Fresh fruit and vegetables.
- Potatoes, carrots, onions
 - Celery, lettuce
- Apples, oranges, bananas
- Other vegetables or fruits that might be in season.

Can anyone participate?

- Yes, If you Eat, You qualify
- Because the Good Food Bag is not a charity, but a bulk-buying program, it empowers people by giving them access to high quality produce.

How much does it cost?

\$20.00 per bag. You can purchase as many bags as you like!

How do I get a Good Food Bag?

- Non- Social assistance clients can drop off \$20.00 (cash only) at the Community Services Building, by the last Friday of the month. To receive their GFB the following month.
 - Social Assistance clients can have the payment deducted off their cheques by completing authorization form at the Community Services.

DATES FOR 2022 GOOD FOOD BAG:

Jan 11, Feb 15, Ma<mark>r 15,</mark> Apr 12, May 10, Ju<mark>n 14, Jul 12, Aug 09, Sept 13, O</mark>ct 11, Nov 15, Dec 13, 2022

If you have any questions, please feel free to contact Kait Basil at the **Community Services**

WHAT IS COUNSELING

What is Counseling?

Sometimes we avoid a thing because we do not understand it. Sometimes we avoid the unknown because what we know seems easier than stepping beyond. Sometimes the ideas we have about a thing are not the thing at all but something else entirely. Sometimes the easiest way to understand something is to describe what it is not.

Here are a few thoughts about what Counseling is not and what it is ...

Counseling is not social work, but it can help our social life.

Counseling is not child protection, but it can help us keep our children safe.

Counseling is not policing, but it can help us make healthy, safe decisions.

Counseling is not parenting, but it can help us consider wisdom.

Counseling is not comfortable, but it can offer a pathway to comfort.

Counseling is not enabling, but it does offer empathy for the struggles of life.

Counseling is not agreeing, but it can help us understand differences of perspective.

Counseling is not teaching, but it can offer information to open doors of opportunity.

Counseling is not scolding, but it can offer us a manageable view of our consequences.

Counseling is not scary, but it can be a step of courage to face fears, frustrations and sorrows.

Counseling is not revisiting pain, but it does offer us opportunity to resolve pain.

Counseling is not advice, but it can offer us a different look at our situation.

Counseling is not blaming, but it can offer us the opportunity to take responsibility.

Counseling is not weakness, but it can offer us the chance to accept our weak moments.

Counseling is not admission of failure, but it can help us understand where things stalled out.

Counseling is not relaxing, but it can help us understand that daily life could be less stressful.

Counseling IS ... work ... empowerment ... courage ... perspective ... support ... personal ... private ... respectful ... teamwork ... relational ... skill-building ... strength-focused ... problem-solving ... decisive ... evaluating ... liberating.

MAY IS MENTAL HEALTH AWARENESS MONTH



MAY is Mental Health Awareness Month

Events: Grief & Loss support get together (Drop in)

Where: Rocky Pines Center (questions: contact Irene Howe)

Friday- May 13

Friday- May 20

Friday- May 27

One's mental health is a critical part of one's wellbeing as it affects all aspects of our health which includes, our emotional, physical, psychological, and social wellbeing. It affects how we think and act. Also, determines how we handle stress, relate to others and our choices. There are harmful and misunderstandings around mental illness which may make people ignore their mental health and avoid seeking help. This why it is important to have a better understanding and awareness of mental illness so you can rebuke the stigmas and not be afraid to reach out to help.

Take the quiz and see if you can separate myths from facts (1-10 questions)

Q#1 Poor mental health increases the risk for long-lasting (chronic) physical conditions like

- Heart disease.
- Stroke.
- Cancer.
- All of the above.

Q#2 Mental illnesses are

- Very Common
- Uncommon
- Rare
- Common

Q#3 Suicide is the _____ leading cause of death among people ages 15-34 in the United States.

- 10th
- 2nd
- 5th

Q#4 Mental illness

- Cannot be treated.
- Can be treated.

Q#5 Mental health is:

- More than the absence of mental disorders.
- Only important for some people.
- An important part of overall health and well-being.

Q#6 People with mental illness are violent.

- True.
- False.

Q#7 If someone suffers from poor mental health, you can help by:

- Reaching out and letting them know help is available.
- Helping them access mental health services.
- Learning and sharing the facts about mental health, especially if you hear something that isn't true.
- All of the above.

