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CLOWER NICOLA CINDIAN BAND OCTOBER 2018 N?e?iyk Spíləxm

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LNIB REPATRIATION WORKING GROUP





LNIB Repatriation Working Group Be a part of bringing our artifacts home!

WEDNESDAY OCTOBER 17th 2018

Where: Shulus Hall Time: 5:00 pm to 7:00 pm

Dinner will be provided

Call for Volunteers! The LNIB Repatriation Working Group is seeking interested volunteers to help establish a community repatriation committee. Your ideas and input are needed to help us identify, locate and learn about Nlaka'pamux materials in museums around the world. Elders, youth, knowledge keepers, language speakers and everyone with an interest in Nlaka'pamux heritage are encouraged to attend. We will provide an update on our successful grant application and talk about th**e** work ahead.

For more information contact Robert Sterling at 236-575-2012 email Robert.Sterling@Inib.net On behalf of the Lands and Economic development department of the Lower Nicola Indian Band we are pleased to announce that we have been successful in our application for a small grant to begin the LNIB repatriation project. The repatriation project is the research, identification, analysis of museum objects with the intent to learn and revitalize various aspects of our culture associated to these objects with the possibility of having them returned to our community.

We anticipate the project will bring awareness, cooperative management and repatriation of our most sacred cultural objects and ancestral remains removed from the Lower Nicola Indian Band Territory. Building on the LNIB Cultural Heritage Policy and ongoing community initiatives, we are committed to supporting, protecting and promoting our Nlaka'pamux heritage on behalf of our LNIB community.

As a community, our people have previously taken the initiative to volunteer their time and raise funds to work with the RBCM – Royal British Columbia Museum to complete a similar repatriation in the past. We appreciate the challenges and importance of this work. It is imperative that the work proceed in the right way – respecting our cultural protocols and procedures. This new grant will allow us the opportunity to undertake the necessary community work to identify and articulate our repatriation goals and procedures and will allow us to begin to reach out to other repositories and institutions to begin new repatriation discussions. Further, it will enable us to undertake comprehensive research and widen our efforts at bringing tangible and intangible cultural heritage, sacred objects and in some cases the remains of our ancestors' home.

Under the direction of the Lands and Economic Development department, the LNIB Repatriation Working Group, will take responsibility to lead the LNIB Repatriation Project. This Working Group will further be assisted by a volunteer Repatriation Committee to be created and made up of interested band members as part of this process. If you are interested in participating please contact our office or attend the introductory meeting scheduled for October 17,2018 at 5:00pm in the Shulus Hall.

If you are an LNIB member and interested in being a part of the voluntary committee to assist in making recommendations toward group focus on topics such as: Museum studies, Language, culture and traditional knowledge, cultural protocols at all levels, becoming a positive advocate of LNIB culture, please contact Crystal at the Lands and Economic Development office, or keep an eye out for a notice on our first meeting and the Band Facebook page.and website.

Repatriation Working Group

WILLS AND ESTATES WORKSHOPS



WILLS AND ESTATES WORKSHOP

Wednesday, October 17, 2018 Thursday, October 18, 2018 Where: Shulus Hall Where: **Shulus Hall** Time: 1:30 pm to 3:00 pm Time: 3:00 pm to 6:00 pm Writing your own will - A guide for First Nations People living on an Indian Reserve Introduction : Why have a will What makes a will legal Open to all nłe?kepmx and Who should benefit from a will sylix members! **Choosing your Executor Giving Property in your will** After the will is signed Legal process after death Where to go for more information or help If you have any questions please call Geraldine Bangham at 236-575-2017 or email geraldine.bangham@lnib.net

ENERGY EFFICIENCY IN YOUR HOME



ENERGY EFFICIENCY IN YOUR HOME

Wednesday, October 10, 2018

Where: Shulus Hall

Time: 5:00 pm - 7:30 pm

Dinner will be served Door prizes!

Come learn from the experts from Fortis and BC Hydro about how you can make your home more energy efficient, more comfortable and save some money while you're doing it!

There are also free upgrades for income-qualified households.

Opportunities to get new insulation, an ENERGY STAR fridge or highefficiency furnace at no cost!



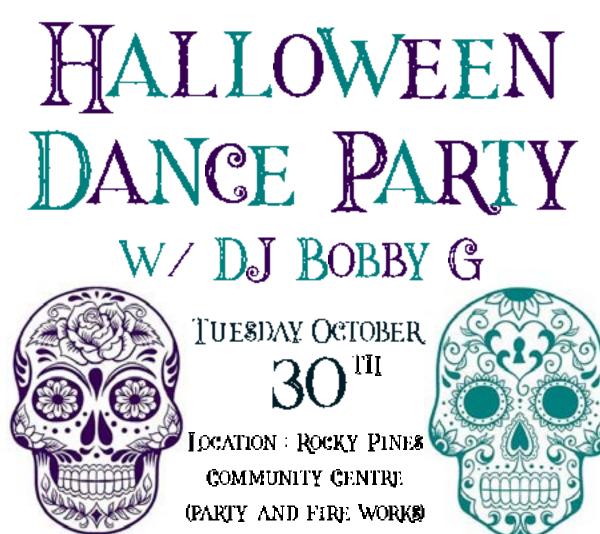
If you have any questions please call Joe Shuter at 250-378-5157 or email joe.shuter@lnib.net

THANKSGIVING HARVEST LUNCH

Ihanksgiving Harvest Luncheon Where: Shulus Hall When: October 5, 2018 Time: 12:00-1:30 50/50 and door prizes If you have any questions please contact community services at 250-378-4089

October 2018

HALLOWEEN PARTY



& ROCKY PINES TRAILER (HAUNTED HOUSE)

HAUNTED HOUSE STARTS @ 4, PARTY STARTS @ 5 AND FIRE WORKS @ 8

If you have any questions please contact community services at 250-378-4089



COUNCILLOR LEONA ANTOINE



Hentl'

With harvest season in full swing I have been caught up in the whirlwind of canning and trying new methods of preserving. Smoked salmon followed by canning is an amazing treat for the cooler months on crackers and cream cheese or simply eating with oils still locked up in the skins. I feel very privileged to have an abundance of salmon and glad people are restocking.

In keeping the traditions of fishing ongoing I ensure that my sons are down on the very rock that their Grandfather , Leonard Shuter , and Great Grandfather Arthur Shuter fished. Just by simply sitting down at the river with the boys gives me the strength to endure the political fight as leadership that has been bestowed upon us. Sept 19-21 in Richmond a number of Chiefs, Council, Hereditary Chiefs and technicians for fisheries attended Fraser Salmon Summit. The facts of the numbers and the climate impacting our salmon ave been loud and clear for the last few years and require more urgency on the management of fish before they are wiped out.

In coming weeks leadership have a series of meetings to determine an action plan on how our inherent rights of fish are jeopardized and how the Department of Fisheries and Oceans has not managed salmon at a sustainable level. I will keep membership posted.

The hunting season is now upon us and the" hunting issue" of access has not gone away - how we manage our deer, moose and elk. Currently the one area in Upper Nicola has a permit process with no enforcement plan implemented as of yet. The bands struggle with this as we all have one sure thing is that we want to harvest at a sustainable level but with the pressure of overall allowable numbers is forcing us to manage the best with the resources and capacity we currently have. A thought that we have is to have resource- based revenue be invested back in to the land by having boots on the ground with territory guardians patrolling and reporting back what types of activities are happening. It will have to be supported by Provincial Conservation with enforcement as we do not want the training to encounter people with loaded guns etc. This will have to be an incremental plan as the Chilcotins have implemented over the years.

The 5 Nicola Chiefs have been working hard with the Province and facilitated with our own representative to ensure the framework of the MOU of Water management is a trusting process. It has been decided that to build trust and to work together that a Water Ceremony October 30 between the leadership and the Province to show through ceremony how important water is to Nlkapmux. The communities are invited to witness and so watch for a door to door or our website for itinerary in coming weeks.

Annual General meeting was well attended at our new Rocky Pines Centre and the celebration of the purchase of OMH. These are the times I enjoy as I get to mingle and visit with members who are quite busy on a daily basis and to just catch up on stories and listen to concerns. We as leaders were honored to blanket 2 elders over 90 from Quesnel and Kamloops and were able to learn some information of families that use to reside in the Nicola Valle y but have moved on to other areas in BC.

There are copies of the 2017-18 Audit and Annual reports form staff at the main office and Lands Office for those that were unable to attend the community meeting. Hope the month of October is successful for all those toping up freezers and ready for the winter months.

Leona Antoine LNIB Council Member



Smoked Salmon

Sweetgrass and sage offering





Salmon Caravan

Photos - Leona Antoine

EXECUTIVE DIRECTOR



general comments.

Dear LNIB Members,

On September 17, 2018 Lower Nicola Indian Band celebrated the grand opening of the Rocky Pine Community Centre and hosted the Annual General Assembly as well as acknowledged Elder Helen Rettenbacher and Elder Jean Demmitt.

After the audited financial statements were presented to the membership there was an opportunity for membership to have one on one dialogue with each of the sector directors. The following is a summary of the questions and answers as well as

Questions and Answers from the Annual General Assembly

Human Sector

No questions

Infrastructure

1. Concerns were expressed about the status and communication of house renovations. The Housing department will perform inspection(s) but often after weeks or even months still does not provide a decision to approve or denial repairs.

We apologize for the lack of response. The housing department is aware that quicker responses to members is needed. To address this concern additional staff are being hired and trained – particularly in customer service, to ensure member inquiries are handled in a timely fashion.

2. There were concerns regarding the flooding. One member lost several camper units, a chicken house and storage shed. All of which were at creek edge at the end of last year's flood and even after requesting rip rap in that area, it was disallowed by DFO. As a result, a swath of land 8-10 meters wide was lost where the above items were perched. A related concern was about the traffic near a home that due to loss of land, the "old road" or well traveled path on the west side of his home, is no longer a feasible road/path.

These are land use issues and one should contact either Leesa or Stephen at the Lands Department to help determine the most appropriate location to survey a new road. There are many departments and organizations, such as DFO, that must be consulted to address this type of issue.

3. One person inquired about the status of the main irrigation ditch and that the season is pretty much over and not worth cutting due to the scarcity thick crops, but that it may help to provide some greenery for next spring if it gets a good soak now.

The Infrastructure Department recently got the water flowing and it can now be used it if needed. Also, the

ditch flow and management of the user schedule will be looked after by lands department from now on.

4. Why doesn't the LNIB not use members who are work safe certified for contract work, especially those that had been used numerous times in past?

The LNIB has implemented a strict and fair procurement process. This policy is to ensure the Band uses contractors that meet the required standards of work that is needed. We always choose a Qualified Band member for work before choosing other options.

5. There was an inquiry about the main irrigation ditch status.

The water is now flowing, however there is still ongoing concern on how or who will managed and maintained the ditch to prevent beavers, tree falls and other hazards from impeding the flow. Going forward, the Lands department is putting a plan together to address this for the next year.

Finance and Administration

1. How do members get information from LNIB?

LNIB uses several communication strategies to get information to our members. Currently we distribute a monthly Newsletter as well as posting information on our Website, Email Bulletins, Social Media and Text Messaging. General Band Meetings (GBM) are held the last Monday of every second month. Departments also put on Workshops as well as contributing to Community Committees (e.g., LMAC, Negotiations Committee, School Board, Economic Development Board, Finance and Audit Committee, etc.). There are also Fact Sheets that have been developed to provide information on programming and services. Additionally, LNIB hosts an Open House and Annual General Assembly.

2. How do members access services after hours?

LNIB Public Works has an On-Call phone number that members can access – that number is 250-315-8184. We are currently working on a fridge magnet that will have all emergency numbers for distributing to members in November.

Several suggestions were noted by membership including the following:

• Support services extend 24/7 once LNIB declares a state of emergency

LNIB will need to asses the required human and financial resources required to provide this level of resources for an undetermined amount of time.

Lower Nicola Indian Band N?e?iyk Spíləxm

Chief provide a televised message during emergencies

LNIB can provide a message from Chief and Council via our webpage. We will need to investigate the technology required to stream video to members who have requested text messaging.

Membership would like to see LNIB offer daycare services

- Clothing Exchange or Share Shed
- Lounge area for members to visit at Rocky Pines
- New garbage truck that has the capability to pick up garbage as well as recycling
- Unlicensed/dilapidated vehicles be removed from the community

Lands and Economic Development

1. How do LNIB members access their family land files to review the contents at the Lands Office?

The Lands Department requests advanced written notice before coming to our office to request access to our filed information. We ask that written requests provide as much detail as possible to avoid disappointment. Broad messages do not allow our staff to provide the details required and will not allow us to meet expectations.

Once the material has been gathered, an appointment will be set up with the Band member to come into our office to view the material. We can share file contents that are not confidential during regular office hours.

2. How do we work through a process where homes have been built on family land not belonging to them (i.e.: back in the 1960's INAC / ISC built homes on land that were owned by other Band members)?

The Lands Department requires a written request to initiate a review of the land in dispute. After the land has been researched, an appointment will be set up with the Band member to come into our office and go over the legal status of the land and next steps.

We understand that there have been long standing issues concerning traditional land holdings and the land survey process. There are many instances where members were allowed to use land and this use was then perceived as ownership by the member, and sometimes by Council and the community. These historical verbal agreements are common, and they litter the landscape on each of our reserves. There will be a fair and transparent process for resolving traditional land claims in the Allotment and Custom Interest Law.

3. How does the Band determine who is impacted or not impacted by major commercial developments taking place on reserve?

The large-scale developments in our traditional territory impact both the Band and members. These largescale projects are introduced as a referral through correspondence from the Province of BC. They are processed in our Referrals Department and then sent to the Negotiations Committee who is mandated by

Chief and Council.

Once the Negotiations Committee receives the file, background information is gathered and decisions are made on how to manage the file. In cases where Right-of-Ways are concerned, the file begins to navigate through our Lands Department where stakeholder engagement requirements are assessed. Impacted stakeholders may then receive correspondence from the Lands Department related to the project that outlines its potential impacts.

4. Are the Lands Management Advisory Committee (LMAC) meetings closed?

The LMAC meetings are not closed meetings and they are conducted in the same manner as Chief and Council meetings. The committee provides recommendations to Chief and Council on land governance and management activities.

5. How do we get access to the Lands Management Advisory Committee (LMAC) meeting minutes?

The previous meeting minutes are reviewed and ratified at each meeting. These meeting minutes are posted on the LNIB members website for review. Otherwise they are available at our office upon request.

We can also report that our community planning session with Dan and Kelly of Four Direction Management Services has come to an end and they have delivered a draft of the LNIB Community Plan. Leadership will review and approve the documents in October and then we will host a session with the community on Thursday November 1st at the Shulus Hall. Again, we'd would like to thank all of you that contributed in these sessions. Without your support and guidance, we wouldn't have been able to create this plan. Here is a seek peek at what to expect:

Language & Culture

We are committed to promoting, practicing, and upholding our language and culture as it's the foundational basis of who we are as a people and its continuation is integral to ensuring our future generations know our history and traditions and possess the skills to practice them.

Education & Training

Our members are deserving of the educational and training opportunity that will best position them for success in whatever field they choose. We are committed to supporting our members reach their personal goals by creating opportunities and opening doors for them to pursue their passions.

Health & Wellness

Health and wellness needs to be achieved and maintained across all 4 areas of the medicine wheel – spiritually, emotionally, physically, and mentally. We are committed to offering the best possible health and wellness services to our members to ensure that they are holistically healthy and well.

