



June 2021 N?e?iyk Spíləxm

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Need help with Video meetings?
Don't be shy - give our
Communications team a call at
250-378-5157 (business hours)
and we'll get connected.



ELDERS LUNCHEON

Community Luncheon for Aboriginal Day

June 17, 2021

12:00 pm – 1:30 pm

Activities Trailer

ONE container person no extra's will be available

Elders Luncheon

June 24, 2021

12:00 -1:30 pm

Activities Trailer

**Looking forward to seeing everyone for these lunches!!
Everything will be opening back up so I'm looking forward to
doing activities with the elders again.**

Contact Wenona Bearshirt for more information

(250) 280-1975

NEED TO TALK?

In light of the recent discovery of the remains of 215 Residential School Children

The Lower Nicola Indian Band is aware that this may be a trigger for our survivors of Residential School

We would like to ensure Community Members are familiar with the Services available to you if you need to talk.

The Staff at the Band are as follows

Christine Upfold Family Support Worker

Phone :1 236 575 2092 Or Cell 250 315 3640

Tammy Armstrong Mental Health Counsellor

Phone 1 236 575 2102 or Cell 250 315 7013

Tony Broman Mental Health Counsellor

Phone 1 236 575 2110 or Cell 250 315 9665



KʷÚKʷPI? STU JACKSON

heñle? Band members and community members. I think it is fair to say that our Spring Season is finally here! After many blustery days and a few rain drops here and there, our sunshine has finally made its presence. I hope everyone is enjoying the beautiful weather and taking advantage of the opportunity to plant your gardens and flowers. Spring is arguably the most beautiful season of the year. Most things in our environment begin the process of coming back to life. There is new life with our animals and our plants and our medicines. The Spring season can also

give us a chance at a new beginning as well. I am personally excited about the Spring season because the golf courses are open too!

On a more serious note, this past month has been a very good month for our community. In terms of the covid pandemic, our community has done very well with little to no covid cases. On top of that, there has been very few cases that I have been informed of that any of our people have been in self-isolation as well. As a community, we all should be very proud of this!! Covid has not left our valley and is very much alive here in our territory, however, as a community, we have been very diligent and responsible and that makes feel very proud as your kʷúkʷpi?. As many of you are aware, our second vaccination is occurring as we speak. Even upon receiving your second dose does not mean that you are immune from the covid virus. Even after two doses of the Moderna, we are still at risk of being infected with the covid-19 virus. We need to keep our guards up. We cannot get complacent and comfortable. We must continue to social distance ourselves. We need to sanitize our hands whenever possible and whenever needed. I heard not so long ago that being required to wear a mask may get lifted by the provincial government and quite possibly the federal government. I cannot emphasize enough how important it is to continue to wear a mask even if it is not required anymore. In my opinion, the government has a reputation of making senseless decisions. Lifting the requirement to wear a mask is putting all of us at risk. We are winning this fight with covid because of what we are doing today! Let us continue this crusade for the betterment of all our community's.

As many of you may be aware, late last week, 215 bodies were found on the old Kamloops Indian Residential School site. For many of us, this heartbreaking news has hit us very hard. It is unimaginable and uncomprehend able. The hurt and anguish felt across our nation is so hard to put into words. Many of our people are Residential school survivors. We have many inter-generational survivors as well. I myself am an

inter-generational residential school survivor. Both of my parents attended residential school and they have shared many stories of their experiences at their respective residential schools. Many of these stories are horrifying. I am sure that there are many other residential school survivors that can share the same grief and despair of their own experiences as well. The discovery of these 215 remains has opened old wounds for many people. Even though these remains were discovered on the Kamloops Indian Residential School site, it has triggered much emotion and hardship for all our survivors in British Columbia and across Turtle Island. I participated in an emergency meeting last week where many Chief's from all over BC met to begin the discussion of what needs to get done for these 215 children. The main words that came out of that meeting were "Accountability" "Responsibility" and "Reconciliation". We demand answers and we want them now! We need to bring these children home to their rightful communities. We need to put these young souls to rest. We as Chief's will continue to meet and I will bring forward any updates of further developments as they arise. In the meantime, all I ask is that we embrace our loved ones. And take care of one another during this difficult time.

In closing, I just want to wish each of you good health and well wishes. We have been struck with a world changing pandemic that has capsized many of us spiritually, emotionally, mentally and physically. We need to support one another at all costs as we navigate through this deadly virus together. The Residential School Legacy is right in front of us again. The legacy has never left us, but it is front and center now. We need to be there for our survivors. We need to be there for the families of all the ones that are lost and never came home. We need to never forget what this legacy has done to our people and move forward together in a good way. Hold your families close as we are in this together.

Much love and respect to you all,

k^wuk^wscémx^w

k^wúk^wpi? Stu Jackson

EXECUTIVE DIRECTOR

Dear LNIB Members,

I am pleased to present our monthly report for May 2021. This month LNIB continues open to the public with staff in office. The offices will allow 2 people in the office at one time and the office will be sanitized once they leave. Please make an appointment with the staff member you are there to visit. Visitors are also required to sign in for contact tracing purposes and COVID-19 screening. Staff can be reached by phone and/or email and will do what they can to address your concerns. Let us all do our best in protecting each other by physical distancing and staying home.

Here are some of the things we are working on:

Human Resources: Band buildings are open to the public and we will set out some Covid-19 safety protocols for staff and membership to follow to keep the distance. We are committed to keeping the community and employees safe during this pandemic.

LNIB welcomes Steven Spears, Coop Summer Student, Fran Piper, Buildings Maintenance and Controls Systems Technician, Erika Boggs, Summer Student-Administration, Skyla Sterling, Summer Student-Shulus Gardens Assistant, Ryan Peck, Public Works Operator.

Current job postings with Lower Nicola Indian Band are Public Works Manager, Capital Assets and Fleet Manager and Special Education Assistant- Speech and Language Specialist visit <https://www.inib.net/jobs/> or <https://secure.collage.co/jobs/> Inib for further details.

Committees and Liaisons: Lands Management Advisory Committee did not meet during the month of May. School Board did not meet in the month of May. Finance and Audit Committee did not meet in May. All committee meetings are open to the membership to join. Please contact the band office for details on how to join the meetings.

Community Meetings and Workshops: Workshops will start to take place with Covid-19 Coronavirus pandemic safety protocols and Social Distancing guidelines clearly posted. There will be some opportunities presented online please watch for

the advertisements for these. Economic Development hosted a Cumulative Effects Workshop via Zoom.

Support to Chief and Council: Chief and Council met May 4th and the 18th. Chief and Council supported appointed Councilor Connie Joe as the Council representative to the review pane for the capital purchase of self-contained breathing apparatus for the LNIB Fire Department. Council supported a contract with the Canadian Wildlife Federation. Council heard and accepted the Nicola Watershed Governance Project information updated presented to them May 4, 2021.

Chief and Council supported the transition of Barb Huston as the Primary Indian Registry clerk. Chief and Council supported along with 16 Nlaka'pamux Chiefs to renegotiate the Seattle City Light Project that operated the Skagit River Hydroelectric Project located in Whatcom, Skagit, and Snohomish counties. The Summer student programs were supported with \$12,500 from Band Own Source funding to assist with the students' wages. Chief and Council supported the First Nations Well Being Fund application for the Shulus Gardens to construct a greenhouse. The Council supported the sale of a Section 10 house and guaranteed a loan in the amount of \$290,700 for a band member to purchase the Section 10 house.

Chief and Council amended Section 8 Lending, Guarantees and Indemnities of the Lower Nicola Indian Band Finance Policy and Procedures to set the interest rate to be applied to all loans at a risk adjusted rate of two percent plus prime. The Terms of Reference for the Joeyaska Contaminated Site Litigation Advisory Committee was accepted, and Councilor Bill Bose was appointed Chairperson. A budget of \$111,000 from Band Own Source was also approved for the Joeyaska Contaminated Site Litigation Advisory Committee.

Chief and Council approved the expenditure of \$81,641.20 for the purchase of Self-Contained Breathing Apparatus for the Fire Department.

The Chief and Council will meet June 1st and 15th. Should you require anything on the Chief and Council agenda scheduled for June please contact Sondra Tom and/or myself. Also, the Chief and Council meetings are open to membership to join via online or telephone. Please contact Sondra Tom or me to be added to the email invitation for the scheduled Chief and Council meetings

CHIEF AND COUNCIL RESOLUTIONS

Resolutions from Chief and Council May 04, 2021

Resolution #04-05-2021-01 Reads: Chief and Council move to adopt the May 4, 2021 Chief and Council meeting agenda as presented.

Resolution Carried

Resolution #04-05-2021-02 Reads: Chief and Council move to adopt the April 27, 2021 Chief and Council meeting minutes as presented.

Resolution Carried

Resolution #04-05-2021-03 Reads: Chief and Council appoints Councilor Connie Joe as the Council representative to the review panel for the capital purchase of self-contained breathing apparatus for the LNIB Fire Department.

Resolution Carried

Resolution #04-05-2021-04 Reads: Chief and Council hereby:

1. Supports the Canadian Wildlife Federation Service Contract; and
2. Authorizes the Executive Director to sign the Canadian Wildlife Federation Service Contract as of March 15, 2021.

Resolution Carried

Resolution #04-05-2021-05 Reads: Chief and Council move hereby move to accept the Nicola Watershed Governance Project information update as presented to LNIB Chief and Council on May 4, 2021.

Resolution Carried

Resolution #04-05-2021-06 Reads: Chief and Council move to adjourn the November 3, 2020 meeting at 12:12am.

Resolution Carried

Resolutions from Chief and Council May 18, 2021

Resolution #05-18-2021-01 Reads: Chief and Council move to adopt the May 18, 2021 Chief and Council meeting agenda as presented.

Resolution Carried

Resolution #05-18-2021-02 Reads: Chief and Council move to adopt the May 4, 2021 Chief and Council meeting minutes with noted changes.

Resolution Carried

Resolution #05-18-2021-03 Reads: Chief and Council

WHEREAS the Lower Nicola Indian Band operates under the authority of Chief and Council;

WHEREAS

A. The United Nations Declaration on the Rights of Indigenous Peoples provides at Article 26:

Indigenous Peoples have the right to the lands, territories and resources which they have traditionally owned, occupied or otherwise used or acquired. Indigenous Peoples have the right to own, use, develop and control the lands, territories and resources that they possess by reason of traditional ownership or other traditional occupation or use, and those which they have otherwise acquired.

States shall give legal recognition and protection to these lands, territories and resources.

Such recognition shall be conducted with due respect to the customs, traditions and land tenure systems of the Indigenous Peoples concerned.

B. Seattle City Light (“SCL”) operates the Skagit River Hydroelectric Project (the “Project”) which is located in Whatcom, Skagit, and Snohomish counties in the upper watershed of the Skagit River in the Cascade Mountains and within the traditional territory of the Nt̓eʔkepmx Nation.

C. The Nt̓eʔkepmx Nation asserts Aboriginal Title and Rights over the entire Project area which are held in common by 15 Bands of the Nt̓eʔkepmx Nation.

D. During or about 1991, SCL applied to the Federal Energy Regulatory Commission (“FERC”) to renew the license it held for the Project.

E. By an order dated June 27, 1991, the Nt̓eʔkepmx Nation was granted intervenor status in the application before FERC related to SCL’s application for renewed license.

F. On July 30, 1993, the Nt̓eʔkepmx Nation signed a Settlement Agreement concerning Traditional Cultural Properties on the Skagit River Hydroelectric Project, FERG No.553 (the “Settlement Agreement”).