Q#8 Half of all mental illness occurs before a person turns _____ years old, and three-quarters of mental illness begin before age 24.

- 12
- 14
- 24

Q#9 Mental illness is caused by

- Personal weakness.
- Lack of willpower.
- A number of factors including, biological factors, stressful or traumatic life events, and long-lasting health conditions such as heart disease or cancer.

Q#10 Mental illnesses aren't real illnesses.

- True
- False

Answers:

Q-#1 The correct answer is:

All of the above. Poor mental health increases the risk for long-lasting (chronic) physical conditions like heart disease, stroke, and cancer.

Q-#2 The correct answer is:

Mental illnesses are:

Very common. About 1 in 5 American adults and 1 in 5 children will experience a mental illness at some point in their lives.

Q-#3 The correct answer is: 2nd

Suicide is the 2nd leading cause of death among people ages 15-34 in the United States.

Q-#4 The correct answer is:

Can be treated. Mental illness can be treated. Research shows that people with mental illness can get better and many recover completely.

Q-#5 Mental health is: The correct answer is:

An important part of overall health and well-being. Mental health is an important part of overall health and well-being.

Q-#6 poor mental health, you can help by: The correct answer is:

All of the above. If you know someone with poor mental health, you can help by reaching out and letting them know help is available, helping them access mental health services, and learning and sharing the facts about mental health, especially if you hear something that isn't true.

Q-#7 People with mental illness are violent.

The correct answer is:

False. The vast majority of people with mental illness are no more likely to be violent than anyone else. In fact, people with mental illnesses are more likely to be victims of violent crime than the general population.

Q-#8 Half of all mental illness occurs before a person turns _____ years old, and three-quarters of mental illness begin before age 24.

The correct answer is: 14

Half of all mental illness occurs before a person turns 14 years old, and three-quarters of mental illness begin before age 24.

Q-#9 Mental illness is caused by

The correct answer is:

A number of factors including, biological factors, stressful or traumatic life events, and long-lasting health conditions such as heart disease or cancer.

Q-#10 Mental illnesses aren't real illnesses.

The correct answer is:

False. Fact: The words we use to describe mental illnesses have changed greatly over time. What hasn't changed is the fact that mental illnesses are not the regular ups and downs of life. Mental illnesses create distress, don't go away on their own, and are real health problems with effective treatments. When someone breaks their arm, we wouldn't expect them to just "get over it." Nor would we blame them if they needed a cast, sling, or other help in their daily life while they recovered.

Taking care of yourself can better equip you to take care of others. During times of stress, it is especially important to stay connected with your friends and family. Helping others cope with stress through visits, phone calls or video chats can help you and your loved ones feel less stressed.

To Improve your mental well being it is important to take of your physical and emotional wellbeing, Try these helpful hints:

Healthy Ways to Cope with Stress

Take care of your body.

- o Take deep breaths, stretch
- o Eat Healthy, well-balanced meals (try not to skip meals)
- Be physically active (exercise minimum 30 min per a day)
- o Get Plenty of sleep
- Choose not to drink alcohol, or drink in moderation (2 drinks or less in a day for men: 1 drink or less in a day for women)
- Avoid misusing prescription opioids and avoid using illicit opioids. Also avoid mixing these with one another, or with any other drugs.
- Avoid smoking and the use of tobacco products, including e-cigarettes. People can and do quit smoking for good.
- Continue with routine preventive measures including vaccinations, cancer screenings, and other tests recommended by a healthcare provider.

Take care of your Mind & Soul

- Make time to unwind. Do activities you enjoy and make free time
- Connect with others. Talk with people you trust about your concerns and how you are feeling.
- Connect with your community- or faith-based organizations.

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Take breaks from watching, reading, or listening to news stories, including those on social media. It's good to be informed but hearing about adverse events constantly can be upsetting. Consider limiting news to just a couple times a day and disconnecting from phone, tv, and computer screens for a while.

Meditate

- Through smell& sound (use your sensory to smell the trees Flowers or listen to music or sounds of the birds
- > Through Movement walk through a winding path, try yoga, martial arts
- Through stilling your mind, practice just sitting still for a few minutes each day and slowly increase.

Currently, it is more important to take of yourself due to all the uncertain events of the world today. Taking care of yourself can better equip you to take care of others. During times of stress, it is especially important to stay connected with your friends and family. Helping others cope with stress through visits, phone calls or video chats can help you and your loved ones feel less stressed.

