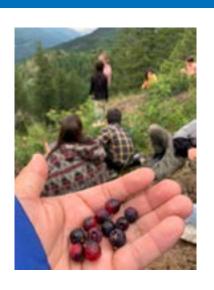




August 2020 N?e?iyk Spíləxm

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IMPORTANT WATER RESTRICTIONS

IMPORTANT NOTICE

WATER RESTRICTIONS ARE IN EFFECT NOW

There is a huge concern over the amount of water that is currently being used since the weather got hotter; this is putting extreme pressure on the Shulus Springs Domestic Water System. The system cannot keep up and if one of the pumps goes, there will be no water.

Please, it is very important that all members of Nicola Mameet IR1 follow the following water restrictions:

Water restrictions will begin June 1, 2020 and will remain in effect until September 30, 2020

Even numbered addresses are permitted to water on Mondays, Wednesdays, and Fridays

Odd numbered addresses are permitted to water on Tuesdays, Thursdays, and Saturdays

~ THERE WILL BE NO WATERING ON SUNDAYS ~

Watering is permitted on each of these days between

6:00 am – 8:00 am and 7:00pm and 10:00pm

Please note: Any homes with automatic sprinklers, we encourage you to water between midnight and 4:00am on your respective days

Hand watering, **USING A CONTROLLED FLOW NOZZLE**, is permitted at any time, regardless of the applicable watering days

FREE COMPUTER TRAINING



ARE YOU READY TO UPGRADE YOUR COMPUTER SKILLS?

Computer Training that will add valuable employment skills to your resume, or help students transitioning into post-secondary.



Free Computer Training Course

Call today to register for basic to expert level computer training

10 Days of Training over 4 weeks

Limited Seating

For more information

Please contact the

Education Office

250-378-0915

Paige.isaac14@gmail.com

Rhonda.dunn@lnib.net

KAMLOOPS FIRE CENTER



INFORMATION BULLETIN

For Immediate Release July 24, 2020

Ministry of Forests, Lands, Natural Resource Operations and Rural Development **BC** Wildfire Service

Category 2 and category 3 fire prohibitions to start in Kamloops Fire Centre

KAMLOOPS – Effective at 12:00 pm (noon) on Wednesday, July 29, 2020, Category 2 and Category 3 open fires, as well as other equipment and activities will be prohibited throughout the Kamloops Fire Centre. This prohibition is being enacted to help prevent human-caused wildfires and protect public safety.

This prohibition will remain in effect until noon on Oct. 15, 2020, or until the order is rescinded. Anyone conducting Category 2 or Category 3 open fires within the Kamloops Fire Centre's jurisdiction must extinguish those fires by the July 29 deadline.

A map of the affected area is available online at: http://ow.ly/ADmB30r0u3j

This prohibition does not prohibit campfires that are a half-metre high by a half-metre wide (or smaller) and does not apply to cooking stoves that use gas, propane or briquettes. A poster explaining the different categories of open burning is available online at: http://ow.ly/znny309kJv5

Specifically, prohibited activities will include:

- Category 2 open fires;
- Category 3 open fires;
- the use of fireworks;
- the use of sky lanterns;
- the use of binary exploding targets and
- the use of burn barrels or burn cages of any size or description except when used for a campfire as defined by the wildfire regulation.

These prohibitions apply to all public and private land within the Kamloops Fire Centre jurisdiction, unless specified otherwise in an enactment (e.g. in a local government bylaw). Before lighting any fire, people should check with local government authorities to see if any other burning restrictions are in effect.

EXECUTIVE DIRECTOR



Dear LNIB Members,

I am pleased to present our monthly report for July 2020. This month the operations of LNIB continue to operate remotely. Staff can be reached by phone and/or email and will do what they can to address your concerns. Let us all do our best in protecting each other by physical distancing and staying home.

Here are some of the things we are working on:

Human Resources: Band buildings will remain closed to the public and we will revisit the Return to Work plan for employees. We are committed to keeping the community and employees safe during this pandemic.

This month for new staff is Lindsay Tighe, Fire Chief; Tony Allen, Assistant Fire Chief; Charlene Joe, Firefighter; Bruce Swakum, Firefighter; Leonard Bearshirt, Custodian; and Nexpetko Joe, Shulus Gardens. Welcome aboard. Current job postings with Lower Nicola Indian Band are Cumulative Affects Coordinator and K-7 Teacher visit https://www.lnib.net/jobs/ or https://secure.collage.co/jobs/ Inib for further details.

Audit: Finance department is working closely to finalize the Audit with BDO. The transition to digital audit is going smoothly and we anticipate the audit completion on time.

Committees and Liaisons: Lands Management Advisory Committee met July 13th and 27th. School Board meeting was cancelled for June. Finance and Audit Committee met July 16th. All committee meetings are open to the membership to join. Please contact the band office for details on how to join the meetings.

Community Meetings and Workshops: Upcoming workshops were all postponed and cancelled due to the Covid-19 Coronavirus pandemic and the constraints of Social Distancing. There will be some opportunities presented online please watch for the advertisements for these.

Support to Chief and Council: Chief and Council met July 21st. The Chief and Council will meet August 18th. The band general has not been scheduled yet due to the constraints of the Covid-19 Coronavirus and self-distancing. Should you require anything on the Chief and Council agenda scheduled for August please contact Sondra Tom and/or myself. Also, the Chief and Council meetings are open to membership to join via online or telephone. Please contact me to be added to the invitation for the scheduled Chief and Council meetings.

