



September 2019 N?e?iyk Spiləxm

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Makenna Shuter-Lands/Ec-Dev Summer

**Our Offices will be closed
Monday September 2,
2019.
In lieu of Labour Day.**

Note: we've noticed that some of the pages are a bit blurry - we apologize for these printer issues



NOTICE OF ELECTION

Notice is hereby given that the **Lower Nicola Indian Band** has called an Election in accordance with the *Lower Nicola Indian Band Custom Election Rules (2013)*, for the purpose of electing one (1) Chief and seven (7) Councilors on **Saturday, 5th October, 2019** for the ensuing three (3) year term of Office.

FINAL RESULTS - 28th AUGUST, 2019**NOMINATIONS FOR THE OFFICE OF CHIEF**

ANTOINE, Leona

JACKSON, Stuart

STERLING, Robert Jr.

All Nominees above have been properly nominated and seconded, and have completed the requirements for candidacy as described in the Lower Nicola Indian Band Custom Election Rules (2013).

Given under my hand at Victoria, British Columbia,
this 28th day of August, 2019.



Lawrence Lewis, Electoral Officer

For more information please contact:**Lawrence Lewis, Chief Electoral Officer**

Office: (250) 384-8200

Email: lawrence@onefeather.ca**Drew Shaw, Electoral Officer**

Ph/txt: (250) 710-1451

Email: drew@onefeather.ca

Office: (250) 384-8200 Toll Free: (1855) 458-5888 Fax: (250) 384-5416

PO Box 35008 Hillside, Victoria, BC V8T 5G2

onefeather.ca/nations/lowernicola

LOWER NICOLA INDIAN BAND NOTICE OF ELECTION - FINAL COUNCIL CANDIDATE LIST

Notice is hereby given that the **Lower Nicola Indian Band** has called an Election in accordance with the *Lower Nicola Indian Band Custom Election Rules (2013)*, for the purpose of electing one (1) Chief and seven (7) Councilors on **Saturday, 5th October, 2019** for the ensuing three (3) year term of Office.

FINAL RESULTS - 28th AUGUST, 2019

SURNAME, GIVEN NAMES	SURNAME, GIVEN NAMES	SURNAME, GIVEN NAMES	SURNAME, GIVEN NAMES
BOSE, William (Bill)	JOE, Connie	SEWARD, Lucinda	TOODLICAN, Molly
COUTLEE, Spence	JOE, Hrolfe	STERLING, Doreen	WILLIAM, Cheslie
DICK, Stephen	LAFFERTY, Joanne	SUMEXHELTZA, Aaron	YORK, Victor
HUMPHREY, Robin	SANDY, William		

All Nominees above have been properly nominated and seconded, and have completed the requirements for candidacy as described in the Lower Nicola Indian Band Custom Election Rules (2013).

Given under my hand at Victoria, British Columbia, this 28th day of August, 2019.



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FULL TIME COUNCILLOR

Hentl'



I am not sure where the summer has gone as it feels as though we just started getting summer weather mid August. Now with leaves turning and school around the corner reality is setting in. As much as kids are acting as though they are dreading school start up I also sense they are anxious to get back to routine and see their friends at school.

The month of August has been quiet but I can reassure that buzzing of the Annual General Meeting and Open House have us busy. Reflecting back on the year has given us opportunity to gauge where we are and where our goal posts are to strive towards.

The Water Government to Government pilot has had me busy all summer with the Core Committee reviewing our watershed and identifying outcomes we would like to see. In building this out we have decided to narrow down to one tributary so we can duplicate the process out to other tributaries in the future. In coming weeks the community will be provided information of the status and progress that has been thoroughly developed. There is now a Project Manager and Indigenous Law component to support the work that is much needed.

With water governance the drought is very much the highest concern at the moment. This has provided an opportunity for collaboration of knowledge of the Provincial Government experts and First Nations Governance at the table when decisions are being made on drought management. This required dedication of the Core Committee provided - reports, data, first nations knowledge and field visits with elders.

When the Coldwater River was declared a drought concern the team rolled up their sleeves: we felt part of the decision of how the water is managed is for water license holders to voluntarily cut back water withdrawal to mandatory shut off water. The first call was 50% volunteer reduction to recently mandatory water reduction to the City of Merritt. The management of our fish was the goal to ensure the health of the water is provided for returning fish. The Provincial staff is working with our technical staff that already work with fish through STC Nicola Watershed Stewardship Fisheries Association on monitoring of water temperatures and water quality, which is a good start.

The Big Bar slide has been an amazing effort of many experts, including first nations, at the table daily on implementing efforts to ensure the fish make it over the slide. There is daily reports that are sent to us and technical teams call in twice a week on progress and first nations are very much part of the process than ever before. This is just the beginning of collaboration efforts but is far more first nations inclusion then before.

I attended the Youth Conference at the LNIB Arbor and loved the energy our youth have. There were many agencies that came to make this day possible and our youth left with smiles. The motivational speaker had an impact as I could see the kids were deep in thought with the message of communication about emotions is important to youth and they are normal. There is support throughout our community and families for our youth to go to and not to carry those emotions by themselves.

August 3 at Spuzzum BC was an amazing day for the Nlaka'p'mux Nation as a whole. The 15 Chiefs tied a feather each to a staff to signify unity and will be a symbol of working together for our entire nation. We are in hopes of having the staff in the community at important events.

With upcoming AGA and Open House, I look forward to seeing everyone out to share what we have all been working hard on throughout the year.

EXECUTIVE DIRECTOR



Dear LNIB Members,

I am pleased to present our monthly report for August 2019. We are proud to share some of the stories, events and highlights of the programs and services that we delivered to Lower Nicola Indian Band members in the past month.

The Band Office continues to be a busy place and there are always many things on the go, many people visiting to discuss their issues.

BC First Nations Gaming Revenue: This month, eligible First Nations in B.C. are signing up to receive their share of new revenue that will support self-government and self-determination, strong, healthy communities and services that make life better for families. The provincial government has transferred \$194.84 million to the newly formed B.C. First Nations Gaming Revenue Sharing Limited Partnership, providing the first two years of shared gaming revenue committed to under Budget 2019. Once First Nations join the limited partnership, they will receive the first year of their share of provincial gaming revenue. The amount each Nation receives will be determined as each joins the partnership, based on a formula developed by the First Nations Gaming Commission in consultation with First Nations.

At the August 20th Chief and Council meeting, council made a motion to join the partnership and as a result, be eligible to receive gaming revenue. LNIB will determine how our community will benefit best from the revenue, which can be invested in areas that include health and wellness; infrastructure, safety, transportation and housing; economic and business development; education, language, culture and training; community development and environmental protection; and capacity building, fiscal management and governance.

The First Nations Leadership Council, represented by the First Nations Gaming Commission, established the First Nations-managed limited partnership in March 2019. Governed by a five-person board of directors, the partnership administers the distribution of funding to eligible First Nations and will provide regular reporting to an auditor jointly appointed by the Province and the limited partnership.

Quick Facts:

- In 2017-18, the B.C. government collected \$1.391 billion in net revenue from gaming activities.
 - 7% of net provincial gaming revenues per year will be distributed to First Nations communities based on the following formula:
- 50% base funding (divided equally among eligible First Nations);
- 40% based on population; and
- 10% for geographically remote communities.

Learn More:

First Nations Gaming Revenue Sharing Limited Partnership: <https://www.bcfngamingrevenue.ca/>

The community plan, that so many of you provided input to, will be the framework for LNIB priorities as defined as eligible areas to invest as defined by the First Nations Gaming Revenue Sharing

Committees and Liaisons: The Finance and Audit Committee met this month to review the draft audited financial statements for the year ended March 31, 2019 and make a recommendation to Chief and Council to approve the audited statements.

Summer Students: It's that time of year when our summer students are heading back to the classroom and we are saying good bye for another year. We'd like to thank them for all their hard work and help over the summer and wish them the best for this coming school year.

Support to Chief and Council: Chief and Council met August 6, 2019 and August 20, 2019. There are only three (3) more Chief and Council meetings until the election: September 3rd, September 17th and October 1st. Also save the date of September 17th for the LNIB Annual General Assembly. Should you require anything be on the agenda please contact Sondra Tom or me.

Kari Reilander



We invite you to:

LNIB Annual General Assembly "LNIB Members Only"
Tuesday, September 17th, 2019
at the Merritt Civic Centre - 10:00am-2:00pm

LNIB Annual Open House
Wednesday, September 18th, 2019
at the Merritt Civic Centre - 10:00am - 3:00pm



BIG BAR LANDSLIDE UP-

BIG BAR LANDSLIDE UPDATE

AUGUST 29, 2019



Incident Webpage



BC River Forecast



- Road construction has been completed. First Nations archaeological monitors as well as an archaeologist have participated throughout the entire process. Ground transport feasibility testing is expected to be underway today.
- An additional seine net crew is now in operation, catching fish for transport upstream of the blockage. This brings the total number of seine net crews to four, two of which are First Nations-operated. A second fish wheel, to catch more salmon for transport, is anticipated to be in operation in the coming days.
- On Monday, August 26, more than 3,000 salmon were transported in a single day for the first time. On Wednesday, August 28, 3,066 fish were moved.
- Crews have established a staging area at the base of the landslide, allowing for materials and equipment to be brought to site.
- Due to changing conditions, a new plan has been established for the fish ladder. Crews are now focused on installing short sections at "pinch points," rather than a long, continuous stretch. This approach is tailored to the altered rock and ever-changing water conditions.




Road improvements are now complete.



Four seine netting crews are catching fish to transport upstream.

Salmon Transported by Helicopter

Daily Total			Total to Date	
Sockeye: 2891	Chinook: 166		Sockeye: 39,153	Chinook: 8,011
Coho: —	Pink: 9		Coho: 3	Pink: 13



Canada

100 DRUMS FOR WATER

N̓eʔképmx Nation

**100 DRUMS for p̓l̓púymxʷ (Water),
tmíxʷ (Lands) and nséytkn (Unity)**

**Friday September 20, 21 & 22
2019**

Calling
All
Drums

Shulus Arbor

Time: Friday 5:00pm/Sat & 12:00pm/Sun

Welcoming all Hand Drummers

FREE ADMISSION &

**Everyone Bring food for the
Potluck dinner on Saturday**

***Please bring your own plates, utensils &
Water bottles***

**Vendor's/ agency booths on location
one donated item**

Thank you to Sponsors **LNIB**



**Entertainers: Drummers & singing,
Family oriented with
entertainment.**

150 Drums Grassroots Shulus Arbor for the Survival for Water, Lands, Residential School, Language, Culture, Education and Unity. At this event, we will be recognizing the people who have survived the Residential School. The ones who have saved our language and Culture. We will recognize those who have succeeded in their higher Education and we will



On-site
Concession

**For more information
please contact MollyToodlican at
250 280 1012 or email
Looking for volunteers**

WORLD SUICIDE PREVENTION

IN PARTNERSHIP WITH VARIOUS
AGENCIES OF THE NICOLA
VALLEY, SCW'EXMX CHILD &
FAMILY SERVICES PRESENTS:

**SEPTEMBER 10TH, 2019
11AM-1PM**

WORLD SUICIDE PREVENTION DAY



**SPIRIT SQUARE,
DOWNTOWN MERRITT, BC**

Suicide impacts people of all ages and backgrounds in Canada. Every day, an average of more than 10 Canadians die by suicide. For every death by suicide, at least 7 to 10 survivors are significantly affected by the loss.



