



September 2020
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LNIB OFFICE HOURS
**LOWER NICOLA
INDIAN BAND**
LNIB Office hours:

Monday- 8:30am-4:30pm OPEN for appointments only

Tuesday- 8:30am-4:30pm OPEN for appointments only

Wednesday- 8:30am-4:30pm OPEN for appointments only

Thursday- 8:30am-4:30pm OPEN for appointments only

Friday- 8:30am-4:30pm OPEN for appointments only

All offices will be CLOSED 1:00-2:00pm for lunch.

To adhere to Covid-19 Safety Protocols only two people from the public will be allowed in a building at a time.

- Hygiene protocols are posted in all buildings
- Plastic screens are installed as a barrier between public and reception
- No more than two members of the public in any office building at a time
- Declaration by both parties that neither has nor been exposed to Covid-19
- Masks must be worn (available at the front door)
- Disposable gloves worn when exchanging/touching involved (available at the front door)
- Building rentals are not open to the public and will be reassessed later.

Office Numbers:

Education	250-378-5157	LNIB Arena	250-378-5180
Administration	250-378-5157	Health & Social	250-378-5157
Public & Capital Works	250-378-5157	Housing	250-378-5157
LNIB School	250-378-5527	LNIB Fire Hall	250-378-5110
Lands & Economic Dev.	250-378-5157		

Effective Immediately

181 Nawishaskin Lane Merritt, BC V1K 0A7
Phone: 250-378-5157 | Fax: 250-378-6188 | Email: reception@lnib.net

COVID TESTING @ LNIB

COVID-19 TESTING @ LNIB

**BY APPOINTMENT ONLY
ABSOLUTELY NO DROP INS
THIS LIMITS THE SPREAD**

WHO

Only people that have symptoms of Covid-19 for at least 24 hours will be swabbed.

WHEN

**Tuesdays & Thursdays
9:30am - 1:30pm**

WHERE

Various LNIB Locations

Due to privacy and confidentiality location not posted

COMMON SIGNS AND SYMPTOMS OF COVID-19

**FEVER • Dry Cough • Tiredness • Less Common—
Body aches • headaches • Loss of smell/taste**

To register please call Nurses, Irene Howe or Rainbow Acoby. Please leave msg with name, reason for call, and contact info.

(250) 378-4089



ALL COMMUNITY MEMBERS

PRE- SCREENING

Phone LNIB nurse and answer several questions. Then we can arrange a time to come in. Do not

DURING SWAB

Blow nose if needed. Swab inserted into nostril and will remain for 10 seconds while nurse turns it a few times. And done!

AFTER SWAB

You must go straight home, do not stop anywhere. Isolate until your symptoms improve, even if results are negative.

SERIOUS SIGNS & SYMPTOMS

Call 811 if you are;

- **Having difficulty breathing**
- **Having chest pain or pressure**
- **Loss of speech or movement**

EXECUTIVE DIRECTOR



Dear LNIB Members,

I am pleased to present our monthly report for August 2020. This month the operations of LNIB continue to operate remotely. Staff can be reached by phone and/or email and will do what they can to address your concerns. Let us all do our best in protecting each other by physical distancing and staying home. Looking forward we will be opening in the month of September with Covid-19 Safety Precautions and Guidelines.

Here are some of the things we are working on:

Human Resources: Band buildings are open to the public and we will set out some Covid-19 safety protocols for staff and membership to follow to keep the distance. We are committed to keeping the community and employees safe during this pandemic.

This month no new staff were hired. Summer students are now finished with LNIB and LNIB is wishing them well in the upcoming school year. LNIB would like to thank Nicola Cree-Belcourt for her dedication to LNIB and wish her well in future endeavors. Current job posting with Lower Nicola Indian Band is Janitor visit <https://www.lnib.net/jobs/> or <https://secure.collage.co/jobs/lnib> for further details.

Committees and Liaisons: Lands Management Advisory Committee met August 24th. School Board meetings will start up in September. All committee meetings are open to the membership to join. Please contact the band office for details on how to join the meetings.

Community Meetings and Workshops: Workshops will start to take place with Covid-19 Coronavirus pandemic safety protocols and Social Distancing guidelines clearly posted. There will be some opportunities presented online please watch for the advertisements for these.

Support to Chief and Council: Chief and Council met August 25th. The band general has not been scheduled yet due to the constraints of the Covid-19 Coronavirus and self-distancing. Should you require anything on the Chief and Council agenda scheduled for September please contact Sondra Tom and/or myself. Also, the Chief and Council meetings are open to membership to join via online or telephone. Please contact me to be added to the invitation for the scheduled Chief and Council meetings.

CHINOOK LICENCE



Fisheries and Oceans Canada / Pêches et Océans Canada

Licence Number: XFSC 308

Valid From: 31-Aug-2020

Expiry Date: 15-Sep-2020

This licence is issued under the authority of SECTION 4 OF THE ABORIGINAL COMMUNAL FISHING LICENCE REGULATIONS.

This licence is not intended to define an Aboriginal right to fish or its scope; however, for the fishing season, it is intended to provide a mechanism, for reasons of proper management and control of the fisheries and conservativ protection of fish, for requiring compliance with the provisions of this licence.

This licence is subject to the *Fisheries Act* and regulations thereunder, and confers the authority to fish under the following conditions: Food, Social, and Ceremonial purposes.

Period of Activity:

Licence Holder may harvest during the periods further described in the Terms and Conditions and Species Gear Areas portion of this licence document.

Licence Party and Details:**Licence Holder:**

FIN: 123996
181 NAWISHASKIN LANE
MERRITT BC V1K 1N2

LOWER NICOLA INDIAN BAND

Contact Number: 250-378-5157
Fax Number: 250-378-6188

Species, Quantity of Fish, Area(s) and Gear:

Species: CHINOOK SALMON (*Oncorhynchus tshawytscha*)

Allowable Fishing Times: Start: Monday, August 31, 2020 at 18:00
End: Tuesday, September 15, 2020 at 23:59

Gear: Rod & Reel (unspecified)
Dip Net

Licence Area: Portions of SAWMILL CREEK TO TEXAS CREEK; THOMPSON RIVER TO BONAPARTE RIVER

Additional Descriptions: Fishing is not permitted in Kanaka

Fishing with Dipnets and Rod and Reel is permitted in the following areas:

1. In the waters of the Fraser River:
 1. From Sawmill Creek to Williams Creek,
 2. From Petch Creek to False Creek/Fourberrel,
 3. From Piglog Creek to Texas Creek,
2. In the waters of the Thompson River upstream to the Bonaparte River

** Please note that Nicomen and Cooks Ferry will be following Covid-19 Social Distancing Measures*

Species: CHINOOK SALMON (*Oncorhynchus tshawytscha*)

Allowable Fishing Times: Start: Friday, September 4, 2020 at 06:00
End: Monday, September 7, 2020 at 18:00
Start: Friday, September 11, 2020 at 06:00
End: Sunday, September 13, 2020 at 18:00

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CanadaPêches et Océans
Canada

Licence Number: XFSC 308 2020

Valid From: 31-Aug-2020

Expiry Date: 15-Sep-2020

Gear: Gillnet (unspecified) (Mesh Size Min: 8 Inches)**Licence Area:** Portions of SAWMILL CREEK TO TEXAS CREEK; THOMPSON RIVER TO BONAPARTE RIVER**Additional Descriptions:** Fishing with 8 inch mesh Gillnets is *not* permitted in Kanaka, Siska, and NicomenFishing with 8 inch mesh Gillnets *is* permitted in the following areas:

1. In the waters of the Fraser River:
 1. From Sawmill Creek to Williams Creek,
 2. From Petch Creek to False Creek/Fourberrel,
 3. From Pooyelth Creek to Texas Creek,
2. In the waters of the Thompson River upstream to the Bonaparte River
 1. From the confluence with the Fraser to a location between Putkwa 15 and Shuouchten 15, where a large ravine intersects the Thompson River,
 2. Upstream of Goldpan Provincial Park ("Drynoch bridge") to the Bonaparte

Individuals or groups assisting with the authorized activity:

This licence is issued to the **Lower Nicola Indian Band** for and on behalf of their individual members.

Terms and Conditions:**Definitions**

"DFO" means Fisheries and Oceans Canada (formerly Department of Fisheries and Oceans).

