

TINDIAN BAND March 2021 March 2021 N?e?iyk Spíləxm

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NOTICE OF EXPULSION



NOTICE OF EXPULSION

Issued pursuant to section 8.4 of the Lower Nicola Indian Band Trespass By-Law No. 2015-01 ("Trespass By-Law").

TO ERNEST LOOS [2640 Granite Ave, Merritt, BC]

WHEREAS Lower Nicola Indian Band Chief and Council are responsible for the health and safety of Lower Nicola Indian Band members.

WHEREAS serious and immediate concerns exist regarding the threat that Ernest Loos poses to Lower Nicola Indian Band members and other residents living on reserve.

WHEREAS it is necessary for Lower Nicola Indian Band Council to take immediate steps to protect the health and safety of Lower Nicola Indian Band members and other residents living on reserve.

AND WHEREAS the Lower Nicola Indian Band Trespass By-Law No. 2015-01 ("Trespass By-Law") provides Chief and Council with the authority to issue a Notice of Expulsion to a person who frequents Lower Nicola Lands for prohibited purposes.

THEREFORE BE IT RESOLVED THAT the Lower Nicola Indian Band Chief and Council hereby directs that the Executive Director of the Lower Nicola Indian Band be authorized to immediately issue a Notice of Expulsion to Ernest Loos, pursuant to Section 8 of the Trespass By-Law, requiring Ernest Loos to immediately leave Lower Nicola Lands (as defined in the Trespass By-Law), remove all his personal belongings and to refrain from re-entering LNIB Lands until authorized by further direction of Chief and Council.

FURTHERMORE, BE IT RESOLVED THAT the Notice of Expulsion may be enforced by a Police Officer or By-Law Enforcement Officer, as authorized by the Trespass By-Law, and such persons shall be authorized to do such further acts as may be necessary to give full effect to these resolutions or as may be required to carry out the full intent and meaning thereof.

Dated this <u>17th</u> day of February 2021.

Kari Reilander Executive Director Lower Nicola Indian Band

181 Nawishaskin Lane Merritt, BC V1K 0A7 Phone: 250-378-5157 | Fax: 250-378-6188 | Email: reception@Inib.net

K^wÚK^wPI? STU JACKSON



hen'te? Lower Nicola Indian Band members and community members. I hope you are all doing well and staying safe. I sense a change in our future. I sense good change with the spring season just around the

corner. I feel with the spring weather on the horizon, the air we will be breathing will be cleaner and more refreshing.

Although we are embarking on a new season, there are things, unfortunately, that have not changed. Covid-19 is still here!!!! As far as I am concerned, Covid-19 has overstayed its welcome in our community and in our Valley. What has not changed is that we need to continue to stay strong and vigilant in our fight against this pandemic. What has not changed is that our elders and our most vulnerable are still at risk each and every day. What has not changed is that we are not invincible of this virus. We cannot let our guard down. We must continue to maintain our social distancing. Staying six feet/2 meters apart can be the difference between getting exposed/ infected and staying healthy. Washing and sanitizing our hands regularly will only assist with preventing the spread of germs. Essential travel must be taken very seriously. Travel only when absolutely necessary. Staying home as much as possible is by far the most effective preventive measure of all. If we continue to adhere to these simple procedures, we all stand a better chance of maintaining our health and our livelihood. I trust that we all will continue the fight against this troubling

virus. Together we Can!!

Chief and Council had met February 2nd and February 16th this past month. Council has been working together to address issues within our community regarding safety and drug activity. Council has been working diligently with administration to find ways to better understand how to deal with these matters. It is very important for Chief and Council to send the message that we will not tolerate drug activity in our community's. LNIB has been engaging with our local RCMP Detachment and our Security program to find avenues on how to put a stop to drug activities in our community's. I appreciate the patience and cooperation from the concerned band members that have brought these concerns to our attention. We are becoming more and more aware of these issues and we are currently identifying ways to address these issues so that our people can feel safe and feel a sense of security as well.

It has been brought to Council's attention for some time now, particularly from membership and members of Council, to have a community meeting. Covid-19 has definitely put barriers in our path in many different forms. I would say that technology has been our biggest challenge when it comes to conducting band business and then providing adequate communication back to the membership. After some discussion with senior administration and some band members, we are going to begin to prepare the process of holding a virtual LNIB informational meeting at the end of March. The scheduled date will be March 29, 2021 at our regular time of 6:00pm. We will be sure to provide the necessary communication needed for band members to log into the virtual meeting whether it be by phone or computer. This meeting will allow our members to hear from Chief and Council and to ask questions, provide feedback and present any concerns that members may have. The whole purpose of the meeting is to open a venue for dialogue between membership and the Chief and Council and to listen and to share information and ideas. We do recognize that there are members who do not have access to the technology to participate via computer or smart phone, but there would be a way to phone in and at least listen in. For those that cannot attend on that date, the session will be recorded and available for viewing

on the Band's website.

In closing, I hope everyone enjoys the first few days of our new month!! Spring is definitely in the air. Enjoy the beautiful skies but keep an eye out for the blustery winds. Getting dust in the eyes is not fun. Please be safe everyone. Let us maintain our Covid-19 protocols the best way we can. Social distance ourselves, wear our masks, wash our hands frequently and travel only when necessary. The vaccine is not far away for Lower Nicola Indian Band. As soon as we receive information as to when the vaccine will be coming our way, band membership will be notified. Take care of your friends, take care of your family's, but most importantly, take care of yourselves.

k^wuk^wscémx^w

kwúkwpi? Stu Jackson

Daylight Saving Time: Spring forward (clocks forward 1 hour) March 14 at 2 am

Spring/Vernal Equinox Saturday, March 20th at 2:37 PDT

EXECUTIVE DIRECTOR



Dear LNIB Members,

We are nearing the final month in this fiscal year and have some exciting news to share with you. While LNIB offices continue to be open to the public, we have developed a schedule to limit the number of staff in each office, and membership is encouraged to schedule an appointment with staff you need to see. Current health Provincial Health orders allow for up to 2 people in the

office at one time and we want you to know that we sanitize after every visit you keep our community members and staff safe. Visitors are also required to sign in for contact tracing purposes and COVID-19 screening. If you need to get ahold of us, staff can always be reached by phone or email.

Let us all do our best in protecting each other by physical distancing and staying home.

Here are some of the things we are working on:

Annual Report: 2019-2020 Annual Report is now printed and will be delivered door to door for those on-reserve and via Canada Post for off-reserve members. With Covid-19 Provincial Orders, LNIB will need to be imaginative on how to present the Annual Report to membership. Plans are in place to mail a copy to every household and we will be holding a General Band Meeting via Zoom in the coming weeks. Watch for details as they will be posted.

Financial Management Systems Certification: We are so happy to announce LNIB has received our Financial Management System Certification from the First Nations Financial Management Board. This is a substantial accomplishment as there are less than 50 First Nations in Canada that have achieved this level of financial governance.

Human Resources: Band buildings are open to the public and we will set out some Covid-19 safety protocols for staff and membership to follow to keep the distance. We are committed to keeping the community and employees safe during this pandemic.

New employee hired this month Jayda Smith as our newest custodian. Welcome Aboard! Current job postings with Lower Nicola Indian Band are Cultural Heritage and Environmental Field Workers, Housing Maintenance, Community Services Assistant, and Special Education Assistant, Speech Language Specialist visit <u>https://www.lnib.net/jobs/</u> or <u>https://secure.collage.co/jobs/lnib</u> for further details.

Committees and Liaisons: Lands Management Advisory Committee met February 8th and 22nd. School Board cancelled the February meeting. Finance and Audit Committee postponed the Feb 23 meeting. All committee meetings are open to the membership to join. Please contact the band office for details on how to join the meetings. **Community Meetings and Workshops**: Workshops will start to take place with Covid-19 Coronavirus pandemic safety protocols and Social Distancing guidelines clearly posted. There will be some opportunities presented online please watch for the advertisements for these.

Support to Chief and Council: Chief and Council met February 2nd and 16th. Chief and Council appointed Clyde Sam to the G2G Core Committee as LNIB's representative because Darlene Vallee resigned from her appointment. Chief and Council approved the Survey permission for Lot 82-1, Lot 72-2 and Lot 208. Connie Joe, Robin Humphrey and Stuart Jackson were appointed to the Human Resource Policy Review Committee with Connie appointed as the chair. Chief and Council chose the Whole Community approach for the Covid-19 vaccination. Please reach out to the Community Health Nurse, Rainbow Acoby for clarification on the whole community approach. The band general has not been scheduled yet due to the constraints of the Covid-19 Coronavirus and self-distancing. Chief and Council approved the Internal Operating Financial Statements as at December 31, 2020. The Chief and Council agenda scheduled for March please contact Sondra Tom and/or myself. Also, the Chief and Council meetings are open to membership to join via online or telephone. Please contact Sondra Tom or me to be added to the invitation for the scheduled Chief and Council meetings.

ELDERS



I will be available to do income tax returns for elders if you need help just give me a call on my cell phone and I can make an appointment for you my cell is (250) 280-1975

Elders Luncheon Spring Luncheon

March 18, 2021 Activities Trailer 12:00 – 1:30 Pick up only during Covid

Spring is coming and I wish you all a safe and healthy month. I'm looking forward to seeing all the beautiful smiles for the elders luncheon.

Wenona Bearshirt

LN FIRE DEPARTMENT



Emergency # 911 Non-Emergency # 250-378-5110 Fire Chief # 250-315-3094 <u>Lindsay.tighe@Inib.net</u> <u>Charlene.joe@Inib.net</u>

February At A Glance:

- Practices on Monday nights have resumed (COVID protocols in place)
- Congratulate Charlene, Isaac, Moose, Adam, and Len on completing the Core HazMat Operations course in partnership with the City of Merritt Fire & Rescue Department

We are still looking for:

- Homeowners that would like to participate in a free *Community Fire Safety Education Home Safety Assessment*.
- Community members who are interested in doing *Fire Extinguisher Training*.
- Comments, concerns, or questions on the *Proposed Burn Plan for Rocky Pines.*
- Return of the **911 Update Form February 2021**. If you have not received one please call or email, or if you have one filled out you can drop off at the Fire Hall or call and we can arrange to pick it up.

We are proposing to make a **burn plan for the fields**. If you would like help with burning your field(s) please call or email us to set up a meeting. We will set up separate meetings with each family, so we are complying with COVID protocols.

If you have bottles you would like to donate to the Lower Nicola Volunteer Fire Department please either drop off at bottle depot, drop off at Fire Hall, or call us and we can come pick it up. Donations go towards the Volunteer account and are used for the Volunteers of the Fire Department. Check the Lower Nicola Indian Band Facebook page and website page for the most up to date information and events.

We look forward to seeing and hearing from the membership and community members.

Your LNIB Fire Department Staff:

Lindsay Tighe, Charlene Joe, Bruce Swakum, Isaac Jackson, & Aaron Moses

Paid on Call Firefighters:

Moose Coutlee, Adam McDonald, Ivan Swakum, Leonard Bearshirt, Ken Wills, Jessie Cunningham, Randal Swakum, Sheldon Chapman, & Justin Tighe



FLOODS





Floods can happen everywhere, making them one of the country's most common natural disasters. Flooding poses a greater threat in low-lying areas, near water, downstream from dams. Even the smallest streams, creek beds or drains can overflow and create flooding. During periods of heavy rain or extended periods of steady rains, be aware of the possibility of a flood. Flash floods develop quickly—anywhere from a few minutes to a few hours. Listen to local weather reports for flooding information.

Before

- Check to see if you have flood insurance coverage.Raise your furnace, water heater, or electrical
- panel if they are in areas of your home that may be flooded.
- Install "check valves" in sewer traps.
- Construct barriers, such as levees, berms, or flood walls, to stop floodwater from entering the building.
- Seal walls in basements with waterproofing compounds.
- During a flood or flash flood watch, be prepared to evacuate, including fill your car's gas tank; bring in outside furniture; move valuables to high points in your home; and unplug electrical appliances and move them to high points.
- During a flood warning, evacuate if you are so advised.
- During a flash flood warning, immediately seek higher ground.
- Keep your emergency supplies kit, including water, stored in an easily accessible, waterproof place.