Please join us for this free event to help honour and pay tribute to those affected or lost by suicide

- ✓ HOT DOGS & CHIPS
- ✓ HELPFUL RESOURCES
- ✓ AWARENESS RIBBONS
- ✓ CONTRIBUTE PAPER ANGELS TO THE TAIL OF A KITE TO REPRESENT CONNECTEDNESS TO ALL AND TO ACKNOWLEDGE THOSE LOST TOO SOON

Ribbons will be available - please consider donating in exchange for a ribbon. All proceeds will be given to the Canadian Association for Suicide Prevention

For more info, please contact Cely-Rae:
250-378-2771 or
celyrae.street@scwexmx.com

GOVERNANCE PROJECT



Nicola Watershed Governance Project
Is inviting you to join the

*Nlaka'pamux and Syilx Laws
For Water and the Nicola Watershed*
Workshop

September 20, 21 and 22

Location: Merritt Civic Center

Please register with Eva Tom

Phone: (250) 378-4235 ext. 106

email: eva.tom@nicolatribal.org

With your: full name and contact information
(phone, email or message information)

by September 6, 2019

Agenda is attached.

**Indigenous Law Research Unit**

Faculty of Law, University of Victoria

PO Box 1700, STN CSC

Victoria, British Columbia, Canada, V8W 2Y2

Tel. 250-721-8914 Email. ilru@uvic.cawww.uvic.ca/ilru**Nlaka'pamux and Syilx Laws for Water and the Nicola Watershed
Workshop**

The Nicola Nations legal research team and the Government-to-Government Forum on watershed co-governance, is hosting a three-day workshop for the Upper Nicola, Lower Nicola, Coldwater, Shackan, and Nooaitch communities. Each community is encouraged to invite up to 10 interested community members representing a range of ages and experiences (this may include elders, leaders, young adults and staff members working on governance, culture, or resource stewardship).

This workshop, facilitated by the Indigenous Law Research Unit at the University of Victoria Faculty of Law, will introduce a practical way of accessing, understanding, and applying Indigenous laws today. Participants will gain hands-on experience working with stories (using Cree and Dene examples) as resources for reasoning through legal issues. Along with learning this research method, the workshop will also provide opportunities to discuss how this approach is being used to help uphold Nlaka'pamux and syilx laws of water and watershed governance in the Nicola Valley.

About ILRU:

The Indigenous Law Research Unit is a dedicated research unit based out of the University of Victoria Faculty of Law. We believe Indigenous laws need to be taken seriously as *laws*. Our goals are to work with and for Indigenous communities to engage with and articulate Indigenous laws in a rigorous and transparent way so that these laws can be accessed, understood and applied today, and so we can develop academic resources to support these laws being taught in law schools. Our vision is for Indigenous laws to be living and in use on the ground, and to be researched, taught and theorized about just as other great legal traditions of the world are now. Revitalizing Indigenous laws, legal institutions, and their legal processes is essential to re-building healthy Indigenous citizenries in self-governing, lawful communities. Creating more respectful and symmetrical relationships across legal traditions is a necessary part of building and maintaining robust reconciliation within and between peoples, now and for future generations.



Indigenous Law Research Unit
 Faculty of Law, University of Victoria
 PO Box 1700, STN CSC
 Victoria, British Columbia, Canada, V8W 2Y2
 Tel. 250-721-8914 Email: ilru@uvic.ca
www.uvic.ca/ilru



Workshop Agenda

Day 1 – Friday

9:00-12:00 Introductory Ideas: Thinking about Indigenous Laws

- Welcome and Introductions
- Introduction to the Project – Nlaka'pamux and Syilx Laws of Water Governance
- Practices of Citizenship and Freedom – Relating and Placing Our Work

12:00 – 1:00 Lunch

1:00 – 2:00 Moving from a Why to a How

- Sources and Resources of Indigenous Laws
- Practices of Interpretation, Persuasion and Deliberation

2:00 – 2:15 Break

2:15-4:00 Methodology and Practice Analysis

- Working with Stories and Oral Histories (using Cree and Dene sources)
- Introduction to the Methodology
- Case Brief Exercise (big group)

Day 2 – Saturday

9:00 – 10:30 Methodology and Practice, Continued

- Reflections and Questions from Day 1
- Case Brief Exercise #1 (small groups)
- Group Presentations

10:30-10:40 Break

10:40-12:00 Practice Analysis and Synthesis

- Case Brief Exercise #2
- Group Presentations
- Connecting to other methods

12:00 – 1:00 Lunch

1:00 – 2:30 Practice Analysis and Synthesis

- Introduction to Framework for analysis
- Legal Analysis and Synthesis Exercise

2:30 – 2:40 Break

2:40 – 4:30 Connecting the Method

- Mock application
- Connecting the Method to an example of a Research Process and Completed Outcomes

Day 3 - Sunday

Morning: Research Outcomes, Applications and Relationships

- Reflections and Questions from yesterday
- Connecting the Workshop to the Project
- Breakout Sessions

Afternoon: Moving Forward

- Next Steps (large group)
- Practices of Citizenship and Freedom – Relating Our Work
- Closing Reflections and Evaluation



REMINDER - LOWER NICOLA BAND PARENTS...

Kids are back to school soon!

Time to start thinking about the supplies your child will need this year.

We can help with school supplies & fees, drop by the Education Office to fill out the School Start-up forms.

K-12 Financial assistance forms are due by September 30th, be sure to bring it in before the deadline.

Off-Reserve Band Members

Do you live off-reserve and/or live outside the Nicola Valley?

Do you have child(ren) at a public/private/independent school in Kindergarten to grade 12?

Is your child(ren) a registered Lower Nicola Band member?

If you answered “Yes” to these questions we would like to connect with you and share what we have to offer you and your child.

A few examples include:

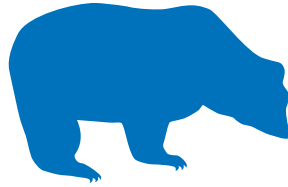
- assistance towards tutoring
- advocating for additional supports and resources at your child's school
- accessing targeted dollars from District Aboriginal Programs
- high-school transition planning
- and more.



For more information please contact Sharon Parsons at 250-378-5157 or email to sharon.parsons@lnib.net.

Contact Rhonda Dunn at 236-575-2100 or email rhonda.dunn@lnib.net to update your current contact information.

TRADITIONAL HOLDINGS

LOWER NICOLA
INDIAN BAND

Traditional Holdings Project

Invite to all LNIB Members - Family and Individual Meetings

The LNIB Traditional Holdings Project Team invites all LNIB Members to participate in family group or individual meetings to share their stories and opinions about family lands on LNIB reserves. The purpose of these meetings is to learn how families came to be connected to the land and what the community would like to see within the Allotment Law.

The Project team is willing to do daytime or evening meetings in person or by phone or Skype in order to accommodate all LNIB Members. These meeting will be held until the end of Fall.

"No claims or disputes will be settled during these meetings"



To book a time for your meeting please contact:
Monica Charters or Brandi O'Flynn at 250-378-5157

RECLAIMING OUR STORIES

SCWEXMX CHILD AND FAMILY SERVICES PRESENTS



RECLAIMING OUR STORIES

1ST ANNUAL CONFERENCE

"CELEBRATION OF SOBRIETY"

09.13-15.19

To Register contact 250.378.2771 For more info ask for Juanita
Workshops, Recovery Storytelling, Wellbriety, Entertainment & MORE





RECLAIMING OUR STORIES CELEBRATION OF SOBRIETY

EVENT SCHEDULE

DAY ONE SEPT. 13/19	DAY TWO SEPT. 14/19
10:00 AM REGISTRATION AND SOCIALIZE	9:00 AM OPENING PRAYER
11:00 AM GRAND OPENING AND PRAYER	9:15 Nutrition Break
12:00 PM. LUNCH BREAK	10:30 AM – 11:45 AM OPTION OF 1 OF 4 WORKSHOPS (see conference pkg with workshop details)
1:30 PM. Keynote given by Colby Tootoosis	12:00 PM – 1:30 LUNCH BREAK
2:45 PM. NUTRITION BREAK	1:45 PM – 3: 00 PM SECOND WORKSHOP (see conference pkg with workshop details)
3:00 PM. <i>Storytelling (optional sign up opportunity to share your personal recovery story) come witness the healing.</i>	3:15 – 4:30 PM THIRD WORKSHOP (see conference pkg with workshop details)
6:30 PM. WELCOMING DINNER	4:30 – 6:00 PM BREAK BEFORE GALA
Evening Optional groups: <ul style="list-style-type: none"> • Beading and Bannock • Wellbriety mtg. • Open Mic From 7:30 PM- 10:00PM	COME ENJOY AN EVENING FULL OF ENTERTAINMENT! DINNER AND DANCING WITH BOBBY GARCIA IN THE EARLY EVEING WITH COUNTRY MUSIC AND MOVE INTO THE LATER EVEING WITH MOB BOUNCE BEATS AND DJ SETS 6:00 PM – 12: 00 AM.
<i>HAVE A GOOD EVENING</i>	
DAY THREE SEPT. 15/19	
9:00 OPENING PRAYER	
9:15 – 10:00 AM MORNING SNACKS	CLOSING CIRCLE AND PRAYER! SAFE TRAVELS HOME AND SEE YOU NEXT YEAR!
10:00 – 11:00 INTERVIEW/ STORY WITH ELDER, MESSAGE OF INSPIRATION.	

Please Register Early Workshops May Fill Up Quickly. If you register before August 30 you will be entered to win 2 nights at the Merritt Best Western Plus for the event and an iPad!

REMINDER THAT THE STORYTELLING IS AN OPTION IN YOUR REGISTRATION. DUE TO LIMITED TIME WE ARE HOSTING 4 WORKSHOPS BUT YOU WILL HAVE OPTION OF ATTENDING THREE. THERE WILL BE A HELPERS ROOM FOR SMUDGING AND BRUSHING OFF FOR YOUR SELF-CARE AVAILABLE.

