



**LOWER NICOLA
INDIAN BAND**

May 2019 N?e?iyk Spíləxm

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TRADITIONAL HOLDINGS PROJECT



LOWER NICOLA
INDIAN BAND



Traditional Holdings Project Gathering information

Tuesday, May 14, 2019

Lunch will be served

Where: **Shulus Hall**

Time: 11:30-2:00pm

The LNIB Lands Department has proposed a project to bring our community members together to share their stories and lessons about our lands on reserve. The project is guided by the Land Management Advisory Committee(LMAC) and the Lands Department, with the help of a Project Team. Through research on written records and through conversations with community members, we hope to gather information about our lands, protocols and traditions of the past, with respect to land disposition.

We invite you to this first meeting to learn more about the project and on how we are counting on you to make this project a success



If you have any questions please call Monica Charters or Brandi O'Flynn at 250-378-5157

TURN ME LOOSE IN SHULUS

Rescheduled to Friday May 24, 2019
at Shulus Arbour (near the Arena)
4TH ANNUAL TURN ME LOOSE IN SHULUS



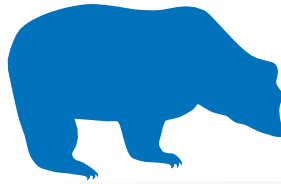
RUN - WALK - STROLL
ʔLÍYX - XʷEXʷÍŚT - XʷESÍŚT

Open to everyone, all ages and abilities
Registration fee by donation (min \$10) with proceeds to benefit
Youth & Elder Programs - Youth under 18 and Elders free!

10K - 5K - 2K - 800m
Light dinner to follow, 50/50, Door prizes

No Need to Pre-register!

IRRIGATION DITCH MEETING



LOWER NICOLA
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Nicola Mameet IR No.1 Irrigation Ditch Meeting

Friday May 10, 2019

Where: **Shulus Hall**

DINNER WILL BE PROVIDED

Time: 5:00pm - 6:30pm

The Lands and Infrastructure Departments would like to invite all Irrigation Ditch users on Nicola Mameet IR No.1 to come out to discuss the following:

- 2017 and 2018 spring freshet damages and repairs;
- Water use schedules;
- Ditch Rider's duties and responsibilities; and
- Members questions and concerns;



If you have any questions, please call Brandi O'Flynn at 250-378-5157

MOTHERS'DAY LUNCH



**LOWER NICOLA
INDIAN BAND**



Mother's Day luncheon

What: lunch

Where: Rocky Pines Community Center

Time: 12:00-1:30pm

Come out and join us to celebrate all the amazing mothers in the world with a wonderful lunch, loonie auction, 50/50 and a Mother's Day raffle basket



PROUD TO BE
LNIB



181 Nawishaskin Lane, Merritt, BC V1K 0A7
Phone: 250-378-5157 | Fax: 250-378-6188 | Toll Free: 1-888-447-1744
Email: reception@lnib.net

CHIEF AND COUNCIL ATTENDANCE

Chief and Council AttendanceTerm October 2016-September 2019

Month	Meeting s Called	Aaron Sumexheltza	Leona Antoine	Bill Bose	Harold Joe	Joanne Lafferty	Lesley Manuel	Connie Joe	Lucinda Seward
Oct- 16	4	3	4	4	4	4	2		3
Nov- 16	4	4	4	4	4	3	4		4
Dec- 16	3	3	3	3	2	3	3		2
Jan- 17	3	3	3	3	3	2	3		1
Feb- 17	4	3	3	4	4	4	4		4
Mar- 17	7	3	6	5	6	6	6		2
By- election	0	0	0	0	0	0	0	0	0
Apr- 17	5	4	5	4	5	5	5	2	4
May- 17	8	6	8	7	7	6	7	8	7
June- 17	3	3	3	3	3	2	3	1	2
July- 17	3	3	1	3	3	3	3	3	2
Aug- 17	0	0	0	0	0	0	0	0	0
Sep- 17	5	5	5	5	4	3	5	4	4
Oct- 17	5	3	5	4	4	4	4	5	4
Nov- 17	4	4	4	4	3	3	4	4	3
Dec- 17	2	1	2	2	2	1	2	1	2
Jan- 18	4	3.5	3	3	4	2	3	4	4
Feb- 18	2	2	2	1	2	1	2	2	1
Mar- 18	3	3	2	1	2	3	3	2	2
Apr- 18	3	2	3	3	2	0	3	2	3
May- 18	3	3	3	3	2	3	3	3	1
June- 18	3	3	3	3	3	3	3	3	3
July- 18	1	1	1	1	1	0	1	1	1
Aug- 18	1	1	1	1	1	1	1	1	1
Sept- 18	3	3	3	2	1	2	2	3	2
Oct-18	4	4	3	2	3	4	2	3	3
Nov-18	2	1	1	2	2	1	0	1	2
Dec-18	1	0	1	1	1	0	1	1	1
Jan-19	2	1	2	2	1	2	2	2	1
Feb-19	2	1	2	2	2	1	2	1	1
Mar-19	4	4	3	4	4	4	0	3	4
Apr-19	2	2	2	2	2	1	2	1	1
TOTAL	100	82.5	91	88	87	77	85	61	75

As of April 15, 2019

COUNCILLOR LEONA ANTOINE

Full time Council Leona Antoine
May 2019 Report

May flowers are just on the verge of popping out and I'm watching for other signs of when to start harvesting; asparagus, bitter root, trout, potatoes, and mushrooms. Easter weekend in the Similkameen with rodeo fans we were surrounded by balsam root, saskatoon bushes blooming and warmer nights. I am now very anxious for our Nicola Valley to come alive. I miss spring when a few families would brand calves and turning out of cows onto summer range 20 km past Coldwater. I do however venture out to other neighboring ranches and my kids help where they can.

In recent weeks I am seeing more smoke in the air, which I think is a good thing for our tmix. A core group of us started bringing back the fire as a tool to reinvigorate our medicines and burn off built up fuels and return carbon back into our soils. This is not a new concept to our ancestors. As leaders we are the fire keepers voice to allow our traditional burns to be brought back on the entire landscape versus just on reserves. Please ensure if you are burning your property that you notify the fire department, so they can be on stand by to ensure there is a quick response. It is critical to have knowledge of the fuels on how they burn, weather conditions, time of day, and have fire suppression or guards ensuring our communities safety.

Within our communities outer perimeters beyond personal property have been treated for built up fuels to maintain the brush and ensure our safety. Our band member Jonas Joe, crew leader for the Unit crew fire fighters and 20 years of experience in fire behavior, attended several community meetings educating us how to be fire smart around our homes. There will be continued education throughout our programs to implement and become recognized as a Fire Smart Community. A film crew came through the Nicola Valley which included Jonas, Jordon Joe and I on our thoughts of fire at the community level to a larger landscape level with traditional burning. Social media is a powerful tool to educate the public and will continue efforts to ensure all know how important this initiative is. Stay tuned!!!!

The Provincial Government and leadership have been busy in recent weeks to figure out our main concerns and how to implement UNDRIP (United Nations Declaration of Indigenous Peoples) and Reconciliation for our children, education, natural resources, housing and economic development. There were a few Agreements that have been signed to support the principles of working together, but of coarse we always ensure that whenever meeting that it is not considered consultation. We will stay engaged and agreements are a very light commitment ensuring the dialogue of opting out is an option if we are not trusting the process. For those that would like further details of agreements please contact Chief and Council and we will email the documents with clarification if needed.

The Cowichan River trip in the beginning of April was very enlightening to see actual work completed on the salmon habitats, conservation of water, and bank erosion. The local Forestry provincial staff joined us the first day and we all came out with some great ideas how collaborating our efforts can have the same goal outcomes. The second day we joined the Cowichan Tribal Council and their partners to review some of the technical and political efforts over the past 5 years and is very inspiring. We feel very hopeful that with everyone's efforts that great things can be done for the tmix as shown in Cowichan.

I have reached out to other local groups regarding fish habitat restoration and to start the discussions of common goals and what can be taken on with grants and other funding sources. Department Fisheries and Oceans, Ministry of Forests, Fraser Basin, Nicola Watershed Committee, Ranchers, Thompson Nicola Regional District, City of Merritt, dam owners, and forest licensees are very receptive and wanting to invest in the Guichon Creek and Nicola River. Some initiatives are salmon habitat, conservation of water use, flooding, drought, innovation on management of water, and monitoring. The Water Government to Government pilot project will be complimenting all this work but at a higher level of jurisdiction.

The forest licensees are seeing the mandate of Reconciliation on the horizon and have approached the Nicola 5 Forestry Committee to participate with the Foresters writing up the prescriptions for proposed logging blocks. Being a Registered Forest Technologist myself under the BC Forestry Professional Association, industry for 25 years, having up to 11 First Nations contractors conduct the forestry contracts I am quite familiar with the management regimes that should be implemented on the ground. I commend licensees for stepping up and conducting work on the ground versus waiting for the legislation to change at the Federal and Provincial level. The 4 phase process for Culture Management for all developers on the land is in phase 3 of and we are hoping that our referral departments will be done with this in the near future to implement on the tmix.

Announced in mid-April the chinook fisheries will not be open until mid-July to ensure numbers are returning in the future; as well as recreation and commercial will be delayed until August. This clearly is a precautionary as the numbers are on the decline from floods, drought, fires, and loss of habitat. Fraser Salmon Management Council delegates voted in favor of an agreement that has been in the works for 7 years with our negotiations team and Department of Fisheries and Oceans. With the dedication of past and present Chief and Council brought the final agreement to a solid legal binding agreement with Department of Fisheries and Oceans to have 5 of our First Nations negotiations panel with 5 DFO managers determining fisheries allocation that 55 bands will be signing off by June, 1. This will change the priority ensuring First Nations allocation is first and foremost followed by commercial and recreation harvest.

As many have been watching the Trans Mountain proposed twinning of the existing line fiasco LNIBs team have been very busy ensuring that all opportunities are secured if the project does go through. Topics such as environmental concerns, social impacts, safety concerns, employment, and

certification of band members to ensure they are employable if there is opportunity. Concerns of the Federal government owning the pipeline and being the regulators have been included in discussions of oversight of the environment as well.

LNIB owning OMH company has given us insight the true condition of the existing pipeline and given comfort knowing we are the ones that ensure the pipe is in prime condition. The previous owners still manage operational staff and we have gotten word through the industry themselves that OMH is the most preferable contractor to work on the pipes, something to be proud of. There was a community meeting early April, which was well attended by band members to meet and have any questions answered by the company.

One of my big pushes with the location and high risks of the Nicola Valley we need to ramp up Emergency Response Teams with a number of transportation routes that contain hazardous material, spills from CP Rail, pipelines carrying oil and natural gas, fires, floods, shut down of highways and stranding travelers in our valley under extreme weather conditions etc. Emergency Management of BC, Trans Mountain, and Natural Resources Canada have made some proposals of stationing emergency centers in Lower Nicola with training and capacity funds to address this issue. We stated we are interested and will continue efforts to ensure we are being provided a quick response time for all emergencies.

Nlakapmux Nation leadership have met this month to issue a letter to the Shuswap Nation (SSN) and the Province of our concerns of encroachment and strength of claim from the Shuswap Nation. This is just the beginning work we will be working on as a nation. We are hoping in coming weeks that we can have a nation community weekend to engage all membership on the work that we all have to do as a nation.

CNA hosted a cleanup at Jack Ass Mountain fishing grounds April, 29. Youth, elders and fisher people all rounded up 2 loads of garbage at the end of the day. Perhaps with garbage bins and proper bathroom facilities we will be able to keep the grounds clean. As stewards of the land we all need to do our part.

I hope to see members out at the number of events in May including Turn me Loose in Shulus Run, Traditional Lands workshop, Trans Mountain community engagement, culture program and fitness program.

GREEN ENERGY INITIATIVES

Greetings LNIB Members,

Update on the Green Energy Initiatives that I am currently working on. I have a survey on the LNIB website, this is to generate any questions, comments, and awareness regarding our carbon footprint on our Earth. If you are able; please check out the survey: lnib.net

In addition, I would like any LNIB members who are on reserve, who wish to have their homes assessed for an Energy Efficiency Assessment, to please contact me so we may begin the process.

Also, are any Band members interested in training to become a qualified Energy Efficiency Assessor for our Band? Please see Barbara Huston or contact Shane Coutlee at the LNIB Education Department.

I currently have an office challenge going on in our office so when you enter one of our buildings and it seems darker than normal, it is due to our staff utilizing minimal power by turning off lights and unplugging any extra power to outlets. I encourage our membership to try and do the same - unplug any appliances that are not in use, unplug phone power cords, turn off lights in rooms that are unused, turn off water when brushing teeth (I always have to say out loud "water off"), and any other methods of economizing the Hydro, and Fortis billings in your home.

Kwukwscemxw
Barbara Huston
Renewable Energy Coordinator
Ph (250) 378-5157,
Direct Ph (236) 575-2036

Half a carrier bagful of stinging nettle tops,
or fresh-looking larger leaves

50g butter

1 large onion peeled and finely chopped

1 litre vegetable or chicken stock, or even
light fish stock

1 large potato, peeled and cut into cubes

1 large carrot, peeled and chopped

Sea salt and freshly ground black pepper

2 tbsp sour cream

A few drops of Tabasco

NETTLE SOUP

Wearing rubber gloves, sort through the nettles, discarding anything you don't like the look of and any thick stalks. Wash the nettles and drain in a colander.

Melt the butter in a large saucepan, add the onion and cook gently for 5-7 minutes until softened.

Add the stock, nettles, potato and carrot. Bring to a simmer and cook gently until the potato is soft, about 15 minutes.

Remove from the heat. Using an electric hand-held stick blender, purée the soup and then season with salt and pepper to taste.

Ladle into warmed bowls and float a teaspoonful of creme fraiche on top. As this melts, swirl in a few drops of extra-virgin olive oil and Tabasco.

recipe: River Cottage.com

EXECUTIVE DIRECTOR



Dear LNIB Members,

I am pleased to present our monthly report for April 2019. We are proud to share some of the stories, events and highlights of the programs and services that we delivered to Lower Nicola Indian Band members in the past month. I will start vacation on April 22, 2019 and will return to the office on May 7, 2019.

The Band Office continues to be a busy place and there are always many things on the go, many people visiting to discuss their issues.

Here are some of the things we are working on:

Website: LNIB website is functional however the Members Only portion is disabled and most documents can be found under the documents section on the website. If you can't find what you're looking for please stop by the administration building and we will do our best to help you with your request.

Community Meetings: LNIB hosted many community meetings this month. Surerus/Murphy held a Resume Workshop on April 3, 2019 at the Shulus Hall to assist membership put their best foot forward. April 10-11, 2019 the Seabird Island Diabetes Team was in the community doing health checks on diabetics and doing diabetes screening on anyone interested. A Community East Party was held at the Rocky Pines Community Center on April 14, 2019 with a great turnout and an opportunity to meet the Easter Bunny. LNIB School scheduled a breakfast fundraiser on April 26, 2019 thanks to those who made it out to support our school. Standardized Traffic Control Training is offered to membership on April 27-28, 2019 to improve employability.

Committees and Liaisons: Lands Management Advisory Committee met on April 8, 2019 and will be posting minutes to the website once they are ratified. There is still a vacant spot that needs to be brought to Chief and Council to be filled. Finance and Audit Committee has recommended to hire a new Auditor. The company that was chosen for the 2019-2020 fiscal year audit is BDO Financial; we look forward to the new relationship and thank RHN Chartered Professional Accountants for their years of service providing our auditing services.

Support to Chief and Council: Chief and Council met April 2, 2019, April 4, 2019 and April 16, meeting was canceled in respect to the Sterling family's loss of their loved one. Condolences to the family. The next Band General is scheduled for May 27, 2019 at 6:00pm at the Shulus Hall. Should you require anything be on the agenda please contact Sondra Tom or myself.

FINANCE COMMITTEE NEEDS MEMBERS

RECRUITMENT OF FINANCE COMMITTEE MEMBERS

The Chief and Council of LNIB is looking to recruit two people to join the LNIB Finance Committee. . If you are interested in being appointed by Chief and Council as a member of the LNIB Finance Committee and have some background in accounting or financial management, please forward your expression of interest along with a short biography of your financial experience and two references to:

Barry Torgerson, CPA, CMA
Director of Finance
Lower Nicola Indian Band
barry.torgerson@lnib.net
or a hardcopy to be left at the front desk of the LNIB Administration Office.

If you have any questions or require more information, please contact Barry Torgerson at 250-378-5157



DAY SCHOOL CLASS ACTION



April 17, 2019

We would kindly ask that you print a copy of the Notices, see below, and make them available for interested members of the public to read. They are available on the IDS website in English, French, Cree, Ojibwa, Dene, Inuktitut and Mik'maw.

Dear Chief and Council,

Re: Day School Class Action Settlement

We are writing to provide important information regarding the *McLean v Canada* (Court File No. T-2169-16) Federal Indian Day Schools class action.

On March 12, 2019, Minister of Crown-Indigenous Relations, Carolyn Bennett, announced an out-of-court Settlement with Class Members in relation to Canada's establishing and funding of Federal Indian Day Schools ("Indian Day Schools") and its subsequent control and management of the schools, known in the north as Federal Day Schools.

The rights of those who attended a Federal Indian Day School may be affected by this Settlement.

As part of the Settlement, Canada will provide compensation to eligible Survivor Class Members. Compensation ranges from \$10,000 for harms associated with attendance at an Indian Day School to \$200,000 for repeated incidents of sexual abuse and/or physical assault causing long-term injury. The baseline harm for claims is such that nearly everyone who attended an Indian Day School will be eligible for at least \$10,000 in compensation. Eligible Class Members will receive a single payment reflecting the most severe harms they suffered, irrespective of the number of schools attended.

The process to claim compensation will be simple, culturally sensitive, non-adversarial, and user-friendly. There will be minimal verification requirements, and the documentation people may be asked to provide (for example, photos or personal correspondence) will not require a difficult process or third-party to obtain.

To be an eligible Survivor Class Member, a person must have attended one of the identified Indian Day Schools listed on Schedule K to the Settlement Agreement that is available on the Indian Day School website (www.indiandayschools.com). There is a built-in process to update the list of schools as needed. If there appears to be a school that needs to be added to the list, please contact Class Counsel with whatever information is available about that particular school. Class Counsel will then provide this information to Canada, which has independent researchers dedicated to investigating these schools. As soon as a new federally-run school is verified, it will be added to the list.

Gowling WLG (Canada) LLP
Suite 2400, 16-1700 Street
Ottawa, ON K1P 1G1, Canada

For more information, please contact:
Class Counsel
Gowling WLG (Canada) LLP
www.gowlingwlg.com



In recognition of the intergenerational trauma caused by the Indian Day Schools, the Settlement also provides for a \$200M Legacy Fund that will be used to support commemoration projects, health and wellness projects, and language and culture initiatives. More information on the Legacy Fund is available on the IDS website.

The McLean Settlement Agreement must be approved by the Federal Court before Survivor Class Members can begin making application for compensation.

The enclosed Notice provides information on the Settlement Agreement and next steps, including the Settlement Approval Hearing scheduled to be heard on May 13, 14 and 15, 2019 at the Federal Court, 363 Broadway, Winnipeg, MB R3C 3G9.

