



# August 2019 N?e?iyk Spíləxm

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Please note that all Band offices will be closed on Friday, August 2, 2019.

As many of you know, Keith Shuter, who passed away on July 29th, worked at LNIB for the last few months as our ditch rider.

We are closing the offices on Friday August 2 out of respect for Keith and his family and to allow as many staff as possible to attend the services.



## GOLF TOURNAMENT



**LOWER NICOLA  
INDIAN BAND**

### **Shulus Arena Golf Tournament Wednesday, September 25, 2019 at Merritt Golf & Country Club**



**Register your foursome  
or sign up to join a four-  
some**

**Sponsorship Opportunities!  
Have your Company show its  
support for youth and adult  
recreation**

**Sponsor a hole, donate a  
doorprize - all donations  
gratefully acknowledged**

**\$80 per person  
or \$95 with cart**

**Come out and have fun!**

Registration on line at [www.lnib.net](http://www.lnib.net)

For more information and for sponsorship - please contact

Sheldon Quewezance - 250-280-6662

Chelsea Spahan - 250-315-3379



**FULL TIME COUNCILOR****Full Time Council Leona Antoine****May-July 2019 Report**

The summer was projected to be dry conditions and of course mother nature makes the calls; all we can do is be ready to react. The ranchers were on standby waiting for rains to subside so they can start harvesting their first crops. I hope that this means longer summer so second crops can be available for livestock. I have 3 horses and the struggle is real to provide adequate hay for them with the climate changes.

Within our communities outer perimeters, the fire fuels are now being mitigated by SFE to ensure Lindley Creek and Godey residents have security against threats of fire on the TNRD parcels. The collaborative efforts are working to achieve the same goals.

Early June an Interior caucus of leadership from 7 nations directly impacted by floods and fires in the past 2 years met with Indigenous Services Canada and Provincial Government to review the Emergency Tripartite Agreement signed in 2016. This Agreement was basically handing responsibility from the Federal Government to Provincial responsibility. The Nations individually identified the flaw gaps and requested more support and funding to ensure all concerns are addressed. The common themes identified were lack of understanding of each Nation's protocols, cultural sensitivity on the mix, lack of communication, not having capacity to engage and lack of resources.

The ask from leadership was immediate funding to provide 2 Emergency Planners per nation for this fiscal. The Province eventually committed to 1 Emergency Planner per Nation and individual Nation Emergency Agreements endorsed by early September. This is just a start and we will continue to build out incrementally what is needed. I will be going up early August to visit the Chilcotin Leadership to see first hand what devastation happened in their territory and to have governance discussions re what their current proposed agreement is.

There will be a reciprocal visit from the Cowichan group to come to the Nicola Valley in September to see first hand our issues of water and some efforts that are in the works. I am also part of the Provincial Indigenous Water Governance working table that will be in the valley in September as well to learn our collaborative efforts with a number of groups and for possible implementation province wide.

The Nicola 5 Water Government to Government is now starting to take some shape and information is being shared with communities. We look forward to having all the knowledge keepers to share stories and initiatives with the amazing group that has been developed so far. I have been delegated to the Core Committee which is more of a technical working group tasked to strategically develop the objectives and make recommendations to the 5 Chiefs and 5 Provincial Leads on decisions of water management in the future. There is some immediate co-learning on

the ground while the jurisdiction issues are being developed. Co-monitoring, information sharing, and cross training of the Western Science and Traditional Indigenous Knowledge took place in June. Scw'exmx Tribal Council, formally known as Nicola tribal Council, is training for water monitoring by the Provincial staff and in turn there is opportunity to teach our values and concerns. Also, the group is on Regional calls regarding drought reports from several agencies that collectively gather information to determine if restriction of water use should be enforced to water license holders. LNIB does have 80% of Guichon licenses and is owner of the dam so we feel very engaged now that we can partake in these discussions and assist with data if needed.

July, 5, 2019 was a victorious day for the salmon. The Fraser Salmon Management Council, Tier 1 to which I am LNIB delegate, worked very hard on an agreement with DFO and the First Nations to be making decisions together rather than not even being at the management table at all. With 57 Band Council Resolutions required to pass it was a nail biter when in early June we only had 12 completed. With amazing efforts of our Securitate and the board, Neil Todd for interior, 61 were endorsed and a signing ceremony took place with much celebration.

The Fraser Salmon Collaborative Agreement was able to be put into action right away with creating a First Nations Advisory Technical Committee for the Big Bar Slide on the Fraser. This event is catastrophic in that it limits our salmon migrating to the upper tributaries. An Emergency Incident Centre is set up in Lillooet and leadership are in on calls to ensure our Indigenous technicians are able to implement our knowledge and decisions. Collectively with DFO, Province, and First Nations leads are working hard on solutions with some very innovative efforts. Helicopter flights are provided to leadership and those that are part of technical support for us to see firsthand what impact the slide has. In the meantime it is affecting our fishing season in that without the certainty of chinook being able to spawn we are holding off and determining what more efforts can be made to ensure salmon make it over the slide. Fish are being scooped by helicopter bucket and being transported to technicians where they are tagged and released above the slide for monitoring and for them to be able to continue their journey. There are current reports on the Provincial Government page and I also try to keep LNIB communications in the loop.

With Nlka'pamux Nation hosting a number of Nations events the Chiefs discussed a staff with feathers from each band to represent our Nation until a consensus of a flag is decided. A ceremony is to take place at the First Fish Ceremony in Spuzzum August 3. We hope that members can witness this ceremony and partake in the day in Spuzzum. If you have any enquiries please feel free to contact me.

I normally am on the fishing rocks harvesting with family and able to mingle with the fisher people at this time, so it saddens me that our salmon are at risk and continue to put all my efforts to ensure that all is being done and my prayers are with others that also heavily depend on our salmon.

## EXECUTIVE DIRECTOR



Dear LNIB Members,

I am pleased to present our monthly report for July 2019. We are proud to share some of the stories, events and highlights of the programs and services that we delivered to Lower Nicola Indian Band members in the past month.

The Band Office continues to be a busy place and there are always many things on the go, many people visiting to discuss their issues.

Here are some of the things we are working on:

**Elections:** Chief and Council have appointed Lawrence Lewis, Onefeather as Electoral Officer on July 2, 2019. Nominations is scheduled for August 15, 2019 at 5pm at the Shulus Hall, #85 Highway 8. All interested candidates can reach out to Lawrence Lewis at 1-855-458-5888 or email [lawrence@onefeather.ca](mailto:lawrence@onefeather.ca) or [nicole@onefeather.ca](mailto:nicole@onefeather.ca) to inquire on eligibility and requirements to run in the 2019 Elections. Information is also available at <https://onefeather.ca/nations/lowernicola>. Advance Poll is scheduled for September 28, 2019 from 11:00am to 5:00pm at the Shulus Hall, #85 Highway 8. Regular Poll station is scheduled for October 5, 2019 from 9:00am to 8:00pm at the Shulus Hall, #85 Highway 8. All LNIB members aged 18 and over are encouraged to participate in the 2019 Elections.

**Audit:** The audited financial statements will be presented at the Annual General Assembly with a tentative date of September 18, 2019.

**Human Resources:** This month for new staff we have Johnel Toodlican who started as a Home Maker. Paige Isaac was hired as the summer student in Recreation. Robert Sterling III and Levi Shuter were hired in the Public Works department as Grounds Maintenance. Desiree Dick is hired in the Administration as reception. Peyton McRae was hired in the Shulus Gardens as the Gardens Assistant.

**Committees and Liaisons:** Lands Management Advisory Committee met on July 8, 2019. LNIB School Board met on July 8, 2019. Negotiations committee has met July 18, 2019.

**Community Meetings:** ATV/UTV training was successfully completed by 14 band members on July 4, 2019. Occupational First Aid Level 3 training is taking place July 22-August 2, 2019 for band members. Environmental Site Assessment Community presentation offered supper on July 11, 2019. Ongoing online Pipeline Construction Safety Training (PST) by appointment this is a 6 hour training opportunity. Work Hazard Materials Information System (WHIMS) this is a 90 minute course offered online. H2S Awareness available on line and is 90 minutes available to membership. Food Safe online this is a 7 hour course that needs to be completed within 20 days once you start. There are computer stations available at the Lands and Economic Development building to complete

these online courses. Great opportunities for band members to acquire training contact Steve Wilks to book your training session. July 5, 2019 was the Annual LNIB Community Fun day and was attended by many families. July 16, 2019 we had the Mobile Mammogram Clinic available to membership and community members to do crucial screening.

**Support to Chief and Council:** Chief and Council met July 2<sup>nd</sup>, July 5<sup>th</sup>, July 11, and July 16<sup>th</sup>. The Band General scheduled for July 29, 2019 at 6:00pm at the Shulus Hall included presentations on the Water Co Governance Project, Bat Project and Benefits through First Nations Health Authority. Should you require anything on the Chief and Council agenda scheduled for August 6<sup>th</sup> or August 20, 2019 please contact Sondra Tom or myself.