MERRITT FORESTRY & LOGGERS EXHIBITION
SEPTEMBER 13-15 2019
CENTRAL PARK, MERRITT BC

CELEBRATING NATIONAL FOREST WEEK

FAMILY FUN

LOGGER SPORTS

LAUGHING LOGGER SHOW

- Chainsaw Carving
- Logger Sports Competition
- Education day
- Kids Zone
- Vendors
- Food
- Family Fun
- Demos

FISHERIES

Fraser Salmon Management Council
C/O Scw'exmx Tribal Council
PO Box 188, Merritt BC, V1k 1b8
T. 250-378-4235 F. 250-378-9119

August 21, 2019

VIA E-MAIL ATTACHMENT

TO: Rebecca Reid, Regional Director General of the Pacific Region for Fisheries and Oceans Canada and the Canadian Coast Guard

Dear Ms. Reid:

I understand you, your senior staff in Pacific Region, and senior staff from Ottawa were at a "Fraser Chinook Committee" meeting on Monday August 19, 2019 in Vancouver. Apparently, this meeting was a Tier 3 gathering to discuss a new process for addressing Fraser chinook issues.

This is extremely disappointing and more than frustrating. There already is a new process being implemented that is designed to address, among other things, issues concerning Fraser chinook salmon. As you are aware, it is the Fraser Salmon Collaborative Management Agreement. Your Minister signed this Agreement on July 5, 2019 at Katzie First Nation. While some of your staff may not be aware of the purpose, scope, and obligations contained in this Agreement, we expect that people in positions like yours and Mr. Stringer's certainly are.

We would like to inquire as to how these processes differ from other Chinook processes that have already been developed. The Chinook Strategic Planning Initiative, and the 5 Year Review on Chinook have been put into place to address Chinook issues. We would like some clarification on these questions and how this "new" process will impact or affect these established processes.

I also would like to question the timing of this meeting. There was very little notice given for this meeting, especially considering that most Fraser First Nations are focused on the Big Bar Landslide and the survival of Salmon Runs for this cycle year.

The meeting held on August 19, and the contents of the discussions ("design", "who should be involved", "the process structure", "issues we need to tackle") appear to constitute a deliberate effort on somebody's part to ignore a formal binding government-to-government agreement between Fisheries and Oceans Canada and the Fraser Salmon Management Council.

We are carrying out our responsibilities associated with preparing for implementation of the Agreement, and it is our understanding that some work may have begun on the DFO side to do the same. Implementation will be well underway within the next two months. The motivation of DFO (Ottawa? Pacific Region?) to ignore this in favor of "designing" some new "process" is beyond comprehension.



Fraser Salmon Management Council

NEWSLETTER

August 6, 2019

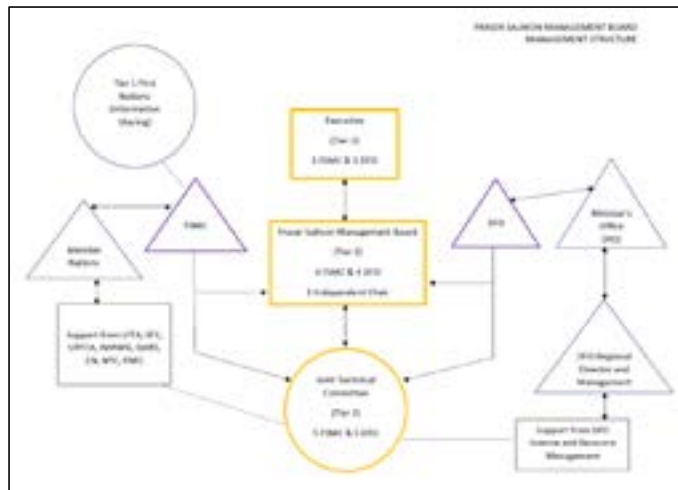
COLLABORATIVE MANAGEMENT AGREEMENT – THE WORK BEGINS!

The Main Table Directors are busy preparing for Agreement implementation. We have retained a governance consultant to assist us in shifting focus from the recently concluded negotiation work to becoming an organization capable of delivering on its responsibilities under the new Fraser Salmon Collaborative Management Agreement.

There have been many questions on how implementation of the agreement will roll out. Some examples of the issues and questions we are in the process of discussing and answering:

- How will we appoint members to sit on the Fraser Salmon Management Board (FSMB) and the Joint Technical Committee (JTC)?
- How will the Main Table work with the FSMB and the JTC?
- What will be the relationship between the corporate business of the FSMC, and the fisheries management work in the bi-lateral FSMB and JTC?
- How can we improve our communications internally?

As you can imagine, answering a question can bring up even more questions as the Main Table grapples with the details.



We had one governance session recently in July, and have another one coming up soon in August. One of the first items being tackled is the development of a process and procedures for populating our four seats on the Fraser Salmon Management Board. That work is well underway. **Stay tuned – we hope to be putting out a call for nominations around mid-August!**

In the meantime, discussions have started with DFO regarding re-structuring our AAROM funding agreement for finalizing the transition process, which we anticipate will be completed effective October 1, 2019.

Please post and distribute this Newsletter to your Band administration, Council, and membership.

August 6, 2019

FSMC Newsletter

fsmc.comms@gmail.com

BILL S-3

Hello,

On August 15, 2019, the Government of Canada removed the 1951 cut-off from the *Indian Act* registration provisions. This was the last remaining provision of Bill S-3 to come into force. As a result, all known sex-based inequities in the *Indian Act* have been eliminated. You can see the announcement here: <https://www.canada.ca/en/crown-indigenous-relations-northern-affairs/news/2019/08/removal-of-all-sex-based-inequities-in-the-indian-act.html>

The removal of the 1951 cut-off ensures that all descendants born prior to April 17, 1985 (or of a marriage before that date) of women who lost status or were removed from band lists because of their marriage to a non-Indian man going back to 1869 will be entitled to registration. In addition to removing the 1951 cut-off from Indian registration, the legislation now in force will result in anyone previously entitled under the 6(1)(c) paragraphs of the *Indian Act* now being entitled under the new 6(1)(a) paragraphs.

Bringing Bill S-3 fully into force to ensure women receive the same rights as men is also in line with the National Inquiry into Missing and Murdered Indigenous Women and Girls' Calls to Justice.

Through the Collaborative Process on Indian Registration, Band Membership and First Nation Citizenship, First Nations expressed support for Indigenous women's right to Indian status through the removal of the 1951 cut-off. To review the report that was tabled in Parliament on what was heard during the consultation discussions on the Collaborative Process including the Minister's Special Representative, Claudette Dumont-Smith's full report and recommendations, please visit <https://www.aadnc-aandc.gc.ca/eng/1560878580290/1560878705449>.

In addition to bringing all remaining provisions of Bill S-3 into force, the Government of Canada is moving forward with implementing these recommendations and will continue to work with First Nation communities on the implementation of these measures. We will ensure that information on the new provisions is made available and engage with First Nations to monitor the impacts of these legislative changes over time, assess mobility trends of newly registered individuals, and we will factor this information into future funding decisions.

If you believe you are entitled to registration, please visit canada.ca/indian-status for more information.

The Collaborative Process Team
New Service Offerings Directorate
Crown-Indigenous Relations and Northern Affairs Canada

SHULUS FOREST ENTERPRISES INC



SFE was selected for an on-site audit by the BC Forest Safety Council. We visited a site in the Juliet Creek area (Coquihalla South) where we were commencing excavator work on a fire guard re-habilitation project for the Ministry of Forests. Things went very well with the auditor being extremely impressed with our pre-work meeting which JJ Holmes conducted, as well as our overall commitment to creating a safe work place.

As a result of this positive on-site audit, our requirement to submit SFE's 2019 annual maintenance is waived!

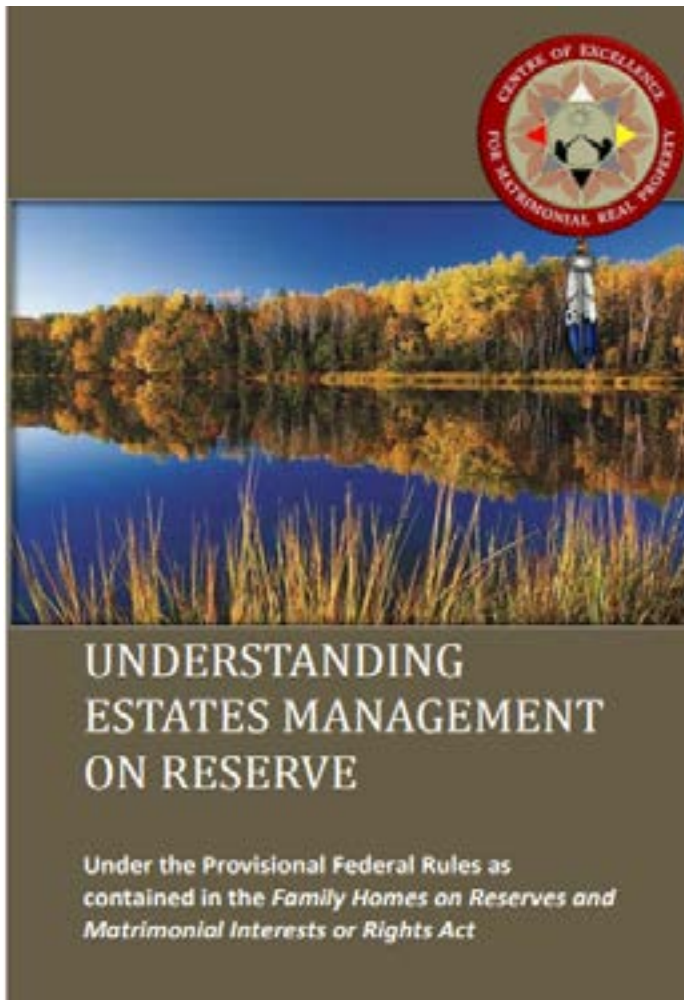
-Don Gossoo

Forestry Manager,
Shulus Forest Enterprises Inc
Lower Nicola Indian Band Development Corp.

Barb Huston sharing traditional teachings of Hide scraping/tanning techniques to her granddaughter 5 year old Alexis



ESTATE MANAGEMENT



Who is this booklet for?

If you are living on reserve in a marriage or common-law partnership, and at least one of you is a member of the First Nation, and

- you are concerned with what happens to your property on the First Nation if you or your spouse dies;
- you are concerned about the administration of your estate or that of your spouse;
- you are concerned about your rights and those of your spouse if one of you dies;
- you are uncertain of the role of the Courts and the Chief & Council on the death of you or your spouse

then this booklet was created for you.

While it cannot answer all of your questions, it may prove to be useful to you. Settling an estate on-reserve can be complicated. We recommend that you seek the guidance of a lawyer to assist you in understanding your rights and responsibilities.

NALMA has built a reputation for providing support to First Nations across Canada relating to the management of reserve lands. NALMA's achievements provide the perfect foundation upon which to build the Centre of Excellence for Matrimonial Real Property.

NALMA responded to a call for proposals posted on the AANDC website. The proposal was reviewed by an Assessment Committee comprised of representatives from Aboriginal Affairs and Northern Development Canada, the Royal Canadian Mounted Police, Status of Women Canada, and Public Safety Canada; the Assessment Committee provided a recommendation to the Minister.