Class Counsel is committed to providing support to Class Members throughout this process. Whether in person, through our call centre, at our offices across Canada, and our ongoing community presentations – we will remain accessible and available to Class Members, to assist as needed including in regard to documentation, regardless of where the Class Member lives.

We do this at no cost to Class Members.

For more information and the latest developments, please visit:

Website: www.indianday.schools.com

Facebook: @McLeanClassAction

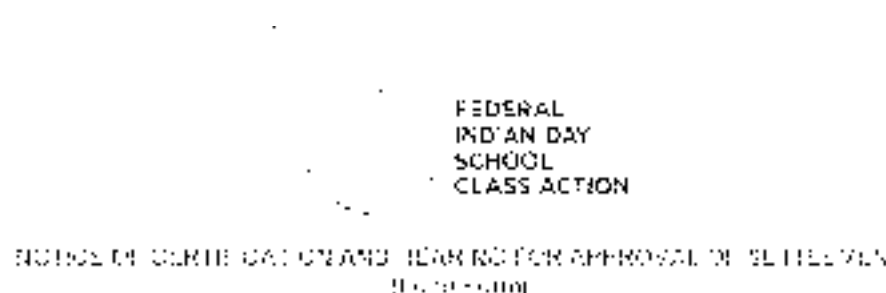
Twitter: @IndianDaySchool

Robert W. Nogran

Partner

Jeremy S. Gauthier

Partner



INDIAN DAY SCHOOL LITIGATION

Litigation involving the federal Indian day schools and the right to education for First Nations children.

The Federal Court authorized this Notice. This is not a solicitation from a lawyer.

- In the case action *McLaurin v. Canada*, about 15,000 (2000?) students who attended a federal Indian Day School sought damages from Canada for the wrongs done to them as a result of their attendance.
- This litigation was certified in June 2017. The court found that a class proceeding in the Federal Court.
- The Court designated the plaintiffs Roger Augustine and Elmerie O'Brien as representatives of the Class and Michelle Puchan as representative of the Class Counsel.
- The Government of Canada ("Canada") has agreed to an order of Settlement with Class Members in relation to the settlement of the litigation of federal Indian Day Schools – **Indian Day Schools** – and its subsequent effects on the management of the Indian day schools.
- As part of the Settlement, Canada will provide compensation to Dispute Class Members.
- The Settlement must be approved by the Federal Court, and the compensation is subject to approval by Class Members. The plan of the Court will allow all the Class Members who do not opt out of the proposed **Indian Day Schools** Settlement to join.
- The date and location for the proposed Settlement Approval Hearing is **May 13, 14 and 15, 2019 at the Federal Court, 363 Broadway, Winnipeg, MB R3C 3N9**.
- Class Counsel will ask the Court to approve the Settlement and to make orders for the implementation of the Settlement.

Your Legal Rights And Options in This Proposed Settlement:

1. **Do Nothing:** If you support the Settlement Agreement, you should take no action at this time. Please note that you will give up any rights related to the Settlement under this action.
2. **Submit a Statement of Support:** If you support the proposed Settlement, you can choose to file a Statement of Support by delivering a statement of support to Class Counsel at the address below by **May 3, 2019**. Class Counsel will file a Statement of Support with the Court in support of the Settlement Agreement. You do not need a court Statement of Support directly to the Court.
3. **Object to the Proposed Settlement:** If you do not agree with the proposed Settlement, you have the right to oppose the Settlement by delivering an objection form to Class Counsel at the address below by **May 3, 2019**. Class Counsel will file an objection form with the Court in support of the Settlement Approval Hearing. Objections will be heard by the Court.
4. **Attend the Settlement Hearing:** Go to the **Federal Court, 363 Broadway, Winnipeg, MB R3C 3N9**. You will receive a Statement of Support or an Objection form to Class Counsel. You can also file a court Statement of Support to the Court. You will receive a Statement of Support or an Objection form which you will need to bring to the Settlement Approval Hearing.

The following pages provides more information on the Class Action and the Settlement Approval Hearing.

NOTICE OF SETTLEMENT HEARING AND APPROVAL HEARING FOR THE PROPOSED SETTLEMENT

PROPOSED
SETTLEMENT
HEARING
APPROVAL HEARING

WHERE IT IS HELD, DATE, AND TIME

BASIC INFORMATION ABOUT THIS SETTLEMENT

1. What is the Settlement?
2. What is the purpose of the Settlement?
3. What is the purpose of the Settlement?
4. What is the Indian Day School Class Action about?
5. Why is there a Settlement?

WHO IS INCLUDED IN THE SETTLEMENT?

1. Who is included in the Settlement?
2. What if I am not sure who is included in the Settlement?

SETTLEMENT BENEFITS

1. What does the Settlement provide?
2. How will the money be paid?
3. When will the money be paid?
4. What are the terms of the Settlement?
5. Can I be removed from the Settlement?

RECEIVING A PAYMENT

1. How can I receive a payment?
2. What if my claim is denied?
3. What if I disagree with the terms of the proposed Settlement?

THE LAWYERS REPRESENTING YOU

1. Who are the lawyers for the plaintiff?

THE APPROVAL HEARING

1. Is it possible for me to object to the proposed Settlement?
2. How do I object to the proposed Settlement?
3. When and where will the court decide whether to approve the proposed Settlement?
4. How do I attend the hearing?
5. May I speak at the hearing?
6. What if I am not there?

MORE INFORMATION

1. How do I get more information?

For more information, please contact the Lower Nicola Indian Band at 250-735-2222.

250-735-2222
250-735-2222
250-735-2222

BAND OFFER REFORMATION ABOUT THE SCHOOLS ACTION

1. Why did I get this notice?

You have received this notice for one of three reasons:

First, you submitted an Indian Day School Class Action Registration Form to Lawpex. If your Registration Form did not Class Counsel with or due to other reasons, you will receive this notice about the Class Action and the Settlement.

Second, you received a class action notice from the court because the court has determined that you are a member of the class of persons who were affected by the actions of the school board and the school board's actions.

Third, you found the notice in a published notice about the class action. Class Members as well as those who have been notified by the court and the court's determination that they are a member of the class and are affected by the actions of the school board and the school board's actions.

2. What is an Indian Day School?

Indian Day Schools include those schools established and operated by the federal government of Canada. Indian Day Schools were established by the federal government of Canada and were operated by the federal government of Canada. Indian Day Schools were established by the federal government of Canada and were operated by the federal government of Canada.

3. What is a class action?

The class action is a legal proceeding called **Plaintiffs** who are affected by the actions of the school board and the school board's actions. The class action is a legal proceeding called **Plaintiffs** who are affected by the actions of the school board and the school board's actions.

4. What is the Indian Day School class action about?

The class action is about the actions of the school board and the school board's actions. The class action is about the actions of the school board and the school board's actions. The class action is about the actions of the school board and the school board's actions.

The class action was brought forward by the school board and the school board's actions. The class action was brought forward by the school board and the school board's actions.

The class action was brought forward by the school board and the school board's actions. The class action was brought forward by the school board and the school board's actions.

5. Why is there a settlement?

Canada has agreed to a settlement with the school board and the school board's actions. The settlement is about the actions of the school board and the school board's actions.

6. Who is included in the Settlement?

The Representative Douthett and her advisors think he presented Gellert and as the best interests of a Class Members.

1. Get a 2 x 6 size weight for the record in the document, volume 2, 11. Class Course with questions and answers on page 10. Call the following for phone number: 1-844-530-1417

8. What does the Settlement provide?

Canada has agreed to pay compensation to the 14,000 Class Members in accordance with the seven criteria that surfaced with the challenge to the Dan Siskin Trust Settlement. The seven criteria included age, sex, family income, and Global Warming-related financial compensation. The court also awarded compensation to the following:

- Level 1: \$200,000, 0.00%
 Level 2: \$200,000, 0.00%
 Level 3: \$200,000, 0.00%
 Level 4: \$200,000, 0.00%
 Level 5: \$200,000, 0.00%

where the settlement is a worldwide settlement, received solely payment in the amount specified with the settlement from the person(s) attending or attending in India Tax Sundry, irrespective of the number of returns attended. Each year contains verification requirements. The claims Assessment (no and other items are available in Schedule 1 and Schedule 2 Agreement, The Settlement Agreement is available at <http://www.irs.gov/individuals>.

It is important to note that the above results are based on the assumption that the data are stationary. If the data are non-stationary, the results may be biased. Therefore, it is important to test for stationarity before using the above results.

1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13. 14. 15. 16. 17. 18. 19. 20. 21. 22. 23. 24. 25. 26. 27. 28. 29. 30. 31. 32. 33. 34. 35. 36. 37. 38. 39. 40. 41. 42. 43. 44. 45. 46. 47. 48. 49. 50. 51. 52. 53. 54. 55. 56. 57. 58. 59. 60. 61. 62. 63. 64. 65. 66. 67. 68. 69. 70. 71. 72. 73. 74. 75. 76. 77. 78. 79. 80. 81. 82. 83. 84. 85. 86. 87. 88. 89. 90. 91. 92. 93. 94. 95. 96. 97. 98. 99. 100. 101. 102. 103. 104. 105. 106. 107. 108. 109. 110. 111. 112. 113. 114. 115. 116. 117. 118. 119. 120. 121. 122. 123. 124. 125. 126. 127. 128. 129. 130. 131. 132. 133. 134. 135. 136. 137. 138. 139. 140. 141. 142. 143. 144. 145. 146. 147. 148. 149. 150. 151. 152. 153. 154. 155. 156. 157. 158. 159. 160. 161. 162. 163. 164. 165. 166. 167. 168. 169. 170. 171. 172. 173. 174. 175. 176. 177. 178. 179. 180. 181. 182. 183. 184. 185. 186. 187. 188. 189. 190. 191. 192. 193. 194. 195. 196. 197. 198. 199. 200. 201. 202. 203. 204. 205. 206. 207. 208. 209. 210. 211. 212. 213. 214. 215. 216. 217. 218. 219. 220. 221. 222. 223. 224. 225. 226. 227. 228. 229. 230. 231. 232. 233. 234. 235. 236. 237. 238. 239. 240. 241. 242. 243. 244. 245. 246. 247. 248. 249. 250. 251. 252. 253. 254. 255. 256. 257. 258. 259. 260. 261. 262. 263. 264. 265. 266. 267. 268. 269. 270. 271. 272. 273. 274. 275. 276. 277. 278. 279. 280. 281. 282. 283. 284. 285. 286. 287. 288. 289. 290. 291. 292. 293. 294. 295. 296. 297. 298. 299. 300. 301. 302. 303. 304. 305. 306. 307. 308. 309. 310. 311. 312. 313. 314. 315. 316. 317. 318. 319. 320. 321. 322. 323. 324. 325. 326. 327. 328. 329. 330. 331. 332. 333. 334. 335. 336. 337. 338. 339. 340. 341. 342. 343. 344. 345. 346. 347. 348. 349. 350. 351. 352. 353. 354. 355. 356. 357. 358. 359. 360. 361. 362. 363. 364. 365. 366. 367. 368. 369. 370. 371. 372. 373. 374. 375. 376. 377. 378. 379. 380. 381. 382. 383. 384. 385. 386. 387. 388. 389. 390. 391. 392. 393. 394. 395. 396. 397. 398. 399. 400. 401. 402. 403. 404. 405. 406. 407. 408. 409. 410. 411. 412. 413. 414. 415. 416. 417. 418. 419. 420. 421. 422. 423. 424. 425. 426. 427. 428. 429. 430. 431. 432. 433. 434. 435. 436. 437. 438. 439. 440. 441. 442. 443. 444. 445. 446. 447. 448. 449. 450. 451. 452. 453. 454. 455. 456. 457. 458. 459. 460. 461. 462. 463. 464. 465. 466. 467. 468. 469. 470. 471. 472. 473. 474. 475. 476. 477. 478. 479. 480. 481. 482. 483. 484. 485. 486. 487. 488. 489. 490. 491. 492. 493. 494. 495. 496. 497. 498. 499. 500. 501. 502. 503. 504. 505. 506. 507. 508. 509. 510. 511. 512. 513. 514. 515. 516. 517. 518. 519. 520. 521. 522. 523. 524. 525. 526. 527. 528. 529. 530. 531. 532. 533. 534. 535. 536. 537. 538. 539. 540. 541. 542. 543. 544. 545. 546. 547. 548. 549. 550. 551. 552. 553. 554. 555. 556. 557. 558. 559. 560. 561. 562. 563. 564. 565. 566. 567. 568. 569. 570. 571. 572. 573. 574. 575. 576. 577. 578. 579. 580. 581. 582. 583. 584. 585. 586. 587. 588. 589. 590. 591. 592. 593. 594. 595. 596. 597. 598. 599. 600. 601. 602. 603. 604. 605. 606. 607. 608. 609. 610. 611. 612. 613. 614. 615. 616. 617. 618. 619. 620. 621. 622. 623. 624. 625. 626. 627. 628. 629. 630. 631. 632. 633. 634. 635. 636. 637. 638. 639. 640. 641. 642. 643. 644. 645. 646. 647. 648. 649. 650. 651. 652. 653. 654. 655. 656. 657. 658. 659. 660. 661. 662. 663. 664. 665. 666. 667. 668. 669. 670. 671. 672. 673. 674. 675. 676. 677. 678. 679. 680. 681. 682. 683. 684. 685. 686. 687. 688. 689. 690. 691. 692. 693. 694. 695. 696. 697. 698. 699. 700. 701. 702. 703. 704. 705. 706. 707. 708. 709. 710. 711. 712. 713. 714. 715. 716. 717. 718. 719. 720. 721. 722. 723. 724. 725. 726. 727. 728. 729. 730. 731. 732. 733. 734. 735. 736. 737. 738. 739. 740. 741. 742. 743. 744. 745. 746. 747. 748. 749. 750. 751. 752. 753. 754. 755. 756. 757. 758. 759. 760. 761. 762. 763. 764. 765. 766. 767. 768. 769. 770. 771. 772. 773. 774. 775. 776. 777. 778. 779. 780. 781. 782. 783. 784. 785. 786. 787. 788. 789. 790. 791. 792. 793. 794. 795. 796. 797. 798. 799. 800. 801. 802. 803. 804. 805. 806. 807. 808. 809. 810. 811. 812. 813. 814. 815. 816. 817. 818. 819. 820. 821. 822. 823. 824. 825. 826. 827. 828. 829. 830. 831. 832. 833. 834. 835. 836. 837. 838. 839. 840.

9. How will the lawyers be paid?

As part of our Cross-Course Learning Initiative for the year 2010-2011, the Faculty of Business Management has organized a series of Cross-Course Learning Case Studies. The first case study in the series is "The Canadian Automobile Industry Case Study" (2010-2011). It is a case study for the first year of the business program.

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10. When will I receive my payment?

The α - and β -phase diagrams are displayed in Fig. 1 and 2, respectively, where the α -phase is the low-temperature phase and the β -phase is the high-temperature phase.

the 1990s. Members of private corporations often kept their own records and reported to the tax authorities. But after the introduction of the additional individual income tax in 1997, the time and effort involved in keeping a tax record itself became a considerable burden for taxpayers. The 1998 tax reform, therefore, introduced a new standard method for computing taxable income, and the tax authority also provided a standard method for computing taxable income.

bioRxiv preprint doi: <https://doi.org/10.1101/081461>; this version posted November 17, 2016. The copyright holder for this preprint (which was not certified by peer review) is the author/funder, who has granted bioRxiv a license to display the preprint in perpetuity. It is made available under aCC-BY-NC-ND 4.0 International license.

11. What am I giving up in the Settlement?

If an Order is granted by the Court approving the Settlement of this action, the judgment will be binding on all class members who do not opt out of the proceedings.

¹ <http://www.fda.gov/oc/ohrt/ohrt.htm>. The original Settlement Agreement between the FDA and the HHS dated a time at or about 1993, contains many provisions not reflected in the 1995 Settlement Agreement. The 1995 Settlement Agreement is the only one that is publicly available. The 1993 Settlement Agreement is a confidential document of the FDA and HHS.

Following this discussion, Bell and his colleagues proposed a new experimental setup to test the validity of the quantum mechanical prediction (eq. (4.8.10)).

*The important difference between the two is the location of the "General" clause: in the Schwartz Agreement, it is located in the middle of the clause, but in all other contracts, it is located at the end.

12. Can I remove myself from the Settlement?

The order of the first two columns is determined by the order of the least squares solution with the product of the regression coefficients closest to 1 (see Table 1).

1. You are not a 100-Day Member unless you have received from the Settlement Unit an Opt-Out Form signed by a settlement agent, and a signed agreement to accept the terms of the settlement. The Opt-Out Period is 60 days after the date of the 100-day notice. See the Settlement Agreement. The Opt-Out period is:

View more of [Cathy's Collections](#)... [See all collections](#)

1962: 213 & 227-228

13. How can I receive a payment?

For proposed amendments to appear on the ballot, the voter committee must submit a petition signed by 10% of the registered voters in the district. The chairperson of the voter committee must submit the petition to the clerk of the board of elections. The clerk of the board of elections will then schedule the election. The clerk of the board of elections will also be responsible for the election results.

1. $\text{Im}(\alpha) = 0$ and $\text{Re}(\alpha) = 1$ (i.e. $\alpha = 1$). In this case, α is the identity map, and $\text{Re}(\alpha) = 1$ and $\text{Im}(\alpha) = 0$. The transformation α is the identity map, and $\text{Re}(\alpha) = 1$ and $\text{Im}(\alpha) = 0$.

See the following link for the full text of the Terms and Conditions:

<https://www2.gov.bc.ca/gov/content/indigenous/indian/claims/claimants/claimants-terms-conditions-2019.pdf>

Application forms will be available at <https://www2.gov.bc.ca/gov/content/indigenous/indian/claims/claimants/claimants-terms-conditions-2019.pdf> and the Claims Administration after the proposed Settlement Agreement is approved by the Federal Court.

14. What if my claim is denied?

The Claims Administration will notify you if your claim is denied.

After Appeals have been completed, you determine if you are Class Member only, you have already been compensated, or that the Settlement Agreement is approved by the Federal Court.

15. What if I disagree with the level of compensation awarded?

If you are the English-Creek Member and disagree with the level of compensation for your cultural site and a historical Indian location, the Claims Administration will review your Application and approve a level of compensation in accordance with the *Terms Assessment* link.

The Claims Administration opposes your Application for a level of compensation that will not be reviewed, or entitled to enter the *Terms Assessment* link, to allow the other to provide further information and have your claim assessed in light of all further information received from the benefit of the Claims Administration's decision.

The Claims Administration opposes your Application for a level of compensation that will not be reviewed, or entitled to enter the *Terms Assessment* link, to allow the other to provide further information and have your claim assessed in light of all further information received from the benefit of the Claims Administration's decision.

15-1. See the *Terms Assessment* link for more information.

16. Who are the lawyers for the plaintiffs?

Gowling WLG was appointed as Counsel for the Lower Nicola Band and the Class Counsel, and if you are a Class Counselor.