CHIEF AND COUNCIL ATTENDANCE

Chief and Council AttendanceTerm October 2019-September 2022

Month	Meetings Called	Stuart Jackson	Bill Bose	Spence Coutlee	Robin Humphrey	Connie Joe	William Sandy	Lucinda Seward	Aaron Sumexheltza
Oct- 19	4	4	3	4	3	4	4	3	4
Nov- 19	5	4	5	4	5	5	5	3	2
Dec- 19	3	2	2	2	3	2	3	3	3
Jan- 20	2	2	1	2	2	2	2	0	1
Feb- 20	4	4	4	2	4	4	4	3	4
Mar- 20	3	3	3	3	3	3	3	3	3
Apr- 20	3	1	3	2	3	3	3	3	2
May-20	4	4	4	4	4	4	4	4	4
Jun-20	3	3	3	3	3	2	3	3	3
Jul-20	1	1	1	1	1	1	1	1	1
TOTAL	32	28	29	27	31	30	32	26	27

As of July 27, 2020



HARVESTING PHOTOS



Soap Berries



Wild Strawberries



Ochre gatherers

LANDS DEPARTMENT

The Lands Department staff hope that everyone is enjoying a wonderful summer!

Lands Requests and Enquiries can be directed to the Lands Manager, Brandi O'Flynn (Brandi.OFlynn@Inib.net) or call the main office line (250-378-5157) to be connected by phone.

Here are some updates from the Lands and related departments:



LMAC MEETINGS (VIRTUAL)

Lands Management Advisory Committee meetings are being held over Skype. All LNIB Members are invited to join in to hear about Lands activities and Law development!

To join an upcoming LMAC meeting (by phone or computer), find details on the LNIB events calendar (www.lnib.net) or contact Jerrica Joe (Jerrica.Joe@lnib.net).



LNIB LAW DEVELOPMENT

The first draft of the LNIB Business Licensing Law has been brought to the LMAC for review. At LMAC meetings, we review the law section by section and discuss potential changes and feedback. Community engagement will take place at a later date.

You can participate in LNIB Law review by reading and commenting on Law drafts on the Members-Only site (members.lnib.net), by picking up a print copy outside the Lands and Ec. Dev. Office, or by joining a LMAC meeting for law review and discussion.



LNIB LAND CODE: Part 2 - LNIB Legislation

In December 2016, LNIB entered into Land Code, empowering its self-governance. Part 2 (LNIB Legislation) of the LNIB Land Code describes LNIB's abilities and procedures for creating and enacting its own laws relating to LNIB Lands.

The Law-Making Summary in this newsletter reviews the types of laws that Council and Community can make and the process of LNIB Law development.



NEW LANDS STAFF: MONICA PETTINGER

We would like to welcome Monica Pettinger to the LNIB Lands team! Learn a bit about Monica in her introduction letter:

Hello LNIB,

My name is Monica Pettinger. I am the new Lands Agent effective July 6, 2020. I am excited to be a part of the LNIB team once again.

I am an LNIB member, and I am the daughter to Yvonne Hall. I was born and raised in Penticton, BC with my father Russel Pettinger, and I am the very proud mother of three exceptional children.

I moved away from my home and set out on adventure to the United States in mid-1995. I lived in California for about 10 years all throughout the Bay Area and Santa Cruz.

LNIB LAW-MAKING SUMMARY

HIGHLIGHTS FROM LNIB'S LAND CODE: PART 2 – LNIB LEGISLATION

LAW MAKING POWERS

Council may make Laws, in accordance with LNIB Land Code, which relate to LNIB Land. As laid out in Section 6.2 of the LNIB Land Code, these Laws may relate to:



Land Interests

- Allotments & Transfers
- License and Interest Granting
- Natural Resource Extraction/Removal



Land Use Planning

- Zoning
- Restrictions and Protections
- Parks and Recreational Lands



Land Development and Subdivisions



Land Surveys



Business Regulation Licensing and Permitting



Expropriation

of land for a Community Purpose



Public Works

- Local Services
- Traffic and Transportation



Residency and Access

- · Landlords' and Tenants' Rights and Responsibilities
- Trespassing



Environment

Assessment and Protection



Wildlife Management and Protection

Hunting and Fishing



Sanitation

Public and Private Premises



Nuisances

Public and Private



Dispute Resolution



Animal Control



LNIB Law Enforcement

and Ticketing



Approval and Ratification Vote

under LNIB Land Code

2019

LNIB secured \$50,000 to conduct a Phase I study into our solid waste management program and services.

We looked at:

- Garbage
- > Recycling
- Illegal Dumping
- > Financial costs of service delivery

Our goals were to:

- **Reduce** the volume of solid waste produced by the community
- Divert as much waste as possible from the garbage stream
- Eliminate illegal dumping on LNIB land
- **Reduce** the financial burden of solid waste management on LNIB

The outcome was two reports and a number of recommendations to improve our solid waste.

Issues Characterization Report

A look into the current state of our solid waste management, including where we have the biggest issues and challenges.



Main findings:

- Poor rates of diversion
- Inadequate communal bins
- No composting programs
- Widespread illegal dumping
- Lack of community engagement
- Unsustainable service delivery costs incurred by LNIB

NOTICE APPEALS

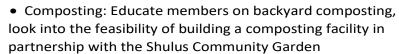
Solid Waste Management Plan

Building on the Issues Characterization Report, makes recommendations to improve the current system.