Land & Environmental Stewardship

We are the land and the land is us. We are committed to ensuring that the integrity of the land is sustained and protected now and into the future so that all livings things and the generations to come will also be able to benefit from it like our ancestor did.

Elders & Youth

Our youth are the largest demographic of our community – they are our here and now and they are eager and willing. Our Elders are the keepers of our knowledge, traditions, and history. We are committed to providing our youth with the support they need to be successful in all their endeavors and to ensuring our Elders are supported, cared for, and respected in the ways they are deserving of.

State of the Art Infrastructure & Housing

As a growing community, we have a responsibility to ensure of infrastructure grows proportionately to meet our needs. We are committed to developing and maintaining the best possible infrastructure for community to thrive and continue to grow and advance.

Wealth Generation Employment & Economy

The economy is the cart that pulls social horse. In order to achieve our Vision, we must be proactive and leaders in the regional economy around us. We are committed to generating wealth, increasing employment, and making a significant place with us within the economy in ways that aligns with our values as Scw'exmx people.

Emergency Response

We are vulnerable to a number of events which can trigger the need for emergency response. As recent years have shown us by the fires and floods we have been exposed to, this needs is something that will likely only increase in its necessity. We are committed to equipping ourselves with the necessary response capacity to be able to respond to emergency events in a way that best serves our members.

Support to Chief and Council: Chief and Council meet on September 4th and September 18th as well as the Annual General Assembly on September 17th. October Chief and Council meetings are scheduled for October 2nd and October 16th.

Kari Reilander, LNIB Executive Director

Inform

To provide balanced and objective information to assist understanding of topic, alternatives, opportunities and / or solutions.

Collaborate

To partner with the members in each aspect of the decision including development of alternatives identification of preferred solution.

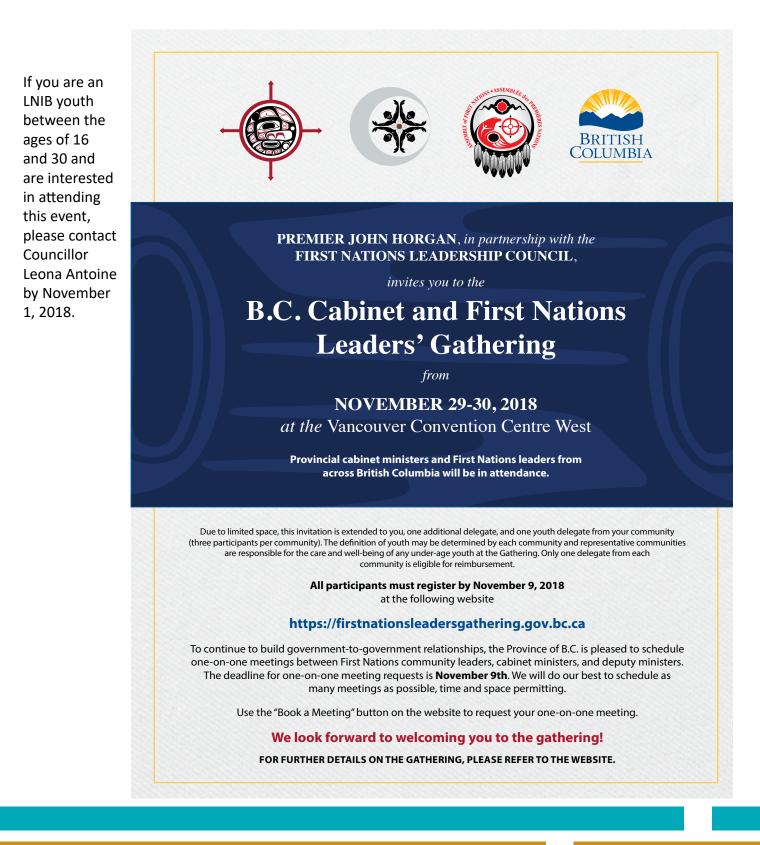
Consult

To obtain members feedback on analysis; alternatives and / or decisions.

Involve

To work with the members throughout the process to ensure that concerns and ideas are consistently understood and considered.

BC CABINET & FIRST NATIONS LEADERS GATHERING ATTENTION LNIB YOUTH!



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ROCKY PINES COMMUNITY CENTRE



The ribbon was cut to formally open the Rocky Pines Community Centre.

The RPCC has a library/workspace, a small conference room, a large kitchen, a gathering space inside and out, some offices, a laundry facility and the space for a small convenience store.

While some of the Human Services Sector staff have relocated to those offices, included the Recreation Department, the hours of the facility and how it will operated are still being worked on. Will the library have regular hours? Who will supervise - volunteers? Will there movie nights? What will be in the store and who will run it?

Hey Rocky Pines residents - this is your Community Centre and we want to hear your ideas and suggestions!

ALLOTMENT & CUSTOM INTEREST LAW

Lands Department Newsletter Submission

Allotment and Custom Interest Law

Lower Nicola Indian Band ("LNIB") became operational under its Land Code on December 1st, 2016. According to the Land Code, LNIB has the authority to pass laws regarding LNIB land and to develop and implement related policies and procedures. Over the past year, LNIB has been developing a Spousal Property Law and is working with Four Directions Management Services to develop a dispute resolution process that will be incorporated into a law. The Lands Department and Lands Management Advisory Committee ("LMAC") have also been developing various policies, procedures and documents in order to implement the Land Code operationally.

In addition to the above, the Lands Department has been working to collect information regarding various issues and disputes with respect to traditional land holdings. In the 2016 LNIB Comprehensive Community Plan, a major challenge identified was the need to address and resolve longstanding unsettled traditional land claims. The Comprehensive Community Plan noted that there were at least 72 active, unresolved estate files. A more recent assessment indicated that there are closer to 100.

Having now had the opportunity to assess the nature and scope of many of the issues and disputes regarding traditional land holdings, the Lands Department and LMAC jointly recommend to Chief and Council that an Allotment and Customary Interest Law ("**Allotment Law**") be developed with high priority. The Council accepted the proposal by Band Council Resolution on August 14, 2018.

Prior to the Land Code, allotments in LNIB land were often granted and transferred by customary procedures which did not comply with the *Indian Act*. Such customary allotments were not legally recognized by the courts without ministerial approval and the issuance of documentation evidencing such ministerial approval. Because the Land Code only recognizes pre-Land Code interests in LNIB land if they were legally valid interests in the first place, such customary allotments remain unenforceable and technically the relevant parcels are community land or land owned jointly by the Membership.

The uncertainty regarding such traditional land holdings has complicated, and in some cases even prevented, transactions regarding affected lands, such as financings, sales and estate transfers. Just as importantly, the uncertainty has caused frustration among members who want their traditional land holdings recognized and has perpetuated numerous disputes within the community.

The Land Code provides LNIB with the power and authority to enact laws and related policies and procedures regarding traditional land holdings which are fair and equitable and also reflect LNIB customs and values. Exercising such authority by passing an Allotment Law, prior to Council making a decision regarding traditional land holdings, will help resolve the issues and disputes described above, create legal certainty for members and LNIB itself, as well as alleviate some of the related tensions which exist in the community.

Overview of Proposed Law

Subject to Council's input and additional research, the Allotment Law could provide for some or all of the following:

- Establish an application process, procedures and criteria for:
 - o the issuance of new allotments; and
 - o requests to have traditional land holdings recognized.
- Where appropriate, invoke the optional dispute resolution process currently being developed by Four Directions Management Services.
- Establish a Lands Authority (with authority delegated by Council per s. 31.2 of the Land Code) to make decisions regarding applications for new allotments and for having traditional land holdings recognized (for example, by issuance of a Certificate of Customary Interest) and for resolving related disputes in cases where the optional dispute resolution process is not invoked or successful.
- Identify requirements to be met as conditions of recognizing traditional land holdings, such as obtaining legal surveys, correcting errors in existing surveys, or swearing affidavits.
- Establish standards for evaluating different kinds of evidence concerning traditional land holdings, such as oral history.
- Identify interests in LNIB lands which may be granted in cases where Certificates of Customary Interest may not be appropriate, such as life interests, leases and licences.

Process

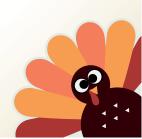
A survey will be circulated in the community to inform members about the proposed Allotment Law and obtain their input in order to ensure the law aligns with LNIB values and traditions. Further, Chief and Council and LMAC will be kept informed throughout the process and will be asked to help develop the fundamental principles the Allotment Law will reflect.

Tewit-lexw-eleq Stephen Jimmie, MBA Lands Manger

> Congratulations to Kelly Prosper who was the winner of the BBQ in the draw for all those who completed the Spousal Property Law survey!

Thanksgiving in....Japan

Kinrō Kansha no Hi is a national public holiday that Japan celebrates every November 23. Derived from ancient harvest festival rituals named Niinamesai, its modern meaning is more tied to a celebration of hard work and community involvement, hence its translation: Labor Thanksgiving Day. While Niinamesai's traditions reach back thousands of years, Kinrō Kansha no Hi was created officially in 1948. It was intended to celebrate the rights of workers in post-World War II Japan. Today it is celebrated with labor organizationled festivities, and children creating crafts and gifts for local police officers.



ELDERS' PROGRAM

October 2018 – Newsletter Submission

Hello everyone;

Elder's Luncheon October 18, 2018 – 12:00 p.m. At the Activities Trailer

October 6th - Nlaka'pamux Days @ Stein Valley School

Please call to sign up – limited seating

October 5th – Harvest Lunch

Shulus Hall

Everyone welcome!

Wills & Estates Workshop

October 17th – 1:30 - 3:00 pm @ Shulus Hall October 18th – 3:00 – 6:00 pm @ Shulus Hall

We will be going to the **Adams River Run** if you are interested please call the Health Centre. Please leave your name and number and I will call you to confirm the exact date for this trip.

Wenona Mike – Elder's Coordinator

FINANCE/AUDIT COMMITTEE



Position Title: Hours: Start Date Term: **Finance and Audit Committee Member**

Varied – Meetings are held during the day on an as required basis but generally once per month Immediate – upon approval by Chief and Council Two year term

Summary of responsibilities

The Lower Nicola Indian Band Financial Administration Law has a requirement for the establishment of a Finance and Audit Committee to assist Chief and Council in carrying its oversight responsibilities for financial reports, internal control, and risk management processes.

Fiduciary duties of this position exist to ensure that the Committee members act in the best financial interests of the LNIB, rather than serving their own interests.

A fiduciary duty is the highest standard of care in equity or law.

There must be NO conflict of interest, such that Committee members and their immediate family cannot be employees or otherwise engaged in other financial dealings directly with the LNIB, such as contracting good or services.

Duties and tasks:

Committee Members are responsible for:

(a) preparing for meetings by reading reports and background materials prepared for each meeting and acquiring adequate information necessary for decision making;

(b) actively participating in the Committee's deliberations;

(c) attending all scheduled Committee meetings subject to reasonable exceptions acceptable to the Chairperson;

(d) becoming knowledgeable of the Committee functions and statutory responsibilities under the LNIB's Financial Administration Law;

(e) maintaining direct, open and frank communications with management, the Committee, the Auditor and other advisors as appropriate;

(f) ensuring that they have financial competency;

(g) ensuring that they maintain their independence as required in the LNIB's Financial Administration Law;

(h) avoiding conflicts of interests and complying with conflict of interest policies and procedures established by Council or under LNIB laws;

181 Nawishaskin Lane, Merritt, BC V1K 0A7 Phone: 250-378-5157 | Fax: 250-378-6188 | Toll Free: 1-888-447-1744 Email: reception@Inib.net (i) reviewing and making recommendations to the Council on the terms of reference of the Committee.

Required knowledge, skills and abilities

A The ability to read, understand and analyze the financial statements and the notes to the financial statements;

* The ability to understand accounting policies, including any estimates used or judgments applied by management in the application of the LNIB's accounting policies, when these are explained by the LNIB's Director of Finance and the auditor;

An understanding of the LNIB's objectives and operations that may impact the selection or application of accounting policies;

A knowledge and understanding of the strategies that have been adopted by the LNIB and the risks inherent in any new strategies; and

An ability to understand the LNIB's risk environment.

To apply, please submit resume and cover letter explaining your interest and suitability for this position.

For more information, please contact Lloyd Loveday, Human Resources Manager at 250-378-5157.

Apply To:

С

Human Resources Manager Lower Nicola Indian Band 181 Nawishaskin Lane Merritt, BC V1K 0A7 E-mail: Lloyd.Loveday@Inib.net Fax: 250-378-6188 Note: You do not have to be a Band member to serve on this committee

181 Nawishaskin Lane, Merritt, BC V1K 0A7 Phone: 250-378-5157 | Fax: 250-378-6188 | Toll Free: 1-888-447-1744 Email: reception@lnib.net

FAMILY ACTIVITIES CALENDAR



October 2018

Family Activities

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
	1	2 Program 3:30-5:30	3 Community Walk 11-12	4 Prep for Luncheon	5 Thanksgiving/Harvest Luncheon 12-1:30	6
7	8 Happy Thanksgiving	9 Program 3:30-5:30	10 Community Walk 11-12 Teen Night 7-10	11 Parent's & Babes 12-2	12 Support Group 9:30 Cents Game 7pm	13
14 Cents Game 2pm	15 Yoga 12-1 Workout 6-7	16 Program 3:30-5:30	17 GFB Cents Game 7pm	18 Office Day COHI	19 Pumpkin Patch 9-3	20
21	22 Yoga 12-1 Workout 6-7	23 Program 3:30-5:30	24 Community Walk 11-12	25 Parent's & Babes 12-2 COHI	26 Support Group 9:30 Cents Game7pm	27 Cents Game 7pm
28	29 Yoga 12-1 Workout 6-7	30 Halloween Party!!!	31 Office Day			

*For More information please contact Christie or Marilynne @ (250)378-4089. Please note that events, activities or locations may change due to unplanned events or circumstances.

*Family Activity Programs located @ Rocky Pines Community Centre.

*Parents & Babes is geared towards prenatal to Preschool ages. Each family who attends the entire program each week will be given a \$10 gift card & a block of cheese. Located @ Rocky Pines Community Centre.

*Support Group takes place @ the Community Services Building.

*Anyone who can come in on Friday to the Community Services Building to share your "skill" with us we will give a \$25 gift card. Please call ahead so we can arrange a date. Beading, knitting, cooking etc.....

*COHI- Children's Oral Health Initiative.

* Work-Out will take place @ the LNIB Bandschool. Yoga will take place @ the Rocky Pines Community Centre.

* For tickets to the Cents game contact Clif or Chelsea also available @ the Community Centre.

CANADA HONOURS INDIGENOUS BASKET MAKING

THE CANADIAN PRESS

Canada honours B.C. Indigenous basket making

Dirk Meissner 3 days ago



© Provided by thecanadian press.com Brenda Crabtree, Director of Aboriginal Programs at Emily Carr University of Art and Design, poses for a photograph at the school in Vancouver, on Friday September 14, 2018. Crabtree, who is a basket making artist, says her late grandmother Matilda Borden liked to pour a cup of tea to display her basket making expertise, proving her cups made from material gathered in British Columbia's forests were watertight. THE CANADIAN PRESS/Darryl Dyck

VICTORIA - Matilda Borden liked to pour a cup of tea to display her basket making expertise, proving her cups made from material gathered in British Columbia's forests were watertight, says her granddaughter Brenda Crabtree.

Not one drop would leak, recalls Crabtree, who is also a basket-making artist and Aboriginal programs director at Emily Carr University of Art and Design in Vancouver.

