



March 2019

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SCHEDULE OF CHIEF & COUNCIL MEETINGS



Schedule of Chief and Council Meetings for 2019

This schedule doesn't include Special Council Meetings

Tuesday, December 18, 2018 @5:30pm
 Tuesday, January 8, 2019 @5:30pm
 Tuesday, January 22, 2019 @5:30pm
 Tuesday, February 5, 2019 @5:30pm
 Tuesday, February 19, 2019 @5:30pm
 Tuesday, March 5, 2019 @5:30pm
 Tuesday, March 19, 2019 @5:30pm
 Tuesday, April 2, 2019 @5:30pm
 Tuesday, April 16, 2019 @5:30pm
 Tuesday, May 7, 2019 @ 5:30pm
 Tuesday, May 21, 2019 @5:30pm
 Tuesday, June 4, 2019 @5:30pm
 Tuesday, June 18, 2019 @5:30pm
 Tuesday, July 2, 2019 @5:30pm

Tuesday, July 16, 2019 @5:30pm
 Tuesday, August 6, 2019 @5:30pm
 Tuesday, August 20, 2019 @5:30pm
 Tuesday, September 3, 2019 @5:30pm
 Tuesday, September 17, 2019 @5:30pm
 Tuesday, October 1, 2019 @5:30pm
Saturday, October 5, 2019 ELECTIONS
Tuesday, October 8, 2018 Sign Oath of Office
 Tuesday, October 15, 2019 @5:30pm
 Tuesday, November 5, 2019 @ 5:30pm
 Tuesday, November 19, 2019 @ 5:30pm
 Tuesday, December 3, 2019 @ 5:30pm
 Tuesday, December 19, 2019 @ 5:30pm

Schedule of Band General Meetings for 2019

Monday, January 28, 2019 @ 6:00pm
 Monday, March 25, 2019 @ 6:00pm
 Monday, May 27, 2019 @ 6:00pm
 Monday, July 29, 2019 @6:00pm
 Monday, September 30, 2018 @ 6:00pm
 Monday, November 25, 2018 @ 6:00pm

*Note –Band General Meeting would be superseded by the Annual General Assembly

"It is spring fever. That is what the name of it is. And when you've got it, you want—oh, you don't know quite what it is you do want, but it just fairly makes your heart ache, you want it so!"

—Mark Twain

REPATRIATION COMMUNITY MEETING



 **LOWER NICOLA
INDIAN BAND**



LNIB Repatriation Community Meeting Our Objectives and Work Done to Date

WEDNESDAY, MARCH 6, 2019

Where: Shulus Hall

Time: 5:00 pm to 7:00 pm

Dinner will be provided

Come learn more about the objectives of the Repatriation Committee and what has been accomplished so far.

Some of the working group members recently made a trip to the Peabody Museum in Boston - come learn what they discovered!

Planning is starting for a trip to the Royal BC Museum.



For more information contact Robert Sterling at 236-575-2012
email Robert.Sterling@lnib.net or Crystal Wallace at 250-378-5157,
email Crystal.Wallace@lnib.net

CLEAN ENERGY PROJECT



LOWER NICOLA
INDIAN BAND



Clean Energy Project

When: Wednesday, March 20, 2019

From: 5:00 pm - 8:00 pm

Where: Shulus Hall

The community is invited to come learn about the potential solar energy projects LNIB wants to undertake - the how, the where and the why!

Dinner will be provided



If you have any questions please call Barb Huston at 250-378-5157
or email Barb.Huston@lnib.net

ZOHT IR 4 WATER UPGRADES



**LOWER NICOLA
INDIAN BAND**

February 25, 2019

To Whom it may concern:

Re: Zoht IR No.4 Water System Upgrades.

The Infrastructure Department and their contractors will be in the Zoht IR No.4 area in the coming weeks to start work on upgrading the domestic water system for the Community. This is due to numerous parts that have recently failed, and imminent main line complete failure of old galvanized iron pipes.

Major earth works will take place on both Mill Creek and Coyote Valley roads causing restricted travel in and around the area and temporary disruptions to water services

We will be asking for your patience and cooperation during the construction period and apologize for any inconvenience this may cause.

If you have any questions, please feel free to contact me at 250-378-5157.

Thank you,

Hyrum Peterson
Director of Infrastructure

181 Nawishaskin Lane Merritt, BC V1K 0A7
Phone: 250-378-5157 | Fax: 250-378-6188 | Email: reception@lnib.net

CULTURAL KNOWLEDGE GATHERING



nkshAytkn



(Our relations)

Cultural Knowledge Gatherings

We will be holding our 82nd nkshAytkn gatherings. Please come out and join us for the afternoon of sharing our cultural knowledge and nlaha.kapmhcheen! So, come out share stories and enjoy good company!

ATTENTION: Please and bring your **water**, snacks, plates, bowls and cutlery etc....
(People who provide their own Plates, bowls and cutlery will be put in for a draw)

March 4th, 2019, at 10am-2pm, Shulus Hall, Merritt

Topic: Grizzlie Bears

- Guest speaker, Robyn
- Bear Aware Information Presented by Hope Mountain Black Bear Committee Lydia Koot
- Lunch is provided

If you have any questions or comments or need a ride, or more information on the other dates please feel free to contact us! **John/ NNTC (250)-455-2711** or **Sharon Antoine (250)-315-5910**

SPRING LUNCHEON

SPRING INTO SPRING LUNCHEON

When: March 21, 2019

Where: rocky pines community center

Time: 12 – 1:30 pm

Come join us to welcome spring with a
beautiful lunch feast

Welcoming Spring with a Pipe ceremony to be held at the culture
center @ 9:00am on March 20th

Breakfast will be served after ceremony.

For rides or more information please call

Christie hill @ 250-315-3661



32ND ANNUAL NICOLA NATIVE HOCKEY TOURNAMENT

Come to the 32nd Annual Tournament

**Enjoy exciting youth native hockey
50/50 draws, raffle table**

Nicola Valley Junior Native Hockey Association
P.O. Box 1294 Merritt, B.C. V1K 1B8
Fax (250) 378-2025 Phone (250) 378-4905
email: billbose@yahoo.com



**In the Beautiful Nicola Valley at
Merritt Arena and Shulus Arena
March 21, 22, 23 & 24, 2019**

Daily Admissions \$5.00 per person
Children under 12 and Seniors Free Admission

Be there or be 

CHIEF AARON SUMEXHELTZA

Dear LNIB Members,

I am writing to inform you of some of my recent work.

Lower Nicola Band continues to build relationships with the other Nicola Bands. We are working together on several initiatives.

LNIB with the other Nicola Bands recently signed a Memorandum of Understanding with BC Housing, which is a Crown Corporation that provides housing to British Columbians. As a first step, BC Housing has committed to working with the Nicola Bands to hire a staff member, and provide training to band staff so we can do assessments of band buildings and homes.

On another initiative, we have also recently consolidated NVIDC, NVISA and Spayum into one new corporation which we have named Spayum Holdings LP. We have taken all the properties owned by the three companies mentioned above, and transferred them to Spayum Holdings LP. The purpose of the new LP is to create revenues for the bands and develop the assets we own. The 5 Chiefs have recently appointed a new board of directors for the LP. The board of directors are Chief Jordan Joe, Susan Roline, Trevor Morrison, Chris Scott, and I. The new LP will be issuing a press release soon, where we can share more information about our new board. The Chiefs are excited bring a qualified board of directors together with the relevant business experience to work for our communities.

Lower Nicola Indian Band has also been working with the other Nicola Bands in taking the initial steps to acquire 25 acres of land where the current Visitor Information sits at Gateway 286. Late last year Spayum was successful in applying for a grant of \$80,000.00 to do the initial work on this initiative. This project is in the preliminary stages, and the Council is committed to ensuring that band members, including those that reside at Joyeaska will have an opportunity to share their thoughts and concerns. For more information please visit: <http://comment.nrs.gov.bc.ca/applications>

Finally, Leona and I have been working with the Provincial Government on the Water Governance Pilot with the Province. We have hired Crystal McMaster as the Communications and Engagement Lead, and Eva Marie Tom as the Indigenous Laws Research Liaison. Now that we have staff in place, we are committed to sharing information with community members and elders, so we can have you participate in this pilot.

That is my update for this month. I hope you all have a great March.

Chief Aaron Sumexheltza

COUNCILLOR LEONA ANTOINE

Hentl'

February is the recognition of loved ones and the last stretch of winter. I have been slowly feeling cabin fever now and winter has finally set in. I believe the seasons are now shifting and we as always just learn to adapt, which is nothing new for us. Adaptation is on so many levels with climate, resources, government to government discussions, nation to nation dialogue, and family dynamics.