During

- If time allows, call someone to let them know where you are going, and check with neighbors who may need a ride.
- Stay out of flood waters, if possible. Even water only several inches deep can be dangerous. If you have to walk through water, use a stick to check the firmness of the ground ahead of you. Avoid moving water.
- Do not drive into flooded areas. If your car becomes surrounded by rising water, get out quickly and move to higher ground.
- Stay away from downed power lines.



After

- Do not return home until local authorities say it is safe to do so.
- Do not or drink or cook with your tap water until local authorities say it is safe.
- Avoid floodwaters, which could be contaminated or electrically charged.
- Watch out for areas in which the floodwaters may have receded, leaving weakened roadways.
- Be extra careful when entering buildings that may have hidden structural damage.
- Clean and disinfect everything that got wet.
- Service damaged septic tanks, cesspools, pits, and leaching systems as soon as possible. Damaged sewer systems are a serious health hazard.

For more information, visit the National Fire Protection Association at www.nfpa.org/disaster.

Developed by NFPA. Funding provided by the U.S. Department of Homeland Security, Office of Domestic Preparedness.

ELECTRICAL SAFETY



The leading information and knowledge resource on fire, electrical and related hazards Keeping Your Community Safe and Energized! www.nfpa.org/education © NFPA 2017

SIXTIES SCOOP UPDATE

English	French
Dear Sixties Scoop Applicant,	<i>Chère/cher demandeur de la rafle des années soixante,</i>
We are writing to you with an important update. While COVID-19 is not yet behind us, over the past months, the Administrator has adjusted operations to adapt to this prolonged crisis. Therefore, we are reinstating deadlines for the 60s Scoop claims process starting in March .	Nous vous écrivons pour vous faire part d'une importante mise à jour. Bien que la COVID-19 ne soit pas encore derrière nous, au cours des derniers mois, l'administrateur a procédé à des ajustements des opérations pour s'adapter à cette crise qui perdure. Par conséquent, nous allons réinstaurer les dates limites dans le cadre du processus de réclamation de la rafle des années soixante, et ce, dès le mois de mars.
What exactly is changing? We had put a pause on issuing deadlines and denying ineligible applications because that was the safe and fair approach during the COVID-19 restrictions.	Quels sont ces changements exactement? Nous avons mis en veilleuse l'imposition de dates limites et le rejet de demandes inadmissibles, car nous pensions que c'était une façon de faire juste et sécuritaire pendant les restrictions liées à la COVID-19.
Now that the Administrator has been able to adapt our operations and in consultation with all parties, we determined that resuming deadlines in March is the right thing to do at this time.	Maintenant que l'administrateur a pu adapter nos opérations et après avoir consulté toutes les parties, nous avons déterminé que le fait de réinstaurer les dates limites en mars est la meilleure chose à faire pour le moment.
Reinstating all deadlines means applicants who need to provide more information about their claim will be given a deadline to respond. It will also be possible to resume denying ineligible applications.	En réinstaurant toutes les dates limites, les demandeurs qui doivent fournir plus de renseignements concernant leur demande se verront accorder une date limite pour les fournir. Il sera également possible de recommencer à refuser les demandes inadmissibles.
Meanwhile, we will continue to actively review, assess, and approve applications as appropriate. This means any newly approved Eligible Class Members will be notified, and interim payments will be issued.	Entre-temps, nous continuerons d'examiner et d'approuver activement les demandes déjà reçues, le cas échéant. Cela signifie que tous les membres du groupe admissibles nouvellement approuvés seront notifiés et que des paiements provisoires seront versés.
What does this mean for you? Because everyone's situation is unique, different people will have different deadlines, and—for some people—the reinstatement of deadlines will have no impact at all.	Qu'est-ce que cela signifie pour vous? Comme chaque situation est unique, chaque personne aura des dates limites différentes et, pour certains, la reprise des dates limites n'aura aucune incidence.

people directly, in writing, starting in March to let them know what actions they need to take by what date. Some people may also receive	L'administrateur contactera les personnes directement, par écrit, à partir du mois de mars pour les informer des mesures qu'elles doivent prendre et à quelle date. Certaines personnes peuvent également recevoir un avi officiel les informant que leur demande est inadmissible.
approved. If you do not receive a letter, do not worry, and there is no need to call the Administrator. If we need any additional information from you, we	Toutes les autres demandes d'indemnisation continueront d'être examinées, évaluées ou approuvées. Si vous ne recevez pas de lettre, ne vous inquiétez pas. Vous n'avez pas non plus à appeler l'administrateur. Si nous avons besoir d'informations supplémentaires de votre part, nous communiquerons directement avec vous
ciaims process?	Qu'est-ce que cela signifie pour le processus de réclamation? Recommencer à imposer des dates limites est
step toward getting all Eligible Class Members the compensation they are owed and providing closure to applicants. While it is difficult to predict exactly when the claims process will conclude, the reinstatement of deadlines and the denial of ineligible applications will help the process move faster.	une étape importante vers l'indemnisation de tous les membres du groupe admissibles. Cela leur permettra de recevoir l'indemnité qui leur est due et procurera un soulagement pour les demandeurs. Bien qu'il soit difficile de prévoir avec exactitude à quel moment se terminera l processus de réclamation, le fait de réinstaure des dates limites et de recommencer à rejeter les demandes non admissibles permettra d'accélérer le processus.
impact your claim, please reach out to Class Counsel or the Administrator for guidance	Si vous avez des préoccupations sur la façon dont les fermetures liées à la COVID-19 peuvent avoir un impact sur votre réclamation veuillez contacter un avocat de groupe ou l'administrateur pour obtenir des conseils.
Help is available	
Counsel is available to assist you if you need help providing more information for your application or have received an "Official Notice of Rejection" and want your	De l'aide est disponible Nous voulions vous rappeler qu'un avocat de groupe est disponible si vous avez besoin d'information additionnelle sur votre demande ou si vous avez reçu un avis de « refus officiel » et aimeriez que votre demande soit évaluée de nouveau.
counsel and advice throughout the claims process. This support is already paid for under the settlement agreement and is available to you at no cost. You can find contact information for your legal team on our website	Les demandeurs ont droit à un conseiller juridique et à des conseils tout au long du processus de réclamation. Les honoraires liés ce service ont déjà été acquittés en vertu de l'entente de règlement; vous n'avez donc rien à débourser. Les coordonnées des équipes d'avocats sont disponibles sur notre site Web (https://sixtiesscoopsettlement.info/fr/accueil, sous « Nous joindre ».

Actions you can take:	
1. If your address, phone number, or email address have recently changed, please get in touch with us via email at <u>sixtiesscoop@collectiva.ca</u> as soon as possible so that we have your correct contact information.	Ce que vous pouvez faire : 1. Si votre adresse, votre numéro de téléphone ou votre adresse de courriel or changé, communiquez avec nous par courriel à <u>sixtiesscoop@collectiva.ca</u> dès que possible afin que nous puissions corriger vos coordonnées.
2. For the latest updates, claim application statistics, and answers to frequently asked questions, please <u>visit us</u> online.	 Pour les dernières mises à jour, les statistiques sur les demandes d'indemnisation et les réponses aux questions fréquemment posées, veuillez consulter notre site Web. Si vous ressentez de la détresse
3. If you are experiencing emotional distress, please contact the Hope for Wellness Help Line at 1-855-242-3310, or online at <u>www.hopeforwellness.ca</u> . A live counselor is standing by to support you 24 hours a day, seven days a week.	émotionnelle, adressez-vous à la ligne d'aide Espoir pour le mieux-être en composant le 1-855-242-3310, ou rendez-vous en ligne à <u>www.espoirpourlemieuxetre.ca</u> . Un conseiller vous répondra et peut vous offrir de l'aide 24 h sur 24, 7 jours par semaine.
Finally, we want to say thank you. We know that waiting to hear about your application takes a real emotional toll and a great deal of strength. We are committed and continuously striving to keep you informed as we move this process forward in as timely a way as	Enfin, nous tenons à vous remercier. Nous sommes conscients que le fait de devoir attendre des nouvelles de votre demande d'indemnisation vous impose un fardeau considérable sur le plan émotionnel et exige beaucoup de courage de votre part. Nous nous engageons et nous efforçons continuellement de vous garder informé au fur et à mesure que le processus se poursuit, et ce, le plus rapidement possible.
	Veuillez agréer l'expression de nos sentiments les meilleurs.
	COLLECTIVA SERVICES EN RECOURS COLLECTIFS INC.
PHONE: 1-844-287-4270 FAX: 514-287-1617 EMAIL:	ADMINISTRATEUR DES RÉCLAMATIONS

SPAYUM AGM MINUTES

Minutes of the Annual General Meeting of the Shareholders of **1149296 B.C. LTD.** (the "**Company**") Held by teleconference call on Wednesday, January 13, 2021at 9:05 am

OPENING PRAYER: Chief Harvey McLeod

PRESENT:

Current Directors: -Chris Scott, Susan Roline, Jordan Joe

Shareholders: -Chief Jordan Joe – Shackan Indian Band Chief Harvey McLeod – Upper Nicola Indian Band Chief Lee Spahan – Coldwater Indian Band Aaron Sumexheltza – Lower Nicola Indian Band - joined 10:08 am exited 11:30 am Chief Marcel Shackelly - Nooaitch

Other Attendees: -Chief Stuart Jackson – Lower Nicola Indian Band - Joined at 9:30 am exited at 9:46 am rejoined 9:57 am Mary Angus – Shackan Indian Band Bernadette Manual – Upper Nicola Indian Band exited 11:44 am Harold Aljam – Coldwater Indian Band Arlene Johnston, CAFM CAPA – Executive Director, Scw'exmx Tribal Council, Interim Manager, Spayum Holdings Limited Partnership. Heather Fader, CAPA, CPHR, MBA– Executive Director Shackan Indian Band exited 11:30 am Corina Manual – Coldwater Indian Band joined 10:51 am

Natalie Alteen, P. Eng. – TRUE Consulting Gerry Melenka, P. Planner - TRUE Consulting Peter Dombowsky, CPA, CA – MNP exited at 9:41 am Jean Yuen – Boughton Law Corporation

The meeting was called to order by Susan Roline, and with the consent of the meeting, Susan Roline acted as Chairman. Moved by Chief Lee Spahan to adopt Agenda MSC.

The Chairman appointed Arlene Johnston, to act as Scrutineer and Secretary of the meeting.

The Secretary tabled a Notice calling the meeting and confirmed that the Notice was emailed to each shareholder of the Company and the band administrator for each of the 5 Nicola Valley bands on December 19, 2020 and to the auditor of the Company and each director of the Company on January 4, 2021.

The Chairman declared that the meeting had been regularly called, a quorum of the shareholders of the Company was present, and that therefore the meeting was properly constituted for the transaction of business.

Financial Statements

The Chairman presented to the meeting:

AC/7699148.1

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- (a) the audited financial statements of the Company for the financial year ended March 31, 2020;
- (b) the auditor's report on the financial statements.

Appointment of Auditor

UPON MOTION duly made and carried, IT WAS RESOLVED THAT MNP LLP be appointed the auditor of the Company and the directors be authorized to fix the remuneration paid to the auditor. Moved by Chief Harvey McLeod. MSC.

Election of Directors

The Chairman called for nominations for directors.

The following persons were nominated:

Heather Fader – Shackan Indian Band – Agreed to stand Stuart Jackson – Lower Nicola Indian Band - Declined Lee Spahan – Coldwater Indian Band – Agreed to stand Susan Roline – Agreed to stand Chris Scott – Agreed to Stand Jordan Joe – Shackan Indian Band – Agreed to stand

Nomination closed at 10:19 am

The Chairman declared that nominations for directors were closed.

UPON an election being held, the following persons, each of whom has consented to act as a director of the Company, were elected as directors of the Company for the ensuring year:

Susan Roline Chris Scott Jordan Joe

UPON MOTION duly made and carried, IT WAS RESOLVED THAT the number of directors be increased to (4) members.