G. The Parties to the Settlement Agreement are the City of Seattle and Nt̓eʔkepmx Nation.

H. SCL is currently in the process of relicensing the Skagit River Hydroelectric Project as the current license expires in 2025.

I. SCL has publicly stated that renewing the license also means reviewing the safety, cost, environmental, and cultural impacts of the continued operation of the project. Between 2020 and 2023, SCL has provided it will collaborate with local partners to develop an application for a new license that will last for the next 30-50 years and that the license will include requirements around protecting the environment and the culture of the watershed.

J. On April 7, 2021, City Light submitted to FERC a description of the approximately 30 studies it plans to do known as the Revised Study Plan (“RSP”).

K. The organization, the Nt̓eʔkepmx Nation Tribal Council (“NNTC”) has purported to act on behalf of the collective Nt̓eʔkepmx Nation in regard to relicensing of the Project including by providing submissions to FERC

dated March 8, 2021, with NNTC's comments on Seattle City Light's Proposed Study Plan.

L. The Lower Nicola Indian Band is not a member of the NNTC, has never been a member of NNTC nor been affiliated with the NNTC.

M. NNTC has not provided the Lower Nicola Indian Band with any updates and involvement in this process, even refusing to provide relevant documents. The Lower Nicola Indian Band has never ceded nor surrendered the title and jurisdiction to their lands to any outside entity.

N. This resolution advances the Memorial to Sir Wilfred Laurier, Premier of the Dominion of Canada(1910) is relevant to the N?e?kepmx Nation and it's 15 member Bands where it states:

We condemn the whole policy of the B.C. government towards the Indian tribes of this country as utterly unjust, shameful and blundering in every way. We denounce same as being the main cause of the unsatisfactory condition of Indian affairs in this country and the animosity and friction with the whites. So long as what we consider justice is withheld from us, so long will dissatisfaction and unrest exist among us and we will continue to struggle to better ourselves. For the accomplishment of this end we and other Indian tribes of this country are now uniting and we ask the help of yourself and government in this fight for our rights.

We believe it is not the desire nor policy of your government that these conditions should exist. We demanded that our land question be settled and ask that treaties be made between the government and each of our tribes, in the same manner as accomplished with the Indian tribes of the other provinces of Canada and in the neighboring parts of the United States.

We desire that every matter of importance to each tribe be a subject of treaty, so we may have a definite understanding with the government on all questions to date between us and them.

NOW THEREFORE BE IT RESOLVED

1. NNTC does not have the authorization of Lower Nicola Indian Band to act on its behalf in relation to the Skagit River Hydroelectric Project or for the purpose of asserting the rights and title of the collective N?e?kepmx Nation of which the Lower Nicola Indian Band is member of.
2. NNTC is not authorized to implement the Settlement Agreement on behalf of the Lower Nicola Indian Band.
3. The Lower Nicola Indian Band authorizes the creation of a coalition of N?e?kepmx Bands Chiefs and Councils for the purpose of:

- a. taking all steps necessary to Represent our collective Nle?kepmx interests in the relicensing process for the Seattle City Lights Project before the US Federal Energy Regulatory commission; and
- b. pursuing recognition by state and federal governments of the USA of our Nle?kepmx Aboriginal Title and Rights.

Resolution Carried

Resolution #05-18-2021-04 Reads: Chief and Council endorse the Funding Applications to the Indigenous Skills, Employment and Training Program for summer students and authorize the wage and equipment contribution of up to, but not exceeding, \$5,000 from Band Own Source funding.

Resolution Carried

Resolution #05-18-2021-05 Reads: Chief and Council endorse the Funding Applications to the Wage Subsidy and Canada Summer Student Programs to summer students and authorize the LNIB wage and equipment contribution of up to, but not exceeding, \$7,500 from Band Own Source Funding.

Resolution Carried

Resolution #05-18-2021-06 Reads: Chief and Council hereby:

1. Supports the First Nations Well Being Fund – 2021 Application Form for Stream 1 – Community Projects and
2. Authorizes kʷúkʷpi? Stuart Jackson and the Executive Director to sign the BCR Motion Letter and submit the First Nations Well Being Fund – 2021 Application Form for Stream 1 – Community Projects to the First Nations Public Service Secretariat.

Resolution Carried

Resolution #05-18-2021-07 Reads: Chief and Council move to approve the sale of the house and land located at Lot 327 Nicola Mameet IR No.1, held under a Section 10 mortgage by Lorne Sahara.

A. Authorizes Lorne Sahara to sell all interests to the land and all improvements on the land situate on Nicola Mameet IR No.1, being more particularly described as;

Legal Land Description: Lot 327 Nicola Mameet IR No.1

Survey Plan No. 93773 CLSR BC

3830 Hwy 97C, Merritt, B.C.

And to use said profits from sale to fulfill all requirements set out in any mortgage or guarantee held against said property.

B. And further authorizes kʷúkʷpi? Stuart Jackson, Kari Reilander, Executive Director and Barry Torgerson, Director of Finance to sign any necessary documents.

Resolution Carried

Resolution #05-18-2021-08 Reads: Chief and Council move to approve a loan guarantee in the amount of \$290,700.00 under the First Nations Market Housing Fund Agreement No. 0079 and further authorizes the signing of all necessary documents:

A. Authorizes kʷúkʷpi? Stuart Jackson, Kari Reilander, Executive Director and Barry Torgerson, Director of Finance to sign all necessary documents, including the following:

- i. Lower Nicola Indian Band Security Agreement;
- ii. Bank of Montreal First Nations Housing Loan Agreement;
- iii. Bank of Montreal Loan Service Authorization Form
- iv. Bank of Montreal Cost of Borrowing Disclosure

B. And further authorizes the Executive Director to take any steps necessary to bring the Security Agreement between the member and LNIB into compliance with Section 8 of the LNIB Finance Policy and Procedures March 3, 2020.

Resolution Carried

Resolution #05-18-2021-09 Reads: Chief and Council do hereby acknowledge and agree to enter into the agreement proposed by Indigenous Services Canada regarding the protection of the Indian Registry Information held within the band.

Resolution Carried

Resolution #05-18-2021-10 Reads: Chief and Council move to amend Section 8 LENDING, GUARANTEES AND INDEMNITIES of the Lower Nicola Indian Band Finance Policy and Procedures March 3, 2020 – 03-03-2020-08, and set the interest rate to be applied to all loans at a risk adjusted rate of two (2) percent plus prime.

Resolution Carried

Resolution #05-18-2021-11 Reads: Chief and Council move to accept the Terms of Reference for the Joeyaska Contaminated Site Litigation Advisory Committee as required under the Financial Governance Policy and Procedures, Section 5 – Committee Establishment and Dissolution and appoint

Councilor Bill Bose as the Chairperson to the Committee.

Resolution Carried

Resolution #05-18-2021-12 Reads: Chief and Council move to approve a budget of up to \$111,000 from Band Own Source Revenue for the participation of Iris Legal and Bear Environmental to support the work of the Joeyaska Contaminated Site Litigation Advisory Committee.

Resolution Carried

Resolution #05-18-2021-13 Reads: Chief and Council resolves as follows:

1. Council received the Memorandum “Self-Contained Breathing Apparatus – Evaluation and Recommendation” dated May 11, 2021 from the Self-Contained Breathing Apparatus Evaluation Review Panel for information.
2. Council approves the recommendation of the review panel to select ElectroGas (Draeger) as the successful

proponent under the request for quotation for the purchase as set out in the Memorandum.

3. Council approves the expenditure and payment of the ElectroGas invoice in the amount of eighty-one thousand six hundred and forty-one dollars and twenty cents (\$81,641.20).

Resolution Carried

Resolution #05-18-2021-01 Reads: Chief and Council move to adjourn the May 18, 2021 meeting at 9:01pm.

Resolution Carried

Resolution #05-13-2021-A Reads: Chief and Council move to go In Camera at 9:06pm.

Resolution Carried

Resolution #05-13-2021-B Reads: Chief and Council move reconvene at 9:26pm.

Resolution Carried

Resolution #05-13-2021-C Reads: Chief and Council hereby:

1.Supports signing a Non-Disclosure Agreement with the Canada Infrastructure Bank; and

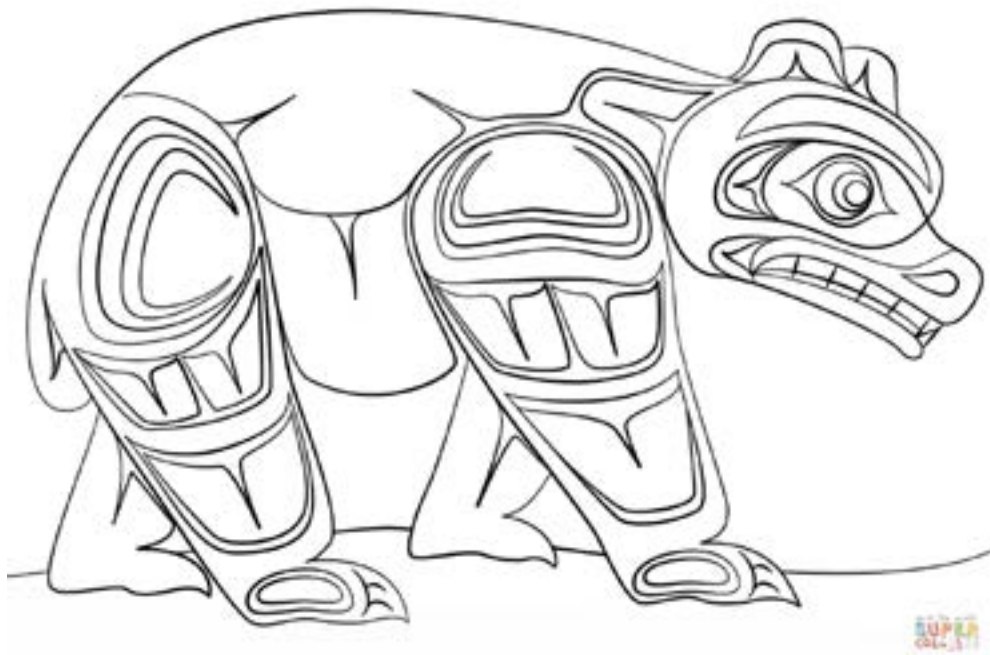
2.Authorizes kʷúkʷi? Stuart Jackson and the Executive Director to sign the Non-Disclosure Agreement with the Canada Infrastructure Bank effective May 15, 2021

Resolution Carried

Resolution #05-13-2021-D Reads: Chief and Council move to adjourn the May 18, 2021 meeting at 9:28pm.

Resolution Carried

Color Me!