Gowling WLG (Canada) LLP
180 Elgin Street
Suite 2600
Ottawa, Ontario K1P 1G3

Robert A. Bouchard, Partner
Tel: 613 562 2111

rob.bouchard@gowlingwlg.com

Jeremy Bouchard, Partner
Tel: 613 562 2246

jeremy.bouchard@gowlingwlg.com

Mary M. Thomson, Partner
Tel: 613 562 2544

mary.thomson@gowlingwlg.com

Marissa L. Gaudin, Counsel
Tel: 613 562 2544

marissa.gaudin@gowlingwlg.com

About Class Counsel

Lead Class Counsel are Robert Bouchard, Jeremy Bouchard and Mary M. Thomson of the law firm, Gowling WLG (Canada) LLP. Mr. Bouchard and Mr. Bouchard have over 20 years of combined legal experience in the field of Aboriginal Law and Litigation. Ms. Thomson is a class action specialist and has 20 years of litigation experience. Gowling WLG is a national law firm which is consistently recognized for its representation of and on behalf of First Nations and Aboriginal organizations across Canada.

There is no charge to speak to Class Counsel.

For more information, please contact the court at 1-800-944-8888.

English
Français
Español
Tagalog

THE APPROVAL HEARING

17. Is there a way for me to show my support for the proposed Settlement?

You can support the proposed Settlement by submitting a Statement of Support in mail to Class Counsel. It should include:

- Your name, address, and telephone number
- The reasons you support the proposed Settlement
- The Indian Day School that you attended and the years that you attended, and
- Your signature

You must mail your Statement of Support, postmarked by **May 3, 2019** to:

Indian Day School Class Action – Support
Corynne W. G. Garmann, F.
161 Fynn Street
Suite 200
Oxley, British Columbia
V2X 1G1

Class Members may speak at the Approval Hearing. If you are a Class Member, you can use the Court's permission to speak at the Approval Hearing. To do so, please provide your Statement of Support to at least one of the Class Action Settlement Hearing.

18. How do I object to the proposed Settlement?

You can object to the proposed Settlement by submitting a written statement of objections. The Court will consider your views. To object, you must submit an Objection Form to Class Counsel that will be sent to the Court.

- Your name, address, and telephone number
- A statement stating that you object to the Indian Day School proposed Settlement
- The reasons you object to the proposed Settlement, in English and supporting materials
- The Indian Day School that you attended and the years that you attended, and
- Your signature

You must mail your Objection Form, postmarked by **May 3, 2019** to:

Indian Day School Class Action – Objection
Corynne W. G. Garmann, F.
161 Fynn Street
Suite 200
Oxley, British Columbia
V2X 1G1

Objecting to the Settlement Agreement is not the same as Opting Out

If you object to the Settlement Agreement, you are not necessarily submitting a Statement of Objection and if you do not, you are not appearing at the Settlement Approval Hearing.

Although Class Members may make objection to the proposed Settlement, the Final Decision on Approval of the Settlement is that of the Judge alone.

Class Members may speak at the Approval Hearing. If you are a Class Member, you can use the Court's permission to speak at the Approval Hearing. To do so, please provide your Objection Form to at least one of the Class Action Settlement Hearing.

$$\begin{aligned} & 11, 12, d \\ & P(d) = \frac{1}{2} - d \\ & \frac{1}{2} \leq d \leq 1 \\ & \therefore \text{max } P(d) = \frac{1}{2} \text{ at } d = \frac{1}{2} \end{aligned}$$

A. The hearing, before the Sub-Committee, is scheduled to be held on May 13, 14 and 15, 2010 at the Federal Court, 353 Broadway, Winnipeg, MB R3C 1N9

20. Do I have to attend the hearing?

Students NOT have to attend the hearing. Class Counsel will answer questions of the Court. Thus, we avoid the possibility of a Settlement Agreement. I will send an explanation of my statement of the problem to the Court. You can continue to attend the hearing. Class Counsel will stay to answer questions of the Court in advance of the Scholastic Activity Hearing.

21. May I speak at the hearing?

Class members may speculate the *Agave* is doing "typical" cellular functions (growth and differentiation) but not photosynthesis. The *Agave* is doing "housekeeping" (metabolism) in the "cubicles" or fields of cells that are not exposed to the outside world. We know this about the *Agave* because:

22. What if I do nothing?

¹ See *Wong v. United States*, 1975, 507 F.2d 1069, 1073 (9th Cir. 1974).

MC 5- "MICKY" 15

23. How do I get more information?

¹ $\pi \in \Pi(\mathcal{M})$ is said to be *trivial* if $\pi(x) = 0$ for all $x \in \mathcal{M}$. We denote by $\Pi_0(\mathcal{M})$ the set of all nontrivial projections in $\Pi(\mathcal{M})$.

For a complete copy of the document, *Schools and Departments of Education in Indian Day School Class Action*, and a full list of members, visit www.aboriginalrights.ca.

FEDERAL INDIAN DAY SCHOOL CLASS ACTION

NOTICE OF CERTIFICATION AND SETTLEMENT APPROVAL HEARING (Settlement Form)

INDIAN DAY SCHOOL LITIGATION

This document is an important notice regarding your legal rights. Please read it carefully.

A class action lawsuit has been started on behalf of Indian Day School Class Members. The Government of Canada (Canada) has agreed to an out-of-court settlement with Class Members in relation to its historical and ongoing failure to fund Indian Day Schools (Indian Day Schools) and its subsequent care and management of the students and staff of the Indian Day Schools and provide compensation to eligible Class Members.

The settlement of this class action lawsuit is for the benefit of all eligible Class Members who have suffered or who will suffer as a result of Indian Day Schools. The eligible Class Members are those who attended Indian Day Schools from 1939 to 1998 and who were aged 18 or older at the time of the settlement.

The class was started by Gail McLean, who passed away before a settlement was reached. The lawsuit identified Roger Augustine and Talissa Gilmurray as Representative Plaintiffs for the Class. Class and Settlement Approval Hearing will be held on May 13, 14 and 15, 2019 at the Federal Court, 363 Bay Street, 17th floor, Toronto, Ontario M5H 2Y2. The hearing will be held in the morning and afternoon sessions. The hearing will be held in the morning and afternoon sessions. The hearing will be held in the morning and afternoon sessions.

WHAT DOES THE SETTLEMENT PROVIDE?

Canada has agreed to provide compensation to eligible Class Members in an out-of-court settlement. The settlement provides for a lump sum payment of \$100,000 to each Class Member who attended Indian Day Schools from 1939 to 1998 and who were aged 18 or older at the time of the settlement. The settlement also provides for a lump sum payment of \$100,000 to each Class Member who attended Indian Day Schools from 1939 to 1998 and who were aged 18 or older at the time of the settlement. The settlement also provides for a lump sum payment of \$100,000 to each Class Member who attended Indian Day Schools from 1939 to 1998 and who were aged 18 or older at the time of the settlement.

The settlement also includes a legal fund of up to \$100,000 to be used for legal costs and expenses of the settlement. The settlement also includes a legal fund of up to \$100,000 to be used for legal costs and expenses of the settlement. The settlement also includes a legal fund of up to \$100,000 to be used for legal costs and expenses of the settlement.

More information is available on the website of the settlement. The settlement also includes a legal fund of up to \$100,000 to be used for legal costs and expenses of the settlement. The settlement also includes a legal fund of up to \$100,000 to be used for legal costs and expenses of the settlement. The settlement also includes a legal fund of up to \$100,000 to be used for legal costs and expenses of the settlement.

WHO IS INCLUDED?

To be eligible for individual compensation, you must have attended Indian Day Schools from 1939 to 1998 and who were aged 18 or older at the time of the settlement. The settlement also includes a legal fund of up to \$100,000 to be used for legal costs and expenses of the settlement. The settlement also includes a legal fund of up to \$100,000 to be used for legal costs and expenses of the settlement.

For more information, please contact the Settlement Administrator at the Indian Day School Class Action.

HOW DO I RECEIVE COMPENSATION?

If you are eligible for compensation, you will receive it from the Settlement Administrator. The Settlement Administrator will provide you with a Settlement Approval Form. You must complete and return this form to the Settlement Administrator. The Settlement Administrator will then provide you with the compensation. The Settlement Administrator will then provide you with the compensation. The Settlement Administrator will then provide you with the compensation.

SETTLEMENT APPROVAL HEARING

A motion to approve the settlement is scheduled to be held on May 13, 14 and 15, 2019 at the Federal Court, 363 Bay Street, 17th floor, Toronto, Ontario M5H 2Y2. The hearing will be held in the morning and afternoon sessions. The hearing will be held in the morning and afternoon sessions. The hearing will be held in the morning and afternoon sessions.

If you agree with the proposed settlement, you do not have to do anything at this time, although you can choose to file a Statement of Support with Class Counsel, who will provide it to the Court. Do not send your Statement of Support directly to the Court.

You may also want to file a Statement of Objection with the Court. Do not send your Statement of Objection directly to the Court.

WHAT IF I DON'T AGREE WITH THE SETTLEMENT?

If you disagree with the proposed settlement, you have the right to object. You must file a Statement of Objection with the Court by May 13, 2019. The Settlement Administrator will provide you with a Statement of Objection Form. You must complete and return this form to the Settlement Administrator. The Settlement Administrator will then provide you with the compensation. The Settlement Administrator will then provide you with the compensation.

You may also want to file a Statement of Objection with the Court. Do not send your Statement of Objection directly to the Court.

Although Class Members may make objection to the proposed settlement, the final decision on approval of the settlement is made by the Judge alone.

WHAT IF I CANNOT ATTEND THE APPROVAL HEARING?

If you are unable to attend the Approval Hearing, you may still be able to attend the Approval Hearing. The Settlement Administrator will provide you with a Statement of Objection Form. You must complete and return this form to the Settlement Administrator. The Settlement Administrator will then provide you with the compensation. The Settlement Administrator will then provide you with the compensation.

NOTICE OF CLASS ACTION SETTLEMENT AND OPT-OUT DEADLINE

11-13274
 2019-05-14
 11:55:31 AM
 11-13274-1-1

Class members will be able to opt out of the Settlement Agreement and the Settlement Agreement. You must contact Class Counsel at the contact information below no later than May 1, 2019. If addressed at the address below, you will be able to opt out of the Settlement Agreement. If you do not opt out of the Settlement Agreement, you will be bound by the terms of the Settlement Agreement.

CAN I OPT OUT OF THE SETTLEMENT?

The Settlement Agreement will be approved by the court and the court will be able to opt out of the Settlement Agreement. You must contact Class Counsel at the contact information below no later than May 1, 2019.

Opting out of the Settlement Agreement will be a permanent decision. You will not be able to opt out of the Settlement Agreement after the Settlement Agreement is approved by the court.

Class members will have the opportunity to opt out of the Settlement Agreement by May 1, 2019, and approval by the Federal Court. You will be able to opt out of the Settlement Agreement by May 1, 2019, and approval by the Federal Court.

Opting out of the Settlement Agreement will be a permanent decision. You will not be able to opt out of the Settlement Agreement after the Settlement Agreement is approved by the court.

Objecting to the Settlement Agreement is not the same as Opting Out. If you object to the Settlement Agreement, you should do so at the Settlement Approval Hearing.

IMPORTANT: Nothing in this Settlement Agreement will affect a Class Member's ability to pursue legal proceedings against a province, territory or foreign state for alleged injury suffered at a day school run by any of those entities.

APPROVAL SOUGHT FOR LEGAL FEES

Class Counsel has agreed to pay Class Counsel \$60,000.00 plus disbursements for legal fees and disbursements. No portion of Class Counsel Fees will come from the compensation paid to Survivors Class Members or to the Legacy Fund. Class Counsel Fees and disbursements will be paid to Class Counsel at the Settlement Approval Hearing.

FOR MORE INFORMATION

For more information about this Settlement Agreement, please contact Class Counsel at the contact information below.

You may also contact Class Counsel at the contact information below. There is no cost for speaking with Class Counsel.

Gowling WLG (Canada) LLP
 140 Elgin Street
 Suite 2100
 Ottawa, Ontario K1P 1C3

Law Firm Webber
 1000

Toll Free Number
 1-877-333-3333

Gowling WLG (Canada) LLP
 140 Elgin Street
 Suite 2100
 Ottawa, Ontario K1P 1C3

Gowling WLG (Canada) LLP
 140 Elgin Street
 Suite 2100
 Ottawa, Ontario K1P 1C3

Indian Day School Website
 www.indianday.school.ca

Jeremy Southern, Partner
 416-593-0000

2019-05-14 11:55:31 AM
 11-13274-1-1

Please share this information with your family and friends.

LANDS

MoTI Paving Project



The Ministry of Transportation and Infrastructure (MoTI) requested support from LNIB for resurfacing sections of Highway 97C and Tunkwa Lake Road in the spring and summer of 2019. The planned work is limited to resurfacing the existing paved surface of the road and may cause some additional gravel deposits on the shoulders – otherwise no ground disturbances are planned. On January 8, 2019 LNIB Chief and Council signed a BCR (with support from LMAC) allowing this project to come through Nicola Mameet IR No.1 and Pipseul IR No.3. As sections of this project are located on-reserve and within our traditional territory, MoTI has committed to having our cultural monitor conduct a site assessment in advance to ensure any culturally sensitive areas are identified.

The paving project is planned to start in the next few weeks and may cause some minor traffic delays in the area.

If you have any question or concerns please contact Brandi O'Flynn, Lands Agent at 250-378-5157 or at brandi.oflynn@lnib.net.



ECONOMIC DEVELOPMENT



**LOWER NICOLA
INDIAN BAND**

Steve Wilks
Employment Coordinator
Lands & Economic Development

We have been extremely busy here at the LNIB Lands & Economic Development office. We have hosted several events in collaboration with different companies connected to the TransMountain Pipeline Project. Some of the workshops and training sessions we have developed and implemented are as follows:

- Environmental Monitoring
- Cultural Awareness
- RISC Training
- Occupational First Aid
- Traffic Control, and
- Resume Writing Workshop

We had had a great deal of interest and participation from our members. These engagement sessions have been very successful. We look forward to hosting other employment and training sessions in the future. We would welcome resumes from our Band members to update our database and contact information. Please bring these and drop them off with Lisa Flower, Reception at our building. Remember to keep an eye on our sign in front of our building with the latest information on what we have to offer.

We are a small but strong team here in the Lands & Economic Development office; and therefore, a big Shout Out to Monica Charters for all the help she provides not only me, but the rest of the staff as well. You Rock Monica.



The RISC Archaeology & CMT Inventory Training for Crew Members course is a five-day applied training program that provides participants with introductory research and sampling skills in the field of archaeology and heritage resources.

This RISC course includes both daily classroom and field training and exercises, where participants learn skills and abilities in: site identification, survey design and procedures, and data and site recording procedures. Upon successful completion, participants are registered with the BC provincial government as a Certified RISC Technician, and receive a certificate signed and endorsed by the BC Archaeology Branch.

Environmental Monitor Training

March 25th to April 12th, 2019

Field Trip to Mill Creek

Fish Count & Identification



RECYCLING - ECO-DEPOT (THE DUMP)

Do you have questions about the Lower Nicola Eco-depot? Not sure whats free to take or has a fee? Wondering what the hours of operation are?



Free dump waste:

- Grass clippings, leaves
(NO pine needles, NO pinecones)
- Tree/Bush clippings (this is where you would put the pine needles and pine cones)
- Wood Waste
- Small electrical appliances
-Vacums, microwaves, etc.
- Electronic waste
-TV's, computers, keyboards, electric childrens toys, etc.
- Paint
All house hold paints, latex or oil based.
- Tires not on rims
- Propane tanks
- Batteries
- Scrap metal
- Plastic bags
- Styrofoam

Dump waste with a cost:

- Fridge and Freezers, air conditioners there is a \$15.00 charge to get the freon removed.
- Tires left on the rim will have a \$5.00 dollar charge per tire with rim.
- Clean Roofing Shingles are charged by weight
- House hold garbage is charged by weight
- Mattresses are charged per mattress or box spring starting at \$8.00 and up.





Thinking of doing a dump run? Not sure where to go when you get there?

The Lower Nicola Eco-Depot is a very open area with clearly marked signs to where you should take your household garbage, outside garbage, recycling etc. When you get to the Eco-Depot and want to get rid of your yard clippings such as tree clipping, grass clipping, pine cones, pine needles you do not have to drive over the weigh station. Go directly to the right and you will clearly see marked areas. Also to the right is the Recycling Shed, where they have 7 bins with large marked signs of what and which bin it will go in, not to mention a very friendly staff person there to help you. In the same area is where you will take paint, tires NOT on rims, electronics, Propane tanks, and used oil and oil containers also scrap metal. Now, if you have household garbage, mattresses/box springs, roofing materials, fridges, freezers, air conditioners that still have freon, tires on rims. You WILL have to go to the weigh station. where you will be directed to take said garbage to the appropriate areas.

Do I need to clean containers before adding them to my recycling?

- Please empty containers and give them a quick rinse in left over dishwater before adding them to recycling. This helps minimize any food residue spoiling the recyclability of materials and reduce pests and smells.

Does Recycle BC only accept plastic containers with the recycling symbol?

- The recycle symbol is a code to identify what material was used to manufacture it, not all containers have a symbol, but they can still be recycled.

Why Recycle?

- Diverts waste from landfills
- Conserves resources
- Saves energy
- Feeds a green economy
- Contributes to a healthy BC

RECYCLING TIPS

You can help ensure that more materials are recycled by following these steps:

- 1 Please follow sorting instructions at the depot.
- 2 Empty and rinse containers.
- 3 Contain shredded paper inside a paper bag or box.
- 4 Flatten cardboard, remove plastic wrap from cardboard flats. Staples and tape okay.
- 5 Return deposit containers for a refund.



DOWNLOAD THE
RECYCLE BC APP ON
YOUR SMARTPHONE.

Search items that can be recycled on the waste wizard and find your nearest depot. Download our app at RecycleBC.ca.



SHULUS GARDEN

Shulus Garden Club Meeting & Notes

Meeting was held on April 10, 2019, at 10 to 12 at LNIB Soup Kitchen

Agenda included:

10 - 11 am Garden Club agenda

11- 12 Fire Smart power point presentation and introduction

Garden projects:

- Seed planting in progress to May 20, you're welcome to plant seeds,
- Hoop House Project – materials have been ordered and will arrive by April 16 or sooner
- Gazebo construction - will require volunteers to build:
- Invasive Weed Management Plan: Where, When, Who, How?
- Fire Smart Community Champions: LNIB is now a member, Training Workshops soon

Gardening workshops: We what to know what your workshop ideas are for this year?

- Food Safe, Food Preservation
- First aid
- Farm safety
- Raised garden wooden frames
- Gardening skills: soil preparation, irrigation set up, compost, worm farm, garden designing, plant seeds,
- Root Cellar: learn to build a root cellar
- Invasive weed management: identify and manage weeds in the LNIB communities
- Fire Smart: fire prevention against forest fires, LNIB is a Fire Smart Member, training workshops to follow.
- Membership drive: Benefits include: Fresh produce, Workshops, farm together, food preserving, field trips, the use of Shulus garden tools, garden plots with irrigation, greenhouse and garden structures, community kitchen and supplies from Peavey Mart Grant, and more.
- Fundraising: by garden club members, for garden club extra events (road trips, special events)

There are two garden programs being offered at Shulus Garden in 2019:

1) Shulus Community Garden Club is a new concept since 2017 and the club represents LNIB Membership and LNIB Community residence who wants to grow food for their families.