The passing of my Uncle Dale Shuter has brought awareness of grieving and the importance of bringing back our traditional protocols. When one passes on it requires a lot of work to ensure that the 4 days of mourning to burial process happens swiftly but still allows the time to mourn as well. I love how our communities pull together to support one another in time of need, but the mourning does not stop there.

There is still important work for our family to complete within the year of taking care of self, recognition of grief, reach out when needed and closing bank accounts and other business. I hold my hands up to the Lower Nicola Indian Band staff for being there for the Shuter family from hours later until after the service ensuring all our needs were met. They really did go above and beyond in our time of sorrow. My Uncle will be missed by many with his wittiness and big generous heart.

It is now time to roll out some initiatives related to the visions Chief and Council have identified in our strategic plans for this upcoming fiscal 2019-2020 plans and budgets. We have heard that being stewards of the land we need to set precedents on our own LNIB reserves. This will entail invasive plant management, food security, limited access, water management, emergency preparedness, solid waste management, heritage policy and implementation of our land code. It has been a lot of hard work by staff to ensure it is supported by budgets and policies and I am excited to move forward and away from Federal jurisdiction.

Chief Aaron and I did a presentation to Ministry of Forest and Range district and regional staff on what Reconciliation means to us and showcased where operationally and government to government is working for LNIB. The Agrologist from FLNRO approached us prior to creating a strategic plan of the crown land. We were able to provide our traditional knowledge on the land base and implement our values for treatment of culture medicines and through our Development Corporation were able to be direct awarded some contracts for treatments. With water initiative project is progressing on developing a framework of First nations governance and Provincial Government decision making of our water within the Nicola watershed.

The Thompson Okanagan Tourism Association (TOTA) along with its core partners Indigenous Tourism of British Columbia (ITBC), Tourism Kelowna, Westbank First Nation, Shuswap Nation Tribal Council, Shackan Indian Band, Lower Nicola Indian Band, were chosen as the successful bidder to host the 8th annual International Indigenous Tourism Conference (IITC) in Kelowna, British

Columbia in 2019. We are taking a hard look at tourism as we are missing this opportunity and is a good place to show the world how proud we are of our culture. Stay tuned for this exciting venture.

Nlakapmux Nation leadership have met in recent days to decide on the fate of our steelhead. With less than 150 return this year do we support if they are listed as Species at Risk or not. Pros would shut down commercial and recreation harvest and better chance of more return. Cons would be if listed then we are locked in for 10 years, affect our food fisheries, and no guarantee will improve numbers. Options is if we list then our sustenance harvest is also stopped, if we don't list then perhaps just use dip nets and not gill nets so if a steel head is caught have option of throwing back in live. Meeting will be in mid- March to finish these discussions. Another topic is infringement of neighboring nations wanting specific claims without our awareness, so we sat with them to identify what their intentions are and will be coming back at a further nation to nation meeting in coming weeks. Now more than ever we need to stand up in our territory to protect our tmix.

There was a Resolution passed at the NTA board recently, which now consists of 4 bands, that LNIB is able to obtain traditional information that will better protect our resources.

In closing I want to update the community that the Nicola Ranch cowboy Ben Tyner search is still on going by those that chose to with their local knowledge. When he was initially confirmed missing LNIBDC resourced some of our Forest technicians and employees to assist with the search with other teams. The horse was found on Whinny Flats not far from IR 1 so with our local knowledge was key in efforts. Lorne Basil rode Ben's horse down to Robert Moses' corral where she was tended to until someone claimed her. With overwhelming efforts from searchers, food offerings, knowledge keepers, prayers and continuous efforts has impacted the hearts of the family in Wyoming that had to leave our valley and their loved one here. They do have a Facebook page and have LNIB in their prayers to continue efforts on the search for Ben.

k^wuk^wscemx^w



EXECUTIVE DIRECTOR



Dear LNIB Members,

I am pleased to present our monthly report for February 2019. We are proud to share some of the stories, events and highlights of the programs and services that we delivered to Lower Nicola Indian Band members in the past month.

The Band Office continues to be a busy place and there are always many things on the go, many people visiting to discuss their issues.

Here are some of the things we are working on:

Community Plan: The LNIB Community Plan is being revised with the input of the community members who attended the Community Plan meeting last month. We believe we have captured everything that members communicated to us as well as the items that were brought up to do with revisions for the LNIB Custom Election Code. The next step will be to have Council approve the plan, so the implementation process can begin.

Proposals: There is a proposal that was supported and submitted to the New Relationship Trust First Nations K-12 Education Grant for the Education Sector. If successful, the monies will help supplement and implement an after school academic enrichment program.

We are also pleased to announce that we are in the final stage of wrapping up the Renewable Energy Road Map project. Barb Hutson is taking the lead in the next stage of the project where we will be implementing our findings so please keep an eye out the exciting opportunities Barb will be presenting to the community.

We are also scheduling community engagement sessions for the new community building. Please keep a lookout for the schedule, as we'd love to hear your ideas.

Website: LNIB is experiencing problems with the LNIB website. Communications will be working on a possible switch of the website to a different host in the next fiscal year.

Financial Administration Law: LNIB just received a letter indicating that we are successful with our application. LNIB will receive monies in one lump payment from Indigenous Services Canada for the fiscal year. This will provide greater opportunities for LNIB to acquire interest from the monies throughout the year. The 10 Year Grant requires strict implementation of the LNIB Financial Administration Law. LNIB is compliant with most of the FAL and will have the remaining in effect before March 2020.

Community Meetings: LNIB hosted many community meetings this month. Solid Waste Management provided information on the upcoming changes in the recycle program that will launch in the next fiscal year. Kingsvale Transmission Project will provide an update and provide important information for members. Surerus Murphy Pipeline information will provide information on this project and upcoming job opportunities open to membership. A Genealogy session was provided to help interested members on how trace your history. Games night will bring families together for a night of old fashioned board games and socialization.

Committees and Liaisons: Lands Management Advisory Committee is currently recruiting one member which closed February 15, 2019. Applications will then be brought to Chief and Council to have a new member appointed to the LMAC. The Finance and Audit Committee is also seeking a member. If you know anyone that has strong financial experience please encourage them to send a resume to me. LNIB School Board is also needing a member and is requesting an application from those who are interested.

Support to Chief and Council: Chief and Council met February 12, 2019 and February 19, 2019. The Band General is scheduled for Monday, March 25, 2019 at 6:00pm at the Shulus Hall. Budgets will be presented to membership at this Band General. Should you require anything be on the agenda please contact Sondra Tom or me.

NEW PHONE SYSTEM:

As you know by now the LNIB Sectors are now operating from Skype for Business for phones. This is an exciting change for LNIB with enormous cost savings. New capabilities are all phones are now connected and when calling any of our phone numbers you are directed to a Central reception group. Any of our receptionists in any of the buildings will be able to direct your call to the person you are calling. This will take some getting used and will be beneficial for membership as well as staff. Please call me if you have any issues with the new system and I will try to help get the problem addressed.

Sondra Tom



February 13, 2019

Dear Nicola Valley Member Bands,

The Nicola 5 Chief and Council's, through 1149296 BC Ltd. are working with TRUE Consulting on a Crown Land Tenure of the former Tourist Information Centre and surrounding land. A map of the area is shown below. This work is in the preliminary stages. The goal is to acquire land for the Nicola 5 communities to use for future tourism and economic development pursuits.

As the project unfolds, we will share information with you. In the meantime, if you have any questions regarding the project, please contact TRUE Consulting at nalteen@true.bc.ca.

Thank you,

TRUE Consulting

A handwritten signature in purple ink that reads "Natalie Alteen".

Natalie Alteen, EIT



201-2079 Falcon Road ■ Kamloops BC ■ V2C 4J2 ■ www.true.bc.ca ■ tel 250.828.0881 ■ fax 250.828.0717

ENGINEERING ■ PLANNING ■ URBAN DESIGN ■ LAND SURVEYING

LANDS & ECONOMIC DEVELOPMENT

Lower Nicola Indian Band

Lands Management Advisory Committee Vacancy

Term: 6 months (ends September 5, 2019)

Department: Lands and Economic Development

Hours: Evening hours required

Summary of responsibilities

We are looking for dedicated and engaged LMAC Committee members who can bring different skill sets to the new land management regime at Lower Nicola Indian Band, such as interpreting and understanding survey work; dispute resolution; land use planning; environmental protection; policy and law development; financial literacy; research and writing; and/or community engagement.