The Chairman called for nominations for an addition director.

Chief Terrance Lee Spahan – Coldwater Indian Band – Agreed to stand Chief Stuart Jackson – Lower Nicola Indian Band – Agreed to stand

Nominations closed at 10:53

UPON an election being held, the following person, who has consented to act as a director of the Company, was elected as a director of the Company for the ensuring year:

AC/7699148.1

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Chief Terrance Lee Spahan - Coldwater Indian Band

Other Business

Natalie Alteen P. Eng. Presented an update of projects. (attached) Grasslands Hotel Site and Gateway 286 project.

There being no further business coming before the meeting, UPON MOTION duly made and carried, IT WAS RESOLVED THAT the meeting be terminated 11:44 am.

Chairman – Susan Roline

Secretary – Arlene Johnston



COMPUTER TRAINING

COMING SOON LNIB SPONSORED COMPUTER COURSE



Computer training that will add valuable skills to your resume, or help students transitioning into post-secondary

Offering entry level to expert level computer courses

11 days over 6 weeks of training with a Certified Microsoft Master Instructor

Dates and venue to be determined

LNIB MEMBERS CALL OR EMAIL TO REGISTER FOR THIS COMPUTER TRAINING COURSE 250-378-5157

michelle.muir-thompson@Inib.net or Rhonda.dunn@Inib.net



LOWER NICOLA INDIAN BAND

181 Nawishaskin Lane Merritt BC 250-378-5157

www.LNIB.net

WAITING FOR SPRING

WAITING, WAITING FOR SPRING ... IS A GOOD THING! ~ Tony Broman March 2021

"For behold, the winter is past; the rain is over and gone. The flowers appear on the earth, the time of singing has come, and the voice of the turtledove is heard in our land." Song of Solomon 2:11-12

I don't know about you, but I can't wait for spring to hurry up and get here! People of the land know very well what the changing of seasons does for our mind, body and spirit. Each season brings an adjustment, and in the adjustment there is an opportunity to embrace and a burden to carry. And sometimes the burden becomes an opportunity too.

Winter has been upon us for some time now, and just as the bear draws within, finds a shelter from the cold and enjoys the new life of family close by, we do the same. Our outside circle grows smaller and more time is spent around the fire at home, close to loved ones. But with the opportunity also comes the burden. The bear must remain in close guarters that begin to feel even smaller, tighter. The bear must continue to embrace the life of the family in close guarters even when it wants to get out and have some alone-time. All the while, the bear is growing hungrier, hungrier. The bear is strong but it needs to use it's strength differently in this season. It cannot just get angry about these feelings and needs. The bear must be patient and wise about the burden of the season. It must not make foolish decisions about bursting out of the den too early, or about being harsh with it's family. The tension grows as it waits for the season to change. But the bear uses it's strength by showing patience. The bear knows it's hunger, knows it's cramped quarters, knows it's longing for fresh spring



waters and cool breezes but grows stronger, not acting foolishly but waiting patiently for the season to change. It has been made by the Creator to handle the winter seasons of life. It trusts in that knowledge.

Just like the bear, we are bursting at the seams to be out of our caves. And yet, the snow still falls. We grind our teeth, finished with winter, ready for more elbow room and less cabin-fever. This is the time when everything is pushing our limits but the truth is that this is when we discover how the burden is now the opportunity. We discover we have limits, that we are human but instead of being impatient and frustrated, we challenge ourselves to believe what is true that our limits are not shameful, not a bad thing about us. Our limits are the opportunity to be patient with ourselves. We need to be good to ourselves - notice our limits and our needs and use our strength to do what is healthy for us, not hurting us. Doing good to ourselves when we feel "done" grows strength, grows patience.

We act on the truth that this season will pass as it always does. We act on the truth that our own lives have value beyond what we feel or see. We act on the truth that our family deserves love even when we don't feel like it. We act on the truth that our feelings are normal and manageable. As we follow the wisdom of the bear, using our strength to be patient and healthy, we come out of the winter den on friendly terms with ourselves, our family, our neighbours. We prove to ourselves that we can be good to ourselves, we do not have to chase away the uncomfortable feelings with unhealthy living. For, like the bear, we are growing something far more valuable than just our feelings in the moment. We are growing a life worth living. Our Creator has made us to handle the winters of life. We can trust in that knowledge.

"Be patient, therefore, brothers, until the coming of the Lord. See how the farmer waits for the precious fruit of the earth, being patient about it, until it receives the early and the late rains." James 5:7

Cream of Aspargus Soup (recipe from Delish) Ingredients 2 tbsp butter 1 clove garlic, minced 2 lb.asparagus, ends trimmed, cut into 1" pieces Kosher salt Freshly ground black pepper 2 c.low-sodium chicken broth 1/2 c.heavy cream, plus more for garnish Freshly chopped chives, for garnish Freshly chopped dill, for garnish

In a heavy pot over medium heat, melt butter. Add garlic and cook until fragrant, 1 minute. Add asparagus, season with salt and pepper, and cook until golden, 5 minutes. Add broth and simmer, covered, until asparagus is very tender but still green, 10 to 15 minutes.

Using an immersion or regular blender, puree soup. If using a regular blender, be sure to stop and remove lid a few times to avoid overheating the soup.

Return to pot, stir in cream, then warm over low heat. Season with salt and pepper to taste.

Garnish with more cream and herbs.



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WELLBRIETY MEETINGS





Virtual Wellbriety Support Group

Open Daily Zoom Meetings

EVERYONE IS WELCOME TO ATTEND

Every Day, Monday to Friday

1:00 pm to 3:00 pm Pacific Daylight Time

Join by clicking this link or copy and paste the link into a web browser <u>https://us02web.zoom.us/j/84428458473</u>

Dial in option: 1-778-907-2071 Meeting ID: 844 2845 8473

For more information contact:

Dave Manuel, TteS Wellness Counsellor 250-372-5030 dave.manuel@kib.ca

Me7 knucwentwécw-kp (help one another)

Me7 yegwyúgwt-k ell me7 yegwyúgwt ke7 púsmen (Keep healthy and strong in body and mind)

MAMMOGRAM CLINIC



Rainbow has been contacting those women that are due and rescheduling those that missed out on the last screening that was cancelled due to Covid-19. Please call to book if you have not had a screening in past 2 years. Eligible for those **age 40 and over**. Rainbow will discuss further criteria needed for eligibility.

Please do not come to this Event if you are on isolation protocol or having symptoms of Covid-19. Masks provided.

Please Call (236) 575-2099

NUTRITION AWARENESS

March is Nutrition Awareness Month!

Life can be busy and finding time to create healthy meals everyday is sometimes hard. People have been doing meal prepping. You ought to try it!

It might even save you \$\$\$



LNIBDC REVENUE SHARING AGREEMENTS

LNIBDC Revenue Sharing Agreements

Over the last 6 months LNIBDC has been working hard to secure new Revenue Sharing Agreements (RSA's) with companies in the area. So far thanks to the hard work from new General Manager Don Gossoo and LNIB Economic Development staff, we have 4 new RSA's which includes Nomodic Custom Modular Structures, Leavitt Machinery, Nicola Chainsaw and Equipment, and Inter-Rail Transport. LNIBDC now has a total of 24 RSA's. If anyone is interested in learning more about these companies check out LNIBDC's website under the "Investments" tab.



COYOTES

Conflict Reduction with Coyotes

Cities provide increasion for a growthand esilor coyotes, which in addition of ginksinge, ands, fractioner esilon and the compact and biological these attractants also support redents that are a purpay feed source for coyotes. Since this pares provide adequate to excellent bood, water and shelter opportunities with the additional benefit of reduced hisk of depredation.

Avoid attracting coyotes to your property and community by following these best practices.

- Keep your pets either protected with fouring, supervisio or knot induces, inpervilly at right. Cats, and objective left to free range can become way party targets.
- Feed your pets indexis. Uneaten belifood can attract coyotes and other coyote prey species such as indexis.
- Pick up after your dog. Comme for esternization ou attracts of for regulars.
- Never feed wide Seline using coyotes. The Prominical Wheeds Activensations of environments attract analysis feed dat geops wild be when excludes beaus, wolves, cougas, and coyotes.
- deep all garbage versus, clean garbage contaipers, and ensure that they have tight filling secure idvior size incar ensystant bins. On not place garbage out until the normery of pick op if your neighborhood lies conside pickup.
- Ensure your compact is working property. Compasts that emit strand adjuicance akely not working concerny.
- Paicopul Sat
- Remove densel and scaping or low hear inex in your yards and in schoolyards as these provide onver for coyoles and opportunities to us do in our neighbourhoods in add0 on, the spaces under our perchet, smostand docks can provide reparturation for inding or denning. Switchmall who meet to shall off these areas and reduce the chance of attraction a poyote to your yard tences that are 2 in high can help exclude coyotes from your yard.
- estal methos activated lights or someklers.
- Bird feeders can also attract non-target species undras nears and receipts. Becaults will then
 attract coyotes.

If you keep thickens or shall westrick opnia property installed and maintained electric brock that is maintained requilarly and should follow 1/10 for \$25,500 electric brockly guide electric. Store all of you find in a secure redent-proof priction and ensure freeding areas are clean and free of attractants. Choicen coops and ministration diversed as mining animals can leap or climp over finding. Put shall domestic livertock in an enclosed area at right. Use lighting around berns and periods dotted at the proof or deterministic livertock and enclosed area at right. Use lighting around berns and periods dotted by the proof of the climp of the proof of the proof





CULTURE REVITALIZATION

Hénłekw.

The LNIB Culture Centre has

prepared bag of medicine if you

would like a bag or two please call either LNIB and we can arrange contactless drop off.

Juniper – high in antioxidants which help to prevent cell damage. Cedar – High in Vitamin C which also helps prevent cell damage. And keeps your immune system healthy. Douglas Fir – High in Vitamin C and Vitamin A also high in Antioxidants

<u>Juniper/Cedar/Douglas Fir Tea</u> in large pot bring 5 cups of water to boil add cedar/juniper/fir (about 1 tbs per cup). Steep for 5 mins

Strain tea add 2 tablespoons of honey.

And enjoy. (Note, if pregnant do not use Juniper) Or boil this mixture in a large pot, the steam produced by this mixture purifies the air and helps

prevent colds and congestion.



"If we had no Winter the Spring would not be so pleasant." -Anne Bradstreet

PLEASE REMEMBER THE LNIB CULTURE CENTRE IS OPEN. IF YOU WISH TO START A PROJECT OR FINISH A PROJECT PLEASE CALL: JOE SHUTER @ 250-315-7487 OR CAROLE BASIL @ 250-315-9158

A community member/health care provider asked if I could help make some gowns for the Gillis House. This was a new project for Danielle McDougall and I, our first 2 day session we accomplished 5 gowns.



SCAMS!

An LNIB Elder asked me to tell their story in the hopes that it would keep someone else from falling prey to the criminal elements out there.

It started with a phone call saying the person answering had won a substantial prize - in this case it was cash and a Mercedes. The caller promised to deliver both the following day but first needed help with some delivery expenses. The Elder was instructed to go buy three Visa cards and then read the numbers on the back of the card to the caller. (This allowed the caller to cash in the cards and use them for purchases without having to have the cards in his possession.)

The next day, the caller contacted the Elder again and said he needed more cards to be able to deliver the vehicle. The Elder said "fine, I'll get the cards and give them to you when you deliver the car."

Fortunately when the Elder went into town to buy the additional Visa cards, the bank and the merchant recognized the scam and would not sell the cards to the Elder. In fact, the Elder was directed to the RCMP where the particulars were noted, and the Elder was given a referral to Victim Services (although the Elder notes that they have not had any success getting through to the number provided).

The caller never did turn up with the promised car or cash, but persistently telephoned to hound the Elder for more cards. The RCMP recommended not answering (or simply hanging up) but this caller would not give up until they wound up trying to pull the scam on a member of the Elder's family who called him on it.

In the end, this scam cost the Elder \$750 and it could have been much worse.

Remember - if you have won a legitimate prize, there will not be any costs to you (not for delivery, postage, transfers, handling fee or anything else).