Based on NALMA's extensive experience and connection to reserve land issues, on November 14th, 2013 Minister Bernard Valcourt officially announced NALMA as the host of the Centre of Excellence for Matrimonial Real Property.

The Centre operates at arm's length from the Government of Canada

BURSARY



FIRST NATIONS STUDENTS IN BC!

Apply for a NRTF Bursary Online at:

www.nrtf.ca

Opens on Thursday, August 15th

Closes on September 26th at noon



Post-secondary bursaries are awarded for the following:

- Certificate
- Associate Degrees
- Diploma
- Trades

For more information, please contact Lana Plante, Project Officer

E: lpante@nrtf.ca | P: 604-925-3338 | TF: 1-877-922-3338

EDUCATION

Lower Nicola Indian Band

September 2019

EDUCATION DEPARTMENT

LNIB School/K-12/Post-Secondary/Career-Development

Director's Submission

Welcome Back From Summer LNIB Membership!

LNIB Education would like to welcome both new and continuing students back from their summer break — all of us here at LNIB hope your transition into September routines will be as smooth as possible. We want our students to know that the feelings you are experiencing — stress, excitement, curiosity, relief, and others I'm sure — are emotions that others share this time of year. If anyone does feel overwhelmed please reach out to us as we will do whatever it takes to help lessen the load on your mind. We are so very proud of all our students and we look forward to serving every single one over the next school year — providing you with everything you need to experience success!!

August, for the most part, is considered one of the slower months for reporting as both the education system is on summer break and employees take their holidays; however, this being said we have many items to share with membership and as always the team will provide a few of the items they have been working on over the past month below, including the last submissions from our summer student staff!

I was away with family for a couple of weeks this month but here are a few items worth sharing:

- Local Education Agreement Negotiation with SD58 has commenced and all the valuable information gathered from members at our community meetings has been incorporated into the document. We plan to finalize the process before October 31st.
- We have made a few procedural adaptations at the school that will prove to enhance both effectiveness and efficiency within the day-to-day operation of the school as it relates to accountability, transparency, & communication with our school community
- As communication is one of our priorities this year we are looking at a few new ways where we can enhance our efforts...stay tuned for a new strategy that we will pilot soon where we will create/post small video messages to membership via social media

As always please reach out at anytime to discuss LNIB Needs - let's attain the same goals together. I can be reached at 236.575.2135 or Shane.Coutlee@lnib.net

Sector Leadership

Director of Education
Shane Coutlee

LNIB School Principal
Angie Sterling

Education Manager
Sharon Parsons



Lower Nicola Indian Band

September 2019

Homework Club 2019-2020

As you already know we implemented a new academic service for our members this past Spring and we are very pleased to provide this service to members again this year. Homework Club at Rocky Pines Community Centre started late in last year's school calendar but this year we plan to maximize our efforts by implementing it both sooner and for the duration of the school year.

Last year we had a handful of students attend on a regular basis, and to increase our enrolment this year we plan to implement a new strategy that involves collaboration with SD58 schools. To maximize our support services to members needing a little extra time to master academic concepts we will implement a stronger communication practice with both schools and parents this year.

Please reach out to Shane and/or Sharon at LNIB Education if you wish to have your child attend Homework Club this school year or would like more information.

Contact Lists for 2019-2020 School Year!

We would like to thank all Band Members who over the past couple of weeks have provided us with both their current contact information and requests for start-up funds for those with children enrolled in K-12 for the upcoming 2019-2020 school year.

We would like to once again remind all LNIB members that it does not matter where your child attends school as every LNIB student is eligible for start-up funds whether they live on or off reserve. The funds are capped in Canadian Funds, and as such, if your child is enrolled in a K-12 school outside Canada the funds may or may not be equivalent once it is converted to your local currency.

Please note startup funds is only a small provision that we offer our members as it is our programs and services that have much higher value to students. We can press school districts, no matter where they are located throughout North America, to ensure they are providing your child with all necessary supports available. For example, every school district throughout British Columbia receives Indigenous targeted dollars, has 2 agreements to ensure Indigenous Children are receiving appropriate supports, and in most cases individual schools have specific goals associated to Indigenous success. We are both equipped and prepared to advocate for all LNIB students; to ensure they are receiving all supports at any school district.

The first step is for members to fill out our school assistance form and provide us with a variety of contact information. Once we have your child(ren) on our list we can then discuss how and what we can do to support them over the next 10 months.

Please reach out to ensure you are receiving access to our available resources for LNIB students enrolled in K-12 school settings. If you have any questions please contact me anytime at 236.575.2135 or Shane.Coutlee@lnib.net

EDUCATION DEPARTMENT UPDATE
SUBMITTED BY SHARON PARSONS EDUCATION MANAGER

hénle?

The temperatures have cooled down, and people are gearing up for school start up: it must be Fall.

What are your plans for the Labor Day Weekend? I'm off for a week and I will be attending a wedding at Quilchena, then maybe off to Calgary to visit my daughter and her family for a few days. I wonder if there will there be enough time for house and yard chores. 😊

Sixty-five LNIB band members applied for post-secondary funding this year, forty-four of those will be LNIB funded for the upcoming academic year. Due to varying circumstances many have had to change their plans. After speaking with the attending institute, several decided they needed to upgrade before committing to a heavy full-time course load, and will attend part-time, others, maybe six, have received full funding from alternative agencies such as ASETS, and several have postponed their educational plans and will continue working.

Each of the applicants approved for funding this academic year have received a letter and phone call outlining what they will receive, and when to expect their funds to be directly deposited into their personal bank account.

Gail, Post-Secondary/Training Coordinator, has been busy emailing the sponsorship letters and forms to the institutions. She has also been busy helping with scholarship applications, short term program applications, resume building, and completing the Post-Secondary Annual Student Registry which is sent to Indigenous Services Canada.

Starting next month, Gail will be collaborating with Alisha Sterling, LNIB Social Assistance Coordinator, to assist clients with resume building, job applications, identifying training and certification courses each are interested in taking. The goal is to assist clients in gaining skills and knowledge to enhance their chances of becoming employed.

As most of you know, LNIB Education provides funding support to families with children in Kindergarten to grade 12. Rhonda, Administrative Support, has the start-

up forms at the Education office, and you are welcome to come in any time before September 30th to complete a form for each school age child in your household. This ensures your child is on the Nominal Roll for the 2019/2020 school year.

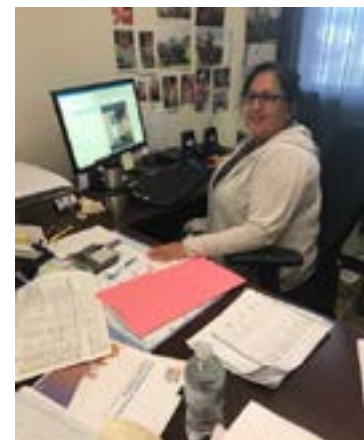
The Nominal Roll information is required for students living full time on LNIB lands/reserves, however, if you live off reserve lands, and your child(ren) are registered LNIB members, LNIB provides support for your child(ren) as well. Get the word out to your family and friends living off reserve. Call Rhonda at the Education office for more information, and to ensure we have your correct contact information on file. For families living outside the Nicola Valley area, you can have the Start-up forms sent to you by email or fax.

Sharon and Rhonda attended Open House committee meetings to assist in the organizing. The Open House is scheduled for September 18, 2019 and being held at the Civic Centre this year from 10:00-3:00 pm with dinner from 5:00-8:00 p.m. The Education Department will have a table setup there so be sure to stop and say hello or ask us about education or training. We will do our best to answer your questions.

SWEP summer students Ericka and Gracynn will be heading back to TRU next week. They were a fabulous addition to our staff they will be missed. Maybe they will return next summer. To ensure we are eligible for summer student funding next year, I will complete the SWEP Report which is due September 13th.

Also, as usual, a friendly reminder to come and talk to us about training and certifications that could lead to potential employment.

We can't help if we don't know!



Gail LaRochelle at her desk

EDUCATION DEPARTMENT UPDATE
SUMMER STUDENTS

Hello readers! My name is Ericka Boggs, and I was a 2019-2020 L.N.I.B Summer student. I started working as a Education Administrative assistant on June 10th, Monday morning. Initially, I was nervous about my job, as I didn't know what to expect or how well I would perform in my role: this was my first experience as a summer student, and it certainly wouldn't be my last experience.

My first day on the job, I filled out some paperwork regarding employee information, I then drove over to the L.N.I.B Education office, and I started working.

At first, I was being overseen by my employers and colleagues: I was being trained on how to answer calls, and how to create, and organize files. Once I mastered those processes, I got trained on how to scan, cut, and paste onto a blank Word document. The page would be printed, then stored away in the appropriate file folder. I was taught how to use Excel spreadsheets, and how to use the app and its features effectively so my work would be completed accurately.

Although these technical and social skills were challenging my capabilities, I started building on these skills as more tasks were given to me overtime. I was assigned a joint project on updating member profile information the secure LNIB database called Scratched Rock. I was uploading members' certifications, updating member contact information, creating member profiles and ticket title options, as well as notifying members about his/her expired certifications.

I also contributed to the Workforce Participation survey project. While working with a fellow summer student, this project required us to contact band members for his/her employment status, his/her feedback on recommending LNIB revisions/improvements with our current employment, training, and educational processes and gave members the opportunity to voice his/her concerns about LNIB cesses. Despite not knowing them personally, I felt as though I made a small connection with surveyed members. I haven't socialized often with the LNIB community members in my past, but I felt more connected with the community after this job.

In addition, I have completed smaller projects with the Education department, but I feel as though the Scratched Rock project, and the Workforce Participation survey are going to be my most memorable projects.

This was my first job as a summer student, and my first experience of working in an office. It was a positive experience, as my work

environment was professional, but in a sense, easygoing. My colleagues were respectful, considerate, approachable, and they were easy to talk to. There was rarely a sense of tension in the office, and questions about where files went or how to upload tickets to our database were always welcomed. I learned that working with colleagues demands a neutral respect, and that the employer is responsible of making their staff feel comfortable and dignified with his/her work-related needs. I felt that the Education Department delivered on this responsibility.

The skills of being an Education Administrative Assistant, whether that be working on a computer, working with file folders, or talking to my colleagues and/or band members, I have gained an appreciation of what LNIB represents: a community that makes an effort to support itself, and its members. I greatly appreciate being given this opportunity to work with LNIB as a summer student, and I hope that I may work for the band again in the future. In the meantime, when my position terminates on August 30th, Friday, I will be returning to my studies at Thompson Rivers University in Kamloops for the 2019-2020 school year.



Ericka Boggs, Education Summer Student

EDUCATION DEPARTMENT UPDATE
SUMMER STUDENTS

Hello everyone, my name is Gracynn Bose. As my position at L.N.I.B comes to an end by August 30th, I am writing about what my experience has been like at the Education Department. I'm sad to leave my job with the band, but I need to return to my studies at Thompson Rivers University in September.