"First Nation" means First Nation noted as a Licence Holder in this Licence

"Fish" means those species of fish listed in Parts I & II of Schedule I of the Pacific Fishery Regulations, 1993, including herring spawn.

"Fishery" means fishing under the authority of this licence.

"Licence" means any type, kind or category of licence as defined in the Fishery (General) Regulations.

Species, Quantity of Fish, Area(s), Dates, Times, Gear and Gear Identification

Subject to amendments to the conditions of this licence and subject to close times as may be varied by the Director-General, Pacific Region, DFO in accordance with the Fishery (General) Regulations, species of fish set out in this licence may be harvested under this licence,

- (a) in the maximum specified quantities,
- (b) during the specified dates and times,
- (c) with the specified gear, identified or marked in accordance with the specified method,
- (d) at the specified locations, and
- (e) in accordance with the other conditions, set out in this licence.

Subject to closures and other terms and conditions of this licence, the authority to fish each species set out on this licence will expire on the date specified or earlier if DFO, after consultation with the First Nation, has determined that the maximum quantity for the species has been reached.

This licence is for a maximum quantity for the term of this licence, for management purposes only, and is without

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prejudice to maximum quantities in future years. Should the First Nation reach their maximum specified quantities and require more, DFO will enter into discussions with the First Nation on the fish species they require.

This Fishery is limited to the harvest of **Chinook** salmon.

All efforts and attempts shall be made to return all non target species including Sockeye salmon, Steelhead, and Sturgeon to the water alive and unharmed. Sockeye salmon, Steelhead and Sturgeon must not be retained.

Gear and Gear Identification:

The following gear is permitted to be used for Salmon fishing:

- (a) Rod and reel (angling) ,
- (b) Dip nets
- (c) Gill nets subject to the following conditions;
 - (i) Must be 8 inch mesh.
 - (ii) Members of the First Nation may fish one (1) gill net each.
 - (iii) Gill nets shall be no than ten (10) fathoms or sixty (60) feet or eighteen and three-tenths (18.3) meters in overall length with a minimum 8 inch mesh and a 3:1 hang ratio.
 - (iv) All gill nets must be legibly marked with a floating tag or buoy attached to one end thereof. The tag or buoy must be clearly marked with the member's name and Band card number.
 - (v) The gill net shall be attended at all times by the participant who is fishing the net. Nets left unattended will be removed.

Use of Fish

Fish caught under this licence are for food, social and ceremonial purposes. Without prejudice to future agreements or regulations, sale of Fish caught under this licence is not permitted.

Designation of Individuals

The First Nations will designate persons who may fish under the authority of this licence and will issue a designation card ("Designation Card") to each person, which will bear a unique designation number.

Designations are personal and non-transferable. Proof of designation must be carried at all times by designated persons while participating in the fishery or while transporting fish harvested in the fishery. Proof of designation must be presented to any Fishery Officer or Fishery Guardian upon request.

Catch Monitoring and Harvest Reporting

Catch monitoring will be conducted by the First Nation and DFO.

Catch information will be collected by the Nlaka'pamux Nation, as agreed upon with DFO technical staff and submitted to the DFO Lillooet office in a mutually determined format, on the Monday of each week, during the fishing season.

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Catch and effort information will be reported to Cynthia Breau or a designated assistant. Contact information as follows:

Cynthia Breau, 654 Industrial Place, Lillooet, BC, V0K 1V0

Ph: 250-256-2652 Fax: 250-256-2660 email: Cynthia.Breau@dfo-mpo.gc.ca

Compliance with the Fisheries Act

Pursuant to subsection 22(6) of the Fishery (General) Regulations, compliance with the Fisheries Act and the regulations made under the Act is a condition of this licence.

Licence Issued: 31 August 2020

Licence Printed: 31 August 2020

Licence Issued By: LITA GOMEZ, Fisheries and Oceans Canada

NEIL WEBB - DIRECTOR OF INFRASTRUCTURE



Neil joins us from Oliver, BC to fill the vacant role of Director of Infrastructure. Neil was born and raised in Kelowna and spent those years fishing, boating, camping, and enjoying everything the Okanagan Lifestyle offers. After being away for about 20 years working across Canada, he came back to the South Okanagan. He has four kids and a wife that keep him busy with extra circular activities in his spare time. Neil has a Civil Engineering and Management Education background, and has worked at the Federal, Provincial and local government levels. He is happy to have the opportunity to join LNIB to further develop the Public Works Department and work with the community.

LNIB RECEIVES CLEAN ENERGY GRANT



NEWS RELEASE

For Immediate Release
2020ENV0048-001641
Sept. 2, 2020

Ministry of Environment and Climate Change Strategy

Clean, energy-efficient projects coming to interior B.C.

KAMLOOPS – People in communities and First Nations in interior B.C. will benefit from new projects that will create local jobs, make housing more affordable and make community spaces and public buildings energy efficient and durable.

The provincial and federal governments, along with the City of Kamloops, are investing in building energy-efficiency upgrades to the Canada Games Aquatic Centre. The upgrades include improvements to the building design and function, including mechanical and electrical systems, to significantly reduce energy use at the aquatic centre and increase building durability.

“From the upgrades to the aquatic centre in Kamloops, to the impressive green-energy projects on two B.C. First Nations, we are seeing how smart investments will help communities to save energy and reduce harmful emissions, while building a strong resilient future for residents,” said Catherine McKenna, federal Minister of Infrastructure and Communities. “Canada’s infrastructure plan invests in thousands of projects, creates jobs across the country and builds stronger communities.”

More than \$1.14 million through the provincial CleanBC Communities Fund and \$1.37 million through federal government’s Green Infrastructure Stream of the Investing in Canada Infrastructure Program will support the project. The City of Kamloops will contribute more than \$913,000 to the energy efficiency upgrades.

Another CleanBC Communities Fund project will see investment in an energy self-sufficient affordable housing project at Kanaka Bar Indian Band, powered by solar and wind technology. The project will avoid the need for fossil fuel heating and support the development of 20 affordable housing units in Lower Kanaka. The idea is to demonstrate a replicable, sustainable, resilient development where the foundations of clean air, water, food, shelter and energy meet to address public concern around climate change.

The provincial government will contribute \$66,000, with the federal government providing more than \$330,000. Kanaka Bar will contribute approximately \$44,000 towards the project.

“Investing in people in communities across the province is key to help build a cleaner, better future for everyone,” said George Heyman, B.C.’s Minister of Environment and Climate Change Strategy. “Through our CleanBC climate and economic plan, we’re working together with Indigenous communities and local governments to make life more affordable, support clean energy projects, and energy-efficient homes and buildings that are modern and comfortable.”

In addition, Lower Nicola Indian Band will install solar photovoltaic panels on community and residential buildings, including the First Nation’s arena, firehall, health building, community

centre, waterworks buildings and social housing rental buildings. The community solar gardens project will lower energy costs and greenhouse gas emissions, while creating a more resilient, sustainable future on the path to reconciliation. The project is supported by nearly \$740,000 from the federal government and an additional \$246,000 from Lower Nicola Indian Band.

CleanBC is a pathway to a more prosperous, balanced and sustainable future. It was developed in collaboration with the BC Green Party caucus and Andrew Weaver, MLA for Oak Bay-Gordon Head, and supports the commitment in the Confidence and Supply Agreement to implement climate action to meet B.C.'s emission targets.

Quotes:**Patrick Michell, Chief, Kanaka Bar Indian Band –**

“Living sustainably and self-sufficiently has been the way of life for the T'eqt'aqtn'mux (or the crossing place people) since time immemorial. Colonization made us dependent on others for basic necessities and in late 1970s, we decided to do something about it. Sustainable energy use today is a cornerstone of Kanaka's long-term holistic self-sufficiency strategy and The Crossing Place project is affordable housing powered by sustainable use of small-scale renewable energy sources. We are grateful to both Canada and British Columbia for their respective contributions towards this exciting and unique legacy project.”

Stuart Jackson, Chief (Kukpi), Lower Nicola Indian Band –

“In 2016, the Lower Nicola Indian Band started on its path of sustainable and green energy with the installation of a solar garden on the roof of the Lower Nicola Indian Band School. We believe strongly in utilizing the gifts of Mother Earth in a way that reflects our commitment to stewardship of the land and benefits our people. The abundant sunshine we are blessed with will help our community in a clean and sustainable way. We are grateful to the federal and provincial governments for partnering with us through the CleanBC Communities Fund to help us advance our path.”