Do not give banking or personal information to anyone over the phone.

If you are suspicious, you gut is probably telling you to check it our more carefully. Phone the RCMP, or the Bank, or even ask a family member what they think. If it sounds too good to be true, it likely is a scam.

EDUCATION

Lower Nicola Indian Band

March 2021

EDUCATION DEPARTMENT

LNIB School/K-12/PSE/Head-Start/Career-Development

Shane's Submission

Well, I do not know how all of you feel but I am personally done with winter this year and am now looking forward to the transition into the next two seasons. Don't get me wrong...one of the many gifts we have here in the Nicola Valley is being able to enjoy each season to its fullest...I just think the upcoming Spring/Summer of 2021 will have an extra rejuvenating feel to it as the world population makes it's own transition where we can return to personal interactions with both family and friends.

As for Education, this time of year is busy on two fronts for us — closing one fiscal year while preparing for another — in both cases it is an exciting time for all areas within our sector.

LADDALD

Sector Leadership

Director of Education Shane Coutlee

LNIB School Principal Angie Sterling

Education Manager Sharon Parsons

Head-Start Manager Tamika Bob

A few information items associated to funding opportunities that I want to share this month are:

- A reminder to all LNIB Members that we provide K-12 financial support for tutors, assessments, speciality supplies for electives, graduation, and many other areas within the education system that can enhance successful outcomes for our students we have one month left in the current fiscal and still have funds available to support ALL MEMBERS.
- Did you know we fund a variety of Career and Training courses/programs? Anything as small as a four-hour sewing seminar or a food-safe course to as intensive as a short-course program in Solar-Panel Installations or a small-engine repair program. We still have funds available to support members this fiscal...please call ASAP to secure remaining funds
- It was brought to my attention that there are mixed-messages being communicated about PSE <u>"Application Fees"</u> — some say we cover all, some say we do not cover any, and some say we only cover for one. Let me set the communication straight...WE COVER ALL APPLICATION FEES...as we recognize supporting more than one application is maximizing both choice and opportunities for our members when they are approved

As always please reach out at anytime to discuss LNIB Needs - let's attain the same goals together. I can be reached at 236.575.2135 or Shane.Coutlee@lnib.net



SHARON PARSONS, EDUCATION MANAGER

henie?

With this fiscal year coming to an end, Directors and managers are working on budgets and work plans for the upcoming fiscal year.

Although it is hard to see too far ahead, we must remain optimistic and remind ourselves this is temporary, and we are all doing our part to keep everyone safe. Things will be brighter as spring approaches.



The Education Department staff continues to work on a plan with Power Concepts to get one more 4-week computer training program confirmed for March or April. The training is open to LNIB band members and LNIB staff.

If you are an LNIB band member looking for equipment operator training or would like to learn now to drive a big rig and get your commercial level driver's license, please contact Education to make an appointment and let us help put your plan into motion.

If you are interested in training opportunities, or you don't see your preference listed, please contact the Education staff.

The high school and post-secondary students are well into a new semester and are working hard to get the passing grades they want. And, although everyone has been experiencing challenges such as: finding a suitable tutor, working together from a distance, learning to use new technology and software applications, LNIB Education staff will work with teachers and staff, students' families, post-secondary students, and advisors to ensure students have the supports they need to have a successful academic year. Please contact me to talk about the supports available to you.

LNIB Education staff continue to come into the office to provide services to the public. To avoid potential contact, we ask that you please call before coming to the office. We will do our best to accommodate you with an appointment or arrange to email, pick up, or drop off documents. There are 2 mailboxes outside our main entrance door for dropping off completed documents and picking up blank documents.

Please call or email Michelle Thompson, Rhonda Dunn, Gail LaRochelle, or me, Sharon Parsons and give us your ideas on what kind of training will move you into the future. Until next time, Humelth LNIB Education Department – Gail La Rochelle – PSE/Trades/Training Coordinator



Looks like Spring is on its way.

I hope everyone will be able to have some fun and safely enjoy St. Patrick's Day with family and friends.

Important Deadlines:

- LNIB PSE Funding Application May 31, 2021
- ikbbc.ca/indigenous-awards/about-this-award/- 5:00 pm
 Friday, April 30, 2021
- <u>https://bcaafc.com/education/</u>_May 31st, 2021, for students applying for the Winter semester (January-April)

Don't forget grade 11 and 12 students that if you are thinking of enrolling in a Post-Secondary Institution, please take the time to call or email Dave Anderson at MSS (<u>dandersen@sd58.bc.ca</u>, 250-378-5131 or Jennifer Lisle at NVIT (<u>jlisle@nvit.bc.ca</u>, 250-378-3365. They have very valuable information on transitioning into Post-Secondary.

Our office is open by appointment only. If there is any type of training or online courses you would like to take, please email, or give our office a call and make an appointment to come to the office, we are here to assist you. If you live away from the valley the LNIB Education Department team is here to help support you as well, give us a call for more information.

Until next month, stay safe, healthy and be good to one another.

Gail La Rochelle

gail.larochelle@Inib.net

Phone: 250-378-5157

LNIB EDUCATION DEPARTMENT



RHONDA DUNN ADMINISTRATIVE SUPPORT

Hello All,

It is the month of March and spring is on the horizon. The official first day of Spring is March 20th. March is new beginnings of animals being born and plants are waking up. It is a good time to get out with the family and go walks its good physical and mental health.

The LNIB Education has mailed out its annual services package. We also regularly email and call membership on educational training programs, SD58 supports, youth opportunities, Bursaries & Scholarships, and community news. It is important to keep your <u>current contact information up to date</u> with me here at the education department. Also, checkout LNIB Facebook page or LNIB Webpage. Note: If you are a new LNIB member or have moved and have not received a LNIB Education services package please contact myself.

A reminder for LNIB members enrolled in K-12 to assist with extracurricular registration fees programs must be aligned with school curriculum and in most cases. Check out the City of Merritt Activity Guide available online for programs. For more information and an application please contact the Education Department.

I have attached a link/or email address and contact information for your convenience:

- Aboriginal Skills and Employment Training (ASETS) <u>New Location</u>: Located in WorkBC Centre building at: 2099 Quilchena, Call Delores Charters at: (250) 378-0126, or (250) 378-5151, Email: merrittec@asets.org
- Indigenous Support for Student Learning Program (SSLP). This program is a time-limited project targeting Indigenous students who have limited financial resources, including those students living with disabilities. The SSLP is now accepting applications (deadline March 15, 2021) from eligible students across Canada to be considered to receive a laptop, disability-related software, and accessories. Visit: www.bcands.bc.ca for more details. Or call 1-888-815-5511 or email: sslp@bcands.bc.ca

If you require any applications or additional information the LNIB education department will do our best to help assist you. Please do not hesitate to call or email us.

Education Matters!



Hello to everyone; I hope you are all doing well and enjoying the weather we have been having. I want to let you all know what I have been doing in the office this past few weeks. I am currently working on a few projects that you will all see posted in different locations such as Facebook or our newsletter and in some of our offices.

We are going to be offering our members training programs such as basic to expert level Computer training, Class 1, 2, 3, 4 drivers training, commercial learners, Air Brakes, Small Equipment operating and a limited seat Heavy Equipment courses. I am currently working on flyers to promote these courses as well as contacting members who may be interested in the training. This is a great way to add to or expand your resumes or to start a new career.

Power Concepts computer training will offer classes such as:

- Computers Basics
- Word
- Outlook
- Excel Expert Part 1
- SharePoint, OneDrive & Teams

Small Equipment training:

- Forklift
- Warehouse Equipment

- Introduction to Microsoft Office
- Excel
- Outlook Strategic Management and OneNote
- Excel Expert Part 2
- PowerPoint
- Skid Steer
- Scissor Lift and more ...

Heavy Equipment is also being offered and has limited seats.

Drivers Training:

Class 1, 2, 3 & 4
 Airbrakes

If you have any questions or are interested in taking any of these programs and would like to book a seat, contact our main office at (250) 378-5157, or email me at

michelle.muir-thompson@Inib.net; I look forward to talking with you.

Lower Nicola Indian Band

March 2021

JENN JOHNSON, EDUCATION ASSISTANT

Greetings everyone! My name is Jenn Johnson, I am an Education Assistant for the Lower Nicola Indian Band Education department. February has been an amazing month, and a little bittersweet. February 19th was the last day of our hockey program. Leading up to the end of the program, we were able to play hockey games with most of the classes so that they could see how a real game is played. The students had a blast as they learned how to work as a team, pass other students the puck, shoot the puck, and cheer for their teammates as they scored a goal.

On the last day of the program, we took the primary students to the arena in the morning, and the intermediate students in the afternoon for one more fun ice time. We let the students free skate and had music for them. It was incredible to sit back and watch students who at the beginning of this program were only able to skate with the assistance of a chair (which averaged to about 2-3 students per class!), to now being able to skate with a hockey stick, pass pucks and really enjoy themselves! Confidence was high in the students compared to the beginning of the program, and it was a huge privilege to be able to assist with and witness the transformation in each student.

As we organize and put away the hockey gear for next year, plans and ideas for next years program are already underway. The hockey program was incredible, but it's exciting that we are moving into a basketball program for the students. Sports are a great outlet for students, and keeping active is important for healthy minds and body's. Along with of doing the hockey program, I have been assisting several band member students as a tutor. We meet via zoom or over the phone, so that we can keep socially distanced and the students safe. So far it has been going well, and thankfully through technology we are able to continue to support the best we can.

If you have any questions about the hockey program, the upcoming basketball program, or tutoring for students, please feel free to email me at jenn.johnson@lnib.net and I will happily get back to you. Enjoy your day!

HEAD START



Notes and Reminders



Thank you all that have made sure to send their children dressed for the weather. The month of march usually brings changes to the weather again. Rubber boots can be great for the rainy days. Children should still bring an appropriate jacket and sweater for the colder days. We try to get outside every day, rain or shine, as it is very important to have physical activities and fresh air to get our brains and bodies working.

	Monday	.	Tuesday		Wednesday		Thursday
1 Pa	ancakes with Strawberries & Banamas	2	Shepherd's Pre-	3	Min Pizzas with Veggles	4 Sha	ke & Bake Chuckon with Rice and Broccoli
\$	Fggs/Bacon/Toasi	э	Chicken Strips & Fries	10	Lasagna & Gorlie Teast	- † 1	Bannock Tacos
15	NO SCHOOL	19	NO SCHOOL	•7	NO SCHOOL	18	NO SCHOOL
22	NO SCHOOL	23	NO SCHOOL	24	NO SCHOOL	25	NO SCROOI
29	 Oaimeal & Smacthies	30 Me	avCheese://xkles/Grackers	31	Burgers & Curly Fries		-

Little Stars Head Start Menu – MARCH 2021

"All meals served with clusice of milk or water

Pussywillows

According to an old legend, a mother cat was crying at the bank of a river in which her kittens were drowning.

The willows at the river's edge longed to help her, so they swept their long graceful branches into the waters to rescue the tiny kittens who had fallen into the river while chasing butterflies.

The kittens gripped on tightly to their branches and were safely brought to shore. Each springtime since, goes the legend, the willow branches sprout tiny fur-like buds at their tips where the kittens once clung.....


NATURAL RESOURCES TRAINING





Mark your calendars! Our course schedule is out for March 2021!