The Peavey Mart Community Agriculture Grant was awarded to LNIB Shulus Garden Group to help provide gardening supplies and materials to help the LNIB community grow fresh produce and to preserve the food we grow. Therefore, your help is requiring to grow & maintaining, harvest and preserved according to your garden plan of action. We are asked to share knowledge with all ages, to fundraise for future endeavors and to grow agricultural crops to sustain food security within our community.

2) LNIB started the Shulus Garden in 2016 to create a Sustainable Food Security Initiative. Shulus Gardens was created to grow fresh pesticide free produce to the LNIB Membership and their families. The program has fulfilled its mandate by providing fresh food to the LNIB membership and

community programs which includes: Soup kitchen, LNIB School, Elders meals, Family Services, Social Assistance, Moms and Totes, Shulus Garden Food Bag and Community events. LNIB has also invested in the development of the community garden project by supply tools, equipment, materials, buildings and employment opportunities for LNIB membership and community members. The Shulus Garden team consists of all LNIB Departments and community participation. All programs are being created for your benefit and from community suggestions and ideas over the years.

FISH HEAD SOUP



Recipe:

- Fish heads cut in half, gills taken out.
- Water to cover
- Salt
- Pepper
- Lemon pepper
- Garlic
- Curry powder
- Onions
- Potatoes
- Tomatoes
- Love

Low heat for 3 hours.

Recipe by Joe Shuter

Do you have a favourite recipe? Share it by sending to communications@lnib.net Joe's recipe isn't too specific on the amount of ingredients - just think "a pinch of this, a splash of that".

LNIB CLOTHING SWAP

LNIB Clothing Swap

May 22, 2019

5:00pm – 7:00pm

@ Shulus Hall

Clothes need to be brought the day of the clothing exchange and must be clean.

No clothing donations will be accepted at the Health Center, thank you.

Indian Taco fundraiser for the Sober Living program

\$8 a taco including a drink

Any questions please feel free to contact the
Community Services at 250-378-4089

EDUCATION DEPARTMENT

Lower Nicola Indian Band

May 2019

EDUCATION DEPARTMENT

K-12/Post-Secondary/Career-Development

Director's Report

April is a month that should be exciting to all members of LNIB as it is the beginning of a new fiscal year: new programs, new goals, new strategies, new commitments, and perhaps most important a new year for our sector to both sustain and increase accountability, transparency, and communication for our members no matter where they live. I am more than willing to sit down in person, or have a telephone conversation, to share what we have planned for the year to increase Education/Training capacity for LNIB. If you are interested please contact me anytime to discuss.

The team will share a few of the projects they have been working on over the past month in their submissions below. In the meantime here are a few of the projects I've been working on for you:

- Created a new service for all Graduating Students — Education Team will now organize an annual professional photoshoot for all Grads to utilize (More Info on this year's shoot below)
- Our Firehall has the capacity to play a valuable foundation process for our members who are unemployed, and as such, we are exploring options that provide win-win situations for LNIB
- Secured funding to support Summer Literacy Camp that will be run by LNIB School. Focus will be K-3 and will be open to all K-3 Band School Students and SD58 LNIB Students
- Working along side Barb Huston on Renewable Energy Initiatives with initial collaboration taking place with TRU, NVIT, CIET, and BCIT — training/education plans for LNIB
- Meetings with FNEESC and conference with FNSA — both groups have been influential on services/programs that directly impact student success. Next school year will see many benefits to all members in forms of services, programs, supports, and resources. Language is a high priority for our youth, and as such, have been looking at ways to support our language teachers with their dedicated programs. Technology is high in demand for most programs.

As always please reach out at anytime to discuss LNIB Needs - let's attain the same goals together. I can be reached at 236.575.2135 or Shane.Coutlee@lnib.net

Department Staff

Director of Education
Shane Coutlee

Education Manager
Sharon Parsons

Education Coordinator
Gail LaRochelle

Front-Line/Admin Support
Rhonda Dunn



Lower Nicola Indian Band

May 2019

Direct Contact Info

Communication with our membership is one area we do not want to fall short. While we do share information in our monthly newsletters, and also post periodic notices through LNIB's social media, we know communication is only valued if it is both accessible and open to those we serve. To ensure our members have the most direct access to us when in need here is our information:

Shane Coutlee
Phone: 236-575-2135
shane.coutlee@lnib.net

Sharon Parsons
Phone: 236-575-2105
sharon.parsons@lnib.net

Gail LaRochelle
Phone: 236-575-2104
gail.larochelle@lnib.net

Rhonda Dunn
Phone: 236-575-2100
rhonda.dunn@lnib.net

There may be times when we are away from our offices for a variety of business purposes, and as such we will not be at our desks to answer phones; however, as we do not want our members to wait long our goal is to return all calls within one business day.

If you feel there are other areas of communication that our Sector can enhance please contact Shane and share this information with him.

LNIB Education at MSS Every Week!

As we shared with membership in a previous newsletter LNIB Education is working from an allocated office at MSS every



Monday. Shane is at the school every last Monday of each month and Sharon is scheduled at the school all other Monday's. While there are many opportunities for us to work on for making this support service more effective and efficient to our members we have seen significant benefits for our members since we started this a few months ago.

Our primary purpose for being at the school for a full day is to provide our members with the best form of advocacy as we can be directly involved with any situation that has influence on our students at school. In addition, we are able to have face-to-face interactions with our members which is invaluable communication for both planning and creating opportunities for success. Furthermore, we are able to meet with parents, teachers, counsellors, administrators, and outside agencies with our students at the same time, which in turn is the wholistic approach that students need from time to time.

If you would like to learn more on how this service can benefit your child(ren) please contact Shane and he will share with you a diverse list of advantages to take advantage of with our presence at the school.

Where Are Our LNIB Children In Care?

As most of us already know there are thousands of Aboriginal children living in Foster Homes across Canada, but did you know 67% of all children in care are Indigenous? Data also indicates that less than half of the children in care graduate with a quality education, and as a result, they are more likely to struggle throughout life.

We are very interested in locating our members who may not know we are thinking about them here at home. There are many Bands from across the country trying to support their children in care and we would like to do the same. Please call Shane if you know of anyone needing support.

Lower Nicola Indian Band

May 2019

Education Funding Support...Did You Default In The Past?

Last month it was brought to the Director's attention that there are members who believe they are not eligible for support from the Education Sector as a result of defaulting on their past education commitments.

This is an important message to those who may fall into this group...please note LNIB Education is committed to solution-based strategies...we do not want any LNIB member to feel they have no possibility of support from us as a result of breaching their past education obligations.

There are solutions for every challenge and if any LNIB member is seeking to increase their education/training capacity we want to create a plan with you. Please contact Shane for more information.

We are more interested in supporting your future than we are in any mistake that has been made in the past.

Public School Calendar 2019-2020

If you have not already seen the Public School Calendar for next school year we have it included in this newsletter for your planning needs. You will find this information below.

GAIL LAROCHELLE POST-SECONDARY/EMPLOYMENT & TRAINING COORDINATOR

Hello everyone,

I hope everyone is enjoying the spring weather. Time to start cleaning up around the yard and getting the garden ready to plant.

What I have been working on this month:

- Confirming all graduating students are ready for the big day
- Assisted 5 members with training courses such as FoodSafe, First Aid
- Contacted 5 new PSE students to assist them with the application and answer any questions
- Learnt the importance of Resume writing, I will use this knowledge to help members seeking gainful employment
- Attended training on the Scratched Rock Data Base
- Contacted 2 members finishing different Levels in Trades Programs
- Assisting all continuing PSE students with their applications
- Securing accommodations and travel arrangements for a member to take training out of town
- Ensuring all information and applications for members starting programs in May are complete
- I will be contacting clients to find out what types of training are of interest

To all PSE students; Continuing and High School Grads: Please be sure to complete and submit all the LNIB Bursaries posted on LNIB's website. Stop by or call the office anytime for information on any training you would like to participate in.

Gail La Rochelle
Post-Secondary, Trades and Training Coordinator

Lower Nicola Indian Band

May 2019

Sharon Parsons
Education Manager

heḡe?

Easter Weekend was a welcome break. It was busy for me and not long enough to get all that I had planned to do.

The education office continues to be busy, all that I had mentioned last month: post-secondary graduation and new applications, grade 12 graduates researching post-secondary opportunities, and training programs to get those summer workers trained and certified, has continued to keep staff busy.

K – 12 News & Events

As I mentioned last month, LNIB Education has secured an office space at Merritt Secondary School. There may be times when Shane and I switch days, but, plans for me to be there 3 Mondays and Shane one, remains the same. To meet with either of us about your K-12 student, call, or drop into the Education Office, or MSS on Mondays.

Each Monday of April I connected with grade 12 MSS students who are so excited to get out into the adult world. This is such an important milestone that will make a world of difference for each of these graduates, it is so important for them to complete all the courses to get the credits required to obtain that special credential. This is such a huge milestone for these students, a time to celebrate their accomplishments. MSS graduation ceremony is scheduled for June 20 and the grad dance is June 22. The Indigenous Grad Ceremony is on June 6th.

Amy Manuel will continue with the Homework Club at Rocky Pines Community Centre through to mid-June. Amy can help your grade 4-9 student get caught up on homework, reading, or math assignments, or help put that science project together. Call the Education Office to find out about incentives for students regularly attending the Homework Club at RP Community Centre.

Unfortunately for LNIB, Ben McNiven is no longer available to tutor grade 8-12 students, he has been whisked away to a great opportunity with NVIT. If your high school student needs help with homework or school assignments, we will do our best to accommodate.

Nicola Canford Elementary students were happy to receive their Scholastic book orders paid for by LNIB Education.



LNIB Education

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Lower Nicola Indian Band

May 2019

Post-secondary & Employment & Training News & Events

On April 3rd, Gail and I attended a resume writing workshop at the LNIB Community Hall. This workshop was facilitated by Surerus/Murphy at the request of the band.

There were 10 to 12 band members in attendance, split between 2 tables. Each group was led by a Surerus/Murphy staff member who provided tips and advice on creating an effective resume. Feedback from Gail was positive, she said learned a few helpful things that will allow her to be more helpful when assisting band members with a resume. Next is an interview workshop on **Tuesday April 30th and Wednesday May 1st from 6:00PM TO 8:30PM.**

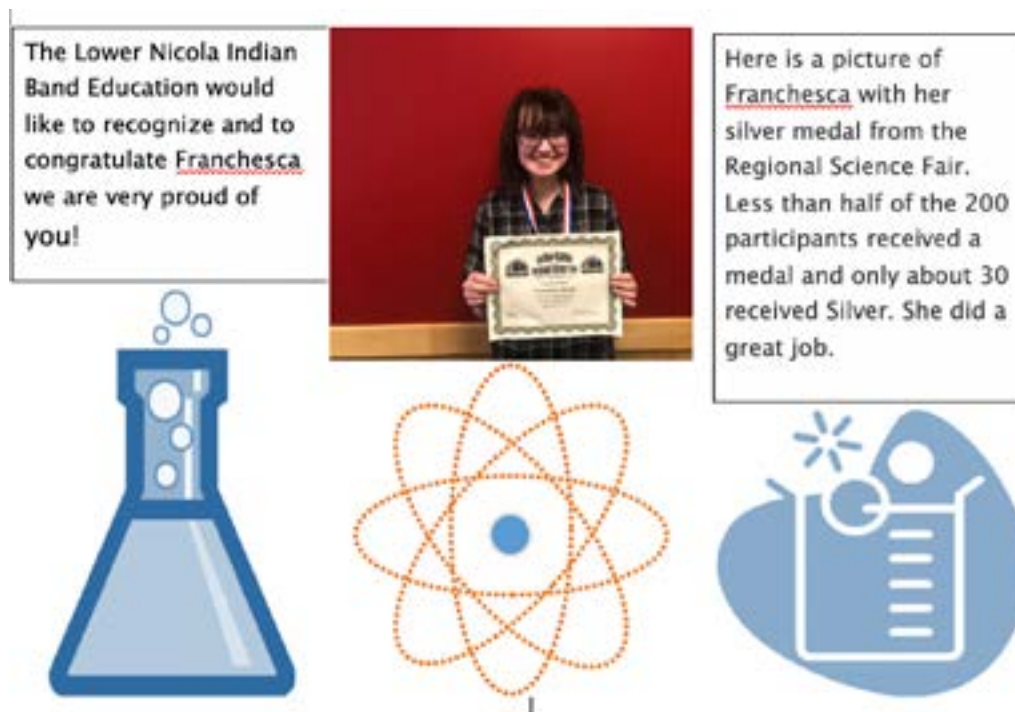
Many post-secondary students are getting ready to graduate soon.

Last month I mentioned the 5 LNIB members graduating from NVIT: Alisha Sterling, Paige Isaac, Shane Isaac, Rena Joe, and Robin MacKenzie, this month I will note: Shishona Austin, Teaching Degree, Chas Coutlee, degree in Social Work, and Geoff Huston receiving his Advanced Diploma in Aviation. Congratulations to you all, you make us proud.

If you are planning on entering or continuing a post-secondary program this fall, the deadline to apply for LNIB funding is the last Friday of May 2019.

For more information about funding and supports, call or drop into the Education Office.

Wishing each of you, good health and happiness.



Lower Nicola Indian Band

May 2019

Rhonda Dunn Administrative Support

Hello All,

May is an exciting month regarding the weather is beautiful. Most plants and trees are starting to bloom. Just in time for Mother's Day on May 12th! On an education note as a Frontline Administrative Support employee my role and responsibilities have been challenging and rewarding. And I look forward in directing or assisting members that are interested in pursuing their education and looking for employment.

Here are a few things that have occupied me for the month:

- Starting to add data to Scratched Rock Database this program will eliminate many spreadsheets.
- Uploading to LNIB website Job Postings, Scholarships & Bursary's. If you need further assistance, please contact the education department.
- Assisted in drafting graduating students' spreadsheet for Photoshoot that will be offered to grading students.
- Promoting students in need of tutor services. Offered Mon & Wed from 3:45-5:30pm at the Rocky Pines Centre.
- Promote Post-Secondary University's & Training Courses
- Assisting in easy access Career, Training and Employment Centre
- Updating LNIB Membership Contact Information. If you have moved, changed your phone number or have become a new LNIB member please contact the education department.
- Notifying membership of upcoming educational events and career opportunities
- Updating Bulletin Board: Community News, Scholarships, Youth Opportunities, Employment, Trades and Education Programs there is new posts daily and weekly
- Help clients filling out forms
- And much more.....

Please call me to verify your contact information.

Rhonda Dunn

GRAD PHOTOS!

Lower Nicola Indian Band

May 2019



LNIB is proud to provide an opportunity to share your special moments. Each grad is eligible for a photo session!

SESSION DATES:

MAY 5: 12-4

(ROTARY PARK)

MAY 8: 6PM-8PM

(NVIT)

MAY 23: 6PM-8PM

(CLAYBANKS)

MAY 25: 10-2

(ROTARY PARK)

Call/Text:
250-378-7983
Email:
jenheardphotography@gmail.com
Find
me on
Facebook!



Lower Nicola Indian Band

April 2019



Your 30 minute session includes:
Online Gallery with all images. You choose
your fav five:

- 5 digital images and 5 8x10 prints
- additional images \$5 each

Please arrive 5 minutes early for
your session.

A grad gown will be available for
use during session.

Note - LNIB will also receive your images for
promotional use.



LNIB Education

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Lower Nicola Indian Band

April 2019



SCHOOL DISTRICT NO. 58 (NICOLA-SIMILKAMEEN)
School Calendar for the 2019 / 2020 School Year
Days in Session 192 - Days of Instruction 185

| | | |
|------------------------------|--------------|---|
| August 26 – August 27, 2019 | Mon. - Tue. | Summer Institute. (Summer Professional Development Days.) |
| August 28, 2019 | Wednesday | School Based Sessions (Summer Professional Development Day.) |
| September 3, 2019 | Tuesday | SCHOOL OPENING. School hours 10:00 a.m. to 12 noon. (Bus schedule to be adjusted for the first day of school.) |
| October 14, 2019 | Monday | Thanksgiving Day. |
| October 25, 2019 | Friday | Non-Instructional Day. (Professional Development Day.) |
| November 11, 2019 | Monday | Remembrance Day. |
| November 15, 2019 | Friday | MSS & PSS First Term Report Cards go home. |
| November 22, 2019 | Friday | Merritt and Princeton Elementary Report Cards go home. |
| November 22, 2019 | Friday | Kengard Learning Centre Report Cards go home. |
| November 26 – 27, 2019 | Tues. - Wed. | All Schools – Shortened day for Parent/Teacher interviews. (Schools closed 1 hour early each day.) |
| December 20, 2019 | Friday | Last day of school before Winter Break. |
| Dec. 23, 2019 – Jan. 3, 2020 | | Winter Break. |
| January 6, 2020 | Monday | Schools reopen after the break. |
| January 31, 2020 | Friday | MSS & PSS Report Cards go home. |
| February 17, 2020 | Monday | Family Day. |
| February 21, 2020 | Friday | Non-Instructional Day (Professional Development Day.) |
| March 6, 2020 | Friday | Merritt and Princeton Elementary Report Cards go home. |
| March 6, 2020 | Friday | Kengard Learning Centre Report Cards go home. |
| March 10 –11, 2020 | Tues. - Wed. | All Schools – Shortened day for Parent/Teacher interviews. (Schools closed 1 hour early each day.) |
| March 13, 2020 | Friday | Last day of school before Spring Break. |
| March 16 - 20, 2020 | Mon. - Fri. | SPRING BREAK. |
| March 23 - 27, 2020 | Mon. - Fri. | Non-Instructional Days * (In-lieu of Professional Development.) |
| March 30, 2020 | Monday | Schools reopen after the break. |
| April 10, 2020 | Friday | Good Friday. |
| April 13, 2020 | Monday | Easter Monday. |
| April 17, 2020 | Friday | MSS & PSS Third Term Report Cards go home. |
| May 18, 2020 | Monday | Victoria Day. |
| June 25, 2020 | Thursday | Last day of classes. |
| June 26, 2020 | Friday | ADMINISTRATION DAY - SCHOOLS CLOSED. |

Draft – February 28, 2019

*** Note:** In-lieu of Professional Development – 2 days in lieu of Summer Institute, 2 days in lieu of School Based, and 1 day in lieu of Ministry of Education.