"She was showing off and it's really, truly the mark of a master weaver," she said of her grandmother who died in 1975.

Among First Nations, basket weavers have always been held in high regard, said John Haugen of the Nlaka'pamux Nation from B.C.'s Fraser Canyon.

"If you were a good basket maker and somebody else wanted your baskets they would have food to trade with you or other items."

Now the baskets are gaining more notice than just being functional works of art.

Canada recognized Nlaka'pamux basket making for its national historic significance this month with a ceremony at Lytton, about 265 kilometres northeast of Vancouver.

"Historic designations reflect Canada's rich and varied history and I encourage all Canadians to learn more about Nlaka'pamux basket making and its important contributions to Canada's heritage," said Jati Sidhu, Mission-Matsqui-Fraser Canyon MP, on behalf of Catherine McKenna, the minister responsible for Parks Canada.

Andrea Laforet, retired director of ethnology and cultural studies at the Canadian Museum of Civilization, said the making, use and trading of coiled basketry has been part of the history of the Indigenous Peoples of the southern Interior of B.C. and parts of Washington state for centuries, if not thousands of years.

"Like many of the utilitarian objects made in Indigenous societies in B.C., they are also works of art," said Laforet, who attended the ceremony in Lytton.

The baskets served as vital trade commodities for Indigenous Peoples in the Fraser Canyon area before and following contact with non-Indigenous people. Haugen said

1/4

Canada honours B.C. Indigenous basket making

"We knew we were prolific basket makers and our baskets were traded outside of our nation prior to contact," said Haugen, who said war canoes from Vancouver Island made the voyage up the Fraser River to Spuzzum on trade missions.

The baskets made by Nlaka'pamux women provided economic support for families and communities from about 1850 to 1930 when they were traded in nearby non-Indigenous communities, he said.

Today, the baskets are on display in museums around the world and are coveted pieces at auctions, said Haugen, whose aunts were well-known basket makers, and his mother was an avid collector who often helped local people sell their work to collectors.

Borden was also part of the Nlaka'pamux Nation, and Crabtree said some of her earliest memories are of helping her grandmother harvest, process and weave cedar roots and bark into baskets.

"I love the fact that this form of basketry has been recognized as really, truly, technically amazing," she said.

She said the baskets served as items for cooking, storing and transporting food as well as being expressions of art by local women.

"We never really developed a pottery complex in the northwest coast because we didn't need it," she said. "People think how can you cook with just a cedar root basket? Well, you fill them with water and put hot rocks from fires into the basket. It would steam the food."

Crabtree said her most recent works of basketry include cultural commentary woven into the object. She said one of her baskets includes the residential school policy statement: "Kill the Indian in the child."

"I'm really using our baskets now as a vehicle for a discussion related to aboriginal identity and contemporary issues," she said. "They can hold water, cook, and have an added message."

Retired ethnobotanist Nancy Turner, who wrote extensively about Interior basket making, said the baskets embodied the lifestyle of the Interior peoples.

"They say if you are making a basket you should never be in a bad mood," she said. "You should never get angry. You should be of good mind because the basket you are making will pick up on your own sense of well being."

Turner said students soon learned her courses in basket making were not as easy as imagined.

"People will sometimes talk about 'Basket Making 101' if you're taking a simple course at university, but when I taught ethnobotany at University of Victoria, I had the students do a making-things project," she said. "The students soon learned it's not at all simple."



Thanksgiving in....Malaysia

Malaysia is situated in the central Southeast Asia. The Kadazan is the harvest festival of Malaysia which is celebrated in the month of May by Sabah every year to thank their favorite Rice God. image:

KadazanThe local people have given the name of "Tadau ka'amatan" to this festival. The local people wear their traditional costumes to mark the festival. Tapai is the homemade rice wine which is distributed generously among localities. Carnivals are an important part during the festival.

People here have a belief that there is no life without Rice. People worship Bambaazon who is the overall creator and thus revere his spirit in the rice plant and cooked rice. The harvest time is a time for lots of activities, cultural programs and agricultural shows, buffalo races and traditional games.

CULTURE REVIVAL PROGRAM

- October 2 Steering committee Meeting- Basket gathering 10 am Culture Centre.
- October 3 Gather Pine needles
- October 4 Pine needle basket making day, start at 10 am Culture Centre

NkshAytkin – Meeting to be announced

- October 5 Pine needle Basket making start at 10 am Culture Centre
- October 6 Ntlakpamux days, Lytton BC
- October 7 Ntlakpamux Days Lytton BC
- October 8 Happy Thanksgiving Day
- October 9 UBC Medicine Garden Trip leave Culture Centre at 8 am return by 6 pm
- October 10 AM Office Day, Leona Dumont- refresher lesson on Tule mat tying . PM Johnny Jackson and Len Antoine Song Culture Centre 6 pm
- October 11 Prep for hunting camp Buck Lake
- October 12 Youth Hunting Camp set up all Day Buck Lake
- October 13 Youth Hunting Camp all day Buck Lake
- October 14 Youth Hunting Camp all day Buck Lake
- October 15 Culture Centre closed in lieu of Sat Oct 13
- October 16 Awl Making with Charles Brown 10 am Culture Centre
- October 17 Tule harvest at six mile leave at 10 am
- October 18 Tule mast making at Culture Centre start at 10 M
- October 19 Round Lake, Vernon BC
- October 22 Culture Centre closed in lieu of Sept 14
- October 23 Spatsin gathering Highway 8 going towards Merritt, start at 10 am
- October 24 Cradle Board making at Culture Centre start at 10 am
- October 25 Cradle board making at Culture Centre start at 10 am
- October 26 Harvest Rose hips leave centre by 10 am
- October 29 Cedar Root baskets at Culture Centre start at 10 am Stretching hides
- October 30 Cedar Root baskets at Culture Centre start at 10 am Stretching hides
- October 31 Happy Halloween

The Culture Revival team is planning a Youth Hunting Camp - October 12-14 2018. Bring your own camping gear. No drugs, no alcohol

We need people who have their PAL and can act as mentors.

Please contact Sharon Antoine for further details and to sign up.

RECREATION CALENDAR

000	October Recrea		ecr	eati	0	
						2018
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Yoga 12pm RPCC ASP 3-4:30 swim	2 ASP 3-4:30 hiking RPCC Family and Youth	3 ASP 3-4:30 hiking RPCC	4 Quilchena Elders tour 9am-2pm	5 Thanksgiving Lunch 12pm	6 Nlaka'pamux Days stein valley school Lytton BC. Pra Benittar with corrina
				Volleyball 7pm LNIBS	5:45-7:00pm	cmanuel@cna-trust.ca
7 Nlaka'oamux Davs stein	Office closed	9 ASP 3-4:30 hiking info	10 ASP 3-4:30 hiking flag	11 NO ASP	12	13 Hunting Camp register
valley school Lytton BC.	Happy Thanksgiving	center Family and Youth	pole	Honor your Health	Honor your Health	with culture.
		activity 3:30-5:30 RPCC	RPT ppm-10pm		Cents Game 7pm	Archery, Kayaking
14	15	16	17	18		20
with culture. Buck Lake	ASP 3-4:30 swim	ASP 3-4:30 central	ASP 3-4:30 MKING INTO	ASP 3-4:30 swim Dance Civic Center	Pro D Day. <mark>Pumpkin Patch</mark>	
Cents Game 2pm	Fitness 6pm LNIBS	Family and Youth activity 3:30-5:30 RPCC	Cents Game 7pm	5:30pm <mark>Volleyball 7pm LNIBS</mark>	9am -3pm Lnib Free public skate 5-4.5 -7-000m	
21	22	23	24	25	26	27
	Yoga 12pm RPCC ASP 3-4:30 swim	ASP 3-4:30 pumpkin carving	ASP 3-4:30 pumpkin carving	ASP 3-4:30 swim	Teen Night! Cents Game ⁊pm pick ups	Cents Game 7pm
	Fitness 6pm LNIBS	Family and Youth activity 3:30-5:30 RPCC		Volleyball 7pm LNIBS	No public skate	
28	29 Yoga 12pm RPCC ASP 3-7-30 swim	30 <mark>Halloween Party RPCC</mark> Haunted House RPT	31	November 1 ASP 3-4: 30 swim	November 2	
	Fitness 6pm LNIBS	NO ASP	¢	Volleyball 7pm LNIBS	Lnib Free public skate 5:45 -7:00pm	
ASP = After School Program		questions please contact	Recreation Coordinators, Ch	questions please contact Recreation Coordinators, Chelsea Spahan @ 315-3379 or Cliff Garcia @315-3439	- Cliff Garcia @315-3439	
RPCC = Rocky Pines Community Center	Jnity Center	Cents Games tickets avai	lable at community services	Cents Games tickets available at community services front desk for all LNIB members to enjoy!	pers to enjoy!	
RPT = Rocky Pines Trailer (vouth center)	(outh center)	Eamily and Youth activiti	es contact Christy 250-215-2	661		

SHULUS COMMUNITY GARDEN

Shulus Garden & Agriculture Club

Suggested Topics:

- Share Agricultural Knowledge about: growing food, medicines, flowers, hay, & farm animals.
- Plant a garden at home and/or at your community garden site
- Hands on agricultural projects, workshops, guest speakers, field trips, etc.
- Regular meetings to plan events and projects: growing, wild crafting, hunting, fishing & preserving food, building and planting food.
- Fundraising activities grants, farm sales, raffles, etc.
- Preserving food drying, canning, smoking, classes, etc.
- Build planters, hot house, gazebo, etc.

Location: Shulus Community Garden, 2124 Nawishaskin Lane

Meeting Date: Wednesday, October 03, 2018, until further notice

Sign-Up Hours: Drop-in from 10:30 to 5:30

Contact Information: 250-936-8365, 250-378-5157, Fax 250-378-6188, lorna.shuter@lnib.net

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Garden Club Application:

Name:	
Address:	
Phone:	
Email:	
• • • • •	-

Q 1. When are you available for Garden Club meetings?

Q 2. What sort of things would you like to see a garden club do?

BAND SCHOOL



Hentle! Greetings everyone!

We currently have 102 students enrolled at the Lower Nicola Band School from Grade K-7.

The Head Start Program has 18 children in the 3 year old program and 18 children in the 4 year old program. The Head Start Program has a bus run to pick up students daily.

We have a daily hot lunch Program for FREE, Snack Program 3x/week in the classroom for FREE and a FREE daily Breakfast Program for the children when they arrive to the School.

We have new playground equipment and more coming! We have a 50 yard dash with a timer on it.

We have two bus runs going into Merritt and one bus run going into Rocky Pines for the elementary students.

We also have a Learning Assistance Teacher and four Special Education Assistants who go into the classroom daily and work with students one-on-one and in small groups.

Please call the Lower Nicola Band School for further information at 378-5527! Thank you.

Angie Sterling, Principal





Participating in the Salmon Caravan - Photo Angie Sterling





Mon	Tue	Wed	Thu	Fri
1 Lasagna soup &	2 Chicken fried rice	3 Vegetable beef soup	4 Meatball &	5 Mini pizza ADAMS RIVER
				WORLD TEACHER DAY
8 THANKSCIVING DAV	6	10	11 Trio hoagie bun	12
NO SCHOOL	Beefy tomato soup	Slow cooker Pizza soup	<u>Grade 6-7 Gold panning</u> <u>Grades k-5 Pumpkin patch</u>	Taco soup
15	16	17	18	19
Olive garden Chicken gnocchi soup	Beef stirfry	Spanish rice	Baked spaghetti meatballs	NO SCHOOL PRO – D DAY
22 Roasted butternut Squash soup	23 Mini chicken pies	24 Beef stroganoff soup	25 Baked potato + soup	26 Pigs in a blanket + tater tots <u>PJ DAY</u>
29 Cabbage roll soup	30 Crispy chicken wrap	31 Roasted pumpkin Apple soup <u>WEAR YOUR COSTUME</u>		

SD#58 ANNUAL CALENDAR



SCHOOL DISTRICT NO. 58 (NICOLA-SIMILKAMEEN)

School Calendar for the 2018 / 2019 School Year Days in Session 193 - Days of Instruction 185

August 27 - August 28, 2018	MonTue.	Summer Institute. (Summer Professional Development Days.)
August 29, 2018	Wednesday	School Based Sessions (Summer Professional Development Day.)
September 4, 2018	Tuesday	SCHOOL OPENING. School hours 10:00 a.m. to 12 noon. (Bus schedule to be adjusted for the first day of school.)
October 8, 2018	Monday	Thanksgiving Day.
October 19, 2018	Friday	Non-Instructional Day. (Professional Development Day.)
November 12, 2018	Monday	Remembrance Day Statutory Holiday.
November 16, 2018	Friday	MSS & PSS First Term Report Cards go home.
November 23, 2018	Friday	Merritt and Princeton Elementary Report Cards go home.
November 27 - 28, 2018	Tues - Wed.	All Schools – Shortened day for Parent/Teacher interviews. (Schools closed 1 hour early each day.)
December 21, 2018	Friday	Last day of school before Winter Break.
Dec. 24, 2018 - Jan. 4, 2019		Winter Break.
January 7, 2019	Monday	Schools reopen after the break.
February 1, 2019	Friday	MSS & PSS Report Cards go home.
February 18, 2019	Monday	Family Day.
February 22, 2019	Friday	Non-Instructional Day (Ministry Professional Development Day.)
March 1, 2019	Friday	Merritt and Princeton Elementary Report Cards go home.
March 5 - 6, 2019	Tues Wed.	All Schools – Shortened day for Parent/Teacher interviews. (Schools closed 1 hour early each day.)
March 15, 2019	Friday	Last day of school before Spring Break.
March 18 - 22, 2019	Mon Fri.	SPRING BREAK.
March 25 - 29, 2019	Mon Fri.	Non-Instructional Days. *Note
April 1, 2019	Monday	Schools reopen after the break.
April 18, 2019	Thursday	MSS & PSS Third Term Report Cards go home.
April 19, 2019	Friday	Good Friday.
April 22, 2019	Monday	Easter Monday.
May 20, 2019	Monday	Victoria Day.
June 27, 2019	Thursday	Last day of classes.
June 28, 2019	Friday	ADMINISTRATION DAY - SCHOOLS CLOSED.

Revised - April 3, 2018

* Note: In-lieu of Professional Development – 2 days in lieu of Summer Institute, 1 day in lieu of Summer Institute (School Based day), 1 Day in lieu of District Professional Development and 1 day in lieu of Ministry of Education day.

Success for ALL Learners ~ Today and Tomorrow

EDUCATION OPPORTUNITIES



CONTINUING STUDIES

The Continuing Studies department offers a variety of health and safety, personal development and cultural interest courses.

Continuing Studies courses delivered on campus are offered on a cost recovery basis so early registration is essential, as insufficient enrollment will result in course cancellation. A list of current Continuing Studies course offerings is found below.

First Aid Training

Occupational First Aid Level 1

Date: Friday, September 28, 2018 Tuesday, October 23, 2018 Wednesday, November 21, 2018 Time: 8:30-4:30 PM Cost: \$100 Minimum Age: 16 years Requirements: Must bring Gov't issued ID

Occupational First Aid Level 1 provides an introductory knowledge on how to identify injuries and administer first aid to injuries. The OFA Level 1 course is suitable for people in these industries: small construction jobs (roofing, painting, drywall, framing, etc.), office workers, small manufacturing and assembling shops and restaurant workers.

No prior first aid knowledge required to attend this course. All students must be at least 16 years old and physically able to perform first aid.