CHIEF AND COUNCIL ATTENDANCE

Chief and Council AttendanceTerm October 2019-September 2022

Month	Meetings Called	Stuart Jackson	Bill Bose	Spence Coutlee	Robin Humphrey	Connie Joe	William Sandy	Lucinda Seward	Aaron Sumexheltza
Oct- 19	4	4	3	4	3	4	4	3	4
Nov- 19	5	4	5	4	5	5	5	3	2
Dec- 19	3	2	2	2	3	2	3	3	3
Jan- 20	2	2	1	2	2	2	2	0	1
Feb- 20	4	4	4	2	4	4	4	3	4
Mar- 20	3	3	3	3	3	3	3	3	3
Apr- 20	3	1	3	2	3	3	3	3	2
May-20	4	4	4	4	4	4	4	4	4
Jun-20	3	3	3	3	3	2	3	3	3
Jul-20	1	1	1	1	1	1	1	1	1
Aug-20	1	1	1	0	1	1	1	1	1
Sep-20	2	2	2	0	2	2	2	1	2
Oct-20	1	1	1	1	1	0	1	1	1
Nov-20	3	3	3	3	3	3	3	1	3
Dec-20	3	3	3	3	3	3	3	2	3
Jan-21	2	2	2	2	2	2	2	2	2
Feb-21	2	2	2	2	2	2	2	1	2
Mar-21	3	3	3	2	3	3	3	3	3
Apr-21	2	1	2	2	2	1	2	2	1
May-21	2	2	1	1	2	2	2	1	2
TOTAL	53	48	49	43	52	49	53	41	47

As of May 31, 2021



SHULUS GARDENS

Shulus Community Garden – May/June Newsletter

- Greetings from Shulus Garden Staff: Kat Peterson, Chris Doucette, Lorna Shuter. We are fortunate to have two NVIT Coop Students aboard the garden crew this year - Skyla Sterling, Jerome Abbot.
- We took a Beekeepers course with Millers Farm to getting ready for a heavy job with 13 beehives this spring.
- LNIB Dev. Corp. installed a culvert at Shulus Garden, so gardeners can move wheelbarrows, tractors and foot traffic over the water trench that separates the two vegetable garden fields. We are growing vegetables within two acers, southwest end of the field at 2124 Neale Road.
- Thanks community members for donating stinging nettle plants, and hops. We will plant in the medicine garden.
- Thanks to the LNIB Grade 1 & 2 class for releasing their newly hatched butterflies and jumping spiders into the medicine garden last week. They are so cute and will be a big help in the garden.
- Garden crew have been busy setting up irrigation pipes and mixing soil amendments for each vegetable row. We added a few more fruit trees and berry bushes.
- The tractor has been a big help to dig rows, separate rocks from soil, move rock piles, dig holes for fruit trees and fence posts.
- Greenhouse at Shulus NVIT- is full of vegetable seedlings now, we just finished transplanting seedlings before long weekend. Will be transplanting seedlings 2nd week of June.
- Shulus Garden crops include - garlic, potatoes, onions, asparagus, strawberries, raspberries, saskatoons, medicinal plants, hops, Fruit trees: apples, plums, pears, cherry, Assorted vegetables, and herbs.
- LNIB Communication - is planning to start a video series at Shulus Garden to record how to identify & use specific plants.
- Joe's Goats did a spectacular job eating away the invasive weeds around Shulus Gardens. Thanks to all we participated in moving goats from one pasture to another & to help supply daily water. We are very impressed on how goats clear a field of weeds so quickly. We look forward to having goats back throughout the year as requires. For more information, please call for more information.
- We are looking for clean empty 2-liter milk cartons, we grow celery inside the cartons to blanch the celery stems. Please phone Lorna to arrange pick up or deliver to 2124 Neale Road.
- You are welcome drop by the Shulus Garden for a tour or to volunteer to learn and share your garden knowledge with us.
- For more information, please contact Lorna at 250 936-8365 or lorna.shuter@lnib.net .

LN FIRE DEPARTMENT

Emergency # 911
Non-Emergency # 250-378-5110
Fire Chief # 250-315-3094
Fire Department Cell Phone # 250-315-3915
Lindsay.tighe@lnib.net
Charlene.joe@lnib.net

May At A Glance:

- Practices on Monday nights have resumed (COVID protocols in place)
- Spring burning around the community
- Welcome Abram Jackson, Kolt Antoine, Cory Vleeming, and Simon Cisco as our newest Firefighters

If you have bottles you would like to donate to the Lower Nicola Volunteer Fire Department, please either drop off at bottle depot, drop off at Fire Hall, or call us and we can come pick it up. Donations go towards the Volunteer account and are used for the Paid-on Calls of the Fire Department. In the coming months we will be undertaking other fundraising initiatives.

Thank you to those Community Members that have donated bottles to the Paid-on Calls.

Become a Paid-on Call Firefighter and make a difference in your Community. If you are interested in joining the Fire Department but are unsure; stop by the Fire Hall, email, or call us. We are looking for Firefighters, Junior Firefighters, and Auxiliary Personnel.

Your LNIB Fire Department Staff:

Lindsay Tighe, Charlene Joe, Bruce Swakum, Isaac Jackson, & Aaron Moses

Paid-on Call Firefighters: Moose Coutlee, Adam McDonald, Ivan Swakum, Ken Wills, Randal Swakum, Justin Tighe, Simon Cisco Jr., Isaiah McRae, Abram Jackson, Kolt Antoine, Cory Vleeming, & Simon Cisco



SAFETY TIPS

- Pets are curious. They may bump into, turn on, or knock over cooking equipment. Keep pets away from stoves and countertops.
- Keep pets away from candles, lamps, and space heaters.
- Always use a metal or heat-tempered glass screen on a fireplace and keep it in place.
- Keep pets away from a chimney's outside vents. Have a "pet-free zone" of at least 3 feet (1 meter) away from the fireplace. Glass doors and screens can stay dangerously hot for several hours after the fire goes out.
- Consider battery-operated, flameless candles. They can look and smell like real candles.
- Some pets are chewers. Watch pets to make sure they don't chew through electrical cords. Have any problems checked by a professional.

SMOKE ALARMS

- Have working smoke alarms on every level of the home. Test your smoke alarms at least once a month.
- If the smoke alarm sounds, get out and stay out.
- Never go back inside for pets in a fire. Tell firefighters if your pet is trapped.

Pets and Wildfires

Make sure pets are included in your family's wildfire evacuation plan. Build an evacuation kit for each pet in your household. Ensure each kit is a size and weight that can be quickly and easily loaded into a vehicle when packing to evacuate.



FACT

Pets or wild animals have a part in starting about 750 home fires per year. These involve cooking equipment, fireplaces and chimneys, space heaters, lamps, bulbs, wiring, and candles.



NATIONAL FIRE PROTECTION ASSOCIATION
The leading information and knowledge resource on fire, electrical and related hazards

Your Logo

CULTURE REVITALIZATION

Hénłekw.



1) Honey making class



2) Cave used by ancestors



3) Geese with babies



4) Sweat house making



5) Steweta steamed



6) Deer waiting their turn.

1. Bee keeping class to collect honey in the Fall.
 2. Cave where aAncestors hid village women and children when other tribe sent raiding parties through the valley.
 3. Geese with babies at Nicola River, seen while gathering willows for fasting ceremony.
 4. Sweat house made. Shown by experienced valley members.
 5. Steweta ready to eat after steaming for 10 minutes. Topped with butter, salt and pepper.
 6. 2 Deer waiting their turn on the trampoline at Rocky Pines.
- Decolonization zoom June 1st and 15th Community conversation. Working from health, economics and other dependencies in our communities, moving from what harms to what liberates.

Beading on Mondays and craft days on Wednesday

LOWER NICOLA INDIAN BAND – CULTURE REVITALIZAION DEPARTMENT

Joe Shuter: 250-315-7487

Carole Basil: 250-315-9158

Hénłekw.

The final signs of Spring are upon us as the Summer Solstice is approaching. I look forward to the next stage of the return to office/work plan for LNIB, and our anticipated return date June 2nd, 2021. Keeping in mind all Covid Protocols will still be enforced (mask are mandatory, sanitizing, 6-feet distancing, etc.)

Here are a few of the projects that have been in progress at the Culture Centre:



7 participants learn to process to turn your beautiful lilacs into scrumptious jelly. While practicing Covid protocols.



Drop in beading is Every Monday form 10am to 2pm

The Culture Center has started a ON THE LAND CHALLENGE, the first week winners:

Elder-Fred Sterling, Adult-Carla Moses, Youth-Michael John.

All received a \$50 Visa Gift Card. This is a weekly challenge which is drawn every Monday last draw will be Sept 10th.



LOWER NICOLA INDIAN BAND – CULTURE REVITALIZAION DEPARTMENT

Joe Shuter: 250-315-7487

Carole Basil: 250-315-9158

DECOLONIZING OUR MINDS

JUNE 1st and 15th, 2021 Decolonizing our Minds



A community conversation in Decolonizing. Understanding lateral violence as it relates to intergenerational trauma. Moving from that to lateral liberation!

Join us for 2 sessions on how we are working from our wounds, health, economics, and dependency in our communities - the systems Federal Government, Crown Title as they relate to our sovereignty. Moving from what harms to what liberates.

This is an experiential project where all voices are welcomed.

Kim is inviting you to a scheduled Zoom meeting.

Topic: Decolonize!

Time: Jun 1st and 15th, 2021 05:00 PM

Join Zoom Meeting

<https://us02web.zoom.us/j/85667502234>

Meeting ID: 856 6750 2234

One tap mobile

+12042727920,,85667502234# Canada

LNIB MEMBERS PUTTING THEIR NEW SKILLS TO WORK



Irwin Mike



Lorne Mike



Janis Joe



Josh Dick



Darcy Swakum



Erika Moses

LANDS DEPT.

Brandi O'Flynn | Lands Manager

(250) 378-5157 | brandi.oflynn@lnib.net**LANDS
ONLINE**

Lands team contacts and project information can be found online at www.lnib.net/lands

Lands updates are posted online and printed materials are available for members to pick up at the Lands office.

LANDS TEAM**Stephen Jimmie**

LANDS AND HOUSING DIRECTOR
stephen.jimmie@lnib.net

Brandi O'flynn

LANDS MANAGER
brandi.oflynn@lnib.net

Email Brandi with inquiries about land administration programs and services. Email Stephen with inquiries about Land Code, lands policies and law development.

MORE**LANDS TEAM****Courtney Hogue-Charters**

ADMINISTRATIVE ASSISTANT
courtney.hogue-charters@lnib.net

Email Courtney with questions and comments about lands activities or to share your stories with the Lands Department.

Monica Pettinger

LANDS AGENT
monica.pettinger@lnib.net

Email Monica for information about land transfers, LMAC and community meetings.

Alex Bukkos

SURVEY COORDINATOR
alex.bukkos@lnib.net

Email Alex for information about land surveying.

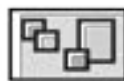
Geraldine Bangham

LANDS AGENT
geraldine.bangham@lnib.net

Kristopher Por

LANDS RESEARCHER
kristopher.por@lnib.net

Email Geraldine or Kristopher for assistance with land and historic research, including Wills & Estate planning.

**LANDS
MANAGEMENT
ADVISORY
COMMITTEE****UPCOMING MEETINGS****MONDAY JUNE 7****MONDAY JUNE 28****MONDAY JULY 12**

Lands Management Advisory Committee (LMAC) meetings are being held virtually and are open to all Lower Nicola Band members. Join in to discuss lands activities and law development!

Members, who want to know more about the Lands Management Advisory Committee (LMAC) can call or email [Monica Pettinger](mailto:Monica.Pettinger@lnib.net) for information and details about joining upcoming meetings.



WILLS & ESTATES

In mid-February, the Lands team hosted two wills and estates presentations in partnership with a legal firm. During March and April, the Lands team was able to assist eleven Lower Nicola Band elders gather documents and meet with a lawyer to update and complete their wills. The Lands team is continuing this project and will soon begin assisting another group of LNIB members that are in need of wills and estate services. See more information under the **Wills & Estates** section online at:

www.lnib.net/lands

For more helpful information about Wills & Estates Planning, members can contact the Lands Department for a printed copy of the planning booklet. Available upon request.

Information for estate Administrators and Executors is also available, contact the Lands Department to request printed copies that can be picked up at the Lands office.

Contact the Lands office for more information about wills and estates. Email [Geraldine Bangham](#) or [Kristopher Por](#) or call (250) 378-5157.