Ken Christian, mayor of Kamloops –

“Environmental leadership is a strategic priority of this council, and that is reflected in the projects we undertake as a city. The revitalized Canada Games Aquatic Centre will not only support the health and wellness of our residents through recreation, but also through improved energy efficiency and reduced emissions. We are thankful to the CleanBC Communities Fund for this significant investment in our community.”

Quick Facts:

- CleanBC Communities Fund invests in public infrastructure owned by local governments, Indigenous communities, not-for-profits and projects in partnership with for-profit entities.
- Together, the federal and provincial government have committed more than \$46 million in 11 projects across British Columbia as part of the first intake of the CleanBC Communities Fund. The second intake is open till Nov. 12, 2020.
- Examples of eligible projects include electric-vehicle charging stations, public building retrofits to improve energy efficiency and clean energy projects that reduce community

TNRD MOSQUITO CONTROL PROGRAM UPDATE

TNRD MOSQUITO CONTROL PROGRAM UPDATE JULY 2020 ACTIVITIES

August 07, 2020

Overall weather conditions for Merritt and surrounding Nicola Valley areas during July could be summarized as “cool” when compared with the recent five-year (2015-2019) average for the month. Precipitation totals (18.4mm) for July were a little over half the five year average of 28.0mm, and monthly mean temperatures (17.5°C) were some 2.0°C cooler than the five-year mean of 19.5°C.

Many permanent sites were still active with larvae but were notably reduced in size. A total of 24 different sites were treated from the ground, and several of them on more than one occasion, with 31 total treatments completed. The most active larval development sites were the permanent ponds and cattail swamps of the Douglas Cattle Ranch area, and Quilchena, and the Don Moses Jr property; and similar slow-draining river seepage sites and flooded fields in Lower Nicola. Larval populations averaged 2-10 larvae/dip sample and upwards of 30 larvae/dip in several Lower Nicola sites. A total of 20.9 kg of VectoBac 200G were applied from the ground to 2.787 ha of active larval habitat in July.

Aerial applications completed on 06 July in Quilchena, Douglas Cattle Ranch home ranch area, and Lower Nicola required 365 kg of VectoBac 200G to treat a total of 85.99 ha of slow-draining flood and river seepage sites. Nicola Lake and River levels had receded below the thresholds for flooding, with isolated seepage pools and flooded areas primary treatment targets.

Some 80+ larval samples have been collected since control program operations began in late April 2020. Taxonomic identifications of samples collected through mid-June indicate a wide variety of species are present within control program boundaries.

Adult mosquito populations were sampled, beginning in mid-May, through the collection of adult mosquitos while they were landing to bite and black light-fitted CDC (Atlanta) light traps. A total of some 60 samples have been collected to date. Taxonomic identifications of samples collected from May through mid-June contained numerous species.

Larval sampling and collection by local *Duka Ltd.* personnel will continue through to the middle of August. Adult specimens will continue to be collected as allowed. Ground-based treatments will be completed as required, and where necessary to control developing larval mosquito populations.

Although the majority of regular fieldwork will be “wrapping up” in the second and third weeks of August, our personnel are always available to respond to resident requests for information or reports of a waterbody or mosquito development site.

Program operations and field data compilation and review will be completed with a summary report provided later in the fall.

For more information on mosquitos, the control program, or to contact program biologists, visit www.duka.consulting or call Duka Environmental Services Ltd., Toll-Free 1-800-681-3274.

LANDS DEPARTMENT UPDATES

The Lands Department staff hope that everyone enjoyed the summer and is getting ready for fall.

Lands Requests and Enquiries can be directed to the Lands Manager, Brandi O'Flynn (Brandi.OFlynn@lnib.net) or call the main office line (250-378-5157) to be connected by phone.

Here are some updates from the Lands and related departments:



LMAC MEETINGS (VIRTUAL)

Lands Management Advisory Committee meetings continue to be held over Skype until further notice. All LNIB Members are invited to join in to hear about Lands activities and LNIB Law development!

Find the LMAC Meetings Schedule for the remainder of 2020-2021 on the following page (subject to change as needed) so you can plan to attend upcoming meetings.

You can find meeting details on the LNIB events calendar (www.lnib.net) or contact Jerrica Joe (Jerrica.Joe@lnib.net) for more information.



LNIB LAW DEVELOPMENT

The second draft of the **LNIB Business Licensing Law** is being brought to the LMAC for review. The drafted **LNIB Subdivision, Development and Servicing Law** will be introduced and reviewed at the LMAC table next.

At LMAC meetings, members review the law in detail and discuss input and potential changes. Community engagement will take place at a later date.

Find information above about joining upcoming LMAC meetings to participate in LNIB Law review or contact Jerrica Joe (Jerrica.Joe@lnib.net) for more information.



ENVIRONMENTAL MANAGEMENT PLAN

The LNIB Lands Department continues to work towards developing an Environmental Management Plan, related to the Environmental Management Law development, to ensure that administrative and environmental policy, procedures, and practices are in place to support a healthy and sustainable community as envisioned by members.

This project was discussed at the last LMAC meeting, and more details will be shared in upcoming newsletters and on the Members-Only site (members.lnib.net).



NEW LANDS STAFF: ALEX BUKKOS

We are pleased to welcome Alex Bukkos as the new Survey Coordinator with the LNIB Lands team! Alex will be using his survey knowledge and experience to facilitate GIS and land survey activities related to LNIB projects. If you see Alex around conducting fieldwork, be sure to wave hello and respect physical distancing.

LMAC MEETING SCHEDULE



LMAC SCHEDULE 2020-2021

MEETING TIME	4:00 – 7:00 PM	The following is a tentative schedule of LMAC meetings, subject to change as needed.
MEETING LOCATION	Skype or LNIB Lands Office Boardroom*	*All meetings held only via Skype until further notice.

EVENTS LEGEND	DATES	MONTH	MEETING DAYS	MONTH	MEETING DAYS
LMAC MEETING	See chart to right	SEPTEMBER	14, 28	MARCH	08, 29
CHIEF & COUNCIL	Tues. TBD	OCTOBER	19	APRIL	12, 26
BAND GENERAL	TBD	NOVEMBER	02, 16, 30	MAY	10, 31
HOLIDAYS	As highlighted	DECEMBER	07	JUNE	14, 28
BREAKS (SD 58)	As highlighted	JANUARY (2021)	11, 25	JULY	12, 26
WEEKENDS	Sat. & Sun.	FEBRUARY	08, 22	AUGUST	09, 23

SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY
S M T W T F S 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	S M T W T F S 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	S M T W T F S 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	S M T W T F S 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28
MARCH	APRIL	MAY	JUNE	JULY	AUGUST
S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27	S M T W T F S 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24	S M T W T F S 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22	S M T W T F S 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26	S M T W T F S 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24	S M T W T F S 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28



ONLINE CRIME REPORTING



Online crime reporting

Our new online reporting tool gives citizens a faster way to report less serious crimes



What you can report:

- lost or stolen items* under \$5,000
- property damage or vandalism that will cost less than \$5,000 to repair
- crimes that have happened within the jurisdiction of the Merritt RCMP

*Items cannot involve personal identity, firearms, licence plates or decals.

What you need to file a report*:

- address
- phone number
- valid email address

*A typical file takes 15 minutes or less to report.



Benefits of the new system

- immediate file number for you
- improved crime stats for RCMP
- increased efficiency

Learn more at bc.rcmp.gc.ca/merritt/report



Royal Canadian Mounted Police
Gendarmerie royale du Canada

Canada

CULTURE AND GATHERING



It's gathering and fishing season, and hunting just around the corner.

LNIB members have been busy canning and preserving! We invite you to share some of your best recipes!

If you are interested in joining the Culture crew on a gathering trip, give Joe Shuter or Carole Basil a call. Joe: 250-315-7487 Carole: 250-315-9158

GRIEVING AND LOSS

We have endured and adapted to much of what has come our way in this season of new restrictions. Unfortunately we are not spared the full scope of life's hardships during this time and we must still face the loss of loved ones which have created additional, unexpected challenges in our closest relationships.

The social restrictions have created extra tension and stress about feeling less connected and in some cases, quite isolated. For first nation's cultures, this can be especially impactful due to the close ties and strong values held about family and elders. In times of loss we often experience the reality that we did not get a chance to hold a loved one's hand, have a last meaningful conversation, affirm a bond, make amends, or simply say good-bye. With covid restrictions we may get a sense that these opportunities were denied us because we were trying to respect the risk of causing loved ones additional hardship or fear by exposure. That is a hard place to navigate during and after a loved one passes. No matter the circumstances – with or without covid – grief and loss needs time to breathe and resolving.