Qualifications:

- Any LNIB Member, whether resident on or off LNIB Land, 18 years or older;
- Cannot be convicted of an offence that was prosecuted by way of indictment except for a conviction for an offense where the person was involved in the support or defense of an aboriginal right or title;
- Cannot have any undischarged bankrupt or owe money to LNIB; and
- Cannot be convicted of a corrupt practice in connection with an election, including but not limited to, accepting a bribe, dishonesty or wrongful conduct.
- Obtain Criminal Record Check

Apply To:

Lower Nicola Indian Band
181 Nawishaskin Lane
Merritt, BC V1K 0A7
E-mail: hr@lnib.net

Interested members, please submit a resume and cover letter that highlight your relevant lands knowledge and experience including three references.

As per section 33.4 of the LNIB Land Code, members of the Lands Management Advisory Committee shall be appointed by Council so as to ensure a broad representation of the LNIB membership.

Thanks to all who apply.



REPATRIATION COMMITTEE



Artifact Name: Cape

Description: Cape of woven rabbit skin

Notes: Completely woven. Teit item 276. Cape of woven rabbit (or hare) skin ornamented with strips of fawn skin, buckskin fringes & deer's hoofs. Hawk's feathers at shoulders. The cape is divided so it hangs better & gives more freedom to the arms.

During the month of February the Lower Nicola Indian Band Lands and Economic Development department has been completing the remainder of the Repatriation Project. This project has given us the opportunity to collect information and photographs of the very valuable and culturally important artifacts at the Peabody Museum. We have utilized the information we collected in our database that will soon be available for the community to browse and download photos, documents, and other files we have uploaded. One of our goals for the project was to involve the community and allow them to access the photos, documents, and recordings for their own personal use. Once we have completed the set up for the cultural artifacts portion of the database we will open it up for the whole LNIB community to use. We are hoping to have this up and running in March.

On another exciting note regarding the Repatriation Project, we have set a date for the Royal BC Museum trip that we will be bringing community members that have expressed interest on to help with research and to explore the important artifacts that are in Victoria BC. Our tentative date is set as the week of March 18, 2019. We will be having a community meeting on March 6th to discuss the details of the Victoria Trip and present our findings from the Peabody Museum in Boston.

We welcome any questions that members may have regarding this project, please contact Robert Sterling or Crystal Wallace for more information on how to get involved.

SOLID WASTE MANAGEMENT PROJECT

SOLID WASTE MANAGEMENT PROJECT



The Lower Nicola Indian Band Provides solid waste management services to the community using Band owned equipment and contracted services supported by a Municipal Type Services Agreement. LNIB knows that there is room for efficiencies within our solid waste management system and applied for funding through the First Nations Land Management Resource Centre Inc.(LABRC) to create a Solid Waste Management Plan.

The intention of this project is to educate members and generate awareness on reducing, reusing, recycling and proper waste disposal. LNIB also wants to reduce the volume of solid waste produced by the community and divert as much material as possible from the residual waste stream, eliminate inappropriate waste disposal on LNIB Lands and reduce the financial burden of solid waste management on the Lower Nicola Indian Band.

With the funding provided by LABRC LNIB has contracted the Land Forest People Consulting Ltd. to work with LNIB and our members to examine how we currently manage solid waste, discuss our goals and objectives, and design a solid waste system that meets the needs of the band and the community.

On January 14 and 15, 2019, LNIB Staff, our waste removal contractor and the Land Forest People Consulting Ltd. held our first meeting regarding Solid Waste Management at LNIB. We discussed what waste removal service were offered, current waste removal equipment, inappropriate dumping and a small facility tour of the TNRD Eco Depot. Jamie Vieira, Manager of Environmental Services from the TNRD was able to attend our meeting and discuss what services are available through the TNRD, the changes in recycling since signing on with Recycle BC and how these changes will affect the Band and our community members.



BUCKSHEE LEASES

Buckshee Leases Guiding Principles

Since the Land Code came into effect on December 1, 2016, legally valid Interests and Licences in LNIB Land that existed prior to the Land Code are continued in accordance with their terms. However, since buckshee leases (unregistered leases) are not legally valid by their nature, they remain legally unenforceable under the Land Code.

Parts of LNIB Land have been formally allotted to LNIB members by means of “Allotments” which are legally valid and enforceable interests. While other parts of LNIB Community Land are occupied by members who do not hold an Allotment but nevertheless assert an interest or right to such land. Such claims are referred to as “Traditional Claims” and the LNIB Community Lands over which Traditional Claims are asserted are referred to as “Traditional Holdings”.

Council has previously directed the Lands Department to oversee the development of an Allotment Law, which among other things will set out a process for addressing and criteria for assessing Traditional Claims. Until the Allotment Law is passed and Allotments are granted in accordance with the Allotment Law, LNIB collectively remains the formal legal owner of Traditional Holdings.

There are many issues and concerns relating to buckshee leases on LNIB Land, which include without limitation the following:

1. LNIB may not be aware of the existence of a buckshee lease, and therefore the use of the land could be inconsistent with the community land use and/or the zoning bylaw;
2. Buckshee leases rarely have formal surveys, so there may be less certainty regarding the legal boundaries of the premises;
3. Property taxes are often not imposed on buckshee leases, potentially reducing band revenue sources and creating unfairness in the way tenants of LNIB Land are treated;
4. Permitting buckshee leases to be granted or to continue to exist indefinitely undermines respect for LNIB laws generally;
5. Buckshee leases are legally invalid and unenforceable under the Land Code;
6. Permitting buckshee leases could discourage traditional land claims for being settled;
7. Buckshee leases also allow Members to sidestep the requirement for Council's consent for the grant of an interest or licence to non-Members, effectively reducing LNIB's jurisdiction over its own lands; and
8. Unlawful possession of LNIB Land in many situations will constitute trespass, in contravention of LNIB's Trespass Bylaw and the Land Code.

On February 19th, 2019 by BCR the LNIB Council adopted the following Guiding Principles in respect of buckshee leases:

1. Encourage respect for and compliance with the LNIB Land Code and related laws, policies and procedures;

2. Ensure the legal validity and enforceability of Interests and Licences in LNIB Land, in order to increase certainty and reduce risk for LNIB, LNIB Members and non-LNIB Members who are parties to such Interests and Licences;
3. Eliminate existing buckshee leases over time; and
4. Avoid the granting of new leases that are not compliant with the LNIB Land Code and related laws, policies and procedures.

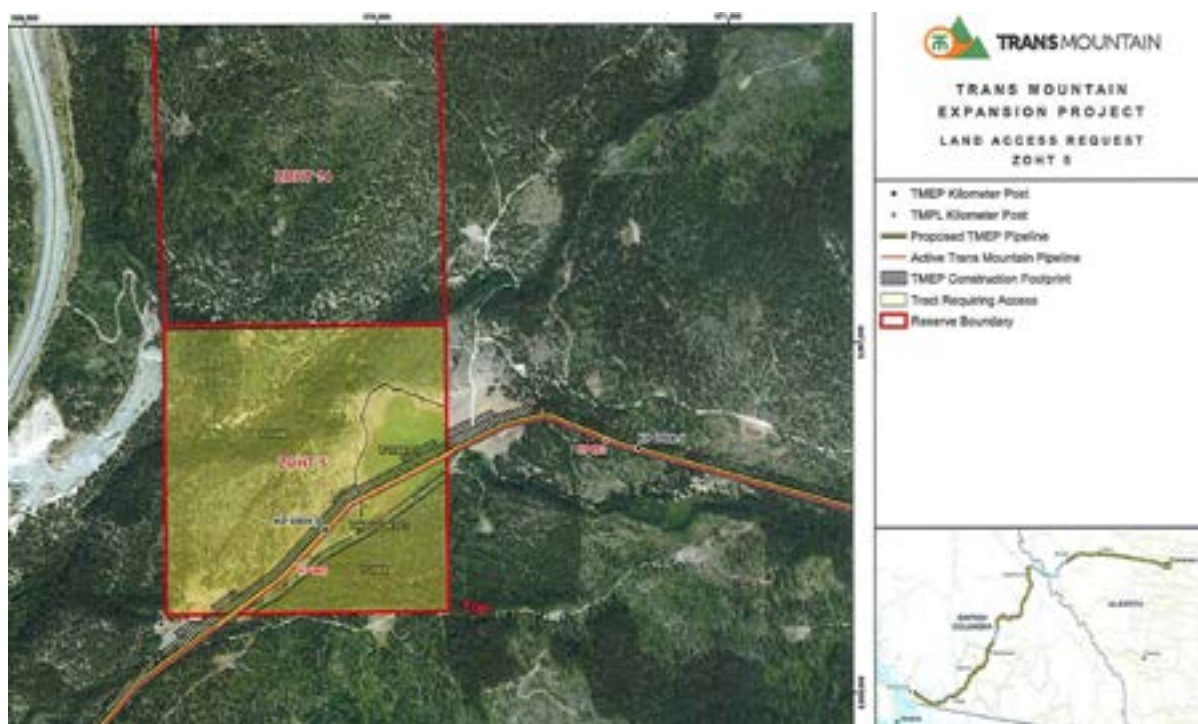
Trans Mountain Pipeline L.P. Survey

Trans Mountain Pipeline L.P (TMP) has requested permission to access Joeyaska IR No.2, Zoht IR No.4 and Zoht IR No.5 for the purpose of preparing a survey of the current right-of-way (ROW) and to leave stakes in the ground in anticipation of adding a second pipeline. TMP will make a separate request to the Lower Nicola Indian Band for additional Survey work outside the existing ROW if the wish to investigate alternative routes for the second pipeline.