Course Content:

- How to assess the patient injury
- Wound assessment and treatment
- Completion of the First Aid Record
- Decisions on referral to medical aid
- Providing follow-up patient care

2018 Fall

- Back Strain
- Wrist Strain
- Burns
- Eye Injuries
- Airway obstruction management
- AEDs and CPR
- Respiratory/Cardiac arrest management
- Shock
- Bleeding emergency management
- Identification and management of medical conditions

Red Cross Emergency First Aid

Date: **Friday, November 2, 2018** Time: 8:30-4:30 PM Cost: \$100 Minimum Age: 14 years Requirements: Must bring Gov't issued ID

Basic one-day course offering lifesaving first aid and cardiopulmonary resuscitation (CPR) skills for the workplace or home. Course meets legislation requirements for provincial worker safety and insurance boards and includes the latest first aid and CPR guidelines.

Course content:

- The Red Cross
- Preparing to respond
- The EMS system
- Check, Call, Care
- Airway emergencies
- Breathing and circulation emergencies
- First aid for respiratory and cardiac
 - arrest
- Wound care





CONTINUING STUDIES

Occupational First Aid Level 3

Date: January 28 – February 8, 2019 (Mon– Fri) Time: 8:30 AM – 4:30 PM Cost: \$825 Minimum Age: 16 years Requirements: Must bring Gov't issued ID

Occupational First Aid Level 3 is a 2 week/70 hour program designed to further first aid training and knowledge. The OFA Level 3 course is suitable for people in these industries: lumber mill, pulp and paper mill, medic for oil and gas in BC (Alberta may require extra training), large logging companies, large road construction and flagging. No prior first aid knowledge required to attend this course. All students must be at least 16 years old and physically able to perform first aid.

Course Content:

- The role and duties of an Occupational First Aid Attendant
- Head-to-toe examination
- Operate oxygen therapy equipment and insert oral airways
- Medical emergencies
- Skin and soft tissue anatomy and function
- Management of soft tissue injuries
- Principles of burn management
- Ligament and tendon injuries
- Manage soft tissue injuries
- Manage oxygen therapy equipment
- Patient positioning
- Critical incident stress
- Manage oral airways
- Patient packaging for rapid transport
- Management of circulatory
 emergencies
- Manage circulatory critical interventions
- Head and brain injuries
- Neck and spinal injuries

- Immobilization
- General principles of management for fractures and dislocations

2018 Fall

Employment Skills

Foodsafe Level 1

Date: Friday, October 19, 2018 Time: 8:30 AM – 4:30 PM Cost: \$95

A food handling, sanitation and work safety course designed for food service establishment operators and front line food service workers such as cooks, servers, bussers, dishwashers, and deli workers. The course covers important food safety and worker safety information including food-borne illness, receiving and storing food, preparing food, serving food, cleaning and sanitizing.

Industry/ Safety Training

WHMIS 2015

Date: **Monday, October 15, 2018** Time: 8:30 AM - 12:30 PM Cost: \$75 Requirements: Must bring Gov't issued ID

This course meets all of Health Canada's training requirements under the Hazardous Products Regulations (HPR), for all persons involved in handling workplace chemicals. The course contains both WHMIS 1988 and GHS WHMIS 2015, which employers are required to teach in the workplace until *December 2018*.

Course Content:

- WHMIS 1988 and GHS WHMIS 2015
- WHMIS 1988 and how it works with GHS WHMIS 2015

www.nvit.ca/home/continuingstudies.htm



CONTINUING STUDIES

- WHMIS 1988 and GHS WHMIS 2015 Hazards Groups
- WHMIS 1988 and GHS WHMIS 2015 SDS and MSDSs
- WHMIS 1988 and GHS WHMIS 2015 Symbols & labels
- Personal protection (PPE)
- What to do if something goes wrong?
- Emergency actions
- Special situations

Pipeline Construction Safety Training

Date: Monday, October 15, 2018

Time: 1:00 – 5:00 PM Cost: \$150 + GST Requirements: Headphones/ear buds, email address & Gov't issued ID

This on-line course has been designed and developed by the construction industry to address health and safety issues specific to pipeline construction in the oil and gas industry. Learn how to recognize, assess and control hazards on the work site.

Learn how to:

- Recognize, assess and control hazards
- Operate a vehicle and equipment safely
- Respond to emergencies

Ground Disturbance Level II[®] (Global)

Date: **Tuesday, October 16, 2018** Time: 8:30-4:30 PM Cost: \$225 + GST Requirements: Must bring Gov't issued ID

This classroom program assessed to Alberta Common Ground Alliance Standard 201 Ground Disturbance – Supervisory and is endorsed by the ABCGA.

2018 Fall

This Ground Disturbance Level II[®] is endorsed by the ABCGA and is designed for any party that is supervising a ground disturbance, independently performing a ground disturbance, or issuing and receiving ground disturbance permits. The program ensures that personnel are familiar with, and fully understand, all the regulations and variances involved when a ground disturbance takes place. The course is presented in a logical sequence – from the pre-planning stage to the actual dig. GD Level II[®] is the standardized program recognized by industry regulators.

Course Content:

- What is Ground Disturbance?
- What is an Underground Facility?
- Code of Practice for Ground Disturbances
- Undertaking a Ground Disturbance
- Sources for Finding Underground Facilities
- Notification to Facility Owner
- Approvals/Crossing Agreements
- Regulations
- Line Locating
- Exposure
- Backfill Inspections
- Permits and Pre-job Meetings
- Emergency Response Plans

A temporary certificate is issued by the instructor on the day of the course upon successful completion of a written examination. A permanent certificate will be mailed within 90 days.

Transportation of Dangerous Goods

Date: **Wednesday, October 17, 2018** Time: 12:30-4:30 PM Cost: \$75 + GST Requirements: Must bring Gov't issued ID

www.nvit.ca/home/continuingstudies.htm



CONTINUING STUDIES

Federal regulations require all employees who handle, offer for transport, or transport dangerous goods to be adequately trained and certified. This course is ideal for shippers, receivers and drivers.

Course Content:

- Legislation
- Chemical Hazards and Classes of Dangerous Goods
- Packaging and Labelling
- Shipping Documents
- Segregation and Vehicle Loading
- Accidents and Emergency Response Assistance Plans

Confined Space Entry & Monitor

Date: **Thursday, October 18, 2018** Time: 8:30-4:30 PM Cost: \$200 + GST Requirements: Must bring Gov't issued ID

OSSA Confined Space Entry/Monitor is a one-day course is for workers entering and working in or around confined and restricted spaces who must be trained in order to perform their duties in a safe and healthy manner. It includes an instructor led PowerPoint presentation, class exercises, videos, and a written knowledge test.

Course Content:

- The OSSA Regional Code of Practice requirements
- What a Confined Space and Restricted Space is
- The training and competency requirements
- Recognition, evaluation and control of hazards and completing a hazard assessment
- Classification of Confined Space levels

2018 Fall

- Legislation requirements (Safety and Protection)
- Hazardous substances and energy (Isolation)
- Testing the atmosphere
- Ventilation and purging
- Neutralization and inerting
- Entry permit system
- Confined Space Monitor responsibilities and duties
- Emergency response
- Personal Protective Equipment
- Definitions

H2S Alive (Enform)

Date: **Friday, October 26, 2018** Time: 8:30-4:30 PM Cost: \$250 + GST Requirements: Must bring Gov't issued ID

ENFORM Hydrogen Sulphide Training - H2S Alive covers the physical properties and health hazards of H2S, how to protect oneself and basic rescue techniques. Each student is required to operate a selfcontained breathing apparatus, a detector tube device, and perform rescue breathing. It is recommended that comfortable clothes are worn.

Course Content:

- H2S properties and Initial Response Strategy
- Respiratory protective equipment
- Gas detection and monitoring
- Rescue techniques and rescue
- breathing
- Sample case studies
- Written test

A temporary certificate is issued by the instructor on the day of the program upon successful completion of a written

www.nvit.ca/home/continuingstudies.htm



CONTINUING STUDIES

2018 Fall

23 24 25 26 27 28 29

30 31

examination and demonstration of the required skills.

A permanent industry standard certificate, valid for 3 years, will be mailed to the student at the address provided on the student contract before the temporary ticket expires. (Please note that in the winter months this process will usually take the full three months.)

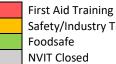
REGISTRATION:

To register for any of the courses above, please complete the Continuing Studies registration form and return with payment to NVIT. Forms can be returned by email to info@nvit.bc.ca, fax to 250-378-3332 or in person.

Registrations are processed on a first come first serve basis and seats cannot be reserved without payment or sponsorship form on file. Payment can be made in person or over the phone with credit card. For more information, please contact NVIT at 250-378-3300.

2018 Fall Continuing Studies Course Dates

-			_					_	_				_
Se	pte	em	ıbe	r 2	20	18	C)ct	ob	er	20	18	3
Su	Мо	Tu	We	Th	Fr	Sa	Su	Мо	Tu	We	Th	Fr	S
						1		1	2	3	4	5	
2	3	4	5	6	7	8	7	8	9	10	11	12	1
9	10	11	12	13	14	15	14	15	16	17	18	19	2
16	17	18	19	20	21	22	21	22	23	24	25	26	2
23	24	25	26	27	28	29	28	29	30	31			
30													
N	ove	em	be	r 2	201	L8	D	ece	em	be	r 2	01	LE
Su	Мо	Tu	We	Th	Fr	Sa	Su	Мо	Tu	We	Th	Fr	S
				1	2	3							
4	5	6	7	8	9	10	2	3	4	5	6	7	
11	12	13	14	15	16	17	9	10	11	12	13	14	1
18	19	20	21	22	23	24	16	17	18	19	20	21	2



25 26 27 28 29 30

Safety/Industry Training



AIR BRAKES COURSE

THOMPSON RIVERS 🛃 UNIVERSITY

School of Trades & Technology

ICBC Certified AIR BRAKE COURSE

Description

This mandatory ICBC Certified Airbrakes course has been designed to prepare students for the ICBC written examination to obtain an air brake endorsement to operate air brake equipped highway vehicles. Emphasis is placed on safe

operating procedures and ongoing inspections for air brake systems. *Pre-trip inspection is included.*

Prerequisites

You must have a valid BC driver's license.

Fee

LNIB is covering the cost of this course for Band members or Band employees.

Dates and Times

Friday November 23rd to Sunday November 25th at the Shulus Hall located at # 85 Hwy 8 across from Johnnys on the Rez.

For More Information

To register, please contact the Don Gossoo with Shulus Forest Enterprises Inc. at 250-315-9277 or <u>don.gossoo@lnibdc.com</u>

Note

Registration for this course is limited to 16 students.





FEEL THE BEAT - OCTOBER

October 2018 ~ Cultural Events

For More Information Please call Charlene Joe, Cultural Program Coordinator

(250) 378-2771 or email feelthebeat@scwexmx.com

Cultural Events – 2975 Clapperton Ave Everyone Welcome ~ 4:00 – 8:00 PM. – Potluck Dinner 5 PM

Feel n Beat

Guidelines & Values

- Drug & Alcohol Free
- Be Respectful to Self and Others
- No Lateral Violence
- Family Events
- Please use sign-up sheets for events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday		Saturday
	1	2 No Feel the Beat – Staff Training	3	4 Thanksgiving Feast Drumming		5	(
		-		4:00-8:00 PM			
7	8 Thanksgiving Day – Office Closed	9 Bannock Making with Gloria Moses 4:00 – 8:00 PM	10	11 Beading Poppies with Willard Wallace 4:00-8:00 PM		12	1
14	15	16 No Feel the Beat – Staff Training	17	18 Family Night Halloween Crafts 4:00-8:00 PM	Family Event Pumpkin Patch Meet at 9:15 AM	19	2
21	22	23 No Feel the Beat – Care Givers Appreciation Dinner	24	25 Family Night Pumpkin Carving 4:00-8:00 PM		26	2
28	29	30 Halloween Party Come Dressed up 4:00-8:00 PM	31 Happy Halloween				

Feel the Beat is a Cultural Revitalization program, our main focus is the restoration of the protocols and values rooted in the Culture of the Nlaka'pamux, Syilx, and Metis peoples in the way of seasonal teachings. Feel the Beat is always an open invitation to all heritage and all peoples to participate in a safe environment to learn and grow in Culture. We aim to provide leadership and opportunity to connect to our Cultural Identity.

Unaudited Statement of Revenue & Expenditure - Summary For the 5 Period(s) Ending August 31, 2018

Lower Nicola Indian Band

FINANCIAL STATEMENTS

Social Development 300 SOCIAL DEVELOPMENT ADMINISTRATION		240 PERSONAL CREDIT IRS	230 EMPLOYMENT READINESS	227 CAREER DEVELOPMENT AND TRAINING	226 POST-SECONDARY EDUCATION SUPPORT	225 K - 12 SCHOOL SUPPORT	224 OFF RESERVE K-12	222 LEA AGREEMENT	220 HEAD START	219 *FPHLCC - BC LANG INITIATIVE	215 ACBDPP	214 *FNESC JURISDICTION	210 FNESC-SPECIAL EDUCATION	205 *BAND SCHOOL O&M	204 *BAND SCHOOL BUS CLOSED09 reopen2013	200 BAND SCHOOL	Education Programs		801 LAND MGMT & CAPITAL DEV'T RESRV	800 TAXATION	Taxation		170 CULTURE DEVELOPMENT	165 SMART CITY	160 COMMUNICATIONS	150 CCP - COMPREHENSIVE COMM. PLAN	130 GOVERNANCE P & ID	125 LANGUAGE NEST	115 EMPLOYEE BENEFITS	110 BAND SUPPORT - ADMINISTRATION	106 LEGAL FUND - GOVERNANCE	105 EXTERNAL REVENUE SOURCES	101 ELECTIONS BYELECTIONS REFERENDA	100 CHIEF & COUNCIL	Administration Programs	
44,678	2,113,550	0	29,667	0	295,819	36,698	0	741,360	53,101	0	0	0	66,716	0	0	890,189		1,460,660	0	1,460,660		362,304	0	0	0	0	0	44,801	53,682	224,897	0	0	0	38,925		Revenue
86,895	421,353	0	12,678	0	33,271	7,361	0	0	28,184	0	0	0	42,144	0	0	297,715		0	0	0		390,009	59,549	0	27,492	0	0	44,138	81,151	177,677	0	0	0	0		Wages & Benefits
0	980,090	0	16,331	31,878	75,827	25,981	2,348	403,034	13,556	0	1,041	0	51,239	0	0	358,855		0	0	0		678,839	10,241	8,794	11,858	126,000	0	6,017	0	295,539	43,661	46,116	0	130,612		Expenditures
(42,217)	712,107	0	658	(31,878)	186,721	3,355	(2,348)	338,326	11,361	0	(1,041)	0	(26,667)	0	0	233,619		1,460,660	0	1,460,660		(706,543)	(69,790)	(8,794)	(39,351)	(126,000)	0	(5,354)	(27,469)	(248,320)	(43,661)	(46,116)	0	(91,688)		Revenue Over Wages & Benefits and Expenditures
0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		0	0	0		0	0	0	0	0	0	0	0	0	0	0	0	0		Interfund T ransfers
(42,217)	712,107	0	658	(31,878)	186,721	3,355	(2,348)	338,326	11,361	0	(1,041)	0	(26,667)	0	0	233,619		1,460,660	0	1,460,660		(706,543)	(69,790)	(8,794)	(39,351)	(126,000)	0	(5,354)	(27,469)	(248,320)	(43,661)	(46,116)	0	(91,688)		Surplus (Deficit) After Transfers
23,212	298,090	12,158	(1,886)	65,376	53,020	233,042	(144)	(103,270)	14,946	432	(5,186)	(112)	213,849	(340,534)	(87,389)	243,788		912,927	889,261	23,667		(35,491)	(5,364)	(13,610)	11,942	0	(1,080)	5,664	0	506,006	156,498	(67,537)	1,645	(629,655)		Opening Surplus (Deficit)
(19,005)	1,010,197	12,158	(1,228)	33,498	239,741	236,398	(2,492)				(6,227)		187,071			49,483		2,373,587	889,261	1,484,326		(742,034)	(75,154)	(22,404)	(27,408)					257,686	112,837	(113,653)	1,645	(721,343)		Ending Surplus (Deficit)