Gracynn Bose, Education Summer Student

Before I worked at the LNIB Education Department, I was a band member, but I wasn't too familiar with our community and its members. After working at the Education Department, I now know it, and them better. Working with the community inspired me to get involved with our Indigenous teachings, and practices. Maybe someday, I could become a Thompson Rivers Indigenous Representative. My knowledge and my perspectives about L.N.I.B have grown and changed from my time working with the band as a summer student!

My experience at the L.N.I.B Education Department was fantastic, and I learned skills that will benefit me in my future. I used the computers at the office frequently: learning how to operate and update the L.N.I.B database was exciting. In addition, learning how Office 365's features work, and how to use them was interesting. My skills with organization, this being due to gaining experience with updating, and organizing files, have become more effective, and efficient. I enjoyed assisting my coworkers with projects and tasks when I was needed to.

The opportunities that L.N.I.B offers are the ones that can open doors to a better future. I am glad I got the opportunity to further my skills this summer with L.N.I.B. With the experience I gained from this summer, I have experience that will benefit myself at Thompson Rivers University, and for my future career in teaching. I hope to continue to see everyone now and then and to return to my position here next summer. I wish everyone the best of luck as the 2019-2020 school year arrives in September!



August 22, 2019

Hello!

I am so excited about the upcoming school year! Summer went way too fast, I hope everyone enjoyed their summer.

The LNB School offers:

- **FREE snacks 3x/ week, a daily hot lunch program, and Breakfast.**
- **NEW PLAYGROUND EQUIPMENT, and Basketball court.**
- **The N'lakapanux Language + Culture Program/ Fieldtrips.**
- **Grade 6/7 Friday Out Door Program**
- **Lunch hour intermediate handball with teacher Jeff Bloom.**
- **Headstart begins September 9th**
- K3- 9- 11:45 Tuesday + Thursday**
- K4- 11:45- 2:30 Monday to Thursday**

Our staff will be returning to work on August 26, 2019 for Summer Institute from August 26-30, 2019. We would like to welcome our new staff member to our team, her name is Chantel Ashdown, she will be our new Special Education Assistant.

School will start on September 3, 2019 from 10-12pm. Bus will pick students according to the 10am start time and drive students home at 12:00 noon. Regular School Hours will start on Wednesday, September 4th from 9am to 3pm. This year we will be running a bus to Nooaitch! Check Bus Schedules on The First Day of registration. I can't wait to see all the students returning as well as the new students. Good luck to all the grade 7 students that are moving on to High School.

The school registration forms and calendar are available here at the school.

Thank you

Angie Sterling
Principal

Sioux Swakum
Secretary

LNIB SCHOOL

Absolutely **NO NUTS** and
NO Peanut Butter in
LNB School!!

September 2019



Mon	Tue	Wed	Thu	Fri
	3 Back to School 10am– 12pm	4 Hot dog wrap & veggies	5 Tuna melts	6 Mini pizza
9 Chicken noodle veg	10 Shepard's pie Headstart Classes begin	11 Chicken wraps & veggies	12 Gnocchi soup	13 Egg/ sausage muffin
16 Grilled cheese	17 Chicken stir fry	18 Taco salad	19 Mac & cheese	20 Mini meatloaf
23 Bologna sandwiches & veggie sticks	24 Spaghetti sauce	25 Penny's hash casserole Meet the teachers Dinner @ 5	26 Chicken nuggets & fries TERRY FOX RUN	27 Pizza casserole
30 Chili & rice				

KOREAN EVENT



ALL SERVICES ARE FREE OF CHARGE

KOREAN EVENT



September, 19th (Thu)

Shulus Band Hall
(250-378-5157)

9 00 am Services

- Acupuncture
- Massage
- Hair cut
- Nail art

12 00 pm Lunch

 **Contact: John Kim**
(250 280 1268)

ISABELLA ANTOINE-AL-**CANNABIS SURVEY - COMING SOON TO THE LNIB WEBSITE –**

Cannabis has been legalized in Canada, and while some of the rules are still being reviewed and revised, the manufacture and sale is a growth industry. The Lower Nicola Indian Band has been approached by several groups and individuals looking for opportunities on LNIB lands. Our Lands Department wants to find out whether LNIB members think these are ventures that we should pursue or cannabis is not something for reserve lands. A short survey will soon be posted to the LNIB website. We hope you will take the time to express your opinions.

We would like to congratulate Isabella in her accomplishment at Nationals in Toronto, Aug 24-27 2019. She is bringing back 1 gold medal in 3P and 1 silver medal in Prone which is her two events . We would like to thank everyone for their continued support in helping Isabella accomplish this . Way too go Isabella!! We are all very proud of you especially Mom and Dad Loren,sister Laurenda, Maggie and Grandma Grace :-D



SUMMER STUDENTS



FRONT ROW: Ericka Boggs, Gracynn Bose, Paige Isaac, Desiree Dick. BACK ROW: Paton McRae, Levi Shuter, Robert Sterling III, Taylor Joe. Missing from Picture is Makenna Shuter, Ayana Brown



from L-R, Rose, Debbie, Doreen Peterson Maggie McClelland, Ivan Shuter, George, Kay Swakum, Howard Swakum

Elders Trip to the Museum of Anthropology at UBC.

Thank you Wenona Mike for the Photos



ELDERS BBQ

LNIB Elders Summer End BBQ



Sept. 19th
Activities Trailer
12:00 PM

Call Wenona Mike for more information
250-378-4089

CULTURE EVENTS

Culture Center Calendar for September

Sept 3, 2019 – Office Day

Sept 4, 2019 – Nkseytkn Meeting – Kamloops

Sept 5, 2019 – Hide Stretching 9 Am –

Sept 6, 2019 – Hide Stretching 9 Am –

Sept 9, 2019 – Office Day Working On Displays

Sept 10, 2019 -Huckleberry Research, Huckleberry Meeting Quilchena Church 4 Pm – 8 Pm

Sept 11, 2019 -Drop In Beading 9 Am – 2 Pm

Sept 12, 2019 -Drop In Visiting

Sept 13, 2019- Tea Gathering Loon Lake 10 Am

Sept 16, 2019 – Drop In Sewing 9 Am – 2 Pm

Sept 17, 2019 – Paint Orange Shirts For Orange Shirt Day

Sept 18, 2019 – Open House At Civic Centre

Sept 19, 2019 - Paint Orange Shirts For Orange Shirt Day

Sept 20, 2019 -Pipe Ceremony With Johnny Jackson

Sept 23, 2019 – Deerhide Stretching

Sept 24, 2019 – Gather Rose Hips 10 Am

Sept 25, 2019- Drop In Beading

Sept 26, 2019- Huckleberry Picking 9 Am

Sept 27, 2019- Orange Shirt Walk Leave Health Centre

Sept 30, 2019 -Drop In Sewing

For more information please call:

Sharon Antoine 250-315-5910

Hank Yalmest 250-280-2365

Carole Basil 250-315-9158

JADE WYNNE

Best wishes to Jade Wynne, - Team Canada – Pan-American Games 2019

Jade is the great grandson of Ina Shuter, grandson of Tina Ricketts (Allan), and son of Will & Shannon Wynne. Jade will travel to Guayaquil, Ecuador to participate with Team Canada in the Pan-American Games Youth and Under 21, August 26-Sept. 1, 2019. Jade started in karate at the RODNEY Hobson Academy in Grade one and has been in the after-school program and trained five times a week since. Travelling with Jade will be his mom, Shannon Wynne, grandma Tina Ricketts, aunty June Shackley, the rest of us will be travelling in spirit with Jade.

Grama's Favorite Scalloped Potato's**Ingredients**

3 cups heavy whipping cream
1-1/2 teaspoons salt
1/2 teaspoon pepper
1 teaspoon minced fresh thyme, optional
3 pounds russet potatoes, thinly sliced (about 10 cups)

Directions

Preheat oven to 350°. In a large bowl, combine cream, salt, pepper and, if desired, thyme. Arrange potatoes in a greased 13x9-in. baking dish. Pour cream mixture over top.
Bake, uncovered, until potatoes are tender and top is lightly browned, 45-55 minutes. Let stand 10 minutes before serving.

Nutrition Facts

3/4 cup: 353 calories, 27g fat (17g saturated fat), 99mg cholesterol, 390mg sodium, 26g

SHULUS GARDENS

Harvesting is well under way and the Garden is Bountiful. Feel like lending a hand? Get rewarded with fresh veggies.



Yummy Produce from Shulus Gardens.
Lorna Shuter and her crew Kat Peterson and Chris Doucette have done a great job!



EMPLOYMENT & TRAINING

We are currently preparing and training Members for the TransMountain Pipeline Expansion. The project has been given clearance by the Federal Government and will see some activity this year. We have been focusing our training on the requirements of the pipeline contractors assigned to spreads 5a & 5b. (see attached) Workers getting in at the very start of the project can expect up to 3 years of employment depending on the type of work being performed. The work shifts will be 6 on 1 off with 12-hour days being the norm. Members with limited pipeline experience will be placed on a crew of experienced workers and will be mentored on safety and the tasks to be performed. The two pipeline contractors we will be working with to secure work for the membership are Surerus Murphy and Macro Spiecapag. The following health and safety courses are required to work for either of these contractors:

- PCST (Pipeline Construction Safety Training) 6-hour online course
- H2S Awareness 90-minute online course
- WHMIS (Workplace Hazardous Materials Information System) 90-minute online course
- OFA Level 1 (Occupational First Aid) 8-hour classroom course

These courses are offered to LNIB Members at no cost and can be completed at the Lands and Economic Development office by simply making an appointment to reserve a computer, with exception of OFA Level 1 which will be delivered in the Band Hall when we have enough interest.

We have been busy providing training since early spring of this year, which has involved 141 members to date in the following areas:

- Environmental Monitor
- RISC
- Cultural Awareness
- OFA Levels 1&3
- Ground Disturbance II
- H2S Alive
- Traffic Control
- ATV/UTV



Employment & Training Cont.

Surerus Murphy and Macro Spiecapag will also be hiring sub-contractors to perform a variety of related work. These sub-contractors will also provide employment opportunities for the membership. Here are some examples:

- Bridges
- Cable Crane Systems
- Camp/Laydown Ground Civil
- Right of way & access clearing
- Ground Sweep
- Signage as per MOTI/ Traffic Control
- Painting & Coating
- Medical Treatment Centres
- Transportation
- Hydro Vac
- Blasting
- Boring



Employment & Training Cont.