## OPEN HOUSE



**Save the date:**

LNIB Annual Open House - Wednesday, September 18<sup>th</sup>, 2019  
at the Merritt Civic Centre - 10:00am - 3:00pm  
Dinner and Entertainment to follow starting at 5:00pm—8:00pm

## PROPOSED SUBDIVISION, DEVELOPMENT AND SERVICING LAW



On June 25, 2019 at Council at a duly convened meeting and in accordance with the *Lower Nicola Indian Band Land Code* (the “Land Code”), the Director of Lands proposed the development of a *Subdivision, Development and Servicing Law* (the “SDS Law”). Council accepted the proposal and authorized the Director of Lands to oversee the development of the law.

The SDS Law will promote environmentally sustainable, healthy, safe, convenient and well-planned use of LNIB Lands. The law will also enable the regulation of activities on LNIB lands including subdividing or altering land, construction, renovations, installation of infrastructure, and deposits or removal of more than 10 m<sup>3</sup> of soil. Under this law, applicants may be responsible for meeting the requirements related to general engineering, environmental assessment, heritage assessment, timber harvesting, the BC Building Code and any direction from registered professionals.

The SDS Law will be developed over the next four months or so and then the draft law will be reviewed internally by staff, the Lands Management Advisory Committee and Council before it proceeds to a community meeting. The Land Code requires Council to convene a community meeting to receive input from membership and post the law publicly at least 21 days before it can be ratified by Council – the SDS Law does not require the more formal Community Approval under the Land Code unless Council by Resolution requires Community Approval be sought before enacting the law.

If you have any question or concerns please contact Brandi O’Flynn, Lands Agent at 250-378-5157 or at [brandi.oflynn@lnib.net](mailto:brandi.oflynn@lnib.net).

## FRASER SALMON MANAGEMENT



Fraser Salmon Management Council

## NEWSLETTER

July 11, 2019

**Fraser Salmon Collaborative Management Agreement Signed!!!**

*Figure 1 President Darren Haskell and DFO Minister Jonathon Wilkinson signing the Agreement*

In the afternoon of July 5, 2019 history was made when the Katzie First Nation hosted the Fraser Salmon Management Council (FSMC) and Department of Fisheries and Oceans Canada (DFO), along with numerous delegates and guests, as Minister Wilkinson and President Haskell signed this unprecedented agreement.

For the first time -- since industry and federal government takeover of the Fraser fishery in the late 1800's -- First Nations have achieved their rightful Place at the Table. This Agreement provides for our full and equal participation in the decision-making processes for the management of Fraser River salmon.

This could not have happened without the unwavering support over the last nine years of so many First Nations along the migratory route, and the support of organizations such as FRAFS and the FNFC.

The Agreement is very strong: it commits the two Parties to a balanced structure with well-defined processes that provide for transparency and accountability. The Agreement is based on Canada's Principles (declared by Canada, which include recognition of UNDRIP) and also on a specific set of

July 11, 2019

FSMC Newsletter

fsmc.comms@gmail.com



FSMC/DFO Principles. The Precautionary Approach is defined and integrated into these Principles. The FSC Priority is well-defined and emphasized, binding the decision-makers to truly implement the Priority, not just pay lip service to it. Provision for meaningful and mandated involvement in the Pacific Salmon Commission and its committees is also included.

13 years ago (2006), with the advent of the AAROM program, the role of the Fraser River Aboriginal Fisheries Secretariat (FRAFS) was defined with establishment of a Goal and a set of annual objectives in support of its Goal. That Goal – *to provide for the meaningful participation of all First Nations with an interest in Fraser River bound salmon stocks in a collaborative partnership arrangement with DFO to address the management of and fisheries upon those stocks* – has now been achieved through the creation of a functioning Tier 1 governance organization – the FSMC –and the signing of this historic Agreement. The FSMC will continue to deliver the same communication support functions to First Nations as FRAFS has done (FSMC members or not) as it proceeds to work with DFO to implement the Agreement, and embark on a new era of responsible and accountable management of our precious salmon resource.



Figure 2 FSMC President and DFO Minister surrounded by happy participants, after the signing ceremony.

July 11, 2019

FSMC Newsletter

fsmc.comms@gmail.com

## EDUCATION DEPARTMENT

# EDUCATION DEPARTMENT

## LNIB School/K-12/Post-Secondary/Career-Development

### Director's Submission

#### We Hope The Summer Is Treating Everyone Well!

Perhaps it is because the weather has been both mild and inconsistent this year but it is hard to believe we are already at the mid-point of Summer 2019. July is not typically a month where we see a high number of members directly; however, it is a month where we both set and create plans for the upcoming year. One key priority over the next few months is to increase our contact list... specifically out K-12 students who live outside the Nicola Valley. We have both the capacity to significantly advocate on your behalf to ensure your children are receiving ALL supports within each Public School District and various resources available to assist families for a diverse range of school fees/costs that are needed throughout the school year. We were able to assist many off-reserve members throughout the province last school year and we will continue to do the same for 2019-2020!

The team will provide a few of the projects they have been working on over the past month below, including submissions from our summer student staff! Here are few of the activities that I have been involved with throughout July:

- Students, parents, and staff of LNIB School will be introduced to new "Handbooks" this upcoming year. Standardized handbooks ensures transparency, accountability, and communication is active. We will be creating additional operational manuals as well.
- To assist secondary students with their decisions associated to future educational goals we have started to make arrangements for grades 11/12 students to explore SFU, UBC, UVIC, and CAMOSUN in October (3-Day Event). I'll have more information to share next month.
- As a result of resourceful management, advocacy from our team, and most importantly the support from our Chief and Council we are able to share that ALL eligible members who applied for PSE Funding in May are approved for September. We now have a record number of LNIB Members attending Post-Secondary Programs at the same time this September.
- We are creating a result-based plan for supporting K-12 students next year with their academic success. We will be collaborating with parents and schools before September 30th

**As always please reach out at anytime to discuss LNIB Needs - let's attain the same goals together. I can be reached at 236.575.2135 or [Shane.Coutlee@lnib.net](mailto:Shane.Coutlee@lnib.net)**



### Sector Leadership

**Director of Education**  
**Shane Coutlee**

**LNIB School Principal**  
**Angie Sterling**

**Education Manager**  
**Sharon Parsons**

### **Calendar of Events for 2019-2020**

Communication plays a critical role in our efforts to increase academic success for our members attending K-12 public school. In fact, communication is a vital factor in all areas of our lives as it ensures both transparency and accountability of our actions is being executed as well. Our sector will be exploring a variety of formats that we will eventually implement into our monthly newsletters. Planning in advance provides you with ample to plan ahead, but perhaps more important it holds us accountable to our work plans.

While we create efforts to land on a format that will make sense for us please take a look at the two calendars below that SD58 has provided. Over the course of the year there are activities and events added, and when they become available we will share them with you.

If you see anything on them that you are curious about please reach out to one of our team members and they will provide more information. One note to share is we will be hosting regular LEA meetings with parents this year...we will align them with SD's calendar to ensure your voice is heard at the next district meeting.

### **Education Sector Submissions**

Hello Everyone,

July has been a busy month, here at the Education Department. It went by quickly.

I have worked on populating the database, Scratched Rock and keeping it up to date. I assisted Gail, Sharon and Rhonda on reviewing the post-secondary applications.

Also, I worked on setting up my schedule for the 2019-2020 academic year. I am enrolled in English, Biology and French, all course credits will go towards my major. I am excited to pursue my career at Thompson Rivers University, this fall.

On my days off, I ride my horse or enjoy the company of friends and family at rodeos. The Canadian High School Finals Rodeo is being hosted in Merritt for the Second time. My brother Tryton Bose, will be competing in the Team Roping with his partner. The time spent at rodeos is valuable to many people, you learn life lessons, meet new people and get to do what you love.



I look forward to the month of August, spent at the Education Department and preparing to continue my studies.

I hope everyone is enjoying their summer!

Hi all! My name is Ericka Boggs, and last month I was asked to write a few paragraphs introducing who I am, and what I've been working on for L.N.I.B. I have been asked to write an update with my work experience with the band, or what news is current in general, so here it goes.

During July, I have been working with my colleagues on contacting people seeking funding from ASETS this year, recommending the best Highschool candidates for the upcoming Rotary Student Exchange program taking place in 2020-2021, and attending a Merritt Council meeting regarding the Red Dress project.

In early July, the L.N.I.B Education department was sent an email invite to attend a meeting at N.V.I.T discussing a new campaign, called the Red Dress project. The meeting was hosted by N.V.I.T Communications and Events Coordinator, Ingrid Roughead, approximately a dozen people attended the meeting. With snacks and drinks, the conversation about the focus of the campaign began: the project is dedicated to recognizing the issue of Missing Indigenous Women and girls. By the end of the meeting, I got a chance to talk with Ingrid about the project, and she invited me to speak with her to propose this project to Merritt City Council.

I was asked to explain the symbolic meaning of the Red Dress symbol tied to the project, and Ingrid presented the material explaining the current course of action as to how the Red Dress campaign will be carried out. The proposal was well presented, and the council was very sympathetic, and open minded about this campaign taking place in Merritt.



I believe that the people working behind this project are contacting various bands for permission to gather stories of people who have been affected by Missing Indigenous Women and Girls. The campaign understands that this course of action is sensitive, so it is being respected as such.

I recommend contacting N.V.I.T, to speak with Ingrid Roughead for more information on the Red Dress project.