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						(Deficit)
0	426,610	(3,461)	0	(3,461)	(186,161)	(189,622)
0	7,141	13,274	0	13,274	14,880	28,154
41,349	6,619	(17,597)	0	(17,597)	(57,609)	(75,207)
0	13,369	(2,044)	0	(2,044)	(18,017)	(20,061)
0	1,405	5,667	0	5,667	(1,400)	4,266
0	33,168	(33,168)	0	(33,168)	(13,229)	(46,397)
128,244	488,313	(79,547)	0	(79,547)	(238,325)	(317,871)
22,647	40,170	56,603	0	56,603	(40,321)	16,281
0	28,508	(28,508)	0	(28,508)	(11,156)	(39,664)
8,257	68,895	(60,442)	0	(60,442)	(269)	(60,711)
38,783	10,611	(7,135)	0	(7,135)	(33,360)	(40,495)
0	17,797	1,918	0	1,918	(3,949)	(2,031)
58,736	6,881	(3,765)	0	(3,765)	(1,536)	(5,302)
40,645	29,206	44,936	0	44,936	(1,108)	43,828
70,241	20,269	(14,190)	0	(14,190)	(1,708)	(15,898)
0	0	(2,250)	0	(2,250)	(321)	(2,571)
239,310	222,337	(12,834)	C	(12,834)	(93,727)	(106,561)
86,020	109,666	(40,396)	0	(40,396)	270,196	229,801
0	0	0	0	0	(1,314)	(1,314)
0	0	0	0	0	(575)	(575)
0	0	9,806	0	9,806	1,684	11,490
0	0	0	0	0	(17,093)	(17,093)
0	(2,750)	2,750	0	2,750	16,274	19,024
0	0	0	0	0	(1,000)	(1,000)
83,975	198,642	(40,316)	0	(40,316)	319,437	279,120
169,995	305,558	(68,156)	0	(68,156)	587,610	519,455
154,962	294,654	(324,282)	0	(324,282)	218,143	(106,138)
146	0	(146)	0	(146)	(218,925)	(219,072)
0	4,947	(4,947)	0	(4,947)	(18,050)	(22,997)
30,632	38,704	(16,578)	0	(16,578)	6,158	(10,420)
38,810	33,012	(68,691)	0	(68,691)	(23,974)	(92,665)
21,216	26,675	38,008	0	38,008	222,829	260,837
0	175	(175)	0	(175)	844,482	844,307
0	2,206	(2,206)	0	(2,206)	0	(2,206)
	0 41,349 0 128,244 22,647 22,647 22,647 38,783 6 40,645 70,241 0 58,736 40,645 70,241 0 239,310 86,020 0 88,020 0 88,020 0 154,962 154,962 154,962 154,962 30,632 30,632 21,216 0 0 0 30,632 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	4 4 A	426,610 7,141 6,619 13,369 1,405 33,168 40,170 28,508 68,895 10,611 17,797 6,881 20,269 0 2222,337 109,666 0 (2,750) (2,750) (2,750) (2,755) 305,558 305,558 (198,642 294,654 (2,755) 33,704 33,704 (2,206	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$

Capital Projects 901 CAPITAL PURCHASE FUND 904 MAMEET DAM RECONSTRUCTION			 722 WORK CAMP 723 KINGSVALE TRANSMISSION 724 BCHYDRO WEST KELOWNA TRANSMISSION 732 GREEN ENERGY BIOMASS 2012 741 AJAX MINE 2012 			630 ROCKY PINES COMM. CENTRE BUILD 635 ROCKY PINES OPERATIONS 640 LEASE DEVELOPMENT 681 ENVIRONMENTAL PLAN 686 PIPSUEL CROWN LAND	
0 (974,055)	(224,621) 9,536 (43,692) 4,220,116	0 44,026 100,000 4,334,867 0	0 56,700 0 185.353	5,300 0 0 0	367,123 123,353 0 0 0	Revenue 0 0 100,000 0 0]
0 0	0 8,801 0 150,172	0 63,104 21,340 56,927 0	0 0 173.294		249,268 172,924 370 0	Wages & Benefits 0 3,500 0 0 0 0]
247,729 103,866	0 195,224 81,523 478,936	0 23,521 8,521 97,886 97,886 72,263	0 181,273 19,603 0 277,541	44,587 1,956 0 0 0	631,789 28,647 0 1,477 0	Expenditures 213,661 8,231 0 8,167 1,358	
(247,729) (1,077,921)	(224,621) (194,488) (125,214) 3,591,008	0 (42,599) (29,861) (54,813) 4,334,867 (72,263)	0 (181,273) 37,098 0 (265,482)	(39,287) 0 (1,956) 0 0 0	(513,933) (78,218) 0 (1,847) 0	and Expenditures (213,661) (11,731) 0 91,833 (1,358)	Revenue Over Wages & Benefits
0 0	0000	00000				Transfers 0 0 0 0 0 0	Interfund
(247,729) (1,077,921)	(224,621) (194,488) (125,214) 3,591,008	0 (42,599) (29,861) (54,813) 4,334,867 (72,263)	0 (181,273) 37,098 0 (265,482)	(39,287) 0 (1,956) 0 0 0	(513,933) (78,218) 0 (1,847) 0	After Transfers (213,661) (11,731) 0 91,833 (1,358)	Surplus (Deficit)
36,607 0			(5,198) 896,229 (15,084) 50,260 6,178,076	(1,4	1 0 2		Opening Surplus
(211,122) (1,077,921)	(224,621) (194,488) (81,625) 13,474,274	(10,770) (120,084) (13,131) (84,700) 9,614,108 4,589,586	(5,198) 714,957 39,098 (15,084) <u>50,260</u> 5.912,593	(1,4)	(3,291,700) (276,207) 1,049,323 30,966 25,887		Ending Surplus

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Lower Nicola Indian Band Unaudited Statement of Revenue & Expenditure - Summary For the 5 Period(s) Ending August 31, 2018

16,233,635	13,934,510	2,299,125	0	2,299,125	5,029,621	1,921,645	9,250,390	Total Band
	(394,984)	0	0	0	0	0	0	
	(19,171)	0	0	0	0	0	0	12 BALANCE SHEET
	(1,845)	0	0	0	0	0	0	11 BALANCE SHEET
	30,439	0	0	0	0	0	0	6 BALANCE SHEET
								Balance Sheet Accounts
	0	21,189	0	21,189	222,329	0	243,519	
	0	7,745	0	7,745	28,387	0	36,132	B23 CMHC NEW PH 23
	0	1,095	0	1,095	16,760	0	17,855	B22 CMHC NEW PH 22
	0	9,325	0	9,325	20,369	0	29,695	B21 CMHC NEW PH 21
	0	(1,528)	0	(1,528)	21,122	0	19,594	B20 CMHC NEW PH 20
	0	5,658	0	5,658	19,895	0	25,553	B19 CMHC NEW PH 19
	0	4,894	0	4,894	16,456	0	21,350	B18 CMHC NEW PH 18
	0	1,448	0	1,448	10,391	0	11,839	B17 CMHC NEW PH 17
	0	(605)	0	(605)	8,592	0	7,987	B16 CMHC NEW PH 16
	0	276	0	276	13,007	0	13,283	B15 CMHC NEW PH 15
	0	8,784	0	8,784	15,379	0	24,163	B14 CMHC NEW PH 14
	0	(14,503)	0	(14,503)	35,421	0	20,918	B13 CMHC NEW PH 13
	0	(1,400)	0	(1,400)	16,552	0	15,153	B12 CMHC OLD PH 12
								CMHC Housing
	(385,167)	(1,839,344)	0	(1,839,344)	743,889	0	(1,095,455)	
	(79,570)	0	0	0	0	0	0	924 EMERGENCY REPAIRS
	(346,776)	831	0	831	(831)	0	0	923 HDP23 2016
	(21,420)	0	0	0	0	0	0	911 *IPWS CONSTRUCTION - WD PROJECT
	25,992	0	0	0	0	0	0	907 *ACRES (CPMS 7584)
	0	(2,619)	0	(2,619)	2,619	0	0	906 JOEYESKA WORKS
	0	(511,906)	0	(511,906)	390,506	0	(121,400)	905 GUICHON WORKS
Ending Surplus (Deficit)	Opening Surplus (Deficit)	Surplus (Deficit) After Transfers	Interfund Transfers	Revenue Over Wages & Benefits and Expenditures	Expenditures	Wages & Benefits	Revenue	

Unaudited Statement of Revenues and Expenses For the 5 Period(s) Ending August 31, 2018

Consolidated Departments



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Î		Actual Year to Date	Budget Year to Date	Variance to Budget Year to Date	Approved Budget For Year	Budget Remaining For Year
F	Revenue					
	AANDC NGOM - BAND EMPLOYEE B	53,682	70,468	(16,786)	169,124	115,442
	AANDC NP05 - BAND SCHOOL INST	872,005	456,618	415,388	1,095,882	223,877
	AANDC NPOS - ANCILLARY SERVIC	9,563	9,925	(362)	23,821	14,258
	AANDC NP8R - ADMIN SER	68,019	73,438	(5,419)	176,250	108,231
	AANDC NP85 - BASIC NEEDS	423,149	400,710	22,439	961,705	538,556
	AANDC NP8X - ESD	20,415	19,331	1,084	46,395	25,980
	AANDC NPC5 - ADULT IN	30,371	28,761	1,610	69,027	38,656
	AANDC NP8L - SPECIAL NEEDS	11,325	10,726	599	25,743	14,418
	AANDC NPEO - PREVENTION PROJE	7,072	2,947	4,125	7,072	
	AANDC NG1E GOVERNANCE P & ID		2,083	(2,083)	5,000	5,000
	AANDC NTEM WEST COAST ENERG	(56,000)		(56,000)		56,000
	INAC NZ13/NZ1D ENVIRONMENT	(2,250)	938	(3,188)	2,250	4,500
	AANDC NPBO - NATIONAL CHILD BE		28,095	(28,095)	67,428	67,428
	AANDC NTMW - COMMUNITY BUILDI	13,155	37,517	(24,362)	90,040	76,885
	AANDC NTMS - FIRE PROTECTION	13,455	13,103	352	31,447	17,992
	AANDC NT4X - LANDS MANAGEMEN	204,536	157,160	47,376	377,184	172,648
	AANDC NT45 - CEDO PLANNING & O	44,026	24,197	19,829	58,072	14,046
	AANDC NGOF - BAND SUPPORT	155,698	200,968	(45,270)	482,323	326,625
	AANDC NP1P PARENTAL & COMM	55,477	48,670	6,807	116,809	61,332
	AANDC NPC7 - SERVICE DELIVERY AANDC NPC9 - ADULT INSTITUTION	5,358 968	5,075	283	12,181 4,420	6,823
	AANDC NPC9 - ADULT INSTITUTION AANDC NTMV - MUNICIPAL SERVIC	37,493	1,842 24,410	(874)	4,420 58,584	3,452 21,091
	AANDC NTMV - MONICIPAL SERVIC	6,475	6,475	13,083	15,540	21,091 9,065
	AANDC NPOR - TUITION AGREEMEN	741,360	386,608	354,752	927,859	186,499
	AANDC NTMT - ROADS & BRIDGES	20,090	20,091	(1)	48,219	28.129
	AANDC NPG7 - MEMBERSHIP REGIS	9,425	3,927	5,498	9,425	20,120
	AANDC NP5A - POST SECONDARY	294,719	237,883	56,836	570,919	276,200
	AANDC NTFF - SANITATION	11,715	11,715	00,000	28,115	16,400
	AANDC NP13 - GUIDANCE & COUNS	8,703	10,367	(1,664)	24,881	16,178
	AANDC NTFG - WATER SYSTEMS	39,900	39,903	(1,001)	95,766	55,866
	2137 INAC TRANSPORTATION	10,436	12,725	(2,289)	30,539	20,103
	AANDC NP12 - FINANCIAL ASSISTA	3,715	3,294	421	7,906	4,191
	INAC RECOVERIES/REIMBURSEME	-, -	1,985	(1,985)	4,761	4,761
	AANDC NTMU - ELECTRICAL SYSTE	2,085	2,083	2	5,000	2,915
	INAC 3651 ESA		71,937	(71,937)	172,648	172,648
	TRANSFER - TAX INVESTMENT ACC		145,833	(145,833)	350,000	350,000
	FNESC SUMMER PROGRAM	7,353		7,353		(7,353
	FNESC SPECIAL EDUCATION	7,169		7,169		(7,169
	FNESC SEP PROGRAM	59,547	92,573	(33,025)	222,174	162,627
	FPHL LANG & CULTURE COUNCIL	2,500	64,963	(62,463)	155,912	153,412
	BC MINISTRY OF EDUCATION		250,000	(250,000)	600,000	600,000
	NEW RELATIONSHIP TRUST		10,417	(10,417)	25,000	25,000
	PROVINCE OF B.C.	1,611	1,750	(139)	4,200	2,589
	OTHER REVENUE	4,604,687	2,603,661	2,001,026	6,248,791	1,644,104
	TNRD	90,811	37,838	52,973	90,811	
	CMHC SUBSIDY	94,169	90,518	3,650	217,244	123,075
	CMHC FUNDING	9,806		9,806		(9,806
	COST RECOVERIES	(186,860)	70,833	(257,693)	170,000	356,860
	H.C. HEADSTART	51,140	51,813	(673)	124,351	73,21
	H.C.MANAGEMENT & SUPPORT	105,790	115,257	(9,467)	276,617	170,827
	H.C. DIABETES INITIATIVE	23,763	23,785	(22)	57,079	33,316
	H.C. OPERATIONS & MAINTENANCE	16,710	35,205	(18,495)	84,491	67,78
	H.C. BRIGHTER FUTUR	42,259	42,255	4	101,416	59,15
	H.C. MEDICAL TRANSPORTATION	19,715	19,713	2	47,311	27,59
	H.C. SOLVENT ABUSE	7,184	7,182	2	17,236	10,05
	H.C. MENTAL HEALTH	30,649	30,647	2	73,552	42,90
		23,572	23,570	2	56,570	32,99
	H.C. HOME & COMMUNITY CARE	76,320	75,485	835	181,163	104,84
	H.C. NNADAP PREVENTION	24,019	29,167	(5,148)	70,000	45,98
	H.C. DRINKING WATER SAFETY	9,737	9,735	2	23,366	13,62
	H.C. COMMUNITY HEALTH NURSE H.C. PRENATAL NUTRITION	48,690 9,025	48,690 9,025		116,850 21,655	68,160 12,630

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GL!Statement of Revenue and Expenditures.LNB

Unaudited Statement of Revenues and Expenses For the 5 Period(s) Ending August 31, 2018