- Experimental Design in Ecology March 2-3, 2021 (Online)
- Avian Nest Sweeps and Monitoring Methods, March 4, 2021
- Technical Writing for Professionals: Resumes and cover letters, March 5, 2021
- Fish Habitat Restoration Instream Techniques (Online), March 8-9, 2021
- · eDNA Methods Online, March 8-9, 2021
- Electrofishing (ONLINE & Field) North Vancouver, BC March 12 and 15, 2021
- Technical Writing for Professionals ONLINE, March 9, 11, 16, 18, 23
- Electrofishing (ONLINE & Field) North Vancouver, BC March 12 and 15, 2021
- Electrofishing Recertification North Vancouver March 15, 2021
- Wildlife Survey Field Methods: Ungulates, March 15, 17, 22, 24, 29th, 2021
- Wildlife Survey Field Methods, March 30, April 1, 6, 8, 13, 2021

Our mailing address is: Natural Resources Training Group, 100 Stamp Way, Nanaimo, BC, V9T 3E1 Phone: 250-739-9113 Email: info@nrtraininggroup.com

DRIVING & EQUIPMENT OPERATOR COURSES



COMING SOON BAND SPONSORED DRIVING OR EQUIPMENT OPERATING COURSE



LNIB MEMBERS

INTERESTED IN A DRIVING COURSE OR EQUIPMENT OPERATING COURSE PLEASE CALL (250) 378-5157 OR EMAIL

> MICHELLE.MUIR-THOMPSON@LNIB.NET OR RHONDA.DUNN@LNIB.NET





Class 1, 2, 3 & 4 being offered with air brakes

Forklift, skid steer, warehouse equipment, scissor lift...and more!

Enhance your skills or add new skills to your resume

Heavy equipment operator course (limited seats)

Dates & venue to be announced

LOWER NICOLA INDIAN BAND

181 Nawishaskin Lane Merritt BC 250-378-5157

www.LNIB.net



PROFESSIONAL DRIVER TRAINING

**PREPARE FOR THE LEARNER'S EXAM **



- ONLINE COURSE
- 5 DAYS
- MARCH 22 26, 2021

LNIB MEMBERS

A 5 DAY COURSE THAT WILL HELP YOU PREPARE FOR THE PROFESSIONAL DRIVER'S LICENSE LEARNER'S EXAM

PLEASE CALL (250) 378-5157 OR EMAIL



MICHELLE.MUIR-THOMPSON@LNIB.NET OR RHONDA.DUNN@LNIB.NET



THE LOWER NICOLA BAND SCHOOL INVITES ALL CHILDREN (First Nations/Non First Nations) To Register for KINDERGARTEN to Grade 7

"FREE" Daily HOT LUNCH PROGRAM and SNACK PROGRAM

PLAYGROUND EQUIPMENT CLIMBING WALL BASKETBALL COURT SPINNER Full-time Kindergarten – must be 5 yrs by Dec 31, 2021
Bus Services provided to all areas of Merritt.

HEAD START SERVICES:

- 3 & 4 year old Program (K4 must be 4 yrs old by Dec. 31, 2021)
- Home Visiting Program
- Transportation provided for all Head Start programs
- Mom's & Tot's Services 0 to 6 years old

CURRICULUM:

- New BC Curriculum
- Nle?kepmx
- Cultural Studies
- Field Trips
- Learning Assistance Program
- School supplies provided
 SKATING/HOCKEY PROGRAM
- Joyful Literacy
- Joylor Elicita

FACILITIES:

- Full-Size Gymnasium
- Library
- Baseball/Soccer Field

Education Comes First

FOR MORE INFORMATION

Lower Nicola Band School Ph: 250-378-5527 🕋 201 Horn Rd., Merritt, BC

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LNIB SCHOOL

LOWER NICOLA BAND SCHOOL MARCH NEWSLETTER Hello LNIB School Community, It's hard to believe March is just around the corner, but since February was a short month I guess it should be no surprise. As was recently posted on FB our structured skating/hockey program held its final day this past Friday February 19th at the arena. Even though we had to adapt to a global pandemic it was a huge success, and assuming COVID restrictions will not be a factor for next year's program, we look forward to having parents at the arena to take part if desired. I will be introducing more new initiatives over the next 10 months to enhance opportunities for students – skating/hockey encompasses many life-skills and the new programs will as well – Stay Tuned (this is a hint)! March will be another short month as classes will not be in session between March 13th thru March 28th (classes will return to regular schedule Monday March 29th). Please mark these dates on your calendar if you have not already done so as the break approaches very quickly. A couple of other dates to highlight are Friday March 5th (Report Cards go home) and Wednesday March 10th (Parent/Teacher Interview). Due to COVID restrictions Parent/Teacher interviews will be similar to the one that took place back in November -- administration will have more information about this included in the report card package. Lastly, if you are not already aware Angie has returned from her leave and looks forward to reconnecting with everyone within the school community. As such, this will be my last school administration submission for the newsletter. I had a great time filling-in as the school's leader over the past few months and enjoyed the opportunity to meet some of you in person during this time. I will continue to support the school in my capacity as LNIB Director of Education and will always be available at 236.575.2135 and/or Shane.Coutlee@lnib.net if anyone needs to connect about their child's progress at our school.

Take care and have a great March 2021 everyone!

Shane Coutlee - Director of Education





Principal Angie Sterling <u>Angie.Sterling@lnib.net</u>

Head Secretary Sioux Swakum Sioux.Swakum@lnib.net

Teachers:

Marj Cushner Brenda Ens Kieran Easterbrook Donelda Haller Annie Major Adeana Miller Rhonda Sheena James Shuter Carrie Weekusk

Office & Support

Chantel Ashdown; Barb Basil; Joe Collins; Clif Garcia; Cody Jones; Jenn Johnson; Shelley LeBlanc; Dan MacVicar; Brandy Pinyon, Annie Rabbitt, Michelle Sproson; Penny Toodlican

Phone: 250.378.5527



Grade 2 student Leah Prosper recently received 2nd place in Category Grade 1-3 for her poster in the Fire Prevention Week 2020: FNESS Annual Poster Contest. She received a \$50.00 gift card, Certificate, First Nations' Emergency Services Society calendar, and other items. This year's theme was, "Serve Up **Fire Safety** in The Kitchen." Congratulations Leah!



Our school in partnership with families and communities, is dedicated to striving for excellence by providing a quality education while promoting the N'lakapamux culture.





Mrs. Ens' students celebrated Family Literacy Week with each student receiving a book to take home. Family Literacy Week is an initiative sponsored by the Province of B.C. "Children's

Literacy skills expand and grow much faster when families read, play and learn together," said Jennifer Whiteside, Minister of Education. British Columbians are encouraged to, "read their favourite book, head

outside for some fresh air, play their favourite games and

connect with family virtually while growing their literacy skills.



GRADE 1 AND 2 STUDENTS FROM MRS. ENS' CLASS SHOW OFF THE HABITATS THEY CREATED FOR PENGUINS. THEY READ MANY BOOKS AND WATCHED MANY SCIENCE VIDEOS TO GUIDE THEM IN THEIR FINDINGS. THEY THEN PRESENTED THEIR HABITATS AND RESEARCH BOOKLETS TO OTHERS AND EXPLAINED WHAT THEY LEARNED. QUITE THE LITTLE EXPERTS!







Students in K-2 showed their creativity and imagination by transforming cardboard boxes into vehicles. They cut, pasted, colored, glued, taped, stapled, and did whatever was needed to build their automobiles. They then 'drove' to the 'Whispering Pines Drive In", to watch a Valentine's movie and eat popcorn. Thanks to Ms. Cody for organizing this fun event





James Shuter recently celebrated a birthday worthy of a big celebration. Here are the grade one and two students gifting him the cards they created. The photos below are James with the Primary's and the Intermediates. When asked for words on his journey through life, James wrote,

Life is in the words we say, Walk in the word through the Holy Spirit, You will have life more abundantly. Love walk the creator is LOVE

Happy Birthday James, you are well loved and respected.



March 2021- Grade 7 Newsletter

Hello from the Grade 7 Class! We have been steadily working on a variety of projects and concepts. Unfortunately, Covid-19 has played a major role in our classroom's attendance. Parent's, please keep in touch with the school if your child is not going to be attending class for any reason. It is important that we are informed so that we can plan accordingly in keeping your child up to date with assignments. Here is a quick snapshot as to what we have been working on:

Math

Our progress has been slow in Math, to move forward we had to take a few steps back to remember the processes of prime factorization, calculating square roots and cubed roots. We are now easing into the concepts of fractions, decimals, and percent. To help reinforce our learning we often utilize the Mathletics program a great tool that helps strengthen Math skills which can also be accessed at home!

English Language Arts

We recently completed a unit on Folktales. The students studied the five different types of folktales and focused in on First Nations legends, myths, and made their connections to many Science concepts. Our next project will be on Biographies. The students have already read about many influential people and their contributions to society. Our current assignments involve researching and writing about prominent First Nations role models in Canada.

Our **Social Studies and Science** classes have been geared on learning more about what is happening in the world around us. For example, NASA's past, current and future projects, and environmental issues that affect First Nations across Canada. Please ask your child about the interesting readings we have been discussing in class.

The latest **Art Project** has us making Teddy Bears! The Grade Sevens have learned how to thread a needle, tie a knot, follow written instructions and do a running stitch. These are useful life skills that I hope the students will use again in the future. We are all very proud of their progress and creations!

Thank you to Clif and Jen who taught many students to skate for **P.E class**! All Grade 7 students had the opportunity to learn to skate. A lot of the students enjoyed this opportunity while others realized that skating was not their forte, the effort to try was there. We all appreciated your time, effort, and dedication to this year's skating program! Clif and Jen also took the time to take individual photos of each student, going above and beyond! A perfect example of teamwork, collaboration

We all are looking forward to a new month, term and season coming up, stay safe!







Grade ¾

This month ended our three month hockey experience. Our class went skating once a week and progressed from falling all over the place, to wearing hockey pads and skating with both feet.

Our class has been a small one since Christmas as a few students are studying at home to be extra co-vid safe and two students moved away from Merritt.

We welcomed a new student, Lily Yamelst to our class and her younger brother Hank to our school.

As a class, we've been learning: multi-digit addition with regrouping, reading a clock, and making bar graphs as well as finding books that we enjoy reading.

We all can't wait until we've put COVID-19 behind us and all our friends are back at school.

Happy February, Mr. Easterbrook



Mrs. Haller's grade 4-5 class did a wonderful job of creating Black Glue Hearts and beautiful pop-up cards for Valentine's Day. Her students also enjoyed making strawberry lemon cake skewers!



All our Kindergarten/ Grade 1 class has progressed in the skating program at the school. They defiantly gave it their all and were excited to go every week. We went from once a week to twice a week. A big thank you to Clif and Jen! Amazing skating/ hockey skills teachers.

March 2021



On the week of February 16th—19th, we had spirit week. The students and staff sure enjoyed themselves . Thank you all that participated. Check out the March calendar for the next Spirit week activities.









LANDS



Lands enquiries and requests can be directed to the Lands Manager: Brandi O'Flynn

brandi.oflynn@lnib.net phone: 250 378 5157

LANDS UPDATES



LANDS – ONLINE

Lower Nicola Indian Band (LNIB) Lands department contacts and information can be viewed online by visiting the main LNIB website at:

www.lnib.net

The Lands team has uploaded law draft documents with tracked changes for members to review, including audio recordings from presentations and discussions that occurred virtually. Members can access Lands Management Advisory Committee (LMAC) meeting minutes and information by visiting the Lower Nicola Indian Band Membership Portal online at:

members.Inib.net

Materials for all Lands activities and events are also printed and made available for members to pickup at the Lands office upon request.

For questions or technical support contact the Lands team at kristopher.por@Inib.net

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LANDS MANAGEMENT ADVISORY COMMITTEE

Lands Management Advisory Committee (LMAC) meetings are being held virtually and are open to all Lower Nicola Band members. Join in to discuss lands activities and law development!

UPCOMING MEETINGS Mondays from 4PM – 7PM MARCH 08 MARCH 29 APRIL 12

Find Lands Management Advisory Committee (LMAC) events on the LNIB calendar or email brandi.oflynn@Inib.net for details about joining upcoming meetings.



LNIB POLICY AND LAW DEVELOPMENT

The Lands team continues to develop and review policies and laws to support the community through Land Code. Here is the status of drafted documents under review by the Lands Management Advisory Committee (LMAC).

Business Licensing Law: 1st Review complete Ticketing and Enforcement Law: 1st Review complete Subdivision, Development, and Servicing: 1st Review complete Environmental Management Law: Draft in progress - Environmental Management Plan: 1st Draft - Solid Waste Management Plan: 1st Draft

At Lands Management Advisory Committee (LMAC) meetings, Band members review the law in detail and discuss potential changes.