Success for ALL Learners ~ Today and Tomorrow

School District #58
FNSW's & Language Teachers
Update -April 2019
2018 / 2019

First Nations Support Workers (FNSW)

Merritt Secondary School - Phone: (250) 378-5161

- Tricia Rainville (Gr.8) 7 hours trainville@365.sd58.bc.ca
- Rod Anderson (Gr.9) 7 hours randerson@365.sd58.bc.ca
- Cheryl Rule (Gr. 10) 7 hours crule@365.sd58.bc.ca
- Dawn Williams (Gr.11) 7 hours dwilliams@365.sd58.bc.ca
- Travais Oppenheim 7 hours toppenheim@365.sd58.bc.ca
 (MSS FNSW & SD FNSW Relief person)
- All cover grade 12

Diamond Vale Phone: (250) 378-2514)

- Christine Anderson 7 hours canderson@365.sd58.bc.ca

Central Elementary (250) 378-9931

- Martha Chillihitzia 7 hours mchillihitzia@355.sd58.bc.ca
- Greta Brown 7 hours gbrown@365.sd58.bc.ca

Nicola Canford Phone: (250) 378-2172

- Yvonne Joe 6.2 hours plus teaching language
yjoe@365.sd58.bc.ca

Collettville (250) 378-2230

- Leona Dumont 5.7 hours plus teaching language
ldumont@365.sd58.bc.ca

KLC (250) 378-2157

- Keith Jager 7 hours kjager@365.sd58.bc.ca

Bench (250) 378-2528

- Esther Shackelly 4 hours eshackelly@365.sd58.bc.ca

Princeton Schools

- PSS – Renee Hartwell 5 hours rhartwell@365.sd58.bc.ca
Phone: (250) 295-3218
- VFE & JAE- Barbara Parker 6 hours bparker@365.sd58.bc.ca
Vermilion Forks Elementary – *Phone: (250) 295-6642*
John Allison Elementary – *Phone: (250) 295-6727_*



Introducing our Public Works Clerk:

Hi my name is Kristal Poirier
My immediate family is First Nations including my son Christian. I have 2 children - a 9 year old son and a 14 year old daughter. I am Born and raised in the Nicola Valley going on 34 years now. I graduated from MSS and have been in trades almost my whole life. I just finished my Heavy Duty Equipment Operators course in February and am excited to put all of my skills and knowledge to use while working with LNIB. I would like to thank LNIB for giving me the opportunity to shine within my position and I am looking forward to future opportunities within the organization.

SQUAMISH NATION TRAINING & TRADES

Squamish Nation Training & Trades Centre 2019-2020 Programs

- Intro to Craft Worker - *April 22, 2019-July 12, 2019 (12 Weeks)*
- Education Assistant - *May 6, 2019-February 21, 2020 (40 Weeks)*
- Building Service Worker - *May 20, 2019-July 19, 2019 (9 Weeks)*
- Youth in Trades - *July 8, 2019-August 2, 2019 (4 Weeks)*
- Foundations in Design - *August 12, 2019-March 27, 2020 (31 Weeks)*
- Carpentry Level 1 - *September 9, 2019-January 24, 2020 (18 Weeks)*
- Introduction on Piping - *September 16, 2019-December 6, 2019 (12 Weeks)*
- Intro to Construction Worker - *September 30, 2019-December 20, 2019 (12 weeks)*
- Plumbing Level 1 - *November 4, 2019-March 20, 2020 (20 Weeks)*
- ITA Carpentry - *January 6, 2019 - April 10, 2020 (13 Weeks)*

Cost: Free to Indigenous Individuals (First Nations Status, Non-Status, Metis, and Inuit)

Includes: Living Allowance (\$1000.00 per month), Childcare for the first month of the program, PPE, Safety Certificates, Cultural Instruction and Meal & Travel Assistance

Register: tradescentre@squamish.net or call at 604.980.7939



POST SECONDARY APPLICATION DEADLINE

POST-SECONDARY

Application DEADLINE is the
last Friday in May.

May 31, 2019

You can access Application on the LNIB website:

<http://lnib.net/departments/education/> or you can pick one up
at the LNIB Education office at 2160 Settlers Rd. located across
the street from the LNIB Fire Hall.

For more information call: 250-378-0915



DON'T MISS THE DEADLINE!

LNIB SCHOOL CALENDAR



MAY 2019

**Absolutely NO
NUTS and NO
Peanut Butter In
LNB School**

| Mon | Tue | Wed | Thu | Fri |
|--|--|---|--|---|
|  | | ¹
<i>Slow cooked
Beef Bourignon</i> | ²
<i>Chicken noodle
soup</i> | ³
<i>Tasty wiener
Roll up</i> |
| ⁶
<i>Chicken gumbo
soup</i> | ⁷
<i>Stuffed peppers</i> | ⁸
<i>Street taco chicken</i> | ⁹
<i>Chicken nuggets</i> | ¹⁰
<i>Pizza buns</i> |
| ¹³
<i>Spaghetti &
meatballs</i> | ¹⁴
<i>Chicken stir fry</i> | ¹⁵
<i>Potato soup</i>
<u>SCHOOL DINNER @ 5</u> | ¹⁶
<i>Easy pepperoni
Pasta bake</i> | ¹⁷ <i>Pig in a blanket</i>
<u>POTATO DIGGING</u>
<u>SCHOLASTIC DUE</u> |
| ²⁰
<u>VICTORIA DAY</u>
<u>NO</u>
<u>SCHOOL</u> | ²¹
<i>Chicken salad
sandwiches</i> | ²²
<i>Mexi fry</i> | ²³ <i>Sausage McMuffin</i>
<u>CULTURAL DAY</u> | ²⁴
<i>Egg salad
Sandwich</i> |
| ²⁷
<i>Potato soup</i> | ²⁸
<i>Tuna melts</i> | ²⁹
<i>Baked potato & ham</i>
<u>JERSEY DAY</u> | ³⁰ <i>Mac + cheese</i>

<u>CHESS TOURNAMENT</u> | ³¹
<i>Bologna sandwiches</i> |



LNIB students cleanup for earth day



CULTURE REVIVAL

May 2019

| Mon. | Tue. | Wed. | Thu. | Fri. | Sat. | Sun. |
|--|--|---|--|---|---|------|
| | | 1 | 2 | 3 | 4 Nkseytkn
Meeting, Baske
Ranch Ashcroft-
bitterroot
picking leaving
Culture Center
9:30am bring
lunch and water | 5 |
| 6 | 7
Harvest bags
teaching to
make harvest
bags for
gathering
1-7pm | 8
Asparagus
picking Spences
Bridge pack
lunch and water
leave Culture
Center at 10am | 9
Beading at
Culture Center
4-6pm | 10
Cweta picking
(Indian celery)
Sunshine Valley
leave culture
center 10am | 11 | 12 |
| 13
Pine Needle
basket making
Rocky Pines
Com.Center
10-2pm | 14
Culture
Luncheon 12pm
Regalia making
10-2pm | 15
Lodge Pole pine
sap Cambium
leave center at
10am | 16
NVIT Grad | 17
Sage Gathering at
6 mile, leave
center at 10am | 18 | 19 |
| 20 | 21
Regalia making
at center
10-2pm | 22
School District
Pow Wow at
LNIB Arbor
9-2pm | 23
Sage gathering
with LNIB Rec.
group leave
center at 3:30
6mile | 24 | 25 | 26 |
| 27
Feast bags, to
carry your
dishes,
silverware, cups
to your next
gathering 1-
7pm | 28 | 29
Land gathering
leave center at
10am, go out
and explore
what our land
has to offer us
today | 30
Game night
5-8pm | 31 | | |

FOR MORE INFORMATION PLEASE CONTACT: 250-378-4089

Sharon Antoine- sharon.antoine@lnib.net

Hank Yamelst- hank.yamelst@lnib.net

Carole Basil- carole.basil@lnib.net

body terms

n?e?kepmxcín s?íq^w

(n-thlah-cap-mux-cheen sh-thleeko)

q^wúmqn

(kwam-kin)

head

s?w máxn

(s-kwuh-muh-n)

shoulder

s?méweshxn

(s-k-maw-esh-hen)

knee

líxnx

(leeh-hen)

toes

q^wyén

(woy-yin)

stomach

líxkst

(leeh-k-sht)

finger

s?wáxt

(s-kwah-t)

leg, foot

hand,
forarm,
lower arm

kéyx

(kay-h)

(n-thlah-cap-mux-cheen sh-kwa-tl-ush)

n?e?kepmxcin sk'w'łús

face terms

təqtete he? _____

(tuk-tata hah _____)

touch your _____

təqtete he? q'w'umqan

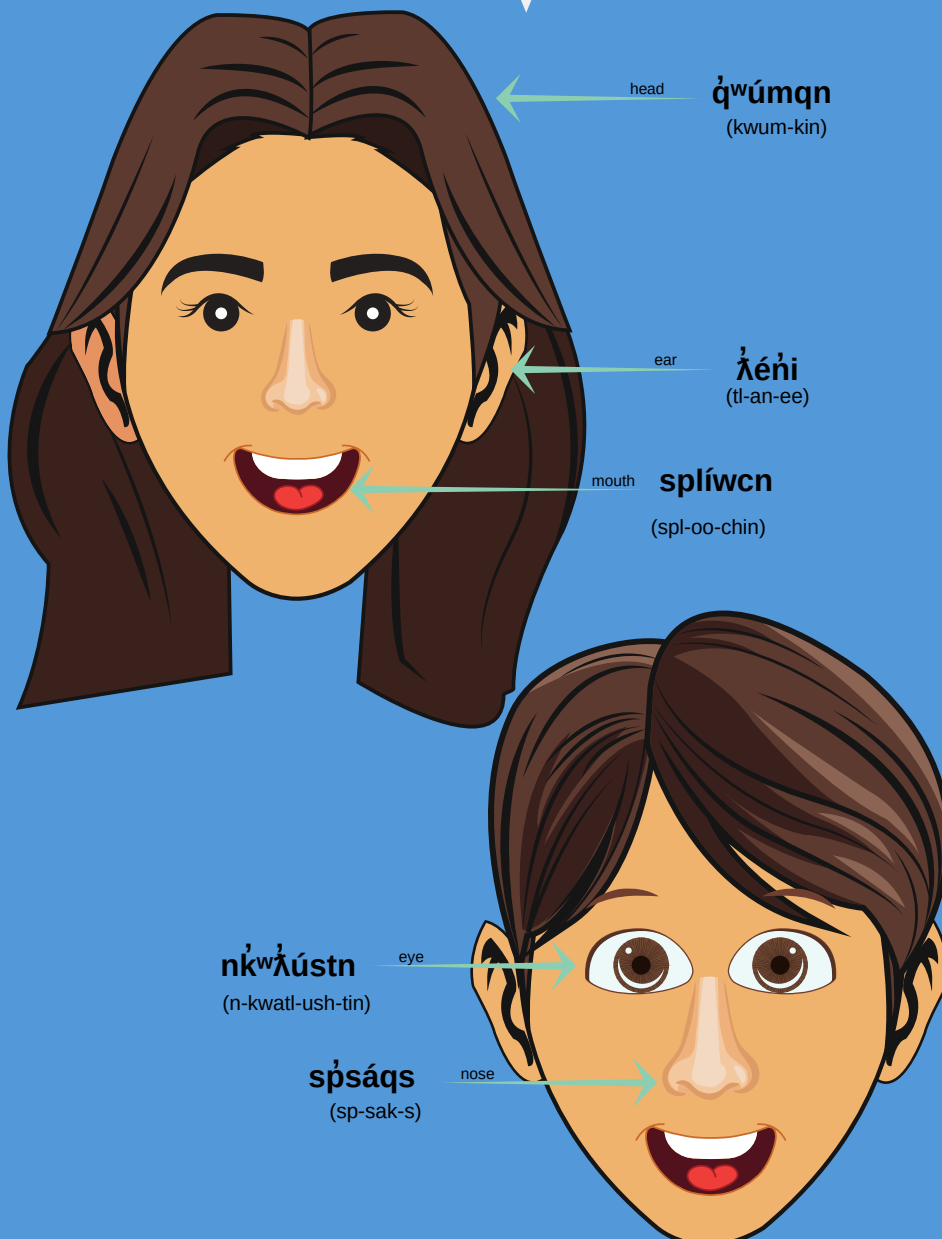
(tuk-tata hah gwum-kin)

touch your head

təqtete he? (s)p'sáqs

(tuk-tata hah (s)p-saksh)

touch your nose



HOW TO BRING REASON BACK INTO CONVERSATIONS

We often allow our predetermined beliefs to guide how we relate to other people. Look no further than politicians who speak about each other or groups they disagree with, using negative and, at times, highly charged rhetoric. I don't know about you, but I find some despair and anxiety seeping into my psyche every time I read about, witness, or hear these types of exchanges. Is every disagreement, political or otherwise, now destined to be felt as a personal attack? How can we bring critical thinking and respectful dialogue back into our conversations?

Adam Grant, an organizational psychologist and professor at the Wharton School of the University of Pennsylvania, recently tweeted:

“Weak arguments start by criticizing the person behind an idea. Strong arguments begin by criticizing the content of the idea.

“Attacking the author reveals defensiveness and invites counterattacks. Refuting the message reveals civility and invites dialogue” (February 19, 2019).

How does the way we engage with each other affect our personal lives and relationships? It is increasingly obvious that how we “see” the other person – whether we like them or not, or what we perceive they stand for – determines whether we are willing to engage in respectful dialogue with them. It often translates into, “If I don't like you or the group you're affiliated with, I will automatically disagree with what you have to say and won't take the time to listen to you.” This happens because:

1. We presume the other person will lie
2. We assume we will disagree with their opinions
3. Listening may indicate our tacit approval of their opinions to our “group”

If you subscribe to the notion that British philosopher and political economist John Stuart Mill posited – defining democracy as “government by discussion” – then it's clear that we need to find our way through these patterns of thought.

Emotional reasoning distorts the truth and negatively affects our ability to engage in respectful dialogue with each other.

Perhaps, along with making space for curiosity and empathy, we can find our way through these difficult conversations and stop the cycle of character attacks. Here are some ways we can put our “emotional brains” on hold and invite critical thinking back into our conversations:

1. Check your assumptions. We don't uncover our own assumptions until we take a step back and clearly identify our own values and beliefs. Just think what a difference this would make when engaging with others! Focusing on what's being said instead of the perceived moral failings of the other person will lead to respectful dialogue with each other.
2. Do not automatically attack the person and/or their character. The Latin term for this is ad

hominem which means, “to the man (or person).” This usually arises when we distrust the motives of the other person and try to discredit them as a result. We avoid addressing the subject or central idea of the discussion because we are too busy attacking the person’s character or motivations.

3. Avoid conformity or “groupthink.” Although we espouse a great affinity for individualism in western culture, we tend to conform to the opinions of those around us. These are the people or groups that we identify with, and sometimes we conform to their ideas to keep the peace and avoid being rejected. Groupthink can cause us to make faulty decisions because we value unity with the group over dissenting opinions.

4. Do not resort to emotional reasoning. This seems to be a widespread issue today because our opinions can be shared more readily. For example, our initial emotional reaction to something we disagree with can easily be shared on social media. This leads to an explosion of opinions in cyberspace before there has been any sober second thought. Emotional reasoning distorts the truth and negatively affects our ability to engage in respectful dialogue with each other.

I hope it has been helpful to think about how these common issues have seemingly become more present in our public and private discourse. Remember, we have two ears and one mouth, so a little more listening and a little less talking might be better for all of us!

- Reprinted from Crisis and Trauma Resource Institute



TALENT SHOW

Nle?kepmxcín/Syilx

Talent
SHOW

SATURDAY, MAY 11 2019
NVIT THEATRE 7:00-8:30 P.M

All participants are encouraged to bring an original song, performance, act, talent, or whatever they sing in the shower to perform in the 3rd Nlaka'pamux / Syilx Talent Show to be held at NVIT Theatre.

Everyone is required to register before May 10th. Participants will be asked to limit their performance to 5 mins so we can make sure we all get a chance to shine! Drum Songs with Nlaka'pamux / Syilx lyrics, classroom songs, comedy routines and stage performances, are just some of the things that work. All we ask is that all performances must be in Nlaka'pamux / Syilx (no English please).

This is not a competition, but a time to showcase our Languages and to show everyone that our language is alive and well. Youth, Adults and Elders are all encourage to come and showcase the successful revitalization efforts happening in your area. We expect to see all generations and both Tribes represented. Good Luck and let's get those ideas a-rolling!

FOR MORE INFORMATION
CALL MARY AT (250) 378-1864
OR EMAIL MANGUS@CNA-TRUST.CA





MUAY THAI BOOTCAMP

Start your day
off with cardio,
cross training
and Muay
Thai!
Burn up to
1,000 calories!

May 27
May 29
6:30-7:30 am
\$5 + Food
Donation



Merritt Civic Center
Rooms 2 & 3
Felicity Peat
fpeat@memtl.ca

ph. 250.315.1050
fpeat@memtl.ca

ELDERS SPRING TEA

Elders Spring Tea

For more information or to RSVP please contact
Charlene Joe, Cultural Program Coordinator
250-378-2771 or feelthebeat@scwexmx.com

Where: Scw'exmx Child & Family
 2975 Clapperton Ave
 Feel the Beat Room

When: May 17, 2019

Time: 11 am ~ 2 pm ~ Lunch provided



HEALTH & WELLNESS CONFERENCE MAY 4-5



Health & Wellness Conference

Provisional Agenda

May 4th & 5th, 2019

Merritt Civic Centre, Merritt B.C.



Saturday, May 4th, 2019

| | | | | | |
|------------------------|--|---|--|---|--|
| 8:00 A.M. | Registration Open & Refreshments Available | | | | Main Foyer |
| 9:00 A.M.-4:00 P.M. | Wellness Centre Open with Traditional Healers, Massage Therapists, Reiki Masters, BodyTalk Practitioners & Reading Specialists. Elder Advisor Available in Room 1. You must sign up the day of for your appointment. Registration opens at 8:00 a.m. | | | | West Auditorium & Room 1

*Please note: Each person is limited to only 2 appointments per day. |
| 9:00 A.M. | Welcoming – Prayer, Song, Speakers | | | | East Auditorium |
| 9:30-9:45 A.M. | Methods of Self Healing – N'kixw'stn James | | | | East Auditorium |
| 9:45-10:30 A.M. | Traditional Health & Wellness Through Our Baskets & Cradles – Jean York | | | | East Auditorium |
| 10:30-10:45 A.M. | Wellness Break | | | | |
| 10:45 A.M. -12:00 P.M. | <u>Workshop A</u>
<u>Room 2</u>
Beginner's Yoga (Bring your yoga mats)
With Chloe Price | <u>Workshop B</u>
<u>Room 3</u>
Safety & Healing of the Baby in the Cradle
*Only 20 Spots Available-
Workshop goes all weekend
Mini-Cradle Making with Mary Williams | <u>Workshop C</u>
<u>Room 4</u>
Methods of Self-Healing with the Medicine Wheel
With N'kixw'stn James
*Only 20 Spots Available | <u>Workshop D</u>
<u>East Auditorium</u>
Keeping the Balance and Individual, Family & Community Responsibilities
With Tim Manuel & Lennard Joe | <u>Workshop E</u>
<u>Civic Centre to Central Park</u>
3 km walk (Bring your walking shoes)
With Buzz Manuel |
| 12:00 P.M. | Lunch Served – Spirit Wellness with Drumming | | | | Foyer & East Auditorium |
| 1:00-2:00 P.M. | <u>Workshop A</u>
<u>Room 2</u>
Powwow Zumba (Bring your running shoes & workout clothes)
With Madelaine McCallum | <u>Workshop B</u>
<u>Room 3</u>
Mini-Cradle Making Continued | <u>Workshop C</u>
<u>Room 4</u>
Methods of Self-Healing with the Medicine Wheel
With N'kixw'stn James
*Only 20 Spots Available | <u>Workshop D</u>
<u>East Auditorium</u>
Traditional Self-Care (Water, Smudging, Medicines & Out on the Land) | <u>Workshop E</u>
<u>Civic Centre to Central Park</u>
3 km walk (Bring your walking shoes)
With Buzz Manuel |
| 2:00-2:15 P.M. | Wellness Break | | | | |
| 2:15-3:15 P.M. | Reconciliation Between a Father and Daughter through Culture and Ceremony-Tom McCallum & Madelaine McCallum | | | | East Auditorium |
| 3:15-4:15 P.M. | How to be a Wellness Champion & The Benefits for yourself, your family, your community and Nation – Duanna Johnston-Virgo, FNHA | | | | East Auditorium |
| 4:15-4:30 P.M. | Closing Remarks | | | | |

**The Citxw Nlaka'pamux Assembly, Scw'exmx Child & Family
Services Society, First Nations' Health Authority &
Nlaka'pamux Health Services Present**



**MAY 4TH & 5TH, 2019
MERRITT CIVIC CENTRE
8:00A.M.-4:30P.M.**

**Open to all Nlaka'pamux/Syilx Families.
Activities, Workshops & Presentations on
topics that stem from the four areas of the
medicine wheel that will lead to your healing,
health and wellness. There will also be a
Wellness Centre at the event!**

**For more information contact the CNA at
(250) 378-1864 or email at reception@cna-trust.ca**

THIS IS A DRUG & ALCOHOL FREE EVENT



Health & Wellness Conference May 4th & 5th, 2019, Merritt Civic Centre Registration Form



Send form to email address reception@cna-trust.ca – Fax at 250-378-2910
or in person at 2187-A Coutlee Avenue in Merritt

| YOUR INFORMATION | | |
|------------------------|-----------------|-----------------|
| First Name: | Last Name: | |
| Address: | | |
| Town/City/Postal Code: | | |
| Email: | Home phone no.: | Cell phone no.: |
| Band/Community Name: | | |

Media Waiver/Release Form

The Citw Nlaka'pamux Assembly ("CNA"), Nlaka'pamux Health Services ("NHS"), Scw'exmx Child & Family Services Society ("SCFSS"), First Nations' Health Authority ("FNHA") is seeking your consent to collect, keep, use and share photographs, videos, images, and/or names of participants in the Health & Wellness Conference, Events and Gatherings.