All members who may be impacted by this survey work will be contacted individually by the Lands Department in the near future.



TRANS MOUNTAIN PIPELINE SURVEY



Lower Nicola Indian Band

March 2019

Future Employment Opportunities within Education System

Have you ever considered employment within the Public Education System? There are a wide variety of positions to consider with each one requiring its own level of credentials. It may surprise you to know that not every position requires extensive formal education; however, this being said LNIB Education will always support members with any education or training that is needed to ensure they are better equipped to apply to any/all postings that become available. If a career in Education interests you contact us anytime to discuss.

In a recent discussion with SD58 a few of the positions they have had challenges filling in the past was noted:

- Speech Pathology
- Speciality Teaching
- Teachers Teaching on Call
- Education Assistants
- First Nation Support Workers
- Bus Drivers

NOTE: There is a current SD58 Posted Position for a First Nations Support Worker (attached below). If you are interested please contact Shane at 236.575.2135 and he will assist you in preparing an application package.

LNIB Education

SHARON PARSONS EDUCATION PROGRAMS MANAGER

hehde?

Education staff continue to work with post-secondary students and assist those seeking training and employment services. Our goal is to assist anyone who walks through our door.

We are currently gathering contact information from band members to ensure each of you is aware of available services and supports. These services are also available to LNIB band members living off reserve.

Whether you are seeking services for yourself or are a parent with an LNIB child in Kindergarten to grade 12, call our office to confirm or update your contact information.

Each day in the Education office is different and filled with interesting opportunities to assist and enhance community band members, collaborate with Education staff, and support students of all ages.

The Homework Club has started at Rocky Pines Community Centre. Amy Manuel has been hired as the tutor and is there Monday to Thursday at 4:00 till 5:30. We invited grade 4 – 7 students and have expanded to include grade 8 students in this great opportunity. If your student could use a little help, they are welcome to drop in during the times and days listed above. The schedule will change the week before spring break, please call or drop into the Education Office for more information.

I attended the Agricultural Workshop on February 19, hosted by Lorna Shuter, LNIB Community Gardens. The guest speakers provided great information on how to expand or start a large community garden. As each of them spoke opportunities for a lucrative LNIB business blossomed, as well as the possibility of jobs for LNIB members supported by training and education. A future endeavor that could benefit LNIB in the promotion of health and healthy eating.

Wishing each of you, health and happiness.

Sharon Parsons, Education Programs Manager

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Lower Nicola Indian Band

March 2019

Supporting Literacy for LNIB Members

As you may or may not know one of the ongoing projects at Rocky Pines Community Centre is to have a properly housed library with books to meet the literacy need for all ages. LNIB, at no cost to the Band, received approximately \$20,000 worth of books to provide members with a diverse selection of both fiction and non-fiction material. The goal is to have all of the books electronically catalogued and on the shelves within the next few months.

On a separate note, but closely related topic, LNIB Education has been working with SD58 to strategize our efforts on maximizing support to our members and enhancing existing school programs that will increase literacy rates for children within district schools. We know there is a strong correlation between academic success and literacy, and as such, any investment made at early stages of education will provide high future returns.

To support literacy success we informed SD58 Elementary Schools our Sector will make a contribution towards the next Scholastic Book Order for LNIB Students. We are also looking into a Summer Literacy Camp and we will keep you posted on its status in next month's newsletter.

LNIB Education

GAIL LAROCHELLE POST-SECONDARY/EMPLOYMENT & TRAINING COORDINATOR

Hello everyone,

I hope February was a great month for everyone. Along with being the Education Coordinator, I am here to help all members with planning their education and to assist with any training needs to achieve the skills to find gainful employment.

Some things I have been working on:

- Meeting with students at TRU
- Getting members into training courses
- Contacting members wishing to go back to school
- Helping members with resumes
- Compiling a spreadsheet with contact information regarding members with a Red Seal
- Arranging short-term course for students
- Contacting PSE students to ensure their studies are going smoothly with no issues or concerns
- Checking PSE student files to ensure everything is up to date

Stop by or call the office anytime for information on any training you would like to participate in. Any members with a Red Seal please contact me so your name can be put on the list.



Gail La Rochelle

Post-Secondary /Trades, Training and Employment Coordinator

Education Policy Review

Over the past month we have been reviewing our current Education Policy Manual (including forms and applications). As a result of our review we have found areas that need amending to both better reflect current realities within the Education Sector and provide LNIB members with the best available services and supports being offered. If you have any feedback on our current policy package, or if you have been denied supports because of existing guidelines, please contact Shane at 236.575.2135 as we want to ensure any/all barriers are identified in this initiative.

3

Lower Nicola Indian Band

March 2019

RHONDA DUNN
FRONTLINE ADMININSTRATIVE SUPPORT

Hello All,

Working in the LNIB Education Department these past months has been busy and new. It's been exciting to work with LNIB membership in a whole new capacity helping them to explore and enhance their education and skills. I look forward in continuing to work with the Education Department team and supporting LNIB vision and growth.

Some things I have been working on include:

- Office administrative duties
- Meet and Greet, Incoming Calls
- Promoting Homework Club at Rocky Pines Centre
- Research Post-Secondary Agricultural, Horticulture and Permaculture programs
- Research Career, Training and Employment Centre programs & services
- Updating LNIB Membership Contact Information
- Notifying membership of upcoming educational events
- Can now upload and administer education information to LNIB Website
- Updating Education Bulletin Board: Community News, Scholarships, Youth Opportunities, Employment, Trades and Education Programs
- Help clients fill out forms
- Forward information to students, regarding programs and training opportunities, and scholarships.

Please call me to verify your contact information.

Education Matters,

Rhonda Dunn

Frontline Administrative Support

CHANGES TO RECYCLING

IMPORTANT NOTICE – CHANGES TO RECYCLING


Effective immediately, how you recycle has changed. There are six different categories that are accepted at the Eco Depot for free; they are as follows:

1. Paper and Carboard	4. Glass Jars
2. Plastic and metal containers	5. White Styrofoam
3. Plastic bags and wrap	6. Coloured styrofoam

HOWEVER,

LNIB Public Works is only able to pick up the following items on the '**DO RECYCLE**' list below. If you include anything in your bins from the '**DON'T RECYCLE**' list below, your recycling **WILL NOT** be picked up.

Please note: LNIB will be implementing 2 days for recycling and providing a 2nd bin to assist you in making recycling easier – one bin will be for just paper and cardboard and the second bin will be for containers

 <p>DO RECYCLE <i>ACCEPTABLE in your bin</i></p> <p><u>PAPER AND CARDBOARD:</u></p> <ul style="list-style-type: none"> ✓ newspaper, inserts and flyers, magazines, catalogues, phone books ✓ Boxboard boxes, moulded paper ✓ Paper bags ✓ Shredded paper (please contain in paper bag or box) ✓ Cardboard boxes <p><u>CONTAINERS:</u></p> <ul style="list-style-type: none"> ✓ Plastic bottles, jars and jugs including their caps, tops, lids and pumps ✓ Metal cans ✓ Plastic trays and clamshells; plastic or paper take-out cups, bowls and lids ✓ Cartons for soup, milk, etc ✓ Foil wrap and take out containers <p><i>**Remember: Empty, rinse, flatten and place "LOOSE" in the cart</i></p>	 <p>DON'T RECYCLE <i>NOT ACCEPTABLE in your bin</i></p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Plastic Bags and Overwrap <input checked="" type="checkbox"/> Glass <input checked="" type="checkbox"/> Hazardous Waste <input checked="" type="checkbox"/> Dishes <input checked="" type="checkbox"/> Paint <input checked="" type="checkbox"/> Foam Packaging <input checked="" type="checkbox"/> Garden Hoses <input checked="" type="checkbox"/> Hangers, pots, pans and other scrap metal <input checked="" type="checkbox"/> Toys and games <input checked="" type="checkbox"/> Hard and soft cover books <input checked="" type="checkbox"/> Paper towels, napkins and tissues <input checked="" type="checkbox"/> Electronics and appliances <input checked="" type="checkbox"/> Windows and mirrors <input checked="" type="checkbox"/> Light bulbs <input checked="" type="checkbox"/> Ceramic products <input checked="" type="checkbox"/> Foam packaging and Styrofoam <p><i>**There are many other items that are recyclable at TNRD Transfer Stations and Eco Depots. Contact Lower Nicola Eco Depot at 250.377.2596</i></p>
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For more information, visit www.tnrd.ca or contact the TNRD at 1.877.377.8673 or email: recyclenow@tnrd.ca