## SHARON PARSONS - EDUCATION PROGRAMS MANAGER

heñle2

When the temperatures start to rise most people consider summer to have officially arrived, and people are on the move.

I hope each of you are doing what makes you happy, such as: picking and gathering, fishing, swimming, camping, or just soaking up the sun.

Here at the Education office our summer months are busy getting students ready for the fall. There is a lot of planning and prepping for post-secondary students and we love being a part of it.

Sixty-five LNIB band members applied for post-secondary funding this year. That is a record for this department and double the work for staff, but it is coming together nicely.

Each student has to ensure they are enrolled in the most suitable courses for the program they are taking; fill out and sign forms, for us, and the school; search for, and secure a place to live; while working and trying to have some summer time fun.

Gail is such a big help to each of the students, she is like their conscience sitting on a shoulder. We and the students are lucky to have her keeping us all organized and on top of what needs to be done.

As most of you know, LNIB Education provides funding support to families with children in Kindergarten to grade 12. The start-up forms are at the Education office and you are welcome to come in any time before September 30<sup>th</sup> to complete a form for each school age child in your household. This ensures your child is on the Nominal Roll for the 2019/2020 school year.

This process is specific to students living full time on LNIB lands/reserves.

Living off reserve? Don't be discouraged, LNIB provides support for your child(ren) as well. If your child is a registered LNIB band member, you could be eligible for financial supports. Get the word out to your family and friends living off reserve, to call the office for more information, and to provide your current contact information.

Also, as usual, a friendly reminder to come and talk to us about training and certifications that could lead to potential employment. Education staff continue to reach out to band members asking for information to update your file, such as: current contact information; getting copies of credentials from training/courses taken; copies of certificates; sharing job postings; what type of work are you looking for; and are you interested in going back to school?

We can't help if we don't know!

Summer students, Ericka and Gracynn have been working hard at getting the office files organized. Each have been uploading information into the Scratched Rock Database, and that includes copies of your certificates, resumes, and credentials. A database is never fully complete, but as it becomes more populated, it can be a great resource of information, thanks to these 2 ambitious, detail conscientious young women. When they return to TRU in the fall, the Education office will be sad to see them go.

Good Luck to each of you!

For more information about funding and supports, call or drop into the Education Office.

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## LNIB EDUCATION DEPARTMENT

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[gail.larochelle@lnib.net](mailto:gail.larochelle@lnib.net)



(250)378-0915

2160 SETTLERS ROAD  
HWY 8

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## GAIL LAROCHELLE POST-SECONDARY/EMPLOYMENT & TRAINING COORDINATOR

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Hello everyone,

I hope everyone is getting out and spending some quality time with family and friends.

What I have been working on this month:

- Contacting Students with the news that their PSE Application has been approved for funding
- Writing and emailing sponsorship letter to all the students outlining their PSE funding
- Writing and emailing sponsorship letters and forms to all the Post-Secondary Institutions
- Researching bursaries and scholarships
- If you need any assistance with applying to ~~Indspire~~ <sup>Indspire</sup>, New Relations Trust, applying for awards or entrance scholarships at the universities or any other bursary please stop by the office and I can help with the process
- Assisted 4 members with short-term training
- Assisted 2 members with resumes for job opportunities
- I am enjoyed having our summer students working in our office. There is a lot of noise and activity. They are a great help and I'm sure they are learning a lot on how an office operates.

To All LNIB Members—stop by or call the Education Office with any information you may have on any training or short-term courses you are interested in taking

Gail La Rochelle  
Post-Secondary, Trades and Training Coordinator

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**SCHOOL DISTRICT NO. 58 (NICOLA-SIMILKAMEEN)**  
**Aboriginal Education**  
**2019-2020**

**Success for ALL Learners ~Today and Tomorrow**

Revised: July 4, 2019

|   | <b>Aboriginal Events and Activities</b>  |
|---|--|
| September 24, 2019<br>September 30, 2019                | <ul style="list-style-type: none"> <li>Merritt Welcome Dinner @ Merritt Secondary - 5:30 p.m.</li> <li>Orange Shirt Day</li> </ul>   |
| October 2, 2019<br>October 10, 2019<br>October 24, 2019 | <ul style="list-style-type: none"> <li>Princeton Welcome Dinner @ Princeton Secondary - 5:30 p.m.</li> <li>Culture Camp #1 - <b>Coldwater</b> - 8:30 a.m. to 3:00 p.m.</li> <li>FN Parent Gathering @ Merritt Central - 5:30 p.m.</li> </ul> |
| November 14, 2019                                       | <ul style="list-style-type: none"> <li>Honoring our Elders @ Nicola-Canford - 10:00 a.m. to 2:00 p.m.</li> </ul>   |
| December 23, 2019<br>to<br>January 3, 2020              | <b>Winter Break</b>  |
| February 14, 2020                                       | <ul style="list-style-type: none"> <li>Youth Leadership Conference @ MSS - 9:00 a.m. to 3:00 p.m.</li> </ul>   |
| March 11, 2020  | <ul style="list-style-type: none"> <li>Awakening of Canoes/FN Drumming - Merritt Secondary - 11:00 a.m. to 2:00 p.m.</li> </ul>  |
| March 16, 2020<br>to<br>March 27, 2020                  | <b>Spring Break &amp; Non-Instructional Days</b>   |
| April 22, 2020  | <ul style="list-style-type: none"> <li>Grade 7 Traditional Games @ Collettsville 10:00 a.m. to 1:00 p.m.</li> </ul>  |
| May 7, 2020<br>May 20, 2020                             | <ul style="list-style-type: none"> <li>Culture Camp #2 - <b>Lower Nicola</b> - 8:30 a.m. to 3:00 p.m.</li> <li>District 9th Annual Pow Wow - 9:30 a.m. to 2:30 p.m.</li> </ul>   |
| June 3, 2020<br>June 11, 2020<br>June 21, 2020          | <ul style="list-style-type: none"> <li>Language &amp; Cultural Camp - Monck Park - 9:30 a.m. to 2:00 p.m.</li> <li>FN Grad Celebration @ NVIT - 5:00 p.m.</li> <li><b>National Aboriginal Day</b></li> </ul>                                 |

**Note:** Culture Camps and Culture Camp Study session - School District Staff members / local agency organization rep's / community rep's.

**SCHOOL DISTRICT NO. 58 (NICOLA-SIMILKAMEEN)**  
**Aboriginal Education 2019-2020**  
**Success for ALL Learners ~ Today and Tomorrow**

Revised: July 7, 2019

|                  | <b>Aboriginal Enhancement Agreement - Annual Cycle</b>  |
|------------------|---|
| October 15, 2019 | <ul style="list-style-type: none"> <li>• <b>Local Education Agreement (LEA)</b><br/>9:30 am to 10:30 am - Nominal Roll</li> <li>• <b>Enhancement Agreement (EA)</b><br/>10:30 am to 12:00 pm</li> </ul> |
| October 22, 2019 | <ul style="list-style-type: none"> <li>• <b>Aboriginal Advisory Council Meeting (AAC)</b><br/>1:00 pm to 3:00 pm</li> </ul>   |
| December 3, 2019 | <ul style="list-style-type: none"> <li>• <b>Local Education Agreement (LEA)</b><br/>9:30 am to 10:30 am</li> <li>• <b>Enhancement Agreement (EA)</b><br/>10:30 am to 12:00 pm</li> </ul>                |
| February 4, 2020 | <ul style="list-style-type: none"> <li>• <b>Aboriginal Advisory Council Meeting (AAC)</b><br/>1:00 pm to 3:00 pm</li> </ul>   |
| March 10, 2020   | <ul style="list-style-type: none"> <li>• <b>Local Education Agreement (LEA)</b><br/>9:30 am to 10:30 am</li> <li>• <b>Enhancement Agreement (EA)</b><br/>10:30 am to 12:00 pm</li> </ul>                |
| April 15, 2020   | <ul style="list-style-type: none"> <li>• <b>Aboriginal Advisory Council Meeting (AAC)</b><br/>1:00 pm to 3:00 pm</li> </ul>   |
| June 10, 2020    | <ul style="list-style-type: none"> <li>• <b>Enhancement Agreement (EA)</b><br/>9:00 am to 10:30 am</li> <li>• <b>Aboriginal Advisory Council Meeting (AAC)</b><br/>10:30 am to 12:30 pm</li> </ul>      |
| July 7, 2020     | <ul style="list-style-type: none"> <li>• <b>Local Education Agreement (LEA)</b><br/>9:30 am to 10:30 am</li> </ul>  |

## **ELDERS' ACTIVITIES**

**Thursday August 1<sup>st</sup> – Rod fishing** – Please bring your own rod, lunch will be supplied.

**Tuesday August 6<sup>th</sup>**- Movie 12:30 pm – Activities Trailer

**Monday August 12<sup>th</sup>** – Othello tunnels and picnic – Leave the Health Centre at 10 am (limited seating)

**Thursday August 15<sup>th</sup>** – Elder's Luncheon 12:00 pm – Activities Trailer

**Thursday August 22<sup>nd</sup>** – UBC Museum of Anthropology (Day trip & limited seating) - Please leave your name and phone number at the front desk if you are interested.