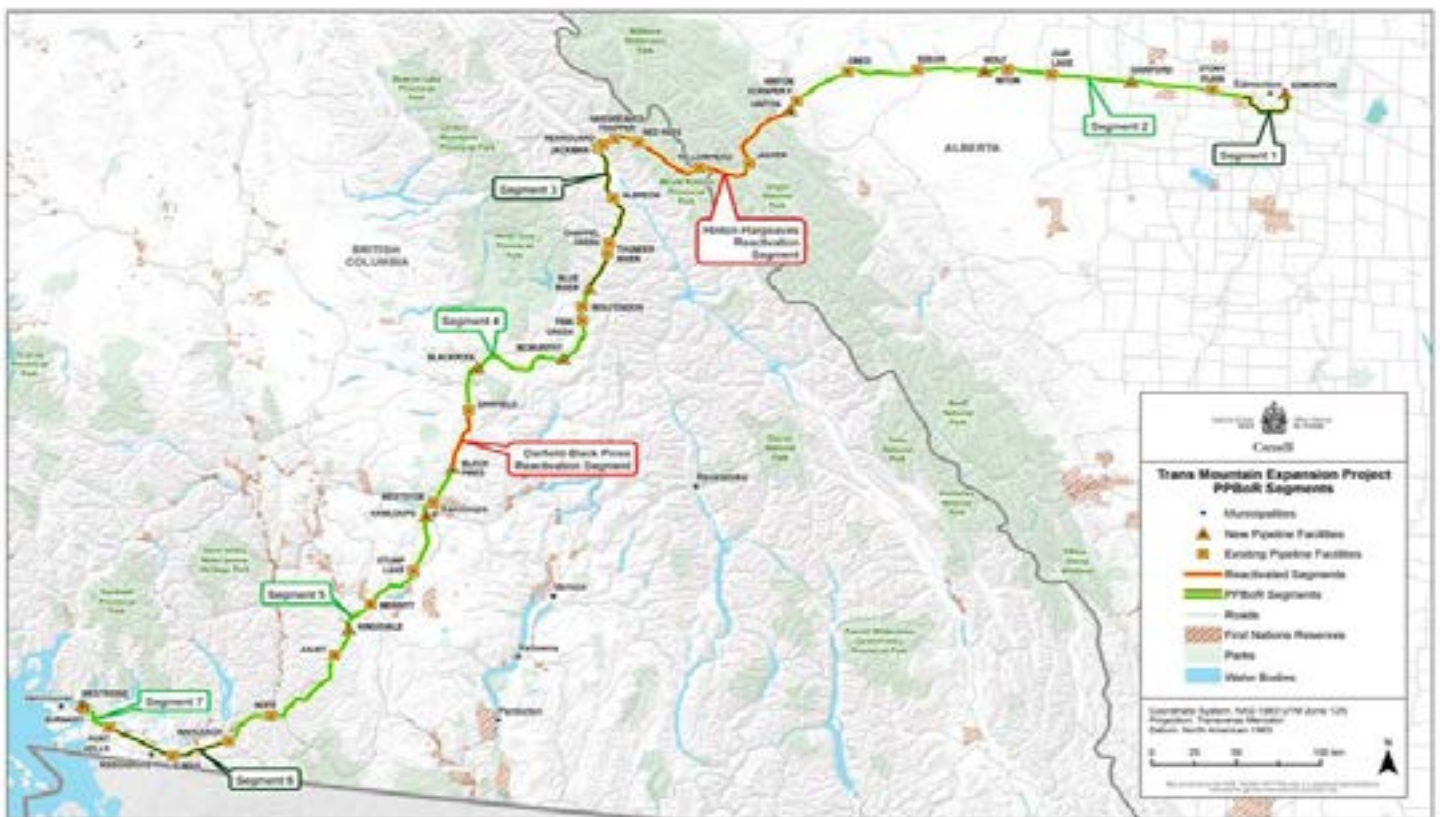
Congratulations to the latest group of members that recently completed Occupational First Aid Level 3. OFA Level 3 is not an easy course to complete. There is a great deal of classroom and home study required along with the physical dexterity it takes to practice a wide variety of scenarios throughout the two-week program. The OFA Level 3 grads can work at this level or continue their training towards becoming an EMT (Emergency Medical Technician) and working on an ambulance crew. Congratulations again to the following LNIB Members: Erica Moses, Tara Moses, Kolt Antoine, Tanya Bent, Jeremy Shuter, Ryan McDougall, Jaymie Spence, Robert Moses Jr. and Curtis Dick.



If you wish to start or further your career; now is the time. There is a wide variety of work that comes with the TransMountain Pipeline Project. We will be offering more training programs to meet the demand and we need your input to help us decide which courses best suit the membership. You can drop by the office anytime to ask questions and let us know your interests. **This project will generate a lot of jobs, some examples include: Security Workers, First Aid Attendants, General Labourers, Camp Kitchen Helpers, Camp Janitorial Workers, Traffic Control People, Equipment Operators, Environmental Monitors and many more. Please do not wait any longer to take advantage of the opportunity being offer by this project. It's yours for the taking.**

Steve A Wilks
Employment Coordinator
Lands & Economic Development
250-378-5157 250-315-5278

TransMountain Pipeline Route



RECREATION

September

2019

Recreation

Back to school!

We have lots happening with recreation coming this fall! Back to school fun and routines. Active life styles are what we want to support and trying new things. Tennis Tuesday for the month of September are open to anyone we have some rackets for use.

Please contact Chelsea for rides to any of these activities happening with recreation.

Thank you hope to see you all out enjoying the beautiful weather!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Office closed Labor Day!	3 Back to school!	4	5 Pool swimming @4:00-5:30pm	6	7
8	9 Gym/Swim Pool swimming @4:00pm-5:30pm	10 Tennis Tuesdays! @ smith pioneer park 6pm	11 Youth center drop in @ rocky pines trailer 5:00pm to 7:00pm	12 Gym/Swim Gym Night LNBS gymnasium @5:00pm to 7:00pm	13	14
15	16 Gym/Swim Pool swimming @4:00pm-5:30pm	17 Tennis Tuesdays! @ smith pioneer park 6pm	18 Pot luck Dinner at Rocky pines Community Center @5pm	19 Gym/Swim Gym Night LNBS gymnasium @5:00pm to 7:00pm	20	21
22	23 Gym/Swim Pool swimming @4:00pm-5:30pm	24 Tennis Tuesdays! @ smith pioneer park 6pm	25 Golf tournament	26 Gym/Swim Gym Night LNBS gymnasium @5:00pm to 7:00pm	27	28
29	30 Gym/Swim Pool swimming @4:00pm-5:30pm					

Contact Recreation Coordinator Chelsea Spahan with any questions @250-315-3379 or find us on Facebook for up to date information at LNIB recreation.

FEEL THE BEAT

September 2019 ~ Cultural Events

For More Information Please call Charlene Joe, Cultural Program Coordinator

(250) 378-2771 or email charlene.joe@scwexmx.com

Cultural Events – 2975 Clapperton Ave Everyone Welcome ~ 4:00-8:00 PM. – Potluck Dinner 5 PM



Guidelines & Values

- Drug & Alcohol Free
- Respectful to Self and Others
- No Violence
- Family Events
- There will be sign-up sheets



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Labour Day Office Closed	3 No Feel the Beat	4 Drumming 6pm-8pm	5 No Feel the Beat	6	7
8	9	10 Welcome Back 4:00-8:00 pm	11 Drumming 6pm-8pm	12 Indian Tea Picking Meet at 8:30 am	13	14
15	16	17 Indian Tea Picking Meet at 4:00	18 Drumming 6pm-8pm	19 Fall Equinox Drumming 4:00-8:00 pm	20	21
22	23	24 Sage Picking Meet at 4 pm	25 No Drumming	26 Cedar Bracelets Sammie & Mike 4:00-8:00 pm	27	28
29	30 Orange Shirt Day					
Please bring your own containers in case of leftover food from potluck and a reusable water bottle. We are trying to minimize our waste.						

Feel the Beat is a Cultural Revitalization program, our main focus is the restoration of the protocols and values rooted in the Culture of the Nlaka'pamux and Syilx peoples in the way of seasonal teachings. Feel the Beat is always an open invitation to all heritage and all peoples to participate in a safe environment to learn and grow in Culture. We aim to provide leadership and opportunity to connect to our Cultural Identity.

FAMILY ACTIVITIES



Sun.	Mon.	Tue.	Wed.	Thurs.	Fri.	Sat.
1	2 STAT	3 Office Day	4 Program 4-6	5 COHI	6 Support Group/Gathering	7
8	9 Office Day Fitness 7-8	10 Program 4-6	11 Community Walk 11-12	12 Program 4-6	13 Support Group/Gathering	14
15	16 Parent's & Babes 12-2 Fitness 7-8	17 Program 4-6	18 GFB Family potluck 5:30-7	19 Office Day	20 Skill Share 2-4	21
22	23 Office Day Fitness 7-8	24 Program 4-6	25 Prep for Hoe-Down Community Walk 11-12	26 Annual Hoe Down!!!	27 Office Day	
29	30 Parents & Babes 12-2 Fitness 7-8					

Notes

*For More information please contact Christie or Marilynne @ (250)378-4089. Please note that events, activities or locations may change due to unplanned events or circumstances.

*Family Activity Programs located @ Rocky Pines Community Centre.

*Parents & Babes is geared towards prenatal to preschool ages. Each family who attends the entire program each week will be given a \$10 gift card & a block of cheese. Located @ Rocky Pines Community Centre.

*Support Group takes place @ the Community Services Building.

*Anyone who can come in on Friday to the Community Services Building to share your "skill" with us we will give a \$25 gift card. Please call ahead so we can arrange a date. Beading, knitting, cooking etc.....

*COHI- Children's Oral Health Initiative.

* Fitness Work-Out will take place @ Cross Fit Merritt

* Family Potluck @ Rocky Pines Community Centre

PUBLIC WORKS



REMINDER

TO ALL USERS:

We are now in our summer months and with temperatures rising, we are asking you to conserve water on

ALL DOMESTIC WATER SYSTEMS

WHAT CAN YOU DO TO HELP?

Practice Living Water Smart

HOME	FARM	INDUSTRY
<ul style="list-style-type: none"> Limit Outdoor Watering (see days/times below) <u>Do not</u> water during the heat of the day Take Shorter Showers 	<ul style="list-style-type: none"> Schedule irrigation to match crop needs Improve water system efficiencies Implement a program using real-time weather data 	<ul style="list-style-type: none"> Reduce non-essential water use Recycle water used in industrial operations Use water efficient methods and equipment

We would like to ask you to water your lawn and/or garden **every other day** instead of daily between the hours of **6:00 AM - 10:00 AM or 9:00 PM – 11:00 PM**

- ❖ Even addresses water on even days
- ❖ Odd addresses water on odd days
- ❖ **NO WATERING ON SUNDAYS**

Water restrictions will remain in effect for the months of **June through September**

If you have any questions, please call Public Works at 250.378.5157

RECYCLING

Do you have questions about the Lower Nicola Eco-depot? Not sure what's free to take or has a fee? Wondering what the hours of operation are?