Please click on link for: [Frequently Asked Questions](#)

If you have any questions or concerns, please call Public Works at 250.378.5157

LNIB SCHOOL CALENDAR



MARCH 2019



Mon	Tue	Wed	Thu	Fri
				1 <i>Easy cheesy Pepperoni pasta bake</i> <u>REPORT CARDS GO HOME</u>
4 <i>Chicken Noodle soup</i>	5 <i>Hamburger Stir fry</i>	6 <i>Chicken nuggets + Potato wedges</i>	7 <i>Corn dog Mac & cheese</i>	8 <i>Grilled cheese + Bologna sandwiches</i>
11 <i>Chicken Veggie soup</i>	12 <i>Stuffed potatoes</i> <u>Anti Bullying Day @ 2 in gym</u>	13 <i>Mexi fries</i>	14 <i>Devilled egg Pasta salad</i>	15 <i>Paddy Day Special</i> <u>LAST DAY BEFORE SPRING BREAK</u>
19 <i>SPRING BREAK</i>	20 <i>SPRING BREAK</i>	21 <i>SPRING BREAK</i>	22 <i>SPRING BREAK</i>	23 <i>SPRING BREAK</i>
26 <i>SPRING BREAK</i>	27 <i>SPRING BREAK</i>	28 <i>SPRING BREAK</i>	29 <i>SPRING BREAK</i>	30 <i>SPRING BREAK</i>

IRISH SODA BREAD

250g/9oz wholewheat flour

250g/9oz plain white flour

1 tsp bicarbonate of soda

1 tsp salt

420ml/15fl oz buttermilk

extra flour for dusting

Method

Preheat the oven to 400F

In a large bowl, mix together the two types of flour, bicarbonate of soda and salt.

Add the buttermilk and mix until a sticky dough forms.

Lightly flour a work surface and tip the dough onto it.



Gently roll and fold the dough a couple of times to bring the mixture together. Do not knead.

Shape the dough into a ball. Flatten the ball gently with your hand. Score the dough with a deep cross dividing it into quarters. Dust the bread with flour.

Place onto a baking tray lined with baking parchment and bake for 30 minutes at 400F. The loaf should be golden-brown.

Leave to cool on a wire rack. This is best eaten on the day of baking.

FAMILY ACTIVITIES CALENDAR

<div>  <div>Family Activities March 2019</div> </div>						
Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
					1 Support Group 9:30 Skill Share 2-4	2
3	4 Parent's & Babes 12-2 Fitness 6-7	5 Craft & Dinner 3:30-5:30	6 Fitness 6-7	7 Community Walk 11-12	8 Office Day	9
10	11 Fitness 6-7	12 Games & Dinner 3:30-5:30	13 GFB Community Pot -Luck 5pm Fitness 6-7	14 Office Day	15 Support Group 9:30 Skill Share 2-4	16
17 	18 Parent's & Babes 12-2 Fitness 6-7	19 Program TBA	20 Pipe ceremony 9:00 am Fitness 6-7	21 Welcome Spring Luncheon 12-1:30 COHI	22 Support Group 9:30	23
24/31	25 Fitness 6-7	26 Program TBA	27 Community Walk 11-12 Fitness 6-7	28 COHI	29 Rattle making	30

Notes

*For More information please contact Christie or Marilynne @ (250)378-4089. Please note that events, activities or locations may change due to unplanned events or circumstances.

*Family Activity Programs located @ Rocky Pines Community Centre.

*Parents & Babes is geared towards prenatal to Preschool ages. Each family who attends the entire program each week will be given a \$10 gift card & a block of cheese. Located @ Rocky Pines Community Centre.

*Support Group takes place @ the Community Services Building.

*Anyone who can come in on Friday to the Community Services Building to share your "skill" with us we will give a \$25 gift card. Please call ahead so we can arrange a date. Beading, knitting, cooking etc.....

*COHI- Children's Oral Health Initiative.

* Fitness Work-Out will take place @ the LNIB Band school.

ELDERS' PROGRAM

Hello everyone;

Elders' Luncheon
March 14, 2019
12:00 – Activities Trailer

*If anyone is interested in going to the National Elders' Gathering 2019
we will be meeting Monday March 11th – 1:00 pm at the Health Centre*

March 12th – Movie at Trailer @ 12: 15 pm

March 14th – Elders' Luncheon @ Activities Trailer

Spring Break – I'm away at Diabetic Conference Monday March 18 – 21st

March 28th – Elders' Movie in Kamloops (limited seating)

When I get details for the movie I will contact you if you're on the list

Elders' Bingo every Friday – Activities Trailer @ 10 am – 12 pm

If you want to join any of these activities please feel free to join us

My direct phone number at my desk is (236) 575-2103 or you can call my cell
phone (250) 280-1975

Wenona Mike – Elder's Coordinator

CULTURE REVIVAL

March 4, Smudging @ Rocky Pines Community Centre ,Health Centre, Culture Centre

March 4, Nkseytken meeting – Shulus Hall 10 am til 2 pm Grizzly bears

March 5, Drop in beading 1 pm – 7 pm

March 6, Eagle teachings (young men only) 10 - 1, Moccasin 1-4, Traditional teas 5 – 8 pm

March 7, Language at Rocky Pines Centre 5 – 8 pm

March 8, NVIT Sovereignty Day all day, Mens sweat

March 9, Cradleboards with Carole, 9 am – 4 pm, Culture Centre

March 11, Smudging Culture, Health, Rocky Pines

March 11, Youth Elder storytelling 5 – 8 pm

March 13, Community potluck Rocky Pines, Woman sweat- Coldwater 4 pm

March 14, Language 5 pm – 8 pm

March 19, Youth activity - Rock gathering and Rock painting 10 am – 3 pm

March 20, Pipe Ceremony with John Jackson at Culture Centre

March 21, Language 5 pm – 8 pm

March 22, Men sweat

March 26, Drop in beading

March 27, Woman sweat 4 pm Coldwater

March 28, Games night at Culture Centre - 5:30 pm

HAVE A GREAT Spring break from March 18 til March 29

Smudging:

Sacred smoke created from burning medicinal or sacred plants is an aspect of many cultures and religions the world over. In North America, it is a practice common to Indigenous Peoples and is called smudging. Many, but not all, Indigenous cultures in Canada smudge but may have different beliefs associated with the smoke, and different ceremonies and protocols. In this article we are giving a general definition of smudging.

Smudging is traditionally a ceremony for purifying or cleansing the soul of negative thoughts of a person or place. There are four elements involved in a smudge:

The container, traditionally a shell representing water, is the first element.

The four sacred plants (cedar, sage, sweetgrass, tobacco), gifts from mother earth, represent the second element.

The fire produced from lighting the sacred plants represents the third element.

The smoke produced from the fire represents air, the fourth element.

During a smudge plant leaves or stems are placed in the container and ignited (preferably with a wooden match). The flames are then gently blown out and the smoke, which heals the mind, heart and body, is wafted over the person, either by hand or with an eagle feather. The person being smudged pulls the smoke to them and gently inhales the smoke. The ashes traditionally are returned to mother earth by disposing them outside on bare soil - it is believed that the negative thoughts and feelings have been absorbed by the ashes. A person can smudge themselves, or, someone can lead a smudge by holding the container and directing the smoke over others.

Smudging is also used to clear negative energy from rooms and homes



Article from Indigenous Corporate Training Inc. - Feb 16/2017

WORK – MAKING IT POSITIVE AND MEANINGFUL

I can look back on the jobs I've held and it's easy for me to remember the best and the worst. What's was the difference? The work? It definitely played a part but not the key part. The big difference was whether or not I worked with a group of people where we pulled in the same direction, played by the rule of mutual respect. Did we see eye-to-eye all the time? Not at all. Did we let that get us bent out of shape? Sometimes, but not in a way that lasted. We respected ourselves enough to sort it out without letting it drive the boat. Each of us also did a lot to invest in the team. This made the difference – not always agreeing but always respecting enough to sort it out when we didn't.