**Tuesday August 27<sup>th</sup>** – Movie 12:30 Trailer

Every Friday Bingo at the Activities Trailer 10:00 am

If you have any questions you can phone (250) 280-1975

Wenona Mike

Elders Coordinator

ELDERS' SUMMER TEA



## WATER CONSERVATION - REGULATIONS



### TO ALL USERS:

As summer approaches and temperatures are rising, we are asking you to conserve water on

#### ALL DOMESTIC WATER SYSTEMS

We would like to ask you to water your lawn and/or garden every other day instead of daily between the hours of **6:00 am - 10:00 am or 9pm – 11pm**

- ❖ Even addresses water on even days
- ❖ Odd addresses water on odd days

Water restrictions will remain in effect for the months of **June through September**

#### The following are some helpful tips on watering your lawn:

- A lawn doesn't need to be watered every other day. It only requires about 2.5 cm (1") per week to keep it green (depending on weather and soil conditions). An empty tuna can is approximately 2.5 cm deep. Place several cans at different distances from your sprinkler. Time how long it takes to collect an average of 2.5 cm of water. Water this length of time once per week in the summer. Reduce this time by half for spring and fall-time.
- It is best to water your lawn early in the morning or evening because there is less wind which means more even water distribution and slower evaporation.
- If you step on your grass and if it springs back when you lift your foot, there is no need to water.
- Water thoroughly, but less frequently, to encourage deeper roots.
- Over watering creates an environment that is perfect for fungal diseases to spread. Make sure the surface of your lawn is allotted sufficient drying time between watering, as this will kill or inhibit the disease.
- When cutting your lawn, leave 2 inches or more of grass. Doing so will help to shade the roots and promote deeper root growth. Remember to sharpen your lawn mower blades as well.

If you have any questions, please call Public Works at 250.378.5157

## RECYCLING - ECO-DEPOT (THE DUMP)

Do you have questions about the Lower Nicola Eco-depot? Not sure whats free to take or has a fee? Wondering what the hours of operation are?



### Free dump waste:

- Grass clippings, leaves  
(NO pine needles, NO pinecones)
- Tree/Bush clippings (this is where you would put the pine needles and pine cones)
- Wood Waste
- Small electrical appliances  
-Vacums, microwaves, etc.
- Electronic waste  
-TV's, computers, keyboards, electric childrens toys, etc.
- Paint  
All house hold paints, latex or oil based.
- Tires not on rims
- Propane tanks
- Batteries
- Scrap metal
- Plastic bags
- Styrofoam

### Dump waste with a cost:

- Fridge and Freezers, air conditioners there is a \$15.00 charge to get the freon removed.
- Tires left on the rim will have a \$5.00 dollar charge per tire with rim.
- Clean Roofing Shingles are charged by weight
- House hold garbage is charged by weight
- Mattresses are charged per mattress or box spring starting at \$8.00 and up.





## Thinking of doing a dump run? Not sure where to go when you get there?

The Lower Nicola Eco-Depot is a very open area with clearly marked signs to where you should take your household garbage, outside garbage, recycling etc. When you get to the Eco-Depot and want to get rid of your yard clippings such as tree clipping, grass clipping, pine cones, pine needles you do not have to drive over the weigh station. Go directly to the right and you will clearly see marked areas. Also to the right is the Recycling Shed, where they have 7 bins with large marked signs of what and which bin it will go in, not to mention a very friendly staff person there to help you. In the same area is where you will take paint, tires NOT on rims, electronics, Propane tanks, and used oil and oil containers also scrap metal. Now, if you have household garbage, mattresses/box springs, roofing materials, fridges, freezers, air conditioners that still have freon, tires on rims. You WILL have to go to the weigh station. where you will be directed to take said garbage to the appropriate areas.

### Do I need to clean containers before adding them to my recycling?

- Please empty containers and give them a quick rinse in left over dishwater before adding them to recycling. This helps minimize any food residue spoiling the recyclability of materials and reduce pests and smells.

### Does Recycle BC only accept plastic containers with the recycling symbol?

- The recycle symbol is a code to identify what material was used to manufacture it, not all containers have a symbol, but they can still be recycled.

### Why Recycle?

- Diverts waste from landfills
- Conserves resources
- Saves energy
- Feeds a green economy
- Contributes to a healthy BC

**RECYCLING TIPS**

You can help ensure that more materials are recycled by following these steps:

- 1 Please follow sorting instructions at the depot.
- 2 Empty and rinse containers.
- 3 Contain shredded paper inside a paper bag or box.
- 4 Flatten cardboard, remove plastic wrap from cardboard flats. Staples and tape okay.
- 5 Return deposit containers for a refund.



**DOWNLOAD THE RECYCLE BC APP ON YOUR SMARTPHONE.**

Search items that can be recycled on the waste wizard and find your nearest depot. Download our app at [RecycleBC.ca](http://RecycleBC.ca).

## FAMILY ACTIVITIES

| <div>  <div> Family<br/>Activities<br/>August 2019 </div> </div> |   |                                       |   |   |                                  |      |
|---|---|---------------------------------------|---|---|----------------------------------|------|
| Sun.  | Mon.  | Tue.                                  | Wed.  | Thurs.  | Fri.                             | Sat. |
|   |   |                                       |   | 1<br>Office Day                                 | 2<br>Prep for camp               | 3    |
| 4   | 5<br>STAT                                     | 6<br>Camping<br>(with Rec)            | 7<br>Camping<br>(with Rec)                                      | 8<br>Camping<br>(with Rec)                      | 9<br>Support Group/<br>Gathering | 10   |
| 11  | 12<br>Parent's &<br>Babes 12-2<br>Fitness 7-8 | 13<br>Monck Park<br>10-2              | 14<br>GFB<br>Scw'exem Open<br>House<br>Family potluck<br>5:30-7 | 15<br>Hiking by info<br>center &<br>Rotary Park | 16<br>Skill Share<br>2-4         | 17   |
| 18  | 19<br>Office Day<br>Fitness 7-8               | 20<br>Petit Creek<br>12-2             | 21<br>Stein Valley Day Hike<br>Leave RPCC @ 9am                 | 22<br>Program TBA<br>12-2                       | 23<br>Office Day                 | 24   |
| 25  | 26<br>Parents &<br>Babes 12-2<br>Fitness 7-8  | 27<br>Prep for<br>Youth<br>Conference | 28<br>YOUTH<br>CONFERENCE!!!                                    | 29<br>Office Day                                | 30<br>Support<br>Group<br>9:30   | 31   |

### Notes

\*For More information please contact Christie or Marilynne @ (250)378-4089. Please note that events, activities or locations may change due to unplanned events or circumstances.

\*Family Activity Programs located @ Rocky Pines Community Centre.

\*Parents & Babes is geared towards prenatal to Preschool ages. Each family who attends the entire program each week will be given a \$10 gift card & a block of cheese. Located @ Rocky Pines Community Centre.

\*Support Group takes place @ the Community Services Building.

\*Anyone who can come in on Friday to the Community Services Building to share your "skill" with us we will give a \$25 gift card. Please call ahead so we can arrange a date. Beading, knitting, cooking etc.....

\*COHI- Children's Oral Health Initiative.

\* Fitness Work-Out will take place @ Cross Fit Merritt

\* Family Potluck @ Rocky Pines Community Centre

## RECREATION

# August

# 2019

Recreation

### Summer Day Camp

Bring appropriate swim wear, clothing and water bottle.

Any questions please contact Chelsea Spahan 250-315-3379.



| Sunday | Monday                         | Tuesday                                     | Wednesday   | Thursday  | Friday | Saturday |
|--------|--------------------------------|---|---|---|--------|----------|
|        |                                |   |   | 1<br>Monk Park<br>12-3                              | 2      | 3        |
| 4      | 5                              | 6<br>Camping<br>Kentucky<br>Leaving at 11am | 7<br>Camping<br>Kentucky                              | 8<br>Camping<br>Kentucky                            | 9      | 10       |
| 11     | 12<br>Pool<br>1-3 leaving RPCC | 13<br>Monk Park 10-3                        | 14<br>Scw'exmx open<br>house from 10-2                | 15<br>Hiking info center<br>and Rotary park<br>12-3 | 16     | 17       |
| 18     | 19<br>Pool<br>1-3 leaving RPCC | 20<br>Pete Creek<br>12-3 leaving<br>RPCC    | 21<br>Stein Valley<br>Hiking Day! 9am<br>leaving RPCC | 22  | 23     | 24       |
| 25     | 26                             | 27  | 28<br>Youth<br>Conference                             | 29  | 30     | 31       |
|        |                                |   |   |   |        |          |

## LNIB SCHOOL



Surprises on the last day of school - Principal Angie Sterling received a blanket for the school staff; Theresa Bose blanketed and recognized for her long service



Electra Fairley winner of Sterling award for academic excellence & Language award



Tyson Ned award for perfect attendance



Grade 7 grads: Wayne Voght, Dominic Beckett, Edmond Justice, Jorja Collins

## SHULUS COMMUNITY GARDEN

Greetings from all garden staff and we wish you all a happy and safe summer.

Big thank you for all the volunteers who helped Shulus Community Garden deliver wood, deliver a picnic table, do a garbage run and more. We have garden fun for all ages, so come and see what we are up to.