Families will need to decide about how they will approach the loss, any ceremonies held, and additional consideration may be needed to support those also bearing covid-related health concerns. As a personal example, my mother passed away in our home at the onset of provincial covid restrictions, back on March 6th. We had planned a gathering around Easter when all family could travel up to Merritt but within a week those plans had been put on hold to wait out the pandemic situation. Obviously that is still on hold based on differing family views about covid. Culturally, we are in a good place as our heritage and faith don't require anything other than heart-acknowledgment and continuing to honor her in our daily lives. But this varies significantly with culture and conversations and plans need timeliness and gentle consideration in many other circumstances.

They may feel anger at those that have put the restrictions in place; regret at not having a chance to hold someone's hand or make amends; worry that a loved one may not be being given appropriate care or necessary pain relief; and guilt over one's own powerlessness and inability to be with a loved one in their time of need.

As we prepare our hearts for a loved one's passing, we cannot know when physical distancing measures will lift, so it is important for us all to find new ways to connect and support in every way possible. While many options are not ideal, we must be careful to not dismiss them out of frustration as this would only increase guilt and regret later on. Video calling can connect patients with family members who are separated because of travel and/or visitor restrictions, offering some sense of comfort to patients in their last days and moments. Following death, friends and family can come together in a manner they agree on and connect, express grief and support through more frequent calls, messages, sharing photos, and, depending on culture, there are additional practices and ceremonies that can be shared and participated in to assist individuals and smaller groups of family as needed. While these measures are providing some means of honouring the deceased, they nonetheless cannot replace the physical comfort and connectedness one feels from a hug or handshake. Individuals and families will need to evaluate their opportunities and risks and decide among themselves about how to proceed.

Importantly, we must be careful to allow ourselves the freedom to grieve and do the things that are beneficial as frequently as we need them. Oftentimes we only notice our needs through a build up of harder feelings that don't automatically dissipate. It may be that we are more stressed than usual about work or about home environment, for example, without connecting that it is actually our grieving heart that has created the internal shift rather than any change in the outside environment. Be sure to take the time and let family know how things are going for you in a way that respects them and respects your needs as well.

If these steps are not working or if disruption in our lives becomes too great, we need to reach out for additional support. LNIB has counselors available to assist and there are other community resources available in the Merritt area. Often it only requires a few conversations to help unblock or unravel things inside to get our bearings and we can continue from there. Here are some other things to watch for that may show we need those extra supports:

- Sleeping poorly, too much or too little
- Avoiding others, even within the confines of social distancing
- Experiencing headaches, stomach problems, neck or back pain
- Crying excessively and all the time
- Talking less and being withdrawn
- Feeling dazed or disconnected from self or the reality
- Feeling anxious, depressed or having panic attacks
- Feeling angry, guilty, helpless, numb, or confused
- Not wanting to get out of bed
- Having difficulties concentrating or focusing
- Excessive eating for comfort
- Drinking more alcohol or taking prescription drugs more than prescribed
- Having little patience
- Feeling overprotective of loved ones

It is important to remember that most of us have had some of the signs and symptoms listed above at one time or another, and that COVID-19 has led to increased stress for most people. If you have a number of these signs and symptoms and they

- persist beyond a couple of weeks
- persist to the point where you are not able to carry out the home or work-related activities permitted by social distancing advisories
- are accompanied by intense feelings of despair, hopelessness, helplessness or suicidal thoughts

Please reach out to a counselor, your family doctor, or the emergency department at the hospital or via 911 as needed. Our lives are precious and our loved ones who have passed would not want us to endure loss without support.

Tony Broman, 250 378 4089 (w), tony.broman@lnib.net

MENTAL HEALTH RESOURCES

National Crisis Hotlines

[Kids Help Phone](#)

1-800-668-6868

[Crisis Services Canada](#)

1-833-456-4566 or text 45645

[First Nations and Inuit Hope for Wellness Help Line](#)

1-855-242-3310

[Canada Drug Rehab Addiction Services Directory](#)

1-877-746-1963

[National Eating Disorder Information Centre](#)

1-866-633-4220

British Columbia Crisis Hotlines

[Crisis Centre](#)

1-800-784-2433

No area code needed: 310-6789

British Columbia Resources

[Canadian Mental Health](#)

[Association - British Columbia Division](#)

1-800-555-8222

[HeretoHelp](#)

1-800-661-2121

[Youth in B.C. online chat](#)

Greater Vancouver: 604-872-3311

Howe Sunshine & Sunshine Coast:

1-866-661-3311

[Aboriginal Wellness Program](#)

(604) 736-2033 or 1-866-884-0888

[B.C. Psychological Association -](#)

Find a Psychologist

1-800-730-0522

[B.C. Problem Gambling Help Line](#)

1-888-795-6111



CHIEF & COUNCIL ATTENDANCE RECORD

Chief and Council AttendanceTerm October 2019-September 2022

Month	Meetings Called	Stuart Jackson	Bill Bose	Spence Coutlee	Robin Humphrey	Connie Joe	William Sandy	Lucinda Seward	Aaron Sumexheltza
Oct- 19	4	4	3	4	3	4	4	3	4
Nov- 19	5	4	5	4	5	5	5	3	2
Dec- 19	3	2	2	2	3	2	3	3	3
Jan- 20	2	2	1	2	2	2	2	0	1
Feb- 20	4	4	4	2	4	4	4	3	4
Mar- 20	3	3	3	3	3	3	3	3	3
Apr- 20	3	1	3	2	3	3	3	3	2
May-20	4	4	4	4	4	4	4	4	4
Jun-20	3	3	3	3	3	2	3	3	3
Jul-20	1	1	1	1	1	1	1	1	1
Aug-20	1	1	1	0	1	1	1	1	1
Sep-20	1	1	1	0	1	1	1	1	1
TOTAL	34	30	31	27	33	32	34	28	29