The “team” aspect really helped to make work meaningful. Suddenly it went from projects and tasks to friends, teamwork, and accomplishing something for the greater good – we were a part of something together. I've felt this on clean-up crew at the sawmill, managing a kids camp, and even cleaning the toilets as a lifeguard (believe it or not – haha).

So, what made work harder wasn't the work itself. I knew my stuff and could do it well enough. What made work harder, was how we struggled to connect as people. And sometimes it could really pinball or domino out of control. Sometimes it took a team effort to deal with it, but always we had to take an individual role to shift things back to where we wanted them.

I don't know about you but when I go to work, I generally always hope for the best and put my best foot forward. Sometimes it works out and sometimes it doesn't. Sometimes I go to work feeling way less than my best and its all I can do to put my head down and give it my best effort. Sometimes I'm a positive influence on the team, sometimes I slip up or have an off-day and I'm a negative influence. Other times I get hurt by coworkers and don't want to or don't know how to resolve things so I lash out in other ways to even the score, so to speak. That can even look like me avoiding teamwork in any future activities.

This is what lateral kindness and lateral violence are about – the ways that we create our workplace relationships.

Lateral kindness are the things in our workplace (from us and others) that create positives. Respect, kindness, generosity shown in all kinds of different ways. Could be conversations, gifts, quality work and recognition of work, ... you get the picture.

Lateral Violence are the things in our workplace (from us and others) that create negatives. This is basically the opposite list: disrespect, unkind words/actions, competition, misused authority. Could be behind the scenes stuff like gossip and delaying what needs to be done to get back at people, or it could be right in your face stuff like rude behaviour or comments (of course there are others too).

A positive, meaningful workplace is possible, no matter what the past and present might tell us. Identifying how we play a part in our workplace teams is a key first step to unraveling difficult areas and gives opportunities for us to be part of creating what we all want. It is possible!

- Tony Broman, Counselor

CLASS 1 DRIVER TRAINING



**LOWER NICOLA
INDIAN BAND**

Class 1 Driver Training

Looking for LNIB Members to Become Transport Drivers

Must:

- Obtain Class 1 Learners Permit
- Be 19 years of age
- Have a class 5 Driver's License
- Have a strong work ethic
- Be committed
- Pass a medical



There are a limited number of seats available and will be awarded to the **Best Candidates.**

THOMPSON RIVERS UNIVERSITY
School of Trades & Technology



Columbia
TRANSPORT TRAINING LTD

LONG HAUL/SHORT HAUL TRANSPORT DRIVER

Includes Mountain Driving B-Train Training and Airbrakes

Description: **DRIV 093 (120 hrs.)**

This three-week course is designed for those students who want to change careers or are being retrained as a commercial truck driver. Students will be taught vehicle pre-trip inspection, shifting transmissions and vehicle handling characteristics, collision avoidance, load security, tire chains, weigh scale procedures and Mountain driving skills. This Driver Training Program provides the training and information you will need to prepare for the Class 1 road test and includes the ICBC air brakes course. A licensed instructor individualizes training using hands-on practice and demonstrations. Practical training is scheduled in four hour and eight hour lessons using industry current tractor-trailer units. Upon successful completion of this course, students will have the confidence and skills required when applying for entry level driving positions. This course also includes four hours of B-Train training to familiarize the driver with cornering and backing the two trailers. Over and above the 74 hours of driving time students will also receive 16 hours of airbrakes, and an additional 30 hours of interactive observation learning vehicle pre-trips, in vehicle familiarization and yard operations throughout the program. There is no charge for the 30 hours observation.



Contact Steve Wilks
Employment Coordinator
236-575-2021/250-315-5278
steve.wilks@lnib.net

SHULUS GARDEN

Shulus Community Garden News for March 2019

Shulus Garden Agricultural Workshop: Thanks to all who participated to organization the SG Agricultural Workshop that was held on February 19 & 20, 2019 at Shulus Hall. The workshop was hosted by both Shulus Garden Club and Community Future Development Corporation of Central Interior First Nations CFDCofCIFN).

Topics: Beekeeping, Haskap Berry Farming, Invasive Weed Management, Indigenous Invasive Species Council of BC, Irrigation Systems, Business Planning, Garden Planning, Greenhouse Structures, Greenhouse round table discussion, Agricultural Education programs.

Booths and Hand outs: LNIB Education - Agricultural Education Programs, All Nations Trust, Shulus Gardens, Bee keeping, BW Global Greenhouses, Irrigation Brochures, High Mountain Farms and Haskap Berry samples, West Coast Seed Catalogues, Peavey Mart fliers and business cards, Invasive Species Council of BC.

Guest Speakers included: Lloyd Loveday, Alex Hvidberg, Racheal Whitehouse - Ministry of Forest, Harold Aljam - ISCBC, Ministry of Agriculture Representatives, All Nations Trust, BW Global Greenhouse, LNIB Education, NVIT Dene John Chenowith & Doug Jansen.

Peavey Mart Grant: Shulus Community Garden & Group was awarded grant funds from Peavey Mart Community Agricultural Grant on February 12, 2019, to help expand the Shulus Community Garden program that includes: to build greenhouse structures, a gazebo & raised garden plots, to purchase food preserving supplies, seeds, berry bushes & soil materials, to develop a garden pamphlet & garden signage.

PS: NVIT Construction course has been offered to LNIB Shulus Gardens to build a greenhouse during the fall semester, starting August, 2019, as one of their construction projects, and Shulus Gardens and LNIB will supply the materials.

Shulus Community Garden Club:

- Monthly meetings: Soup Kitchen, on first Wednesday each month at 10 am.
- Invasive Weed Management: planning to irradiate invasive weeds & need your help
- Garden sessions: Garden Planning, Farm equipment Safety, Food Safe & more, Schedules TBA
- Membership drive: send an email, phone call, attend the club meetings
- Fundraising: your ideas are welcome

Lower Nicola Indian Band started Shulus Community Garden in 2016 with intentions to promote a "Sustainable Food Security" initiative for the LNIB membership and families:

- In **2016**, the garden started with one plot, a few fruit trees, rhubarb & composts.
- In **2017** the garden added a second plot, more trees, & medicinal plants, a portable classroom facility and a walk-in cooler.

- In **2018** the garden cleared a third & fourth plot, to be used in 2019.
- In **2019** Shulus Gardens will be growing produce for LNIB Community Service Programs & with Shulus Garden Club members.
- The Garden Club is a program that invites community members to participate in garden activities, starting with planting, harvesting, preserving food, workshops throughout the year.
- Thank you for sending me your seed orders, West Coast Seeds has assured me that our seeds will arrive within a few weeks, just in time to start planting seedlings in March & April.

PROUD TO BE LNIB

Lorna Shuter



Shulus Garden Club Member Howie Swakum, Trevor Kemthorne – CDCD of CIFN, Shulus Garden Club members Kay Swakum and George James, Shulus Garden Manager Lorna Shuter, Peavey Mart District Manager Mike Bruch



Lloyd Loveday presenting on bee keeping

FEEL THE BEAT

March 2019 ~ Cultural Events

For More Information Please call Charlene Joe, Cultural Program Coordinator

(250) 378-2771 or email feelthebeat@scwexmx.com

Cultural Events – 2975 Clapperton Ave Everyone Welcome ~ 4:00-8:00 PM. – Potluck Dinner 5 PM



Guidelines & Values

- Drug & Alcohol Free
- Be Respectful to Self and Others
- No Violence
- Family Events
- There will be sign-up sheets for certain events
- **Bring Clean Runners for Tuesday Nights**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
		Fit Nation Buzz Manuel 4:00-8:00 PM		Regalia Making or Ribbon Shirt/Skirt 4:00-8:00 PM		
10	11	12	13	14	15	16
		Fit Nation Buzz Manuel 4:00-8:00 PM	Multi-Cultural Day Civic Centre 10am-7pm	Regalia Making or Ribbon Shirt/Skirt 4:00-8:00 PM		
17	18	19	20	21	22	23
	1 st Day of Spring Break	Spring Social 4:00-8:00 PM	1 st Day of Spring	Regalia Making or Ribbon Shirt/Skirt 4:00-8:00 PM		
24	25	26	27	28	29	30
		Powwow Dancing 4:00-8:00 PM		Regalia Making or Ribbon Shirt/Skirt 4:00-8:00 PM	Last Day of Spring Break	
31	Please bring your own containers in case of leftover food from potluck and reusable water bottles. We are trying to minimize our carbon foot print. If your require a ride please call (250) 378-2771 or email feelthebeat@scwexmx.com					

Feel the Beat is a Cultural Revitalization program, our main focus is the restoration of the protocols and values rooted in the Culture of the Nlaka'pamux and Syilx peoples in the way of seasonal teachings. Feel the Beat is always an open invitation to all heritage and all peoples to participate in a safe environment to learn and grow in Culture. We aim to provide leadership and opportunity to connect to our Cultural Identity.