Free dump waste:

- Grass clippings, leaves
(NO pine needles, NO pinecones)
- Tree/Bush clippings (this is where you would put the pine needles and pine cones)
- Wood Waste
- Small electrical appliances
-Vacuums, microwaves, etc.
- Electronic waste
-TV's, computers, keyboards, electric children's toys, etc.
- Paint
All house hold paints, latex or oil based.
- Tires not on rims
- Propane tanks
- Batteries
- Scrap metal
- Plastic bags
- Styrofoam

Dump waste with a cost:

- Fridge and Freezers, air conditioners there is a \$15.00 charge to get the freon removed.
- Tires left on the rim will have a \$5.00 dollar charge per tire with rim.
- Clean Roofing Shingles are charged by weight
- House hold garbage is charged by weight
- Mattresses are charged per mattress or box spring starting at \$8.00 and up.





Thinking of doing a dump run? Not sure where to go when you get there?

The Lower Nicola Eco-Depot is a very open area with clearly marked signs to where you should take your household garbage, outside garbage, recycling etc. When you get to the Eco-Depot and want to get rid of your yard clippings such as tree clipping, grass clipping, pine cones, pine needles you do not have to drive over the weigh station. Go directly to the right and you will clearly see marked areas. Also to the right is the Recycling Shed, where they have 7 bins with large marked signs of what and which bin it will go in, not to mention a very friendly staff person there to help you. In the same area is where you will take paint, tires NOT on rims, electronics, Propane tanks, and used oil and oil containers also scrap metal. Now, if you have household garbage, mattresses/box springs, roofing materials, fridges, freezers, air conditioners that still have freon, tires on rims. You WILL have to go to the weigh station. where you will be directed to take said garbage to the appropriate areas.

Do I need to clean containers before adding them to my recycling?

- Please empty containers and give them a quick rinse in left over dishwater before adding them to recycling. This helps minimize any food residue spoiling the recyclability of materials and reduce pests and smells.

Does Recycle BC only accept plastic containers with the recycling symbol?

- The recycle symbol is a code to identify what material was used to manufacture it, not all containers have a symbol, but they can still be recycled.

Why Recycle?

- Diverts waste from landfills
- Conserves resources
- Saves energy
- Feeds a green economy
- Contributes to a healthy BC

RECYCLING TIPS

You can help ensure that more materials are recycled by following these steps:

- 1 Please follow sorting instructions at the depot.
- 2 Empty and rinse containers.
- 3 Contain shredded paper inside a paper bag or box.
- 4 Flatten cardboard, remove plastic wrap from cardboard flats. Staples and tape okay.
- 5 Return deposit containers for a refund.



DOWNLOAD THE RECYCLE BC APP ON YOUR SMARTPHONE.

Search items that can be recycled on the waste wizard and find your nearest depot. Download our app at RecycleBC.ca.



BID OPPORTUNITIES

Lower Nicola Indian Band

Bid for Catering Services - LNIB Annual Open House

Department: Economic Development**Hours:** 1. Snacks throughout the day

2. Lunch

3. Traditional Dinner

Event Date: September 18th, 2019**Bid to Feed:** 300 people**Submit to:** Lloyd Loveday

Event Details

- Cost estimates including plates, utensils, napkins, cups, condiments (salt/pepper, butter etc.)
- Beverages (coffee, tea, juice, and water) – Available for 10:00am
- Meals to be served consistently lunch at 12:00 P.M. (noon), Dinner at 5:00pm.
- Caterer to ensure that acceptable number of crew has Food Safe Certificates (Copies must be submitted);
- Caterer to ensure they obtain an Interior Health permit or temporary permit (Copy must be submitted);
- Ability to serve a meal within amount of time (provision of at least 2 lines passing through the buffet tables);
- **Responsible to Clean-up tables, garbage, kitchen and maintain EQUIPMENT-Responsible for full organization for entirety of meal preparation (shopping, serving, recruiting helpers, clean up, bring own cooking supplies: pots etc.);**
- Lowest bid may/may not be considered;
- 50% of bid could be advanced to successful bid to assist with preparation.

Deadline to apply: September 2nd, 2019

Lower Nicola Indian Band

Attn: Lloyd Loveday

181 Nawishaskin Lane

Merritt, BC V1K 0A7

E-mail: hr@lnib.net



Lower Nicola Indian Band
Bid for MC Services - LNIB Annual Open House

Department: Economic Development

Hours: 9:30am – 8:00pm

Event Date: September 18th, 2019

Submit to: Lloyd Loveday

Event Details

The individual needs to possess the following characteristics:

- Professional
- Energetic
- Enthusiastic
- Friendly
- Adaptable
- Personable
- Good time-management and awareness
- Someone with an understanding of Nlak'apamux cultural practices

Duties/Responsibilities

- Introductions/Prayers
- Ensure event runs on schedule
- Communicating any necessary information
- Door prize draws
- Closing remarks

Please include previous experience as an MC and/or public speaking.

Deadline to apply: September 2nd, 2019

Lower Nicola Indian Band

Attn: Lloyd Loveday

181 Nawishaskin Lane

Merritt, BC V1K 0A7

E-mail: hr@lnib.net





Nicola Watershed Governance Project Catering Opportunities CALLS FOR BID

The Nicola Watershed Governance Project requires catering for the dates listed below, caterers are invited to apply for one or more dates, successful applicants will be notified

Department: Nicola Watershed Governance Project

Event Date: September 20, 2019

Hours: 9am – 4pm

Bid to Feed: 75 (approx.)

Catering details: Lunch, 1 Health break, beverage service

Location: Merritt Civic Center

Event Date: September 21, 2019

Hours: 9am – 4:30pm

Bid to Feed: 75 (approx.)

Catering details: Lunch, 1 Health break, beverage service

Location: Merritt Civic Center

Event Date: September 22, 2019

Hours: 9am – 12pm

Bid to Feed: 75 (approx.)

Catering details: Lunch, 1 Health break, beverage service

Location: Merritt Civic Center

- Menu must include some vegetarian and gluten free options
- Caterer must provide own equipment and service staff
- Am beverage service must be ready 15 minutes ahead of time

Submit to: Eva Tom, Nicola Watershed Governance etom@scwexmxtribal.org

or submit in person to Scw'exmx Tribal Council 2090 Coutlee Ave. Merritt BC

Deadline for Bids: September 6, 2019

The work of the Nicola Watershed Governance Project is guided by a newly created government-to-government Nicola Forum. Forum membership includes the five Nicola Chiefs and five senior Provincial executives. At the direction of this Forum, the Project has undertaken a range of activities to build the relationships and knowledge base needed to make better water decisions. The group has several meeting dates coming up and are seeking catering bids to meet the nutritional needs of our members.

Event Requirements

Caterer must provide food for lunch and health-breaks as well as provide water, coffee, tea and juice service, to be served **15 minutes before** times listed.

Bids should include:

- Cost estimate for a guaranteed # people
- Supplies, including plates, utensils, napkins, cups, condiments (salt/pepper, salad dressings sugar, cream, etc.)
No Styrofoam please.
- Set up and clean-up of the meal, including kitchen and tables (including table covering)
- Caterer to ensure that acceptable number of crew has Food Safe Certificates
- Food available a minimum of 10 minutes before mealtimes listed
- Coffee, tea, water & juice selection to be available well before meal or morning meetings begin
- At least 1 reference
- Must have a valid driver's license and a provide own transportation

Scw'exmx Tribal Council Call For Bids

CALL FOR CATERING BID

AGA Lunch: October 18, 2019

We are seeking the following:

October 18, 2019 lunch for 120 to be served at noon

Please confirm with your Bid:

- a) Cost estimates for a guaranteed 120 (be prepared to serve 120) Including plates, utensils, napkins, cups, condiments-salt, pepper, salad dressing etc;
- b) Beverages should be available starting at 10:00 am - 4 pm;
- c) Meal to be served at 12:00 pm exactly;
- d) Food Safe Certificate amongst your crew;
- e) Ability to serve meal within a limited time (provisions of 2 - 4 lines passing through buffet tables);
- f) 50% of bid could be advanced to successful bid to assist with preparation;
- g) Menu items must include food / dessert items for diabetics;
- h) Lowest bid may / may not be considered;
- i) Expected requirements are:
 - Caterer will need to supply a Food Permit & Food Safe Certificate
 - to have a crew to be able to clean up tables during and after the meal.
- j) The caterer must supply their own equipment
- k) STC will provide the Kitchen

Your bid should include your contact person(s) with phone number(s).

Deadline for bids is 4 pm October 1, 2019 at the Scw'exmx Tribal Council office.

STC is not responsible for lost or stolen items

For more information, do not hesitate to call the Scw'exmx Tribal Council @

(250) 378-4235

Email Liz Gilchrist at egilchrist@scwexmxtribal.org

Notice - Call for Bids



CALL FOR CATERING BIDS

SEPTEMBER 13-16 2019



- Seeking bids for 400 people
- Cost Estimates must include plates & utensils, napkins, cups, condiments, coffee, tea, juice, water etc.
- Bid must include detailed breakfast, lunch and dinner menus
- Caterer to ensure that acceptable number of crew are Food Safe Certified
- Menu must include food/dessert items for special dietary needs (diabetes)
- Caterer will be responsible for full clean up etc
- Caterer will be responsible for full organization for entire meal preparation (shopping, serving, recruiting help, clean up, etc)
- 50% of bid could be advanced to successful bid to assist in preparation
- Lowest bid may or may not be considered

Schedule for Catering

Friday	Lunch, Afternoon Snack and Dinner
Saturday	Continental Breakfast, Lunch, Afternoon Snack, Gala Dinner
Sunday	Continental Breakfast, Light Lunch

Deadline to submit bids August 30 by 3:00 pm
Submit bids to lucinda.seward@scwexmx.com or hand in at
SCFSS main office

JOB OPPORTUNITIES**Lower Nicola Indian Band****Job Posting****Position Title:** Reception, Full Time**Department:** Administration**Hours:** 8:30am-4:30pm**Reports to:** LNIB Executive Assistant

Summary of responsibilities

To provide clerical support and file maintenance for the Lower Nicola Indian Band.

Knowledge, Abilities and Skills:

- Grade 12 diploma required.
- Excellent communication skills
- Clerical experience
- Operate multi-line telephone system
- Take detailed messages
- Create and modify documents using Microsoft Office programs
- Perform filing and other administrative duties as required
- B.C. License recommended
- Ability and willingness to submit to a criminal record check
- Ability to speak or willingness to learn the Nlaka'pamux language

Apply to:**Deadline:** 2nd Sept

Lower Nicola Indian Band
Human Resource
181 Nawishaskin Lane
Merritt, BC V1 K 0A7

Apply at: <https://secure.collage.co/jobs/lNib/12667>

or

E-mail: hr@lNib.net

Interested candidates should send a resume and cover letter complete with references, specifying the position you are applying for. Complete job description can be obtained by contacting the Lower Nicola Indian Band.

Thank you to all who apply, only qualified candidates will be considered.