As of September 2, 2020

SHULUS GARDENS



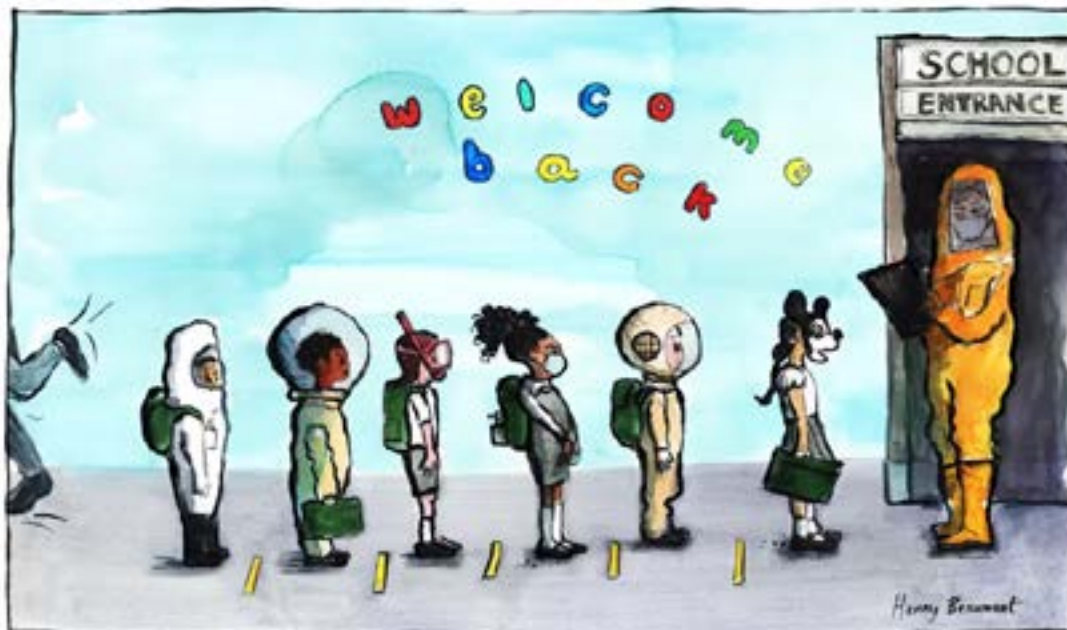
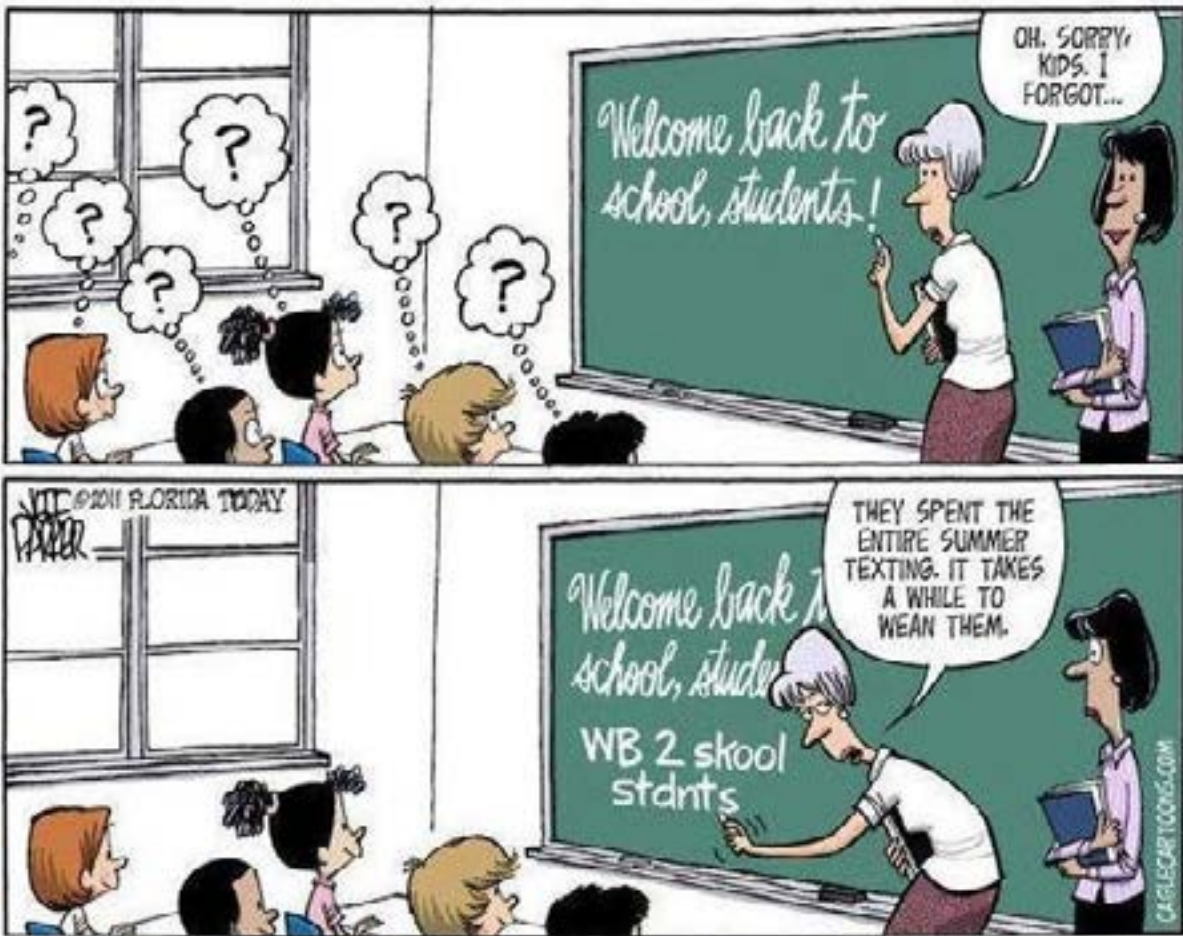
Shulus Gardens

- Produce for all Members

It's harvest time! LNIB members contact the Gardens to get your fresh produce! LNIB members need a coupon (and you won't have to pay). Please note you can pick up produce for family members but you will still need a coupon for them as well.

**Contact Wenona Bearshirt to get your coupon
- 250-280-1975**





HOW TO WEAR A MASK



Coronavirus COVID-19

BC Centre for Disease Control | BC Ministry of Health



How to Wear a Face Mask

- 1



Wash your hands with soap and water for 20-30 seconds or perform hand hygiene with alcohol-based hand rub before touching the face mask.
- 2



Check the new mask to make sure it's not damaged.
- 3



Ensure colour side of the mask faces outwards.
- 4



Locate the metallic strip. Place it over and mold it to the nose bridge.
- 5



Place an ear loop around each ear or tie the top and bottom straps.
- 6



Cover mouth and nose fully, making sure there are no gaps. Pull the bottom of the mask to fully open and fit under your chin.
- 7



Press the metallic strip again to fit the shape of the nose. Perform hand hygiene.
- 8



Do not touch the mask while using it, if you do, perform hand hygiene.
- 9



Replace the mask if it gets wet or dirty and wash your hands again after putting it on. Do not reuse the mask.

Removing the Mask

- 1



Perform hand hygiene.
- 2



Do not touch the front of your mask. Lean forward, gently remove the mask from behind by holding both ear loops or ties.
- 3



Discard the mask in a waste container.
- 4



Perform hand hygiene.



STATUS CARDS



For more information:
Canada.ca/coronavirus

Information for Indigenous communities:
Canada.ca/coronavirus-info-indigenous

COVID-19 UPDATE

Best Practices Surrounding Status Cards During COVID-19

In response to questions received from First Nations members, citizens, and stakeholders, Indigenous Services Canada (ISC) is proactively sharing information to ensure that registered persons with a status card can access programs, services, rights and benefits during the COVID-19 pandemic.

All ISC offices for Indian status and secure status card applications are closed until further notice. Processing times, including return of original documents, are delayed.

In light of these circumstances, ISC is recommending to service providers that they should accept status cards or [Temporary Confirmation of Registration Documents \(TCRDs\)](#) past the renewal date with a second piece of identification. ISC will be reaffirming to businesses and service providers that Indian status does not expire, and that the registration number provided on these documents remains the same and is what is required to confirm eligibility for programs and services.

It is recommended to share this notice with your members, so that they have a copy accessible to them to show services providers in the event there are difficulties.

For more information, please visit [Coronavirus \(COVID-19\) and Indigenous communities](#) or email the [Public Enquiries Contact Centre](#).



Indigenous Services
Canada

Services aux
Autochtones Canada

Canada

HOUSING APPLICANTS - NOTICE

September 2, 2020

To: LNIB Rental Housing Applicant

Re: Updated application

In order to continue to be eligible for a rental unit with Lower Nicola Indian band it is necessary to complete the **updated application on the LNIB website**. We need to keep our records up to date and your application to reflect your current living situation and needs. All outdated applications have been discarded and a new list is created.

Complete the application **in full (including Criminal Record Check and other required documents)** and return to LNIB Housing Department ASAP. Criminal Record Checks may be done online with same day results, or the local RCMP office that may take up to 2 or more weeks.

Applications will be accepted in scanned form attached to an email sent to doris.sterling@lnib.net or dropped off at the band office in the black mail box located outside the main door, or mailed to mailing address below.

If for any reason you are unable to submit your application ASAP please contact Doris Sterling at 236-575-2070 or 250-378-5157.

If you have any questions about the application process and selection process please reference the LNIB Housing Policy on the Lower Nicola Indian Band Website.

K^wuk^wscemx^w

Doris Sterling

Tenant Relations Coordinator

Lower Nicola Indian Band

236-575-2070

EDUCATION

Lower Nicola Indian Band

September 2020

EDUCATION DEPARTMENT

LNIB School/K-12/Post-Secondary/Career-Development

Shane's Submission

Ready...Set...Go?? If you feel like the transition into September is like running a cross-country race without a map please know you're not alone — being anxious with unfamiliar territory is completely normal. If it's your first year of Post-Secondary University, your Grade 12 Graduating year, returning to Elementary School, or looking into enrolling your child in Head-Start I want to assure membership that LNIB Education is here to assist, support, and work with you in order to make this experience as positive as it can be. We have had many members reach out to our department staff over the past few weeks and encourage others to contact us as well.

Our sector's submission this month is extensive with external documents, and as such, I will limit my personal submission to this one page highlighting a few noteworthy items:

- We provided all PSE Students with funds to purchase technology to support their programs. The amounts have been scaled and are based on the length of program members are enrolled in (ie. 4-Year Bachelor Degree is highest scale).
- C&C approved LNIB's School Reopening Plan which includes the option of on-site learning or remote learning for the 2020-2021 school year
- Primary School Staff took part in 3-day Professional Development to support our new Literacy Program at the school. Substantial services and resources have been budgeted towards this initiative for the 2020-2021 school year.