MATRIMONIAL REAL PROPERTY

Real property is property that cannot be physically moved, like land or a family home. Matrimonial Real Property (MRP) refers to real property that is shared by two people during a marriage or common-law relationship. When a marriage or common-law relationship ends, such as in divorce or the death of a spouse or common-law partner, there are often many aspects, which require sorting out including the division of real property.

Indigenous Services Canada

[Matrimonial Real Property On Reserve](#)

Centre of Excellence for Matrimonial Real Property

coemrp.ca/resources

For more information about estate services for members, including Matrimonial Real Property, visit the links above or call the Lands Department at (250) 378-5157.



MORE

MATRIMONIAL REAL PROPERTY

For services and support from the LNIB Lands Team, visit

www.lnib.net/lands

Visit the **Wills & Estates** section online for information about Matrimonial Real Property, or to speak with the Land team directly call (250) 378-5157 or email [Geraldine Bangham](#) or [Kristopher Por](#).





LNIB POLICY AND LAW DEVELOPMENT

The Lands team continues to develop and review policies and laws to support the community through Land Code. Here is the status of drafted documents under review by the Lands Management Advisory Committee (LMAC). At Lands Management Advisory Committee (LMAC) meetings, Band members review proposed laws in detail and discuss potential changes. If you would like to participate in upcoming meetings, email monica.pettinger@lnib.net

BUSINESS LICENSING LAW:
Amendment in progress

TICKETING AND ENFORCEMENT LAW: 1st Review complete

SUBDIVISION, DEVELOPMENT AND SERVICING: 1st Review complete

ENVIRONMENTAL MANAGEMENT LAW: Draft in progress

- **ENVIRONMENTAL MANAGEMENT PLAN:** 1st Draft

- **SOLID WASTE MANAGEMENT PLAN:** 1st Draft

ENVIRONMENTAL MANAGEMENT PLAN

With the ratification of the Land Code, LNIB accepts responsibility for governing and managing its reserve lands. This responsibility can be seen as having the following environmental components.

- Complying with environmental requirements arising from the Land Code. LNIB must have environmental protection and environmental assessment regimes, policies, laws, and other measures to address identified environmental issues.



- Protecting community members and reserve ecosystems from environmental harm by controlling human activities and making sure that development and other human activities do not create environmental problems or increase risks

- Complying with federal environmental laws. LNIB must still abide by provisions of the Fisheries Act, Species at Risk Act, and Migratory Birds Convention Act.



MORE

ENVIRONMENTAL MANAGEMENT PLAN (EMP)

The first environmental management planning presentation was presented to the Lands Management Advisory Committee and the Chief & Council in August 2020. The draft is still under development and it will likely be ready for LMAC review during June and July of 2021. For more information about the Environmental Management Plan contact the Lands Department at stephen.jimmie@lnib.net



SOLID WASTE MANAGEMENT PLAN (SWMP)

The Lands and Infrastructure Departments undertook a project to examine LNIB's solid waste management program with the goal of improving its environmental and financial outcomes. This Solid Waste Management Plan (SWMP) contains recommendations involving residual waste, recycling, composting, other solid waste, education, and engagement.

The Solid Waste Management Plan was presented to the Lands Management Advisory Committee (LMAC) and the Chief & Council in July 2020.

Visit the Lands Department online at www.lnib.net/lands to view detailed information and reports for this project, or email [Monica Pettinger](mailto:Monica.Pettinger@lnib.net) for printed documentation.

TRADITIONAL HOLDINGS PROJECT

The Traditional Holdings Project team continues to work towards the resolution of Traditional Holdings or Custom Family Lands. These are lands to which members have asserted an interest or right, but are not formally recognized as allotments. An allotment application draft that aligns with LNIB values,

protocols, and preferences expressed during Phase 1 community engagement has been created. A draft plan for a decision-making body and a dispute resolution process has also been formulated. Updates to laws and draft documents can be found online at www.lnib.net/lands after being reviewed by the Lands Management Advisory Committee (LMAC).



MEMBERSHIP & STATUS CARDS

Members needing assistance with membership or status cards, please contact Barb Huston or Justice Cisco, Indian Registry Administrators.

All membership enquires and requests can be directed to Barb Huston at barb.huston@lnib.net or Justice Cisco at justice.cisco@lnib.net



CANADA MORTGAGE AND HOUSING CORPORATION (CMHC) RENT-TO-OWN AGREEMENTS

The Lands and Housing Departments have been working together over the last year to identify Canada Mortgage and Housing Corporation (CMHC) homes

that have been fully paid but have not been given a Certificate of Possession (CP). The Lands and Housing Departments have been able to identify priority list for allotments of the CMHC home lots that are eligible to receive a Certificate of Possession (CP) under the LNIB Rental Housing Policy. Next steps will include notifying the members of their eligibility, compiling documents for allotments and scheduling, and completing new surveys as needed. If you would like more information contact brandi.oflynn@lnib.net





LOWER NICOLA SECURITY

Lower Nicola Indian Band has partnered with Securiguard to offer a new program of security monitoring within its reserves near Merritt. There will be a trained security guard travelling around the reserves in a marked SUV to help monitor issues reported by residents, such as noise and nuisances, illegal dumping, and general safety concerns.

24 HRS

CONTACT

Robert Moses

(250) 258-4240

Ask the [Lands Department](#) about community Safety and Security.



SECURIGUARD

Since 2013, [Securiguard](#) has established many joint Venture Agreements with First Nations Groups across Western Canada. Their goals are to provide opportunities for local training, employment and contracting in each aboriginal community, as well as manage contracts and generate revenue for our First Nation partners. Securiguard three-pillar approach is:

1. Long-term training and employment/careers.
2. Building reputation and capacity of First Nation companies and JV partners, including mentoring for local companies on strategies and practices to enhance their ability to qualify for more opportunities.
3. Profit sharing with the nation to fund community improvement projects and educational scholarships.



COMMUNITY FEEDBACK

The Lands Department would like to thank you all for your feedback about security on LNIB lands. The [LNIB Securiguard Security Survey](#) is now closed. The Lands team will provide details about the results to members soon. Visit Lands online:

www.lnib.net/lands

OR contact the Lands office by phone at (250) 378-5157 for more information.

ALL LNIB MEMBERS WHO COMPLETED AND RETURNED THE SURVEY WILL RECEIVE A \$25 GIFT CARD COURTESY OF THE LANDS DEPARTMENT.

Thank you to the members who participated in the survey. Your comments and feedback are important! The survey was closed on May 31, 2021.

Take care and stay safe!



CANNABIS

Cannabis Control and Licensing Act is valid on all LNIB lands. Learn more about cannabis and cannabis licensing by visiting the links provided.

For more information call the Lands Department at (250) 378-5157.

Cannabis in Canada

www.canada.ca/cannabis

Cannabis Control and Licensing Act

www.bclaws.gov.bc.ca

RECOMMENDED LISTENING

Land Decolonized is an Indigenous podcast that explores the practical side of the Framework Agreement on First Nation Land Management. This podcast was created for First Nations communities and anyone interested in learning more about land governance outside of the Indian Act.



Available on Apple Podcasts and Spotify. Download the podcast for free on your computer, device, or tablet. Visit the First Nation Lands Management Resource Centre online at www.labrc.com

CANNABIS

LEGALIZATION IN CANADA

- Medical cannabis has been legal in Canada since 2001.
- The Cannabis Act came into force on October 17, 2018, which legalized the use of non-medical cannabis.
- Canada became the first G7 country to legalize non-medical cannabis and only the second country in the world to do so. Uruguay was the first.
- Criminal penalties still exist and enforced for those breaking the law and not abiding to the Cannabis Act.



SCRAP CAR PICK-UP

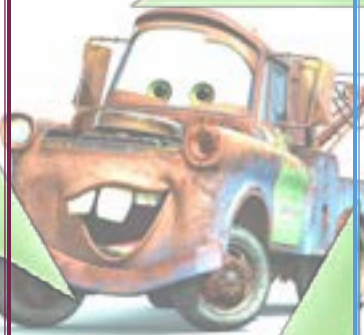
SCRAP CAR PICK-UP

Do you have an old vehicle or two or three sitting on your property that you want to get rid of? Maybe project that you just don't have time to finish. Perhaps a parts car that you've used all the parts from.

Kamloops Auto Recycling will come by and take your old vehicles, farm equipment and any scrap metal free of charge.

Now would be a perfect time to have your old vehicles removed, with the spring clean-up competition going on.

However, this is an ongoing service available anytime, as long as there is a minimum of two vehicles to be picked up. So maybe you and your neighbour each have one that needs to be taken away.



Friendly Reminder.
Derelict or abandoned vehicles are not allowed to be parked on roadways at all and only allowed on property for six months without use. They all need to be insured.

If this is a service you would like to take advantage of, please contact Kamloops Auto Recycling at (250) 574-4679 to make arrangements. You can also contact Jordana in the Housing Department to assist you or if you only have one vehicle, we may have other single vehicles that need a partner to be picked up.

Kamloops Auto Recycling

250-574-4679

Jordana—Housing Dept.

250-378-5157



RECYCLABLE ITEMS

Please recycle as much as possible

If item can be recycled, please take to:

LOWER NICOLA (MERRITT) ECO DEPOT

2348 WOODWARD AVENUE

LOWER NICOLA, BC

PHONE: 250.377.2596

HOURS: 8:00 AM – 4:00 PM, SUNDAY - SATURDAY

ACCEPTED ITEMS

FREE		
Household recycling		
<ul style="list-style-type: none"> - Paper, magazines, newspapers - Old, corrugated cardboard - Plastic containers - Cartons and paper cups 		Aluminum/metal containers Glass bottles and jars Plastic bags and overwrap Foam packaging (white & color)
Cooling appliances <ul style="list-style-type: none"> - Fridge - Freezer - Water cooler 		Large appliances <ul style="list-style-type: none"> - Stoves - Dishwashers - Washers & Dryers
Scrap Metal & Propane Tanks		Electronics <ul style="list-style-type: none"> - TV's - Computers & Accessories - Stereos
Small Appliances <ul style="list-style-type: none"> - Toasters - Microwaves 		Batteries (Household, Automotive)
Used Oil, Paints, Pesticides, and Flammables		Tires (without or without rims)
Mattresses and Box Springs		

If you have any further questions or concerns, please call the Public Works Department at 250.378.5157

MOSQUITO CONTROL

PUBLIC INFORMATION LOWER NICOLA INDIAN BAND 2021 MOSQUITO CONTROL PROGRAM

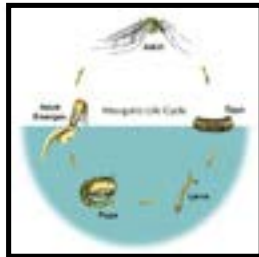


Surveying and monitoring for the annual Thompson Nicola Regional District Electoral Area M+N annual Mosquito Control Program is scheduled to begin as early as the week of 12-16 April 2021. The consulting firm working with the TNRD and local First Nations in the management of mosquito populations is *Duka Environmental Services Ltd.*, a firm with over 35 years of experience in mosquito population surveillance and control. All mosquito larvicide applications by *Duka Ltd.* certified personnel would be completed under the BCMOE-approved Integrated Pest Management Plan # 116-0031-21/26.

The goal of the annual program is to reduce adult mosquito annoyance for residents and visitors. The best way to achieve this is through effective control of developing larval mosquito populations. Control program efforts are focused on the identification and treatment of mosquito larvae using the biological larvicide VectoBac 200G (PCP #18158) containing the heat-killed bacterium, *Bacillus thuringiensis* var. *israelensis* (Bti). This product is specific in its control of mosquitos and biting flies. It has no effect of non-target insects, fish, reptiles, amphibians, birds or mammals, including humans, livestock and pets.