Main Recommendations:

- Garbage: Upgrade some or all of our communal garbage bins with a more durable steel model, look into curbside collection for household garbage, consider instituting an annual household collection fee (\$175)
- Recycling: Encourage greater participation among members in

recycling, negotiate an agreement with the City of Merritt to access available funding



- Other waste: make use of existing programs in the wider community for scrap vehicles, other recyclables, and consider implementing new programs, such as recyclable glass pickup
- Education and Engagement: Make a comprehensive plan for community education and engagement, and leverage existing resources at our disposal



Best Practices Surrounding Status Cards During COVID-19

In response to guestions received from First Nations members, citizens, and stakeholders, Indigenous Services Canada (ISC) is proactively sharing information to ensure that registered persons with a status card can access programs, services, rights and benefits during the COVID-19 pandemic.

All ISC offices for Indian status and secure status card applications are closed until further notice. Processing times, including return of original documents, are delayed.

In light of these circumstances, ISC is recommending to service providers that they should accept status cards or Temporary Confirmation of Registration Documents (TCRDs) past the renewal date with a second piece of identification. ISC will be reaffirming to businesses and service providers that Indian status does not expire, and that the registration number provided on these documents remains the same and is what is required to confirm eligibility for programs and services.

It is recommended to share this notice with your members, so that they have a copy accessible to them to show services providers in the event there are difficulties.

For more information, please visit Coronavirus (COVID-19) and Indigenous communities or email the Public Enquiries Contact Centre.





LNIB FIRE DEPARTMENT

Hello LNIB membership,

I hope everyone is doing well during these interesting times. I hope those of you that are out and about have noticed a lot more activity at the fire department recently. As of July 20, 2020, we have increased our staffing levels, this includes my position as your fire chief I will be working full time for LNIB. We also hired three new positions, at this time I would like to welcome Bruce Swakum, Charlene Joe and Isaac Jackson

Bruce Swakum has been a volunteer with the fire department for the past year and brings 10 years of wildland firefighting experience. Bruce is looking forward to working for his community and ensure the membership feels safe in the community, he is looking forward to engaging with membership on fire safety talks as well as community training.

Charlene Joe has volunteered for 13 years with the LNIB fire department. She is looking forward to engaging with her community members to increase the number of volunteers at the hall. Charlene is also committed to ensure the safety of the LNIB memberships during emergency situations. Charlene would also encourage more females to consider the roll of a paid-on call fire fighter.

Charlene grew up around Shulus and the 14 Mile Ranch in Shackan. Her Grandparents were Minnie Pierre and Herbert Pierre of the Lower Nicola Indian Band and Chief Anthony Joe and Rose Joe of the Shackan Indian Band, her parents are Charlotte Joe of the Lower Nicola Indian Band and Maynard Joe of Shackan Indian Band. She has a son and a grandson.

Isaac Jackson has worked as a paid-on call fire fighter with the City of Merritt for the past year and has experience as a Wildland Firefighter. Isaac brings with him a positive attitude and the drive and determination to ensure the safety of LNIB and has a passion to help others in need. As the youngest member of the team Isaac is looking forward to having more younger members became part of a courageous team and experiencing an exciting possible career path for our youth to consider. Isaac's Grandparents are Johnny and Delores Jackson of the Lower Nicola Indian Band and his parents are Stuart Jackson of the Lower Nicola Indian Band and Marilee Jackson.

I would like to encourage the membership to stop by the hall for a visit or feel free to have a visit when you see the staff out and about in the community. You will see us out doing fire plans, inspecting and repairing fire hydrants as well every Monday night from 6-8 we will be out training. In the months ahead we look forward to providing training on the proper use of fire extinguisher, home safety tips as well as ensure the memberships knows what and who to call during an emergency event. Look for us in the newsletter, the LNIB website for the most up to date information and events. Swing by the station for a hot coffee or cold bottle of water and let us know what your thoughts are when it comes to emergencies and community safety, our doors are open Monday thru Friday 8:30 am-4:30 pm. During Covid 19 we are practicing social distancing and will have proper Personal Protective Equipment if membership wish to stop by and have a chat, as well this equipment will be provided when we are conducting public sharing and training.

I look forward to seeing and hearing from the membership of LNIB.

Sincerely,

Lindsay Tighe LNIB Fire Chief



Isaac Jackson, Bruce Swakum, and Charlene Joe

MENTAL HEALTH COUNCILOR TONY BROMAN

Growing Together in Kindness, Patience, Respect

We are in an interesting time right now with having to endure this virus for so long. I'm not sure what everybody thought when we started out down this road but I'm sure none of us is used to this extended time of restrictions, constraints and concerns.

As we journey along together as a community, I seem to be hearing more and more of the same themes coming out. We are adjusting. We are settling into a new normal but that we are also having to figure out our relationships in a slightly different way. The fact that we are closer together physically does shift us relationally as well.

Closer together means more connection, which can mean improvement but can also include more friction, which creates the challenge for us. We are used to each other. We are used to the patterns that we have as families, as couples but being closer together causes us to notice that there used to be gaps in our times of connection, and those gaps served a healthy purpose – recharge time. This realization, that suddenly the people we love the most are part of the tension and frustration that we're feeling can hit us in different ways. Most often it's a slow process of building up that we barely notice, where day by day we gradually lose our capacity to weather the usual behaviors and personality traits. In this case it seems as if suddenly we're struck by this sense of being fed up and can't seem to shake it.