Such purposes may include using them in publications, posters, its internet website or other media, for promotional, social, recreational, cultural, educational, research, commercial, good will and archival purposes.

I understand that my image could possibly be seen worldwide. I agree not to sue the CNA, NHS, SCFSS or FNHA or its employees, directors, officers, or bring claims or demands of any nature against any of them in connection with any matters referred to in this Media Consent including, the use, reproduction or release of my image.

I also agree to the inclusion of my name in connection with any of the matters referred to herein:

Please check **A OR B (not both)**

- A. ☐ I GIVE MY CONSENT for the CNA & SCFSS to collect, keep, use and share my name and/or image for purposes consistent with the above. I understand that images and information posted on the internet may be accessed outside of Canada.
- B. ☐ I DO NOT CONSENT to the use and disclosure of my name and/or image for the above purposes

Date: _____

Signature: _____

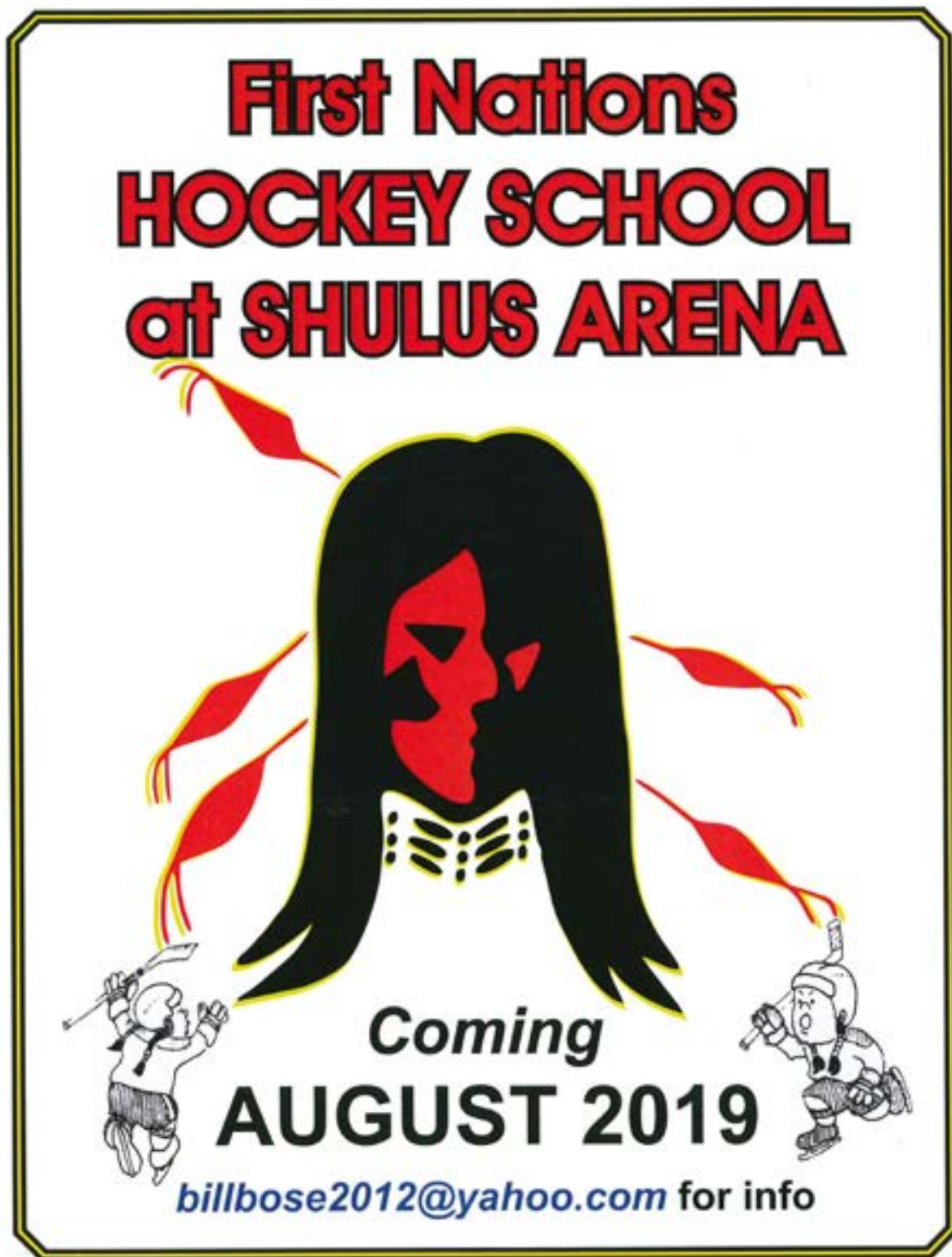
Personal contact information will be treated as confidential, subject to legislative requirements.



1



HOCKEY SCHOOL



RECREATION

May

Contact Recreation Coordinators, Chelsea 315-3379 or Clif 315-3439

2019

Recreation Events

Monthly Activities

We are here to provide the community with physical activities that motivate our community members to move and feel good.

Turn me Lose in Shulus Run, Walk, or Stroll 10km. Everyone welcome!

FitNation is back on Wednesday evenings from 6-7pm **everyone welcome**

Youth center drop in every other Friday after school from 3pm-6pm (12+)
@ the rocky pines youth trailer

ASP – After School Program. Family Activities Contact Christy or Mar.



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|--|---|---|---|--|
| | | | 1
ASP 3-5pm
GYM NITE 6-7pm | 2
ASP 3-5pm | 3
Youth center
drop in 3-6pm
12+ @RPT | 4
Turn me Loose in
Shulus, 8:30am
register at arbor |
| 5 | 6
ASP 3-5pm
Merritt Cross Fit
7-8pm | 7
ASP 3-5pm
Family Activities
@ RPCC | 8
ASP 3-5pm
GYM NITE 6-7pm | 9
Mothers Day
Lunch RPCC
No ASP today. | 10 | 11 |
| 12 | 13
ASP 3-5pm
Merritt Cross Fit
7-8pm | 14
ASP 3-5pm
Family Activities
@ RPCC | 15
ASP 3-5pm
No GYM TONITE. | 16
ASP 3-5pm | 17
Youth center
drop in 3-6pm
12+@RPT
Canoe | 18
MAY LONG
WEEKEND!!! |
| 19 | 20
Office Closed | 21
ASP 3-5pm
Family Activities
@ RPCC | 22
SD 58 Powwow
ASP 3-5pm
GYM NITE 6-7pm | 23
ASP 3-5pm
Tennis @ smith
park 6pm | 24 | 25
Canoe |
| 26 | 27
ASP 3-5pm
Merritt Cross Fit
7-8pm | 28
ASP 3-5pm
Family Activities
@ RPCC | 29
ASP 3-5pm
GYM NITE 6-7pm | 30
ASP 3-5pm | 31
Youth center
drop in 3-6pm
12+ @RPT | |

FAMILY ACTIVITIES

| <div>  <div> <h1>Family Activities</h1> <h2>May 2019</h2> </div> </div> | | | | | | |
|--|---|-----------------------------------|--|--|--|--|
| Sun. | Mon. | Tue. | Wed. | Thu. | Fri. | Sat. |
| | | | 1 | 2
Community Walk
11-12 | 3
Support Group
9:30 | 4
Turn Me Loose
in Shulus
Reg. @ 8:30 |
| 5 | 6
Parent's n
Babes 12-2
Fitness 7-8 | 7
Park & Dinner
3:30-5:30 | 8
Community Walk
11-12 | 9
Mother's Day
Luncheon
12-1:30 | 10
Office Day | 11 |
| 12
 | 13
Fitness 7-8 | 14
Games & Dinner
3:30-5:30 | 15
GFB | 16
Office Day | 17
Support Group
9:30 | 18 |
| 19 | 20
Office Closed | 21
Office Day | 22
Community Walk
11-12
School District
Powwow | 23
Program TBA
3:30-5:30 | 24
Support Group
9:30
Skill Share 2-4 | 25 |
| 26 | 27
Parent's n
Babes 12-2
Fitness 7-8 | 28
Program TBA
3:30-5:30 | 29
Community Walk
1-2 | 30
Office Day | 31
Support Group
9:30 | |

Notes

*For More information please contact Christie or Marilynne @ (250)378-4089. Please note that events, activities or locations may change due to unplanned events or circumstances.

*Family Activity Programs located @ Rocky Pines Community Centre.

*Parents & Babes is geared towards prenatal to Preschool ages. Each family who attends the entire program each week will be given a \$10 gift card & a block of cheese. Located @ Rocky Pines Community Centre.

*Support Group takes place @ the Community Services Building.

*Anyone who can come in on Friday to the Community Services Building to share your "skill" with us we will give a \$25 gift card. Please call ahead so we can arrange a date. Beading, knitting, cooking etc.....

*COHI- Children's Oral Health Initiative.

* Fitness Work-Out will take place @ Cross Fit Merritt

* Mother's Day Luncheon @ Rocky Pines Community Centre

ABORIGINAL YOUTH FIRST



This email is coming to you from the
Indigenous Sport, Physical Activity and
Recreation Council (I-SPARC).



Apply Now!

July 23 - August 1, 2019

Pearson College, Victoria, BC

13-18 Years

Participants take part in a 10-day leadership camp where they are introduced to detailed training in aquatics, lifetime leadership, nutrition and fitness. This program encourages participants to create a personal vision by providing opportunities in the areas of aquatics, lifesaving, scuba diving, first aid and recreational leadership.

The Aboriginal Youth First program uses sport and recreation to teach job skills, increase self-esteem, develop leadership skills and promote healthy living. Participants are mentored to be junior leaders and, in turn, become role models for future students.

All program staff are selected from these junior leaders. Youth participants who complete a combination of the Lifesaving Instructor (LSI), National Lifeguard Service (NLS), and Water Safety Instructor (WSI) programs have an excellent chance of being hired by community pools and obtaining employment in BC's Scuba Diving Industry.

Participants in the leadership camp can work towards employable international certifications in:

Scuba Diving
Lifeguarding
Lifesaving
First Aid

Costs of food, lodging, and training are covered for participants. Pickup on Vancouver Island (ferry terminals, airport) available, please contact Allen McNabb at macnabby@gmail.com for more information.



For more information on how to register, please visit www.youthfirst.ca

YOUTH & ELDER GATHERING MAY 25/26

Citxw Nlaka'pamux Assembly presents

YOUTH & ELDER GATHERING MAY 25 & 26, 2019

**Boston Bar First Nation Longhouse
& Anderson Creek Campground**

A gathering for all ages! As part of the commitment to support relationship building between our elders, youth & the territory we are excited to host this event. Join us for archery, traditional games, drumming, pit cooking, traditional teachings, interpretive centre tours and language & culture activities. This event is open to all Nlaka'pamux Nation Elders, Youth & Families. This is a drug & alcohol free event.

Camping Spots Available | Meals Included

For more information call the CNA at 250-378-1864 or go to
our website at www.cna-trust.ca

REGISTER BEFORE MAY 10TH TO BE ENTERED FOR PRIZES

FEEL THE BEAT

May 2019 ~ Cultural Events

For More Information Please call Charlene Joe, Cultural Program Coordinator
(250) 378-2771 or email feelthebeat@scwexmx.com

Cultural Events – 2975 Clapperton Ave Everyone Welcome ~ 4:30-8:30 PM. – Potluck Dinner 5 PM



Guidelines & Values

- Drug & Alcohol Free
- Respectful to Self and Others
- No Violence
- Family Events
- There will be sign-up sheets for certain events
- **Runners & Water Bottles for Traditional Games**



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|-------------------------------------|---|-----------|--|---|----------|
| | | | 1 | 2
Traditional Games
Buzz Manuel
4:00-8:00 PM | 3 | 4 |
| 5 | 6 | 7
Regalia
Ribbon Shirt/Skirt
4:00-8:00 PM | 8 | 9
Traditional Games
Buzz Manuel
4:00-8:00 PM | 10 | 11 |
| 12 | 13 | 14
Regalia
Ribbon Shirt/Skirt
4:00-8:00 PM | 15 | 16
Traditional Games
Buzz Manuel
4:00-8:00 PM | 17
<i>Elders
Spring Tea
11am-2pm</i> | 18 |
| 19 | 20
Victoria Day
Office Closed | 21
Regalia
Ribbon Shirt/Skirt
4:00-8:00 PM | 22 | 23
Traditional Games
Buzz Manuel
4:00-8:00 PM | 24 | 25 |
| 26 | 27 | 28
Regalia
Ribbon Shirt/Skirt
4:00-8:00 PM | 29 | 30
Traditional Games
Buzz Manuel
4:00-8:00 PM | 31 | |
| Please bring your own containers in case of leftover food from potluck and reusable water bottles.
We are trying to minimize our carbon foot print. | | | | | | |

Feel the Beat is a Cultural Revitalization program, our main focus is the restoration of the protocols and values rooted in the Culture of the Nlaka'pamux and Syilx peoples in the way of seasonal teachings. Feel the Beat is always an open invitation to all heritage and all peoples to participate in a safe environment to learn and grow in Culture. We aim to provide leadership and opportunity to connect to our Cultural Identity.

GREETINGS



*A heartfelt thank you to all
the friends and community who
supported me and my family
through the difficult days of
finding justice for Monica.
- Madeline Lanaro*



Liz Kraus!

and a belated happy birthday to Madeline Lanaro!

CITXW NLAKA'PAMUX ASSEMBLY &
SCW'EXMX CHILD & FAMILY SERVICES SOCIETY

FEEL THE BEAT 5KM FUN RUN

AND 2.5KM FUN RUN
& TWICE AROUND THE TRACK FOR THE LITTLE ONES
AND THE YOUNG AT HEART

Saturday June 1, 2019

9:00 AM Start

Voght Park

Merritt BC

All Finishers will
receive a Medal!

Registration is FREE



Please send completed registration forms to:

Buzz Manuel:

E: bmanuel@cna-trust.ca

Fax: 250-378-2910 or

Drop off at CNA Office:

2187-A Coutlee Ave, Merritt BC

Charlene Joe

@ Feel The Beat

Scw'exmx Child and Family

Services Society

2975 Clapperton Ave, Merritt BC



MEMBERSHIP



HERE'S WHAT YOU NEED TO KNOW ABOUT STATUS CARDS:

Indian status does not expire but the status card does. If your First Nation or band office continues to issue Certificates of Indian Status (status cards), contact your First Nation or band office to find out how to renew your status card.

The secure status card is valid for 10 years for adults (16 or older) and five years for children (15 or younger) and dependent adults.

The renewal process is the same as when first applying for a secure status card. Fill out the same application form and check "Renewal" under "Reason for application".

You can renew your current secure status card up to six months before the renewal date or up to one year after the "Renew before" date on your card.

If you are applying a year after the date indicated on your secure status card, fill out the same application form as when first applying for a secure status card and check "Replacement (lost, stolen, damaged SCIS)" under "Reason for application".

All forms are available on-line at <https://www.aadnc-aandc.gc.ca/eng/1462806841047/1462806896945#chp1>

What to do if your status card is lost, stolen, damaged or destroyed?

If you have lost your Secure Certificate of Indian Status (secure status card) or it has been stolen, damaged or destroyed, you must report it by calling INAC Public Enquiries right away. The call agent will:

- cancel the lost, stolen, damaged or destroyed card
- issue, on request, a Temporary Confirmation of Registration Document

The replacement process is the same as when first applying for a secure status card. Fill out the same application form and check "Replacement (lost, stolen, damaged SCIS)" under "Reason for application".

If you have lost your Certificate of Indian Status (status card) or it has been stolen, damaged or destroyed, contact your First Nation or band office to apply for a replacement card.

Membership and status card issues - please call for an appointment - 250-378-5157 or Geraldine.Bangahm@lnib.net All membership issues are dealt with on Wednesday and by appointment only

SIXTIES SCOOP

MONTREAL, Nov. 27, 2018 /CNW Telbec/ - The Sixties Scoop Class Action has been Settled. To be eligible, you must be a registered Indian, or, a person eligible to be registered, or, an Inuit person, who was adopted or made a permanent ward and was placed in the care of non-Indigenous foster or adoptive parents in Canada between January 1, 1951 and December 31, 1991, which resulted in the loss of cultural identity.

Eligible class members will receive compensation between \$25,000 and \$50,000 depending on the overall number of eligible members.

Collectiva, the Claims Administrator, along with its First Nations' partners, will be travelling across the country beginning in December 2018 to provide information to class members. They will hold 21 information sessions in 21 different cities across Canada where class members will receive support and guidance in preparing their claim forms and attend presentations on financial literacy provided by AFOA Canada. A qualified staff member from Collectiva along with other First Nations' professionals will be on hand to answer class members' questions.

**If you are a Sixties Scoop class member
To make a claim for compensation, you must complete a
claim form and send it to the Claims Administrator, Collectiva,
no later than August 30, 2019.**

To receive more information or assistance you may:

Visit the Settlement website: <https://sixtiesscoopsettlement.info>

Call 1 844 287-4270

Send an e-mail request to sixtiesscoop@collectiva.ca.