If you would like to participate in upcoming meetings, email brandi.oflynn@lnib.net



ENVIRONMENTAL MANAGEMENT PLAN (EMP)

With the ratification of the Land Code, LNIB accepts responsibility for governing and managing its reserve lands. This responsibility can be seen as having the following environmental components.

 Protecting community members and reserve ecosystems from environmental harm by controlling human activities and making sure that development and other human activities do not create environmental problems or increase risks.

- Complying with environmental requirements arising from the Land Code. LNIB must have environmental protection and environmental assessment regimes, policies, laws, and other measures to address identified environmental issues.
- Complying with federal environmental laws. LNIB must still abide by provisions of the Fisheries Act, Species at Risk Act, and Migratory Birds Convention Act.

The first environmental management planning presentation was presented to the Lands Management Advisory Committee (LMAC) and the Chief and Council in August 2020. The draft is still under development and it will likely be ready for review in 2021.

If you would like more information contact brandi.oflynn@Inib.net



SOLID WASTE MANAGEMENT PLAN (SWMP)

The Lands and Infrastructure Departments undertook a project to examine LNIB's solid waste management program with the goal of improving its environmental and financial outcomes. This Solid Waste Management Plan (SWMP) contains recommendations involving residual waste, recycling, composting, other solid waste, education and engagement.

The Solid Waste Management plan was presented to the Lands Management Advisory Committee (LMAC) and the Chief and Council in July 2020.

To view detailed reports and information visit the membership portal online at members.lnib.net or contact brandi.oflynn@lnib.net for printed documents and materials.



TRADITIONAL HOLDINGS PROJECT

The Traditional Holdings Project team continues to work towards the resolution of Traditional Holdings or Custom Family Lands. These are lands to which members have asserted an interest or right, but are not formally recognized as allotments.

An allotment application draft that aligns with LNIB values, protocols, and preferences expressed during Phase 1 community engagement has been created. A draft plan for a decision-making body and a dispute resolution process has also been formulated.

Updates and draft documents can be found online at www.Inib.net after being reviewed by the Lands Management Advisory Committee (LMAC).



CANADA MORTGAGE AND HOUSING CORPORATION (CMHC) RENT-TO-OWN AGREEMENTS

The Lands and Housing Departments have been working together over the last year to identify Canada Mortgage and Housing Corporation (CMHC) homes that have been paid in full but have not yet been given a Certificate of Possession (CP).

The Lands and Housing Departments have been able to identify priority order for allotments of the CMHC homes that are eligible to receive a Certificate of Possession (CP) under the LNIB Rental Housing Policy. Next steps will include notifying the members of their eligibility, compiling documents for allotments and scheduling and completing new surveys as needed.

If you would like more information contact brandi.oflynn@Inib.net

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MEMBERSHIP & STATUS CARDS

Members who need assistance with membership or status cards please contact Barb Huston or Justice Cisco, Indian Registry Administrators.

All membership enquires and requests can be directed to Barb Huston at barb.huston@Inib.net or Justice Cisco at justice.cisco@Inib.net



WILLS PROJECT UPDATE

In mid February, the Lands team hosted two wills and estates presentations in partnership with a contracted legal firm. During the month of March, the Lands team will be assisting eleven LNIB elders with gathering documents and coordinating interviews to update and complete registered wills. We hope to continue this project to assist more LNIB members later this year.

For information about **Wills & Estates Planning**, contact the Lands department at 250 378 5157 for a printed planning booklet that is available upon request.

General information for estate **Administrators** and **Executors** is also available, contact the Lands department to request printed copies to be picked up at the Lands office.

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MATRIMONIAL REAL PROPERTY (MRP)

Matrimonial Real Property (MRP) refers to real property that is shared by two people during a marriage or common-law relationship. When a marriage or common-law relationship ends, such as in divorce or the death of a spouse or common-law partner, there are often many aspects which require sorting out including the division of real property.

Centre of Excellence for Matrimonial Real Property coemrp.ca/resources

For more information visit the link above or call the Lands office at 250 378 5157

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LOWER NICOLA SECURITY

LNIB has partnered with Securiguard to offer a new program of security monitoring within its residential reserves near Merritt. There will be a trained security guard travelling around the reserves in a marked SUV to help monitor issues reported by residents; such as noise and nuisances, illegal dumping, and general safety concerns.



CONTACT: Robert Moses 250 258 4240

The Lands team is open to hear your feedback about security on LNIB lands. To participate in the **LNIB Securiguard Survey** visit the link below.

https://forms.office.com/Pages/ResponsePage.aspx?id=zVv6Yq4ZLEmW8e7qmW3_aAu o5OPDSrdMu5wDvYRLolxUMUs4QUdFQkRWNlpNVkIJVjc4SUJWWkZRWC4u

OR contact the Lands office at 250 378 5157 to pickup a printed copy for completion.

ALL LNIB MEMBERS WHO COMPLETE THIS SURVEY WILL RECEIVE A TWENTY-DOLLAR GIFT CARD COURTESY OF THE LANDS DEPARTMENT.



LANDS OPEN HOUSE PRIZE WINNERS

The Lands team hosted an Open House event last October where members had a chance to gather at Shulus Hall for presentations and discussions about land activities and projects. Names for door prizes were recently drawn!

Samsung 43" UHD 4K TV Irwin Mike

Multi-use Pressure Cooker Angela McIvor

Portable Heater 9000BTU Leona Antione At the Bridge Book Opal Charters Coleman Xtreme Cooler Destiny Coutlee At the Bridge Book Barb Huston



Thank you all for joining us!

To claim your prize please contact the Lands team at 250 378 5157 so we can arrange a time for you to pickup your prize from the Lands office.



RECOMMENDED LISTENING

Land Decolonized is an Indigenous podcast that explores the practical side of the Framework Agreement on First Nation Land Management. This podcast was created for First Nations communities and anyone interested in learning more about land governance outside of the Indian Act. The Land Decolonized podcast is brought to you by the First Nation Land Management Resource Centre and supported by the First Nation Land Advisory Board.

Available on Apple Podcasts and Spotify.



Land Decolonized by First Nation Lands Management Resource Centre

Download the podcast for free on you computer, device or tablet. Visit the First Nation Lands Management Resource Centre online at www.labrc.com

Lower Nicola Indian Band N?e?iyk Spílaxm

Land Code

Complete the puzzle and return to the Lands Department to be entered for a prize draw.



Across

- 3 Land in which all members have a common interest
- 4 Name of the law which lets LNIB govern its land
- 6 A decision
- 7 A change to a law
- 8 Federal legislation dealing with First Nations
- 10 Kept private except to those directly involved
- 11 IR #2
- 12 Process of ensuring compliance with LNIB Laws
- 13 Disagreement
- 15 Too enter land or property without permission
- 16 All our surroundings including air water plants and animals
- 19 A licence which allows access to a piece of land
- 24 Materials or substances such as minerals, forests, water

- **Down** 1 To
 - To formally give land to a member
- 2 The person responsible for the records regarding land
- 3 The document you receive with an allotment of land
- 5 Another name for rules, regulations and legislation
- 9 Committee established by Council to review land matters
- 14 IR #4
- 17 Someone who is registered to LNIB
- 18 A written contract for the use of lands or buildings setting out terms and conditions
- 20 Another name for customs and beliefs
- 21 To provide formal consent or approval
- 22 A group of people gathering for a purpose
- 23 A method that regulates how a property can be use
- 25 Once a year
- 26 The elected government of LNIB
- 27 Word meaning life partner, husband or wife

CROSSWORD

Try your hand at this crossword puzzle. Need to find answers? Some are in the newsletter and of course all the info is on the LNIB website: https://www.lnib.

net/lands-projects/

LAND CODE SUMMARY

HIGHLIGHTS FROM THE LOWER NICOLA INDIAN BAND'S LAND CODE

Members voted and approved the LNIB Land Code in August 2016 and the Land Code came into effect on December 1, 2016. To help members understand the Land Code, we have broken each section down into highlights. However, this document should not replace reading the document in its entirety. You can find the LNIB Land Code and many other important documents at Inib.net/policies-bylaws.



To view the full LNIB Land Code visit Inib.net/policies-bylaws. For more information contact Stephen Jimmie at

stephen.jimmie@lnib.net.





2

LAND CODE SUMMARY

PREAMBLE

Acknowledges the Lower Nicola Indian Band's connection to its lands and resources and the rich history of decisionmaking and self-governance since time immemorial. The preamble reinforces the Band's desire for reserve lands and resources to no longer be managed by Canada (*Indian Act*), but managed by the Band under a Land Code.

Some of the language directly from the Land Code includes:

- WHEREAS since time immemorial, the members of the Lower Nicola Indian Band have continuously and without interruption occupied our territory and exercised Aboriginal title to our traditional lands;
- AND WHEREAS for countless generations we have exercised governance authority over the land, the waters, the salmon, the animals and all other resources of the land;
- AND WHEREAS the Lower Nicola Indian Band aspires to move ahead as an organized, highly-motivated, determined
 and self-reliant Nation
- AND WHEREAS the Lower Nicola Indian Band no longer wants our lands and resources to be managed by Canada under the *Indian Act*, but instead wants to manage our own lands and resources under our own Land Code.

SECTION 1: PRELIMINARY MATTERS

Sets out the preliminary matters including the purpose, principles and definitions to be used in the Land Code.

The LNIB Land Code recognizes that LNIB has occupied and used its lands, waters and resources and has never surrendered or relinquished Aboriginal title. Nothing in the Land Code is intended to or does abrogate or derogate from any Aboriginal rights and title now or in the future.

Here are some highlights from Section 1:

- Culture and traditions: The structures, organizations, laws and procedures established by or under this Land Code shall be interpreted in accordance with the culture, traditions and customs of LNIB, unless otherwise provided.
- Non-abrogation: This Land Code does not abolish, repeal or otherwise abrogate, or detract, diminish or otherwise derogate from, any Aboriginal, treaty or other rights or freedoms that pertain now or in the future to LNIB or its members, including, without limitation, rights to land, water, air and natural resources.





3

LAND CODE SUMMARY

• LNIB Lands (subject to this Land Code):

- » Hamilton Creek IR#7
- » Joeyaska IR#2
- » Logan's IR #6
- » Nicola Mameet IR#I
- » Pipseul IR#3
- Excluded Lands:
 - » Hihium Lake IR#6

» Speous IR#8

- » Zoht IR#4
- » Zoht IR#5
- » Zoht IR#14

SECTION 2: LNIB LEGISLATION

Sets out the **legislative** process — including what law making power the LNIB Council will have and the procedure for how new land laws will be created and implemented.

- Law-making powers: Council may make certain laws pertaining to a number of topics (see full LNIB Land Code for a comprehensive list) that are subject to any applicable community approval requirements.
- · Law-making procedure: A proposal for a law may be introduced at a duly convened meeting of Council by:
 - » Chief or Councilor
 - » Representative of the Lands Management Advisory Committee
 - » Lands Manager
 - » Petition signed by at least 20% of eligible voters
- **Community input to be considered:** Prior to enacting a law, Council shall consider any input received from members through community engagement. Except for at a meeting of members where approval is required to pass a law, there is no minimum number of participants required. See the next page for information about what laws must be passed by members at a community meeting.
- Enactment of law: Subject to the community and approvals process, a law is enacted if it is approved by a majority of Council by resolution at a Council meeting that is open to members.





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SECTION 3: COMMUNITY ENGAGEMENT AND APPROVALS

How and what the process is for implementing various elements of the Land Code. Before a land law can be enacted, a defined process is set forth to be followed that includes:

- Meetings of members: Before enacting a law, Council will call a community meeting to receive input from members and, where required, obtain community approval.
- Community approval: Must be obtained for the following:
 - » Amendment of the Land Code;
 - » A land use plan or amendment to a land use plan;
 - » Any development on a heritage site designated in a land use plan;
 - » Any amendment to LNIB's Individual Agreement that significantly reduces the amount of funding provided by Canada;
 - » A law under section 29 (Heritage Sites)
 - » A law enabling development or loss of protection of a heritage site relating to any cemeteries;
 - » A spousal property law under section 26 (Spousal Property Law); and
 - » Any other law or decision that Council, by resolution, declares to be subject to this section.
- Minimum requirements for approval: A law (or matter) is approved by eligible voters at a community meeting or ratification vote if 10% of eligible voters participate in the vote (quorum) and a majority vote in favour of the matter.
- Ratification for this Land Code: This Land Code shall be approved if:
 - » A majority of registered voters vote in favour; and
 - » The total number of votes in favour is at least 25% plus 1 of the total number of all eligible voters.