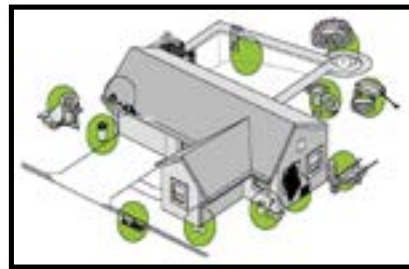


Larval development occurs in shallow ponds, non-flowing ditches, depressions and tire ruts located



on private properties, roadsides, farm fields and undeveloped areas. Increased river and lake levels cause seepage and floodwaters to accumulate in low-lying areas on farm fields, ranch lands, forested and undeveloped areas. These provide, ideal larval mosquito development habitat. Proposed treatment dates are from mid-April 2021, through to late August 2021, depending on conditions. Applications would be completed from the ground, and by air using helicopters. VectoBac 200G would be only applied when, and where mosquito larvae are present. Program technicians will follow all recommended COVID-19 safety protocols (masks, distancing) during their interactions with the general public.

While the larval mosquito control program will reduce overall mosquito populations, residents and visitors should still be prepared to protect themselves from adult mosquitos by using repellents and wearing loose, light coloured clothing. Avoid perfumed skin care products and shampoos. Regularly drain and refill wading pools, livestock watering troughs and empty water-filled boats, tires, canoes or other containers. Where possible fill or grade water-holding tire ruts and depressions. Ensure window screens are in place.



More information? Please leave a message, including your name, address and daytime contact number for

Duka Environmental Services Ltd. Tel: 1-604-881-4565 - Email: duka@telus.net

For detailed information on

VectoBac 200G www.valentbiosciences.com and

reducing adult mosquito annoyance around your property www.duka.consulting



LN BAND SCHOOL



LOWER NICOLA BAND SCHOOL

JUNE NEWSLETTER

Dear Parents/Guardians:

Different classes have been going on small fieldtrips to Shulus gardens to free their butterflies, to hike trails, to watch cement being poured as a new home is being built, etc. The year-end fieldtrips are coming up so, please watch for letters home from your teachers, these will be day trips.

Attendance:

We only have just over a month of School left, so I cannot stress how important regular attendance is on a daily basis. We would like to see as much School work being completed and handed in, at this time. Teachers need enough marks in to put on your child's final report card for June. If your child is ill, we will do all we can to help them stay up to date, please let us know when your child is going to be away. Teachers cannot provide a replacement experience for time in the class, and activities, collaborations and explanations cannot be replicated on paper at home. So, please stay in touch with your teachers as much as possible. Dates to Remember: We will send letters:

June 25 – Kindergarten Grad - Individually out front of School

June 29 – Grade 7 Grad – Individually out front of School

June 29 – Last Day of Classes for Students

The future belongs to those who believe in the beauty of their dreams – live, love, learn...

Principal

Angie Sterling
Agie.Sterling@lnib.net

Head Secretary

Sioux Swakum
Sioux.Swakum@lnib.net

Teachers:

Marj Cushner
 Brenda Ens
 Kieran Easterbrook
 Donelda Haller
 Annie Major
 Adeana Miller
 Rhonda Sheena
 James Shuter
 Carrie Weekusk

Office & Support

Chantel Ashdown;
 Barb Basil; Joe Collins;
 Clif Garcia; Cody Jones;
 Jenn Johnson; Shelley LeBlanc; Dan MacVicar;
 Brandy Pinyon, Annie Rabbitt, Michelle Sproson; Penny Tood-lican





We never could have imagined how much fun, excitement, concern, and care was involved in raising Painted Lady larvae, a batch of spider eggs, and two unidentified larvae.

We started with 12 Painted Lady larvae and successfully raised 9 Butterflies. Although most of them emerged over the weekend we were fortunate enough to witness one wiggling out of the chrysalis. We fed them sweet honey and delicious oranges until we released them at Shulus Garden. Fly free little butterflies. Thank you for your lesson in metamorphosis.

Now for the spiders we are raising. A student found the eggs on the underside of a petunia. We put them in a container and were surprised one day by many little spiders, we estimate 100, as small as a spec. We have also released them as they kept sneaking out of the container!

The grade 1/2 class

Now for the two green caterpillars that the students found while out onion picking with James and Annie. We have created a habitat for them and feed them leaves....what they will morph into? A beetle? A butterfly? We know it's not a frog or ladybug! Hmmm...we will keep you posted



We went Bitterroot picking and also gathered some fresh, young sage! For most of the grade 1 and 2 students in Mrs. Ens' class this was a new learning adventure. The first part of the road trip wasn't too much fun for everyone, as the windy road made for upset tummies! But in the end everyone agreed it was worth it. We saw beautiful canyons and scenery, and enjoyed a playful stop by the river. We ate lunch with the cows and ran in the hills. Best of all we successfully dug up many plants of Bitterroot. Annie and James are drying the bitterroot so that once the saskatoons are ready we can enjoy some bitterroot and saskatoon



Students are seen here making beautiful Mother's Day cards with artists Jill Fitzer and Laurie Desy, owners of Lakeshore Creations Pebble Art. Jill and Laurie came to the school and provided beautiful pieces of stained glass and materials for the students. Not only did they create beautiful cards, but the lesson demonstrated how items destined for the landfills, such as the broken pieces of stained glass, can be repurposed. I'm sure that all who received a beautiful card were impressed by the design and creativity.



Mrs. Haller

Tree Planting. Grade 4/5 class. Thank you to the forestry group who put the tree planting and grasslands program together.

My students planted pine tree plugs and learned about invasive plants at Lundbom Lake this past week.



Mrs. Haller grade 4/5 class. Visited a house construction site. They watched a concrete pour and got to do a little edging work. Ryan from Caleo Construction explained blueprints and showed my students a framed house. Thank you Ryan and Wally.



Mrs. Haller
Grade 4/5 class. Made Rock and glass Mother's Day cards.
Thank you Jill and Laurie from Lakeshore Creations



Mrs. Haller

Animal Face Collage Grade 4/5 class
works of art! Torn wrapping paper,
collage with pastel eyes and painted
feathers and fur. Still in working stages.
Beautiful!



Grade 7 June Newsletter - It's amazing how quickly this school year has gone by! LNIB school has done an amazing job by following the COVID-19 safety guidelines and keeping everyone healthy and safe this school year. Well done everybody! In the Grade 7 room we learn by: teacher instruction, making connections to our own experiences, discussion, watching videos, playing online quiz games (like Kahoot or Mathletics), group activities and by practicing the concepts taught on our own.



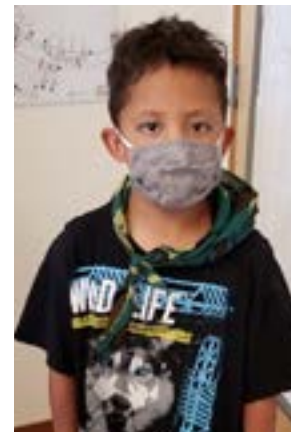
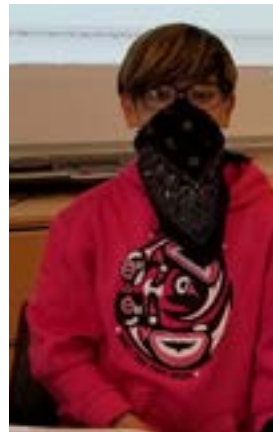
We are wrapping up some units and worked on several fun acrylic painting art projects. We learned about the primary colors and created color wheels; we recreated a mountain themed piece and Miss Jill, along with her sister, came into our classroom to help us make some unique Mother's Day cards using stones. We hope your families appreciated all their beautiful creations!



The year is quickly coming to an end! The Grade 7 students will have their Farewell on June 29th. Miss Weekusk will be contacting parents to schedule a time for photo ops and for a quick presentation for the students on that day so until then, stay healthy and safe!

Spirit week

On the week of May 17th—May 21st, we had Spirit Week. Each day students were asked to participate to help their class win an afternoon of popcorn and a movie. The students and staff sure enjoyed themselves. Thank you all that participated.





LNIB SCHOOL'S NEW TOY! LET'S GET EXCITED ABOUT BASKETBALL!



- **THE GUN 12K BY SHOOT-A-WAY** IS THE MOST ADVANCED SHOOTING MACHINE IN THE WORLD. COMPLETE WITH A FULLY INTERACTIVE TOUCHSCREEN WITH OVER 200 PROGRAMMABLE LOCATIONS AND A 19" FRONT DISPLAY FOR INSTANT FEEDBACK, DRILL INSTRUCTION, AND MUCH MORE.
 - **TOUCH SCREEN** – ALLOWS PLAYERS TO TOUCH THE SPOTS WHERE THEY WANT TO RECEIVE THE PASS AND START SHOOTING IN A MATTER OF SECONDS.
- GREAT TOOL FOR OUR INTERMEDIATE STUDENTS.** OUR GOAL IS FOR OUR STUDENTS TO TRANSITION INTO HIGH SCHOOL BASKETBALL WITH A BETTER UNDERSTANDING OF THE SPORT SO THEY CAN FEEL CONFIDENT PLAYING AT A HIGHER LEVEL.



THE ULTIMATE
BASKETBALL
TRAINING
PARTNER



**Happy
Fathers
Day!** ★

JUNE 2021

Absolutely **NO NUTS** and
NO Peanut Butter in
LNB School



Mon	Tue	Wed	Thu	Fri
 1 Crispy chicken wraps	2 Fancy sandwich	3 Shepard's pie	4 Potato & bacon soup + bun	
7 Alphabet soup + cheese sticks	8 Angie's chicken Alfredo pasta	9 Penny's hash	10 Meatball sub	11 Shane's tripe casserole
14 Chili dog + rice	15 Brandy's special	16 Kieran's beef Potato salad	17 Hot dogs	18 Trio club sandwich
21 <u>NO</u> <u>SCHOOL</u> <u>ABORIGINAL DAY</u>	22 Bomb Italian sandwich	23 Taco wraps	24 Chicken quesadilla	25 Baked potato Broccoli & cheese
28 Pizza Day SPORTS DAY (only students are aloud To attend)	29 LAST DAY OF SCHOOL REPORT CARDS GO HOME	30 LAST DAY FOR STAFF		

EDUCATION

Lower Nicola Indian Band

June 2021

EDUCATION DEPARTMENT

LNIB School/K-12/PSE/Head-Start/Career-Development

Shane's Submission

For many of those members we directly serve within our sector's capacity of support this month is usually considered the end of a school year...especially for those enrolled in Head-Start thru to Grade 12 academic programs...June is also considered a month of new beginnings as LNIB Education reviews Post-Secondary Funding Applications. The reality is the month of June has many exciting happenings for LNIB and it is a very rewarding time for all of us as we get to share this with you....Thank You LNIB Membership!