Taking care of yourself and asking for help when you need it are signs of strength, not weakness.

Resources:

www.cdc.gov/mentalhealth www.cmha.bc.ca **BC Crisis Line**

Anywhere in BC 1-800-SUICIDE: <u>1-800-784-2433</u> 811

TRAINING - WILDLAND FIREFIGHTER



Wildland Firefighter Training



Calling on all LNIB Members to take part is these fully sponsored Wildland Firefighter Courses. Remember the 2021 fire season, it was HELL. So many people left homeless and stranded. There was an open call for Certified Fire Crews to step up to protect life and property. Our goal is to train as many LNIB Members as possible to ensure we can handle anything thrown our way. We will be offering S-100 Fire Suppression and S-185 Entrapment to all that want to be ready to battle the BEAST should it come our way. I hope we do not have to call on anyone, because that would mean we are being spared from the fury that fire can be. The best result of this training would be to have two-five pack Fire Crews, each with a team leader to commit to be on standby status and respond if need be. These courses ideally would be held on a weekend to avoid interrupting anyone's job. We will also be offering Danger Tree and Chain Saw Operator Certified Training to those that want it. Please respond by email if you would like to take part.



Contact: Steve Wilks 250-378-5157 Steve.wilks@lnib.net



JOB OPENINGS AT LNIB

Job Openings at LNIB May 2022 Come Work for US

https://secure.collage.co/jobs/Inib

Community Health Nurse RN required

The prevention and management of communicable diseases

- · To identify health needs and provide health promotion and disease prevention services
- · To provide baby immunizations, flu clinics and TB Screening
- · To provide pre and postnatal support
- . To educate and support diabetics in the Community

Communications Coordinator and an Assistant

The Communications role supports and assists the activities of the Chief and Council and LNIB in the areas of internal and external communication, media relations, education and promotional plans, and publication management with outcomes that support the Lower Nicola Indian Band overall goals and maintain a positive public image of the Lower Nicola Indian Band.

The Coordinator requires a candidate with strong organizational skills and multi-tasking abilities, coupled with excellent interpersonal strengths. Experience in graphics design and web management necessary.

The Assistant position requires someone with an interest in building a career in Communications and currently has a strong knowledge and experience social media, and in Office productivity tools.

Social Development Manager, BSW required

Reporting to the Director of Human Services, the Social Development Manager is responsible for administration, program development, staff supervision and communications of Lower Nicola Band Social Services Department. This position is responsible for managing the following programs: Family Violence, Social Assistance, burials, special needs, Family Activities, and will perform band social worker roles and responsibilities.

Janitor/Cleaner

The Custodian/Janitor position will clean and disinfect assigned areas in accordance with safe working practices, protocols and procedures to ensure the environment is clean and safe. This position works evening from 4 pm to 11 pm.

Lands Agent

The Lands Agent is responsible for assisting the Lands Manager with the day to day operations of the Lands Sector relating to reserve lands for the Lower Nicola Indian Band. The incumbent supports all aspects of the Lands Sector including the implementation of work plans, laws, regulations, policies and procedures.

Receptionist/Admin Assistant

To provide clerical support and file maintenance for the Lower Nicola Indian Band. General reception tasks and specialized supports depending on facility/department serving

Cultural Heritage and Environmental Field Workers

The successful candidate will bring their energy, enthusiasm and interest in environmental and cultural resources to a variety of resource planning and research projects. Specifically, the successful candidate will provide support to the LNIB staff on Cultural Heritage and Environmental resource development projects.

SUMMER STUDENTS

Several position open including Landscaping, Garden Centre, office support, children's summer recreation

> For full job descriptions, requirements, and to apply go to https://secure.collage.co/jobs/Inib or email HR@LNIB.net

OYEP









OYEP is a local, community-driven initiative that works toward equity and opportunity for Indigenous Youth (ages 16 to 19) through land-based education, training and work opportunities. Youth are fully immersed in a 6-week natural resource-based work environment that includes on the job safety training, time management skill-building, remote and rotational work schedule experience and lessons on managing personal work-life balance.