MEMBERSHIP



HERE'S WHAT YOU NEED TO KNOW ABOUT STATUS CARDS:

Indian status does not expire but the status card does. If your First Nation or band office continues to issue Certificates of Indian Status (status cards), contact your First Nation or band office to find out how to renew your status card.

The secure status card is valid for 10 years for adults (16 or older) and five years for children (15 or younger) and dependent adults.

The renewal process is the same as when first applying for a secure status card. Fill out the same application form and check "Renewal" under "Reason for application".

You can renew your current secure status card up to six months before the renewal date or up to one year after the "Renew before" date on your card.

If you are applying a year after the date indicated on your secure status card, fill out the same application form as when first applying for a secure status card and check "Replacement (lost, stolen, damaged SCIS)" under "Reason for application".

All forms are available on-line at <https://www.aadnc-aandc.gc.ca/eng/1462806841047/1462806896945#chp1>

What to do if your status card is lost, stolen, damaged or destroyed?

If you have lost your Secure Certificate of Indian Status (secure status card) or it has been stolen, damaged or destroyed, you must report it by calling INAC Public Enquiries right away. The call agent will:

- cancel the lost, stolen, damaged or destroyed card
- issue, on request, a Temporary Confirmation of Registration Document

The replacement process is the same as when first applying for a secure status card. Fill out the same application form and check "Replacement (lost, stolen, damaged SCIS)" under "Reason for application".

If you have lost your Certificate of Indian Status (status card) or it has been stolen, damaged or destroyed, contact your First Nation or band office to apply for a replacement card.

Membership and status card issues - please call for an appointment - 250-378-5157 or Geraldine.Bangahm@lnib.net All membership issues are dealt with on Wednesday and by appointment only

SIXTIES SCOOP

MONTRÉAL, Nov. 27, 2018 /CNW Telbec/ - The Sixties Scoop Class Action has been Settled. To be eligible, you must be a registered Indian, or, a person eligible to be registered, or, an Inuit person, who was adopted or made a permanent ward and was placed in the care of non-Indigenous foster or adoptive parents in Canada between January 1, 1951 and December 31, 1991, which resulted in the loss of cultural identity.

Eligible class members will receive compensation between \$25,000 and \$50,000 depending on the overall number of eligible members.

Collectiva, the Claims Administrator, along with its First Nations' partners, will be travelling across the country beginning in December 2018 to provide information to class members. They will hold 21 information sessions in 21 different cities across Canada where class members will receive support and guidance in preparing their claim forms and attend presentations on financial literacy provided by AFOA Canada. A qualified staff member from Collectiva along with other First Nations' professionals will be on hand to answer class members' questions.

**If you are a Sixties Scoop class member
To make a claim for compensation, you must complete a
claim form and send it to the Claims Administrator, Collectiva,
no later than August 30, 2019.**

To receive more information or assistance you may:

Visit the Settlement website: <https://sixtiesscoopsettlement.info>

Call 1 844 287-4270

Send an e-mail request to sixtiesscoop@collectiva.ca.

SOURCE Collectiva Class Action Services

For further information: Mélanie Vincent, Cell / SMS: (418) 580-4442, melanievincent21@yahoo.ca>

Note to LNIB Members: Copes of the Claim form are available at the Band Office and at the Lands Office.

PINK SHIRT DAY

The employees at the Band Offices were solid in their support of Pink Shirt Day and taking a stand against bullying.



EMPLOYMENT OPPORTUNITIES

Lower Nicola Indian Band

Job Posting

Position Title: Social Development Coordinator

Department: Human Services

Hours: 35 hours per week

Start Date: ASAP

Wage: Depends on experience, \$23 to \$27 per hour

Reports to: Director of Human Services



Summary of responsibilities

- Performing the duties and responsibilities assigned to the administering authority in the social development policy and procedures manual. Liaises with other divisions and departments within the organization for the benefit of the clients- Education, Economic Development, Housing, Career Development, Health and Counselling.

Required knowledge, skills and abilities

- Bachelor of Social Work degree with 2 years relevant experience in a First Nation setting providing direct services and financial management. A combination of experience and other related education will be considered.
- Proven ability to lead and work well with other individuals in a team environment to ensure high quality program delivery
- Solid analytical skills required to design and evaluate programs and projects
- Strong oral and written communications
- Strong reporting and writing skills
- Understanding of socio-economic issues that contribute to the social assistance dependency cycle
- Computer literacy, including effective working skills of MS Word, Excel and e-mail required
- Good time management skills
- Ability to maintain a high level of confidentiality regarding client information
- Willing to take training as needed
- Able to deal with people sensitively, tactfully, diplomatically, and professionally at all times
- Passing of criminal background check required
- Valid drivers' license and reliable transportation
- Ability to speak or willingness to learn the Nlaka'pamux language

Deadline to apply: Posting will remain open until a qualified candidate is found

Apply to:

Lower Nicola Indian Band

181 Nawishaskin Lane

Merritt, BC V1K 0A7

E-mail: hr@lnib.net

Fax: 250-378-6188

Interested candidates should send a resume and cover letter complete with references, specifying the position you are applying for. Complete Job Description can be obtained by contacting the Lower Nicola Indian Band.

Thanks to all who apply, only qualified candidates will be considered.





January 23, 2019

Position: Forestry Summer Students

Company: Shulus Forest Enterprises LP

Location: Merritt, BC

Reports to: Forestry Manager

Deadline: Open

Basic Responsibilities:

Assist with all aspects of technical forestry & vegetation management work including:

- Timber Cruising
- Cut Block Boundary and Road Layout
- Site Plan data collection and write ups
- Riparian Assessments
- GPS Traversing
- Invasive Species Control

The successful candidate will:

- ideally be working towards an education in forestry or natural resource
- be willing to work out of town (hotel or camps)
- be willing to work outside in adverse weather conditions
- have a valid Class 5 driver's licence
- have a firm commitment to safety
- have excellent written and oral communication skills
- have excellent computer skills

Please forward all cover letters, resumes and supporting documents to SFE Manager, Don Gossoo via email: don.gossoo@lnibdc.com

P.O. Box 1849, Merritt, BC, V1K 1B8

Lower Nicola Indian Band

March 2019



**SCHOOL DISTRICT NO. 58
(NICOLA-SIMILKAMEEN)**

FIRST NATIONS SUPPORT WORKER

School District No. 58 (Nicola-Similkameen) is accepting applications for a First Nations Support Worker for **Merritt Secondary School** for 7 hours per day.

This is a 10-month per year position, excluding Christmas and Spring Breaks, and times when students are not in session.

The successful applicant will be responsible for providing counseling support, communicating with students and parents/guardians, tutoring, and cultural education.

Electronic application submissions are accepted at www.sd58.bc.ca {click on Employment, Current Job Postings, (**Job Code # 2573821**) and follow the prompts}. Applications, including a detailed resume with a minimum of three references, will be accepted until **March 4, 2019**. Please forward to:

**Attn: Secretary Treasurer
School District No. 58 (Nicola-Similkameen)
P.O. Box 4100, 1550 Chapman Street
Merritt, BC V1K 1B8**

Only those applicants being interviewed will be contacted.



2019 BC Parks Student Ranger Program

Want to be a 2019 BC Parks Student Ranger?

Now is your chance! We are hiring for the 2019 summer season.

Take part in meaningful projects and activities related to conservation, recreation, Indigenous relations and public outreach and education.

48 Student Ranger positions are available across 12 crew locations this season. Each crew will consist of 1 Crew Lead and 3 Crew Members.

Where?

Crews will be based out of Victoria, Black Creek, North Vancouver, Sechelt, Manning Park, Kamloops, Cranbrook, Bella Coola, Williams Lake, Terrace, Fort St. John and Prince George.

When?

- Crew Lead positions will be from May 13th to August 30th
- Crew Member positions will be from May 26th to August 30th
- All Crew Leads and Members will be expected to attend a program training event from May 26th to May 31st

Are you...?

- a Canadian Citizen, permanent resident or individual granted refugee status in Canada;
- between 18 and 30 years old;
- a fulltime student;
- inspired to conserve BC's parks and protected areas; and
- able to work outdoors and camp overnight with a diverse team... **then this could be the job for you!**

For more information, and to apply, visit gov.bc.ca/bcparks-student-rangers.