Consolidated Departments



		•			-	
		Actual Year to Date	Budget Year to Date	Variance to Budget Year to Date	Approved Budget For Year	Budget Remaining For Year
47165-`	H.C. Child Oral Health	10,670	10,670		25,606	14,936
48000-`	ADMINISTRATION FEES	25,000	50,000	(25,000)	120,000	95,000
48010-`	RENTAL REVENUES	292,026	406,852	(114,825)	976,444	684,418
48020-`	SALES	350	4,168	(3,818)	10,000	9,650
48025-`	REFERRAL INCOME		20,833	(20,833)	50,000	50,000
48030-`	MANAGEMENT FEES	45,000	47,085	(2,085)	113,000	68,000
48050-`	INTEREST	80,463	35,069	45,394	84,166	3,703
48070-`	FUNDRAISING	1,600	,	1,600	,	(1,600)
48080-`	CONCESSION SALES	5,364	8,333	(2,970)	20,000	14,636
48085-`	SPECTRA ENERGY SCHOLARSHIP	-,	2,083	(2,083)	5,000	5,000
48095-`	KWOIEK CREEK RESOURCES LP		22,153	(22,153)	53,166	53,166
48105-`	GOLF TOURNAMENT REVENUES	5,600	5,000	600	12,000	6,400
49100-`	MISCELLANEOUS REVENUE	(974,055)	13,750	(987,805)	33,000	1,007,055
49900-`	TAXATION	1,459,905	606,842	853,063	1,456,420	(3,485)
	Revenue total	9,250,390	7,551,712	1,698,679	18,124,087	8,873,697
50400.3	Wages & Benefits	4 007 007	4 000 000	(000 10-)	4.040.445	0.001.010
50100-`	WAGES/SALARIES	1,697,335	1,933,832	(236,497)	4,619,145	2,921,810
50102-`	BEB BENEFITS OFFSET	74 405	10,483	(10,483)	25,789	25,789
50110-`	CPP EXPENSE	71,125	77,633	(6,509)	185,427	114,302
50120-`	EI EXPENSE EXTENDED BENEFITS	33,331	43,030	(9,699)	102,768	69,437
50200-`	PENSION	37,331 52,635	31,115	6,216	74,648 135,582	37,316
50300-` 50500-`	WCB	14,648	56,550 14,994	(3,915)	35,805	82,947 21,157
50550-`	CASUAL, ONCALL, SHORTTERM LA	15,240	33,713	(346) (18,473)	80,272	65,032
50700-`	CONTRACTORS UNDER OUR WCB	13,240	6,770	(10,473)	16,000	16,000
50900-`	ENHANCED TEACHERS SALARIES E		3,750	(3,750)	9,000	9,000
	Wages & Benefits total	1,921,645	2,211,870	(290,225)	5,284,435	3,362,791
	Expenditures					
60000-`	ADVERTISING	10,875	11,417	(542)	27,400	16,525
60020-`	EQUIPMENT LEASES & RENTALS	30,067	26,204	3,863	62,890	32,823
60050-`	ACCOUNTING & AUDIT	25,000	22,102	2,898	53,000	28,000
60100-`	ADMINISTRATION FEE TO ADMIN DT	25,000	25,000		60,000	35,000
60150-`	CAPITAL EXPENSES	790,239	300,188	490,051	720,455	(69,784)
60200-`	COMPUTER REPAIRS, NETWK COS	114,911	136,459	(21,548)	327,506	212,595
60250-` 60300-`	CONSULTANTS/CONTRACTORS WC CONTRACTORS INDEPENDENT	79,158 377,339	78,125 37,500	1,033 339,839	187,501 90,000	108,343 (287,339)
60400-`	AUTOMOTIVE - FUEL	22,659	27,573	(4,914)	66,158	43,499
60410-`	AUTOMOTIVE - REPAIRS & MAINT	33,684	33,908	(224)	81,390	47,706
60420-`	AUTOMOTIVE - INSURANCE	37,244	24,295	12,949	58,300	21,056
60450-`	HONORARIA	6,492	30,437	(23,944)	73,048	66,556
60500-`	INSURANCE	160,908	54,618	106,290	131,052	(29,856)
60550-`	LEGAL/PROFESSIONAL	277,255	280,600	(3,345)	673,440	396,185
60555-`	PROFESSIONAL SERVICES	409,247	254,844	154,404	611,625	202,378
60600-`	LICENSES/FEES/DUES	6,172	11,158	(4,986)	26,784	20,612
60650-`	WORKSHOPS & SEMINARS	6,277	17,325	(11,048)	41,575	35,298
60700-`	COMMUNITY EVENTS EXPENSES	47,292	39,792	7,500	95,500	48,208
60750-`	OFFICE SUPPLIES	14,029	24,643	(10,614)	59,140	45,111
60800-`	RENT - PREMISES	6,140	40,167	(34,027)	96,400	90,260
60850-`	POSTAGE/COURIER/DELIVERY	5,613	8,502	(2,890)	20,405	14,792
60900-`	PROGRAM MATERIALS/SUPPLIES	450,366	194,884	255,482	467,725	17,359
60925-`	HOUSING REPAIRS MAINTENANCE		5,418	(5,418)	13,000	13,000
60950-`	SNOW REMOVAL		10,960	(10,960)	26,300	26,300
60955-`	SETTLEMENTS	00 70 1	333	(333)	800	800
61000-`		60,704	63,598	(2,895)	152,638	91,935
61040-` 61050-`	STAFF EVENTS STAFF TRAINING	958 38,269	7,917 44,259	(6,959)	19,000	18,042 67,949
61200-`	TRAVEL	38,269 93,130	44,259 72,613	(5,990) 20,517	106,218 174,278	67,949 81,148
61200- 61250-`	UTILITIES	103,616	114,315	(10,699)	274,350	170,734
61500-`	TNRD DUMP FEES	100,010	20,833	(20,833)	50,000	50,000
70000-`	PROMOTIONS AND GIFTS	3,749	4,643	(20,000) (894)	11,150	7,401
70010-`	ELECTION COSTS	5,0	2,083	(2,083)	5,000	5,000

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GL!Statement of Revenue and Expenditures.LNB

Unaudited Statement of Revenues and Expenses For the 5 Period(s) Ending August 31, 2018

Consolidated Departments



					- The second second	
		Actual Year to Date	Budget Year to Date	Variance to Budget Year to Date	Approved Budget For Year	Budget Remaining For Year
7_`	HONORARIUM CONNIE JOE	9,000	9,000		21,600	12,600
3-`	HONORARIUM AARON SAM	32,500	32,500		78,000	45,500
3-`	HONORARIUM L SEWARD	9.000	9,000		21,600	12,600
5-`	HONORARIUM HAROLD JOE	9,000	9,000		21,600	12,600
_`	HONORARIUM W BOSE	9,000	9,000		21,600	12,600
)-`	HONORARIUM J LAFFERTY	9,000	9,000		21,600	12,600
-`	HONORARIUM L ANTOINE	25,000	25,000		60,000	35,000
3-`	HONORARIUM L MANUEL	9,000	9,000		21,600	12.600
)_`	INTEREST AND BANK CHARGES	6,053	4,500	1,553	10,800	4,747
- 5-`	COMMUNITY SUPPORT	47,185	35,417	11,768	85,000	37.815
- 5-`	GARBAGE COLLECTION	19,918	27,084	(7,166)	65,000	45,082
)-`	REGULAR SERVICE AGREEMENTS	22,589	30,634	(8,045)	73,518	50,929
2_`	CULTURAL & ELDERS PROGRAMS	,	10,417	(10,417)	25,000	25,000
-	BAD DEBTS EXPENSE	1,670	,	1,670	20,000	(1,670
, 5-`	GOLF TOURNAMENT EXPENSES	252	2,500	(2,248)	6,000	5,748
}-` }-`	COMMITTEE & MEETING EXPENSES	13,927	20,708	(6,781)	49,700	35,773
)-`	FIELDTRIPS	7,012	5,833	1,179	14,000	6,988
5-`	INSTRUCTIONAL SUPPLIES	258	5,655	258	14,000	
)-`		15,362	21 459		E1 E00	(258
	NUTRITION SUPPLIES		21,458	(6,096)	51,500	36,138
)-`	BUILDING REPAIRS & MAINTENANC	186,637	135,103	51,534	324,245	137,608
-` - `	ELDERS HOME REPAIRS	2,908	10,417	(7,508)	25,000	22,092
5-`		20,973	12,082	8,892	29,000	8,027
)-`	JANITORIAL SUPPLIES	9,487	4,998	4,488	12,000	2,514
5-`	POST SECONDARY CONTINGENCY	05 000	10,794	(10,794)	25,905	25,905
)-`	POST SECONDARY TUITION	35,638	64,583	(28,946)	155,000	119,362
5-`	POST SECONDARY BOOKS/SUPPLIE	5,068	22,825	(17,757)	54,781	49,713
)-`	POST SECONDARY LIVING ALLOWA	55,735	120,833	(65,098)	290,000	234,265
5-`	SD#58 TUTORIALS	4,400	15,667	(11,267)	37,600	33,200
)-`	STARTUP K-12	10,250	10,417	(167)	25,000	14,750
-`	HIGHSCH ALLOWANCE	3,565	8,333	(4,768)	20,000	16,435
5-`	LEA TUITION AGREEMENTS	403,034	403,034		967,282	564,248
)-`	SCHOLARSHIP	8,400	9,583	(1,183)	23,000	14,600
5-`	POST SECONDARY GRAD FEES	680	2,083	(1,403)	5,000	4,320
)-`	YOUTH TRAINING	645	9,167	(8,522)	22,000	21,355
5-`	TRADES & CERTIFICATION	1,398	4,167	(2,769)	10,000	8,602
)-`	GRADUATION CEREMONIES	940		940		(940
)-`	G.F.A.	7,141	19,331	(12,190)	46,395	39,254
5-`	SPECIAL NEEDS	13,369	10,880	2,489	26,108	12,739
5-`	INCENTIVE	50	1,135	(1,085)	2,723	2,673
)-`	BURIALS	11,159	16,000	(4,841)	38,401	27,242
-`	NON STATUS HEALTH BENEFITS	737	4,167	(3,430)	10,000	9,263
3-`	WOP SHELTER	2,625	5,000	(2,375)	12,000	9,375
)-`	ADULT DAY PROGRAM	2,835	1,835	1,000	4,400	1,565
5-`	INSTITUTIONAL CARE	1,322	1,985	(663)	4,761	3,439
5-`	INCENTIVE/ALLOWANCE		417	(417)	1,000	1,000
)-`	JANITORIAL SERVICES	1,676	24,583	(22,907)	59,000	57,324
5-`	COMMUNITY WELLNESS	46,740	37,870	8,870	90,897	44,157
5-`	CLIENT TRANSPORTATION	17,797	19,713	(1,916)	47,311	29,514
)-`	PRENATAL NUTRITION	12,370	8,335	4,035	20,000	7,630
5-`	MEDICAL SUPPLIES	2,716	1,595	1,121	3,823	1,107
5-`	MEDICAL/DENTAL	89	,	89	,	(89
)-`	MORTGAGE INTEREST	24.772	24,173	599	58,016	33,244
-`	MORTGAGE PRINCIPAL	100,209	96,739	3,470	232,174	131,96
5-`	PROPERTY MANAGEMENT EXPENS	45,000	45,000	-,	108,000	63,000
)-`	REPLACEMENT RESERVE ALLOWA	14,229	25,208	(10,979)	60,500	46,27
5-`	RENOVATIONS	4,462	20,200	4,462	00,000	(4,462
)-`	ANIMAL CONTROL	1,383	1,500	(117)	3,600	2,217
)-`	EMERGENCY PREPAREDNESS	1,505	7,439		17,853	17,853
5-`				(7,439)	3,000	
	FISH SCREENS MAINTENANCE	E 4E0	1,250	(1,250)		3,000
)-`	MAINTENANCE ROADS & BRIDGES	5,458	10,417	(4,959) 31.675	25,000	19,542
5-`	MAINTENANCE WATER SYSTEMS	48,342	16,667	31,675	40,000	(8,342
5-`	DITCH IRRIGATN & MAINTENANCE	0.700	12,500	(12,500)	30,000	30,000
	MAINTENANCE WASTE WATER SYT	3,722	9,167	(5,445)	22,000	18,278
5-` 5-`	SUPPLIES-CONCESSION		3,125	(3,125)	7,500	7,500

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Unaudited Statement of Revenues and Expenses For the 5 Period(s) Ending August 31, 2018

Consolidated Departments



				1.	
	Actual Year to Date	Budget Year to Date	Variance to Budget Year to Date	Approved Budget For Year	Budget Remaining For Year
LOAN PNI PAYMENT TAX RESERVE ANNUAL TRANSFER		8,333 142,500	(8,333) (142,500)	20,000 342,000	20,000 342,000
STUMPAGE	46,116		46,116		(46,116)
		404 700			231
		- ,		,	114,476 23.714
	- ,	-, -		-, -	2.655
	,	,		- ,	211.678
SD PWD	115,186	80,938	34,247	194,252	79,066
Expenditures total	5,029,621	4,037,400	992,221	9,689,669	4,660,048
Surplus (Deficit) Current Period	2,299,125	1,302,442	996,683	3,149,983	850,858
Interfund Transfers					
TRANSFER TAXATION INVESTMENT		(581,153)	581,153	(1,394,768)	(1,394,768)
TRANSFER FR DEPTS		1,090,830	(1,090,830)	2,617,982	2,617,982
			1,090,826		(2,617,982)
TRANSFER FROM TAXATION		581,153	(581,153)	1,394,768	1,394,768
Interfund Transfers total		4	(4)		
Surplus (Deficit) After Interfund Transfers	2,299,125	1,302,446	996,679	3,149,983	850,858
0 Opening Surplus (Deficit)	13,934,510	13,934,510			
Closing Surplus (Deficit)	16,233,635	15,236,956			
	TAX RESERVE ANNUAL TRANSFER STUMPAGE CONSTRUCTION COSTS SD EMPLOYABLE SD PPMB WOP BASIC SD SHELTER SD PWD Expenditures total Surplus (Deficit) Current Period Interfund Transfers TRANSFER TAXATION INVESTMENT TRANSFER TAXATION INVESTMENT TRANSFER FR DEPTS TRANSFER FROM TAXATION Interfund Transfers total Surplus (Deficit) After Interfund Transfers 0 Opening Surplus (Deficit)	Vear to DateLOAN PNI PAYMENTTAX RESERVE ANNUAL TRANSFERSTUMPAGESTUMPAGESD EMPLOYABLESD PMBSD PMBSD SHELTERSD PWDSurplus (Deficit) Current Period2,299,125Interfund TransfersTRANSFER FROM TAXATIONInterfund Transfers totalSurplus (Deficit) After InterfundInterfund TransfersTRANSFER FROM TAXATIONInterfund Transfers totalSurplus (Deficit) After InterfundTransfers2,299,1250 Opening Surplus (Deficit)	Year to DateYear to DateLOAN PNI PAYMENT8,333TAX RESERVE ANNUAL TRANSFER142,500STUMPAGE46,116CONSTRUCTION COSTS(231)SD EMPLOYABLE129,842101,79926,002SD PMB26,002SD SHELTER110,284110,284134,151SD PWD115,18680,9385,029,621Expenditures total5,029,621Surplus (Deficit) Current Period2,299,125Interfund Transfers1,090,830TRANSFER FR DEPTS1,090,830TRANSFER FROM TAXATION581,153Interfund Transfers total4Surplus (Deficit) After Interfund Transfers2,299,1251,302,44600 Opening Surplus (Deficit)13,934,5100 Dening Surplus (Deficit)13,934,510	Year to Date Year to Date Budget Year to Date LOAN PNI PAYMENT TAX RESERVE ANNUAL TRANSFER STUMPAGE 8,333 (8,333) TAX RESERVE ANNUAL TRANSFER STUMPAGE 46,116 (142,500) STUMPAGE 46,116 (231) (231) SD EMPLOYABLE 129,842 101,799 28,042 SD PMB 26,002 20,715 5,287 WOP BASIC 2,345 2,083 262 SD SHELTER 110,284 134,151 (23,867) SD PWD 115,186 80,938 34,247 Expenditures total 5,029,621 4,037,400 992,221 Surplus (Deficit) Current Period 2,299,125 1,302,442 996,683 Interfund Transfers 1,090,830 (1,090,826) (1,090,826) TRANSFER FR DEPTS 1,090,830 (1,090,826) (581,153) Interfund Transfers total 4 4 (4) Surplus (Deficit) After Interfund Transfers 2,299,125 1,302,446 996,679 0 Opening Surplus (Deficit) 13,934,510 13,934,510 <td< td=""><td>Year to Date Year to Date Budget Year to Date Budget Year to Date Budget Year to Date LOAN PNI PAYMENT TAX RESERVE ANNUAL TRANSFER STUMPAGE 8,333 (8,333) 20,000 STUMPAGE 142,500 (142,500) 342,000 STUMPAGE (231) (231) (231) SD EMPLOYABLE 129,842 101,799 28,042 244,318 SD PPMB 26,002 20,715 5,287 49,716 WOP BASIC 2,345 2,083 262 5,000 SD SHELTER 110,284 134,151 (23,867) 321,962 SD PWD 115,186 80,938 34,247 194,252 Expenditures total 5,029,621 4,037,400 992,221 9,689,669 Surplus (Deficit) Current Period 2,299,125 1,302,442 996,683 3,149,983 Interfund Transfers (1,090,820) (1,090,830) 2,617,982 1,394,768) TRANSFER FR DEPTS (581,153) (581,153) (581,153) 1,394,768 Interfund Transfers total 4</td></td<>	Year to Date Year to Date Budget Year to Date Budget Year to Date Budget Year to Date LOAN PNI PAYMENT TAX RESERVE ANNUAL TRANSFER STUMPAGE 8,333 (8,333) 20,000 STUMPAGE 142,500 (142,500) 342,000 STUMPAGE (231) (231) (231) SD EMPLOYABLE 129,842 101,799 28,042 244,318 SD PPMB 26,002 20,715 5,287 49,716 WOP BASIC 2,345 2,083 262 5,000 SD SHELTER 110,284 134,151 (23,867) 321,962 SD PWD 115,186 80,938 34,247 194,252 Expenditures total 5,029,621 4,037,400 992,221 9,689,669 Surplus (Deficit) Current Period 2,299,125 1,302,442 996,683 3,149,983 Interfund Transfers (1,090,820) (1,090,830) 2,617,982 1,394,768) TRANSFER FR DEPTS (581,153) (581,153) (581,153) 1,394,768 Interfund Transfers total 4