I would like to thank all the members who live outside the Nicola Valley for connecting with us over the past few months...we are happy to increase our supports for members and look forward to others who will connect with us throughout the 2020-2021 school year.

As always please reach out at anytime to discuss LNIB Needs - let's attain the same goals together. I can be reached at 236.575.2135 or Shane.Coutlee@lnib.net

Sector Leadership

Director of Education
Shane Coutlee

LNIB School Principal
Angie Sterling

Education Manager
Sharon Parsons



LNIB EDUCATION
DEPARTMENT



Sharon.parsons@lnib.net



(250)378-0915

2160 SETTLERS ROAD
HWY 8

SHARON PARSONS, EDUCATION MANAGER

Hello everyone,

The Education Department has said good-bye to summer student Paige Isaac, she has been called back to her job in Kamloops. Paige provided valuable support to the Education staff, and to band membership. She took on the coordination of the computer training project and did a great job keeping it on track. She is a delightful young woman with a great sense of humor, her smile will be missed.

Based on student feedback, the two 4-week computer training courses that ran in July & August were a success. The students gave positive feedback saying the instructors were kind and patient and communicated instructions very clearly. Also, the students were very happy and excited with the new skills they learned. One student commented that she always had trouble understanding computers and the programs. She compared this training to several courses she had taken prior to this one, stressing this computer training was the best. She is feeling much more confident. The cohort consisted of LNIB staff, band members, youth, and Elders wanting to sharpen up their computer skills. This is the final week of the 2nd 4-week session, we say so long to Power Concepts, and thank you for sharing your knowledge. There may be another session in the spring of 2021, if you are interested in this training, please contact this office for more information.

Public Schools throughout the province are preparing to welcome students back for the new school year. As expected, this year, a day in the classroom will be different than what was considered typical. School District Superintendent, Steve McNiven has been sending letters home to keep families up to date. Last week you would have received a document outlining the safety procedures and protocols that SD 58 will be taking to keep your child and staff safe at school each day. LNIB Education intentionally sent out the same letters to ensure no home was missed. If you have questions or concerns about the return to school plans, please contact your child's school, this office, or come to the meeting scheduled for 2:00 Thursday, September 3rd at the Shulus Hall, where you can talk to School District 58 Superintendent, Steve McNiven directly. See the flyer in this newsletter.

The return to school will look different for post-secondary students as well. Classroom instruction is limited or non-existent for most institutions with on-line courses becoming the norm. Students will have limited access to

common areas in the schools where they can gather in small groups while following the safe distancing rule.

The job market is seeing some activity, if you need help putting your resume together, want to explore training or need specific certifications to gain employment, please contact the Education office to put your plan in motion.

LNIB EDUCATION DEPARTMENT



rhonda.dunn@lnib.net



(250)378-0915

2160 SETTLERS ROAD
HWY 8



RHONDA DUNN ADMINISTRATIVE SUPPORT

Hello All,

September is upon us and I feel like we didn't get a full summer. I'm not ready for frost as I'm still enjoying my garden and flowers. I only heard that Chinook opened to date and not Sockeye Salmon. I hope for the people who eat fish they got a taste this year.

On an education note the education department has mailed and emailed out K-12 School Assistance Applications for ON/OFF Reserve. Also, if you call ahead, I can leave a School Assistance Application outside in LNIB Education Mailbox for you to pick up.

I have also emailed out a letter to all parents/guardians from SD58 on Stage 2 Pandemic Plan & Supporting Documents.

The LNIB Education and Power Concepts has had a successful second session of computer training. There may be a third session being offered in the spring 2021.

To ensure the education department can email, phone or mail up-to-date educational training programs, youth opportunities and community news please keep your current contact information up to date with myself here at the education department. Also, checkout LNIB Facebook page or LNIB Webpage.

A reminder that LNIB uses Skype for Business so if you see a number that starts off with 236-575-xxxx that is someone phoning from LNIB. Many people think it's a telemarketer and so on. It's not long distance to call us even though it's a 236-575-xxxx.

I have attached a link/or email address and contact information for your convenience:

- **Aboriginal Skills and Employment Training (ASETS)**
Merritt office at 2051-D Voght Street, phone (250) 378-0126, or email: merritt@asetts.org

If you require an applications or additional information the LNIB education department will do our best to help assist you. Please do not hesitate to call or email us.

Education Matters!

LNIB EDUCATION DEPARTMENT



gail.larochelle@lnib.net



(250)378-0915

2160 SETTLERS ROAD
HWY 8



GAIL LA ROCHELLE POST-SECONDARY/TRADES & TRAINING COORDINATOR

Hello Everyone,

I hope you have all enjoyed your summer and stayed healthy. Now it is time to get ready to go back to school, but with new regulations. Be sure to follow all the policies at each of your schools whether it is an Elementary, Secondary or Post-secondary Institution and stay safe.

August has been a steady month:

- Up-dating and entering all continuing and new student's information on spreadsheets.
- Updating all student files.
- I will be contacting PSE students to be sure they are all ready for the start of the fall semester.
- Assisting a member with securing a seat for OFA Level 3 recertification.
- Assisting members in doing short-term training at NVIT
- Registering a member to do training in Alberta.
- If anyone has their L and is needing driving lessons, please contact Steve Wilks to set up the lessons.
- Inputting information in the Annual Report for ISC.
- I have been taking a few of the LNIB sponsored courses in Excel at NVIT and will be using these new skills every day in the office.

If you need any assistance in completing any forms, call or email and we will be happy to help. Anyone needing their resume or cover letter updated give the office a call. Are you interested in any type of training or part-time courses contact our office, we are here to assist you?

Please stay safe and hope to see you all soon

Gail La Rochelle
Post-Secondary/Trades and Training Coordinator

FIRST NATIONS YOUTH TRAINING



Blue Collar Silviculture, with funding provided by the Government of Canada through the Canada-BC Workforce Development Agreement, is offering the First Nations Youth Training Program to aboriginal youth between the ages of 18-29.

Dates for the Fall training programs are: September 15 – October 9 and October 13 - November 6, 2020. The programs will be based in Quesnel, BC and are available to participants from throughout British Columbia.

This program combines work experience with short term certificate training. Each week is filled with classroom training and on-site work opportunities, and most weekends have organized recreational activities. Job placement support is provided to transition into long-term employment or new learning opportunities.

Interested participants must meet the following criteria:

- Be 18-29 years of age, possess photo ID and be in possession of either a SIN# or a Status Card
- Be Unemployed or does not have steady and secure employment
- Have completed grade 10 or equivalent
- Not a student
- Not participating in another provincial or federally funded labour market program
- Interested in securing employment in the resource or hospitality sectors

Room/board and transportation costs are covered for the duration of the program. Transportation can be arranged from your home community to and from Quesnel.

The following training and work opportunities will be performed throughout the program:

SKILLS TRAINING		
○ S100/S185	○ Traffic Control	○ Forklift Training
○ CSTS	○ Fall Protection	○ Aerial Work Platform
○ Driver Training	○ Food Safe/ World Host	○ Ground Disturbance
○ OFA Level 1/Transportation Endorsement	○ Resume Writing/Job Interview Skills	○ Chainsaw Safety and Maintenance
○ Career Decision Making	○ GPS /Compass Orientation	○ Confined Space Training

WORK OPPORTUNITIES	
○ Modular Camp Installation	○ Camp Services: Line Cook and Maintenance
○ Brushing and Spacing	○ Recreation Site Management and Trail Maintenance

Please send inquiries to: training@bluecollargroup.ca

Online application: <http://www.bluecollargroup.ca/fnytpapplication.html>

For more info: <http://www.bluecollargroup.ca/fnytp.html>



2020 Program Partners & Supporters:

Securiguard	Tolko Industries	Bob's Driving School	SilvaGro Partnership
The Wells Hotel	West Fraser Mills	Redrock Camps	Timber Trek Consulting
Quesnel Chamber of Commerce	Barkerville Gold Mine	Summit Camps	Irwin's Industrial Safety
Progressive Ventures	Horizon North	Quesnel Tillicum Society	Correliu Secondary School



WATER RESTRICTIONS



**LOWER NICOLA
INDIAN BAND**
Public Works & Infrastructure



**TO ALL USERS OF
DOMESTIC WATER
SYSTEMS**

As summer approaches and temperatures are rising, we are asking you to conserve water as follow:

Water restrictions will begin June 1, 2020 and will remain in effect until September 30, 2020

Even numbered addresses are permitted to water on Mondays, Wednesdays and Fridays

Odd numbered addresses are permitted to water on Tuesdays, Thursdays and Saturdays

– There will be no watering on Sundays –

Watering is permitted on each of these days between

6:00 am – 8:00 am and 7:00pm and 10:00pm

Please note: Any homes with automatic sprinklers,
we encourage you to water between midnight and 4:00am on your respective days

Hand watering, using a controlled flow nozzle,
is permitted at any time, regardless of the applicable watering days

We thank you for taking steps to reduce your water use this year!