Other times we feel it instantly almost as if we've had a door closed on us and we're trapped and the apprehension That we feel about suddenly being closed in creates an immediate irritation with the people around us. We know that this reaction isn't necessarily appropriate given that the people didn't do anything to us, it's more a matter of us being aware that we aren't going to get the usual breaks because we know that those breaks make a difference for us.

The themes that have come out in my conversations with people have been around kindness, patience and respect.

We all understand the ideas of kindness, patience and respect. We all love what it feels like to receive these things and we all understand that it is a beautiful thing to offer them especially to those we love. What is happening in these current circumstances is that our limits are being stretched in these areas. While it is hard to see our limits in these areas, especially towards those we love, it is also a wonderful thing to be aware that we are growing. And this growing, though hard, is producing in us, a greater ability to extend these to the people we care about the most and to our community.

So how do we extend kindness when we don't feel kind anymore? How do we extend patience when we feel like we've run out? How do we show more respect when we have already crossed the line? The good news is that the key to increasing our ability is on the other side of reaching our limit. When we make the mistake of not showing kindness, of not being patient, of being disrespectful, it is in recovery that we gain a greater ability.

Our recovery in relationships is about acknowledging that the other person deserved more than we offered. Our kindness, our patience, our respect are increased as we acknowledge that we didn't have the ability, or that we messed up, that we didn't recognize the value of the person with us. It is in these acknowledgments and these repairs, in these apologies that we gain a greater sense of each other's value, a greater awareness of how to honor each other.

In these acknowledgments of our limits, in these repairs, we step into growth by an act of courage. We discovered the courage to be vulnerable, to say I didn't do this well but I recognize that it was necessary. I recognize that you did deserve better treatment.

It is this courage that moves us into our place where we enlarge our hearts and gain the capacity to love in greater measure. Of course initially these things grow after our mistakes, and so we must approach in courage with sincerity and action to back up our words. Our 'sorry' is only as good as the way we treat people the next time.

In a beautiful way we embrace our humanity, full of daily mistakes, and allow it to teach us a better way, a more humble way, where we receive all we long for in the end. That is the path to enlarging our hearts, to seeing the greater value in those that we rub shoulders and elbows with every day. So today, I invite you to be human, to notice and embrace limits with courage as the path toward what we want. Kindness, patience and respect grow as we embrace our limits and use them, not to excuse ourselves, but with courage and honesty to repair relationships.



HOUSING

July 29, 2020

All LNIB Residences:

It has been reported and documented that excessive noise and disturbances have been coming from several premises located on LNIB Reserves. It is absolutely essential that all residences respect the right to quiet enjoyment of their neighbors.

LNIB asks that you respect the concerns of your neighbors and control the noise levels generated within your premises. Although you are allowed to host guests for a specific period of time in a rental unit, the noise your guests generate is your responsibility.

If you do not do so you will be in violation of your rental agreement. More importantly you will be disrupting the quiet enjoyment of your neighbors.

Below I have a section from LNIB Rental Housing Policy September 17, 2019

Section 1.2 Be A Good Neighbor

LNIB is proud to work with all of its Tenants to uphold the spirit of being "A Good Neighbor" so that all members of the community treat others living on our Reserves fairly and in a way that they would like to be treated themselves. The underlying principles of this spirit include the following; together, they provide a foundation for the requirements set out in this Rental Housing Policy.

- Be a good neighbor
- > Take pride in my home
- Respect other people's property
- Look out for my neighbors
- > Take care of the environment
- > Be part of my community

For concerns of excessive noise and disturbances call 911 and ask for RCMP to come. The housing department requires an email for documentation from the person concerned and a notice will be delivered to the tenant displaying excessive noise and disturbances.

LNIB Housing Department

EDUCATION

Lower Nicola Indian Band

August 2020

EDUCATION DEPARTMENT

LNIB School/K-12/PSE/Head-Start/Career-Development

Director's Submission

It appears the weather has finally caught up to the summer season as both the heat and blue sky is with us on a daily basis. Whatever you are doing and wherever you are located I hope everyone has been able to enjoy the summer with family and friends!

This time of year is typically slower in our sector's daily activities as most education programs are on break; however, this does provide our sector with valuable time to focus on annual reporting, finalizing PSE application processes,

Sector Leadership

Director of Education Shane Coutlee

LNIB School Principal Angie Sterling

Education Manager Sharon Parsons

reviewing initiatives/programs/services we implemented last school year to measure strengths & opportunities related to our goals, and perhaps the most important tasks we focus on during the summer all relate to results-based planning for the upcoming school year. The pandemic may change the way we conduct daily business but it has not slowed down creating next year's goals.

As many of you know my primary office has been located at the Health Centre and this has been a positive experience as it provided many opportunities to both discuss educational opportunities with many members face to face; however, as this was a temporary office for me when I was hired I will now be moving my primary office to the LNIB School which will occur before the end of August. I will still commit to working from Rocky Pines as a secondary office to increase personal accessibility and once schedules for RPCC are confirmed I will let everyone know the day's that I will be working from that location.

There are numerous initiatives being discussed and planned over the summer, which will be shared in more detail next month (internal policies, school services, partnerships with SD58, and successful grant application to name a few); however, most of these projects rely on the direction of both the Ministry of Education and Provincial Health Officer. They announced their September Plan Wednesday July 29th and we have provided this information below for reference.