Note: Refer to Section 3 of the LNIB Land Code to review the full community engagement and approvals process.

SECTION 4: INTERESTS AND LICENCES IN LAND

Sets forth the general ways that individual people can have legal interests in land. This section deals specifically with the procedures regarding voluntary land exchange, protection of land and expropriation of land by the LNIB.

Here are some key highlights:

• Continuation of existing interests: Any interest in LNIB land that exists when this Land Code comes into effect will continue in force.





- · Lands Management Advisory Committee: Will advise Council on the granting of interests and licenses.
- Council may grant allotments: Allotments may be granted by Council to members in accordance with procedures established by Council and any general zoning law and land use plan.
 - » No community approval is required for an allotment.
 - » Non-members cannot hold an allotment or permanent interest in LNIB land.
- Spousal Property Law: Council will enact a spousal property law developed by the Lands Management Advisory Committee (in consultation with community members).
 - » Any spousal law proposed must be submitted for community approval to be approved at least 25% of the eligible voters participate in the vote and a majority of those voters approve it.

SECTION 5: PROTECTION OF LAND

Deals specifically with the detailed procedures for the expropriation of land by the LNIB — this includes how expropriation can take place as well as fair market value and compensation calculations.

Highlights from Section 5 include:

- Expropriation: The reserve size cannot decrease under the Land Code. If required, a community expropriation may only be made for a community purpose.
- Expropriation laws: An interest or license in LNIB land (or in any building or structure) may only be expropriated by LNIB provided a number of conditions have been met, including:
 - » A law has been enacted;
 - » Written notice has been provided;
 - » Council has undertaken community engagement;
 - » Council has attempted to negotiate with the licence-holder; and
 - » Council has issued a report to members explaining why the expropriation is necessary.
- Voluntary land exchanges and protections: LNIB may agree to exchange a parcel of LNIB land for a parcel of land from another party. However, an exchange of LNIB land is not valid unless it receives community approval.

Expropriation: The act of taking privately owned property by a government to be used for the benefit of the public.





SECTION 6: LAND ADMINISTRATION

This section sets out the basics of how land will be managed day-to-day once Canada is no longer administering LNIB land. This section covers things like the development of a Lands Management Advisory Committee, how money earned from lands will be allocated, and keeping track of land interests.

- Lands Management Advisory Committee
 - » Composed of an uneven number of no less than five eligible LNIB members (including the chair).
 - » Responsibilities include community engagement and approvals, development of lands administration system, and advising Council on matters respecting LNIB land.

Note: Are you interested in your eligibility criteria and the full duties of the Lands Management Advisory Committee? Read through the full LNIB Land Code at Inib.net/policies-bylaws.

SECTION 7: ACCOUNTABILITY

To make sure that leadership manages lands and resources clearly and openly, this section deals with issues of like conflicts of interest, financial records, regular audits, an annual land management report and members' to access information.

Important highlights from Section 7 include:

- Lands management budget
 - » Prior to the beginning of each fiscal year, Council will consult with the Lands Management Advisory Committee and adopt a lands management budget that has been established by the financial controller at LNIB and the lands manager.
 - » Once the lands management budget has been adopted, it will be presented at a community meeting and made available for members to view.
- Annual report
 - » After receiving an audit report (see full Land Code for annual audit details), Council and the Lands Management Advisory Committee will prepare an annual report reviewing land management activities, the audit, and other lands-related activities.
- · Access to information. LNIB members may have reasonable access to the following:
 - » Register of laws;

» Lands management budget; and

» Auditor's report;

» Annual report



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SECTION 8: DISPUTE RESOLUTION

This section lays out steps to follow if land-related disputes happen and talks about things like a dispute resolution panel, ensuring the panel is confidential and impartial, and developing steps that the panel will follow in a dispute.

Specific highlights from Section 8 include:

• Dispute resolution law: Council will enact a law establishing the dispute resolution process — that will oversee the process of initiating and addressing disputes.

SECTION 9: OTHER MATTERS

The "odds and ends" of the Land Code, where matters (important, but not part of the other categories) are discussed. Issues addressed in this section include:

- Land-related insurance requirements;
- What happens when someone breaks the Land Code;
- · How to make changes to the Land Code; and
- · How and when the Land Code takes effect

Highlights from Section 9 include:

- Amendments to the Land Code. All changes, except minor ones that do not change the substance of the Land Code, must receive community approval and approval of Council by resolution.
- The Land Code comes it effect on the first day of the month following certification. To achieve certification the Land Code and Individual Agreement (IA) need to be approved by the eligible voters and after the eligible voters approve the IA it needs to be signed by the Chief and Council and Minister of INAC.

Remember to view the LNIB Land Code and many other important documents online at <u>www.Inib.net.</u> If you have any questions or would like to speak with someone directly about Land Code, contact Stephen Jimmie at <u>stephen.jimmie@lnib.net</u>orcall the Band Office at **250-378-5157**.





RECREATION CALENDAR

March 2021

Lower Nicola Indian Band Recreation

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Gym bookings	2 Hiking with youth from rocky pines center 345pm	3 Gym bookings	4 swimming pool for 5 3:45 limited youth 4pm	5 Class 2 test	6
7	8 Gym bookings	9 Spring break activity deliveries	10 Gym bookings	11 swimming pool for 5 limited youth 4pm	12 Gym bookings	13
14	15 Training	16 Bowling @2- 4	17 Training	18	19 Gym Bookings	20
21	22 Gym booking	23 Bowling @2- 4	24 Gym booking	25	26 Gym bookings	27
28	29 Gym bookings	30 Easter deliveries	31 Gym bookings			

EVENTS

Please contact recreation assistant Jacint for bookings Phone 250-575-0569

Youth wanting to go swimming or bowling must book in advance with Jacint. Limited 5 seats available.

For Hiking and bowling Tuesday, meet at the community center

If your child isn't feeling well, please don't send them to any programs until they are better. If they are experiencing any COVID symptoms they need to stay home, if they attend and aren't well, we will need to bring them home. Swimming is open during Spring Break Please call the Aquatic center too book your . appointments 250-378-6662. Bowling passes will be available.

JOBS

Lower Nicola Indian Band

Position Title: Housing Maitenance Assistant **Hours:** 35 hours per week **Start Date:** asap **Department: Infrastructure Reports to:** Director of Infrastructre

Primary Duties and Tasks:

• Assist the Facilities Maintenance Manager in daily repairs and maintenance of LNIB housing and buildings.

• Provide services as necessary to all LNIB buildings on reserves, including band rentals and housing.

- Assist Tenant Relations Coordinator and Housing Administrator as needed.
- Perform plumbing, carpentry, and general building maintenance related work

• Operate and maintain Public Works Equipment: backhoe, garbage truck, pickup truck, weed eaters, mowers, small power tools, hand tools, garden equipment, dump truck, snow plow truck, trailer.

- Assist in collection of recycling products weekly.
- Assist other departments as requested from Manager.
- Be part of the On-call rotation.

Minimum REQUIREMENTS

- Must have a minimum of grade 12 education.
- Minimum 3 years of direct work experience in construction industry or construction trade.
- Must be willing to obtain Small Water and Wastewater Systems certification with EOCP.
- A related Red Seal certificate is an asset.
- Good verbal and written communication skills
- Team oriented with excellent interpersonal skills
- Good time management skills, multitasking skills, and the ability to prioritize tasks with minimal supervision
- General mathematical and budgeting skills

Working Environment:

High demand volume periods requiring occasional overtime in all weather conditions. Close team work environment requiring commitment to be at work for planned projects. Frequent dialogue by phone, email, and in person with staff and managers. Occasional distractions from field level noise. Working long periods outside in, around and on various equipment, work at a computer, with occasional periods on the phone, and paperwork.

Compensation

The starting wage for this position is \$21.00 per hour depending of skills, education and experience. Following successful completion of a 3-month probation period, LNIB provides extended Benefits and -Pension package.

Lower Nicola Indian Band

Position Title: Community Services Assistant Department: Community Services Hours: 35 hours per week Start Date: asap Reports to: Director of Human Services

Summary of Responsibilities

Reporting to the Director of Human Services, the Community Services Assistant will be responsible for providing support to the Human Services Sector staff of LNIB, must be flexible and willing to perform a wide range of duties.

Duties and Tasks

· To provide Patient travel to LNIB Community members who have status

- · To do quarterly reports to First Nation Health Authority
- · To assist with Social Assistance Coordinator on cheque day and filing
- · Provide clerical and administrative support to program and activities staff
- · To assist with purchase order requests
- · To facilitate the Good food bag program
- · Undertake special projects/ and or assist with big community events when required
- · Assist with community events.
- · Performs other related duties as assigned by the Director

Knowledge, Skills and Abilities:

- · Valid Class 5 driver's license and access to transportation, must provide a driver abstract
- · Ability and willingness to submit to a criminal records check
- · Experience with Microsoft Office suite software, email & internet
- · Strong interpersonal skills, and written and oral communication skills
- · Extensive experience working with confidential material
- · Patient travel policy training, first aid and food safe required or willingness to take the courses
- · After business hours and work on weekends may be required,
- · Ability to attend internal and external meetings, including at client's home
- · adaptability/flexibility
- · team rapport
- \cdot leadership and role modeling
- \cdot collaboration

Apply below

Deadline to apply: Until filled Email: hr@lnib.net

Lower Nicola Indian Band

Position Title: Referrals Clerk/Field Technician Department: Economic Development Hours: 35 hours per week Start Date: ASAP Reports to: Title and Rights Administrator

Summary of Organizational Responsibilities:

Referrals Clerk/Field Technician is responsible for data entry and management of all referrals into the database, deciphering maps based on project location. Participating in environmental, archaeological, forestry field work, and writing PFR reports. As well as attending meetings, completing tasks as the Title and Rights Administrator requires.

Duties and Tasks:

- · Communications (reports, presentations, emails, proposals);
- · Maintains a comprehensive filing system for the Referrals Department;
- · Has availability of flexible work hours and travel needs;
- · Data entry for all referral files;
- · Complete Environmental, Archaeological and Forestry field work as required;
- · Attend meetings as required;
- · Write PFR reports as required;

· Interviewing community members on current and historical resource use in the Nlaka'pamux Territory; and

· Performs other duties as assigned by the Title and Rights Administrator.

Knowledge, Skills and Abilities:

· A valid driver's license and reliable transportation (Mandatory);

• Post-secondary education in a diploma program or undergraduate degree in a related field such as Geographic Information Systems (GIS), Aboriginal Studies, Natural Resources, Environmental Management, or a related field is an asset; and or one (1) or more years' experience doing field work, forestry/environmental; or an equivalent combination of skills, knowledge and experience;

- · Excellent oral and written communications skills;
- · Computer literate in Microsoft Word, Excel, Outlook, Publisher;
- · Ability to review and decipher maps;
- · Attention to detail related to note taking, and field sampling duties; and
- · Personal Protective Equipment (hard hat, safety glasses, steel toed boots, hi-vis vest) required.

Working Environment:

- · Occasional travel may be required;
- · Outdoor work, subject to all weather conditions and terrain;

- · High paced work environment;
- · Long hours of work may be required; and
- · Ability to attend internal and external meetings, often after business hours.

Deadline to apply: until filled

Apply at: https://secure.collage.co/jobs/Inib OR Email: HR@Inib.net

Interested candidates should include a resume and cover letter complete with references, specifying the position you are applying for.

Thanks to all who apply, only qualified candidates will be considered.



Lower Nicola Indian Band

Department: Lands and Economic Development Department

Position Title: Cultural Heritage and Environmental Field Workers

Summary of Organizational Responsibilities:

The successful candidate will bring their energy, enthusiasm and interest in environmental and cultural resources to a variety of resource planning and research projects. Specifically, the successful candidate will provide support to the LNIB staff on Cultural Heritage and Environmental resource development projects.