Thanksgiving in....Germany

A religious holiday that often takes place on the first Sunday of October, Erntedankfest is essentially a harvest festival that gives thanks for a good year and good fortune. In rural areas, the harvest aspect might be taken more literally, but churches in cities also hold festivities. This might include a procession where one wears Erntekrone, a harvest crown made of grain, flowers, and fruit. Although turkeys are making inroads, fattened up chickens (die Masthühnchen), hens (die Poularde), castrated roosters (der Kapaun), and geese (die Gans) are favored for the feast.

ELDERS HONOURED AT AGA

As is customary, LNIB Elders over the age of 90 were honoured at this year's AGA. LNIB is fortunate to have two such strong women amongst its ranks. At over 90, they each have a remarkable history and their memories of events we only read about is fascinating.

Jean Demmitt (94) - traveled from her home in Quesnel for both Open House and the AGA. Jean was married to her late husband for 69 years. Her history is fascinating (and she and her son Alan brought some historical documents). Jean is the granddaughter of Princess Kilkalum and great granddaughter of Chief David Spitlam (Hathalip). Chief Spitlam was a great peacemaker and a bridge at Lytton has been named in his honour.

When Princess Kilkalum-Spitlam married Thomas Benton Hicks in 1865, the marriage document shows her name was changed to Annie Hicks!



Jean met her husband in grade school - in a one room schoolhouse in Laidlaw. They married in 1946 and had three children. This led to 6 grandchildren and 10 great grandchildren!



Councillors Connie Joe and Joanne Lafferty wrap Jean in a Pendleton blanket as son Alan watches.

October 2018

winand (Pather's fuil homes Benton Hicks कल्स कर कर देवस, Winnefriel mami Born in what country, siste country and town Mar Dirm. Di Date of birth Electric Highed and and and Date of bapties I n. Portland Oregon nopen brigland j, Cach 泉 An of the second regonll 170 00 makey years in each Induntien and untiles war 24.10 ina all The Indian up your in Washington 20d in to trulp uell Served thall gavera for to month as. argent of The Juen Bregniar P.O. address (It allow, or at time of danta) Under Ch. Ha. Business, protousion, or organetics during lite Myour Barts nes and Gustonos! Died in what coefficy, state, county, and town Date of death Reservery, estate, county, and town Guston of God Gen Buried in what country, state, county, and town and produced of Gen Buried in what country, state, county, and town and for the Star Buried in what country, state, county, and town of the Star Date of ingeriage And Gentle in 1865 of 200 To Manual Country, state, county, and town Reservery Country Reservery Buried in what country, state, county, and town Reservery Buried in what country, state, county, and town Reservery cars Q i.r. We 72204gand efinisheda 2 bers in what country, state, country, and town r proper order. Date of baptism 18:75 Resided successively in what towns, counties, and states, and how many years in each-(Int In ____ Michola and in Hope, and in agrices in BG: St. fin their Ö. mo ъ in ilea 1001 Witz (2)Business, protession, or occupation during life Died in what country, state, county, and town realdment, the Dute of death Buried in what concepty, equipy, state, county, and there - States tail name - Chilf Hathellip Mother's full maiden name. 22 places of 62.2 Parents resided in what country, state, county, and town Give here below in order of birth the full names and playes and dates of birth, death, marriage, and ある official plant To Thro Benton Hicks mitres annie Hicks public of -----Dorn. x CRITINES. Read telifala. In ocar pror. Mention 1 at # 1807 2. Grac ann 2. youngtaster. alanc a1 Cate Sig case 121069 date 60 3 Rouse H Cillian Janet ato Holen at ... at of the second date date 1 1 to? at manual in fractions, it possible, the super-Chief David Spint lum 5 hog green at as as agains tato 11894 " agas cure / 1896 6022 dated tê. he agason 20103 mistopher, as0 44188 at 18 1 na .. date g Q date. 11 10 1 miline. "StElme Ņ 11880 10.00 AL ... cara 1917 date . 123 date may 11/890 at St Stmo at agaron data /1892. at . Winnefred caro 1917 date

Lower Nicola Indian Band N?e?iyk Spíləxm



Nellie Blankinship (96) - Nellie has recently moved from Vernon to Kamloops and we were very grateful to her family for bringing her down to the AGA.

Nellie's parents were Jake Blankinship and Mary Tom. She is a great grandmother who has lived an adventurous life. Nellie served in the military for four years and lived overseas.

She is the mother of three children, grandmother to seven and has two great grandchildren.

Nellie is one of our few who is fluent in nłe?pkmxcin





Being wrapped in the Pendleton blanket by Councillors Leona Antoine and Joanne Lafferty

Nellie and her family (my apologies but I didn't get the family members' names)

ANNUAL GENERAL ASSEMBLY



The Annual General Assembly took place on Monday September 17, 2018 at the new Rocky Pines Community Centre.

In a new format, the Auditors presented their report (available on line in the Members Section of the Inib website under Financials). After that, members were encourage to speak directly with staff on a one on one basis to allow for more in depth conversations.







HARDSHIP ASSISTANCE

CIRCUMSTANCES IN WHICH HARDSHIP ASSISTANCE MAY BE CONSIDERED

Hardship assistance may be considered when all alternatives to assistance have been exhausted and where:

Hardship Category	Situation	Duration Limit (max)	Repayable
Awaiting Employment Insurance	Persons who HRDC has confirmed as having applied for EI, including those who have completed the two-week waiting period for EI.	No	Yes
Awaiting Other Income	Persons awaiting other income, including retroactive benefits from CPP, OAS, DVA, and WCB.	Yes – 3 consecutive months	Yes
Assets in excess	For family units with assets in excess of the specified exemption level when the family unit includes dependent children or where all applicants are over 65 years old or a Person with Persistent Multiple Barriers (PPMB).	Yes – 3 consecutive months	Yes
Income in excess	For families with dependent children, who have received income in excess of the maximum rate for their family unit and the excess income could not have been reasonably expected to meet basic needs. Requires plan to resolve their situation	Yes – 3 consecutive months	Yes
Strikes or Lockouts	Persons involved in labour disputes, on strike, or locked out	No	Yes
Immediate Needs – work search requirement	Persons with an immediate need for food, shelter or urgent medical attention who have not satisfied the 3 or 5 week work search requirement.	Yes – 3 consecutive months	Yes
Sponsorship verification or Breakdown	Persons awaiting verification of a sponsorship, or breakdown of a sponsorship	No	No
Identity Not Established	Persons awaiting identification documents.	Yes – 6 consecutive months	No
Social Insurance Number (SIN) required	Applicants awaiting SIN	Yes – 6 consecutive months	No

ORIGINS OF HALLOWEEN TRADITIONS

The Origins of Spooky Halloween Traditions (from www.mentalfloss.com)

This Halloween, don't just have the best costume and the spookiest decorations on your block—share these sweet facts, too.

1. Jack-o-Lanterns

Jack-o-lanterns, which originated in Ireland with turnips instead of pumpkins, are based on a legend about a man name Stingy Jack who repeatedly trapped the Devil and only let him go on the condition that Jack would never go to Hell. However, when he died Jack learned that Heaven didn't really want his soul either after all his devilish dealings, so he was condemned to wander the earth as a ghost for all eternity. His old friend, the Devil, gifted Jack a lump of burning coal, which Jack carried around in a carved-out turnip to light his way. Locals began carving frightening faces into their own gourds to scare off evil spirits such as Jack of the Lantern.

2. Ghosts

Celtic people believed that during the festival Samhain, which marked the transition to the new year at the end of the harvest and beginning of the winter, spirits walked the Earth. Later, the introduction of All Souls Day on November 2 by Christian missionaries perpetuated the idea of a mingling between the living and the dead around that time.

3. Costumes

With all these ghosts wandering around the Earth during Samhain, the Celts had to get creative to avoid being terrorized by evil spirits. To fake out the ghosts, people would don disguises so they would be mistaken for spirits themselves and left alone.

4. Trick-or-Treating

Everyone can agree that free candy is awesome. Beyond that, there's lots of debate around the origins of trick-or-treating. One theory proposes that during Samhain, Celtic people would leave out food to placate the souls and ghosts and spirits traveling the earth that night. Eventually, people began dressing up as these otherworldly beings in exchange for similar offerings of food and drink.

5. Trick-or-Treating, the Scottish Way

Other researchers speculate that the candy bonanza stems from the Scottish practice of guising, itself a secular version of souling. In the Middle Ages, soulers, children and poor adults, would go to local homes and collect food or money in return for prayers said for the dead on All Souls' Day. Guisers ditched the prayers in favor of less religious performances like jokes, songs, or other "tricks."

6. Trick-or-Treating, American-style

Some sources argue that our modern trick-or-treating stems from belsnickling, a tradition in German-American communities where children would dress in costume and then call on their neighbors to see if the adults could guess the identities of the disguised guests. In one version of the practice, the children were rewarded with food or other treats if no one could identify them.

7. Black Cats

The association of black cats and spookiness actually dates all the way back to the Middle Ages, when these dark kitties were considered a symbol of the Devil. It didn't help the felines' reputations when, centuries later, accused witches were often found to have cats, especially black ones, as companions. People started believing that the cats were a witch's "familiar"—animals that gave them an assist with their dark magic—and the two have been linked ever since.

8. Bobbing for Apples

This game traces its origins to a courting ritual that was part of a Roman festival honoring Pamona, the goddess of agriculture and abundance. Multiple variations existed, but the basic gist was that young men and women would be able to foretell their future relationships based on the game. When the Romans conquered the British Isles the Pamona festival was blended with the similarly timed Samhain, a precursor to Halloween.

9. Black and Orange

The classic Halloween colors can also trace their origins back to the Celtic festival Samhain. Black represented the "death" of summer while orange is emblematic of the autumn harvest season.

10. Pranks

As a phenomenon that often varies by region, the pre-Halloween tradition, also known as "Devil's Night", is credited with a different origin depending on whom you ask. Some sources say that pranks were originally part of May Day Celebrations. But Samhain, and eventually All Souls Day, always seem to have included good-natured mischief. When Scottish and Irish immigrants came to America, they brought along the tradition of celebrating Mischief Night as part of Halloween, which was great for candy-fueled pranksters.

11. Candles and Bonfires

These days, candles are more likely than towering traditional bonfires, but for much of the early history of Halloween, open flames were integral in lighting the way for souls seeking the afterlife.

12. Candy Apples

People have been coating fruit in sugar syrups as a means of preservation for centuries. Since the development of the Roman festival of Pamona, a goddess often represented by and associated with apples, the fruit has had a place in harvest celebrations. But the first mention of candy apples being given out at Halloween didn't occur until the 1950s.

13. Bats

It's likely that bats were present at the earliest celebrations of proto-Halloween, not just symbolically but literally. As part of Samhain, the Celts lit large bonfires, which attracted insects. The insects, in turn, attracted bats, which soon became associated with the festival. Medieval folklore expanded upon the spooky connotation of bats with a number of superstitions built around the idea that bats were the harbingers of death.

MEMBERSHIP



The Membership Clerk has moved! Geraldine has joined her colleagues in Lands and Economic Development in the offices at 85 Highway 8 West - next door to the Band Hall.

Did you know that LNIB now counts 1,259 Members? Please help us stay in contact on important matters by making sure we have your current mailing address and email address. Call the Band Office at 250-378-5157 or email communications@Inib.net

To apply for your Status Card or to renew your Status Card:

Make an appointment with the Membership Clerk. Appointments are scheduled on Wednesdays from 9:00 am to 4:00 pm.

Bring two pieces of identification - one of the pieces of ID must have a digitized photo.

Primary ID types: Valid Canadian Passport New plastic CIS issued after 2002 Provincial ID Card Driver's Licence Employee ID with digitized photo Student ID with digitized photo Firearms Licence with photo

Secondary ID types: Certificate of Birth Marriage or Divorce Certificate

Absolutely no photocopied ID or SIN cards will accepted. All ID must be intact and not expired.

CATERING BID OPPORTUNITY

Lower Nicola Indian Band

Catering Posting

Department: Housing Department

Hours: Dinner

Event Date: October 10th, 2018

Bid to Feed: 30 people

Submit to: Joe Shuter

Event Details

Caterer must submit bid to feed 30 people, to be served at 5:30 pm at the Band Hall. Dinner must include meal to be served in specified time.