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**Lower Nicole Indian Band
Job Posting**

Position Title: Facility/Maintenance Manager
Department: Infrastructure
Hours: 8:30 to 4:30 Mon to Fri
Reports to: Director of Infrastructure

Summary of Responsibilities:

Working within the Infrastructure Department, the Facility Maintenance Manager reports to the Director of Infrastructure and works closely with other LNIB Administration staff. The position is responsible for planning and providing the maintenance and repairs of public buildings, ensuring OHS requirements are being met, and coordinating building use. During emergencies, the Manager will also be responsible for overseeing and coordinating the Emergency Management Program and for the development, review and revision of this Emergency Preparedness Plan, preparing and facilitating use of building, evacuations, and security of sites.

Minimum Experience/Education required:

- Minimum of any related Red Seal Certification; (Electrician, Carpentry, plumbing, etc.)
- Minimum 5 years experience in a similar or related field
- Several years management experience
- Experience working with First Nation Organization preferred

A combination of education and experience related to the position will be considered

Before Applying please view the full job description and requirements at:

<https://secure.collage.co/jobs/lnib>

A copy is also available through at LNIB Band Office 181 Nawishaskin Lane

Compensation

The starting wage for this position is \$54,000 - \$56,000 depending of skills, education and experience. Following successful completion of a 3-month probation period, LNIB provides extended Benefits and Pension package.

TO APPLY:

Go to: <https://secure.collage.co/jobs/lnib>

or;

email: HR@LNIB.net

PROUD TO BE

LNIB



Job Description

Position: Crushing Laborer, Loader & Hoe Operator

Summary: This role is a shift work position performing a variety of tasks to operate and maintain crushing operations. Candidates with crushing or operator experience will be given preference however on the job training is conducted for less experienced workers.

Safety. No Excuses. is our most important core value, the successful candidate(s) must embody our Health, Safety and Environment Program by participating, implementing and holding yourself and others accountable to all elements of the Program. Successful candidate(s) will participate in safety meetings, hazard assessment (JHA, FLHA...etc.) and complete pre and post-trip inspections.

Responsibilities:

- Complete general physical labor duties including shoveling, cleaning belts and assisting in screen changes and linear changes
- Move tools, equipment and construction materials to and from work areas
- Operate crushing loader, skid steer and excavator feeding a crusher or similar operations
- Complete inspections on equipment and notify supervisor of all defects
- Operate equipment in a safe manner in accordance with all local laws and regulations
- Service/maintenance of crushing equipment
- Other job-related duties as required

Requirements:

- Completion of a Corporate and site-specific Orientation
- WHMIS2015 training
- Successful Fit Test and fitting of a respirator
- Valid Class 5 Drivers License
- Feed plant and load trucks safely and efficiently
- Keep materials within job specifications
- Operate a loader/excavator safely in a high production setting
- Repair and maintain equipment, those who are mechanically inclined will be given preference
- Basic PPE to be supplied by the worker (boots, hi-visibility vest, hardhat and safety glasses). The Company will provide any specialized PPE.
- Ability to take direction and work as a part of a team

Physical Demands: Position requires employee to frequently stand, walk, twist, bend, reach and kneel. Employees must be able to lift 60 – 80 lbs above shoulder height.

Work Environment: Position is shift work. Work is outdoors, and conditions include very cold or temperatures dependent on the season, wind, flying dust, and uneven ground.

Compensation: The company offers great benefits, ongoing training, growth opportunities, and a culture built on determination, teamwork, and integrity.

There will be no travel compensation or LOA for this role. Applicants must be local to the area near the Highland Valley Copper Mine.



Job Description

Position: Crushing Supervisor

Summary: This role will be supervising a team of crushing operators at the Highland Copper Valley Mine. This role is a shift work position performing a variety of tasks to operate and maintain crushing operations.

Safety. No Excuses. is our most important core value, the successful candidate(s) must embody our Health, Safety and Environment Program by participating, implementing and holding yourself and others accountable to all elements of the Program. Successful candidate(s) will be responsible to conduct safety meetings, hazard assessment (JHA, FLHA...etc.) and complete pre and post-trip inspections.

Responsibilities:

- Supervise 3 – 5 employees at the Highland Valley Copper Mine
- Blast rock crushing experience
- Complete general physical labor duties including shoveling, cleaning belts and assisting in screen changes and linear changes
- Must be able to prevent downtime by managing wear and breakdown situations
- Troubleshooter of crushing problem areas
- Move tools, equipment and construction materials to and from work areas
- Operate crushing loader, skid steer and excavator feeding a crusher or similar operations
- Complete inspections on equipment and notify Fleet Manager of all defects
- Complete time card entries
- Operate equipment in a safe manner in accordance with all local laws and regulations
- Service/maintenance of crushing equipment
- Other job-related duties as required

Requirements:

- Minimum 3 years of crushing experience
- Completion of a Corporate and site-specific Orientation
- WHMIS2015 training
- Successful Fit Test and fitting of a respirator
- Valid Class 5 Drivers License
- Feed plant and load trucks safely and efficiently
- Keep materials within job specifications
- Operate a loader/excavator safely in a high production setting
- Mine Site experience an asset
- Repair and maintain equipment, those who are mechanically inclined will be given preference
- Basic PPE to be supplied by the worker (boots, hi-visibility vest, hardhat and safety glasses). The Company will provide any specialized PPE.
- Ability to take direction and work as a part of a team



Job Description

Physical Demands: Position requires employee to frequently stand, walk, twist, bend, reach and kneel. Employees must be able to lift 60 – 80 lbs above shoulder height.

Work Environment: Position is shift work. Work is outdoors, and conditions include very cold or temperatures dependent on the season, wind, flying dust, and uneven ground.

Compensation: The company offers great benefits, ongoing training, growth opportunities, and a culture built on determination, teamwork, and integrity.

There will be no travel compensation or LOA for this role. Applicants must be local to the area near the Highland Valley Copper Mine.



Summer Student: Desiree Dick
Reception

Summer Student: Ericka Boggs
Education



MEMEBER OWNED BUSINESS DIRECTORY

Aly Moon-Pierre

Online Life Coaching Business.
Aly Moon-Pierre, SW Dipl. BSW
Spirituality Coach | Inclusive Coach
www.Inclusive-Coach.com
aly@inclusive-coach.com

Angie Bain

angiebain@shaw.ca
604-802-9709
Over 20 years experience in providing training,
research & research analysis services

Bonnie Bent

Micoblading
(250) 280-0430 or (778) 800-7878

Donna Bent

250-378-4396 Donna Bent Artifacts

Brandon Joe

250-525-0443 (text only)
Commercial Embroidery and Jewellery

Shannon Kilroy

skilroy09@yahoo.com
Earthline Contemporary Aboriginal Designs
and Accessories

Odd Job Joe

Handy Man Service & Solutions 24/7
(250) 378-7945

Ryan Mann

PlumberMann
250-936-8555

Mostly Glass

Mostly Glass Creations: Stained glass,
mosaics, mosaic lamps, stepping stones,
beads, crystals, prisms, window charms,
bracelets

Email: mostlyglasscreations@gmail.com

Sharon McIvor

250-378-3300 Lawyer, Instructor and
Legal Advisor

James McNaney

nomadhauling@gmail.com
Trucking, Hauling

Earl Michel

emichel@live.ca
Wolf Pac Construction

Focus iN Consulting

Business development and housing
gaildjo@gmail.com

Lorne Mike

paulinehenry2011@hotmail.com
Fitness Instructor and Rough Stock Horses

Gene Moses Fencing

Gene Moses
250-378-2801

Vivian and Arnie Narcisse

Mountainchief Catering
250-315-0584 Catering MC and
coordination of Cultural Events

Growing Garlic/Nicola Valley Produce

Jerrold Peterson
growinggarlic.ca
growinggarlic.ca@gmail.com

Gwayne Point

250-378-9167 Northwest Indian Art

Loren Sahara Consulting

Counselling & Leadership Development
778-676-7844
info@lornesahara.com

<http://lornesahara.com>
<https://www.facebook.com/lorensaharamony>

JW Forest Contracting Ltd.

250-378-5468
 250-378-1556 (cell) Warren Smith/Janet Sterling,
 Principals
 Logging contractors, road builders, land clearing
 Established 1998
 Certified Safe Company
 11 employees, 80% First Nations
 Equipment: Faller/Buncher, Grapple Skidders, Log
 Processors, Excavators, Cat Crawler Tractors

Maggie's Bannock

Maggie Shuter
 250-378-6579

Millco Safety Services

www.millcosafety.com
 PO Box 4154 Lower Nicola, B.C.
 250-378-2221 Patrick Miller/Angela Garcia,
 Principals
 Construction safety, construction security, First
 Aid, Traffic Control, fully certified personnel

Nicola Valley Muay Thai
 Kru Melissa E. Moses
 250-378-9155
kru@nicolavalleymuythai.ca

S&D Muir Inc

sd.muirinc@gmail.com
 250-378-1964 Shane Muir,
 Mining and Survey Equipment

SCS Diamond Drilling

www.scsdrilling.com
 1436 Sun Rivers Drive Kamloops
 250.572-2615
 250-314-4864 (fax) Spence Coutlee, Principal

Alison Sterling

ajsterling67@gmail.com
 Jacona Sports, Behavior Intervention, and
 Bubble Tea,

Robert Sterling

robert_sterling@hotmail.com
 Archaeology, Anthropologist, traditional land use
 studies

**Rona Sterling Consulting Inc. and Godey
 Creek Paintball**

Rona Sterling-Collins
info@ronasterlingconsulting.com

Godey Creek Consulting

Sue Sterling
suesterling75@gmail.com

T Sterling Construction Ltd.

Ted Sterling
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Glenn Stirling

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 Calibration & Electrical
 (403) 971-6432 gqstirling@gmail.com

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 250-280-2012
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Penny Toodlican

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 Catering

Victor York

victoryork@hughes.net

LIFE EVENTS



Do you have greetings you'd like publish? Send an email to communications@lnib.net by the last Monday of the month

Big 13th Birthday wishes to Domanic Beckett!
Hope you will have a great day! Love Auntie Terri, Uncle Jim, Sophie, Megan, Evan and Kato

Happy 13th Birthday to Domanic Beckett on September 13th.

Love,
Grama Maggie

Happy Birthday to Maggie McClelland on Sept. 23,
We love you all the way to Yellowknife and back
Mom/Grama!
Love Ter, Jim, Sophie, Megan, Dom, and Evan....oh

Lower Nicola Indian Band is looking for members who are interested in delivering Band door-to-door notices and newsletters. Depending on how many people apply, delivery allocations are on a rotation basis. Deliveries involve going door to door on all LNIB reserves. Pay, upon presenting your invoice, is \$160 Please contact Terri-Lynn Beckett at 250-378-5157 or email Terri-Lynn.Beckett@lnib.net

"Hi LNIB! I'm off on an adventure for the month of September and leaving my assistant Terri-Lynn Beckett in charge of communications. Terri put this month's newsletter together – kudos Terri on a really good job!
Terri works at the main Band office, and her email is Terri-Lynn.Beckett@lnib.net
- Ruth Tolerton, Communications Coordinator "