Trans Mountain has committed financial and in-kind support as the title sponsor for the inaugural delivery of OYEP Kamloops in 2022. OYEP will take place in July and August and will operate out of semi-remote learning spaces to mimic natural resource projects. OYEP and Trans Mountain will collaborate with local Indigenous communities and consult with Elders to ensure youth feel culturally and spiritually supported during program delivery.









22 YEARS OF **EQUITY & OPPORTUNITY** HANDS-ON, LAND BASED LEARNING 122 Program Highlights Learners Drivers Lice **High School Credits** Intro to GIS/GPS PDAC Mining Matters Programming Bear Aware Tree Planting WHENES CONTACT INFORMATION. Pete Bird - OYEP West Program Manage

JOB AT UBCIC



FOUNDING HEAD OFFICE 209 - 345 Chief Alex Thomas Way Kamloops, B.C. V2H 1H1 Tel: 250-828-9746 Fax: 250-828-0319



VANCOUVER OFFICE 401 - 312 Main Street Vancouver, B.C. V6A 2T2 Tel: 604-684-0231 Fax: 604-684-5726 1-800-793-9701 Email: ubeieurubeie.be.ea Web: www.ubcic.bc.cn

JOB OPPORTUNITY – UNION OF BC INDIAN CHIEFS

Full-Time Administrative Assistant – Policy Department

Vancouver Office with Remote Work Options Possible

The Union of BC Indian Chiefs (UBCIC) is seeking a permanent, full-time Administrative Assistant to support the work of UBCIC and to assist the Policy Director and Policy Team in carrying out UBCIC's mandate as directed by UBCIC's member Nations. Reporting directly to the Policy Director, the Administrative Assistant will hold an important role in the UBCIC Policy Department and provide an array of administration and communications, including filing and managing incoming communications, coordinating meetings and schedules, liaising with external agencies and stakeholders on behalf of Policy Director and Executive, and providing logistical and communications support to the Policy Team as needed. By joining UBCIC you will become part of a leading, member-driven Indigenous political advocacy organization and have excellent opportunities for practical, on-the-job learning and administrative engagement with a wide network of Indigenous Nations, organizations, and other partners. The Administrative Assistant will be based in the Vancouver office, but applicants wishing to work remotely are encouraged to apply as well and should include details in the cover letter.

About the UBCIC

The UBCIC is a not-for-profit organization representing and taking direction from over 100 Indigenous Nations in BC. Our mandate is to work toward the recognition, implementation, and exercise of our inherent Title, Rights, and Treaty Rights, and to protect our lands, waters, and resources through the exercise of our own laws and jurisdiction. We believe, despite out differences, we will be stronger if we work together. The UBCIC works collectively amongst Indigenous Nations in B.C. as an advocacy body to provide a cohesive voice (regionally, nationally, and internationally) in support of Indigenous Nations and communities, and to promote and protect each Nation's exercise of Sovereignty within their traditional territories. Further, the UBCIC upholds the principles and standards articulated in the United Nations Declaration on the Rights of Indigenous Peoples for the establishment and maintenance of a universal framework of minimum standards for the survival, dignity, wellbeing, and rights of Indigenous Peoples. For more information, please visit www.ubcic.bc.ca.

The successful candidate will:

- Conduct best practices in communication and office administration in a positive, interesting and rewarding workspace;
- Be adaptable, flexible, and able to prioritize multiple competing demands;
- Be knowledgeable about and support the mandate, mission, and work of the Union of BC Indian Chiefs and the UBCIC Policy Department;
- Demonstrate an understanding of historical and current Title and Rights issues that impact First Nations in BC; and

Exercise diplomacy, tact, and cultural sensitivity when liaising and communicating with member Nations, stakeholders, and external agencies.

Major duties and responsibilities include but are not limited to:

- Providing logistical and administrative support for meetings (including planning support, registration, itineraries, meeting materials, room bookings, food, meeting tracking and coding, and other tasks);
- Providing content support for meetings (including assisting with meeting preparation, transcribing, providing meeting summaries, and taking minutes);
- Managing and tracking ongoing communications of the Policy Director;
- Reviewing materials prepared by the Policy Director to ensure quality and compliance with UBCIC mandates and style guide;
- Supporting the Policy Director in managing calendars and commitments through careful planning, communication, and coordination. This may include the Executive's calendars;
- Tracking and managing the Policy Director's action items and helping to define timelines and follow-up;
- Managing daily administrative functions of the Policy Director, including anticipating daily needs, and ensuring the Director is briefed on all appropriate matters;
- Coordinating and booking travel arrangements (dependent on COVID-19 health and travel restrictions);
- Liaising with external agencies, departments, and stakeholders on behalf of UBCIC Executive and Chiefs Council on administrative matters;
- Filing and tracking correspondence and materials for a range of policy files
- Supporting the Policy Team on projects and initiatives as needed;
- Providing general office and administrative assistance as directed, including providing occasional administrative support to the UBCIC Executive and to the First Nations Leadership Council; and
- Maintaining thorough knowledge of UBCIC policies, procedures, precedents and mandates including the UBCIC Chiefs Council processes.