CATERING BID OPPORTUNITY**LOWER NICOLA
INDIAN BAND****Lower Nicola Indian Band Catering Posting**

Department: Green Energy Project
Hours: Dinner
Event Date: **March 20, 2019**
Bid to Feed: 50 people
Submit to: Barbara Huston

Event Details

Caterer must submit bid to feed 50 people, to be served at 6:00 pm at the Band Hall. Dinner must include meal and beverages to be served at specified time.

Bid should include:

- Cost estimate for a guaranteed 50 people (Caterer must supply their own equipment)
- Supplies, including plates, utensils, napkins, cups, condiments, etc.
- Set up and clean-up of the meal, including kitchen and tables
- Caterer to ensure that acceptable number of crew has Food Safe Certificates

Responsible to Clean-up tables, garbage, kitchen and maintain EQUIPMENT- Put grease into tin cans! Responsible for full organization for entirety of meal preparation (shopping, serving, recruiting helpers, clean up, bring own cooking supplies: pots etc.)

The lowest bid may/may not be considered. An advance of up to 50% of the bid may be issued to the successful bid to assist with preparation. The meal will be property of LNIB and any left overs will be redistributed as necessary. Your bid should include your contact person with phone number.

Deadline to apply: March 10, 2019

Lower Nicola Indian Band
181 Nawishaskin Lane
Merritt, BC V1K 0A7
E-mail: barb.huston@lnib.net
Fax: 250-378-6188

181 Nawishaskin Lane Merritt, BC V1K 0A7
Phone: 250-378-5157 | Fax: 250-378-6188 | Email: reception@lnib.net

MEMBER OWNED BUSINESS DIRECTORY

Aly Moon-Pierre

Online Life Coaching Business. www.inclusive-coach.com

Aly Moon-Pierre, SW Dipl. BSW

Spirituality Coach | Inclusive Coach

www.Inclusive-Coach.com

aly@inclusive-coach.com

Angie Bain

angiebain@shaw.ca

604-802-9709

Over 20 years experience in providing training, research & research analysis services

Bonnie Bent

Micoblading

(250) 280-0430 or (778) 800-7878

Donna Bent

250-378-4396 Donna Bent Artifacts

Brandon Joe

250-525-0443 (text only)

Commercial Embroidery and Jewellery

Shannon Kilroy

skilroy09@yahoo.com

Earthline Contemporary Aboriginal Designs and Accessories

Odd Job Joe

Handy Man Service & Solutions 24/7

(250) 378-7945

Ryan Mann

Hoodoo Ranch and Pipe Fitter

Inspectionrmann_20@hotmail.com

Fresh Produce - You pick, already picked, or order delivery. Like us on Facebook

9730 Highway 8, Spence's Bridge

(250) 819-5764

Mostly Glass

Mostly Glass Creations: Stained glass, mosaics, mosaic lamps, stepping stones, beads, crystals, prisms, window charms, bracelets

Email: mostlyglasscreations@gmail.com

Sharon McIvor

250-378-3300 Lawyer, Instructor and Legal Advisor

James McNaney

nomadhauling@gmail.com

Trucking, Hauling

Earl Michel

emichel@live.ca

Wolf Pac Construction

Focus iN Consulting

Business development and housing

gaildjoe@gmail.com

Lorne Mike

paulinehenry2011@hotmail.com

Fitness Instructor and Rough Stock Horses

Gene Moses Fencing

Gene Moses

250-378-2801

Vivian and Arnie Narcisse

Mountainchief Catering

250-315-0584 Catering MC and coordination of Cultural Events

Growing Garlic/Nicola Valley Produce

Jerrod Peterson

growinggarlic.ca

growinggarlic.ca@gmail.com

Gwayne Point

250-378-9167 Northwest Indian Art

JP Edwards Contracting

250-936-8737 Moses Edwards
Landscaping, ditching, site prep, maintenance

Loren Sahara Consulting

Counselling & Leadership Development
778-676-7844
info@lornesahara.com
http://lornesahara.com
https://www.facebook.com/lorensaharamony

JW Forest Contracting Ltd.

250-378-5468
250-378-1556 (cell) Warren Smith/Janet Sterling,
Principals
Logging contractors, road builders, land clearing
Established 1998
Certified Safe Company
11 employees, 80% First Nations
Equipment: Faller/Buncher, Grapple Skidders, Log
Processors, Excavators, Cat Crawler Tractors

Maggie's Bannock

Maggie Shuter
250-378-6579

Millco Safety Services

www.millcosafety.com
PO Box 4154 Lower Nicola, B.C.
250-378-2221 Patrick Miller/Angela Garcia, Principals
Construction safety, construction security, First Aid,
Traffic Control, fully certified personnel

S&D Muir Inc

sd.muirinc@gmail.com
250-378-1964 Shane Muir,
Mining and Survey Equipment

SCS Diamond Drilling

www.scsdrilling.com
1436 Sun Rivers Drive Kamloops
250.572-2615

250-314-4864 (fax) Spence Coutlee, Principal
SCS DIAMOND DRILLING has built a strong and
lasting reputation providing safe , productive and
cost effective drilling services, drill support services
including general mine and energy related services
within Western Canada. Operating as a 100% owned
and operated First Nations Company. Recipient of BC
FN Aboriginal Award

Alison Sterling

ajsterling67@gmail.com
Jacona Sports, Behavior Intervention, and Bubble Tea,

Robert Sterling

robert_sterling@hotmail.com
Archaeology, Anthropologist, traditional land use
studies

**Rona Sterling Consulting Inc. and Godey Creek
Paintball**

Rona Sterling-Collins
info@ronasterlingconsulting.com

Godey Creek Consulting

Sue Sterling
suesterling75@gmail.com

T Sterling Construction Ltd.

Ted Sterling
ted17@telus.net

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(403) 971-6432 gqstirling@gmail.com

Shawn Swakum

s.swakum@yahoo.com
Business administration and Consultant

Molly Toodlican

Independent Watkins
Consultant #830411
250-280-2012
mollytoodlican61@gmail.com

Penny Toodlican

pcctoodlican@gmail.com
Catering

Victor York

victoryork@hughes.net
Gourmet coffee supply and distribution

GREETINGS



I would like to wish my daughter Terri-Lynn Beckett a very happy birthday - love Mom and ChaCha all the way to Yellowknife and back!

In Memorium:

Prayers and condolences to the family of Dale Arthur Shuter,
April 4, 1954 - February 2, 2019

Chairs For Free– Admin Office
See Sondra Tom and one per member.

2 Pink non-rolling chairs
1 Rolling chair – armless
3 Older Pink Rolling Chairs
1 Older red rolling chair (board room)

FROM THE EDITOR

A person's body knows what it needs - I always get a craving for oranges in winter time and obviously the Vitamin C is needed to stave off the colds and flu. Oddly enough, winter is also when I feel a real need for salads and not as much in the summer when it's plentiful.

These days a trip to the grocery store brings intense sticker shock and a revision to diet! Iceberg lettuce \$3.50 Leaf lettuce \$4.00 Tomatoes (which are tasteless) \$3.00/pound One day I saw they were trying to sell small heads of cauliflower for \$8.00! \$1.60 for a bunch of radishes, \$3.00 for a cucumber and so on. Only potatoes seem to remain affordable. Then browse through the meat aisle, check the wallet, and move on. The only thing that seems consistently affordable is chicken (which luckily I don't tire of).

It's time to start some indoor gardening. Within three weeks I should have some good microgreens (fancy word for baby lettuce) to put in the salad. Have to bake some bread too - the grocery store crap is expensive and seems to go moldy in no time flat. It's actually very easy to bake bread. Microgreen salad, potato soup and fresh bread - great and affordable dinner!

LNIB is really lucky to have a resource person like Lorna Shuter. Lorna is the Manager of the Shulus Garden and as you can see from the article in this issue (p.34) she has a lot of projects on the go, and lots of knowledge to share. I urge you to join the Garden Club, especially if you're a complete novice. Get the kids involved too; our young generations have to re-establish the connection with the food they eat.

Nick and I are planning on an extended trip this September, so having a full size garden is not in the cards. There would be too much produce left unharvested. Our plan this year is for container gardening for quick growing crops. The lovely thing about container gardening is that they are easy to maintain and are pretty much weed free. My days of spending hours on my knees pulling weeds are done (and I don't have any youth labour to volun-tell).

So, watch for the workshops Lorna is planning on container gardening including building the actual containers. Follow on with what to plant and composting, and finally how to preserve your harvest. You'll find nothing is as tasty as what you grow yourself.

Browsing through seed catalogues when it's minus 20 outside does a lot to lift your spirits. My husband gave me packets of seeds in my Valentine's card; it's time to plug the grow light in.