The team provided a significant amount of information to share this month and we hope you all enjoy hearing about all the great happenings from the various departments within our sector. A few of the highlights that I would like to update members on are:

- Head-Start organized an exclusive registration opportunity for LNIB Members Only this month...one day was at Shulus and the other day at Rocky-Pines...we are proud to share LNIB member enrolment has increased over the past couple of years with this program.
- Last month I shared information on how we are partnering up with SD58 on enhancing "Calming Spaces" at a couple of school where our members are enrolled...well our school has indicated an interest in having a similar project created and this process started this month...we hope to have the first of a few phases completed before winter.
- Our summer program for Grades 4 to 7 students is nearly complete and will be shared with applicable families soon (four - week program includes Health/Fitness; Nature/Animals; Culture; and Safety). We are now working on a few summer options for our K-3 student population and will share this information with applicable families soon as well.
- Strategic Planning with SD58 is nearing its final stage...voices of students, parents, district staff, and other stakeholder groups included...when the final draft is created it will be shared

As always please reach out at anytime to discuss LNIB Needs - let's attain the same goals together. I can be reached at 236.575.2135 or Shane.Coutlee@lnib.net



LNIB Education

1

 SHARON PARSONS, EDUCATION MANAGER

heñe?

It is graduation time! Congratulations to all Lower Nicola graduates. If you are a graduating high school student or a graduating post-secondary student, you will be receiving a wonderful gift. For the past several years, LNIB Education has purchased gifts and presented in person, through the mail or by courier to all graduates. We typically attend the graduation ceremonies and personally hand out gifts to students, however, due to COVID interrupting our routine last year, we had graduates living locally, come to our office to pick up their gift and have a photo taken, this year we will be doing the same. When the date is set, more information will be sent out to all graduating Lower Nicola members. Please contact the Education office if your student needs tutoring support to graduate.



As mentioned last month, Merritt Secondary School has a graduation ceremony planned for this year as well. If you have a student graduating from MSS this year, you likely received an email outlining the graduation event. If you would like more information about the MSS graduation plans, please contact MSS VP Gian Cavaliere at, 250-378-5131 or email at gcavaliere@365.sd58.bc.ca



Post-Secondary funding applications for the 21/22 academic year are coming into the Education office every day. Including continuing students, LNIB Education expects as many as 50 band members to apply for post-secondary funding for a full-time program starting this fall. A gentle reminder to all, the deadline to submit an LNIB post-secondary funding application is the last day of May 2021. If you missed the deadline, you may still qualify for partial funding, or the Education staff will assist with your application to alternative funding agencies.

The 3rd computer training session is into the 3rd week of 4. Although the classes filled quickly, there may be an opening, please call Rhonda, 250 378 5157.

Two band members are currently taking a Class 1 driver's course, 3 others have the Class 1 L, and 2 others are in the queue to write the Learner's test. They will all be eligible to take a Professional Driver Course as soon as they are ready. Band members, if you are interested in professional driver training or equipment operator training, please call us at 250 378 5157.

If you are an LNIB member graduating from high school or a post-secondary program you are eligible for a free photo session. Contact Jen Heard Photography today. Until next time, Humelth

LNIB Education Department – Gail La Rochelle – PSE/Trades/Training Coordinator



Hello Everyone,

I hope everyone enjoyed the May long weekend. Getting your flower and vegetable gardens planted and enjoyed the nice weather, even the rain.

- We have already received a lot of Post-secondary funding applications for the upcoming academic year. This year is going to be quite busy. To date (**May 26**), we have: 4 new high school grad student applications, 4 new student applications and 15 continuing student applications, with the remaining applications due by May 31
- We will be contacting all new students to set up an interview to discuss their PSE Application and the upcoming

school year.

- Completing the funding application for Indigenous Services Canada (ISC)
- I will be taking a couple of training courses in June.

I hope all graduating students were able to connect with Jen Heard at jenheardphotography@gmail.com to book a session for grad photos. These sessions were free of charge.

Our office is open by appointment only, with hopes of being fully open in June. We are always here to assist with any training or online courses you would like to take, please email, or give our office a call and make an appointment to come to the office. If you live away from the valley the LNIB Education Department team is here to help support you as well, give us a call for more information.

Until next month, stay safe, healthy and be good to one another.

Gail La Rochelle

gail.larochelle@lnib.net

Phone: 250-378-5157

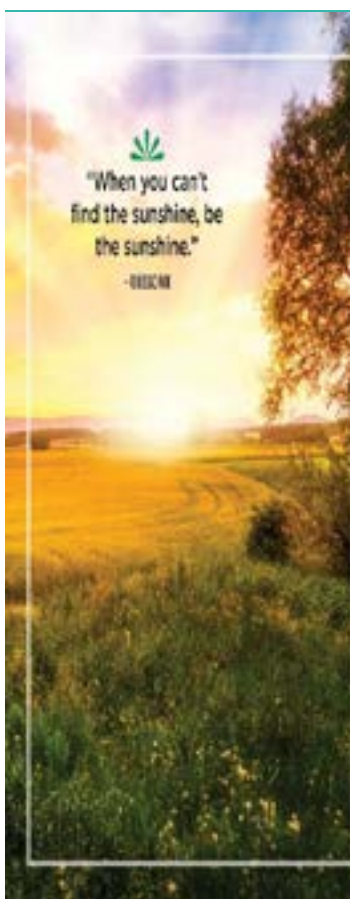
 LNIB EDUCATION
DEPARTMENT



rhonda.dunn@lnib.net



(250)378-5157

2160 SETTLERS ROAD
HWY 8

 RHONDA DUNN ADMINISTRATIVE SUPPORT

Hello all,

It is the month of June, and it is a special month to recognize our father or our guardian, or a male role model in your life on Father's Day June 20th. Also, on June 21st is National Indigenous Day, and the first day of summer. LNIB offices will be closed on Monday, June 21st and reopen on Tuesday, June 22nd.

Also, I would like to recognize all the students nearing the end of the school year the education department is very proud of your accomplishments. Reminder, we have three bursaries and scholarships available the Kwoiek, Spectra and LNIB Excellence. If you would like an application, please phone, or email and one of the education team will assist you. Also, it is available on LNIB website under education.

The LNIB Education regularly emails and call membership On/Off reserve for Educational Training Programs, Educational Supports, Youth Opportunities, Bursaries & Scholarships, and Community News. It is important to keep your **current contact information up to date** with me here at the education department. Also, checkout LNIB Facebook page or LNIB Webpage. Note: If you are a new LNIB member or have moved and have not received a LNIB Education services package please contact myself.

I have attached a link/or email address and contact information for your convenience:

- **Indigenous Skills and Employment Training Program (ISET-P) New Location:** Located at Scw'exmx Tribal building at: 2090 Coutlee Ave, Call Bernadette Manual at: (250) 378-4235, or cell at: (250) 378-7586, email: bmanual@scexmxtribal.orf. Or contact Debbie Sampson at (250) 378-9465, email: counsellor@scwexmxtribal.org
- **First Nations Health Authority, Scholarship and Bursary Resource Guide:** <https://www.fnha.ca/about/news-and-events/news/scholarship-and-bursary-resource-guide>

If you require any applications or additional information the LNIB education department will do our best to help assist you. Please do not hesitate to call or email us.

Education Matters!

HEADSTART

June



Upcoming Events



[JUNE 15 K3 FULL DAY FIELD TRIP](#)

[JUNE 16 K4 FULL DAY FIELD TRIP](#)

[JUNE 17 LAST DAY OF CLASS \(REGULAR HOURS\)](#)

[JUNE 21ST ABORIGINAL DAY](#)

[JUNE 22ND K3 GRAD](#)

[JUNE 23RD K4 GRAD](#)

Like Us On Facebook
"Little Stars Head Start"





MONTHLY NEWS!

We are quickly approaching the end of the school year and getting very busy with year end organizing and preparing for the up coming year. We will be spending a lot of our time outside enjoying the hot weather. Please send your child with a hat. I will provide sunscreen for your little. We will be doing a few year end field trips with both classes. Due to COVID our grad ceremonies will look a lot like last year. I will be creating time slots for you and your family to come enjoy watching your little get sent off to the next little chapter of their lives. We want to thank everyone for all your patience this year! We did it!



Grad will be held outside of the head start room. We ask that you practice socially distancing and come at your given time slot. I will be giving these out a week before grad. Please keep an eye out for field trip permission slips. Your child will not be able to attend with out a permission slip. Thank you, Tamika

JENN JOHNSON, EDUCATION ASSISTANT

Greetings everyone! My name is Jenn Johnson, and I am a Teacher Assistant in the LNIB Education department. This past month I was able to be a part of very valuable training sessions via zoom. One of the trainings focused on Digital Threat Assessment. It was an eye opener learning more about the online world, what signs to look for/what you might see in youth, and how teachers/parents can be more aware of threats and violence. Due to COVID and people needing to rely heavier on technology to communicate, there are a lot of ways for our youth to show up online and share messages, and unfortunately it is not always in a positive manner. Knowledge is power, and becoming more aware of what to look for in your children/students before a situation occurs is KEY to preventing violence, in person and online. For more information on the subject, please feel free to reach out to myself, or check out <https://saferschoolstogether.com>.

On a lighter note, the warmer weather has been fantastic as we quickly approach summer! With summer on the brain, I am so excited to be a part of the planning for our Summer Activity Program! Open to LNIB members, the summer program is going to be a huge hit! The summer program will run for 4 weeks, Monday to Thursday starting in July. There are activities ranging from physical fitness at Persistence Personal Training, to a day trip to the Kamloops Wildlife Park, to swimming in town at our local aquatic center. If you are interested in more information on the program, you can contact the LNIB Education department, Sharon Parsons, or myself.

I hope everyone stays safe and enjoys the sunnier days ahead! If anyone would like more information on tutoring available for students, or about upcoming programs, please email myself at jenn.johnson@lnib.net or my supervisor Sharon Parsons sharon.parsons@lnib.net. Cheers!

POST-SECONDARY AWARD



By investing in Indigenous post-secondary education, the NRT Foundation and Partners are building the capacity of our communities, enhancing employment opportunities for graduates, and creating the skilled work force that will enable BC to meet its future economic and social development needs. Awards are available to eligible students as Scholarships and Bursaries.

WHO IS ELIGIBLE TO APPLY?

Track One:

- First Nations (status or non-status) member of a British Columbia First Nation community
- Planning to attend any accredited post-secondary institution on a full-time basis

OR

Track Two:

- First Nations (status or non-status) member or a Metis Nation member from anywhere in Canada
- Planning to attend an accredited British Columbia post-secondary institution on a full-time basis
- Resident of British Columbia

WHICH PROGRAMS ARE ELIGIBLE?

Bursaries	Scholarships
• Certificate	• Undergraduate
• Diploma	• Masters
• Trades	• Doctorate
• Associate Degree	

CALL FOR APPLICATIONS

OPENS on Monday, June 15

CLOSES on Thursday, August 6 at Noon (PST)

APPLY at www.nrtf.ca

Contacts

Bursaries
Lana Plante
Project Officer
lpante@nrtf.ca

Scholarships
Marie Alaimo
Senior Project Officer
malaimo@nrtf.ca

W: www.nrtf.ca | P: 604-925-3338 | TF: 877-922-3338

SCW'EXMX TRIBAL COUNCIL



Scw'exmx Tribal Council ISET-P

Indigenouse Skills Employment and Training Program
2090 Coutlee Avenue, Box 100, Merritt, B.C. V1K 1B9
Office: 250-378-4235



April 27, 2021

To Whom It May Concern:

**Re: Beginning April 1, 2021, SNTC ASETS will no longer be
delivering services in the Merritt Area**

We are pleased to announce that **Scw'exmx Tribal Council** has undertaken delivery of the Indigenous Skills Employment and Training Program (**ISET-P**) in Merritt beginning April 1, 2021.

We would like to introduce to you our Program Manager, Bernadette Manuel who will be handling all communications and outreach for contracting. She can be reached by email bmanuel@scwexmxtribal.org or by cell phone 250-378-7586 or office phone 250-378-4235.