As always please reach out at anytime to discuss LNIB Needs - let's attain the same goals together. I can be reached at 236.575.2135 or Shane.Coutlee@lnib.net





LNIB EDUCATION DEPARTMENT



gail.larochelle@Inib.net



(250)378-0915

2160 SETTLERS ROAD HWY 8





GAIL LA ROCHELLE POST-SECONDARY/TRADES & TRAINING COORDINATOR

Hello Everyone,

I hope you are all healthy and getting outside to enjoy the wonderful weather we are having. Everyone's garden will be flourishing with good nutritious food. Our office is still closed; however, you can contact anyone of us by phone or email. If you require a face to face meeting, just give us a call and we will make the arrangements.

July has been a busy month:

- Up-dating and entering all the student information on spreadsheets
- Creating and emailing individual PSE student sponsorship letters outlining the details of their approved funding
- Completing and emailing to each Institution, the Sponsorship Forms with each student's information
- PSE students, if you have not looked into applying for bursaries or scholarships yet, please check out the following websites:
- https://www.nrtf.ca/apply-for-funding/ https://bcaafc.com/education/first-citizen-funds/ https://indspire.ca/for-students/bursaries-scholarships/

If you need any assistance in completing any application call or email and we will be happy to help. Anyone needing their resume or cover letter updated give the office a call. Are you interested in any type of training or part-time courses contact our office, we are here to assist you?

Please stay safe and have a great summer.

LNIB **EDUCATION** DEPARTMENT



rhonda.dunn@lnib.net



(250)378-0915

2160 SETTLERS ROAD HWY 8





RHONDA DUNN ADMINISTRATIVE SUPPORT

Hello All,

August is upon us and the hot weather is here. I hope everyone is keeping themselves cool and hydrated. It would be nice to go to the river or beach for a swim. August is a time for Salmon fishing, and we get hungry for a fill of fresh fish. Unfortunately, last year most did not get to fish as it was only open a few days for fishing. So, let's hope we have a good return of Salmon this year!

On an education note the education department has mailed and emailed out K-12 Startup Applications for ON/OFF Reserve. Also, if you call ahead, I can leave a Startup Application outside in LNIB Education Mailbox for you to pick up.

The LNIB Education and Power Concepts are delivering a second session of Computer Training and a Food safe training in August. The dates are yet to be confirmed. If interested, please contact Paige Isaac or myself for more details.

To ensure the education department can email, phone or mail up-todate educational training programs, youth opportunities and community news please keep your current contact information up to date with myself here at the education department. Also, checkout LNIB Facebook page or LNIB Webpage.

A reminder that LNIB uses Skype for Business so if you see a number that starts off with 236-575-xxxx that is someone phoning from LNIB. Many people think it a telemarketer and so on. It's not long distance to call us even though it's a 236-575-xxxx.

I have attached a link/or email address and contact information for your convenience:

Aboriginal Skills and Employment Training (ASETS) Merritt office at 2051-D Voght Street, phone (250) 378-0126, or email: merrittec@asets.org

If you require an applications or additional information the LNIB education department will do our best to help assist you. Please do not hesitate to call or email us.

Education Matters!

LNIB **EDUCATION** DEPARTMENT



Paige.isaac14@gmail.com



(250)378-0915

2160 SETTLERS ROAD 8 YWH



PAIGE ISAAC - EDUCATION ADMINISTRATIVE ASSISTANT

Hi, I am Paige Isaac and I am the new summer worker for the Education Department.

So, I have grown up in the Nicola Valley and temporally moved to Kamloops for my post-secondary education. The past three years I have been studying in the natural resources area. I have received a diploma from NVIT in Environmental Resources Technology and have carried on my studies at Thompson Rivers University to work on my Bachelors of Natural Resources. After completing my education. I want to like to apply to the College of Applied Biology to become a Registered Professional Biologists (RPB). After completing my studies to become an RPB, I want to work in the fisheries, wildlife area.

I started working for the Education department near the end of June and I have been keeping busy with recruiting and organizing with the computer training being held at NVIT. I have also been assisting with LNIB Scratched Rock archiving and data entry. Also, been updating spreadsheets and helping Education staff with anything.

If you have any questions or need help with anything, feel free to call the office or email me!

Have a great rest of the summer.

Paige Isaac





September Return to School

In September 2020 all schools in British Columbia will start up in Stage 2 with the goal of maximizing in-class instruction for all students within the revised public health guidelines to reduce the risk of COVID-19 transmission. Having students in the classroom helps to minimize learning gaps and provide the academic, social and emotional supports essential for learning. Schools and school districts will also have the necessary plans in place to be able to shift quickly between stages if and when required.

The Ministry of Education Five Stage Framework for K-12 includes comprehensive COVID-19 health and safety measures and aligns with B.C.'s Restart Plan. Based on new public health guidance for K-12 schools from the Provincial Health Officer, the Five Stages have been updated to outline expectations for B.C. elementary, middle and secondary schools for the 2020/21 school year. This includes organizing students into cohorts (Learning Groups) to help limit contact and potential exposure.