If you have any questions, please call Public Works at 250.378.5157

191 Newishashin Lane Amentc, BC V1K 0A7
Phone: 250-378-5157 | Fax: 250-378-8188 | Email: nrcaptions@lnib.net

FIRE AND RESCUE

Lower Nicola Fire & Rescue

Welcome to September!

You may have noticed a little more movement around the Fire Hall in the last month as we have all 5 employees working. It has been a busy month getting our annual summer duties done and cleaning up and organizing the hall.

We have done some much needed painting of the Fire Hall; and you probably have seen Bruce out and about painting the fire hydrants. We would like to thank the summer students, Brodie Sterling and Robert Sterling for helping us paint the building; they did an excellent job.



Chimney Cleaning:

We will be starting our chimney cleaning this month.

If you burn wood please call us at 250-378-5110 or email charlene.joe@lnib.net. We are updating our chimney cleaning list and do not want anyone missed. It is important to have your chimney cleaned regularly to avoid buildup of creosote which can cause chimney fires. If you do not have a fire alarm or carbon monoxide detector in your home, please let us know.

Wood burning tips:

- Burn dry wood – Wood that has been cut and dried undercover for at least 6-12 months
- Try to avoid burning pitchy (sappy) green wood or freshly cut wood – this is what causes the creosote buildup
- Keep the area of your fireplace clear of clothing, materials such as carpets, drapes, and furniture
- Clean the ash from the fireplace whenever it reaches the bottom of the grate

Safety Tips:

- If you can hear thunder – you are in striking distance of lightning.
- There is no place safe outside during a thunderstorm.
- Remove leaves, pine needles, and other flammable materials from roof, gutters, and on and under your deck.
- Move construction material, trash, and woodpiles at least 30 ft away from your home.
- Never leave a hot barbeque grill alone.
- Keep children and pets at least 3 ft away from the hot grill.
- Inside use of a barbeque can cause fire or carbon monoxide poisoning.
- Store charcoal, lighter fluid, matches, and barbeque lighters out of reach from children.

Next month look for information being posted about Fire Prevention Week which is from October 4-10, 2020 and the theme for this year is ***“Serve Up Fire Safety in the Kitchen!”***

Joining:

Join and make a difference in our community. There is no age requirement or limit, fitness test, or firefighting experience necessary to join. You do not have to have to have a Driver's License to join. If you do have at least a Class 5 Driver's License, we will get you trained for Air Brakes; this will allow you to drive the Engine Trucks. We provide all the training and protective gear you need to become a paid-on-call Firefighter. You can also join as an Auxiliary and be there in a support capacity or become a Junior Firefighter and possible earn credits for school. Drop by and pick up an application during our office hours or stop by during practice nights. We are in office from Monday to Friday 8:30 am to 4:30 pm. Training and practice take place every Monday evening from 6-8 pm (except on Statutory Holidays).

We have had 2 new recruits join us last month as a volunteer: Welcome Aaron Moses and Leonard Bearshirt to the crew.

We would like to encourage the membership and community members to stop by the hall for a visit, we will have the coffee on or cold bottle of water. During COVID 19 we are practicing social distancing and will have proper Personal Protective Equipment. If you see us out and about the community feel free to stop us and have a chat.




Check the Lower Nicola Indian Band Facebook page and website page for the most up to date information and events.

We look forward to seeing and hearing from the membership and community members.

Your LNIB Fire Department Crew:

Lindsay, Tony, Charlene, Bruce, & Isaac

LNIB SPONSORED DRIVING LESSONS



LNIB Sponsored Driving Lessons


We are offering LNIB Members Driving Lessons delivered by a certified Driving School and Instructor. We are offering 14 LNIB Members up to 8 lessons each. Strict covid 19 safety measures will be mandatory. Both the instructor and student must wear masks with the vehicle sanitized after each lesson.

The Lessons:

- Are fully sponsored
- 45 minutes long
- Will be delivered once a week for 8 weeks

Requirements:

- Have A valid Learners License
- Have Parent or Guardians consent unless of legal age
- Fill out an application to be approved
- Be on time for all lessons
- Lateness will not be tolerated as it affects everyone that follows you
- If you have a cough, fever, not feeling well or are exhibiting other suspicious symptoms please stay home and notify the Instructor and as soon as possible.



Contact Steve Wilks
Employment Coordinator
Economic Development
Steve.wilks@lnib.net
250-378-5157 or 250-315-5278

MEMBER OWNED BUSINESS DIRECTORY

Aly Moon Pierre, SW Dipl. BSW
Online Life Coaching
Spirituality Coach, Inclusive Coach
www.Inclusive-Coach.com
aly@inclusive-coach.com

Angie Bain
Over 20 years experience providing training,
research and research analysis services
angiebain@shaw.ca 604-802-9709

Bonnie Bent
Micoblading
(250) 280-0430 or (778) 800-7878

Donna Bent
250-378-4396 Donna Bent Artifacts

Brandon Joe
250-525-0443 (text only)
Commercial Embroidery and Jewellery

Shannon Kilroy
skilroy09@yahoo.com
Earthline Contemporary Aboriginal Designs and
Accessories

Odd Job Joe
Handy Man Service & Solutions 24/7
(250) 378-7945

Ryan Mann
PlumberMann
250-936-8555

Mostly Glass
Mostly Glass Creations: Stained glass, mosaics,
mosaic lamps, stepping stones, beads, crystals,
prisms, window charms, bracelets
Email: mostlyglasscreations@gmail.com

Sharon McIvor
250-378-3300 Lawyer, Instructor and
Legal Advisor

James McNaney
nomadhauling@gmail.com
Trucking, Hauling

Earl Michel
emichel@live.ca
Wolf Pac Construction

Focus iN Consulting
Business development and housing
gaildjoe@gmail.com

Lorne Mike
paulinehenry2011@hotmail.com
Fitness Instructor and Rough Stock Horses

Gene Moses Fencing
Gene Moses
250-378-2801

Vivian and Arnie Narcisse
Mountainchief Catering
250-315-0584 Catering MC and
coordination of Cultural Events

Growing Garlic/Nicola Valley Produce
Jerrod Peterson
growinggarlic.ca
growinggarlic.ca@gmail.com

Gwayne Point
250-378-9167 Northwest Indian Art

Loren Sahara Consulting
Counselling & Leadership Development
778-676-7844
info@lornesahara.com
http://lornesahara.com

JW Forest Contracting Ltd.

250-378-5468

250-378-1556 (cell) Warren Smith/Janet Sterling,
Principals

Logging contractors, road builders, land clearing

Established 1998

Certified Safe Company

11 employees, 80% First Nations

Equipment: Faller/Buncher, Grapple Skidders,

Log Processors, Excavators, Cat Crawler Tractors

Millco Safety Services

www.millcosafety.com

PO Box 4154 Lower Nicola, B.C.

250-378-2221 Patrick Miller/Angela Garcia,
PrincipalsConstruction safety, construction security, First
Aid, Traffic Control, fully certified personnel**Nicola Valley Muay Thai**

Kru Melissa E. Moses

250-378-9155 (msg) 808-428-9155

kru@nicolavalleymuythai.ca

SCS Diamond Drilling

www.scsdrilling.com

1436 Sun Rivers Drive Kamloops

250.572-2615

250-314-4864 (fax) Spence Coutlee, Principal

Alison Sterling

ajsterling67@gmail.com

Jacona Sports, Behavior Intervention, and Bubble
Tea**Robert Sterling**

robert_sterling@hotmail.com

Archaeology, Anthropologist, traditional land use
studies**Rona Sterling Consulting Inc. and Godey
Creek Paintball**

Rona Sterling-Collins

info@ronasterlingconsulting.com

Godey Creek Consulting

Sue Sterling

suesterling75@gmail.com

T Sterling Construction Ltd.