SOURCE Collectiva Class Action Services

For further information: Mélanie Vincent, Cell / SMS: (418) 580-4442, melanievincent21@yahoo.ca>

Note to LNIB Members: Copies of the Claim form are available at the Band Office and at the Lands Office.

JOBS AT LNIB

Homemaker

Homemaker Job Description

Department: Community Services

Position Title: Homemaker

Reports To: Homecare Lead

Subject to: Terms and Conditions of the Personnel Policy

Annual approved budgets

Effective Date:

1st April 2019

Summary of Organizational Responsibilities:

Reporting to Homecare lead, primary role as a homemaker will be to provide general house-keeping to the applicants that have been assessed already.

Homemakers Clients are initially assessed by the Registered Nurse and The Lead Care Aide to determine the care requirements of the applicants.

Duties and Tasks

- General or Spring house cleaning
- Assist with event planning/ Work occasional community evening events
- Work reports must be submitted monthly and will include check lists and the Physical well-being of our clients

Performs other related duties as assigned by the Lead Care Aide.

Knowledge, Skills and Abilities:

- Ability to speak or willingness to learn the Nlaka'pamux language
- Physically fit to perform duties
- Access to reliable vehicle
- Cooking /Meal Prepping/Deliveries
- Good Communication skills
- Excellent life skills
- Knowledge of Lower Nicola Indian Band resources

Qualifications:

- Food Safe
- Valid driver's license, own vehicle is required
- Must be willing to submit to a criminal record search

[Apply Now](#)

Traditional Land Use Coordinator**Summary of Responsibilities:**

Work in a team environment to receive and respond to land referral requests and maintain records of land referral and benefit agreements. Researching LNIB's interests and use within the Traditional Territory and area of interest. Work will also involve developing, assessing and making recommendations regarding natural resource management strategies, policies and procedures to ensure adequate and meaningful consultation and accommodation of LNIB's Title and Rights. Aid supervisor and negotiations committee/leadership on environmental and cultural considerations related to resource/land developments on reserve and throughout the Traditional Territory

Duties and Tasks

- Preforms all duties and responsibilities in accordance with the LNIB policies, standards, and procedures, and as directed by the Director of Lands and Economic Development
- Assess title and rights interests of the LNIB to aid in developing and supporting strategic advice and recommended action on cultural and historical activities
- Responsible for the initial assessment, and subsequent evaluations of the LNIB rights and title interests in relation to referrals received from the Province of British Columbia and the Government of Canada private sector and Industry Proponents
- Maintain and update referrals process and workflow on an ongoing basis
- Provide regular (weekly) updates to leadership referral progress (new files and new actions)
- Review and respond to referrals following the referrals process
- Attend meetings regarding resource development or other projects as directed by supervisor
- Work with supervisor to engage industry and government representatives on projects of interest to LNIB
- Review reports and assessments of resource development projects
- Complete field inventories, assessments and monitoring of resource development projects
- Report on LNIB's interest regarding environmental and cultural aspects of resource projects on reserve and throughout the Traditional Territory
- Supervise a field crew of, up to 12 seasonal employees
- Identify and establish annual field crew training plans
- Monitor and report biweekly time sheets

Qualifications / Experience:

- Post-secondary education in natural resource management or related field
- Minimum of 5 years' experience in facilitation and negotiations. Must have an appreciation and knowledge of Nlaka'pamux Cultural values, history and protocols
- Strong understanding of regulatory and permitting processes of resource developments (i.e. Canadian and Provincial Environmental Assessments)
- Strong project management skills and ability to develop and implement project management
- Demonstrated ability to Build, support, and maintain a positive working relationship with governments, industry, and other First Nation organizations
- Strong background and understanding of Aboriginal Issues and politics relating to Title and Rights
- Strong research skills, including the ability to read and interpret maps
- Must hold a current valid BC Driver's license
- A background in resource management activities will be a strong asset

Work Conditions:

- Regular field work will be required;
- High paced work environment;
- Long hours of work may be required;
- Ability to attend internal and external meetings for the purpose on conducting presentations;
- Manual dexterity required to use desktop computer and peripherals;

Apply To: Deadline to apply: 18 April, 2019

To apply go to : <https://secure.collage.co/jobs/lnib/10743>

Interested candidates should send a cover letter specifying the position you are applying for, a resume and a minimum of three references.

[Apply Now](#)

Position Title: Lands Manager**Department:** Lands**Hours:** 8:30am-4:30pm (may require some evenings and weekends)**Start Date:** June 2019**Wage:** \$36/hour**Reports to:** Director of Lands**Summary of responsibilities**

The Lands Manager is responsible for overseeing the day to day operations of the Lands Department relating to reserve lands for the Lower Nicola Indian Band. The incumbent supports all aspects of the Lands Department including the implementation of work plans, laws, regulations, policies and procedures.

Key Duties and Responsibilities

1. Provides regular reports to the Director of Lands and assists with reports to the Lands Management Advisory Committee and Council.
2. Reviews and processes land lease agreements (residential, commercial, retail, industrial agreements), subleases, permits, rights of way, additions to reserve proposals, allotments, transfers, mortgages etc., and other legal documentation pertaining to Lower Nicola Indian Band Reserve lands.
3. Provide guideline information to proponents related to the registration of land instruments on reserve lands.
4. Supervise registrations in the First Nations Lands Registry System and Land Registry searches for membership and clients.
5. Communicate with lessees and membership on land and land use issues, and with trustees, executors, and solicitors on land disposition.
6. Facilitate processing of estates and communication with Indigenous Services Canada about land estates.
7. Monitor compliance with contractual terms, including construction, environmental requirements, rent collection, default and cancellation of leases.
8. Facilitate commercial rent reviews for leases and permits and monitors fee collections.
9. Facilitate compliance with environmental review requirements set out in the Land Code.
10. Research verify and compile land status reports on reserve lands.

11. Ensure that appraisals and market surveys are conducted.
12. Analyze appraisal and market survey reports and provides recommendations on the applicability of the data in setting leasehold rates;
13. Supervise staff, identify training and developmental needs, and ensure health and safety of the work area.
14. Builds and maintains strong relationships with all internal and external stakeholders

KNOWLEDGE AND SKILLS REQUIRED:

- Skill and knowledge usually attained by successful completion of a Post-Secondary degree or certificate program in

administration, business, community planning, lands and resource management or related disciplines, and at least 5 years'

experience managing reserve lands; or an equivalent combination of skill knowledge and experience.

- Successful completion of the Lands Management Certificate Program or similar courses in an accredited program would be

preferred.

- Knowledge and experience working with First Nations communities and governments – familiarity with the activities and

culture of LNIB is considered an asset.

- Familiarity with the land provisions of the Indian Act and of the First Nations Land Management Act.

- Knowledge and experience in developing a First Nation Land Code.

- Knowledge and experience in using the First Nation Lands Registry, and of the BC provincial land registry system for transactions affecting off-reserve lands.

- Ability to successfully conduct and manage complex lease negotiations.

- Training or experience in developing and managing budgets.

- Excellent oral and written communications skills.

- Advance knowledge and experience in computers.

- Must possess and maintain a valid Driver's License (Class 5).

- Must successfully pass a pre-employment RCMP criminal record check.

Apply To: Deadline to apply: May 8th, 2019

Go to: <https://secure.collage.co/jobs/l nib> or

E-mail: hr@l nib.net

Interested candidates should send a resume and cover letter complete with references, specifying the position you are applying for. A Complete Job Description can be obtained by emailing HR@LNIB.net

Lower Nicola Indian Band School

Job Posting

Position Title: Grade 1 Teacher – permanent ongoing

Department: Lower Nicola Indian Band School

Hours: 35 hours per week

Start Date: August 26, 2019

Wage: Is equivalent to SD 58, plus a generous benefits and pension program

Reports to: Lower Nicola Indian Band School Principal

Required knowledge, skills and abilities

- Category 5 Teaching Degree
- Training Certification – BC College of Teachers
- Training and experience with primary students
- Experience with First Nations children an asset
- Experience with behaviourally challenged students
- Experience in developing and implementing IEP's
- Excellent communication, leadership and interpersonal skills
- Working knowledge of BC curriculum, effective instructional methodologies and a holistic approach to meeting the learning needs of students
- Willing to continue to gain new knowledge and skills, be flexible, positive and a team player
- Current First Aid Certificate or willingness to obtain
- Ability and willingness to submit to a criminal record check is mandatory
- Ability to speak or willingness to learn the Nlaka'pamux language and culture

Deadline to apply: 15th May 2019, **position will remain open until a suitable candidate is found**

Apply at:

<https://secure.collage.co/jobs/l nib>

Interested candidates should send a resume and cover letter complete with references, specifying the position you are applying for. Complete Job Description can be obtain by contacting the Lower Nicola Indian Band.

Lower Nicola Indian Band School**Job Posting**

Position Title: Grade 6 Teacher – permanent ongoing

Department: Lower Nicola Indian Band School

Hours: 35 hours per week

Start Date: August 26, 2019

Wage: Is equivalent to SD 58, plus a generous benefits and pension program

Reports to: Lower Nicola Indian Band School Principal

Required knowledge, skills and abilities

- Category 5 Teaching Degree
- Training Certification – BC College of Teachers
- Training and experience with primary students
- Experience with First Nations children an asset
- Experience with behaviourally challenged students
- Experience in developing and implementing IEP's
- Excellent communication, leadership and interpersonal skills
- Working knowledge of BC curriculum, effective instructional methodologies and a holistic approach to meeting the learning needs of students
- Willing to continue to gain new knowledge and skills, be flexible, positive and a team player
- Current First Aid Certificate or willingness to obtain
- Ability and willingness to submit to a criminal record check is mandatory
- Ability to speak or willingness to learn the Nlaka'pamux language and culture

Deadline to apply: 15th May 2019, **position will remain open until a suitable candidate is found**

Apply at:

<https://secure.collage.co/jobs/l nib>

Interested candidates should send a resume and cover letter complete with references, specifying the position you are applying for. Complete Job Description can be obtain by contacting the Lower Nicola Indian Band.

Lower Nicola Indian Band**Seasonal Position****Position Title:** Ditch Rider**Department:** Lower Nicola Indian Band**Hours:** 35 hours per week**Start Date:** ASAP**Wage:** \$23.00/hour**Reports to:** Director of Lands**Summary:**

The incumbent shall ensure that an active Water Management Plan is in place for all land owners with equitable water usage for mutual benefit to all. Provide a Weekly, Monthly and Annual schedule for ditches to be watered. Maintain and up-keep the fish screens and Mamit Lake Dam. Other related duties as required.

Daily Duties:

- Clean all wood and grass debris from fish screens which would prevent their proper operation
- Clean Head gate to prevent debris buildup which would impede the operation of the gate.
- Clean area around ditches which would prevent the flow of water to the landowner's fields.

Weekly Duties:

- Check and maintain minimal required flows to LNIB Water licences at Mamit Lake Dam
- Cruise the length of the main ditches to ensure there are no obstructions developing
- Remove any obstructions that may have developed on the ditches
- Report any inconsistencies to Director of Infrastructure

Seasonal Duties - Spring and Fall:

- Remove all debris in Fish Screens
- Check head gates for maintenance related issues
- Lubricate head gate components for smooth operation
- Remove any obstructions from head gate inlet which may be damaged or may change directional flow of

Guichon Creek (sandbags, rock weirs, etc.)

- Block off inlets to fish screens and open outlets (end of year)
- Open bypass where applicable

Apply at: Deadline to apply: 30 April 2019

<https://secure.collage.co/jobs/lnib>

Interested candidates should include a resume and cover letter complete with references, specifying the position you are applying for. Complete Job Description can be obtain by contacting the Lower Nicola Indian Band.

Thanks to all who apply, only qualified candidates will be considered.



Shulus Garden Assistant

Position: Garden Assistant (35 hours per week)

Department: LNIB Public Works

Job Status: Seasonal: May 01 to Oct 31, 2017

Summary:

Help grow assorted produce for the Shulus Community Garden Program

Responsibilities:

- Assist with cultivating garden soil & composts,
- Use hand tools, wheel barrows, rototiller, hammer & nail, skill saw, etc.
- Weed management, hill potato & vegetable rows, sift soil
- Work as a team & independently, manage routine schedule, keep a day timer,
- Plant seeds, transplant seedling,
- Maintain schedules for - irrigating, weeding, harvesting

Requirements:

- Previous garden experience an asset
- Valid Class 5 Drivers License a must
- Familiar with garden equipment, tools and techniques
- Able to promote a positive and safe work environment
- Proper foot wear and attire
- Physically demanding work load

It is our top priority to ensure a healthy and safe work environment for our employees and for everyone on our job sites. SCG must comply to LNIB Personal Policy.

Physical Demands: Position requires employee to frequently stand, walk, twist, bend, reach and kneel. Employees must be able to lift 40 – 50 lbs of produce through out the growing season.

Work Environment: Work is outdoors and conditions include very cold temperature, very hot temperature, wind, flying dust, and slipping hazards.

Apply At: <https://secure.collage.co/recruiting/positions> or

MORE JOBS



Job Description

Position: Excavator Operator with Live Pipeline Experience

Summary: Operators with live pipeline experience for various heavy construction excavators. If required, the applicant must be willing and able to assist with ground work.

Applicants with Live Pipeline experience will be given preference, however there are opportunities for coaching and mentoring for the right candidate.

Safety. No Excuses. is our most important core value, the successful candidate(s) must embody our Health, Safety and Environment Program by participating, implementing and holding yourself and others accountable to all elements of the Program. Successful candidate(s) will participate in safety meetings, hazard assessment (JHA, FLHA...etc.) and complete pre and post-trip inspections.

Responsibilities:

- Confidently operate up to a size 350 excavator to perform heavy civil work around live pipelines, live utilities, and piles in a very congested work setting
- Secure attachments
- Clean and lubricate equipment and refill equipment tanks
- Conduct pre-operational checks on equipment
- Record and maintain daily records
- Communicate the need for material and equipment for job, as necessary
- Report any required or preventative maintenance to supervisor or shop foreman
- Identify hazards
- Willing and able to learn general construction practices involving road construction & MMCD standards
- Sound understanding of the issues involving ground disturbance and ability to work in and implement safe operating practices and contribute to a safe work environment
- Ensure site cleanliness is maintained
- Attention to detail, critical thinking, problem solving
- Fine grading and finishing, sloping and banking, backfilling, demolition, ditching, excavating, stockpiling
- Other job related duties as required

Requirements:

- Valid First Aid Level 1, H2S Alive and Ground Disturbance Level 2 (classroom training mandatory)
- Valid unrestricted driver's license and clean drivers abstract
- Complete any Corporate Orientation and WHIMIS 2015
- Drug and Alcohol testing, as required
- Live Pipeline Experience
- Experience with civil infrastructure
- Knowledge of road construction and maintenance techniques
- Ability to operate required equipment in a safe and responsible manner

Job Description

- Ability to read and interpret blue prints
- Experience with GPS controlled equipment an asset
- Operate 2-way radio
- Excellent time management and multi-tasking with ability to prioritize in a demanding environment
- Proven ability to build strong relationships with customers and commitment to providing exceptional service
- Strong communication, creativity and problem solving skills
- Willingness to work out of town, as required
- Attention to detail and accuracy

Physical Demands: Position requires employee to frequently stand, walk, twist, bend, reach and kneel. Employees must be able to lift 60 – 80 lbs above shoulder height.

Work Environment: Work is outdoors in rough terrain and under extreme weather conditions and in an environmentally sensitive area.

Compensation: The company offers great benefits, ongoing training, growth opportunities, and a culture built on determination, teamwork, and integrity.





Job Description

Position: Skilled Laborer with Live Pipeline Experience

Summary: Responsible for operating and maintaining various machines, load and unload frequently heavy materials, and follow directions from supervisors and other skilled tradesmen.

Applicants with Live Pipeline experience will be given preference, however there are opportunities for coaching and mentoring for the right candidate.

Safety. No Excuses. is our most important core value, the successful candidate(s) must embody our Health, Safety and Environment Program by participating, implementing and holding yourself and others accountable to all elements of the Program. Successful candidate(s) will participate in safety meetings, hazard assessment (JHA, FLHA...etc.) and complete pre and post-trip inspections.

Responsibilities:

- Operate and care for construction equipment and machines
- Help equipment operator, carpenters, and other skilled labor when necessary
- Prep construction sites by cleaning obstacles and hazards
- Load or unload construction materials
- Put together and take apart temporary structures, such as scaffolding
- Remove, fill, or compact earth
- Follow instructions from supervisors
- Assist craft workers
- Ready to learn from on-the-job training when necessary
- Perform site clean-up
- Other job related duties as required

Requirements:

- Valid First Aid Level 1, H2S Alive and Ground Disturbance Level 2 (classroom training mandatory)
- Valid unrestricted driver's license and clean drivers abstract
- Complete any Corporate Orientation and WHIMIS 2015
- Drug and Alcohol testing, as required
- Live Pipeline Experience
- Experience with civil infrastructure
- Knowledge of road construction and maintenance techniques
- Ability to operate required equipment in a safe and responsible manner
- Ability to read and interpret blue prints
- Experience with GPS controlled equipment an asset
- Operate 2-way radio
- Excellent time management and multi-tasking with ability to prioritize in a demanding environment
- Proven ability to build strong relationships with customers and commitment to providing exceptional service
- Strong communication, creativity and problem solving skills



Job Description

- Willingness to work out of town, as required
- Attention to detail and accuracy

Physical Demands: Position requires employee to frequently stand, walk, twist, bend, reach and kneel. Employees must be able to lift 60 – 80 lbs above shoulder height.

Work Environment: Work is outdoors in rough terrain and under extreme weather conditions and in an environmentally sensitive area.

Compensation: The company offers great benefits, ongoing training, growth opportunities, and a culture built on determination, teamwork, and integrity.

OMH:

Looking for a great career with expert, high quality, and safe pipeline management and maintenance services you can't find anywhere else?? Apply today to work with Ogilvie Mountain Holdings, a company who treat their employees with respect and fairness. Positions include:

- Excavator operator
- Laborer
- Medic

As a majority of our work is around live pipelines we require a high level of safety and certifications must be obtained prior to going onto our job sites. Required training include First Aid Level 1, H2S Alive and Ground Disturbance Level 2 (classroom training mandatory). Additional project-specific training may be required and communicated.

While preference will be given to candidates who have the above training, OMH is prepared to engage our partnership and client with training opportunities to get you the training you need.

For those who are less experienced we are encouraging you to apply and work alongside a mentor to gain the experience and coaching that will elevate you.

For a full description of the job posting visit our partnership Infracon's website and apply today hr@ogilviemtn.ca

<https://infracon.com/job/excavator-operator-live-pipeline-experience/>



Job Description

Position: Crushing Laborer, Loader & Hoe Operator

Summary: This role is a shift work position performing a variety of tasks to operate and maintain crushing operations. Candidates with crushing or operator experience will be given preference however on the job training is conducted for less experienced workers.

Safety. No Excuses. is our most important core value, the successful candidate(s) must embody our Health, Safety and Environment Program by participating, implementing and holding yourself and others accountable to all elements of the Program. Successful candidate(s) will participate in safety meetings, hazard assessment (JHA, FLHA...etc.) and complete pre and post-trip inspections.