The September start-up will be supported by the four foundational principles established at the beginning of the COVID-19 pandemic:



- Maintain a healthy and safe environment for all students, families, teachers and staff
- Provide the services needed to support the children of our essential workers (ESWs)
- Support vulnerable students who may need special assistance
- Provide continuity of educational opportunity for all students

STAGE 1	STAGE 2	STAGE 3	STAGE 4	STAGE 5
IN-CLASS	IN-CLASS	HYBRID	HYBRID	REMOTE
COHORT SIZE Elementary: No limit Middle: No limit Secondary: No limit DENSITY TARGETS Not applicable In-Class Instruction Full-time all students, all grades	COHORT SIZE Elementary: 60 Middle: 60 Secondary: 120 DENSITY TARGETS Not applicable In-Class Instruction Full-time instruction for all students for the maximum instructional time possible within cohort limits. Self-directed learning supplements in-class instruction, if required	COHORT SIZE Elementary: 30 Middle: 30 Secondary: 60 DENSITY TARGETS 50% for all schools In-Class Instruction Full-time instruction for: Children of essential service workers Students with disabilities/diverse abilities Students with require additional supports In-class instruction for all other students for the maximum time possible within cohort limits and density targets. Self-directed and remote learning supplements in-class instruction.	COHORT SIZE Elementary: 30 Middle: 30 Secondary: 30 DENSITY TARGETS 25% for all schools In-Class Instruction For: Children of essential service workers Students with disabilities/diverse abilities students who require additional supports In-class instruction for all other students for the maximum time possible within cohort limits and density targets. Self-directed and remote learning supplements in-class instruction.	COHORT SIZE • Elementary: 0 • Middle: 0 • Secondary: 0 DENSITY TARGETS • 0% for all schools In-Class Instruction Suspend in-class instruction for all students. Self-directed and remote learning in place of in-class instruction.



Safety Measures

On September 8, 2020, all schools in B.C. will begin the new school year with the goal to maximize in-class learning for all students. To support the return to school, a comprehensive suite of COVID-19 safety measures are being implemented in B.C. schools to help protect students and staff:













Students and staff will be required to clean their hands frequently, cover their faces when they cough/sneeze and not share food, school supplies or equipment. They will also be required to stay home when sick.

Learning Groups

To get the most students back in full-time in-class instruction in September, the Provincial Health Officer has recommended the use of cohorts (Learning Groups) to reduce the number of close, in-person interactions. This will reduce the number of people each student or staff member comes into contact with, thereby reducing the risk of transmission and ensuring quicker contact tracing by health authorities.

Within a Learning Group, minimized physical contact is required, but physical distancing does not need to be maintained at all times. Outside of a Learning Group, physical distancing of 2m will remain the expectation for middle and secondary school students, and for all staff.

WHAT IS A LEARNING GROUP?



- A Learning Group is a group of students and staff who remain together throughout the school quarter, semester or year, and who primarily interact with each other.
- Examples include a single class, multiple classes that occasionally meet for additional learning activities, or a group of secondary school students with the same courses.
- Extracurricular activities will likely involve students interacting outside of their Learning Groups and will require appropriate physical distancing in those circumstances.
- Learning Groups are recommended by the Provincial Health Officer as an effective way to limit the number of interactions between people in schools and subsequently reduce potential exposures to COVID-19.

LEARNING GROUPS PROVIDE A RANGE OF BENEFITS FOR STUDENTS

- 1. Learning Allow full-time attendance instead of on-line/remote
- 2. Social Increase peer interaction, avoid isolation
- 3. Emotional Increase peer support and connection
- 4. Psychological Decrease mental health impacts





K-12 EDUCATION RESTART PLAN - UPDATED JULY 29, 2020

WHAT COULD A LEARNING GROUP LOOK LIKE IN DIFFERENT SCHOOL TYPES?

The majority of elementary and middle schools will return to full-time, in-class instruction with minimal modifications to school structures and timetables. Many secondary schools will require adjustments to timetables and school schedules in order to maximize in-class instruction.

ELEMENTARY SCHOOL



- Elementary schools will still be organized into classrooms as students' primary
- Elementary schools will have the option to create Learning Groups of up to 60 students and staff who can interact more regularly. This could be two classes that work together on shared projects, or up to three primary classes that go outside together on a regular basis.

MIDDLE SCHOOL



- Middle schools that follow an elementary school model (e.g., one classroom, one teacher) will be organized like elementary schools.
- Middle schools that follow a "junior high" model (e.g., students move from class to class to take a range of subjects from different teachers) will be re-organized to limit students to Learning Groups of no more than 60 students and staff.

SECONDARY SCHOOL



- Secondary school students will continue to be organized in classrooms; however, school timetables will be organized to limit students to Learning Groups of no more than 120 students and staff.
- For example, students in a secondary school Learning Group might take some of their courses together, and then take separate electives, where they would need to practice physical distancing from the students outside of their Learning Group.
- Some secondary schools may also:
 - Re-organize to system where students take two courses at a time for 10 weeks and then continue a rotation of two courses every 10 weeks
 - Supplement in-class instruction with online, self-directed or remote learning where course offerings cannot be delivered through cohorts or physical distancing strategies.
- Secondary schools will be able to re-organize Learning Groups after each semester.





There are 266 secondary schools in B.C. attended by 196,000 students and they are as diverse as the province itself.



There are 96 public secondary schools and 49 independent schools that have less than 800 students and these schools will likely require only minor modifications to their bell schedules or timetables to ensure a safe, full-time return to the classroom for all students.



There are 104 public secondary schools and one independent school with between 800-1,500 students and they will need to consider modifications to their bell schedules and timetables to accommodate students in the classroom fulltime.