Ted Sterling

ted17@telus.net

Glenn StirlingStirling Instrumentation Maintenance,
Calibration & Electrical

(403) 971-6432 ggstirling@gmail.com

Ivan Swakum

Antler lamps, European Mounts, Wine racks

ivanswakum83@outlook.com

250-315-3756

Shawn Swakum

s.swakum@yahoo.com

Business administration and Consultant

Molly Toodlican

Independent Watkins

Consultant #830411

250-280-2012

mollytoodlican61@gmail.com

Penny Toodlican

pcctoodlican@gmail.com

Catering

Victor York

victoryork@hughes.net

Gourmet coffee supply and distribution

JOBS

Lower Nicola Indian Band Job Posting

Position Title: Janitor

Department: Infrastructure

Hours: 4PM – 11:30PM

Start Date: ASAP

Reports to: Supervisor

Summary of responsibilities

The Janitor position is part of a team that will clean and disinfect assigned areas in accordance with safe working practices, protocols and procedures to ensure the environment is clean and safe.

Required knowledge, skills and abilities

- Must have the ability to express and comprehend oral and written English.
- Reliable transportation.
- Knowledge of general working safety procedures.
- Ability to work as a team member and be able to multi task.
- Completed WHMIS (Workplace Hazardous Materials Information System) Certification.
- Physically able to meet the demands of bending, lifting and twisting positions.
- Willing to learn and take necessary training.
- Must be self motivated and reliable.
- Must be willing to work evenings and weekends.
- Preferably previous custodial/janitorial experience.
- Preferably grade 12 Graduation.
- Preferably Certified in Transportation of Dangerous Goods or willingness to become certified in first 3 months.
- Ability to speak or willingness to learn the Nlaka'pamux Language.

Apply To:

Lower Nicola Indian Band

E-mail: hr@lnib.net

<https://secure.collage.co/jobs/lnib>

Deadline to apply: open until filled

Interested candidates should send a resume and cover letter complete with references, specifying the position you are applying for. Complete Job Description can be obtained by contacting the Lower Nicola Indian Band.

Thanks to all who apply, only qualified candidates will be considered



Receptionist/Administrative Clerk

Macro Spiecapag Joint Venture ('MSJV') is a Joint Venture between Macro Enterprises Inc. and Spiecapag Canada Corporation that has been awarded the construction contract for Spread 5B on the Trans Mountain Expansion Project. The contract is for the construction of approximately 85 kilometers of 36-inch pipeline along the Coquihalla-Hope corridor in British Columbia referred to as pipeline "Spread 5B".

Macro Spiecapag Joint Venture brings together the experience of two leading pipeline construction companies. Combined, the two companies have more than 90 years of experience in 60-plus countries with more than 50,000 km of pipeline built, including extensive experience in steep mountainous terrain. We believe that diversity of our employees contributes to the creativity, innovation, and excellence within our company. People feel empowered and prosper in a company that recognizes and appreciates individuality and unique skills.

MSJV is seeking an experienced Receptionist & Administrative Clerk. This position will support the Office Administration Team for the Trans Mountain Expansion Project (TMEP) in Hope, BC. The Receptionist/Administrative Clerk is highly customer service oriented, competent, professional, can prioritize and can work well under limited supervision. He or she is self-motivated and trustworthy with the ability to perform a desk job for several hours. The Receptionist/Administrative Clerk undertakes a variety of administrative tasks not just for the Administration Department, but also for all other departments within the organization.

What you will be working on:

- Answer calls in a polite and friendly manner
- Welcome fellow employees and visitors and give them any pertinent information or directions
- Maintain efficient filing systems for all aspects of site operations
- Act as a resource to provide administrative support to all departments
- Coordinate basic services for site office, such as deliveries, pick-ups etc.
- Responsible for updating systems of record, uploading and scanning/emailing invoices, filing paperwork, etc.
- Various data entry
- Respond to client problems by taking appropriate action including routing calls to the responsible parties, researching background information, and following up with the client with resolution
- Confirm and record appointments for Project Managers
- Oversee email accounts and distribute and/or respond to appropriately
- Manage incoming and outgoing mail
- Distribute parcel deliveries
- Monitor proper stocking and maintains a tidy reception and kitchen area
- Process office supply orders and other employee requested purchases
- Provide building maintenance assistance for technicians or vendors
- Responsible for special administrative projects support, including overflow work from other departments
- Perform general office clerk duties and errands
- Ensure own health and safety and that of peers
- Other administrative duties as assigned

The schedule for this position is Monday to Saturday, 12 hours per day, with Statutory Holidays off, as the project allows.

Job Type: Temporary Full-time

Skills & Experience:

- Minimum of 1-year customer service and administrative experience in high volume tasks within a construction project related role is preferred
- High quality customer service oriented
- Professional work ethic and demeanor
- Detail-oriented with a sense of pride in quality work
- Ability to multitask with exceptional organizational skills
- Excellent verbal and writing skills
- Proactive and motivated
- Teamwork mentality
- Embraces change
- Efficient with time management and meeting timelines
- Relationship building capabilities
- Excellent interpersonal and communication skills
- Ability to utilize tact, diplomacy, confidentiality, discretion, good judgement, and display a positive and approachable personality
- Data entry skills, thoroughness, and general math skills
- Must be proficient in using Microsoft Excel, Word and PowerPoint, Outlook (Calendars, Scheduling Meetings, etc.)

Location:

- Hope, BC

License:

- Class 5 Driver's License
- Should have own transportation

What's in it for you:

- Opportunity to be part of an amazing project
- A knowledgeable, high-achieving, experienced and fun team
- An international and diverse work atmosphere
- The chance to be part of a rapidly growing startup and the next success story
- A competitive base salary

How to apply:

- Applicants should send a resume and cover letter outlining how they meet the specific requirements of the position to jobs@msjv.ca.

Subject Line: Receptionist/Administrative Clerk

APPLICATION DEADLINE: September 25, 2020 at 6:00pm

- While we sincerely appreciate all applications, we will be contacting only those whose skills and qualification are deemed best matched for the position and living in the Hope, BC area.
- Please note the selected candidate will be required to submit to [e.g.,..., professional references, drug, and alcohol]

THE BACK PAGE

When I was in elementary school, back to school was an exciting time to me. I wasn't someone who was particularly social in school so it wasn't a matter of catching up with friends. I was actually excited about school supplies! In Montreal in those days, the school supplied what you needed - a copy book and a pencil until you reached grade 5 and then you had to buy your own fountain pen and a protractor math set. Heady stuff! My classrooms generally had around 35 students in each class and your seating was assigned. No lockers, just a communal cloakroom at the back of each class. Up front near the teacher's desk was a pencil sharpener attached to the wall. You had to ask permission to use it. You only got a new pencil when you could show that yours had been sharpened to the point of being too small for your hand.

Books were handed out and you got to take those home and cover them in brown paper from bags, and then decorate the covers to suit your own personality. These book covers were a matter of pride.

This month the upcoming generation heads back to school with a whole new set of rules to be challenged by. Constant hand washing and a keep apart six foot rule. Going to take a whole lot more accuracy with the spit balls!

Children are extremely adaptable and I think for the most part they respond well to structure. The routine of school helps to ground them and gives order to their lives. The COVID challenges are more worrying for parents; a lot of planning has gone into this back to school and you can be assured that everyone is doing their utmost to keep the environment safe. This, at least, is one area of your life that you can rest easy about.

The stats came out recently that showed how areas had been affected during the pandemic. In Merritt there have only been six cases since March. We are good at keeping our curve flat! That doesn't mean we should let up. In fact, as Autumn progresses, we head into normal flu season. The lessons and practices we have learned during the pandemic will be valuable for keeping the flu from spreading as well especially as we are turned indoors again.

I for one am not ready to part with the summer. Mother Nature has been kind to us in the past blessing us with warm September days. I am gratified to see that the trees have not yet started changing colour which means we have a few weeks yet of enjoying the glorious outdoors.

Outdoors - an excellent plan for mental and physical health! Enjoy the Fall, and keep on keeping yourself, your family and friends safe!

- Ruth Tolerton