### Harvest started July 01:

Garlic scape, Romaine and Iceberg lettuce (lots of lettuce), Red Russian Kale (lots of Kale), Cauliflower, Broccoli, Radish (consecutive planting), Beets (consecutive planting), Pac Choi, Baby Carrots, Green onions, Comfrey (Muscle Skeletal - medicine plant), Dill, Mint (wards off cabbage moth & used in medicinal teas), Burdock roots (medicinal properties)

### Will start to harvest:

Potatoes, Leeks, Garlic bulbs, Zucchini (August), Onions (August), Horse Radish roots (burdock plants are huge)

Medicine garden (is full of culinary and medicinal herbs),

August is when every plant will be in full harvest mode

Produce is grown for the following LNIB Programs: Soup Kitchen, Elders' meals, School Meals, Family Programs, Recreation & Family programs, Food for Families program.

### Food for Families:

The Shulus Community Garden work plan includes **community participation to Share Knowledge, to Grow, Harvest and Preserve the food we grow**. This program is coordinated by Rainbow Acoby, at the LNIB Health and Community Center. **Rainbow has vouchers** for LNIB Community Members to pick up vegetable packages and to volunteer for food that grows at Shulus Community Garden. Rainbow is planning to host the **Food Skills for Families and invites you all to sign up for these informative sessions about food we eat**.

### Community Activities for August:

Youth and Recreation programs are planning to help the garden by painting a mural on the Hoop Greenhouse, to build wood planters and other fun activities.

LNIB Elders' program was invited to share their knowledge with the Food for Families program.

We need your help to build a gazebo in Medicine Garden and to maintain medicine garden, please!

### Invasive Plant Campaign:

Shulus Gardens had a herd of goats eat the weeds in a nearby field July 3 to 7<sup>th</sup>. Goats love to

eats weeds and other delicious plants but don't care for grass like the cows do. Goats have a strong acidic stomach that breaks down the weed seeds before they expel the waste into little round pellets. Therefore, goats are perfect for the invasive plant management program.

**LNIB Infrastructure Sector** was one on the guest speakers, showing maps of the areas LNIB is treating for Invasive Plant infestation on LNIB lands. Thank you, Albert, for sharing your field for the goat pens. Those goats made front page in the Merritt Herald issued July 25. Thank you!

### **LNIB Invasive Plant Management Committee:**

Shulus Gardens hosted a meeting on July 23. We are hoping to set up a goat pen for a few days at Rocky Pines Community Center, to demonstrate to you how goats can help us manage the invasive plant situation in LNIB communities. **We are looking for champions in each LNIB Community to join the Invasive Plant Management Committee?**

### **PROUD TO BE LNIB**

Lorna Shuter  
Shulus Community Garden Supervisor



**FROM THE HEART - TONY BROMAN**

To Recognize and Honour My Family at LNIB



6 months ago, I joined the “Proud to be LNIB” team. I knew I was a virtual stranger to almost all in the community. I do not feel that way any longer and I wanted to recognize and honour each of you, and all of you together by recalling some of my journey into your community.

I have found a people who welcomes others. Each day, I have encountered warm, friendly faces that have added an ease to my steps and a sense peace to my heart. I have been included in coffee times, lunches, meetings, and community events. Whether it was a friendly greeting at the gym, sharing a ride out to Rocky Pines, a wave from the garden as I walked from office to office or a pop-in visit by another department member, warmth and welcoming was always what I felt.

I have found a people who know how to support others. I have been listened to, encouraged and offered understanding and wisdom as I adjusted through my initial struggles and juggles. As you extended time and understanding I have felt my burden ease and my connection here grow. I have found a people that treat others with patience and respect. I settled into my work, dove into community events and offered support where I could. However, my understanding of your families, your community and your culture was lacking. Like a seedling, you have been patient with me, tolerating my blunders and mistakes and offered guidance and wisdom so that my knowledge and appreciation for you can grow as it should.

I have found a people of heart-felt, honest sincerity in words and actions. As I have gone about my days in the office and around the community, I have encountered real people, in the moments that they are living. When there is work to do, the work is tackled head-on with a team attitude. If there is celebration, then smiles and congratulations are seen and heard. If sadness, then people gather around quietly to support those that are in grief. If upset, then people are given space and time to sort through things.

I have found a people who value each other deeply. My coworkers have set such an amazing example for me of “love in action”. Their work days are filled with schedules and plans for how to connect, how to share, how to empower, how to support and provide, and there is never enough time in each day to do all that their hearts want to accomplish. They work through weariness with concern for each other. They discuss how workloads can be shared, networked to increase options and benefits for community members. They battle hard with outside agencies to ensure high quality, fair services are offered at all times.

I have found a people, a community, a culture that inspires me to be more than I am, to offer more than I do, to live with bigger dreams than I have. I have found LNIB and I am grateful to you all for making my life so much richer by how you live each day! I am truly “Proud to be (with) LNIB”.

*Tony Broman is a Male Counselor working out of Human Services. Email [tony.broman@lnib.net](mailto:tony.broman@lnib.net), tel: 250-378-4089*

## CULTURE EVENTS SCHEDULE

Aug 3, 2019 – First Fish Ceremony in Spuzzum BC

Aug 5, 2019 – drop in sewing 5 – 7 pm

Aug 6, 2019 – drop in beading 10 – 2 pm

Aug 7, 2019 – Fish camp Anderson Creek, reminder to youth, fill out registration forms

Aug 8, 2019 -Fish camp Anderson Creek

Aug 9, 2019 – Fish camp Anderson Creek.  
Language camp, Shackan Band– Chattaway Lake

Aug 12, 2019 Drop in Sewing 5 – 7 pm

Aug 13, 2019 Drop in beading 10 am – 2 pm

Aug 14, 2019 Land gathering, gathering foods  
medicines

Aug 15, 2019 Land gathering, gathering foods or  
medicines

Aug 19, 2019 Drop in sewing 5 pm 7 pm

Aug 20, 2019 Drop in beading 10 am 2 pm

Aug 21, 2019 Young Warriors camp with CNA- call CNA to register

Aug 22, 2019 Young Warriors camp with CNA- call CNA to register

Aug 22, 2019 – picking huckleberries Larsen Hill leave centre by 830 am

Aug 23, 2019 Young women's camp with CNA – call CNA to register

Aug 26, 2019 Drop in beading 5 pm – 7 pm

Aug 27, 2019 – Tour of Langley Museum leave centre by 8:30 am

Aug 28, 2019 Youth conference

Aug 29, 2019 – picking huckleberries Boston Bar, leave centre by 8:00 am

The Culture Centre is located at  
211 Nawishaskin Lane.  
For more information on any of the  
events or programmes, please contact:  
Sharon Antoine: 250 315 5910  
Carole Basil: 250 315 915  
Hank Yamelst: 250 280 2365

or

For CNA events, please call  
250 378 1865

Lower Nicola Indian Band is looking for members who are interested in delivering Band door-to-door notices and newsletters. Depending on how many people apply, delivery allocations are on a rotation basis. Deliveries involve going door to door on all LNIB reserves. Pay, upon presenting your invoice, is \$160 Please contact Terri-Lynn Beckett at 250-378-5157 or email [Terri-Lynn.Beckett@lnib.net](mailto:Terri-Lynn.Beckett@lnib.net)



## ROCKY PINES SPLASH PARK

The photo shows the new, blue splash pad activation bollard. In the foreground is the yellow activation step pad, that was damaged by rocks by the children using the water park.

The costs to install new equipment have amounted to several thousand dollars. Please help us keep this park open and operational for all to enjoy. Supervise older youth and help them to understand that if the vandalism continues, we may be forced close the water park indefinitely.

If you see something, say something!!

**TRADITIONAL HOLDINGS PROJECT****LOWER NICOLA  
INDIAN BAND**

## Traditional Holdings Project Invitation to LNIB Families

Our land, our people, our future – Come share your stories and teachings

The LNIB Traditional Holdings Project invites all LNIB families to participate in family group meetings to share stories and histories about their connections to family lands on our reserves. We recognize that each family has unique ties to the land, and we hope you will add your voice to this process.

The purpose of these meetings is not to judge or make decisions about the validity of land holdings, but to learn about how families came to be connected to the land, how land has been passed down through families, and how families traditionally settled disputes about land.

Learning about the history and cultural protocols around land allocations will help our community to make informed decisions that reflect our values today. Information shared at family meetings will be used by the LNIB Lands Department to support the development of an Allotment Law under our Land Code.



Family meetings will be held throughout the summer and fall. If your family is interested in scheduling a meeting with the Traditional Holdings Project Team, please contact Brandi O'Flynn or Monica Charters at 250-378-5157.