Qualifications:

- Excellent organizational skills and a proven ability to prioritize and manage tasks within many areas and to problem solve in a busy, fast-paced environment
- Strong interpersonal and communication skills and an ability to work in partnership with colleagues in external organizations
- Professional demeanor and conduct
- Experience in filing, scheduling, minute taking, agenda building, and event planning
- Some post-secondary education (e.g. in office administration, communication, or other relevant fields) and/or relevant administrative experience
- Strong writing and analytical skills an asset
- Experience working with First Nations provincial/territorial organizations or collective decision-making bodies an asset
- Proficiency with Microsoft Office 365 (Teams, Outlook, Word) and video conferencing technology
- Commitment to the mission and work of the UBCIC

Application Process

Please send a cover letter, resume, and references to the attention of the Policy Director, Andrea Glickman. Please send via email to careers@ubcic.bc.ca. We thank all candidates for their interest and regret that only those candidates who are shortlisted for interviews will be contacted. *Posting open until filled*. Please include in the subject line of the email: "Administrative Assistant- UBCIC Policy Department"

The Union of BC Indian Chiefs hires on the basis of merit and is committed to employment equity. We encourage all qualified persons to apply; however, qualified Indigenous applicants will be given priority.

JOB OPPORTUNITES AT TECK/HVC

Environment Coordinator - EMS - Temporary 1 year Field Maintenance Supervisor Maintenance Reliability Specialist Asset Health Supervisor

https://www.teck.com/careers/

LORNE DUNN // NOTICE OF INTENT TO PURCHASE LAND 2022 APR 20

Hello, my name is Lorne Dunn. I am a Member of LNIB and I am interested in purchasing a parcel of land. I would like to buy land at Nicola Mameet reserve and am hoping to build a residential structure where I plan to live. If you are a LNIB Member and own land that you would like to offer to sell, please contact me directly. My phone number is 250-315-7501 and my email address is lorne518@gmail.com Details about land I am interested in buying:

- Owned by LNIB Member
- Has Certificate of Possession (CP)
- Located at Nicola Mameet IR No. 1
- Less than one-acre total size

MEMBER OWNED BUSINESS DIRECTORY

Aly Moon Pierre, SW Dipl. BSW

Online Life Coaching Spirituality Coach, Inclusive Coach www.Inclusive-Coach.com aly@inclusive-coach.com

Angle Bain

Over 20 years experience providing training, research and research analysis services angiebain@shaw.ca 604-802-9709

Bonnie Bent

Micoblading (250) 280-0430 or (778) 800-7878

Donna Bent

250-378-4396 **Donna Bent Artifacts**

Brandon Joe

250-525-0443 (text only) Commercial Embroidery and Jewellry

Shannon Kilroy

skilroy09@yahoo.com Earthline Contemporary Aboriginal Designs and Accessories

Odd Job Joe

Handy Man Service & Solutions 24/7 (250) 378-7945

Ryan Mann

PlumberMann 250-936-8655 plumbermann250@gmail.com

Mostly Glass

Mostly Glass Creations: Stained glass, mosaics, mosaic lamps, stepping stones, beads, crystals, prisms, window charms, bracelets Email: mostlyglasscreations@gmail.com

Sharon McIvor

250-378-3300 Lawyer, Instructor and Legal Advisor

James McNaney

nomadhauling@gmail.com Trucking, Hauling

Earl Michel

emichel@live.ca Wolf Pac Construction

Focus iN Consulting

Business development and housing gaildjoe@gmail.com

Lorne Mike

paulinehenry2011@hotmail.com Fitness Instructor and Rough Stock Horses

Gene Moses Fencing

Gene Moses 250-378-2801

Vivian and Arnie Narcisse

Mountainchief Catering 250-315-0584 Catering MC and coordination of Cultural Events

Growing Garlic/Nicola Valley Produce

Jerrod Peterson growinggarlic.ca growinggarlic.ca@gmail.com

Gwayne Point

250-378-9167 Northwest Indian Art

Loren Sahara Consulting

Personal Development Coach, Mastemind Knowledge Broker 778-676-7844

JW Forest Contracting Ltd.

