

In light of the recent discovery of the remains of 215 Residential School Children

The Lower Nicola Indian Band is aware that this may be a trigger for our survivors of Residential School

We would like to ensure Community Members
are familiar with the Services available
to you if you need to talk.

The Staff at the Band are as follows

Christine Upfold Family Support Worker

Phone :1 236 575 2092 Or Cell 250 315 3640

Tammy Armstrong Mental Health Counsellor

Phone 1 236 575 2102 or Cell 250 315 7013

Tony Broman Mental Health Counsellor

Phone 1 236 575 2110 or Cell 250 315 9665