We would also like to introduce to you Debbie Sampson, our Employment Placement Specialist who will be offering client services. She can be reached by email counsellor@scwexmxtribal.org or by cell phone or office phone 250-378-4235.

Bernadette's start date is April 26, 2021 and Debbie Sampson's start date is April 28, 2021.

Arlene Johnston, CAFM, CAPA

Executive Director



#2-219 Victoria Street, Kamloops, BC V2C 2A1
250-434-6995 | info@bcicf.ca | www.bicf.ca

April 15, 2021

Shuswap Nation Tribal Council Society
680 West Athabasca Street
Kamloops, BC V2H 1C4

Dear First Nations Partners,

In 2017, Pat Behe and Stan Bennett of Kamloops, started an endowment fund with the BC Interior Community Foundation (BCICF) to assist members of your Nations in furthering their educational aspirations. This fund is called the **Pat Behe and Stan Bennett First Nations Education Fund**.

The intent of this Fund is to annually provide two (2) financial need bursaries to your members who are enrolled in a post-secondary program (preference given to Education, followed by First Nations' Culture Studies including Language(s) although students enrolled in a Social Sciences or Healthcare Program can also submit an application). The bursary awards may be redeemed at a qualifying educational institution within British Columbia. The value of these bursaries will be up to **\$1,500** each.

Attached to this letter is the Application Form, which is also available online. Please note there are two dates by which the applications must be received by the BCICF. As well, by Canada Revenue Agency (CRA) regulations, successful applicants will have their award sent directly to the institute they are attending - once we receive confirmation of their enrollment. The funds will be credited to their account at the qualified educational institution, and cannot be disbursed to the student personally.

Please ensure that all member Bands are aware of these awards. If you have further questions please feel free to contact the BC Interior Community Foundation office at 250-434-6995.

Sincerely,

A handwritten signature in black ink, appearing to read "R Miller".

Robert Miller - Executive Director

Encl: Scholarship Application

(Please note this can also be found on the BCICF website:

<https://www.bicf.ca/type-of-funds/pat-behe-and-stan-bennett-first-nations-education-fund/>)

What is an Endowed Fund?

Endowed funding is set-up so the invested principal is held in perpetuity and only the income generated by the Fund is available for distribution.

Therefore, the award from this Fund goes on forever.



KINDERGARTEN REGISTRATION 2021-2022



THE LOWER NICOLA BAND SCHOOL
INVITES ALL CHILDREN *(First Nations/Non First Nations)*
To Register for **KINDERGARTEN** to Grade 7

“FREE” Daily
HOT LUNCH PROGRAM
and SNACK PROGRAM

PLAYGROUND EQUIPMENT
CLIMBING WALL
BASKETBALL COURT
SPINNER

- Full-time Kindergarten – must be 5 yrs by **Dec 31, 2021**
- Bus Services provided to all areas of Merritt.

HEAD START SERVICES:

- 3 & 4 year old Program (K4 must be 4 yrs old by **Dec. 31, 2021**)
- Home Visiting Program
- Transportation provided for all Head Start programs
- Mom's & Tot's Services 0 to 6 years old

CURRICULUM:

- New BC Curriculum
- Nle?kepmx
- Cultural Studies
- Field Trips
- Learning Assistance Program
- School supplies provided
- **SKATING/HOCKEY PROGRAM**
- Joyful Literacy

FACILITIES:

- Full-Size Gymnasium
- Library
- Baseball/Soccer Field



*Education
Comes First*

FOR MORE INFORMATION

Lower Nicola Band School
Ph: 250-378-5527  **201 Horn Rd., Merritt, BC**



THE UNIVERSITY OF BRITISH COLUMBIA
Faculty of Medicine



INDIGENOUS MD ADMISSIONS WORKSHOP

JULY 28-30, 2021

The 18th annual Indigenous MD Admissions Workshop will take place virtually, with a focus on the Northern Medical Program located on the University of Northern British Columbia campus in Prince George, BC.

EXPLORE A FUTURE IN MEDICINE

If you are thinking about pursuing a future in medicine, this is a unique opportunity to learn how UBC can support you in your studies and connect with an inclusive, caring community of medical practitioners, students, and faculty.

Our annual pre-admissions workshop for Indigenous pre-med students isn't just for those already in university. Prospective students, including post-secondary and high school students can explore what it means to attend university and embark on a journey to becoming a healthcare professional.

JOIN A CARING COMMUNITY

Being part of a community is important—it helps people feel connected to traditions and knowledge unique to them. At the UBC Faculty of Medicine, we are a community that celebrates our students' diverse perspectives on healthcare and Indigenous ways of knowing.

For eighteen years we've been providing the Indigenous MD Admissions Workshop dedicated to welcoming Indigenous people into our faculty and supporting them as they make a commitment to study medicine. We know that our annual workshop will give you an introduction to our community and help you feel more confident about your decision to study medicine.

WHY ATTEND?

To learn

- Find out about prerequisites, course planning, and get a preview of the medical curriculum and residency programs.
- Get an overview of the Medical College Admissions Test (MCAT), and learn about the UBC interview process by participating in mock interviews.
- Gain familiarity with the application process and admission requirements.

Meet faculty & staff

- Hear stories from doctors and faculty who chose UBC.
- Learn about student supports from a member of the Student Affairs team.
- Get the facts about your financial options from the Faculty of Medicine's Student Financial Assistance Officer.

Feel supported

- Learn about preparing your application from our MD Indigenous Initiatives Coordinator.
- Better understand specific Indigenous resources and support for students with Indigenous ancestry, including Status & non-Status Indians or Treaty, Métis & Inuit peoples.
- Hear from a local Elder during the opening and closing remarks.
- Ask questions of Indigenous medical students and residents to learn about their experiences.
- Find out more about what pursuing a career in medicine entails.



If you're feeling apprehensive about pursuing a medical degree, our workshop is one of the best ways to reduce your doubts, fears, or anxieties about pursuing your goal of becoming a medical doctor. You'll gain personal insights and guidance about your choice to study medicine with us.

We are excited about the remarkable students, alumni, and faculty who will be presenting and advising over all three days of the workshop and we hope you'll join us in July 2021.

WE'VE GOT YOU COVERED

There is *no* cost to attend the workshop.

Because of the COVID-19 pandemic, our workshop will look a little different than it has in the past. We have made the decision to host the 2021 workshop virtually, and successful applicants will be sent the Zoom information in the summer.

When we are able to host the workshop in person again, the university will cover your accommodations and meals, however travel to/from the workshop will be your responsibility.

NEXT STEPS: YOUR WORKSHOP APPLICATION

Apply online at:
https://ubc.ca/qualtrics.com/jfe/form/SV_0D4S4HRDke8sekV

Along with your application, you'll need to prepare and submit:

- A 500-word autobiographical essay, including who you are and why you want to become a doctor.
- A copy of your most recent transcripts or report card.
- A copy of your proof of ancestry such as status, treaty and Métis membership cards. We also accept written letters of support from your Band, Inuit and Métis organizations.

We encourage you to get your application in as soon as possible. If you have any questions about the workshop, please reach out to us.

CONTACT US

James Andrew
 Indigenous Initiatives Manager
 indigenous.md@ubc.ca
 604-822-8291

Meghan MacGillivray
 MD Indigenous Initiatives & Admissions Coordinator
 indigenous.md@ubc.ca
 604-822-6185

✉ indigenous.md@ubc.ca

📘 facebook.com/UBCmed

🌐 mdprogram.med.ubc.ca/admissions

🐦 @UBCmedicine

Wilderness Guide School for First Nation Youth

**CHILCOTIN HOLIDAYS HAS 4 FULLY
FUNDED SPOTS AVAILABLE IN OUR 1 WEEK
GUIDE SCHOOL THIS SUMMER FOR FIRST
NATION YOUTH AGED 18-25.**



**CONTACT US AT ADVENTURES@CHILCOTINHOLIDAYS.COM
TO PARTICIPATE!**

BC RESTART PLAN



BC's Restart: A plan to bring us back together



BC's Restart is a careful, four-step plan focused on protecting people and safely getting life back to normal.

Last updated: **May 25, 2021**

On this page:

- [Understand the plan](#)
- [Step 1: Starting May 25](#)
- [Step 2: Earliest start date June 15](#)
- [Step 3: Earliest start date July 1](#)
- [Step 4: Earliest start date September 7](#)

Understand the plan



BC's Restart is a careful, four-step plan to bring B.C. back together. Starting May 25, we can gradually begin to restart our important social connections, businesses and activities. Getting vaccinated is the most important tool supporting our restart.

How we move through the steps

To move through the steps, we're looking for:



- Declining COVID-19 case counts
- Increasing vaccination rate in people 18+
- Declining COVID-19 hospitalizations, including critical care
- Declining COVID-19 mortality rate

Step 1: Starting May 25

The criteria for Step 1 is at least 60% of the 18+ population vaccinated with dose 1, along with stable case counts and COVID-19 hospitalizations.

PHO guidance



- Physical distancing and masks continue to be required in public indoor settings
- If you or anyone in your family feels sick stay home and get tested immediately.

Activities	New things you can do
Personal gatherings	<ul style="list-style-type: none"> • <u>Outdoor personal gatherings up to 10 people</u> • <u>Indoor personal gatherings up to 5 people or 1 other household</u> <p>Examples of a personal gathering include having friends over to your house or meeting up with friends at a park.</p>
Organized gatherings	<ul style="list-style-type: none"> • <u>Outdoor seated organized gatherings up to 50 people with a COVID-19 Safety Plan</u> • <u>Indoor seated organized gatherings up to 10 people with a COVID-19 Safety Plan</u> • Work with faith-based leaders to bring back in-person worship services <p>Examples of an organized gathering include wedding ceremonies or funerals.</p>

Activities	New things you can do
Travel	<ul style="list-style-type: none"> • <u>Recreational travel within your travel region allowed</u> • Non-essential travel between travel regions continues to be <u>restricted</u>
Businesses	<ul style="list-style-type: none"> • <u>Indoor and outdoor dining for groups up to 6 people</u> (not restricted to your household or bubble) • Liquor served until 10 pm
Offices and workplaces	<ul style="list-style-type: none"> • Start a gradual return to workplaces • Employers must continue to have a COVID-19 Safety Plan and daily health check in place
Sports and exercise	<ul style="list-style-type: none"> • <u>Indoor low intensity group exercise allowed with limited capacity</u> • <u>Outdoor games and practices for both adults and youth group/team sports allowed</u> • <u>No spectators at any indoor or outdoor sport activities</u>

Step 2: Earliest start date June 15

The criteria for moving to Step 2 is at least 65% of the 18+ population vaccinated with dose 1, along with declining case counts and COVID-19 hospitalizations.

The earliest date we move to Step 2 is June 15.

PHO guidance

- Physical distancing and masks continue to be required in public indoor settings
- If you or anyone in your family feels sick stay home and get tested immediately.

Activities	New things you can do
Personal gatherings	<ul style="list-style-type: none">• Outdoor personal gatherings up to 50 people (birthday parties, backyard BBQs, block parties)• Playdates
Organized gatherings	<ul style="list-style-type: none">• Indoor seated organized gatherings up to 50 people with a COVID-19 Safety Plan <p>Consultation with the sector begins for next steps on indoor and outdoor organized gatherings.</p>

Activities	New things you can do
Travel	<ul style="list-style-type: none"> • Provincial travel restrictions lifted • Recreational travel within B.C. allowed • BC Transit and BC Ferries offers increased service as needed
Businesses	<ul style="list-style-type: none"> • Liquor served until midnight • Banquet halls can operate with limited capacity and a COVID-19 Safety Plan <p>Consultation with sector associations begins for next steps on easing restrictions.</p>
Offices and workplaces	<ul style="list-style-type: none"> • Continued return to the workplace • Small, in-person meetings allowed
Sports and exercise	<ul style="list-style-type: none"> • Indoor high intensity group exercise allowed with reduced capacity • Indoor games and practices for both adults and youth group/team sports allowed • No spectators at any indoor sport activities • Outdoor spectators up to 50 allowed

Step 3: Earliest start date July 1

The criteria for moving to Step 3 is at least 70% of the 18+ population vaccinated with dose 1, along with low case counts and declining COVID-19 hospitalizations.