## LANDS DEPARTMENT



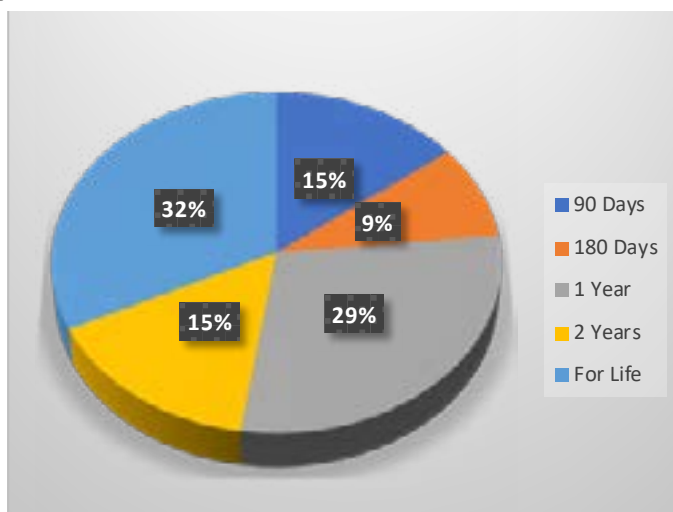
"We are pleased to announce that Brandi O'Flynn has been offered and accepted the position of Lands Manager for the Lower Nicola Indian Band. Brandi has worked in the Lands and Economic Department since 2014. She is knowledgeable about the Lands files and their history which is invaluable in her new position.

Congratulations Brandi and thank you for taking on all the challenges!"

Remember the survey you completed about the Spousal Property Law? Although that Law project has been pushed down the list by other priorities, the information collected will be invaluable used to draft our law. For your interest here's how one of the questions was answered in our community:

6. *Jim (an LNIB member) and Mary (not an LNIB member) were married almost 15 years before Jim died. It was the second marriage for each of them. In his will, Jim left the family home he and Mary lived in to Sarah (an LNIB member), his daughter from his first marriage. Sarah wants to move into the home as soon as Jim's estate is settled and the home is transferred to her. Mary is entitled to remain in the family home for the full period set out in the spousal property law, even if the home is transferred to Sarah before that period expires. Even though she is the legal owner, Sarah is only entitled to move in after the period expires.*

*Please check the box beside time period you think the surviving spouse should be entitled to live in the family home after his or her spouse's death:*



Here's what's on the go at the Lands Department (and this is just the current list for this year!):

- *Traditional Holdings Project*
- *Land Use Plan & Law*
- *Dispute Resolution Process*
- *Allotment Law*
- *Subdivision & Servicing Law*
- *Zoning Law*
- *Business Licence Law*
- *Community Protection Law*
- *Cannabis Law*
- *Spousal Property Law\**
- *Environmental Management & Protection Law*

### • **Policies:**

- *Land Management*
- *Land Governance*
- *Registration of Land*

### **Instruments**

- *Transferring Allotments*
- *Membership matters*
- *Mapping and Database*
- *Asset registration*

### \* **Spousal Property Law**

• No longer required under the Framework Agreement on First Nation Land Management (the "Framework Agreement") because the Family Homes on Reserve and Matrimonial Interest or Rights Act is now in place and the Framework Agreement has been amended to remove the requirement for First Nations with a Land Code.

- Meeting the voting threshold requiring 25% of eligible voters to participate and a majority to vote in favour will be a challenge will be a challenge, and a drain on resources, sidelining other projects

## VACANCY - LANDS MANAGEMENT ADVISORY COMMITTEE

### Lower Nicola Indian Band Lands Management Advisory Committee

**Term:** 4 years  
**Department:** Lands  
**Hours:** Evening hours required

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#### Summary of responsibilities

We are looking for dedicated and engaged LMAC Committee members who can bring different skill sets to the new land management regime at Lower Nicola Indian Band, such as interpreting and understanding survey work; dispute resolution; land use planning; environmental protection; policy and law development; financial literacy; research and writing; and/or community engagement.

#### Qualifications:

- Any LNIB Member, whether resident on or off LNIB Land, 18 years or older;
- Cannot be convicted of an offence that was prosecuted by way of indictment except for a conviction for an offense where the person was involved in the support or defense of an aboriginal right or title;
- Cannot have any undischarged bankrupt or owe money to LNIB;
- Cannot be convicted of a corrupt practice in connection with an election, including but not limited to, accepting a bribe, dishonesty or wrongful conduct; and
- Must be able to pass a Criminal Record Check;

#### Apply To:

Lower Nicola Indian Band  
181 Nawishaskin Lane  
Merritt, BC V1K 0A7  
E-mail: [hr@lnib.net](mailto:hr@lnib.net)

**Deadline to apply: July 19<sup>th</sup>, 2019**

Interested members, please submit a criminal record check, resume and cover letter that highlight your relevant lands knowledge and experience including three references.

#### To obtain a criminal record check:

- Go to the RCMP Station, Tuesday-Thursday between 9:30am-3:30pm.
- You will need 2 pieces of government issued ID.
- Costs \$35 (must pay in cash).
- Takes minimum 2 weeks to come in.

As per section 33.4 of the LNIB Land Code, members of the Lands Management Advisory Committee shall be appointed by Council so as to ensure a broad representation of the LNIB membership.

Thanks to all who apply.



**MERRITT FORESTRY & LOGGERS EXHIBITION**  
**SEPTEMBER 13-15 2019**  
**CENTRAL PARK, MERRITT BC**


**CELEBRATING NATIONAL FOREST WEEK**

**FAMILY FUN**

**LOGGER SPORTS**

**LAUGHING LOGGER SHOW**

- Chainsaw Carving
- Logger Sports Competition
- Education day
- Kids Zone
- Vendors
- Food
- Family Fun
- Demos



## FEEL THE BEAT

# August 2019 ~ Cultural Events

For More Information, please call Charlene Joe, Cultural Program Coordinator

(250) 378-2771 or email [charlene.joe@scwexmx.com](mailto:charlene.joe@scwexmx.com)

Cultural Events – 2975 Clapperton Ave Everyone Welcome ~ 4:00-8:00 PM. – Potluck Dinner 5 PM



### Guidelines & Values

- Drug & Alcohol Free
- Respectful to Self and Others
- No Violence
- Family Events
- There will be sign-up sheets



| Sunday  | Monday  | Tuesday                | Wednesday   | Thursday  | Friday                                    | Saturday |
|---|---|------------------------|---|---|---|----------|
|   |   |                        |   | 1<br>No Feel the Beat                                     | 2   | 3        |
| 4   | 5<br>BC Day<br>Office Closed                  | 6<br>No Feel the Beat  | 7   | 8<br>Drumming Protocols<br>Monty Joseph<br>4:00 – 8:00 pm | 9   | 10       |
| 11  | 12<br>No Feel the Beat                        | 13<br>No Feel the Beat | 14<br>SCFSS Open House 10 am-2pm<br>Drum Showcase 2pm – 4pm | 15  | 16<br>Huckleberry Picking Meet at 8:30 am | 17       |
| 18  | 19<br>Family Movie Day<br>SCFSS Gym 10 am-4pm | 20                     | 21<br>Drum Showcase 2pm – 4pm                               | 22<br>No Feel the Beat                                    | 23  | 24       |
| 25  | 26<br>No Feel the Beat                        | 27<br>No Feel the Beat | 28<br>Drum Showcase 2pm – 4pm                               | 29<br>No Feel the Beat<br>Elders Tea 11am – 2 pm          | 30  | 31       |
| Please bring your own containers in case of leftover food from potluck and reusable water bottles. We are trying to minimize our carbon foot print. |   |                        |   |   |   |          |

Feel the Beat is a Cultural Revitalization program, our main focus is the restoration of the protocols and values rooted in the Culture of the Nlaka'pamux and Syilx peoples in the way of seasonal teachings. Feel the Beat is always an open invitation to all heritage and all peoples to participate in a safe environment to learn and grow in Culture. We aim to provide leadership and opportunity to connect to our Cultural Identity.

## ANIMALS - WHO TO CALL



**Conservation Officer:**  
**250-378-7754 or**  
**877-952-7277**



### Wildlife sightings:

Many people phone the band office when they spot a bear, cougar, or other wild animal that is passing through our communities. This is not appropriate protocol and in many circumstances it is a waste of valuable time that the conservation officer could be tracking the animal. They will not take action based on third party information. The person who spots the wildlife needs to contact the conservation officer directly at 250-378-7754 during regular business hours and after hours emergency calls can be directed to a cellular number at 877-952-7277. Please do NOT call the band office or public works if you encounter or spot any wild animal that may put our people at risk. Safety first!!! Act fast!!! Call the conservation officer immediately.

### Animal neglect:

This is another situation that making the wrong call could cause more distress to domestic pets. If you witness animal abuse or willful neglect, do NOT contact the band office or Public Works, Please contact the SPCA immediately, you might save the life of an animal, or at least reduce their suffering. Kamloops SPCA phone number is 250-376-7722. Thank you.

Hyrum Peterson  
Director of Infrastructure  
Lower Nicola Indian Band

## GREETINGS



Happy 16th wedding anniversary to Jim and Terri Beckett on the 16th of Aug. Love Mom and Sister

Happy 29th Birthday to my Brother Ford Muir also on Aug. 16th - Margaret



Happy 29th Birthday to Uncle Ford, Love Ter, Jim, Sophie, Megan, Domanic, and Evan!



Happy 16th Wedding Anniversary to the love of my life, Jim! Here are to many more. Love you all the way to Yellowknife and back! Terri



August 13th - Happy Anniversary to Francis!

Love Maggie  
and  
the Shuter, Johns and Cisco families



## MEMBERSHIP



### HERE'S WHAT YOU NEED TO KNOW ABOUT STATUS CARDS:

Indian status does not expire but the status card does. If your First Nation or band office continues to issue Certificates of Indian Status (status cards), contact your First Nation or band office to find out how to renew your status card.