250-378-5468

250-378-1556 (cell) Warren Smith/Janet Sterling,

Principals

Logging contractors, road builders, land clearing

Established 1998

Certified Safe Company

11 employees, 80% First Nations

Equipment: Faller/Buncher, Grapple Skidders,

Log Processors, Excavators, Cat Crawler Tractors

Millco Safety Services

www.millcosafety.com

PO Box 4154 Lower Nicola, B.C.

Patrick Miller/Angela Garcia, 250-378-2221

Principals

Construction safety, construction security, First

Aid, Traffic Control, fully certified personnel

Nicola Valley Muay Thai

Kru Melissa E. Moses

250-378-9155 (msg) 808-428-0178

kru@nicolavalleymuaythai.ca

SCS Diamond Drilling

www.scsdrilling.com

1436 Sun Rivers Drive Kamloops

250.572-2615

250-314-4864 (fax) Spence Coutlee, Principal

Alison Sterling

ajsterling67@gmail.com

Jacona Sports, Behavior Intervention, and Bubble

Tea

Robert Sterling

robert_sterling@hotmail.com

Archaeology, Anthropologist, traditional land use

studies

Jessica Joe, Mameet Services LTD Survey Co

1425 Hugh Allan Drive Kamloops BC

mameet@intpac.ca

Rona Sterling Consulting Inc. and Godey Creek Paintball

Rona Sterling-Collins

info@ronasterlingconsulting.com

Godey Creek Consulting

Sue Sterling

suesterling75@gmail.com

T Sterling Construction Ltd.

Ted Sterling

ted17@telus.net

Glenn Stirling

Stirling Instrumentation Maintenance,

Calibration & Electrical

(403) 971-6432 ggstirling@gmail.com

Ivan Swakum

Antler lamps, European Mounts, Wine racks

ivanswakum83@outlook.com

250-315-3756

Shawn Swakum

s.swakum@yahoo.com

Business administration and Consultant

Penny Toodlican

pcctoodlican@gmail.com

Catering

Victor York

victoryork@hughes.net

Gourmet coffee supply and distribution

RECREATION

May 2022 PROUD TO BE





Picture Caption

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Swimming 3pm-5pm	3 Hiking 3pm-5pm	4 Rotary Park 3pm-5pm	5 Movie Night 3pm-5pm	6	7
8	9 Swimming 3pm-5pm	Bowling 3pm-5pm	Swimming 3pm-5pm	12 Hiking 3pm-5pm	13	14
15	Swimming 3pm-5pm	17 Hiking 3pm-5pm	18 Skate Park 3pm-5pm	Movie Night 3pm-5pm	20	21
22	23	24 River Visit 3pm-5pm	25 Swimming 3pm-5pm	26 Hiking 3pm-5pm	27	28
29	30 Swimming 3pm-5pm	31 Hiking 3pm-5pm				

Registration available at LNIB Health Center, LNIB Main office and, Nicola Canford School. For more information contact Jacint at jacint.majlath@lnib.net or 250 575 0569

POT LUCK FUNDRAISER

NICOLA VALLEY FIRST NATIONS VETERANS

INFORMATION SESSION



POTLUCK AND FUNDRAISER

Shulus Arbour

Wednesday, May 18, 2022 @ 6:00 pm

Bring your favourite dish and your family!

AUCTION AND 50/50

Exciting! Terrific!

We are planning to relocate the existing boulder monument and build a new granite monument with funding support from the Veterans Affairs Canada (VAC). We will:

- . Inscribe the names of our local FN veterans
- Include a ceremonial fire pit and benches
- Include Nlaka'pamuxcn, Nsyilxcen, English and French languages

Now, we have a lot of work to do. The FN Veterans need your support. Yaaa!

For more information, contact Carol Holmes

Richard Jackson

250-378-7809 250-280-2424 Percy Joe Heather Shuter Trooky

250-315-8402 250-378-5746