- There are 16 public secondary schools with between 1,500 2,000 students, located primarily in the Lower Mainland and the Okanagan.
- For these larger secondary schools, school districts are looking at a variety of options to maximize in-class learning and, in rare cases, may need to offer a hybrid approach with a blend of remote online and self-directed learning.
- Students with disabilities, those who need extra support in school and children of essential service workers will continue to receive full-time, in-class learning.

WAYS TO KEEP SAFE

- 1. Keep in your Learning Group.
- 2. If it is not possible to keep in your Learning Group, then practice physical distancing.
- 3. If it is not possible to keep in your Learning Group or physically distance, your school may choose to use remote, online or self-directed learning.





K-12 EDUCATION RESTART PLAN - UPDATED JULY 29, 2020

What Can Parents & Students Expect in Stage 2?

Given the permitted sizes of Learning Groups, it is expected that elementary and middle school students will return to full-time, in-class instruction with minimal modifications to school structures and timetables. Many secondary schools will require adjustments to timetables and school schedules to ensure all students can attend school on a full-time basis and maximize in-class instruction. Parents and students can also expect:

REGULAR COMMUNICATION

- Contact from school or school district/authority to confirm educational program options for September.
- Regular information updates on school and district websites.

IN-CLASS INSTRUCTION & SUPPORTS

- Full return to in-class instruction provided that all required health and safety measures can be accommodated.
- · Full-time instruction for students with disabilities/diverse abilities and students requiring additional support.
- Focus on mental health and well-being supports for students returning to school.
- Options for students with underlying complex medical needs.
- Alternative methods of delivery, to be jointly determined by boards of education and First Nations, for students from First Nations that remain closed and will not be sending students back in September.

CURRICULUM, ASSESSMENT & REPORT CARDS

- Provincial curriculum for all students at all grade levels.
- Regular report cards as per the Student Reporting Policy.
- Regular assessments at the classroom and provincial level.

ENHANCED HEALTH & SAFETY MEASURES

- Parents will be asked to monitor their children daily for symptoms and not to send them to school if they are sick. Anyone who is sick will not be allowed in school.
- Students will be asked to wash their hands frequently, including before coming to school. They will have access to hand sanitizer when hand washing is not available.
- Schools will continue to be cleaned more frequently, including classrooms and high touch areas.
- School and classrooms might look different:
 - → Organizing students into Learning Groups
 - → Increased spacing between students in classrooms and more individual and smaller group activities
 - → Limitations on assemblies and other large gatherings
- Wearing non-medical masks will be a personal choice for students and teachers and will be made available and provided upon request.
- Students will be asked to label their personal items and not to share them.
- Parents may need to remind children to minimize physical contact with their friends.
- See COVID-19 Public Health Guidance for K-12 School Settings for more information on K-12 health and safety measures.





AUGUST 10, 2020

- Release of September Return to School Planning & Reporting template.
- School districts and independent schools will continue to develop a Restart Plan outlining their approach to providing full in-class instruction for all students in September.
- Each Restart Plan will outline:
 - → How in-class instruction will be offered in elementary, middle and secondary schools using Learning Groups.
 - → Collaboration and consultation with community partners and local unions that occurred in the development of the district/school approach to Learning Groups.
 - → Revisions to district and school health and safety plans to meet the requirements of the updated COVID-19 Public Health Guidance for K-12 Settings (BCCDC).
 - → Consultation and engagement with First Nations governments and parents/caregivers about the educational choices and transportation available for First Nations students attending public schools.

AUGUST 17, 2020

Release of updated K-12 Operating Guidelines for COVID-19 and final Steering Committee materials.

AUGUST 17 - 21, 2020

- School Districts and FISA Member Associations finalize their Restart Plans and submit to the Ministry of Education for review.
- Boards of education and independent school authorities should ensure their Restart Plans allow them to be able to shift quickly between stages if and when required.
- Under the jurisdiction of individual First Nations, some First Nations independent schools may remain closed. They will also not be required to submit a plan to the Ministry.

AUGUST 21 - 26, 2020

- Ministry reviews Restart Plans and confirms School District and FISA Member Association approaches.
- School districts and schools begin to communicate information to parents on health and safety guidelines, learning groups, scheduling and enrolment options under Stage 2 plans.

AUGUST 26, 2020

School Districts and schools communicate information to parents on Stage 2 Plans and post final versions online.

SEPTEMBER 8, 2020

Stage 2 of the K-12 Restart Plan starts.



JOB OPPORTUNITIES

Cumulative Effects Coordinator

Department: Economic Development Department Reports To: Director of Economic Development

Hours: 35 hours/week

Term: 48 months, with the possibility of an extension

Start Date: **ASAP**

Summary of Organizational Responsibilities:

The successful candidate will be responsible for the coordination and technical implementation of the cumulative effects management program within the Nlaka'pamux Traditional Territory. This program will build off the internal mandate of the LNIB to protect its territory and resources.

Duties and Tasks:

- Assess Title and Rights interests of LNIB to aid in developing and supporting strategic advice;
- Work with LNIB technical advisors on program development and implementation;
- Work with supervisor and LNIB technical advisors to engage stakeholders:
- Review reports and assessments from the Trans Mountain Expansion Project and other resource development projects in the Nlaka'pamux Traditional Territory;
- Develop project specific budgets:
- Prepare funding proposals for terrestrial and aquatic cumulative effects projects and activities;
- Background research relating to current and historical resource use and environmental management; and
- Interviewing community members on current and historical resource use in the Nlaka'pamux Traditional Territory.