Duties and Tasks

Field surveying of Cultural Heritage Resources, archaeological, plants, wildlife and soils values;
 Data entry;

· Communications (small reports, presentations);

 \cdot Background research relating to current and historical resource use and environmental management;

· Interviewing community members on current and historical resource use in the Nlaka'pamux Traditional Territory;

- · Strong computer and information management skills;
- · Strong file management;
- · Familiarity with online mapping platforms.

Knowledge, Skills and Abilities:

- · A valid drivers license and reliable transportation (Mandatory);
- · Positive attitude and genuine interest in projects and related duties (Mandatory);
- · Understanding/interest in Nlaka'pamux resource use and cultural practices;
- · Computer literate in Microsoft Word, Excel, Outlook, Publisher;
- · Attention to detail related to note taking, and field sampling duties;
- · Physically fit and able to work in adverse field conditions;
- · Daily travel will be required;
- · High paced work environment;
- · Personal Protective Equipment (hard hat, safety glasses, steel toed boots, hi-vis vest) required;
- · Ability to speak or willingness to learn the Nlaka'pamux language.

Qualifications:

· Post-secondary training/education in natural resource management or related field (Preferred);

• Resource Inventory Standards Committee Training in Archaelogical and CMT Inventory for Crew Members (Preferred);

· Level I first-aid (Preferred);

Working Environment:

- · Outdoor work, subject to all weather conditions and terrain;
- · Must be able to handle wildlife encounters and respond as per training.

Applications must be received by 1st April 2021. To Apply: Email: <u>HR@Inib.net</u> Job Website: <u>https://secure.collage.co/recruiting/positions</u>



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Job Posting

Heskw'en'scutxe Health Services Society is looking for a physically fit, responsible, and reliable person to join our team to fill the **Casual Part Time Labour** position. HHSS provides safe, timely and community member focused health services. Working with and taking direction from team members to provide friendly, confidential client services such as sorting monthly food bags and delivery, newsletter delivery, and event set up and take down.

Term: Casual Part Time Hours vary Hourly wage: \$15.00

Location: We serve 2 locations, the communities of Siska Band and Cook's Ferry Band

We are looking for someone who has the following qualities:

- Physically fit and able to lift up to 50lbs.
- Conscious of time constraints
- Calm, mature and confidential
- Easygoing and personable
- Flexible
- Empathetic
- Confidential
- Safety oriented and follows all Public Health Orders

Responsibilities:

- Ensure safe and timely sorting of food for monthly food bags.
- Support the Community Health Representative with delivering food bags and newsletters.
- Maintain secure handling of all documentation.
- Keep all Society and Client information confidential.
- Always follow all Public Health Orders.
- Other related duties as assigned by the Health Manager or designate

Credentials:

- Valid Driver License and clean drivers abstract.
- Criminal Record Check

We thank all applicants however only those selected for an interview will be contacted.

Please submit a cover letter and resume with work related references to:

Tina Draney, Acting Health Manager email tina.draney@hhssbc.ca Heskw'en'scutxe Health Services Society 3691 Deer Lane Box 188 Spences Bridge, BC V0K 2L0 Telephone 250.458.2212 Fax 250.458.2213

Closing Date: Position opened until filled.

Heskw'en'scutxe Health Services Society is looking for a compassionate, responsible, and reliable person to join our team to fill the **Casual Part Time Medical Transportation** position. HHSS provides safe, timely and community member focused health services transportation to stable and non-emergency care for patients needing to get to and from medical/dental appointments and special events. Driving in all conditions and friendly, confidential client service are key skills in this role. Safety during the current Pandemic is a priority.

Term: Casual Part Time Monday – Friday, Hours vary, some overnight stays Hourly wage: \$15.00

Location: We serve 2 locations, the communities of Siska Band and Cook's Ferry Band

Most travel is to Kamloops, Lytton, Merritt, Ashcroft, and Vancouver

HHSS provides the medical transportation vehicles and covers all the expenses including insurance, maintenance, and gas for transporting clients.

It is critical drivers provide safe transportation, assist the passenger as needed and have compassion and understanding for the client. We are looking for someone who has the following qualities:

- Calm, mature and confidential
- Easygoing and personable
- Flexible, conscious of time constraints
- Empathetic

Responsibilities:

- Ensure safe and timely transportation of clients to their scheduled appointments or special events.
- Pick up clients at designated locations, transport to their medical location and return.
- Maintain secure handling of all documentation.
- Assist passengers with special needs through provisions of physical escort or other needs.
- Obey all BC highway traffic laws.
- Encourage and assist client's doctors to sign Confirmation of Attendance Forms
- Report any needed maintenance of the medical transportation vehicles.
- Clean medical transportation vehicles after each use as per BCCDC standards
- Other related duties as assigned by the Health Manager or designate

Credentials:

- Valid Driver License (Class 5) and clean drivers abstract.
- Clear Criminal Record Check
- First Aid/CPR certificate or be willing to take this training.

We thank all applicants however only those selected for an interview will be contacted.

Please submit a cover letter and resume with work related references to:

Tina Draney, Acting Health Manager tina.draney@hhssbc.ca Heskw'en'scutxe Health Services Society 3691 Deer Lane Box 188 Spences Bridge, BC V0K 2L0 Telephone 250.458.2212 Fax 250.458.2213 Closing Date: Open until position filled.



Job Description

Position: Crushing Laborer, Loader & Hoe Operator

Summary: This role is a shift work position performing a variety of tasks to operate and maintain crushing operations. Candidates with crushing or operator experience will be given preference however on the job training is conducted for less experienced workers.

Safety. No Excuses. is our most important core value, the successful candidate(s) must embody our Health, Safety and Environment Program by participating, implementing and holding yourself and others accountable to all elements of the Program. Successful candidate(s) will participate in safety meetings, hazard assessment (JHA, FLHA...etc.) and complete pre and post-trip inspections.

Responsibilities:

- Complete general physical labor duties including shoveling, cleaning belts and assisting in screen changes and linear changes
- Move tools, equipment and construction materials to and from work areas
- Operate crushing loader, skid steer and excavator feeding a crusher or similar operations
- Complete inspections on equipment and notify supervisor of all defects
- Operate equipment in a safe manner in accordance with all local laws and regulations
- Service/maintenance of crushing equipment
- Other job-related duties as required

Requirements:

- Completion of a Corporate and site-specific Orientation
- WHMIS2015 training
- Successful Fit Test and fitting of a respirator
- Valid Class 5 Drivers License
- Feed plant and load trucks safely and efficiently
- Keep materials within job specifications
- Operate a loader/excavator safely in a high production setting
- Repair and maintain equipment, those who are mechanically inclined will be given preference
- Basic PPE to be supplied by the worker (boots, hi-visibility vest, hardhat and safety glasses). The Company will provide any specialized PPE.
- Ability to take direction and work as a part of a team

Physical Demands: Position requires employee to frequently stand, walk, twist, bend, reach and kneel. Employees must be able to lift 60 – 80 lbs above shoulder height.

Work Environment: Position is shift work. Work is outdoors, and conditions include very cold or temperatures dependent on the season, wind, flying dust, and uneven ground.

Compensation: The company offers great benefits, ongoing training, growth opportunities, and a culture built on determination, teamwork, and integrity.

There will be no travel compensation or LOA for this role. Applicants must be local to the area near the Highland Valley Copper Mine.



MEMBER OWNED BUSINESS DIRECTORY

Aly Moon Pierre, SW Dipl. BSW Online Life Coaching Spirituality Coach, Inclusive Coach www.Inclusive-Coach.com aly@inclusive-coach.com

Angie Bain

Over 20 years experience providing training, research and research analysis services angiebain@shaw.ca 604-802-9709

Bonnie Bent

Micoblading (250) 280-0430 or (778) 800-7878

Donna Bent250-378-4396Donna Bent Artifacts

Brandon Joe 250-525-0443 (text only) Commercial Embroidery and Jewellry

Shannon Kilroy skilroy09@yahoo.com Earthline Contemporary Aboriginal Designs and Accessories

Odd Job Joe Handy Man Service & Solutions 24/7 (250) 378-7945

Ryan Mann PlumberMann 250-936-8655 plumbermann250@gmail.com

Mostly Glass

Mostly Glass Creations: Stained glass, mosaics, mosaic lamps, stepping stones, beads, crystals, prisms, window charms, bracelets Email: mostlyglasscreations@gmail.com Sharon McIvor 250-378-3300 Legal Advisor

Lawyer, Instructor and

James McNaney nomadhauling@gmail.com Trucking, Hauling

Earl Michel emichel@live.ca Wolf Pac Construction

Focus iN Consulting Business development and housing gaildjoe@gmail.com

Lorne Mike paulinehenry2011@hotmail.com Fitness Instructor and Rough Stock Horses

Gene Moses Fencing Gene Moses 250-378-2801

Vivian and Arnie Narcisse Mountainchief Catering 250-315-0584 Catering MC and coordination of Cultural Events

Growing Garlic/Nicola Valley Produce Jerrod Peterson growinggarlic.ca growinggarlic.ca@gmail.com

Gwayne Point 250-378-9167 Northwest Indian Art

Loren Sahara Consulting Personal Development Coach, Mastemind Knowledge Broker 778-676-7844

Lower Nicola Indian Band N?e?iyk Spíləxm

JW Forest Contracting Ltd.

250-378-5468 250-378-1556 (cell) Warren Smith/Janet Sterling, Principals Logging contractors, road builders, land clearing Established 1998 Certified Safe Company 11 employees, 80% First Nations Equipment: Faller/Buncher, Grapple Skidders, Log Processors, Excavators, Cat Crawler Tractors

Millco Safety Services

www.millcosafety.com PO Box 4154 Lower Nicola, B.C. 250-378-2221 Patrick Miller/Angela Garcia, Principals Construction safety, construction security, First Aid, Traffic Control, fully certified personnel

Nicola Valley Muay Thai

Kru Melissa E. Moses 250-378-9155 (msg) 808-428-0178 kru@nicolavalleymuaythai.ca

SCS Diamond Drilling

www.scsdrilling.com 1436 Sun Rivers Drive Kamloops 250.572-2615 250-314-4864 (fax) Spence Coutlee, Principal

Alison Sterling

ajsterling67@gmail.com Jacona Sports, Behavior Intervention, and Bubble Tea

Robert Sterling

robert_sterling@hotmail.com Archaeology, Anthropologist, traditional land use studies

Rona Sterling Consulting Inc. and Godey Creek Paintball

Rona Sterling-Collins info@ronasterlingconsulting.com

Godey Creek Consulting

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T Sterling Construction Ltd. Ted Sterling ted17@telus.net

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Penny Toodlican pcctoodlican@gmail.com

Catering

Victor York victoryork@hughes.net Gourmet coffee supply and distribution

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GREETINGS

Happy birthday Terri-Lynn Beckett! Thanks for being such a great workmate!





Happy St. Patrick's Day - March 17

Did you know? -

The **shamrock**, which was also called the "seamroy" by the Celts, was a sacred plant in ancient Ireland because it symbolized the rebirth of spring. By the seventeenth century, the shamrock had become a symbol of emerging Irish nationalism. As the English began to seize Irish land and make laws against the use of the Irish language and the practice of Catholicism, many Irish began to wear the shamrock as a symbol of their pride in their heritage and their displeasure with English rule

The Leprechaun

One icon of the Irish holiday is the Leprechaun. The original Irish name for these figures of folklore is "lobaircin," meaning "small-bodied fellow." Belief in leprechauns probably stems from Celtic belief in fairies, tiny men and women who could use their magical powers to serve good or evil.

In Celtic folktales, leprechauns were cranky souls, responsible for mending the shoes of the other fairies. Though only minor figures in Celtic folklore, leprechauns were known for their trickery, which they often used to protect their much-fabled treasure. Leprechauns have their own holiday on May 13, but are also celebrated on St. Patrick's, with many dressing up as the wily fairies.

REGISTER FOR YOUR VACCINE