The earliest date we move to Step 3 is July 1.

PHO guidance

- Masks are recommended in public indoor settings
- Engage in careful social contact
- If you or anyone in your family feels sick stay home and get tested immediately.

Activities	New things you can do
Personal gatherings	<ul style="list-style-type: none"> • Return to usual for indoor and outdoor personal gatherings • Sleepovers
Organized gatherings	<ul style="list-style-type: none"> • Increased capacity at both indoor and outdoor organized gatherings with a COVID-19 Safety Plan in place • Fairs and festivals can operate with a COVID-19 Safety Plan in place
Travel	<ul style="list-style-type: none"> • Canada-wide recreational travel

Activities	New things you can do
Businesses	<ul style="list-style-type: none"> • No group limit for indoor and outdoor dining • Liquor service restrictions lifted • Bingo halls, casinos and nightclubs can operate with a limited capacity <p>Businesses must operate based on a new sector COVID-19 Safety Plan.</p>
Offices and workplaces	<ul style="list-style-type: none"> • Continued return to the workplace • Seminars and bigger meetings allowed <p>Workplaces must operate based on a new sector COVID-19 Safety Plan.</p>
Sports and exercise	<ul style="list-style-type: none"> • All indoor fitness classes allowed, usual capacity • Limited indoor spectators allowed

Step 4: Earliest start date September 7

The criteria for moving to Step 4 is more than 70% of the 18+ population vaccinated with dose 1, along with low case counts and low COVID-19 hospitalizations.

The earliest date we move to Step 4 is September 7.

PHO guidance

- Masks in public indoor settings a personal choice
- Normal social contact
- If you or anyone in your family feels sick stay home and get tested immediately.

Activities	New things you can do
Personal gatherings	<ul style="list-style-type: none">• Return to normal personal gatherings and social contact
Organized gatherings	<ul style="list-style-type: none">• Increased capacity at large organized gatherings, like a concert
Travel	<ul style="list-style-type: none">• Canada-wide recreational travel
Businesses	<ul style="list-style-type: none">• Businesses will continue to operate based on the new COVID-19 safety guidelines and their updated COVID-19 Safety Plan
Offices and workplaces	<ul style="list-style-type: none">• Workplaces fully reopened

MOTHER'S DAY PHOTOS

Activities	New things you can do
Sports and exercise	<ul style="list-style-type: none"> Return to normal sport competitions with an updated COVID-19 Safety Plan in place Increased outdoor and indoor spectators



Wenona Bearshirt



Cheslie Williams



Marilynne, Christie, Karen



Sondra Tom



Joanne Trosky

Mother's Day Drive thru luncheon.

Celebrated Mom's from the comfort of their vehicle. Lunch and beautiful flowers.

GREETINGS



June-9, Happy Birthday to my Favorite nephew,
my only nephew Liam Miller Auntie loves you
Marcy, Robert and Baby Bear Chase

June 12- Happy Birthday to my beautiful Grandma Rosie
We Love you so much!
Marcy, Robert and Baby Bear Chase

June 22-Happy Birthday Mom
Love Baby Bear Chase

June 20- Happy Father's Day to my awesome loving Dad
Frank
Love, Marcy, Robert and Baby Bear Chase

Happy Father's Day Robert
Love Baby Bear Chase

June 3- Happy Birthday to John Garcia

June 7- Happy Birthday to Amber Philips-Garcia

June 9- Happy Birthday to Liam Miller

June 12- Happy Birthday to Rose Sheena

June 22- Happy Birthday to Marcy Garcia

Happy Fathers Day to my Dad Frank Garcia!

From Mindy!



Happy birthday to our grandson Liam,
Grandma and Grandpa love you

Happy birthday to my mom Rose
Love Cathy and Frank

Happy birthday to our daughter Marcy,
we love you
Mom and Dad

Happy birthday to our nephew Lil John
Love Aunty Cathy and Uncle Frank



**SWEET
SWEET
16**

Happy Sweet 16 to Megan Beckett
Love Dad, Mom, Sophie, Domanic, Evan and the Kato Potato!

Happy Sweet 16 to my granddaughter Megan Beckett
Love Grandma and Cha Cha.

June 21-Happy Heavenly Birthday to my Brother Craig Stirling
Love Lisa

Memorium

Theodore Clyde Edward
Sunrise November 24th, 1964
Sunset May 4th, 2021

Matilda Josephine Clarke(Abbott)
Sun Rise July 15th, 1980
Sunset May 5th, 2021

JOBS

COOP Positions

3 Positions Available

- Human Resources Student
- Teacher/SEA Speech and Language
- Civil Engineering

Interested canadaites should apply on this site or

Email: HR@lnib.net

Interested candidates should include a resume and cover letter complete with school reference

Lower Nicola Indian Band School

Position Title: K-7 Teacher – permanent ongoing

Department: Lower Nicola Indian Band School

Hours: 35 hours per week

Start Date: August 24, 2021

Wage: Is equivalent to SD 58, plus a generous benefits and pension program

Reports to: Lower Nicola Indian Band School Principal

Required knowledge, skills and abilities

- Category 5 Teaching Degree
- Training Certification – BC College of Teachers
- Training and experience with primary students
- Experience with First Nations children an asset
- Experience with behaviourally challenged students
- Experience in developing and implementing IEP's
- Excellent communication, leadership and interpersonal skills
- Working knowledge of BC curriculum, effective instructional methodologies and a holistic approach to meeting the learning needs of students
- Willing to continue to gain new knowledge and skills, be flexible, positive and a team player
- Current First Aid Certificate or willingness to obtain
- Ability and willingness to submit to a criminal record check is mandatory

Deadline to apply: position will remain open until a suitable candidate is found

Apply at:

<https://secure.collage.co/jobs/lrib>

Interested candidates should send a resume and cover letter complete with references, specifying the position you are applying for. Complete Job Description can be obtain by contacting the Lower Nicola Indian Band.

Thanks to all who apply, only qualified candidates will be considered.

WE'RE HIRING

- Estimators
- Project Coordinators
- Surveyors
- Superintendents
- Foremen
- Excavator Operators
- Dozer Operators
- Class 1 Drivers
- Heavy Equipment Operators
- Safety Personnel
- Labourers

Visit our website and apply today at infracon.com/careers.

WHY US? *Competitive Compensation Packages. Safety. No Excuses. Fair to a Fault. Certainty in Execution. Guaranteed Results. Sustainable Lasting Relationships.*

INFRACON **LOWER NICOLA**
SITE SERVICES



Ogilvie Mtn Holdings LP is HIRING !!!

We are seeking qualified candidates:

- Sandblasting, Coating, and Pipeline Integrity Skilled Labourers
- Heavy Equipment Operators
- NACE Technicians
- Safety Advisors, First Aid Attendants, Medics

Required Certifications: First Aid Level 1, H2S Alive and Ground Disturbance Level II.

Submit a resume to: hr@ogilviemtn.ca



MEMBER OWNED BUSINESS DIRECTORY

Aly Moon Pierre, SW Dipl. BSW
Online Life Coaching
Spirituality Coach, Inclusive Coach
www.Inclusive-Coach.com
aly@inclusive-coach.com

Angie Bain
Over 20 years experience providing training,
research and research analysis services
angiebain@shaw.ca 604-802-9709

Bonnie Bent
Micoblading
(250) 280-0430 or (778) 800-7878

Donna Bent
250-378-4396 Donna Bent Artifacts

Brandon Joe
250-525-0443 (text only)
Commercial Embroidery and Jewelry

Shannon Kilroy
skilroy09@yahoo.com
Earthline Contemporary Aboriginal Designs and
Accessories

Odd Job Joe
Handy Man Service & Solutions 24/7
(250) 378-7945

Ryan Mann
PlumberMann
250-936-8655
plumbermann250@gmail.com

Mostly Glass
Mostly Glass Creations: Stained glass, mosaics,
mosaic lamps, stepping stones, beads, crystals,
prisms, window charms, bracelets
Email: mostlyglasscreations@gmail.com

Sharon McIvor
250-378-3300 Lawyer, Instructor and
Legal Advisor

James McNaney
nomadhauling@gmail.com
Trucking, Hauling

Earl Michel
emichel@live.ca
Wolf Pac Construction

Focus iN Consulting
Business development and housing
gaildjo@gmail.com

Lorne Mike
paulinehenry2011@hotmail.com
Fitness Instructor and Rough Stock Horses

Gene Moses Fencing
Gene Moses
250-378-2801

Vivian and Arnie Narcisse
Mountainchief Catering
250-315-0584 Catering MC and
coordination of Cultural Events

Growing Garlic/Nicola Valley Produce
Jerrold Peterson
growinggarlic.ca
growinggarlic.ca@gmail.com

Gwayne Point
250-378-9167 Northwest Indian Art

Loren Sahara Consulting
Personal Development Coach, Mastemind
Knowledge Broker
778-676-7844

JW Forest Contracting Ltd.

250-378-5468
250-378-1556 (cell) Warren Smith/Janet Sterling,
Principals
Logging contractors, road builders, land clearing
Established 1998
Certified Safe Company
11 employees, 80% First Nations
Equipment: Faller/Buncher, Grapple Skidders,
Log Processors, Excavators, Cat Crawler Tractors

Millco Safety Services

www.millcosafety.com
PO Box 4154 Lower Nicola, B.C.
250-378-2221 Patrick Miller/Angela Garcia,
Principals
Construction safety, construction security, First
Aid, Traffic Control, fully certified personnel

Nicola Valley Muay Thai

Kru Melissa E. Moses
250-378-9155 (msg) 808-428-0178
kru@nicolavalleymuaythai.ca

SCS Diamond Drilling

www.scsdrilling.com
1436 Sun Rivers Drive Kamloops
250.572-2615
250-314-4864 (fax) Spence Coutlee, Principal

Alison Sterling

ajsterling67@gmail.com
Jacona Sports, Behavior Intervention, and Bubble
Tea

Robert Sterling

robert_sterling@hotmail.com
Archaeology, Anthropologist, traditional land use
studies

**Rona Sterling Consulting Inc. and Godey
Creek Paintball**

Rona Sterling-Collins
info@ronasterlingconsulting.com

Godey Creek Consulting

Sue Sterling
suesterling75@gmail.com

T Sterling Construction Ltd.

Ted Sterling
ted17@telus.net

Glenn Stirling

Stirling Instrumentation Maintenance,
Calibration & Electrical
(403) 971-6432 gqstirling@gmail.com

Ivan Swakum

Antler lamps, European Mounts, Wine racks
ivanswakum83@outlook.com
250-315-3756

Shawn Swakum

s.swakum@yahoo.com
Business administration and Consultant

Molly Toodlican

Independent Watkins
Consultant #830411
250-280-1012
mollytoodlican61@gmail.com

Penny Toodlican

pcctoodlican@gmail.com
Catering

Victor York

victoryork@hughes.net
Gourmet coffee supply and distribution

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Color Me!