Bid should include:

- Cost estimate for a guaranteed 30 people (Caterer must supply their own equipment)
- Supplies, including plates, utensils, napkins, cups, condiments, etc
- Set up and clean-up of the meal, including kitchen and tables
- Caterer to ensure that acceptable number of crew has Food Safe Certificates
- Ability to serve a meal within amount of time
- Dinner served at exactly 5:30 pm.
- Must have a valid driver's license and a vehicle
- <u>Responsible to Clean-up tables, garbage, kitchen and maintain EQUIPMENT- Put grease into tin cans!</u> <u>Responsible for full organization for entirety of meal preparation (shopping, serving, recruiting helpers, clean up, bring own cooking supplies: pots ect..)</u>

The lowest bid may/may not be considered. An advance of up to 50% of the bid may be issued to the successful bid to assist with preparation. The meal will be property of LNIB and any left overs will be redistributed as necessary. Your bid should include your contact person with phone number.

Deadline to apply: October 5th, 2018

Lower Nicola Indian Band 181 Nawishaskin Lane Merritt, BC V1K 0A7 E-mail: joe.shuter@lnib.net Fax: 250-378-6188



JOB POSTINGS

Lower Nicola Indian Band

Job Posting

Position Title: Public Works Administrative Assistant

Department: Infrastructure

Hours: 35 hours per week

Start Date: May 21, 2018

Reports to: Director of Infrastructure

Summary of responsibilities

The Administrative Assistant is responsible for direct support to the Director of Infrastructure in drafting capital project proposals and the daily needs of the Infrastructure department. To provide hands on training and assistance with all water and waste water systems equipment as needed. To provide direction to Custodial Supervisor and Maintenance Supervisor as required by the Director of Infrastructure. To coordinate external contractors when arranging for projects to proceed to each critical stage in the development process.

Qualifications:

- Certificate in Business Administration or secretarial; or an acceptable combination of education and progressively responsible experience
- 3 years of direct work experience in an administrative capacity, preferably with a First Nations' organization providing similar services
- Possess Small Water and Wastewater System certification with EOCP or be willing to obtain
- Valid Drivers License required

Skill Requirements:

- Good verbal and written communication skills
- Team oriented with excellent interpersonal skills
- Good time management skills, multitasking skills, and the ability to prioritize tasks with minimal supervision
- Hands-on experience with productivity applications, including word processing, spreadsheets, e-mail clients, and presentation software (Word, Excel, Outlook and Access)
- Knowledge of supplies, equipment, and/or services ordering, as well as inventory control of these items
- Ability to maintain filing systems and basic database systems
- Meticulous records maintenance skills
- General mathematical and budgeting skills
- Intimate with the culture and traditions of the Lower Nicola Indian Band
- A member of the Lower Nicola Indian Band and/or an ability to speak or willingness to learn the Nlaka' pamux language.

Deadline to apply: Tuesday, October 9, 2018

Apply To: Lower Nicola Indian Band 181 Nawishaskin Lane Merritt, BC V1K 0A7 E-mail: <u>hr@lnib.net</u> Fax: 250-378-6188

Interested candidates should send a resume and cover letter complete with references, specifying the position you are applying for. Complete Job Description can be obtained by contacting the Lower Nicola Indian Band.

Thanks to all who apply, only qualified candidates will be considered.

Job Posting

Position Title:Public Works ClerkDepartment:InfrastructureHours:35 hours per weekStart Date:As soon as possibleReports to:Director of Infrastructure

Summary of responsibilities

To be responsible for support in the operation of the public works department including reception i.e. answering of phones and taking messages at the request of the office manager. Preform hands on maintenance and repairs to LNIB assets through a mentoring program. Present a positive and professional image of the Public Works office to all visitors, and suppliers during on site inquiries and other interactions off site or in the field.

Qualifications:

- Minimum of grade 12 education; or an acceptable combination of education and progressively responsible experience.
- 1 year of direct work experience in public works, preferably with a First Nations' organization providing similar services.
- Must possess or be willing to obtain Small Water and Wastewater Systems certification with EOCP.
- Valid drivers license require.

Skill Requirements:

- Good verbal and written communication skills for assisting in operation and maintenance of all public and capital works.
- Able to assist with booking public building for events.
- Good time management skills, multitasking skills, and the ability to prioritize tasks with minimal supervision
- Hands-on experience with productivity applications, including word processing, spreadsheets, e-mail clients, and presentation software (Word, Excel, Outlook and Access)
- Knowledge of supplies, equipment, and/or services ordering, as well as inventory control of these items
- Assist with Certified water/wastewater operator duties Water quality sampling, operation and maintenance on all water & wastewater system.
- Ability to maintain filing systems and basic database systems
- Meticulous records maintenance skills
- General mathematical and budgeting skills
- Intimate with the culture and traditions of the Lower Nicola Indian Band
- A member of the Lower Nicola Indian Band and/or an ability to speak or willingness to learn the Nlaka' pamux language.

Apply To:

Deadline to apply: 9 Oct 2018

candidates will be considered.

Lower Nicola Indian Band 181 Nawishaskin Lane Merritt, BC V1K 0A7 E-mail: <u>hr@Inib.net</u> Fax: 250-378-6188

Interested candidates should send a resume and cover letter complete with references, specifying the position you are applying for. Complete Job Description can be obtained by contacting the Lower Nicola Indian Band.

Thanks to all who apply, only qualified



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Lower Nicola Indian Band Shulus Community Arena Job Posting Arena Maintenance Attendant

Department: Arena Position Title: Arena Maintenance Attendant. Hours: 20-30 hrs per week, evenings and weekends Start Date: October 9th 2018 Term: Until March 31st 2019 Wage: Negotiable Reports to: Shulus Arena Manager

Summary of responsibilities

Under the direction of Arena Manager the successful candidate will be responsible for all arena maintenance and Zamboni duties while on shift.

Duties and tasks

- Drive and operate the Zamboni and other various types of hand operated tools and equipment
- Resurface the ice sheet in such a manner that its condition is kept in good conditions at all times
- Will handle services and needs of general public, such as, but not limited to program questions, phone calls etc.
- Follow and direct others to follow the posted safety standards
- Complete all janitorial tasks whenever needed to provide a tidy and respectable facility
- Will take mechanical readings and record properly on all equipment in the arena
- Perform other duties as assigned or directed
- Arrive to work every day, on time as scheduled

Required knowledge, skills and abilities

- Ability to follow verbal and written instructions
- Excellent communication and high energy while at work
- A team worker with a great work ethic, a self-starter and able to work independently
- Able to communicate well and confidently with the public, we are in the people business
- Able to work in fast paced enviornment

Minimum Qualifications

- Must be at least 18 years old
- Valid British Columbia driver's license
- Some high school or working towards completing high school diploma
- Some related work experience preferred but not required
- Must be available to work flexible hours, evenings and weekends

Apply To:

Lower Nicola Indian Band 181 Nawishaskin Lane Merritt, BC V1K 0A7 E-mail: <u>hr@lnib.net</u> Fax: 250-378-6188





MEMBER OWNED BUSINESS DIRECTORY

Aly Moon-Pierre Online Life Coaching Business. www.-inclusive-coach. com Aly Moon-Pierre, SW Dipl. BSW Spirituality Coach | Inclusive Coach www.Inclusive-Coach.com aly@inclusive-coach.com

Angie Bain angiebain@shaw.ca 604-802-9709 Over 20 years experience in providing training, research & research analysis services

Bonnie Bent Micoblading (250) 280-0430 or (778) 800-7878

Donna Bent 250-378-4396 Donna Bent Artifacts

Brandon Joe 250-525-0443 (text only) Commercial Embroidery and Jewellry

Shannon Kilroy skilroy09@yahoo.com Earthline Contemporary Aboriginal Designs and Accessories

Odd Job Joe Handy Man Service & Solutions 24/7 (250) 378-7945

Ryan Mann Hoodoo Ranch and Pipe Fitter Inspectionrmann_20@hotmail.com Fresh Produce - You pick, already picked, or order delivery. Like us on Facebook 9730 Highway 8, Spence's Bridge (250) 819-5764

Mostly Glass

Mostly Glass Creations: Stained glass, mosaics, mosaic lamps, stepping stones, beads, crystals, prisms, window charms, bracelets Email: mostlyglasscreations@gmail.com

Sharon McIvor 250-378-3300 Lawyer, Instructor and Legal Advisor

James McNaney nomadhauling@gmail.com Trucking, Hauling

Earl Michel emichel@live.ca Wolf Pac Construction

Focus iN Consulting Business development and housing gaildjoe@gmail.com

Lorne Mike paulinehenry2011@hotmail.com Fitness Instructor and Rough Stock Horses

2mojo@ocise.net Ranchers, retail, business development and Johnny's on the Rez

Gene Moses Fencing Gene Moses 250-378-2801

Vivian and Arnie Narcisse Mountainchief Catering 250-315-0584 Catering MC and coordination of Cultural Events

Growing Garlic/Nicola Valley Produce Jerrod Peterson growinggarlic.ca growinggarlic.ca@gmail.com Gwayne Point 250-378-9167 Northwest Indian Art

JP Edwards Contracting

250-936-8737 Moses Edwards Landscaping, ditching, site prep, maintenance

Loren Sahara Consulting

Counselling & Leadership Development 778-676-7844 info@lornesahara.com http://lornesahara.com https://www.facebook.com/lorensaharamony

JW Forest Contracting Ltd.

250-378-5468 250-378-1556 (cell) Warren Smith/Janet Sterling, Principals Logging contractors, road builders, land clearing Established 1998 Certified Safe Company 11 employees, 80% First Nations Equipment: Faller/Buncher, Grapple Skidders, Log Processors, Excavators, Cat Crawler Tractors

Maggie's Bannock

Maggie Shuter 250-378-6579

Millco Safety Services

www.millcosafety.com PO Box 4154 Lower Nicola, B.C. 250-378-2221 Patrick Miller/Angela Garcia, Principals Construction safety, construction security, First Aid, Traffic Control, fully certified personnel

S&D Muir Inc sd.muirinc@gmail.com 250-378-1964 Shane Muir, Mining and Survey Equipment

SCS Diamond Drilling

www.scsdrilling.com 1436 Sun Rivers Drive Kamloops 250.572-2615 250-314-4864 (fax) Spence Coutlee, Principal SCS DIAMOND DRILLING has built a strong and lasting reputation providing safe , productive and cost effective drilling services, drill support services including general mine and energy related services within Western Canada. Operating as a 100% owned and operated First Nations Company. Recipient of BC FN Aboriginal Award

Alison Sterling

ajsterling67@gmail.com Jacona Sports, Behavior Intervention, and Bubble Tea,

Robert Sterling

robert_sterling@hotmail.com Archaeology, Anthropologist, traditional land use studies

Rona Sterling Consulting Inc. and Godey Creek Paintball Rona Sterling-Collins

info@ronasterlingconsulting.com

Godey Creek Consulting

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Lower Nicola Indian Band N?e?iyk Spílaxm

Shawn Swakum s.swakum@yahoo.com Business administration and Consultant

Molly Toodlican Independent Watkins Consultant #830411 250-280-2012 mollytoodlican61@gmail.com

Penny Toodlican pcctoodlican@gmail.com Catering

Victor York victoryork@hughes.net Gourmet coffee supply and distribution

Ingredients

Crust 2 1/4 c. all-purpose flour 2 tsp. sugar 3/4 tsp. salt 1/2 c. cold unsalted butter 2 tbsp. cold unsalted butter 1/4 c. Vegetable shortening 7 tbsp. iced water

Filling

1/2 c. granulated sugar
1/4 c. packed brown sugar
3 tbsp. all-purpose flour
1 tsp. ground cinnamon
1/4 tsp. grated nutmeg
1/4 tsp. salt
3 lb. baking apples
1/2 c. dried cranberries
1 tbsp. fresh lemon juice
2 tbsp. cold unsalted butter



Fall Apple Cranberry Pie

from CountryLiving

Crust: In a food processor, mix the flour, sugar, and salt. Add butter and shortening; pulse until the mixture resembles meal, with pieces of butter the size of small peas. Turn the mixture into a large bowl. Add 4 tablespoons of the water and toss with a fork. Drizzle in 2 to 4 tablespoons of the remaining water, tossing with a fork, until the dough starts to clump together. Turn the dough out onto a lightly floured surface and gather into a ball. Divide the dough into 2 pieces, one slightly larger, and press each into a disk. Wrap in plastic wrap; refrigerate 2 hours or up to overnight.

Adjust racks to lower third of oven; heat oven to 425°F. Butter the bottom and sides of a 9-inch pie plate.

On a lightly floured surface, roll the larger piece of dough to a 13-inch circle. Ease into the pie plate, gently pressing dough against the sides and bottom of the plate. Trim edge, leaving 3/4-inch overhang. Fold overhang under and press to make edge; refrigerate. Roll the remaining dough to an 11-inch circle, and with 2- to 3-inch leaf-shaped cookie cutters, cut out leaves. If desired, using the back of a paring knife, trace lines to make veins. Gather scraps and re-roll to make more leaves if desired. Transfer leaves to a plate and refrigerate.

Filling: In a large bowl, mix the sugars, flour, cinnamon, nutmeg, and salt. Add sliced apples, cranberries, and lemon juice; toss well to coat with sugar mixture. Turn filling into pie plate, arranging apples to minimize spaces between slices, and dot with butter. Brush edge of dough lightly with water and arrange leaves, starting some at the edge, randomly over apple mixture, overlapping slightly and pressing lightly.

Bake 15 minutes. Reduce oven temperature to 375°F and bake 25 minutes. Cover edge of crust with foil and slide a sheet of foil onto rack under pie to catch any drips; bake 25 to 30 minutes longer, until crust is browned and juices have thickened and bubble at edge. Transfer pie plate to a wire rack; cool completely.

FROM THE EDITOR



What's not to love about a month that features good food and candy? - A month to celebrate our blessings and to play dress up like children. Add to that the colour of the fall leaves, and a last chance to reconnect with the land hunting and gathering, putting the gardens to bed.

I've scattered some Thanksgiving traditions from around the world through this newsletter- it is common tradition around the world to take time to give thanks for the blessings and the harvest. Our North American thanksgiving dinners owe it all to the First Nations who shared their knowledge of the game and plants abundant in this land. What would Thanksgiving dinner be without roasted bird of some kind, potatoes, and the "three sisters" corn, beans and squash (pumpkin). kwukwscemxw

Of course, for First Nations showing gratitude is an every day part of life - prayers and heartfelt thank yous to the plants and animals that give their life to sustain us, gratitude to the ancestors, thankfulness for the people in our lives. There isn't one dinner a year to celebrate all of this; it happens everyday and at every communal feast. Oh well - just take the "official" holiday as another opportunity for a get together.

I, personally, would like to thank Jean Demmitt, son Alan and partner Karen, for sharing their family research. I am fascinated by history in general and love it when it "comes alive" through personal family stories. I had just finished watching the movie Canyon Wars, and here was Jean in person, related to people that movie's documentary depicted.

Wouldn't it be great to share more of those stories! So please, if you have any old family photos or documents and stories that you are willing to share, please contact me! We give thanks to our ancestors and appreciation for the lives (often very hard) they lived that eventually led to us.

And isn't it great that a Repatriation Task force is being set up to bring back the tangible reminders of those lives. I included photos of the baskets recently brought back - they're in the poster announcing the Repatriation Task force meeting being held on October 17th. Such skill and artistry - and I'm equally thankful for the Cultural Revitalization team and program which is resurrecting those skills so that maybe these generations will have some artifacts to be remembered by in future. Hope you participate!

So, so much to be thankful for (as always). Now I have a month to contemplate what I kind of creature I want to be on Halloween, and to look forward to my husband's annual Pumpkin Man.