The secure status card is valid for 10 years for adults (16 or older) and five years for children (15 or younger) and dependent adults.

The renewal process is the same as when first applying for a secure status card. Fill out the same application form and check "Renewal" under "Reason for application".

You can renew your current secure status card up to six months before the renewal date or up to one year after the "Renew before" date on your card.

If you are applying a year after the date indicated on your secure status card, fill out the same application form as when first applying for a secure status card and check "Replacement (lost, stolen, damaged SCIS)" under "Reason for application".

All forms are available on-line at <https://www.aadnc-aandc.gc.ca/eng/1462806841047/1462806896945#chp1>

### What to do if your status card is lost, stolen, damaged or destroyed?

If you have lost your Secure Certificate of Indian Status (secure status card) or it has been stolen, damaged or destroyed, you must report it by calling INAC Public Enquiries right away. The call agent will:

- cancel the lost, stolen, damaged or destroyed card
- issue, on request, a Temporary Confirmation of Registration Document

The replacement process is the same as when first applying for a secure status card. Fill out the same application form and check "Replacement (lost, stolen, damaged SCIS)" under "Reason for application".

If you have lost your Certificate of Indian Status (status card) or it has been stolen, damaged or destroyed, contact your First Nation or band office to apply for a replacement card.

**Membership and status card issues - please call for an appointment - 250-378-5157 or [Geraldine.Bangham@lnib.net](mailto:Geraldine.Bangham@lnib.net) All membership issues are dealt with on Wednesday and by appointment only**

## SIXTIES SCOOP

MONTRÉAL, Nov. 27, 2018 /CNW Telbec/ - The Sixties Scoop Class Action has been Settled. To be eligible, you must be a registered Indian, or, a person eligible to be registered, or, an Inuit person, who was adopted or made a permanent ward and was placed in the care of non-Indigenous foster or adoptive parents in Canada between January 1, 1951 and December 31, 1991, which resulted in the loss of cultural identity.

Eligible class members will receive compensation between \$25,000 and \$50,000 depending on the overall number of eligible members.

Collectiva, the Claims Administrator, along with its First Nations' partners, will be travelling across the country beginning in December 2018 to provide information to class members. They will hold 21 information sessions in 21 different cities across Canada where class members will receive support and guidance in preparing their claim forms and attend presentations on financial literacy provided by AFOA Canada. A qualified staff member from Collectiva along with other First Nations' professionals will be on hand to answer class members' questions.

**If you are a Sixties Scoop class member  
To make a claim for compensation, you must complete a  
claim form and send it to the Claims Administrator, Collectiva,  
no later than August 30, 2019.**

To receive more information or assistance you may:

Visit the Settlement website: <https://sixtiesscoopsettlement.info>

Call 1 844 287-4270

Send an e-mail request to [sixtiesscoop@collectiva.ca](mailto:sixtiesscoop@collectiva.ca).

SOURCE Collectiva Class Action Services

For further information: Mélanie Vincent, Cell / SMS: (418) 580-4442, [melanievincent21@yahoo.ca](mailto:melanievincent21@yahoo.ca)>

***Note to LNIB Members: Copies of the Claim form are available at the Band Office and at the Lands Office.***

**JOBS AT LNIB**

## LNIB On-Call Cultural Heritage and Environmental Field Workers

**Department:** Economic Development Department

**Position Title:** Field Worker

**Reports To:** Employment Coordinator

**Subject to:** Terms and Conditions of the Personnel Policy  
Annual approved budgets

**Effective Date:** ASAP

## Summary of Organizational Responsibilities:

The successful candidate will bring their energy, enthusiasm and interest in environmental and cultural resources to a variety of resource planning and research projects. Specifically, the successful candidate will provide support to the LNIB staff on Cultural Heritage and Environmental resource development projects.

## Duties and Tasks

- Field surveying of Cultural Heritage Resources, archaeological, plants, wildlife and soils values;
- Data entry;
- Communications (small reports, presentations);
- Background research relating to current and historical resource use and environmental management;
- Interviewing community members on current and historical resource use in the Nlaka'pamux Traditional Territory;
- Strong computer and information management skills;
- Strong file management;
- Familiarity with online mapping platforms.

## Knowledge, Skills and Abilities:

- A valid drivers license and reliable transportation (Mandatory);
- Positive attitude and genuine interest in projects and related duties (Mandatory);
- Understanding/interest in Nlaka'pamux resource use and cultural practices;
- Computer literate in Microsoft Word, Excel, Outlook, Publisher;
- Attention to detail related to note taking, and field sampling duties;
- Physically fit and able to work in adverse field conditions;
- Daily travel will be required;
- High paced work environment;
- Personal Protective Equipment (hard hat, safety glasses, steel toed boots, hi-vis vest) required;

- Ability to speak or willingness to learn the Nlaka'pamux language.

**Qualifications:**

- Post-secondary training/education in natural resource management or related field (Preferred);
- Resource Inventory Standards Committee Training in Archaeological and CMT Inventory for Crew Members (Preferred);
- Level I first-aid (Preferred);

**Working Environment:**

Outdoor work, subject to all weather conditions and terrain;  
Must be able to handle wildlife encounters and respond as per training.

Applications must be received by 1 August, 2019

To Apply:

Email: [HR@lnib.net](mailto:HR@lnib.net)

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Lower Nicola Indian Band  
Job Posting

**Position Title: Lands Administrative Assistant**

Department: Lands

Hours: 35 hours per week

Start Date: ASAP

Reports to: Director of Lands

**Summary of responsibilities**

The Administrative Assistant is responsible for providing administrative and clerical support to the Lands Department. This includes assisting with documenting work plans and written reports on land administration activities.

**Duties and Responsibilities:**

- Assist with creating, documenting and maintaining the lands department plans and budgets including those related to the 5-year plan and annual plan.
- Assist with providing regular written reports to the Executive Director, Lands Management Advisory Committee.
- Booking appointments and assisting with day to day operation of the department.
- Maintain a comprehensive filing system for the Lands Department.
- Assisting with monthly newsletter submission.
- Recording of meeting minutes as required.

- Develop and maintain effective working relationships with colleagues.
- Performs all other duties assigned by the Director of Lands.

### **Required knowledge, skills and abilities**

- Completion of a Post-Secondary program in administration, business or related disciplines and two or more years' related experience or an equivalent experience and education.
- Knowledge and experience working with First Nations communities and governments – familiarity with the activities and culture of LNIB is considered an asset.
- Experience in developing and managing budgets an asset.
- Knowledge in maintaining records, filing, and correspondence tracking.
- Advanced written and verbal communication skills.
- Advance computers skills using Microsoft products.
- Ability to remain professional when facing challenges.
- Must possess and maintain a valid Driver's Licence (Class 5) and have a reliable vehicle.
- Must successfully pass a pre-employment RCMP criminal record check.

### **Apply To:**

Lower Nicola Indian Band  
<https://secure.collage.co/jobs/lNib>  
 E-mail: [hr@lNib.net](mailto:hr@lNib.net)

Deadline to apply: August 8, 2019 @ 4:30PM

Interested candidates should send a resume and cover letter complete with references, specifying the position you are applying for. Complete Job Description can be obtained by contacting the Lower Nicola Indian Band.

Thanks to all who apply, only qualified candidates will be considered.

### **Huckleberry Cheese Pie** (from Taste of Home)

#### **Ingredients**

#### **BUTTER CRUNCH CRUST:**

- 1 cup all-purpose flour
- 1/4 cup packed brown sugar
- 1/2 cup finely chopped nuts
- 1/2 cup cold butter

#### **CHEESE FILLING:**

- 1 package (8 ounces) cream cheese, softened
- 3/4 cup confectioners' sugar
- 1 teaspoon vanilla extract
- 1 cup whipped cream or 1 cup whipped topping

#### **FRUIT TOPPING:**

- 1/2 cup sugar
- 4-1/2 teaspoons cornstarch
- Dash salt
- 1/2 cup water
- 2 cups fresh huckleberries or blueberries, divided
- 1-1/2 teaspoons butter

In a bowl, combine the flour, brown sugar and nuts. Cut in butter until mixture resembles coarse crumbs. Spread on baking sheet; bake at 400° for 20 minutes, stirring occasionally.

Remove from oven. While mixture is still hot, press into a 9-in. pie plate forming a pie shell. Cool completely.

For cheese filling, beat cream cheese, sugar and vanilla until smooth; gently fold in whipped cream. Pour or spoon filling into cooled crust; refrigerate.

For topping, combine the sugar, cornstarch and salt in saucepan. Stir in water until smooth; add 1 cup berries. Bring to a boil. Cook and stir for 1-2 minutes or until thickened. Add butter and remaining berries. Cool; pour over filling. Top with additional whipped cream if desired.

#### **Nutrition Facts**

1 slice: 379 calories, 23g fat (12g saturated fat), 56mg cholesterol, 192mg sodium, 41g carbohydrate (28g sugars, 1g fiber), 5g protein.