Knowledge, Skills and Abilities:

- Understanding/interest in Nlaka'pamux resource use and cultural practices;
- Attention to detail related to note taking, and field sampling duties;
- Strong computer and information management skills;
- Familiarity with online mapping platforms.

Qualifications:

- A valid drivers license and reliable transportation (Mandatory);
- Post-secondary training/education in natural resource management or related field (Preferred);
- Five years experience in the field of environmental management and monitoring, with preference given to candidates with experience in cumulative effects management (Preferred);
- Excellent project management and supervision experience;
- Demonstrated ability to build, support, and maintain a positive working relationship with all stakeholders;
- Strong background and understanding of Aboriginal issues and politics relating to Title and Rights.

Deadline to apply: Posting will remain open until a qualified candidate is found.

To see a full job description or Apply go to: https://secure.collage.co/jobs/lnib

OR Email: HR@Inib.net

Interested candidates should include a resume and cover letter complete with references, specifying the position you are applying for.

Thanks to all who apply, only qualified candidates will be considered.

Lower Nicola Indian Band School Job Posting

Position Title: K-7 Teacher – permanent ongoing Department: Lower Nicola Indian Band School

Hours: 35 hours per week **Start Date:** August 2020

Wage: Is equivalent to SD 58, plus a generous benefits and pension program

Reports to: Lower Nicola Indian Band School Principal

Required knowledge, skills and abilities

- · Category 5 Teaching Degree
- · Training Certification BC College of Teachers
- · Training and experience with primary students
- · Experience with First Nations children an asset
- · Experience with behaviourally challenged students
- · Experience in developing and implementing IEP's
- · Excellent communication, leadership and interpersonal skills
- · Working knowledge of BC curriculum, effective instructional methodologies and a holistic approach to meeting the learning needs of students
- · Willing to continue to gain new knowledge and skills, be flexible, positive and a team player
- · Current First Aid Certificate or willingness to obtain
- · Ability and willingness to submit to a criminal record check is mandatory
- · Ability to speak or willingness to learn the Nlaka'pamux language and culture

Deadline to apply: position will remain open until a suitable candidate is found

Apply at:

https://secure.collage.co/jobs/lnib

Interested candidates should send a resume and cover letter complete with references, specifying the position you are applying for. Complete Job Description can be obtain by contacting the Lower Nicola Indian Band.

Thanks to all who apply, only qualified candidates will be considered.

GREETINGS







Happy 21st Birthday to Uncle Ford Muir on August 16th. Love Ter, Jim and the Boys and Girls!

Happy Birthday to my Dad on August 16th. Love April

Happy Birthday to our Grandpa Ford Muir on August 16th. Love Ahliya, Jenee, and Desiree

Happy Birthday to Smitty Bent Aug. 11

Happy Birthday Zena Bent Aug. 15

Happy 77th Birthday Judy Prosper Aug 30

Love from Donna Bent and family

MEMBER OWNED BUSINESS DIRECTORY

Aly Moon Pierre, SW Dipl. BSW

Online Life Coaching Spirituality Coach, Inclusive Coach www.Inclusive-Coach.com alv@inclusive-coach.com

Angie Bain

Over 20 years experience providing training, research and research analysis services angiebain@shaw.ca 604-802-9709

Bonnie Bent

Micoblading (250) 280-0430 or (778) 800-7878

Donna Bent

250-378-4396 **Donna Bent Artifacts**

Brandon Joe

250-525-0443 (text only) Commercial Embroidery and Jewellry

Shannon Kilroy

skilroy09@yahoo.com Earthline Contemporary Aboriginal Designs and Accessories

Odd Job Joe

Handy Man Service & Solutions 24/7 (250) 378-7945

Ryan Mann

PlumberMann 250-936-8555

Mostly Glass

Mostly Glass Creations: Stained glass, mosaics, mosaic lamps, stepping stones, beads, crystals, prisms, window charms, bracelets Email: mostlyglasscreations@gmail.com

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Gene Moses 250-378-2801

Vivian and Arnie Narcisse

Mountainchief Catering 250-315-0584 Catering MC and coordination of Cultural Events

Growing Garlic/Nicola Valley Produce

Jerrod Peterson growinggarlic.ca growinggarlic.ca@gmail.com

Gwayne Point

250-378-9167 Northwest Indian Art

Loren Sahara Consulting

Personal Development Coach, Mastemind Knowledge Broker 778-676-7844

JW Forest Contracting Ltd.

250-378-5468

250-378-1556 (cell) Warren Smith/Janet Sterling,

Principals

Logging contractors, road builders, land clearing

Established 1998

Certified Safe Company

11 employees, 80% First Nations

Equipment: Faller/Buncher, Grapple Skidders,

Log Processors, Excavators, Cat Crawler Tractors

Millco Safety Services

www.millcosafety.com

PO Box 4154 Lower Nicola, B.C.

Patrick Miller/Angela Garcia, 250-378-2221

Principals

Construction safety, construction security, First

Aid, Traffic Control, fully certified personnel

Nicola Valley Muay Thai

Kru Melissa E. Moses

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kru@nicolavalleymuaythai.ca

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www.scsdrilling.com

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PHOTOS FROM FACEBOOK, COMMUNITY SERVICES CONTEST