Responsibilities:

- Complete general physical labor duties including shoveling, cleaning belts and assisting in screen changes and linear changes
- Move tools, equipment and construction materials to and from work areas
- Operate crushing loader, skid steer and excavator feeding a crusher or similar operations
- Complete inspections on equipment and notify supervisor of all defects
- Operate equipment in a safe manner in accordance with all local laws and regulations
- Service/maintenance of crushing equipment
- Other job-related duties as required

Requirements:

- Completion of a Corporate and site-specific Orientation
- WHMIS2015 training
- Successful Fit Test and fitting of a respirator
- Valid Class 5 Drivers License
- Feed plant and load trucks safely and efficiently
- Keep materials within job specifications
- Operate a loader/excavator safely in a high production setting
- Repair and maintain equipment, those who are mechanically inclined will be given preference
- Basic PPE to be supplied by the worker (boots, hi-visibility vest, hardhat and safety glasses). The Company will provide any specialized PPE.
- Ability to take direction and work as a part of a team

Physical Demands: Position requires employee to frequently stand, walk, twist, bend, reach and kneel. Employees must be able to lift 60 – 80 lbs above shoulder height.

Work Environment: Position is shift work. Work is outdoors, and conditions include very cold or temperatures dependent on the season, wind, flying dust, and uneven ground.

Compensation: The company offers great benefits, ongoing training, growth opportunities, and a culture built on determination, teamwork, and integrity.

There will be no travel compensation or LOA for this role. Applicants must be local to the area near the Highland Valley Copper Mine.

Lower Nicola Site Services:

Our crushing operation at the Highland Valley Copper Operations, located approximately 17 km west of Logan Lake, requires a crushing laborer loader hoe operator for mid-May.

For a full description of the job posting visit our partnership Infracon's website and apply today or email hr@Inss.ca <https://infracon.com/job/crushing-laborer-loader-hoe-operator/>



OLD MASSETT VILLAGE COUNCIL

48 Eagle Avenue Old Massett / PO Box 189
Masset, Haida Gwaii V0T 1M0
Tel: 250-626-3337 / Fax: 250-626-5440

EMPLOYMENT OPPORTUNITY-BAND ADMINISTRATOR

Old Massett Village Council with an on-reserve population of about 750 members and an overall membership of approximately 3077 members, is situated on the beautiful north coast of Haida Gwaii. Amid the Pacific Ocean, the outdoor environment is well suited for recreational activities such as beachcombing, fishing, camping and hiking. Employment by OMVC ranges between 70-100 part-time, full-time and seasonal staff. Operations are comprised of but not limited to Operations and Maintenance, Finance, Registry, Economic Development, Education, Lands and Housing, Social Development and Health.

POSITION SUMMARY

Under the direction of Chief & Council, the band administrator is responsible for planning and administering Old Massett Village Council's annual operation budget, implementing Band Council Resolutions (BCR's) and directing a team of managers, professionals and support staff daily. The successful candidate ensures that activities are carried out in accordance with policy and directives as approved by council.

MINIMUM REQUIREMENTS FOR POSITION

- University degree in Public Administration, Business Management, Finance, Accounting or equivalent
- Demonstrated experience in Human Resource Management
- Five (5) year's experience in administration and supervision
- Willing and able to pass a Criminal Records Check
- Must possess a valid BC Drivers License

KNOWLEDGE, SKILLS AND ABILITIES

- Knowledge and understanding of Haida Culture
- Strong written and interpersonal communication skills and the ability to work effectively with a variety of circumstances and people including but not limited to:

- o Council, OMVC managers/staff, contractors, membership, legal, Indigenous Services Canada, Skidegate Band Council and the Secretariat of the Malda Nation
- Working knowledge of Federal and Provincial funding programs and reporting requirements
- Advanced computer skills
- Ability to work flexible hours as required
- Demonstrate sound work ethic and effective leadership skills and the ability to supervise and mentor staff
- Ability to maintain a professional demeanor and confidentiality
- Problem solving skills
- Ability to give staff positive recognition and appreciation for their contributions and accomplishments
- Ability to create an atmosphere of mutual trust, respect and appreciation and foster a sense of community among staff
- Ability to adapt management style to fit the needs and level of experience of each of the Department Managers-giving more direction and structure to some and offering greater independence to others
- Ability to maintain order within an environment of changing priorities, practice sound crisis management, accept responsibility and achieve results through self-motivation and the promotion of teamwork.

PREFERENCE IN HIRING: in fulfilling all vacancies, present employees having the necessary qualifications, ability and experience shall be given preference over external applicants, as shall OMVC members who possess the necessary qualifications, ability and experience. Only those selected for an interview will be contacted.

RATE OF PAY: Salaried Position

DEADLINE: applications will be received until a suitable candidate is selected

Send cover letter and resume to: omvcorec@mhiv.ca



Nlaka'pamux Health Services
PO Box 3090, 2088 Quilchena Ave., Merritt BC, V1K 1B8
Phone: 250-378-9772

POSITION: Wellness Programs Co-facilitator (trainee)
START DATE: As Soon As Possible @ 35 hours per week

The Nlaka'pamux Health Services is currently recruiting a full-time position for a Wellness Programs Co-facilitator (trainee). The Nlaka'pamux Health Services office located at 2088 Quilchena Ave, Merritt BC, will be the administrative centre for this position; however, the program facilitation portion of this position will take place throughout the Nicola Valley and Canyon Regions (12 bands of the Nlaka'pamux Nation). This position will support the Wellness Programs Manager/Facilitator in all matters related to wellness program coordination, design and delivery.

RESPONSIBILITIES:

- Assists with all aspects of culturally sensitive wellness program planning and delivery to 12 Nlaka'pamux Nation Bands throughout the Nicola Valley and Fraser Canyon Regions
- Acts as co-facilitator (trainee) while learning to delivery 10 different wellness programs
- Participates in long term plan to develop competency as a facilitator/trainer in all programs
- Coordinates and/or collaborates in the development of community wellness and program related events
- Engages with community members, leadership, stakeholders and peers regarding wellness program information dissemination, promotion and marketing
- Provides administrative support to Wellness Programs Manager/Facilitator
- Develops and updates program posters, pamphlets and all program related promotional material, information and notices
- Provides assistance with financial record keeping and reporting
- Completes special projects, research & development, reports, and program evaluation as required
- Promotes and supports Nlaka'pamux Health Services
- Other tasks as required

QUALIFICATIONS/EXPERIENCE:

- Possesses knowledge of Nlaka'pamux First Nations communities & culture
- Works from a trauma-informed and harm reduction perspective -- good understanding of current and historical Indigenous issues and their complexities (colonization, racism, intergenerational trauma)
- Post-secondary education in a related field (education, adult education, training of trainers, social work, counselling, or child/youth care)
- 2+ years related experience in group facilitation, teaching, public speaking, presentation and/or marketing – preferably in a health care environment
- Excellent reading, writing, and reading for writing ability (ability to summarize/synthesize)
- Superior general administration skills, including proficiency in Office 365 – Word, Publisher, Power Point, and Excel
- Proven organizational and time management skills; event planning skills and budgeting skills an asset
- Excellent people skills – friendly, outgoing, effective communication, engaging, approachable, non-judgmental, empathetic, maintains appropriate boundaries
- Personal qualities – intelligent, self-motivated, enthusiastic, creative, desire to learn, likes a challenge, energetic, values/practices self-care, role models a healthy lifestyle
- Ability to work in a performance-based system with a proven track record of meeting targets and outcomes is essential
- Team player with an ability to work with a diverse range of people and personalities
- Must be able to work flexible hours and travel is required
- Valid BC Driver License, clean drivers abstract and willingness to provide Criminal Record Check

CLOSING DATE: May 10, 2019 – 12:00 pm (noon)

APPLICATION PROCEDURE: Please send RESUME and COVER LETTER by mail, hand delivery or email to: Tamara George, Manager, Nlaka'pamux Health Services | **Email:** george.t@nlxfn.com | **Mail:** P.O. Box 3090, Merritt BC, V1K 1B8 | **Deliver to:** Nlaka'pamux Health Services, 2088 Quilchena Ave., Merritt, BC

Identify the position **Wellness Programs Co-facilitator (trainee)** in the header of your email, and COVER LETTER.

We thank all that apply, but only those selected for interview will be contacted.

*****Pursuant to S.41 of the BC Human Rights code, preference may be given to Aboriginal Applicants*****



The First Nations Health Authority is a diverse and transformational health organization of professional, innovative and dedicated team members and leaders.

The first of its kind in Canada, FNHA works as a health-and-wellness partner with BC First Nations to support self-determination and decision-making to improve health outcomes.

Employment Opportunity

The First Nations Health Authority is committed to respecting diversity within our workforce. Preference will be given to individuals with First Nations, Inuit, Metis or Aboriginal ancestry.

Communication Specialist, Interior Kamloops, BC

If you are caring, passionate, and want to work in a dynamic and challenging environment, then you should join our team! As the Communication Specialist for Interior Region you will have specialized expertise in the development and implementation of regional communications.

The position provides operational, engagement and technical support to the Interior regional team and stakeholders including senior leadership in the region; produces high quality communication products including regional newsletters, press releases, web content, marketing and other communiques and provides hands-on support in planning, execution and monitoring of activities before, during and after the regional events and/or meetings including speaker's points, presentations, summaries and action plans.

Education & Experience

- University Degree in Communications, Public Relations, or Marketing, plus 4 to 6 years of Communications or Public Relations experience or equivalent combination of education and experience
- Proven track record for executing high quality communication plans and materials
- Experience in research, document development, policy writing and analysis (usually acquired over a period of 4-6 years)
- Experience working with First Nations communities or organizations including political leadership

WHAT YOU CAN EXPECT FROM US

Joining our family means joining an organization that supports personal growth, in-house training, a paid volunteer day and a unique full-day orientation program.

Leading with culture, all FNHA employees complete San'yas Indigenous Cultural Safety Training. We support our family to be leaders in wellness and all staff members develop a yearly wellness plan as part of their performance partnership and goal-setting.

FNHA offers competitive salary, pension, extended health benefits and employee supports for mental wellness including an EAP and cultural supports.

For more information about our organization, please visit:
www.fnha.ca

JOIN OUR HISTORIC JOURNEY

At FNHA, you'll have the opportunity to contribute to BC's history. With a unique governing structure and mandate, our fluid work environment means you can play an active role in real change.

Our talented teams value respect and foster lateral kindness in their working relationships. Our holistic approach to wellness, based on First Nations teachings, is incorporated into all aspects of work culture.

Where else will you get to create a personal wellness plan as part of your performance goals?

If you are looking for more than a job, come join the FNHA family.

APPLICATION DEADLINE May 1, 2019 at 4:00pm

Submit your Cover Letter & Resume as **one document**.

Apply online:

<http://www.fnha.ca/about/work-with-us> or Confidential Fax: (604)

913-6135

Please include **"Self-Identified"**, if you are voluntarily identifying yourself as First Nations or Aboriginal.

Please note that only those applicants shortlisted will be contacted. If you do not hear from us about this position, please accept our sincere appreciation for your interest in FNHA! We encourage you to watch our job board for future opportunities.

SUMMER STUDENT EMPLOYMENT**LOWER NICOLA
INDIAN BAND**

Post-Secondary & High School Summer Student Employment Opportunities

Dependent of Funding

Summer student applications (including resumes and cover letters) must be submitted to Deloris Charters at the ASETS office to determine if the student is eligible to be funded for the program.

Please call to make an appointment at the following contact info.

Merritt ASETS Office

Address: 2051 D Voght St Merritt, BC V1K 1B8

Telephone: 1-250-378-0126

If you have questions or need clarification about the application process feel free to contact Sondra Tom the Executive Assistant at the LNIB Band Office (250) 378-5157 or via email at sondra.tom@lnib.net

181 Nawishaskin Lane Merritt, BC V1K 0A7
Phone: 250-378-5157 | Fax: 250-378-6188 | Email: reception@lnib.net

**LOWER NICOLA
INDIAN BAND**

Post-Secondary Summer Student Employment Opportunities

We welcome our post-secondary students to apply for any of the following positions. The tentative start dates are listed below. The Lower Nicola Indian Band has summer student opportunities in the following areas:

Recreation Assistant

Start Date: May 13, 2019 - End Date: Aug-23-2019

Under the supervision of the Director of Human Services the successful candidate will be responsible for developing and participating in recreational programs and events for the Lower Nicola Indian Band community.

Summer Garden Assistant

Start Date: May 13, 2019 - End Date: Aug-23-2019

Under the supervision of the Shulus Gardens Supervisor the successful candidate will assist in the revitalization and up-keep of the community garden by planting, watering, weeding and harvesting.

Grounds Maintenance Assistant

Start Date: May 13, 2019 - End Date: Aug-23-2019

Under the supervision of the Director of Infrastructure the grounds maintenance assistant will perform general upkeep of the Lower Nicola Indian Band properties (may include band school) performing such tasks as: lawn maintenance; manual duties to clean and maintain landscaped environment

Cultural Coordinator Assistant

Start Date: May 13, 2019 - End Date: Aug-23-2019

Under the supervision of the Director of Human Services the Cultural Coordinator Assistant will assist with the development and implementation of the cultural programs offered to the LNIB Community.

Economic Development Assistant

Start Date: May 13, 2019 - End Date: Aug-23-2019

Under the supervision of the Director of Lands and Economic Development the successful candidate will provide support to the economic development staff in all areas of the department. Specifically, the individual will gain experience in meeting preparation, developing communication materials for newsletters, website posting, public speaking, reporting and budgeting.

Finance Assistant

Start Date: May 13, 2019 - End Date: Aug-23-2019

Under the supervision of the Director of Finance the successful candidate will work in the finance department and perform duties such as data entry, filing and other finance related tasks for the AP, AR and payroll departments.

181 Nawishaskin Lane Merritt, BC V1K 0A7
Phone: 250-378-5157 | Fax: 250-378-6188 | Email: reception@lnib.net

**LOWER NICOLA
INDIAN BAND**

High School Summer Student Employment Opportunities

We welcome our post-secondary students to apply for any of the following positions. The tentative start dates are listed below. The Lower Nicola Indian Band has summer student opportunities in the following areas:

Summer Garden Assistant

Start Date: July 2, 2019 - End Date: Aug-23-2019

Under the supervision of the Shulus Gardens Coordinator the successful candidate will assist in the revitalization and up-keep of the community garden by planting, watering, weeding and harvesting.

Grounds Maintenance Assistant

Start Date: July 2, 2019 - End Date: Aug-23-2019

Under the supervision of the Director of Infrastructure the grounds maintenance assistant will perform general upkeep of the Lower Nicola Indian Band properties (may include band school) performing such tasks as: lawn maintenance; manual duties to clean and maintain landscaped environment

Reception Assistant

Start Date: July 2, 2019 - End Date: Aug-23-2019

Under the supervision of the Executive Assistant the successful candidate will be assisting in all aspects of reception including directing calls, emails and clients to the appropriate staff member. Specifically, the individual will gain experience in all duties involved with reception within the administrative department.

Economic Development Assistant

Start Date: July 2, 2019 - End Date: Aug-23-2019

Under the supervision of the Director of Lands and Economic Development the successful candidate will provide support to the economic development staff in all areas of the department. Specifically, the individual will gain experience in meeting preparation, developing communication materials for newsletters, website posting, public speaking, reporting and budgeting.

Grounds Maintenance Assistant

Start Date: July 2, 2019 - End Date: Aug-23-2019

Under the supervision of the Director of Human Services the grounds maintenance assistant will perform general upkeep of the Lower Nicola Indian Band properties (may include band school) performing such tasks as: lawn maintenance; manual duties to clean and maintain landscaped environment

181 Nawishaskin Lane Merritt, BC V1K 0A7
Phone: 250-378-5157 | Fax: 250-378-6188 | Email: reception@lnib.net

MEMBER OWNED BUSINESS DIRECTORY

Aly Moon-Pierre

Online Life Coaching Business.
Aly Moon-Pierre, SW Dipl. BSW
Spirituality Coach | Inclusive Coach
www.Inclusive-Coach.com
aly@inclusive-coach.com

Angie Bain

angiebain@shaw.ca
604-802-9709
Over 20 years experience in providing training,
research & research analysis services

Bonnie Bent

Micoblading
(250) 280-0430 or (778) 800-7878

Donna Bent

250-378-4396 Donna Bent Artifacts

Brandon Joe

250-525-0443 (text only)
Commercial Embroidery and Jewellery

Shannon Kilroy

skilroy09@yahoo.com
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Handy Man Service & Solutions 24/7
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Mostly Glass Creations: Stained glass, mosaics,
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250-378-5468
250-378-1556 (cell) Warren Smith/Janet Sterling,
Principals
Logging contractors, road builders, land clearing
Established 1998
Certified Safe Company
11 employees, 80% First Nations
Equipment: Faller/Buncher, Grapple Skidders, Log
Processors, Excavators, Cat Crawler Tractors

Maggie's Bannock

Maggie Shuter
250-378-6579

Millco Safety Services

www.millcosafety.com
PO Box 4154 Lower Nicola, B.C.
250-378-2221 Patrick Miller/Angela Garcia, Principals
Construction safety, construction security, First Aid,
Traffic Control, fully certified personnel

Nicola Valley Muy Thai
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FROM THE EDITOR



May 4th is the official International Firefighters Day. We want to send a big shout out and thank you to our LNIB firefighters. I don't live on reserve but they responded to a 911 call at my house and helped with a medical emergency. They were first on scene and very professional though I was personally mortified at my naked state.

I suppose that story isn't as bad as a girlfriend of mine who went into labour at home. She is a tiny thing, and had a crowd of very tall, very burly firefighters all crowed into her bathroom trying to help her.

I suppose neither of these examples could compare to the trauma our firefighters face on a regular basis. Well, ok, the shape I'm in these days could result in some PTSD for whoever saw me. Being a firefighter seems to mean more attending to medical emergencies and road accidents than house fires. Maybe we've just been lucky...

Last month we distributed materials about making your own property fire smart. That campaign is continuing and there are prizes to be won in that and the Spring Cleanup contest ending May 22. In the meanwhile, it seems people continue to ignore the dictate that you notify the LNIB Fire Department BEFORE you start burning, and that you check the ventilation index.

We wanted to hold a barbecue to recognize our firefighters but apparently our crews are too busy at this time of year responding to grass fires that get out of hand. In one case, the fire came very close to encircling the firetruck, and put the crew in harms' way.

I'm including an excerpt from the Ministry of Forests, Lands, Natural Resource Operations and Rural Development because while those regulations may not apply on reserve lands, they apply as soon as the boundary is crossed:

IMPORTANT: It is the responsibility of the individual conducting an open burn to ensure that it's done in a safe manner and in accordance with regulations and any current burning restrictions. Anyone found in contravention of an open burning prohibition may be issued a violation ticket for \$1,150, required to pay an administrative penalty of \$10,000 or, if convicted in court, fined up to \$100,000 and/or sentenced to one year in jail.

If the contravention causes or contributes to a wildfire, the person responsible may be ordered to pay all firefighting and associated costs.

Remember - there is nothing so fast as a fire helped by wind and it only stops when it runs out of fuel. It doesn't recognize borders, and can jump highways.

And to our firefighters - thank you for your time and dedication! We will dish up the hamburgers once the season calms down a bit, and it's a very small way to recognize your work but please know the community appreciates you.