## BID OPPORTUNITIES



**LOWER NICOLA  
INDIAN BAND**

### REQUEST FOR BIDS

The Lower Nicola Indian Band is seeking bids from qualified contractors to install a cement walkway around the following building:

LOCATION: Lands and Economic Development Offices, #85 Hwy 8, Merritt, BC

### REQUIRED WORK:

The bid will have to include assessing what has been completed to date; provide a quote to complete the job

### CONTRACTOR MUST HAVE THE FOLLOWING:

- Own vehicle and equipment
- Supply materials
- Work Safe BC clearance letter

All work is to be completed, weather permitting before the start of September 1, 2019

To arrange to view the site, please contact the Lower Nicola Indian Band Administration office at 250.378.5157

**Please submit any questions, your interest/quote by 4:30 PM on or before August 9, 2019 to**

**[HR@lnib.net](mailto:HR@lnib.net) or deliver to**

**LNIB Human Resources  
181 Nawishaskin Lane  
Merritt, BC  
V1K 0A7**

## Scw'exmx Tribal Council Call For Bids

### CALL FOR CATERING BID

AGA Lunch: October 18, 2019

#### We are seeking the following:

October 18, 2019 lunch for 120 to be served at noon

#### Please confirm with your Bid:

- a) Cost estimates for a guaranteed 120 (be prepared to serve 120)  
Including plates, utensils, napkins, cups, condiments-salt, pepper, salad dressing etc;
- b) Beverages should be available starting at 10:00 am - 4 pm;
- c) Meal to be served at 12:00 pm exactly;
- d) Food Safe Certificate amongst your crew;
- e) Ability to serve meal within a limited time (provisions of 2 - 4 lines passing through buffet tables);
- f) 50% of bid could be advanced to successful bid to assist with preparation;
- g) **Menu items must include food / dessert items for diabetics;**
- h) Lowest bid may / may not be considered;
- i) Expected requirements are:
  - **Caterer will need to supply a Food Permit & Food Safe Certificate**
  - to have a crew to be able to clean up tables during and after the meal.
- j) The caterer must supply their own equipment
- k) STC will provide the Kitchen

Your bid should include your contact person(s) with phone number(s).

Deadline for bids is **4 pm October 1, 2019** at the Scw'exmx Tribal Council office.

STC is not responsible for lost or stolen items

For more information, do not hesitate to call the Scw'exmx Tribal Council @

(250) 378-4235

Email Liz Gilchrist at [egilchrist@scwexmxtribal.org](mailto:egilchrist@scwexmxtribal.org)

Notice - Call for Bids

**MEMBER OWNED BUSINESS DIRECTORY****Aly Moon-Pierre**

Online Life Coaching Business.  
Aly Moon-Pierre, SW Dipl. BSW  
Spirituality Coach | Inclusive Coach  
www.Inclusive-Coach.com  
aly@inclusive-coach.com

**Angie Bain**

angiebain@shaw.ca  
604-802-9709  
Over 20 years experience in providing training,  
research & research analysis services

**Bonnie Bent**

Micoblading  
(250) 280-0430 or (778) 800-7878

**Donna Bent**

250-378-4396 Donna Bent Artifacts

**Brandon Joe**

250-525-0443 (text only)  
Commercial Embroidery and Jewelry

**Shannon Kilroy**

skilroy09@yahoo.com  
Earthline Contemporary Aboriginal Designs  
and Accessories

**Odd Job Joe**

Handy Man Service & Solutions 24/7  
(250) 378-7945

**Ryan Mann**

PlumberMann  
250-936-8555

**Mostly Glass**

Mostly Glass Creations: Stained glass,  
mosaics, mosaic lamps, stepping stones,  
beads, crystals, prisms, window charms,  
bracelets

Email: mostlyglasscreations@gmail.com

**Sharon McIvor**

250-378-3300 Lawyer, Instructor and  
Legal Advisor

**James McNaney**

nomadhauling@gmail.com  
Trucking, Hauling

**Earl Michel**

emichel@live.ca  
Wolf Pac Construction

**Focus iN Consulting**

Business development and housing  
gaildjoe@gmail.com

**Lorne Mike**

paulinehenry2011@hotmail.com  
Fitness Instructor and Rough Stock Horses

**Gene Moses Fencing**

Gene Moses  
250-378-2801

**Vivian and Arnie Narcisse**

Mountainchief Catering  
250-315-0584 Catering MC and  
coordination of Cultural Events

**Growing Garlic/Nicola Valley Produce**

Jerrold Peterson  
growinggarlic.ca  
growinggarlic.ca@gmail.com

**Gwayne Point**

250-378-9167 Northwest Indian Art

**Loren Sahara Consulting**

Counselling & Leadership Development  
778-676-7844  
info@lornesahara.com

<http://lornesahara.com>  
<https://www.facebook.com/lorensaharamony>

**JW Forest Contracting Ltd.**

250-378-5468  
 250-378-1556 (cell) Warren Smith/Janet Sterling,  
 Principals  
 Logging contractors, road builders, land clearing  
 Established 1998  
 Certified Safe Company  
 11 employees, 80% First Nations  
 Equipment: Faller/Buncher, Grapple Skidders, Log  
 Processors, Excavators, Cat Crawler Tractors

**Maggie's Bannock**

Maggie Shuter  
 250-378-6579

**Millco Safety Services**

[www.millcosafety.com](http://www.millcosafety.com)  
 PO Box 4154 Lower Nicola, B.C.  
 250-378-2221 Patrick Miller/Angela Garcia,  
 Principals  
 Construction safety, construction security, First  
 Aid, Traffic Control, fully certified personnel

Nicola Valley Muay Thai  
 Kru Melissa E. Moses  
 250-378-9155  
[kru@nicolavalleymuythai.ca](mailto:kru@nicolavalleymuythai.ca)

**S&D Muir Inc**

[sd.muirinc@gmail.com](mailto:sd.muirinc@gmail.com)  
 250-378-1964 Shane Muir,  
 Mining and Survey Equipment

**SCS Diamond Drilling**

[www.scsdrilling.com](http://www.scsdrilling.com)  
 1436 Sun Rivers Drive Kamloops  
 250.572-2615  
 250-314-4864 (fax) Spence Coutlee, Principal

**Alison Sterling**

[ajsterling67@gmail.com](mailto:ajsterling67@gmail.com)  
 Jacona Sports, Behavior Intervention, and  
 Bubble Tea,

**Robert Sterling**

[robert\\_sterling@hotmail.com](mailto:robert_sterling@hotmail.com)  
 Archaeology, Anthropologist, traditional land use  
 studies

**Rona Sterling Consulting Inc. and Godey  
 Creek Paintball**

Rona Sterling-Collins  
[info@ronasterlingconsulting.com](mailto:info@ronasterlingconsulting.com)

**Godey Creek Consulting**

Sue Sterling  
[suesterling75@gmail.com](mailto:suesterling75@gmail.com)

**T Sterling Construction Ltd.**

Ted Sterling  
[ted17@telus.net](mailto:ted17@telus.net)

**Glenn Stirling**

Stirling Instrumentation Maintenance,  
 Calibration & Electrical  
 (403) 971-6432 [gqstirling@gmail.com](mailto:gqstirling@gmail.com)

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 250-280-2012  
[mollytoodlican61@gmail.com](mailto:mollytoodlican61@gmail.com)

**Penny Toodlican**

[pcctoodlican@gmail.com](mailto:pcctoodlican@gmail.com)  
 Catering

**Victor York**

[victoryork@hughes.net](mailto:victoryork@hughes.net)

**FROM THE EDITOR**

Limited fishing - limited fish, declining food source. These are troubling times and one has to be grateful that there are other food sources available. I think back about the Irish potato famine in the 1800s when the sole crop failed, and Ireland pretty much collapsed. So many thousands perished from famine, and so many other thousands were forced to leave their homeland in search of food and opportunity elsewhere.

In Newfoundland, the cod fishery (pretty much the sustaining force for Newfoundlanders) was shut down for decades. Given those circumstances and the source of a major food source removed, one has to wonder how Newfoundland still wound up with an over abundance of moose problem!

The First Fish Ceremony takes place this Saturday, and I know the prayers for the welfare of the salmon will be extremely heartfelt.

Here we also have to offer up prayers of gratitude for the wisdom of our Chief and Council in their vision for a sustainable food source through the continued development of Shulus Gardens. And a big thank you for Lorna Shuter for taking on that project with such passion. A thank you as well to her team each year who toil to clear the land, till the fields, plant, weed, water and harvest. Such a small crew who accomplish so much for the community.

Lorna asks again for willing hands to pitch in, and I encourage you and your children and grandchildren to participate. Growing your own food and a varied diet, free of chemicals and pesticides, is a sure way to guarantee food on the family table.

When I look at the before and after photos of the garden each year, I am amazed at the transformation. I also have a clear movie in my head of Keith Shuter running the roto-tiller, and helping to lay the oh so heavy mats in the medicine garden. I think he was voluntold but he always participated with grace and humorous crabbing about the projects. What a tragic loss his passing is. So many, me included, will miss him.

Back to happier thoughts. My raspberry patch was extremely prolific this year and am I tired of picking raspberries! I think that it's a sign that other berries will be abundant as well. Hmmm I can taste huckleberry pie now.

As August moves in and harvesting and gathering begins, I wish you all full larders, happy fishing, happy hunting and happy gathering.